

**THE CRAB CRACKER** **ISSUE 369**  
January 12-25, 2024  
**COMMUNITY MAGAZINE**



*Events, Information, and Entertainment in the Port Susan Area*  
*Camano Island • Stanwood • Warm Beach • Silvana • Conway*

# AT THE Beach REAL ESTATE

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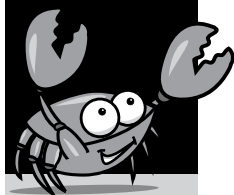
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Go to [www.thecrabcracker.com](http://www.thecrabcracker.com). Sign up at the bottom of the home page.

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## Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Cover image: Girl feeding winter birds - vintage illustration*

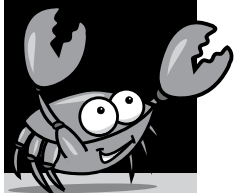


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**P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com**

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**Submission DEADLINE: JANUARY 18 for Next Edition (Jan. 26 - Feb. 8)**

# Calendar of Events



## DID YOU KNOW?

The distance some birds travel every year when they migrate is really unbelievable. The Arctic Tern journeys about 11,000 miles each way for its annual migration; that's like going all the way across the United States about three and a half times!

THURSDAY-FRIDAY, JANUARY 11-12

## STANWOOD COMMUNITY BLOOD DRIVE



Take a little time off from the holiday hustle to make this season brighter for someone who needs it – a patient in our community. “I’m the father of a 3yr old who needs bi-weekly transfusions until she can have a stem-cell transplant. If it wasn’t for donors like yourself, she wouldn’t make it to transplant. Thank you so much, our appreciation goes beyond words.” Direct quote from our Thank The Donor Program. Stanwood Community Blood Drive – 9am-5pm at St. Cecilia Catholic Church – Social Hall - 26900 78th Ave NW Stanwood, WA 98292. To schedule an appointment please visit [Bloodworksnw.org/giveblood](http://Bloodworksnw.org/giveblood) or call us at 800-398-7888.

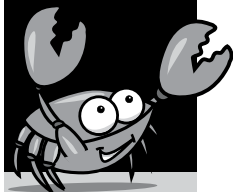
FRIDAY, JANUARY 12

## POP-UP RECRUITMENT EVENT



Island Transit is hiring bus drivers! 12:30pm -4pm at Camano Island Library. Be prepared to stay until 4pm. You will learn about the position, benefits, fill out the job application, and take the video test. Resume encouraged. Snacks will be provided! RSVP 360.678.7771. Walk-Ins must arrive at 12:30pm.

# Calendar of Events



## RIDDLE:

Q: What occurs once in a minute, twice in a moment and never in one thousand years?

A: The letter M

FRIDAY, JANUARY 12

### CHARLIE PARTIN

8 pm - Conway Muse Hayloft. Come enjoy a fun show!

FRIDAY, JANUARY 12

### MICHELE D'AMOUR & THE LOVE DEALERS

8:00pm - 11:00pm at Pub 282. Michele D'Amour is a storyteller and award-winning songwriter who penned her first song at the age of six and became a published poet in her early twenties. Her lyrics treat difficult topics with a sense of soulful whimsy and wry humor.

SATURDAY, JANUARY 13

### PRIME RIB DINNER



Presented by Stanwood American Legion Post 92, 26921 88th Ave NW. Served 4pm until gone. PUBLIC WELCOME! Thank you for your continued support. Delicious prime rib, baked potato, veggies, salad, roll & dessert. \$25 adults; \$10 for age 12 and under.

