



Ethics Peer to Peer Consulting Small Group #2

Issue 1: Adoption Home Study

I completed an adoption home study. I did not recommend approval due to uncovering many concerning issues about the family. The couple is very angry about my recommendation and has threatened to report me to the Board. I'm waiting to see what happens next but in the meantime, what duty did I owe the couple and what risk management practices should I consider in the future?

Issue 2: Small Town

I started seeing a child who had engaged in a violent incident at school with a teacher. Subsequently, I accepted an EAP referral for an adult. It became evident in the first session that the adult was involved with the incident with the child. They both need ongoing trauma services. I am one of few trauma specialists in our county.

Issue 3: Values Conflicts

Since the murder of George Floyd and the political divides in America, I want to focus my practice on serving only non-Trump supporters and only BIPOC people. Am I violating any ethics rules?

Issue 4: Client Records

I have a litigious ex-client whom months after we terminated, now wants copies of her "full records". I believe the contents/notes may be misconstrued no matter how vaguely written, as I think some paranoia has developed. Is it acceptable to send a treatment summary instead of the whole record?

Issue 5: Recording Mindfulness Skills

A client asked if I could record a skill and provide it to them to practice outside of the session which is a great idea and I have no problem with it. I put together an informed consent form and had them sign. So here's the question - is there any issue with using the recording of the skill from their session to provide to others clients learning the same skill?

Issue 6: MFT Systems

A client wanted me to meet with him and his wife, and his mom and dad. I did introductory sessions one with the client, and one with his parents. Then, we had a family session. The session went well. Then the parents texted me and told me they wanted a session of their own. I told them I would only schedule it if I let the client and his wife know. They agreed. I texted the client and his wife to inform them that I scheduled a session with his parents. He said "thanks for letting me know". An hour later, the client and his wife called me on speakerphone. The wife was very angry telling me that I completely lost their trust and that what I was doing was unethical. She also said "who is paying you??" I remarked that the parents wanted to pay for their session. Upon telling her that, she told me that I was making this problem even worse and that what I was doing was illegal and unethical. Is it?

