



## **Effective Date: 12/19/2023**

At Alpha Allied Mental Health Services, our commitment is to provide comprehensive and compassionate mental health care services, including psychiatry treatment. The following Psychiatry Treatment Services Policy outlines the guidelines and expectations for individuals seeking psychiatric care within our organization.

### **1. Eligibility for Psychiatry Services:**

- Psychiatry services at Alpha Allied Mental Health are available to individuals of all ages seeking assessment, diagnosis, and treatment for mental health conditions.

### **2. Assessment and Diagnosis:**

- Our board-certified psychiatrists conduct thorough assessments to understand each individual's unique needs, symptoms, and history. Diagnosis and treatment recommendations are based on evidence-based practices.

### **3. Treatment Modalities:**

- Our psychiatry services may include medication management, psychotherapy, and a combination of therapeutic approaches tailored to the individual's specific mental health needs.
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#### **4. Treatment Plans:**

- Psychiatrists at Alpha Allied Mental Health work collaboratively with individuals to develop personalized treatment plans. These plans may be adjusted based on ongoing assessments and the individual's response to treatment.

#### **5. Informed Consent:**

- Prior to initiating any psychiatric treatment, individuals will be provided with comprehensive information about the proposed treatment plan, potential risks and benefits, alternatives, and the opportunity to ask questions. Informed consent is a crucial aspect of the treatment process.

#### **6. Privacy and Confidentiality:**

- Alpha Allied Mental Health Services adheres to strict privacy and confidentiality standards. All information shared during psychiatric assessments and treatment sessions is confidential unless otherwise required by law.

#### **7. Collaboration with Other Providers:**

- Our psychiatrists may collaborate with other mental health professionals, medical providers, and therapists to ensure a comprehensive and integrated approach to mental health care.

#### **8. Appointment Scheduling:**

- Appointments for psychiatry services can be scheduled through our centralized appointment system. We strive to accommodate individuals in a timely manner, recognizing the importance of consistent care.
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## **9. Financial Considerations:**

- Individuals utilizing psychiatry services are responsible for understanding and addressing financial aspects, including insurance coverage, copayments, and any out-of-pocket expenses. Our financial services team is available to assist in navigating these matters.

## **10. Crisis Intervention:**

- In the event of a mental health crisis, individuals are encouraged to contact emergency services or seek immediate assistance. Alpha Allied Mental Health Services provides crisis intervention resources and referrals as needed.

This Psychiatry Treatment Services Policy is designed to ensure clarity and transparency in our mental health care services. If you have any questions or concerns about this policy, please feel free to contact our office for clarification.

Thank you for choosing Alpha Allied Mental Health Services as your partner in mental health.

Sincerely,

Quentin Chambers PMHNP-BC  
Owner/Provider  
Alpha Allied Mental Health Services