

Events, Information, and Entertainment in the Port Susan Area Camano Island • Stanwood • Warm Beach • Silvana • Conway





Visit us at puresmokenw.com Purveyors of mouthwatering barbeque cooked simply over wood and served fresh at a fair price. Pure Smoke NW is located in Stanwood at 10219 269th St NW, directly across the street from City Hall. Featuring a variety of slow-smoked meats, scratch-made sides, and desserts. We offer catering, online orders, large events, and in-person ordering with outdoor seating. Check out our online menu and social media for hours, weekly specials, and more!



TheCrab@TheCrabCracker.com

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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: Camano Island sunset photo by John Westrock.



© The Crab Cracker • Created by Walking Cat Design, Camano Island James and Malynda Shipley, owners, proprietors thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893 P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission **DEADLINE: DECEMBER 7** for Next Edition (December 15-28)

www.TheCrabCracker.com

FRIDAY, DECEMBER 1 BELL CHOIR REHEARSAL

1:30-3pm at Stanwood United Methodist Church-Yellow Room

FRIDAY, DECEMBER 1 STANWOOD HIGH SCHOOL SPORTS

Girls Basketball vs Bothell. JV: 5:40pm. Varsity: 7:15pm.

FRIDAY, DECEMBER 1 ARTISTS RECEPTION

5-7pm at Beach 1 Gallery Featuring Ron Cooper - Wood Turning Artist and Duane Hoekstra with Wine Barrel furniture & accessories. The gallery will feature both Camano artist. Ron appreciates the beautiful grain and structure of different woods and is constantly learning the idiosyncrasies of the many NW trees and has been a wood turner for about 6 years. Duane Hoekstra has been a wine vintner for years then decided to phase out of the wine business and move his barrels to accessories for your home, deck, or patio. He has chairs, tables, table accessories and more. They will feature handmade custom gifts of one off turned wood bowls, handmade wood holiday gifts, & hand painted wood gifts as well as wine barrel furniture and accessories. Their art will be displayed and for sale the entire month of December. We will be serving pop, wine, bottled water and bags of chips. 1243 Beach Drive, Camano Island, 360-387-1655

FRIDAY, DECEMBER 1 JIMMY WRIGHT BAND

7:30pm - 10:00pm at Pub 282. Catering a wide variety of music.

FRIDAY, DECEMBER 1 BACK ROOM LIT LAB

Hello Writers and Lit Lovers, Our next meeting will be Friday, December 1st. As we slide towards the long hours of the winter night, the theme is "Dark" so use your imagination and write something to share or just show up and enjoy. Readings should be no longer than five minutes: about 700 words. First Friday of every month 6 pm to 7:30 at the Conway Muse | 18444 Spruce Street, Conway WA 98238 | conwaymuse.com>

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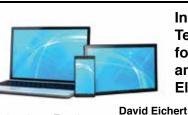
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DID YOU KNOW?

Elephants think people are cute, the same way people think puppies or kittens are cute.



Calendar of Events



DID YOU KNOW?

Madagascar got its name when Marco Polo misspelled it. The name stuck and the island was christened to the name in 1500.

FRIDAY-SUNDAY, DECEMBER 1-3 YULETIDE YARD SALE

A fundraiser for Brandon Dean Wolfe's Integrative Cancer Care. 4pm at Camaloch Golf Course Chalet. Enjoy holiday fun with a delicious bake sale, interactive games, decor, and face painting for the kids while you shop a wide array of items. This event is a hybrid online auction/sales and in person yard sale where 100% of the proceeds go to integrative-targeted-cancer-treatment for Brandon Dean Wolfe who is in the fight for his life with stage IV colorectal cancer. Check out the assortment of items that can be shipped to you or picked up in Camano Island on the weekend of December 1-3rd. Donations are currently being accepted at 326 NE Camano Drive at the Chalet in Camano Island or at 1031 Washington Street in Marysville. To shop, bid on auction items or for more details about the sale, visit www.yuletideyardsale.com. Thank you to everyone from the bottom of our hearts that has donated! We are humbled and grateful for you.

SATURDAY, DECEMBER 2 LIGHT UP YOUR HOLIDAYS



will take place throughout the day in both West Downtown (270th, Brick Road) and East Downtown (271st St). With two joyful tree lightings, Santa visits, dance performances, Stanwood High School Choir & Jazz Ensemble, canned food drive, and MORE!!! West End: 4-5pm; Tree Lighting 4:45pm. East End: 5-7:30pm; Tree Lighting: 7pm

GRIEF Support Group

Help and encouragement after the death of a loved one

January 11-April 4, 2024 6:00-8:30pm Restoration Church Camano Island 788 Smith Rd. More Info: griefshare.org/groups/175418





(Mailing Address) 26910 92nd Avenue NW - Suite C5, Box 470, Stanwood, WA 98292 (Physical Address - by appointment only) 1283 Elger Bay Road #B, Camano Island, WA 98282

SATURDAY, DECEMBER 2 22ND ANNUAL OLD-FASHIONED CHRISTMAS AT THE FLOYD



Free event. 10am-2pm at 27130 102nd Ave NW, Stanwood. Bring the family to celebrate the season. Free photos with Santa, children's gift bags, and holiday crafts. Cookies, Coffee, and Cocoa will be provided. Ed Pearson will play festive holiday music. The museum will also be open for tours.

SATURDAY, DECEMBER 2 JOEL ASTLEY

7:30pm - 10:00pm at Pub 282. Blues, rock, funk, soul, jazz, Americana, country. Award winning harmonica and vocals, & visual arts!

SATURDAY, DECEMBER 2 FREEBORN CHURCH HOLIDAY SALE

10am-2pm at 2416 300TH ST NW, Stanwood. Holiday Surplus- Lights, Ornaments, Indoor/Outdoor; Handmade Quilts; Fabric Surplus For Quilters & Crafters; Gift Items – Something For Everyone!; Coffee, Pie & Ice Cream; Baked Goods; Raffle Prizes – 76" Smart TV, Baskets And More! All proceeds from this event go to local charities.



DID YOU KNOW?

Cats which have blue eyes for the duration of their lives are likely to be deaf.

SATURDAY, DECEMBER 2 DEAL

8 pm - Conway Muse Hayloft. This band is fun and always entertains! Tickets \$12.50 Advanced \$15.00 Day of Show.

SATURDAY, DECEMBER 2 FOCIP ANNUAL HOSTED WINTER AND SPRING WALK PROGRAM



Today's walk: ELGER BAY PRESERVE. Meet at 9:45 a.m. at the junction of Elger Bay Road and Dry Lake Road just north of the Elger Bay Elementary School. Park along the south side of the road. This is a fairly level trail with one 50 ft gain toward the middle of the walk. This beautifully signed Nature Trail section and a side trip to the beaver marsh platform are highlights of the walk. The walk is 2.5 miles round trip. NO DOGS PLEASE.

SATURDAY, DECEMBER 2 BEAUTY BAR DIVAS

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.

SATURDAY, DECEMBER 2 FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.



IN THE SPRING, AVOID RAKING, TILLING AND MOWING UNTIL THE QUEENS EMERGE FROM THEIR WINTER NESTS IN MAY.



DID YOU KNOW?

Barry Manilow wrote many famous jingles for companies like McDonald's, State Farm and BandAids.

SATURDAY, DECEMBER 2 1ST ANNUAL ELF ON THE SHELF SCAVENGER HUNT



Presented by Hats Off. Please join us in downtown Stanwood for the 1st Annual Elf on the Shelf Scavenger Hunt! Free to participate. Great for kids, teens and adults. Anybody can play! HOW TO PLAY: Search for the Elf on the Shelf hiding in Stanwood storefronts using your clue sheet (provided by Elf Headquarters). Find all the elves and be entered to win a window full of wrapped presents donated by our local businesses! There's only one (1) winner, but the presents will be a variety for all ages. Keep the ones you like for yourself, and gift the others to family and friends! Please visit our Facebook page for more details. More info: lindsay.hicks@hatsofflynden.com.





8706 271st Street NW, Stanwood 360-631-5218

A special thanks to the Stanwood and Camano Island communities, and our surrounding neighbors, for supporting my small business. Our team has decked out the store and we are ready to show off all the fun items we have for day-to-day life and the upcoming holidays. Happy Holiday's, Tami

- Local authors with amazing reads
 New and regular local
- New and regular local artisans and makers
- New lines of gifts for yourself, your home, or for someone special
- Games and puzzles
- A wealth of greeting cards
- Lola's Corner for the animals and animal lovers
- Tastebud favorites
- And so much more!

SATURDAY, DECEMBER 2 CAMANO COMMONS CHRISTMAS TREE CELEBRATION



Join us for Camano Commons spectacular Christmas Tree Celebration! Local businesses will have specials and fun activities (starting at 4) and Santa will be on site! The tree lighting will start at 5pm.

SATURDAY, DECEMBER 2 WSU OUR EARTH, OUR HOME PRESENTS -ZERO WASTE ACTION

10am at the Camano Island Library. Washington State has been one of the leaders in reducing waste. Heather Trim, Zero Waste Washington executive director, will talk about all of the new initiatives across the state and how these connect into national actions.

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Zach McNutt

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DID YOU KNOW?

A French general gave John Quincy Adams a pet alligator. Adams kept it in one of the White House bathtubs and enjoyed showing it off.



SATURDAY, DECEMBER 2 HOWLIDAY CRAFT SHOW



Event by Save-A-Mutt. 11am-3pm at Viking Hall in Silvana. Calling all Pet Parents and people that just love dogs. We are gathering local crafters to help with your holiday shopping - except the items will be animal and pet related. Gifts for your dog or cat, gifts for the animal lovers in your life. Join us at Viking Hall in Silvana for some Holiday Cheer. Save-A-Mutt will be on hand selling swag and of course, tickets to an amazing Holiday Gift Basket!

SATURDAY, DECEMBER 2 COOKIE DECORATING & COCOA BAR



3:00 PM – 4:30 PM at the Camano Island Library. Join us to decorate some cookies, and then enjoy a hot drink (that you design) from the cocoa bar. Event is free and all materials are provided.



Ukulele & Bass Lessons Also Available Serving Stanwood & Camano Island 360-631-0661 • guitarbyford.com



www.TheCrabCracker.com

DID YOU KNOW?

The first ever documented feature film was made in Australia in 1906.