SATURDAY, JANUARY 13

### FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

## Upcoming Classes and Events

KIDS \* TEENS \* ADULT

- Turn It Digital Workshop **TEENS/ADULTS** 01/10
- Drawn Together @ SAAL Brewing **ALL** 01/11
- Mixed Media w/ Beth Erickson **TEENS/ADULTS** 01/19
- Heart Mosaic w/ Katie Walton **ADULTS** 02/01
- Abstract Drawing w/ Andrew Curry **TEENS/ADULTS** 02/07
- Charcuterie Board Wood Burning w/Crystal Bailar **ADULTS** 02/22

STANWOOD  
CAMANO  
ARTS  
ADVOCACY  
COMMISSION

MORE INFO:  
[WWW.SCAACWA.ORG](http://WWW.SCAACWA.ORG)



# ALASDAIR FRASER & NATALIE HAAS



## 2PM CONCERT

Doors open @ 1:30  
Tickets at Door  
or Eventbrite

SUNDAY  
JANUARY 14, 2024

Stanwood  
High School PAC

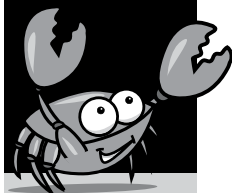
## TICKETS

Youth \$18  
Seniors \$25  
General Public \$28

7400 272ND ST. NW, STANWOOD, WASHINGTON 98292

Sponsored by NW Scottish Fiddlers

# Calendar of Events



## DID YOU KNOW?

Did you know that falling coconuts kill around 150 people a year? By comparison, sharks only kill approximately five people per year. For this reason, coconuts are known as 'The silent killer of the Pacific.'

SATURDAY, JANUARY 13

### **FULL CIRCLE ARTS: FREE T'AI CHI FORM PRACTICUM**

9:30am at Camano Library. This free session is non-teaching. We go through some warm ups, a few rounds of the first section and one of the second section and end with some more esoteric aspects of movement as I have experienced and collected over the course of 43 years teaching T'ai Chi. Anyone and everyone is invited.

SATURDAY, JANUARY 13

### **JIMMY WRIGHT BAND**

8:00pm - 11:00pm at Pub 282. Catering a wide variety of music.

SATURDAY, JANUARY 13

### **SHS TEXTILE DRIVE**

Stop by Viking Village 10am-noon to drop off your textile donations. Fundraiser supports the Stanwood High School 4A Booster Club Class of 2024 Grad Night.

SUNDAY, JANUARY 14

### **JANUARY DRUM CIRCLE**



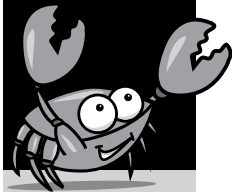
10am-noon at Spirit 2 Spirit Equine Facilitated Healing Center. Bring your drum or borrow one of ours! this is a relaxed atmosphere and open for all. Lola leads the group in a discussion to pick a topic to drum on while she sings in light language. <https://www.facebook.com/events/886031719829763/>

SUNDAY, JANUARY 14

### **BWP 80S RACE**

At Stanwood Equestrian Center. Broken wagon productions winter series!!!! Barrels and Poles. Office and time onlies 7:30-9:45. Race starts at 10am. There will be an awards series based off your fastest 5 runs! Both races count! <https://allevents.in/stanwood/bwp-80s-race/200025847431431>

# Calendar of Events



## RIDDLE:

Q: If I drink, I die.  
If I eat, I am fine.  
What am I?

A: A fire!

SUNDAY, JANUARY 14

## INTRODUCTION TO POLLINATOR DIVERSITY AND THEIR OVERWINTERING

by Bob Gillespie - 2-3pm at Paws & Wings Place, Camano Island. In this presentation He introduces the audience to the variety of insect pollinators, also to their life cycle including overwinter, habits and more. To reserve space go to : [events@pawsandwingsplace.com](mailto:events@pawsandwingsplace.com) <<mailto:events@pawsandwingsplace.com>>

SUNDAY, JANUARY 14

## ALASDAIR FRASER AND NATALIE HAAS CONCERT



Get ready for an epic afternoon of toe-tapping Scottish fiddle and cello magic with Alasdair Fraser and Natalie Haas. 2pm at Stanwood High School Performing Arts Center.

SUNDAY, JANUARY 14

## BINGO AT THE VIKING HALL

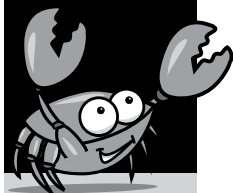


fundraiser for The Dance Project NW. Doors open at 5pm and games begin at 6pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm.





