

# Men's Spiritual Retreat

## May 20-22, 2022

Blowing Rock Conference Center  
1818 Goforth Rd • Blowing Rock, NC 28605  
Register at [MTG142.com](http://MTG142.com)

### What is a Retreat?

A Retreat is an opportunity to be away from the distractions of daily living for a couple of days, in this case a weekend, in order to devote time to spiritual recovery from alcoholism. A retreat brings together a group of recovering alcoholics in a setting that promotes fellowship and sharing throughout the weekend.

### Why should YOU attend?

- A Matt Talbot Retreat offers an opportunity for recovering alcoholics to seek a stronger spiritual experience and enhance their sober way of life
- The men who attend this Retreat are all recovering alcoholics
- Attendees are of all races, all religious beliefs, all ages and all walks of life
- Men who attend these Retreats have an honest desire to stay sober

### What can you expect?

- A weekend of fellowship, conference, meditation and prayer in an all inclusive, Twelve Step, non-denominational format
- Your registration includes 2 Nights, towels and linens, 5 meals
- FRIDAY evening check in is from 4:30 - 6:00pm, dinner is at 6:30pm, Retreat begins promptly at 7:00pm
- SATURDAY includes breakfast, lunch and dinner
- SUNDAY includes breakfast, the Retreat generally wraps up by 11am

A Schedule of Events will be available upon arrival. This is a time for you to grow closer to your Higher Power, so feel free to take part in as much or as little as you like.

### Why the Blowing Rock Conference Center?

Set in the beautiful Blue Ridge Mountains, the Blowing Rock Conference Center is the ideal setting for our Matt Talbot Group 142 Retreat. The center offers us private, double and "bunk" rooms; an outdoor chapel for quiet reflection, communal meals served in the large dining room and excellent meeting spaces. The BRCC is nestled in the picturesque village of Blowing Rock, NC.

## REGISTER TODAY AT [MTG142.COM](http://MTG142.COM)

*The peace and serenity to be gained is unlimited, but space is not!*

Questions? Visit [MTG142.com](http://MTG142.com) or email us at [MattTalbot142@gmail.com](mailto:MattTalbot142@gmail.com)



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