PARTNER NEWS

SAFE HARBOR FREE CLINIC

Safe Harbor Free Clinic provides free healthcare for those who are without insurance or are underinsured.

For More Information :

www.safeharborfreeclinic.org 425-870-7384 7209 265th St. NW Suite 203/204 Stanwood Safe Harbor

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SATURDAY-SUNDAY, DECEMBER 2-3 AFTERNOON WITH SANTA & WINTER FESTIVAL



11am-4pm. Join us at Arrowhead Ranch for our Winter Festival on December 2nd, come meet Santa and his Reindeer and take a picture with them! Santa will be at the Festival from 12:00 PM - 3:00 PM. Admission is free! This free event includes: A visit with Santa, Present from Santa's elf, Hot cocoa, Balloon animals, Face painting, Kids crafts, Live reindeer, Life size snow globe, Cookies, Appearance by Anna and Elsa, Mr. Bear and Elfis! 615 Arrowhead Road, Camano Island. There will also be an all day Maker's Market. On Sunday, there will be an all day wreath making workshop for \$75/per wreath ages 13+ with adult supervision.

SUNDAY, DECEMBER 3 CHOIR REHEARSAL

8:45am at Stanwood United Methodist Church - Choir Rehearsal Room

SUNDAY, DECEMBER 3 AMATUM BELOVED

Cantabile Chamber Choir special preview concert at 3pm at St Aiden's Episcopal Church, 1318 SR 532, Camano Island. Songs of love, earth, and the holiday season. Get tickets at us.commitchange.com.





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DID YOU KNOW? Originally, the

Pokémon Vulpix was going to be called "FoxFire".

SUNDAY, DECEMBER 3 PHOTOS WITH SANTA!



3-5pm. Event by Rockaway Bar & Grill at 326 NE Camano Drive Camano Island. Bring something to donate to the animals in need at CASA, and get your family photo with Santa for free!

MONDAY, DECEMBER 4

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, DECEMBER 4 STANWOOD HIGH SCHOOL SPORTS

Girls Basketball vs Shorecrest. JV: 5:40pm. Varsity: 7:15pm.

TUESDAY, DECEMBER 5 FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

TUESDAY, DECEMBER 5 ANNOUNCING OUR NEWEST NEIGHBORHOOD

Forest Lane, the newest addition to the Warm Beach Senior Community is now open to the public. This assisted living community is located in a serene, wooded setting on the Warm Beach campus. This brand-new community is comprised of 17 single or double occupancy rooms, beautifully designed common areas, and spacious bathrooms. The dedicated and compassionate care staff provides 24-hour assistance while encouraging residents to maintain a high level of independence. To celebrate this new opening there is an Open House scheduled for the public on December 5th from 1:00-3:00PM. Applications are now being accepted for these brand-new units. Contact Warm Beach Senior Community at 360-652-2640 to learn more and schedule a tour.

The Crab Cracker had compiled this list of current events, derived from submissions & content from various resources, with effort to ensure accuracy. We recommend that you contact the venue or event to confirm the info provided.

Thank you.

TUESDAY, DECEMBER 5 COPING WITH HOLIDAY STRESS & ANXIETY

Calendar of Events



IF WE DON'T KNOW ABOUT IT, WE CAN'T PRINT IT.

Send your info and/or images to: thecrab @thecrabcracker.com



6:00 PM – Online event. It's common to have elevated anxiety during the holidays, when demands may seem overwhelming and our energy, finances, and emotional reserves can be drained. If this sounds familiar, please join local mental health therapist, to learn five proven strategies to help cope with these feelings of stress and anxiety. Registration is required. Register at https://sno-isle.bibliocommons.com/ events/65383a411be0d333008c4420

TUESDAY, DECEMBER 5 FIRST AID & CPR FREE 1-HOUR CLASS



Join North County Fire & EMS at 11am at Station 99, Stanwood for a free, 1-hour, First Aid & CPR Class! More info: www.northounty-fireems.com.

Stanwood United Methodist Church ~ Open Hearts, Open Minds, Open Doors ~

In-Person Sunday Service at 10:00am. Live Online Services available at 10:00am at www.stanwoodumc.org or on our Facebook page at: Stanwood United Methodist Church.



360-629-9555 27128-102nd Dr. NW, Stanwood, WA 98292 www.stanwoodumc.org Handicapped Accessible Pastor Justin White



www.TheCrabCracker.com

WEDNESDAY, DECEMBER 6 PLAYGROUND MEET & GREET 12:30pm at Freedom Park, Camano, A

12:30pm at Freedom Park, Camano. A social group for parents and their homeschooled children. A fun opportunity to get the kids outside playing while we get to know other moms. RSVP if possible, but drop ins are also welcome. I look forward to meet you all.

WEDNESDAY, DECEMBER 6

4-5:30pm at the Stanwood Library. Stop by for an afternoon of LEGO[®]! Build alone or with friends -- we'll provide everything you need.

THURSDAY, DECEMBER 7 LOCAL JEWELERY ARTIST MEET & SHOP ~ LOYALSMITH AMY BUSH

Come meet the amazing local Camano artist Amy Bush and shop her hand crafted jewelry line Loyalsmith Jewelry. Just in time for the holidays, come by and get the perfect gift! Loyalsmith is Amy Bush's lightweight and airy collection of silver and gold jewelry. 4-5:30pm at Blue Heron Kitchen and Bar, 170 E Cross Island Road, Camano Island.

THURSDAY, DECEMBER 7 STANWOOD HIGH SCHOOL SPORTS

Boys Basketball vs Cascade. Freshmen & JV: 5:30pm. Varsity: 7:15pm.

CAA GATEWAY GALLERY



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SMALL ART, BIG HEART: A HOLIDAY SMALL WORKS SHOW DEC HOURS: FRIDAYS 12-4 SATURDAYS 10 - 4 SUNDAYS 11 - 3



CIDER-DAY SATURDAYS DECEMBER HOT CIDER & COOKIES! 2, 9, 16 & 23



578 E NORTH CAMANO DRIVE ~ LITTLE RED BUILDING AT FREEDOM PARK

Calendar of Events



THURSDAY, DECEMBER 7 **ROBBIE DEE'S TRIBUTE TO ELVIS WITH THE GRACELAND STATION BAND**

7:30pm - 10:00pm at Pub 282. Elvis Impersonator/Tribute Artist Robbie Dee has been an Elvis fan ever since seeing the movie "Blue Hawaii" as a teenager growing up in Edmonds. Robbie performs songs from Elvis' entire career, including his early years (1950s), movie years (1960s), Comeback Special (1968), and Vegas years (1970s).

THURSDAY-FRIDAY, DECEMBER 7-15 CHANUKAH



Hanukkah, the Jewish festival of rededication. Also known as the Festival of Lights, the eight-day festival is observed by lighting the candles of a hanukkiah (menorah).





	Upcoming Classes and Events	
	KIDS * TEENS * ADULT	
	Winterfest @ Arrowhead Ranch	12/02
	 Abstract Drawing w/Andrew Curry ADULTS 	12/07
	 Evergreens in Winter painting w/Bobbi Samples KIDS 	12/09
	 OPEN HOUSE @ The Floyd 	12/14
	 Monthly Meeting (Zoom) 	12/20
STANWOOD CAMANO ARTS	 Mixed Media w/ Beth Erickson TEENS/ADULTS 	01/19
ADVOCACY		MORE INFO: WWW.SCAACWA.ORG

Mount Vernon Surgery Center

211 S. 13th Street, Mount Vernon

LEARN MORE

Follow the QR code for information and project updates.







Easy as 1,2,3

1. A Simple Gesture volunteer will drop off green bags at your house

2. Everytime you go to the grocery store pick up items for the green bags

3. Every other month A Simple Gesture volunteer will come pick up the bags from your front porch.

Go to stanwoodcamanofoodbank.org to sign up or learn more.

FRIDAY, DECEMBER 8 HOSPICE 101

Event by Hospice of the Northwest. 1-2pm at the Camano Center, 606 Arrowhead Rd. Join an expert to learn the basics of hospice care. There are many myths and misconceptions about hospice, so the truth may surprise you!

FRIDAY, DECEMBER 8 WHOVILLE - HOLIDAY OPEN HOUSE AT THE CRC



5-7PM, Free Family Event, Join us at the Community Resource Center - Stanwood for a Holiday Open House! We will have the CRC decked out - It will be a sight to see! There will be a holiday Sing-Along, Mini Gingerbread House Decorating, Hot Cocoa/Cider Bar in Candy Cane Lane, Snacks and Treats, Activities for Kids 10 and under, a Holiday Craft for all ages, and Raffle & Door Prizes.

FRIDAY, DECEMBER 8 MARY ELLEN LYKINS & THE C.C. ADAMS BAND

:30pm - 10:00pm at Pub 282. Mary Ellen Lykins is a powerhouse. The band's roots are in the Blues with R&B and tasty Rock mixed in for flavor. Thwarting the conventional, the band thrives on unique arrangements. Dancin' Music!



www.TheCrabCracker.com

DID YOU KNOW?

Hanukkah

celebrates the

victory of the

Maccabees or Israelites over

the Greek-Syr-

ian ruler. An-

tiochus about

2200 years ago.

REPORT INVASIVE EUROPEAN GREEN CRAB

European green crabs may be present in this area



If you find a suspected European green crab or their shell, please photograph it, note the location, and report to the Washington Department of Fish and Wildlife:

wdfw.wa.gov/greencrab Or contact us at: Phone: 1-888-WDFW-AIS Email: ais@dfw.wa.gov







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FRIDAY, DECEMBER 8 CRAZY QUILTERS

9:30am-1:00pm Stanwood United Methodist Church -Anderson Room. Making quilts for various charities.

FRIDAY, DECEMBER 8 BELL CHOIR REHEARSAL

1:30-3pm at Stanwood United Methodist Church-Yellow Room

SATURDAY, DECEMBER 9 HOLIDAY OPEN HOUSE AT HAZEL BLUE ACRES



9 am - 2 pm. Visit the barn for fabulous refreshments, great local gift ideas, a lovely holiday photo backdrop and some fun prize drawings. This time of year we have frozen organic blueberries, smoked salmon, sockeye salmon fillets, take & bake pies, hazelnut treats, a blueberry jam selection, ice cream & more! The farm is located at 430 Hevly Rd., Silvana. Feel free to call with any questions: 360-770-7261.