# Calendar of Events



## DID YOU KNOW?

The mayor of a historical district in Alaska is a cat named Stubbs. Mayor Stubbs drinks catnip laden water from a wineglass every afternoon, at a local restaurant.

MONDAY, JANUARY 15

### NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

TUESDAY, JANUARY 16

### STANWOOD HIGH SCHOOL SPORTS

Varsity Boys Swimming vs Lynnwood. 3pm at Stanwood YMCA.  
Girls Basketball vs Meadowdale. JV. 5:40pm.

TUESDAY, JANUARY 16

### FAMILY STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

WEDNESDAY, JANUARY 17

### FAMILY STORYTIME WITH VICKY

10:30 AM – Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

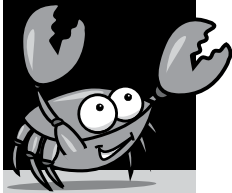
WEDNESDAY, JANUARY 17

### CAMANO WILDLIFE PROGRAM



7pm ZOOM Presentation. It's an otter! It's a muskrat! It's a...beaver! These dam-building engineers can certainly cause headaches by chewing trees, blocking culverts, or building dams that flood your property, but Snohomish Conservation District is here to help! In this webinar, learn about the benefits of having beavers on your property, some strategies for managing beaver conflicts, and opportunities for assistance from the District. Ariana Winkler, Living with Beavers Program Lead, promotes beaver coexistence and the habitat benefits of beaver ponds as she helps landowners with issues that can arise from having beavers on or near their property. She's ready for your questions! For information about the Zoom link to the program or about the Camano Wildlife Habitat Project, visit [www.camanowildlifehabitat.org](http://www.camanowildlifehabitat.org) or [https://urldefense.proofpoint.com/v2/url?](https://urldefense.proofpoint.com/v2/url?u=http%3A%2F%2Fwww.camanowildlifehabitat.org&d=defence&r=1&s=0)

# Calendar of Events



## DID YOU KNOW?

Japan is facing a ninja shortage. There is a high demand for “ninja shows”, but it is a dying tradition and companies have trouble time finding properly trained ninjas.

WEDNESDAY, JANUARY 17

### **WOMEN'S FOOTBALL SIGN UPS**

5-7pm at the gazebo inside the Stanwood Cinemas pavillion by Stanwood Amigo Restaurante.

WEDNESDAY, JANUARY 17

### **LUNCH & LEARN**

11:30am-1pm at Sons of Norway Hall. 9910 270th Street Northwest Stanwood. Presented by Stanwood Commerce Alliance. Come listen and learn about the City of Stanwood accomplishments in 2023 as well as updates and forecasts for 2024 from our Mayor Sid Roberts. Patricia Love, also with the City on the current Grant Program for Building Storefront Improvements. Nate Nehring on Snohomish County building updates and permitting. And our last speaker will be the Stanwood School Districts Superintendent, Deborah Rumbaugh on the current levy. Cost: \$25.

THURSDAY, JANUARY 18

### **STANWOOD HIGH SCHOOL SPORTS**

Varsity Boys Swimming vs Marysville Pilchuck. 3pm at YMCA.

Varsity Boys Wrestling vs Snohomish. 7pm.

Boys Basketball vs Cedarcrest. Freshman & JV: 4pm. Varsity: 5:45pm.

THURSDAY, JANUARY 18

### **TODDLER STORYTIME WITH ALEX**

10:30 AM – Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.

FRIDAY, JANUARY 19

### **MIXED MEDIA - FREE WORKSHOP**

4:00 PM – 6:00 PM at the Community Resource Center, 9612 271st St NW, Stanwood. Presented by SCAACA. In this class you will learn to mix acrylic liner paint with watercolors on canvas. We will be using a 5x5 gallery canvas to create a small mixed media piece. Students will be responsible for sketching their own design on their canvas and applying the paints. (Reference photos and paintings will be available). We will talk about different types of mixed media and the steps we will take in this process. [www.scaacwa.org/classes](http://www.scaacwa.org/classes)

