



Jaime Llopis, B.S., ATC

EDUCATION Bachelor of Science, Athletic Training -CSUS 1989

EXPERIENCE & QUALIFICATIONS

- Head Athletic Trainer & Strength and Conditioning Coach-Jesuit High School 1991-2022 •Corporate Director of Fitness -Spare Time Inc. 1991-1996
- Fitness Director -Del Paso Country Club 1999-2006
- Gym Owner and Operator -Capital City Fitness/CrossFit Sacramento 2006-present

ADDITIONAL EXPERIENCE

Athletic Trainer -Bella Vista Football 1989 & 1990
Athletic Trainer -Sacramento Regional Fire Academy 2003-2008
Athletic Trainer -USA Track & Field 2000 Olympic Trials -
Site coordinator 2001 Youth Nationals -
Head Trainer 2004 Olympic Trials -
Head Trainer competition track 2005 NCAA Div 1 National Championships -
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Head Trainer 2006 NCAA Div 1 National Championships -
Head Trainer 2007 NCAA Div 1 National Championships -
Head Trainer Olympic Weightlifting Coach -TEAM USA,
Ibero-American Championships, Buenos Aires Argentina 2019

BULLDOG
SPORTS MEDICINE
FOLSOM HIGH SCHOOL