SATURDAY, DECEMBER 9 OLY MOUNTAIN BOYS

8 pm - Conway Muse Hayloft. Enjoy some old timey music - bluegrass at it's best! Tickets \$12.50 Advanced \$15 Day of Show

SATURDAY, DECEMBER 9

BAKE SALE

10am-4pm at St Aidan's Episcopal Church, 1318 SR 532, Camano Island. Get great Christmas goodies and help benefit the ministries of St Aidan's Episcopal Church at the same time. More info: office@ StAidansCl.org or call (360) 629-3969.



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- * 20% OFF Tuesday, 12/5, all day and 20% OFF all gift certificates, products
- * Open House 12/5, hot cider and good cheer will abound
- *Locally made, healing products
- * All are welcome

umans have been performing dentistry since 7000BC, which makes dentists one of the oldest professions.

DID YOU

KNOW?

www.TheCrabCracker.com

Calendar of Events



DID YOU KNOW?

William Hung, made famous for his appearance on American Idol singing "She Bangs", is a 73rd generation descendant of Confucius.

SATURDAY, DECEMBER 9 HOLIDAY PHOTOSHOOT AND FOOD DRIVE

10am-3pm at 10031 WA-532 suite b, Stanwood. Join us at the North48 Real Estate office for a holiday photo shoot, hot cocoa and cookies from the Shoebox Baking Company. Tara Howard of Visual Photography is offering complimentary, professional holiday photos! Bring your friends and family, dress up or wear your matching pj's and have your photo taken with our holiday set design. Please donate nonperishable food items for the Stanwood Camano Food Bank & Thrift Store.

SATURDAY, DECEMBER 9

SHS TEXTILE DRIVE

Stop by Viking Village noon-2pm to drop off your textile donations. Fundraiser supports the Stanwood High School 4A Booster Club Class of 2024 Grad Night.

SATURDAY, DECEMBER 9

JEREMY ABBOTT MUSIC

7:30pm - 10:00pm at Pub 282. JAM is a Pacific Northwest reggae fusion band. Blending reggae, rock, blues and electronic tones, Jeremy Abbott delivers genuine vocals and finds a unique sound.

SATURDAY, DECEMBER 9 PET VACCINE CLINIC

with Good Neighbor Vet. 1:30-2:30pm at The NOAH Center, 31300 Brandstrom Rd, Stanwood. They will set up in our Spay & Neuter Clinic parking lot and be ready to receive clients. The clinic is first come first serve, so plan to arrive early.

SATURDAY, DECEMBER 9 PNW AUTHOR SPOTLIGHT: DAVID WILLIAMS

11am-12:30pm at Community Resource Center of Stanwood-Camano. You're invited to a join us in welcoming David Williams to the Stanwood-Camano Community for an informative presentation of his award-winning book "Homewaters: A Human and Natural History of Puget Sound." Williams tells the long story of the Sound, tracing human history from the earliest records more than 12,500 years ago to present. More info: (360) 629-3132.



- Behavior Consultation
- Private 1-on-1 Training
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- AKC Scent Work
- Tracking Classes
 Duppy Training
- Puppy Training
- Newly Adopted Dog / Puppy Classes
- Virtual Dog Training
- Service Dog Training
- AKC Fitness
- AKC Tricks

Calendar of Events



DID YOU KNOW?

The tall chef's hat is called a toque.

SATURDAY, DECEMBER 9 HOLIDAY OPEN HOUSE AT ANANDA FARM

Noon-4pm ar 732 Haven PI, Camano. Enjoy the company of the farmers, delicious food, the holiday market with farm goods, gifts, crafts, fruit trees, and more; hot cider, fires to stay warm (indoor/outdoor), carols, and the spirit of the season.

SATURDAY, DECEMBER 9

ROOTS AND WINGS T'AI CHI PRACTICUM

Event by M Andrew Curry. 9am at the Camano Island Library. A great opportunity to explore and play T'ai Chi, this will be the last free T'ai Chi practicum of the year. This session consist of 5-10 minutes of warming up, 20-30 minutes of solo form (first half x 3, full form x 1), ending with 5-10 minutes of more esoteric/advanced practice. Folks seem to really enjoy the quiet movement of these practicums.

SATURDAY, DECEMBER 9 PLANT BINGO NIGHT

Bingo night at the Flora & Fauna Creative Studio from 6-8 pm! What can you win at our bingo nights, you ask?! Plants! We'll also have light refreshments while we play. This is an all ages event with limited space, so reserve your spot today! 1388 SR 532 Camano Island.

SATURDAY, DECEMBER 9 CABAM!

Camano Área Bluegrass and Acoustic Music! 3-5:30pm at the South Camano Grange (Stanwood Fairgrounds), followed by a hot dinner (\$10 cash on the barrel head) and then open mic from 6-ish to whenever. Your chance to show off a bit. Come and jam. Come and listen to some smokin' bluegrass at the South Camano Grange.

SATURDAY, DECEMBER 9

AMERICAN LEGION PRIME RIB DINNER

At Stanwood American Legion Post 92, 26921 - 88 Ave NW, Stanwood. Served 4 pm until gone. PUBLIC IS WELCOME. \$25 Adults - 12 and under \$10. Delicious Prime Rib, Baked Potato, Salad, Veggies, Roll and Dessert.

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SATURDAY, DECEMBER 9 FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY-SUNDAY, DECEMBER 9-10 SANTA AT THE PARK



Freedom Park Fundraiser. Hot chocolate, cookies, free pictures will be under the big top! Donations are encouraged. 11am-4pm at Freedom Park, Camano Island. www.freedomparkassociation.com

SATURDAY-SUNDAY, DECEMBER 9-10 FREE PHOTOS WITH SANTA!

Brought to you by Camano Plaza Ace Hardware. 10am-6pm at Re/ Max and Edward Jones Building, Camano Plaza, 370 N East Camano Drive #6. Hot cocoa and Christmas goodies.

SUNDAY, DECEMBER 10 CHRISTMAS SOUP AND BREAD SUPPER



Come and warm up your holidays with us at the Utsalady Ladies Aid Christmas Soup and Bread Supper on Sunday, December 10th at 4:00 pm at 78 Utsalady Rd., Camano Island. A complimentary bowl of homemade soup, bread, and dessert comes with special holiday music and a visit from the "Big Guy" in Red. Everyone Welcome!

DID YOU KNOW?

During Hanukkah, families eat latkes (potato pancakes) and sufganiot (jelly donuts), or other foods which are fried in oil, to celebrate and commemorate the miracle of the Festival of Lights.

Calendar of Events



DID YOU KNOW?

The tongue is the only muscle in one's body that is attached from one end.

SUNDAY, DECEMBER 10 BINGO AT THE VIKING HALL

Doors open at 5pm and games begin at 6pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

SUNDAY, DECEMBER 10

CHOIR REHEARSAL / PERFORMANCE

at Stanwood United Methodist Church. Choir Rehearsal - 8:45am -Choir Rehearsal Room. Choir Performance at our 10am service at SUMC in the Sanctuary

SUNDAY, DECEMBER 10 LIGHT LANGUAGE DRUMMING CIRCLE

10am at 2532 292nd St NW, Stanwood. Gather together to raise vibrations through sound on farmland amidst therapy horses. For people of all ages. Bring your enthusiasm and instruments! Drums, rattles and anything that makes a joyful noise! Additional instruments will be provided. creating some magic. Build community, deepen your spiritual gifts, and express your soul through sound. PAY-WHAT-YOU-LIKE DONATIONS ARE APPRECIATED (BUT NOT RE-QUIRED) TO HELP SUPPORT NON-PROFIT, HOOVES & HEROES (an organization that helps veterans & first responders).

MONDAY, DECEMBER 11 NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

TUESDAY, DECEMBER 12

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

TUESDAY, DECEMBER 12

FREE COOKING DEMO

in the barn at Hazel Blue Acres in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.



Recently moved to Camano, seeking boarding with kind-hearted horse folk, for my sweetheart retired gelding. Looking for a large paddock/small pasture with a safe/clean/dry shelter, and 24/7 access to the paddock. Arena and round pen not needed, but another older gelding buddy in an adjacent paddock would be a big plus. Happy to provide partial self-care. My gelding has been at his current location for 8 years, great references! If interested, please call or text Chris at 360.348.2532."

TUESDAY, DECEMBER 12 STANWOOD HIGH SCHOOL SPORTS

Varsity Boys Swimming vs Kamiak. 3pm at Stanwood YMCA. Boys Basketball vs Mountlake Terrace. JV & Freshmen: 5:30pm. Varsity: 7:15pm.

THURSDAY, DECEMBER 14 MERRY BERRY CELEBRATION

Cooking with Berries in the Holiday Season 6:30 PM – Online event. Berries add flavor and festive color to holiday dishes, plus they are packed with healthy goodness. Learn how to make a delicious batch of cookies while we explore the most flavorful ways to incorporate fresh, frozen, freeze-dried and dried berries plus berry jams and condiments throughout your holiday menu. Registration is required. Register at https://sno-isle.bibliocommons.com/ events/6505e25f68c826d59e47d6f4.

THURSDAY, DECEMBER 14 SHS BAND CONCERT

7pm at Stanwood High School Performing Arts Center

THURSDAY, DECEMBER 14 SCAAC'S ANNUAL OPEN HOUSE

6-9pm at 27130 102nd Ave NW, Stanwood. Event by Stanwood Camano Arts Advocacy Commission - SCAAC. Join us for a night of {ART}chitecture featuring art created by local architects, nibbles from SAAL, collaborative activities by Drawn Together team Maggie & David Booth + Liz Park & time to learn more about all SCAAC has going on in our community! This is a fun evening to gather, be merry and enjoy ART! Free of charge-family friendly event! Please learn full details and RSVP at https://www.scaacwa.org/event-details/scaacopen-house-2

THURSDAY, DECEMBER 14 STANWOOD HIGH SCHOOL SPORTS

Boys Varsity Swimming vs Monroe. 3pm at Stanwood YMCA.

THURSDAY, DECEMBER 14

CHRIS EGER

7:30pm - 10:00pm at Pub 282. Rock and Blues, Country, Funk and Soul collide in this modern take on vintage roots music.

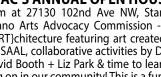


CAMANO PET SUPPLY STORE

Food, treats, toys, gifts and much more. Come visit us today!