FRIDAY, JANUARY 19

### **MINIMUM WAGE BAND**

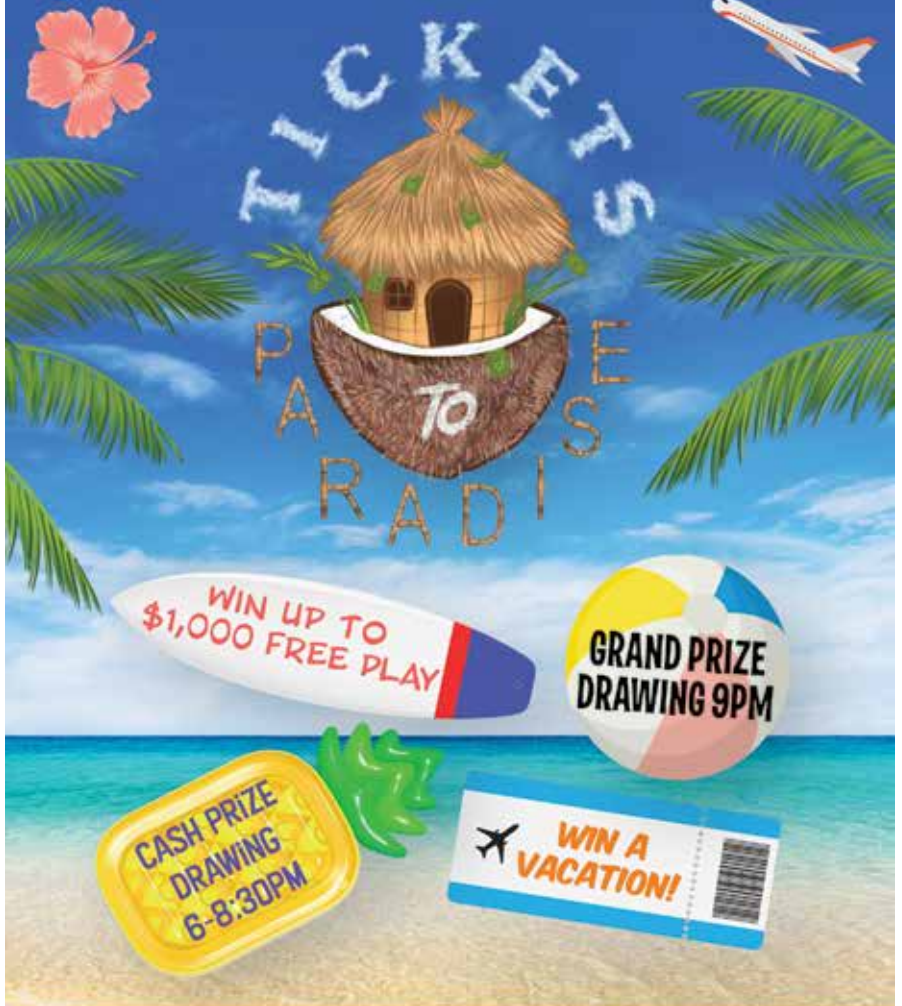
8:00pm - 11:00pm at Pub 282. Brought together through chance and happenstance, the boys of Minimum Wage bring to you a wide range of experience and a variety of genres that merge into a blend of toe-tapping and dance happy sets of Rock and Roll that covers decades of great music. Come let your night be filled with dancing and singing as Minimum Wage takes you back to the days of old walking you through the greatest hits.

SATURDAY, JANUARY 20



### **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

THURSDAYS JAN. 11 - MAR. 28, 2024

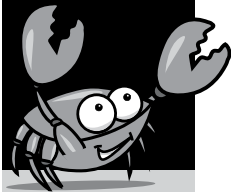


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# Calendar of Events



## QUOTE

by Steven  
Wright:

"I saw a man  
with a wooden  
leg, and a real  
foot."

