



## About Us

### Goal Statement

To ensure our clients remain stable and safe in the community through the use of quality and individualized services

### Mission Statement

To encourage, educate, empower, and ensure everyone has access to quality and effective care and services to enable them to live independently in the community

### Vision Statement

To change society's perception on behavioral and mental health illness thereby destigmatizing people living with mental health disorders

### Core Values

We stand by our core values: integrity, exceptionalism, diversity & inclusion, and equity

## Contact Us

Our experienced staff is standing by to answer your questions

340 N. Sam Houston Pkwy E,  
Suite 205  
Houston, TX 77060

(832) 328-8954  
info@atozhealthsolutions.com  
[www.atozhealthsolution.com](http://www.atozhealthsolution.com)

### Office Hours

Monday – Friday  
8:00 AM – 5:00 PM

### Afterhours & Weekends On Call 24/7

(832) 862 – 2095 or (512) 999- 2453

### Service Area - Counties:

RM Entity: Austin, Bexar, Brazoria, Chambers,  
Colorado, Fort Bend, Galveston, Hardin,  
Harris, Jefferson, Matagorda, Orange, Travis,  
Waller, and Wharton



## Recovery Management Entity

Home and Community Based- Services-  
Adult Mental Health



Abby Ayorinde, MPH, CSSGB, CPhT  
Founder | CEO

## Our Services

We recognize that each client has a different set of needs, and that our services must be uniquely tailored to the individual.

To best support client recovery, we understand the importance of individual engagement and choice.

At A to Z Health Solutions, we coordinate, monitor, link, and advocate for individuals as they access necessary services to thrive in their community. Our work is driven by a person-centered recovery planning approach which guides how we create an individualized recovery plan (IRP) and monitor the individual's progress towards completing their goals. An individualized recovery plan (IRP) will be created to make sure your current needs are being met. We collaborate with HCBS AMH Provider Agencies to support individuals as they receive services.

Our role is to ensure stability in the community by advocating, coordinating, monitoring, and linking services for our clients



## Eligibility Requirements

- Primary diagnosis of serious mental illness
- Age 18 years or older
- Income below 150 percent of the federal poverty level
- Able to live in a community with program services
- Actively receiving Medicaid or are Medicaid-eligible if discharged from a state hospital

## Eligibility Criteria

**Long Term Hospitalization:** 3 or more cumulative or consecutive years in an inpatient psychiatric hospital during the 5 years prior to enrollment; or

**Jail Diversion:** 2 or more psychiatric crises) and 4 or more discharges from correctional facilities during the 3 years prior to enrollment; or

**ED Diversion:** 2 or more psychiatric crises) and 15 or more total ED visits during the 3 years prior to enrollment