We are the community store: Offering classes, events, and a place to gather with those that love pets as much as you!

Located behind Heritage bank, next to Camano Plaza on: 185 McElroy Drive, Camano Island, (360) 505-0331



One of the smartest bird species is the magpie. They can even recognize themselves in mirrors.

DID YOU

KNOW?

Calendar of Events



THURSDAY, DECEMBER 14 COME MEET LOCAL ARTIST JASON OTTO

and shop his artwork. Jason is a northwest contemporary artist. Lively brush strokes and energetic compositions distinguish his works. He lives on Camano Island and his subject matter is diverse but includes a number of local themes such as Washington State ferries, lighthouses, beaches, and some very unique paintings depicting the Boeing aerospace manufacturing facility. 4-5:30pm at Blue Heron Kitchen and Bar, 170 E Cross Island Road, Camano Island.

THURSDAY, DECEMBER 14

ANNUAL HOLIDAY ART FAIR / ARTISTS' RECEPTION

Presented by Caessera Galleries. 5-8pm at North48 Real Estate - 10031 WA-532 suite b, Stanwood. Art Fair runs December 14-22.

THURSDAY, DECEMBER 14 CAMANO ISLAND LIBRARY FRIENDS SOCIAL

You're invited! Please join the Camano Island Library Friends for their Holiday Social at 3:00 p.m. in the Community Room at the Camano Island Library, 848 N Sunset Blvd. There will be a short business meeting followed by a Holiday Social Hour with refreshments and time to connect with library lovers. All are welcome. More info: camanoislandlibraryfriends@gmail.com.



www.TheCrabCracker.com



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THE POWER OF ANIMALS



My very first best friend was my golden retriever, a brittney mix, Goldie. Little did I know, that would be the start of my love for animals. Fast forward, to five years ago, my last dog had passed and I "thought" I was ready to get another one. I ventured to CASA and found my current love, Moe, a beautiful blue nose pit. I had no idea at the time, she would change my life in ways I couldn't see then. I was living on a 26 foot sailboat and guickly learned she was not a small boat dog. Even though I've lived with big dogs my whole life, she was very different, and we both had to learn each others guirks. For me, it's been the most pure love I've ever known. The respect, connection and devotion that she has shown me, regardless of how much money I have in my bank account or what I happen to look like at any given moment, has taught me what unconditional love does for your life. Studies have shown that having a pet (Z has 2 feral cats that she had fixed, they live outside and the woman is cray cray about them!) can help reduce stress, anxiety, depression, ease loneliness, encourage exercise and playfulness. It has even been shown to boost oxytocin, the love hormone. I can attest to that, sometimes when I just look at her, my heart wants to explode. So if you have a pet, (even a fish!) know "an animal's eyes have the power to speak a great language." Come in to Z's Body & Soul, where you can connect with your Best self. Hope to see on the mat or while I'm walking Moe!

Melissa Handy, Vibrational Coach, Aromatherapist, Yoga Teacher



www.TheCrabCracker.com

If you have ques-

tions or are inter-

ested in knowing

more stop by

and chat with

me at Z's Bodv &

Soul, 9504 271st,

Stanwood or

visit us at www.

zsremedies.com

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Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.







TheCrab@TheCrabCracker.com



Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at www. skeeterdaddle.net



REVELATIONS IN THE SOUTH END DINER

A couple of the Flatheads, the vintage car guyz, are starting to bring politics into the Monday morning breakfasts ... and worse, they seem to be lobbying to convert the carb heads into their own brand of evangelical prophesy. Sure, the boyz will argue the aesthetics of after-market parts vs hunting down the originals, but they don't accuse the other of sin or blasphemy. Like Little Jimmy says, there's room for both to be wrong. Actually what he preaches is there's room for both to be full of s@#\$!, but he doesn't say that in the Diner. And not in front of Anita, the owner and referee over barfights and language when families are present. You want a refill on that coffee, mister, keep a civil tongue.

But lately we got this mess over in the Holy Land, what Ralph considers the coming Apocalypse, we can read it for ourselves in Revelation. Two Toke, not exactly the poster boy for biblical studies, declares he's read Revelations and Ralph ought to maybe stick with the Chilton's Repair Manual and leave off the prophesies, which sets Buick Bob on a rant against these heathen Moslems who attacked Israel and now are getting exactly what they deserve, the Wrath of God.

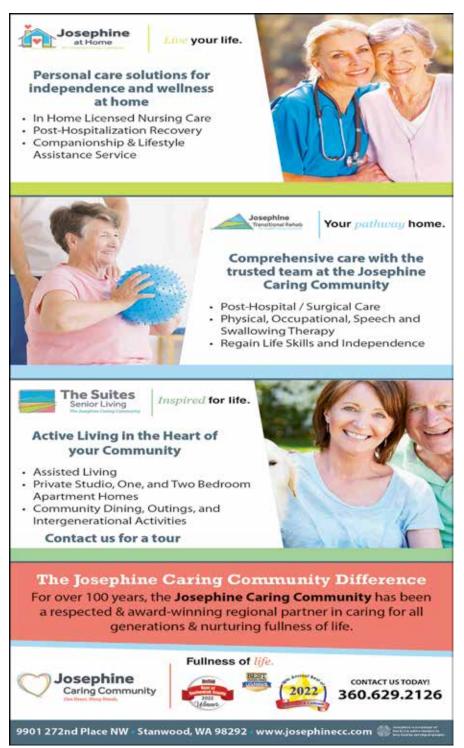
You want to wind up Two Toke, these two got it figured out. 'Bob,' he says, pointing a fork stabbed into his potatoes, 'there's a bigger picture here, maybe you haven't noticed. You want another Crusade, you might just get it.'

Ralph says that's exactly what he's talking about, the Second Coming, and Bob says, 'you're damn right!'

Fairlane Fred puts his hands in the time-out position. 'C'mon, guys, let's skip the sermons. I barely got started on my chicken fried steak and you're spoiling my appetite, all this gloom and doom. Brenda,'he hollers at this morning's waitress, 'give me a refill. But no more for Bob and Ralph, they're over cranked as it is.'

Two Toke slops some ketchup on the rest of his home fries, starts to say something, then thinks better of it. Brenda pours Fred another cup, hovers over Bob and Ralph's, hesitates a nano-second, then fills both up. 'Two cup solution,' she announces, 'something for everybody.'

I was curious afterwards what her tips were like that morning.







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COUNTRY CLUB \$749,000 Great island rambler on a 1-acre lot with Mt Baker and water views plus a shop and rights to 3 community beaches. #2180934



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STANWOOD \$1,650,000 Fabulous 9.8 view acres, stunning Cascade views, beautiful modern farmhouse and outbuilding, potential equestrian use. #2139420



CONDO \$325,000 Two-bedroom ground floor unit on the north end of Camanoincludes beach rights, parking and is move-in ready. #2180123

Dining Guide



DID YOU KNOW?

The Empire State building only took a littler over a year to build (410) days and it was 12 days ahead of schedule when completed. AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052 BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885 BEAUTY BAR SALON + LOUNGE (Stanwood) • (360) 629-2324 BLUE HERON KITCHEN & BAR (Camano Island) • (360) 502-8700 CAMA BEACH CAFE (Camano Island) • (360) 387-3266 CAMANO ISLAND INN (Camano Island) • (360) 387-0783 CAMANO THAI (Camano Island) • (360) 926-8688 CENTER CAFE (Stanwood) • (360) 629-7403 THE CONWAY MUSE (Conway) • (360) 445-3000 CONWAY BOXCAR (Stanwood) • (360) 629-0651 CONWAY PUB & EATERY (Conway) • (360) 445-4733 COOKIE MILL (Stanwood) • (360) 629-2362 CRISTY'S LUMPIA & MORE (Stanwood) • (360) 629-2727 DOS REALES (Stanwood) • (360) 629-0822 DRAGON PALACE (Stanwood) • (360) 629-8106 DUCK IN CAFE (Stanwood) • (360) 629-3440 FARMERS CAFE - (Stanwood) • (360) 629-4953 GYRO STOP (Stanwood) • (360) 572-4175 IXTAPA MEXICAN RESTAURANT (Stanwood) • (360) 629-5228 JACK IN THE BOX (Stanwood) • (360) 629-2384 JASMIN THAI CUISINE & SUSHI (Stanwood) • (360) 629-2044 JIMMY'S PIZZA (Stanwood) • (360) 629-6565 JOHNNY'S BURGER STOP (Stanwood) (360) 629-9427 JOURNEY'S END CAFE • (Camano Island) • (360) 387-9120 LITTLE CAESARS PIZZA (Stanwood) • (360) 629-6999 MAMMOTH BURGER COMPANY (Stanwood) • (360) 572-4500 MCDONALD'S (Stanwood) • (360) 629-9787 MIYAKO'S TERIYAKI & WOK (Stanwood) • (360) 629-4535 MUSTARD SEED BAKERY & CATERING (Stanwood) • (360) 572-2499 NAHA TERIYAKI (Stanwood) • (360) 629-0681 PADDLE PUB (Stanwood) • (360) 652-4156 PAPA MURPHY'S TAKE 'N' BAKE PIZZA (Stanwood) • (360) 629-3826 PAT'S THAI PATINI'S GRILL (Stanwood) • (360) 629-0822 or 360-572-2981 PHOENIX PAVILION (Stanwood) • (360) 629-4662 PICNIC PANTRY (Stanwood) • (360) 631-5218 PRIMAL BARBECUE (Camano Island) • (360) 572-2122 PUB 282 (Camano Island) • (360) 926-8960 PURE SMOKE BARBEQUE (Stanwood) • www.puresmokenw.com RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000 ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920 SAAL BREWING CO. (Stanwood) • (360) 629-0102 SAHARA PIZZA (Stanwood) • (360) 629-6886 SPARTAN DRIVE IN (Stanwood) • (360) 629-8988 **STANWOOD CAFE** (Stanwood) • (360) 629-8427 STANWOOD CUPCAKES (Stanwood) • (360) 926-8241 **STANWOOD GRILL** (Stanwood) • (360) 629-5253 STANWOOD HOTEL & SALOON (Stanwood) • (360) 629-2888 STANWOOD THAI (Stanwood) • (360) 572-2200 STARBUCKS (Stanwood) • (360) 629-2701 • 629-5027 • 629-2500 SUB JOINT (Camano Island) • (360) 230-9611 SUBWAY (Camano Island) • (360) 631-5055 SUBWAY (Stanwood) • (360) 629-2678 TACO TIME (Stanwood) • (360) 629-5018 TAPPED CAMANO (Camano Island) • (360) 572-4986 THAI THAI KITCHEN (Stanwood) • (360) 629-0600 TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001 WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300 WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372

Photos and Art



DID YOU KNOW?