SATURDAY, JANUARY 20

### SAVANNA WOODS

8:00pm - 11:00pm at Pub 282. The accomplished singer-songwriter from Stanwood, mesmerizes global audiences with her distinct and powerful vocals. Her captivating performances leave a lasting impression, including four standout performances on Season 20 of NBC's The Voice. In 2023, she achieved new milestones with the release of two new albums, including her latest record, "Back to Me," which stands out as a poignant exploration of self reflection and the healing process.

SATURDAY, JANUARY 20

### SEATTLE HOUSE ROCKERS

8 pm - Conway Muse. \$12 Advanced On-Line \$15 In House.

SATURDAY, JANUARY 20

### CABAM!



Camano Area Bluegrass and Acoustic Music! Come celebrate the new year with us at South Camano Grange, 3-5:30 pm, followed by a hot dinner (\$10 cash on the barrel head) and then open mic from 6-ish to whenever. We always manage to get a crowd of talented musicians and appreciative toe tappers. Come and jam. Come and listen to some smokin' bluegrass and acoustic favorites at the South Camano Grange, 2227 S Camano Drive. Banjos, mandos, guitars, fiddles, dobros and a bass or two. Old timers and newbies alike. Come on down and help us kick off 2024!

## SEW-A-RAMA SALE

Saturday, January 27th , 10 am to 2 pm  
at Peace Lutheran Church, 1717 Larson Road, Silvana, WA

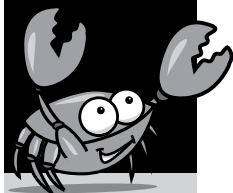
*Fabrics, sewing and craft equipment, accessories,  
and supplies.*

Most sales by donation.

Sale supports Lutheran World Relief at Peace



# Calendar of Events



## RIDDLE:

Q: They come out at night without being called, and are lost in the day without being stolen. What are they?

A: Stars!

SATURDAY, JANUARY 20

## BEAUTY BAR DIVAS


Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.

SATURDAY, JANUARY 20

## CAMANO ISLAND SOUND THERAPY & GUIDED MEDITATION



11am-1pm at Camano Library. Event by Tanja McCarty Shelley and Tranquility Healing. Sound therapy covers a range of treatments, from music therapy to sound baths. Sound baths are one of the most common; according to Sara Auster, sound therapist and author of *Sound Bath: Meditate, Heal and Connect Through Listening*, sound baths use instruments like bowls to initiate "a deeply immersive, full-body listening experience." There's music therapy, which uses therapist-guided sounds to enhance memory and alleviate stress. Binaural beats, yet another form, involves playing two separate tones in each ear, which are perceived as a single, almost euphoric tone by the brain. Other forms of sound therapy work much in the same way - sound eases, energizes, and empowers us. I am giving you a chance to come in and try it for FREE! I give a guided meditation and a 30 minute treatment with the crystal bowls. So bring your Yoga mats, a comfy blanket and pillow. Heck! come in your pj's if you want. Do not forget your water as well. Most of all, have some fun and relax!



Thinking about buying or selling a home? Call Andrea!

## ANDREA BARBANO

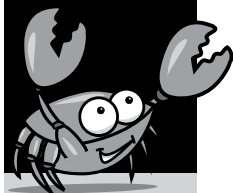
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# Calendar of Events



## RIDDLE:

Q: If a blue house is made out of blue bricks, a yellow house is made out of yellow bricks and a pink house is made out of pink bricks, what is a green house made of?

A: Glass

SUNDAY, JANUARY 21

## WOMEN'S FOOTBALL

First practice of the season and sign ups 1-3pm @ SHS field.

SUNDAY, JANUARY 21

## CARING FOR A SENIOR CAT



3 to 4PM at Paws & Wings Place, Camano Island. Presented by Diane from Flower Feline Sanctuary. Learn how to add ease to your senior kitty's golden years with Diane Venberg, Co-Founder and Director of Flower Feline Sanctuary. As cats age, they experience many of the same challenges we do, such as arthritis, hearing loss, lack of appetite, constipation, and difficulty grooming. Diane will discuss environmental modification, comfort measures, supplements, and tips on dealing with "senior moments." Q & A, Free samples. Class is free/ donations gladly accepted. To reserve the space go to [events@pawsandwingsplace.com](http://events@pawsandwingsplace.com).

