

WSIB Community Mental Health Program

Worker's Guide to Registering a Mental Health Claim

Registering a Mental Health Claim

The WSIB offers assistance through the WSIB Community Mental Health Program to workers who experience mental stress arising out of and in the course of employment. This may include:

- **an acute reaction to a sudden and unexpected traumatic event**
- **substantial work-related stressor or series of stressors (e.g. bullying and/or harassment)**
- **a psychological reaction secondary to a work-related physical injury**

If you would like to seek health care for your work-related injury or illness, you must first register a claim with the WSIB.

Registering a Claim by Telephone:

Call the WSIB at 1-800- 387-0750 or (416) 344-1000 and explain that you would like to register a claim and seek care under the **Community Mental Health Program**.

- **You will need to provide:**
 - a. Your name, contact information, and date of birth
 - b. Your employer's name and contact information (phone number, address, etc.)
 - c. Contact information of the psychologist you selected to provide your assessment and potential treatment (see psychologist contact information in box)
 - d. Description of the incident/illness

Ask the customer service representative to notify the psychologist when a decision has been made about treatment authorization. They must tell the psychologist if your claim has been authorized for:

- **An assessment; OR**
- **An assessment and treatment**

Next Steps:

- a. Advise your psychologist that you have filed a WSIB claim
- b. Once a claim is established, if you have provided your psychologist's information to WSIB and your claim has been authorized, your psychologist will contact you to set up an assessment

For Your Reference

Psychologist Contact Information

Psychologist Name & Facility Name	
Address	
Phone Number	