MIT, often cited as one of the world's most prestigious universities, puts almost all of its course materials online for anyone to access for free.



Camano City Schoolhouse Tree Lighting Ceremony, November 25, 2023. Photo by Ian Gleadle.



"Took this cool picture from my dining chair looking out toward part of our decks rail. Saw this beautiful hawk and had to snap a pic. A friend told me to share it with you. This hawk comes every year at the beginning of the Seahawk season. So cool...." – Carol Bingham

BIRDSEED ORNAMENTS



YOU WILL NEED: 4 teaspoons unflavored gelatin (2 small packets); 2/3 cup boiling water; 2 cups birdseed; string, twine, ribbon; large and small spoons for mixing and filling; parchment or waxed paper-lined baking sheet; non-stick cooking spray; large bowl; pot of boiling water on the stove, for a make-shift double boiler; skewer; something to shape them: **best** a shallow measuring scoop - it was easier to un-mold and held together far better than cookie cutters. Note about molds -- for best results, opt for a 1/2-cup, blocky shape, like a shallow measuring scoop or silicone muffin mold. Not quite as "pretty" as shapes like stars, leaves, etc, but the end result will be a birdseed ornament that holds together, well.

DIRECTIONS: 1) Pour boiling water into bowl. Sprinkle with gelatin. Stir, stir, stir. If there are clumps of gelatin in the water, place the bowl over the pot of boiling water, and stir until dissolved completely (takes no more than 5 minutes). Remove from stove. 2) Stir in the birdseed, and stir until the gelatin covers all of the birdseed. If you have soupy liquid at the bottom of the bowl, place it in the fridge for 5 minutes, so the gelatin will begin to set and coat the birdseed, thickly. Stir the birdseed again. If no soupy stuff remains at the bottom of the bowl, your mix is ready to use. (If the gelatin firmed up at the bottom of the bowl, while in the fridge, simply place it on the double-boiler again for a minute and stir.). 3) Spray cooking spray on the inside of the cutters or containers. Mound the birdseed in the mold. Pack the birdseed mixture, very compactly into the containers/ cutters, using the palm of your hand for large areas, and the underside of a small spoon for tight corners. (You can also spray a sheet of waxed paper with cooking spray and use that to help press the birdseed into the molds.) Fill small areas of the mold, using a teaspoon, as needed. Then, pack tightly, again. Packing tightly is key for getting these ornaments to hold together. 4) Use the skewer to carefully poke a hole in the center of your ornament, all the way through. If using cookie cutters -- you'll want to poke your holes, first, while birdseed is still inside the cutter. Use a skewer to poke a hole in each ornament in the center. Then leave the ornaments inside the cutters, for a several hours to firm up. 5) Begin the drying process on the sheet of waxed paper or parchment, for the first 24 hours. After 24 hours, carefully move the ornaments to a cake-cooling rack (for air circulation. Turn them over, once per day. These will require 5 to 7 days to dry enough to wrap in cellophane or pack in a box. 6) Around day 5, use a yarn needle to thread some twine or thin ribbon through the small hole you initially created. Tie the twine/ribbon together at the top, to form a hanging loop.

DID YOU KNOW?

Each night of Hanukkah, an additional candle is placed in the Menorah from right to left, and then lit from left to right. On the last night, all the candles are lit.



www.TheCrabCracker.com

ERIN KOIDAL



(Posted on her Facebook page) "Hello! I want to share some of my wall hangings. They are all cotton fabric and quilted. Each is one of a kind. Please let me know if you would like more info. I love making them."



TheCrab@TheCrabCracker.com

Are you interested in promoting your art, craft, or live performance?

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LOCAL CHRISTMAS TREE FARMS



Alan Acres Tree Farm - Christmas trees-you choose and you cut, saws are provided, wreaths, refreshments, gift shop, restrooms, trees baled, Precut trees Christmas trees, mistletoe and/or holly. 27314 36th Avenue N.W., Stanwood, 360-629-3877. Email: tonilac@aol.com. Open now to December 23; Daily: Daylight Hours. Noble Fir, Douglas Fir, Grand Fir, Fraser.

Fish Creek Tree Farm - 18420 3rd Ave NE, Arlington (East of Lake Ki). 360-652-9030. Open to December 19; Daily 10 am until dusk.

Holiday Forest - Christmas trees-you choose and you cut, Christmas wreaths, Christmas boughs, trees baled, saws provided, winter wagon rides, snacks and refreshment stand. 3125 280th Street NW, Stanwood, 360-629-9097. Email: holidayforest@frontier.com. Open: Friday, Saturday, and Sunday 9am-4:30pm; closed Monday to Thursday to mid-December (or earlier, if they sell out). Payment: Cash, Check. Balsam Fir, Blue Spruce, Colorado Blue Spruce, Douglas Fir, Fraser Fir, Grand Fir, Noble Fir, Norway Spruce, Shasta Fir, Turkish Fir.

Muskrat Flats Tree Farm - 501 Pioneer Hwy E (just east of Silvana). 360-652-9184.

Point Valdimar Farm - Christmas trees - you choose and you cut, saws are provided, wreaths. 4921 Silvana Terrace Road, Stanwood, 360-652-2291 or 425-501-6295. Email: ptvaldimarfarm@gmail.com. Open weekends only through Christmas Eve 9 am to dusk. Unsheared grand and noble firs; and sheared Norway spruce. Wreaths available. Bring the kids, your dog, and your picnic lunch and get into the spirit of the Christmas season!

The Tree Farm - Local Family owned U-Cut Christmas Tree Farm. Cash or Check only. "The owners of this farm are wonderful. My family and I had the best time wandering around for the perfect tree. Prices are awesome and the tree is perfect. Highly Highly recommend." 3011 268th St NW, Stanwood, (425) 244-7179.

Triple C Tree Farm - (425) 245-2133. 27314 36th Ave NW Stanwood. We will be open Friday, Saturday and Sunday., 10 am to 3 pm. Other days by appointment only.

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FDI-1867M-A-A1 AECSPAD

Community Information



(A play time or activity will follow after story). Monday: Toddler Storytime with Jennifer - 10am - Camano Island Library. Jump and bounce together into a world of stories, music, and movements. Tuesday: Family Storytime with Jennifer - 10am - Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family. Wednesday: Family Storytime with Vicky - 10:30am - Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family. Thursday: Toddler Storytime with Alex - 10:30am -Stanwood Library. Jump and bounce together into a world of stories, music, and movements.

FOOD & GIFT CARD DRIVE

Camano Fire's annual holiday food and gift card drive runs now through Dec. 31. Last year, thanks to your generous donations, Camano Fire provided 1,338 pounds of food, \$565 in gift cards, and \$836 of cash and checks to the Stanwood-Camano Food Bank. Bring your non-perishable food donations to any Camano Fire station, or to the Administrative office, and put them in the red donation buckets. Please bring gift card donations to the Camano Fire Administrative office, 811 N. Sunrise Road. If the office is closed, you can leave them in the locked drop-box. You can also mail gift cards to the same address. Every year, Camano Fire collects nonperishable food, pet food, and personal hygiene products to benefit the Stanwood Camano Food Bank. Gift card donations benefit The Christmas House and are used to buy holiday gifts and necessities for families in our community.



www.TheCrabCracker.com



Come Join our Volunteer Team This Holiday Season!

We have wonderful volunteer opportunities for individuals, groups, and teams! Everything from assisting clients at the food bank, helping with thrift store donations, packing youth meal kits, and working Coats and Christmas House distribution days! Go to StanwoodCamanoFoodBank.org for more details, and to sign up!!

Warm Coats For Kids Christmas House



Phone: (360) 629-2789 Email: SCFoodBank@scfbs.org

IF YOUR CHILD NEEDS A WARM COAT THIS WINTER, OR A GIFT UNDER THE TREE WE'RE HERE TO HELP! **NEARLY ANY CHILD AGE 0-18 LIVING** IN THE STANWOOD CAMANO AREA IS ELIGIBLE TO RECEIVE A NEW COAT. TO QUALIFY AND RECEIVE A SHOPPING APPOINTMENT, PLEASE STOP INTO THE FOOD BANK -TUESDAY-SATURDAY, 10-3PM

We are so grateful to our HOPE AGAINST HUNGER fundraiser attendees, donors and sponsors especially our



SANTA WISHES AND SANTA LETTERS



Santa mail wanted, Young and Old. Preview Properties NW in Stanwood has helped 5 families with their Christmas list. This year they welcome your Santa letters and wish list as well as nominations for families in need of a little help from Santa. Mail Box located at 10123 270th St NW Stanwood. If your child would like a letter back from Santa please include a self addressed envelope. For all nominations please be sure to include contact information, All will be kept anonymous. For any further information call 360-629-3400 ask for Sue or Danica Head Elfs Or email THENORTHPOLEMAILBOX@GMAIL.COM.

GREETINGS FROM THE NORTH POLE POST OFFICE

Yes, Virginia, there is a Santa Claus. And the Postal Service[™] can help you prove it when Santa replies to your child's letter - complete with the North Pole Postmark! The Greetings from the North Pole Post Office program adds to the excitement of Christmas and is ideal for getting kids interested in letter writing, stamps and penmanship. How to get a letter postmarked from the North Pole: Have the child write a letter to Santa and place it in an envelope addressed to: Santa Claus, North Pole, Write a personalized response to the child's letter and sign it "From Santa." Insert both letters into an envelope, and address it to the child. Add the return address: SANTA, NORTH POLE, to the envelope. Ensure a First-Class Mail stamp is affixed to the envelope. Place the complete envelope into a larger envelope, with appropriate postage, and address it to: NORTH POLE POST-MARK, POSTMASTER, 4141 POSTMARK DR, ANCHORAGE AK 99530-9998. We recommend sending your letters by December 7 so that they can be received by the Anchorage, AK, Postmaster no later than December 14. Santa's helpers in Anchorage, AK, will take care of the rest Be sure to share the experience on social media using: #GreetingsFromTheNorthPole.

THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

DID YOU KNOW?