MONDAY, JANUARY 22

## TODDLER STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity may follow.

MONDAY, JANUARY 22

## NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

TUESDAY, JANUARY 23

## FAMILY STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

TUESDAY, JANUARY 23

## STANWOOD HIGH SCHOOL SPORTS

Boys Wrestling vs Arlington. JV: 5:30pm. Varsity: 7pm.  
Varsity Girls Wrestling vs Arlington. 6:15pm.

# MOVE

## WITHOUT HESITATION

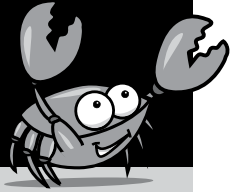


## Orthopedics & Sports Medicine

For more information, visit:  
[SkagitRegionalHealth.org/Orthopedics](https://SkagitRegionalHealth.org/Orthopedics)



# Calendar of Events



**IF WE DON'T  
KNOW  
ABOUT IT,  
WE CAN'T  
PRINT IT.**

Send your info  
and/or images  
to: thecrab  
@thecrabcrack-  
er.com

TUESDAY, JANUARY 23

## **SHS TEXTILE DRIVE**

Stop by Viking Village 6-8pm to drop off your textile donations. Fund-raiser supports the Stanwood High School 4A Booster Club Class of 2024 Grad Night.

WEDNESDAY, JANUARY 24

## **FAMILY STORYTIME WITH VICKY**

10:30 AM – Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

WEDNESDAY, JANUARY 24

## **STANWOOD HIGH SCHOOL SPORTS**

Girls Basketball vs Arlington. JV: 5:40pm. Varsity: 7:15pm.

WEDNESDAY, JANUARY 24

## **DROP-IN CONSTRUCTION ZONE!**

3:30 PM – 4:30 PM at Camano Island Library. Come build and explore with a variety of materials, which may include LEGO®, Magna-Tiles®, gears, blocks, and more! No registration required.

THURSDAY, JANUARY 25

## **STANWOOD HIGH SCHOOL SPORTS**

Varsity Boys Swimming vs Archbishop Murphy. 3pm at the Stanwood YMCA.

THURSDAY, JANUARY 25

## **TODDLER STORYTIME WITH ALEX**

10:30 AM – Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.



**SMALL  
TRACTOR**

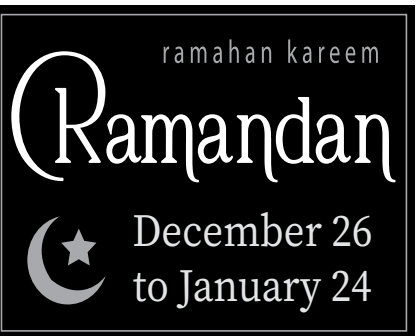
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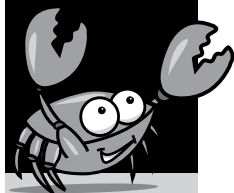
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## RIDDLE:

Q: What goes up  
but never comes  
down?

A: Your age!

## PAPER PLATE SUNCATCHER SNOWMAN



All you need to whip up with super cute winter craft for preschoolers are a few simple materials you probably already have on hand: tissue paper – we used white and blue; construction paper – various colors to make hats, ear muffs, arms, etc.; black sharpie; contact paper; scissors; glue; paper plates (optional)

Directions: Start by cutting up the white and blue (or any color you like) tissue paper into squares. Open contact paper so sticky side is up. Press tissue paper all over. Cover with additional contact sheet with sticky side down towards tissue paper. You will need 2 sheets to make a snowman. HINT: We made one white and the other a mixture of blue and white. Use a bowl or freehand to trace a large circle with a sharpie marker. Now cut out your circle. Repeat with another sheet of contact paper to make a smaller circle. Now you have a two ball snowman. Now you can either cut out the center of a paper plate or use a piece of white paper to make the white border. Then use your sharpie (carefully, remember sharpies are permanent markers) to add eyes, mouth, and buttons. Now cut out any accessories you'd like to use to make your snowman such as earmuffs, mittens, scarves, top hats, twig arms, triangular noses, etc. Begin attaching the nose and accessories to decorate your snowman project.