Snakes and lizards both molt out of their old skin as they grow. Investigators have come to the conclusion that dinosaurs may have also molted.

CAMANO FIRE'S ANNUAL SANTA RUN



Santa and his elves are back for the 2023 Santa Run. Events kick off Monday, Dec. 11, and run through Thursday, Dec. 14. The run begins at 6 p.m. each night and wraps up around 7:30 p.m. December 11 -Buena Vista, Camaloch. December 12 - Camano Vista, Country Club, Lost Lake. December 13 - Madrona, Thunder Ridge, Gary Lane/Falcon Drive. December 14 - Utsalady Heights, Finisterre Heights, Brentwood. Santa's elves will collect donations for Camano Fire's annual food and gift card drive each night during the Santa Run. Is Santa coming to your neighborhood? Check out our 2023 Santa Run Route Map on Google Maps to see if we're coming to your street. What is the Santa Run? If this is your first holiday on the island, you're in for a treat. Santa and his elves visit two to three neighborhoods each night. Santa's sleigh is towed by a brightly decorated fire engine. Santa's elves walk and ride along collecting food and gift card donations for the annual Camano Fire Food & Gift Card drive and handing out candy canes and other sweet treats. We will publish a special Santa Tracker link each night so you can follow Santa's progress. Look for more details coming soon. https://camanofire.com/news.

2023 NORTH COUNTY FIRE EMS SANTA RUN (LOCAL) FOOD DRIVE ROUTES

Sun 12/10 - Warm Beach - Kayak Estates - Soundview; Mon 12/11 -Stanwood North / East - Cedarhome; Tues 12/12 - Stanwood South / West - Church Creek - Fox Hill - Downtown;



DID YOU

KNOW?

The Shawn

Mendes EP

reached Num-

ber 1 on iTunes in 37 minutes.

> Please go through your closets and consider donating your extra boots, coats, sweatshirts, mittens/gloves, blankets & other warm clothing to the Caring Place. We serve the whole family so all sizes are needed, and this year we will remain open throughout the winter.

Our Donation days are Monday & Wednesday, 1—5 p.m. and our Service days are Tuesday & Thursday, 1—5 p.m. Please call us at 360-913-1551 for special arrangements or urgent needs.

Community Information



DID YOU KNOW?

In the United States, each person owns an average of seven pairs of blue jeans. That's one for every day of the week!

SNOHOMISH COUNTY FIRE DISTRICT 19 (SILVANA) SANTA RUN

December 15th - 16th - 17th. Silvana Fire District 19 firefighters will be assisting Santa Claus this year as he makes his way through our Greater Silvana Community sharing Christmas Cheer and Holiday Joy. Santa will be handing out Candy Canes as he rides his Christmas Lighted Hovercraft. The purpose of our Santa Run is to collect donations for the Arlington Food Bank. We are asking that you please leave your food donations in a plastic bag at the end of your driveway. We will be starting each night at 5:30 PM. View schedule at http://www.firedistrict19.com/ More info: 360-652-8277.

ANNUAL HOLIDAY ART FAIR

December 14-22 at North48 Real Estate - 10031 WA-532 suite b, Stanwood. Cassera Galleries Presents the Annual Holiday Art Fair at North48 Real Estate, noon-5pm.

A SIMPLE GESTURE



Our drivers will be out Saturday December 9th to collect your green bags for the Stanwood/Camano Food Bank. (The pick-up hours are 9 AM-11AM). Most needed items for the December pickup are staple items: toilet paper, hearty canned soups, 42 oz or smaller oatmeal, various pastas, and condiments ----ketchup, mustard, salsa) and sauces (bbq, pasta, etc.) in plastic containers.). If you are not on our pick-up list and want to join our efforts please contact us at asimpleges-ture@scfbs.org or call 360 572-4148.



www.TheCrabCracker.com



Saturday, January 13, 2024 at 6pm Doors open at 5:30/Bingo begins at 6:30

With Sylvia O'Stayformore





All proceeds support the Camano Center!

\$25 (includes dinner & entertainment) \$20 Cash/Check at the door for IO BINGO Cards

Purchase your tickets online beginning December 4th at camanocenter.org

606 Arrowhead * Camano Island * 360-387-0222 camanocenter.org

TOY BOAT BUILDING

Saturdays at 10am in the Cama Beach Boathouse. Build a wooden toy boat. Bring it home as a souvenir! \$5 suggested donation.

A CHRISTMAS TEA

Traditional high tea with storyteller Debbie Dimitre presenting "a patchwork of favorite Christmas tales" December 16th, 1-3pm at Lincoln Hill Retirement Community & Senior Center, 7420 276th St NW, Stanwood. Please confirm by December 4th, 360-629-7403. "Heartwarming seasonal stories that are sure to touch the heart and lift your spirits."

CHRISTMAS FOOD DISTRIBUTION



December 13: 10am-3pm. December 16: 10am-2pm. December 20: 10am-3pm. December 23-January 1: Closed. REGULAR FOOD BANK SERVICES WILL BE OFFERED ON THESE THREE DAYS. EACH HOUSE-HOLD WILL ALSO RECEIVE ONE TICKET, ONE TIME TO SHOP FOR AD-DITIONAL CHRISTMAS MEAL ITEMS. LOST LAKE - CAMANO CLIENTS MAY RECEIVE HOLIDAY ITEMS AT THE STANWOOD LOCATION 27030 102ND AVE NW STANWOOD WA 98292.



www.TheCrabCracker.com

DID YOU KNOW?

December 3rd is known as "Roof Over Your Head Day" – a day to

be grateful of

what we have

in life!

Skagit Regional Health KNOW THE DIFFERENCE Between Flu and Cold									
FLU <	SIGNS & SYMPTOMS	COLD							
Sudden	ONSET	Gradual							
Characteristic high (over 101° Fahrenheit) Lasting 3-4 days	FEVER	Rare							
Dry; can become severe	COUGH	Hacking							
Prominent	HEADACHE	Rare							
Usual; often severe	MYALGIA (MUSCLE ACHES AND PAINS)	Slight							
Can last up to 2-3 weeks	TIREDNESS & WEAKNESS	Very mild							
Early and Prominent	EXTREME EXHAUSTION	Never							
Common	CHEST DISCOMFORT	Mild to moderate							
Sometimes	STUFFY NOSE/ SORE THROAT	Common							
Sometimes	SNEEZING	Usual MEH1001 1217							

TheCrab@TheCrabCracker.com

2023 PUGET SOUND SHOREBIRD COUNT



December 9th at 9am. Event by Ecostudies Institute. Calling all winter birders, it's once again time to join us as Ecostudies hosts the 2023 Annual Puget Sound Shorebird Count! This year, we'll be simultaneously counting across 23 sites on the morning of Saturday, December 9th. Since 2012, we've been conducting this event as part of the larger Pacific Flyway Shorebird Survey, a long-term monitoring project tracking the migration of shorebirds led by Point Blue Conservation Science. We rely on volunteers like you to collect vital data on shorebird populations all along the Pacific coast. With your support, we can use the findings from our data to draw conclusions about the health of our avian populations and the habitats they occupy. If you're interested in participating in this year's count, please visit our site, https://ecoinst.org/.../avia.../puget-sound-shorebirdcount/. Feel free to email Connor Tracey at ctracey@ecoinst.org with any questions, and we hope to see you out there!

LIGHTS OF CHRISTMAS 2023

December 1-3, 7-10, 14-17, 20-23, 26-30, 2023. Advanced reservations required. Time of arrival selected during online purchase. One ticket per vehicle. Online tickets for The Lights of Christmas are available now! Don't forget to order your tickets early to get the best selections of dates and times. We are so excited to offer two activity stops this year for those that want a park-and-get-out experience in addition to seeing millions of lights in dazzling displays. Joyland and Santa's Village. Come check out all the new display updates this year! Car (1-12 Passenger): \$32 (per vehicle). Mini-bus/Limo: \$60 (per vehicle). Tickets at https://www.thelightsofchristmas.com/admission/



DID YOU

KNOW?

A woman was

elected to the

House of Repre-

sentatives four

years before

women even

won the right to

vote.

27128 102^{ad} Drive NW, Stanwood Pastor Justin White 360-629-9555 STANWOOD UNITED METHODIST CHURCH "A Progressive Church for Thinking People"

OPEN HEARTS, OPEN MINDS, OPEN DOORS

Blue Christmas Service • December 21 12pm: For those experiencing grief or loss during the holidays.

Christmas Eve Services • December 24

10am Advent Service 4pm Candlelight Service





Drop-Off Locations Station 2: 1326 Elger Bay Rd Station 3: 525 E. North Camano Dr Station 4: 273 N. West Camano Dr Station 5: 3651 South Camano Dr Admin: 811 N. Sunrise Blvd

benefiting the Stanwood-Camano Food Bank

🚯 FACEBOOK 💟 TWITTER 🌰 NEXTDOOR 👘



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CIDER DAY SATURDAYS AT GATEWAY GALLERY



Join us each Saturday til Christmas for Cider Day Saturday—an opportunity to sip hot cider while viewing Small Art, Big Heart: A Holiday Small Works Show. Pick up gifts for the holidays, meet the showing artists, and visit with locals from the community. All artwork is from members of the Camano Arts Association. Local artist Shogo Ota's logo design for CAA is cheerful and inspiring. Mugs will be available for purchase at the Gateway Gallery starting tomorrow too! 25% of the proceeds from each mug sale raises funds for CAA's Mentorship Program, bringing art supplies to Stanwood Middle School and High School art classrooms. Hours: 10am - 4pm at 578 E North Camano Drive, Camano Island, located in the small, red Camano Gateway building at the tip of Terry's Corner, next to the playground.

FAMILYSEARCH CENTER - FREE OPEN GENEALOGY WORKSHOP

at 795 Ell Rd., Camano Island. Extended hours: Tuesdays 10 am-2 pm, and Wednesdays 6 pm-8 pm. Get help to find your ancestors with free access to websites and records. Questions? Contact us at 801-240-4357 or camano@familyhistorymail.org.



www.TheCrabCracker.com

DID YOU

KNOW?

Rouahly 33%

of cats are not

effected by

catnip. The euphoric reac-

tion commonly

associated with

catnip is hered-

itary.

Announcing our Newest Neighborhood:

Forest Lane

Come Tour and View These Brand New Assisted Living Units Designed for Active Seniors.

Overwhelming joy is a common resident experience as they live and thrive in a vibrant purposeful Christ-centered community with the freedom to actively engage and pursue the things in life that matter most to them. Our new Forest Lane assisted living community is designed for seniors who want to remain active and involved yet require extra help and support with the activities of daily living. Our caring and dedicated staff members provide round-the-clock assistance while encouraging residents to maintain a high level of independence.

Contact us today to learn more: (360) 652-2640 • www.warmbeach.org

> Warm Beach Senior Community 20420 Marine Drive • Stanwood, WA 98292

GOOD CHEER BAGS

Help someone in need this holiday season with our Good Cheer bags, full of essential hygiene items. Just \$10.99 each, and every purchase is donated to the Stanwood Camano Food Bank & Thrift Store for distribution. Purchase one today at Camano Plaza IGA. Thank you for your support, and happy holidays!

LEARN ABOUT THE SCHOOL DISTRICT'S REPLACEMENT LEVY

Come learn about Stanwood-Camano School District's replacement levy that will appear on the February 13 ballot. The levy bridges the gap between state funding for the district and the cost of staff, materials, services, and facilities our students need to fulfill the community's desire to prepare all students for the future of their choice. Join us at this free public event to learn more and ask questions. More info: www.stanwood.wednet.edu/levy. All events are from 5:30-6:30 p.m. December 7: At Camano City Schoolhouse 993 Orchid Road Camano. December 14: TBD. January 3: At YMCA Community Room. January 11: At Lincoln Hill Retirement Center (Social Room). January 18: At Warm Beach Conf Center - Cedar Lodge Chapel 20800 Marine Drive Stanwood, January 25: At Brookdale Senior Living 7212 265th St NW Stanwood. February 1: At Warm Beach Conf Center - Maple Center Main 20800 Marine Drive Stanwood. February 8: TBD.

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

LOCAL WREATHS ACROSS AMERICA DAY 2023 FOR STANWOOD AND CAMANO ISLAND

Local volunteers will again this year honor the veterans of Stanwood and Camano Island by laying wreaths on their graves as part of the Wreaths Across America Day on December 16, 2023 at 10:00 a.m. Camano Lutheran Cemetery on Camano Island has been included this year along with Pioneer Cemetery on the island and Anderson Cemetery in Stanwood. The number of local graves which will be decorated and honored is 771. In 2022 more than 2.7 million veterans' wreaths were placed on headstones at 3,702 locations across the country to honor the sacrifices and service of all who wore the uniform. This year's theme is "Serve and Succeed" focusing on military families who have found success through their service. Local organizers depend on volunteer support to lay the wreaths and financial participation to secure the money for the local graves to be honored. People can sponsor a \$17 wreath or volunteer to help by visiting the website, www.WreathsAcrossAmerica.org/WA0183P or vou can contact Mischa Plesha at Stanwood's American Legion Post #92 at post92adjutant@gmail.com or phone 408-595-7634. You can also mail a check to the American Legion, P.O. Box 323, Stanwood, WA 98292, REMEMBER the fallen, HONOR those who served and their families and TEACH the next generation.

DID YOU **KNOW?**

As a child, Jet Li performed with the Chinese National Wushu Team for President Nixon. Nixon asked him to be his personal bodyguard, but he declined.

Clubs and Meetings



look for us online at

www.TheCrab Cracker.com

> or on Facebook.

Download current or past editions. **Ski, Snowboard or just hang out in 2024!** The Merry Mountain Ski Club, a non-profit club, brings you easy travel for a fun ski day in a luxury coach with stops in Bellingham, Burlington, Stanwood and Monroe. We have a Seattle and Kirkland bus too! Great folks & great fun. Come and join us. Get in touch with us for more details! Every Tuesday for 6 weeks beginning January 9, 2024. Additional weeks possible if interest warrants! call: 206-550-4908 email: tuesdayskibus@gmail.com

GRIEF Support Group: Help and encouragement after the death of a loved one. January 11-April 4, 2024 6:00-8:30pm at Restoration Church, Camano Island, 788 Smith Rd. More Info: griefshare.org/groups/175418.

Stanwood Coin Club meets the 4th Tuesday of each month at the Stanwood Library meeting room 7-9pm. Bring your questions @ collecting. Buy, Sell, Trade, Learn. This club has been active since 1961.

Friendship Tea: Drop by for tea, treats, and a chance to visit with friends, both old & new. Join us 1st, 2nd & 3rd Tuesdays of every month from 10:30-12:00 at the Camano Center. No charge to Camano Center Members. \$5 fee for non-members. Please check in at the Front Desk. For more information, call Connie at 360-652-7211.

Rainy Day Room Playgroup Free weekly play group on Thursdays at 10-11am at the Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house.

"Weight Loss and TOPS Clubs on Camano or Stanwood: TOPS (Take off Pounds Sensibly). We provide great fellowship and support in your weight loss journey. Camano Island: We meet Thursday mornings for weigh-in from 8:15 to 8:45; meeting at 9 am. First meeting is always free. Join us and see why TOPS provides support both during your weight loss, and afterward, helping you to keep it off! Camano Lutheran Church, 850 Heichel Rd, Camano Island. Call Sandy 387-6953 or Karen (leader) at 387-9716 for more information. Stanwood: We would love to meet you and invite you to join us in friendship and weight loss support! We meet on Thursday mornings at Cedarhome Baptist Church. 29000 68th Ave NW. Stanwood. Wa. at 10:00 am. Everyone is welcome! More info: Gay at 360-393-7117.

Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

PFLAG Support Group Free support group for friends, family, and members of the LGBTQIA+ community. First Friday of every month at the Community Resource Center 6-7pm.

The Wardrobe By Appointment: at the Community Resource Center – Free clothing for teens in need – restocked for Summer with new t-shirts, tanks, shorts, flip flops and hygiene products! Call 360-629-5257 or email info@crc-sc.org for an appointment.

Kaleidoscope Play & Learn Tuesdays and Wednesdays - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. At Community Resource Center of Stanwood Camano.

Camano Island Quilters-Machine Embroidery Group Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

Camano Island Quilters Open Sew Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

Teen Late Night Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.



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FOR SALE OR FOR FREE:

FREE almost new LG gas clothes dryer. must pick up. 360-654-6353

FREE 3-row seat for 2005 Highlander (toy). Excellent condition. 360-387-9229.

4' to 6' firewood. Logs. Pick up. Load. \$135. Will help load. Easy access. 360-387-9229.

MISCELLANEOUS:

Boarding needed: Seeking boarding with kind-hearted horse folk, for my sweetheart retired gelding. Looking for a large paddock/small pasture with a safe/clean/dry shelter, and 24/7 access to the paddock. Arena and round pen not needed, but another older gelding buddy in an adjacent paddock would be a big plus. Happy to provide partial self-care. If interested, please call or text Chris at 360.348.2532."

RV Space for rent. Private Property mid is. off of ridge rd. Clean & respectful person appreciated. 500. a month. Call or text for details. 4259237363 Thanks Brian

Calling all dance teachers! Sound bathers, drum circlers, meditation teachers, fitness or yoga instructors. Anyone who has wanted to hold a workshop and cant find a space. Bee Authentic Pilates, located in Stanwood has a space for just this sort of thing and is making it available during off hours. If interested please contact Harmony at 206.200.8167.

I'm looking to rent a studio, 1 bedroom. I have excellent credit, references, not married, no pets. More info: 360-218-6716.

PROFESSIONAL SERVICES:

Science and Math Tutoring: I can help you review and strengthen your math and science skills. I have many years of experience with a very gentle approach. E-mail ijmuzinich@gmail.com or 360-661-9517.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmitchell8974@gmail.com. Serving Outlying Areas.

WANTED:

Calligrapher - I am looking for a calligrapher, that can do three simple lines of work. Please contact me with samples of your work and costs. diana@craig.net.

Considering a career in Real Estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermerestanwoodcamano.com.

DID YOU KNOW?

Rick Astley has his own brand of beer. It was a collaboration between him and the Danish micro-brewery Mikkeller; it's a red lager with "a hint of ginger".



CASA'S PET OF THE WEEK:

KATALINA is a bit on the nervous side and will need a confident owner to help bring her out of her shell. All kittens come spayed or neutered, age appropriate vaccines, treated for worms and fleas, and microchipped. Kittens do well in pairs or having a close to same age friend to play with and continue socializing. They are great with people of all ages. Please stop by the shelter to see our available kittens.

Camano Animal Shelter Association (CASA):

360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

My name is **UNO** and I am a 1 yr old cat looking for my new FURever home! I would love for you to come meet me today at The NOAH Center.

The N.O.A.H. Animal Adoption Center: (360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

PENNY is a tender hearted lady who deserves the best that life has to offer. She has a sensitive heart and is ready to find a forever family to love. Penny is dreaming of a family that will include her in all their adventures. She is in great shape and would be an excellent jogging, walking and hiking buddy. FIRST STEPS: Visit https://www.save-a-mutt.org/adoption-application/ to fill out an application. We are a local foster home based rescue.

Save-A-Mutt (Silvana, WA): (425) 280-0502. www.save-a-mutt.org



Jlasses and Workshops



DID YOU KNOW?

Bookworms are actual insects that bore holes in books. A major book feeding insect is a paper louse which feeds on microscopic mold in poorly kept books. **Health and Wellness classes** - Every 2nd Monday of the month. Each evening we will have a short lecture or film to give practical ways to boost our health and wellbeing. Whole-food, plant based samples are provided each evening with recipes to take home. Classes are held at Cedarhome SDA Church, 28505 68th Ave NW, Stanwood. \$5 fee for the meal. RSVP Cindy at 425-870-1006.

Forte Music Dance Art offers intermediate ballet Tuesdays & Thursdays. Advanced Tap and Beginning Tap on Mondays and Thursdays. Yoga available throughout week. Private Instruction on sax, clarinet, flute, voice & piano. More info: 360-572-9262. www.fortemda.com.

Social partner dance class! Beginners and drop-ins welcome. Wednesdays at 3pm at the Camano Center. www.socialdancesimplified.com.

Yoga Classes In-studio & Online at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes; regular membership rates apply.

Virtual Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

Yoga for Beginners Five Week Session Jan. 2-30. Tuesdays 6:00-7:15pm. Prepares you with the first steps toward a regular practice. We look forward to meeting you on your path! Sign up through movementarts.com or call 360-629-9100. Space is limited, \$95.