Source: <https://www.123homeschool4me.com>



## WORLDLY SPLENDOR

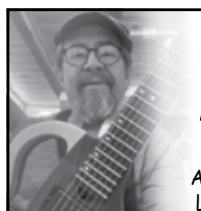
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Captive Rearing and Camano's  
Connection!**

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**Saturday Feb. 3 @ Coupeville HS**

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Class registration open now for  
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**Tickets on Sale:**

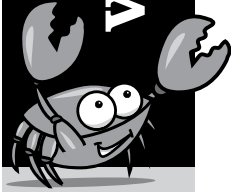
**Sound Waters University for All  
[www.soundwatersuniversity.org](http://www.soundwatersuniversity.org)**



**Ticket Pricing Options**

**\$70| Classes & Workshops  
\$50| Zoom Streaming/Recordings  
\$30| Field trips for attendees  
2/4, 2/10 & 2/12, 2/17**

# Moonshine Wisdom & Wit



Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at [www.skeeterdaddle.net](http://www.skeeterdaddle.net)

## THE HIDDEN REWARDS OF VOLUNTEERISM

In 2007 the County and Friends of Camano Island Parks asked the South End String Band if we would be willing to take on the role of caretakers for little Hutchison Park, a 5 acre parcel once the playground for juvenile delinquents, drug transactions and the occasional late night sex. Since it was the only county park on the South End and we were, after all, the South End house band, we said, yah shure, u betcha. In the beginning the band threw in whole heartedly, cleaned up the area and mowed the lawns. FOCIP brought a few volunteers in to widen the trails and put up signage. So what if they misspelled Hutchison, the guy's name who donated the land.

Course, after the initial flurry of philanthropic excitement the Band sort of lost interest, not only in the Park but the band and the music too. Basically the way of bands. Probably the way of volunteers as well. So for the past 16 years the de facto role of park ranger fell to the banjo player, last guy standing, me and the fiddler who, unfortunately had moved off island and far from the idyllic South End. In that time more than a couple of lawnmowers have given their lives, one or two chainsaws have bit the dust, the caretaker has grown old and gnarly like a few of the second growth firs in the park, sculpture has been placed (and most stolen), a little library has been installed in the 1960's phone booth that mysteriously appeared one year and trees, shrubs and flowers have been planted.

Admittedly, not many people use the Park, mostly dog walkers, midnight lovers and pharmaceutical salespeople. Rarely are the barbecue grills used. Grill, actually, since the second one was stolen the first week and never replaced by the county. Occasionally bikers rest there, once or twice picnickers. It's a lonely place but it's my place. This week I went on the FOCIP website looking at their list of county parks we maintain gratis for Island County. Hutchison was not one of them. So I went to Island County Parks looking for a map or a mention. Nada. Zip. Zilch. My park has been stolen from the records!! Happens all the time on the South End, you're thinking. And me too.

What I can only assume is this: the County has abdicated its little park down here. For what reason, who can say? But I want to say this, being the ranger there for the past decade and a half, I'm publicly declaring the park mine by right of county abdication as well as adverse possession by yours truly. Skeeter Daddle Park. Nice ring to it, don'tcha think? Who'd have ever guessed volunteerism would have more than its own reward.

### GRIEF Support Group

Help and encouragement  
after the death of a loved one

January 11-April 4, 2024 6:00-8:30pm

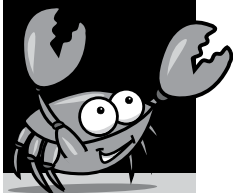
Restoration Church Camano Island

788 Smith Rd.

More Info: [griefshare.org/groups/175418](http://griefshare.org/groups/175418)



# Photos and Art



## RIDDLE:

Q: How many months have 28 days?

A: All 12 months!