Private Music Lessons: Hart Music School offers live lessons for piano, guitar, bass guitar, ukulele, voice, and songwriting for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Book a complimentary 30-minute lesson at HartMusicSchool.com/free-trial.

First class is FREE. Seated, CHAIR yoga, 2 possible times, 1:30 Tuesdays or 11am Fridays. ZOGA, incorporating yoga & The Melt Method, helps back and shoulder issues. Mondays, 5:30pm. All classes are in person and Zoom. Mondays, Beginner easy flow classes: 8am, Tues 10am, Tues 5:30, Wed 4:30pm, Wed 6pm, Thursday 9am, Fridays, 9:30am. Small, personal groups, warm and inviting classes. Wed 10am Yin. Be enlivened and inspired! ALL are welcome. Z's Body and Soul, 9504 271st, Stanwood, 360-629-5040. Zsremedies.com.

Medicare Basics Information Class Mon., December 4. Free, open to the public. We will be explaining how your Medicare benefits work, as well as the options for supplementation. Location: Camano Island Library Meeting Room. RSVP with John - 360-967-9601

NUT ROCHA

Here's a crunchy buttery toffee frosted with chocolate and nuts that looks and tastes as if it came from a gourmet candy shop, Enjoy!



INGREDIENTS: 2 c. butte; 2 c. granulated sugar; 2 T. light corn syrup; 1/3 c. water; 1 (12 oz.) pkg. milk chocolate chips; 1 c. chopped toasted nuts (almonds, pecans, walnuts, or cashews)

DIRECTIONS: Line a 15x10x1-inch rimmed baking sheet with foil, extending the foil over the edges. Melt the butter in a heavy bottom pot or Dutch oven over medium heat. Using a wooden spoon, gently stir in the sugar, corn syrup, and water until the sugar is dissolved. Avoid splashing onto the sides of the pan. Clip a candy thermometer to pan. Be sure the thermometer bulb is well covered and not touching the bottom of the pan. Bring to a boil, stirring frequently until the thermometer registers 290 degrees (soft crack stage) about 15 minutes, the mixture will turn golden brown. Immediately remove the pan from the heat and remove the thermometer. Working guickly, pour the mixture onto the prepared baking sheet, spread evenly. Cool for 5 minutes or until the top is just set. Sprinkle chocolate chips over the hot toffee, let stand for 2 minutes. Spread the chocolate evenly over the toffee. Top with nuts, gently pressing them into chocolate. Cool for a couple of hours or until set. If necessary, place in refrigerator. Holding the foil, lift the candy out of the pan. Break or cut candy into pieces. To store: Layer candy in an airtight container, between sheets of wax paper. Makes 2 1/2 lbs. of candy



www.TheCrabCracker.com

Recipes by

Cooking Mamas

created by

Dusty Hutchins-

McNutt.

"Great recipes

begin in Mama's

Kitchen!"

Visit me at: www.

CookingMamas.

com

View from he Bleachers

Read more of Tim Jones' humor every week at www. ViewFromThe-Bleachers.net or check out his new YouTube channel by the same name.

THE UPSIDE OF HOLDING ONTO GRUDGES

I've rarely been one to hold a grudge. It takes a lot to get me triggered, and even then, I usually move past whatever momentary feelings of irritation I'm experiencing within minutes or, worst case, a couple of hours – unless it's ANYTHING that my annoying neighbor Bert Higgins says or does, in which case, I will never let it go. What can I say, I just don't like the guy.

Other than with my neighbor Bert, I never saw the point to letting personal resentments fester. Research shows that holding onto anger and bitterness is bad for your emotional and physical well-being – much like the feeling of rage that consumes many readers after having been subjected to my latest humor article: "Damn it, Jones! That's ten minutes of my life I'll NEVER get back!" is the usual complaint I receive.

Nelson Mandela once wrote, "Resentment is like drinking poison and waiting for the other person to die." On a related note, for months I resented my first college girlfriend for making out with a friend of mine. Six months later, she still hadn't died. So yeah, turns out Nelson was right.

Many famous people throughout history refused to let go of longstanding grudges: Alexander Hamilton and Aaron Burr, Van Gogh and Gauguin, Thomas Edison and Nicola Tesla, Joan Crawford and Bette Davis, Paul McCartney and Yoko Ono, Donald Trump and... well, just about everybody who's ever worked for him.

The above list includes several extremely intelligent, talented people... and Donald Trump. In each case, they chose to keep the fires of grievance burning for years. At least Hamilton and Burr eventually found a way to abruptly resolve their feud – if you consider pistols at dawn an effective way to end a dispute.

For some people, it's easier to remain angry and resentful than to forgive. Why is this? Here's my theory: Sincere forgiveness can require a lot of effort. Worse, it just might require us to accept that we played a part in creating this rift. And why should we waste our time on self-reflection about our own shortcomings when it's far less work to place all the blame on my annoying neighbor, Bert Higgins?

Besides, if we forgive the other person, that lets them off the hook. And I'll be damned if I'm going to let Charlie Jamison forget about the fact that he ran over my pet guinea pig Bubbles with his Schwinn bicycle back in 5th grade. He still has never apologized.

The more I think about it, the more I realize that holding onto a long-simmering resentment offers several useful benefits. First, you'll no longer need to worry about getting them a birthday present or sending a Christmas card. You won't have to invite them over for Thanksgiving. And you can relax as you watch the football game knowing they'll never interrupt the game with a pesky phone call to vent to you about their disappointing teenage son Norman.

If you expand your network of people towards whom you could harbor resentment, just think of how much spare time it will open up in your weekly schedule. Of course, it works in reverse as well. If there is someone in your life you find slightly unpleasant to be around, you might consider insulting them about their appearance or parenting skills. That way, they'll start to resent you and, if you're lucky, refuse to acknowledge your existence. Mission accomplished.

So, I've changed my mind. Instead of letting go of past resentments, I'm going to start to embrace them. You hear that, Coach Steck? Perhaps you've forgotten about the time you demoted me to second string on our high school football team after I had one bad game back in 1973. Well, I haven't forgotten, Coach. I'm coming to even the score with you – assuming that at the age of 104 you're still alive.

And Larry Elmendorf, don't think I've forgotten that in 5th grade you once called me "Thunder Thighs Jones" because you thought I had fat thighs back then. Vengeance will be mine, by which I mean I will post a snarky comment about your recent weight gain on your Facebook page.

Tonight I'm supposed to make dinner, but I'm feeling lazy. I think I'll get out of cooking by pretending to carry a grudge against my wife for nagging me repeatedly that I still haven't mowed the lawn. Yeah, that should do the trick. And I'll forgive her the next day, when it's her turn to cook.

[Read more of Tim Jones' humor every week at www.ViewFromThe-Bleachers.net or check out his YouTube channel by the same name.]

Food Sensitivities vs Food Allergies Food Sensitivities **Food Allergies** ANY AGE Developed from INFANCY GF 45% of the Population suffer from 2% Adults | 6-8% Children have an allergy Food Sensitivity Reaction Immediately | 2 Hours or Less Delayed reaction to a food up to 72 Hours after eating the offending foods loating / Joint Pain / IBS / • ss / Eczema / Low Mood / Headache / Weight Gain Skin / Digestion / Airways Is it deadly? ven trace amounts of the EATENING is it deadly? NO. Most Common Sensitivities Most Common Types of Allergies Which foods? How many? Can be multiple How many? Rarely more than 1 or 2 foods Self-Assessment Self-Assessment Pulse Testing Can Be Effective Immediate reaction easier to identify **Delayed Onset of symptoms** can make this tricky DR OCKERS....

TIDE TABLES / SARATOGA PASSAGE / DECEMBER 1-14, 2023

Dat	e	High /Low	Tide Time	Height Feet	Moon Visible	Da	ate	High /Low	Tide Time	Height Feet	Moon Visible
F	1 1 1 1	Low High Low High	12:36 AM 8:31 AM 2:22 PM 6:16 PM	-1.6 12.0 7.7 9.0	Ο	F	8 8 8	High Low High Low	2:03 AM 6:43 AM 12:55 PM 8:03 PM	8.1 5.8 11.1 1.3	
Sa	2 2 2 2	Low High Low High	1:19 AM 9:14 AM 3:29 PM 7:11 PM	-0.8 11.8 7.3 8.3	0	Sa	9 9 9	High Low High Low	3:08 AM 7:44 AM 1:24 PM 8:32 PM	9.1 6.7 11.1 0.0	
Su	3 3 3 3	Low High Low High	2:04 AM 9:58 AM 4:41 PM 8:18 PM	0.2 11.5 6.7 7.6	\mathbf{O}	Su	10 10 10 10	High Low High Low	3:59 AM 8:39 AM 1:53 PM 9:04 PM	10.1 7.5 11.1 -1.1	
м	4 4 4	Low High Low High	2:52 AM 10:39 AM 5:43 PM 9:38 PM	1.3 11.4 5.8 7.1		м	11 11 11 11	High Low High Low	4:42 AM 9:30 AM 2:23 PM 9:38 PM	11.0 8.0 11.1 -2.0	
Tu	5 5 5 5	Low High Low High	3:43 AM 11:18 AM 6:29 PM 11:09 PM	2.4 11.3 4.9 6.9		Tu	12 12 12 12	High Low High Low	5:22 AM 10:18 AM 2:56 PM 10:17 PM	11.7 8.3 11.1 -2.7	
W	6 6 6	Low High Low	4:39 AM 11:53 AM 7:04 PM	3.7 11.2 3.7		w	13 13 13 13	High Low High Low	6:02 AM 11:04 AM 3:34 PM 10:58 PM	12.1 8.5 11.0 -3.1	
Th	7 7 7 7	High Low High Low	12:41 AM 5:40 AM 12:25 PM 7:34 PM	7.3 4.8 11.2 2.5		Th	14 14 14 14	High Low High Low	6:44 AM 11:52 AM 4:17 PM 11:43 PM	12.4 8.5 10.9 -3.2	



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Camano Commons Christmas Tree Celebration

Join us at this year's Camano Commons Christmas Tree Celebration. We are proud to sponsor this event. You will find us handing out free hot cocoa at our booth!

Saturday, December 2, 2023 4:00 PM Activities Start | 5:00 PM Tree Lighting 848 N Sunrise Blvd, Camano Island, WA 98282





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