*"This was taken last July from the Viking village area. I love the drive thru being used by a farm tractor!" - Dave Heiss*

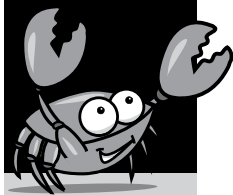


*Winter Chickadee. Photo by Peter Lewis.*

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# Photos and Art



*Bald Eagles and Mount Baker. Photo by Greg Sanders.*



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- ✓ Discover resources in your neighborhood
- ✓ Find tools to create a well-being plan
- ✓ Easily search by keyword
- ✓ Create a handy printable list

.....

## What is LiveWellLocal.org?

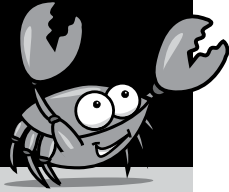
LiveWellLocal.org is a product of Providence Institute for a Healthier Community (PIHC). PIHC works to make it easier for our community to be healthy by helping people access local health and well-being resources. PIHC is a partner of Making Life Work. Learn more at [pihcsnohomish.org/partnerships](http://pihcsnohomish.org/partnerships)

**To find local resources, visit:  
Stanwood-Camano.org**

For a full listing of resources in Snohomish County visit [LiveWellLocal.org](http://LiveWellLocal.org)



# Dining Guide



## DID YOU KNOW?

3 inches of ice  
can support one  
person, on foot.

4 inches can  
support a group  
of people, single  
file.

36 inches can  
support up  
to 110 tons of  
weight.

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- Individual & Business Memberships

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- Donations accepted Thurs-Saturday 10am-4pm
- Proceeds support Camano Center Programs & Services, which are critical.
- Top Thrift Shop Awards Recipient!





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YES for Stanwood-Camano Schools PO Box 2698, Stanwood, WA



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Beautifully appointed custom home with separate accessory dwelling unit on 4.75 tranquil acres close to the beach. #2177363



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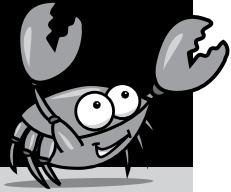


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Visit [WindermereStanwoodCamano.com](http://WindermereStanwoodCamano.com) for more information

Windermere Real Estate/CIR

# Artist of the Week



*Are you interested in promoting your art, craft, or live performance?*

*Email us info or a bio about yourself and we will feature this page to you... and it's all FREE!*

## AMY MARTIN



Amy Martin is a freelance writer and painter who lives on a small island in the Pacific Northwest. She is a graduate of Goddard College's MFA Creative Writing Program and has written a memoir titled *Flight Power*. She served in the U.S. Army as a UH-60 Black Hawk Helicopter Pilot from 2002-2010 where she flew medevac missions in the Military Assistance to Safety and Traffic (M.A.S.T) program in Alaska and V.I.P. and air assault in the Republic of Korea. She is a commercial/instrument rated helicopter pilot and holds a Private Pilot airplane certificate. After leaving the military, she spent five years at Boeing as a Change Specialist on the KC-46 Tanker and the 777X programs. In 2020 she served as a Veteran Benefits Specialist at Opportunity Council, a non-profit that assists homeless veterans to gain housing stability. In February 2021, she returned to the EMS rescue community and began working in the Admin office at Camano Island Fire & Rescue. Amy gives back to the community by serving on the board of the Camano Arts Association. She previously headed the non-profit's Communications Team which handles social media, email, news releases, e-newsletters, marketing, and websites.

<https://amymartinwriterandpainter.com/>

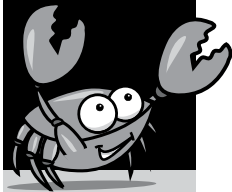


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# Business Spotlight



*Are you interested in promoting your business or organization?*

*Email us info or a bio about your business and yourself and we will feature this page to you... and it's all FREE!*

## HEY EVERYONE! MY NAME IS ZJ



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Contact ZJ: 360-940-9924  
Email: zmanspetcare@gmail.com

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# Jan Mather

Camano Island Expert

360-507-4133

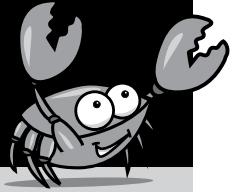
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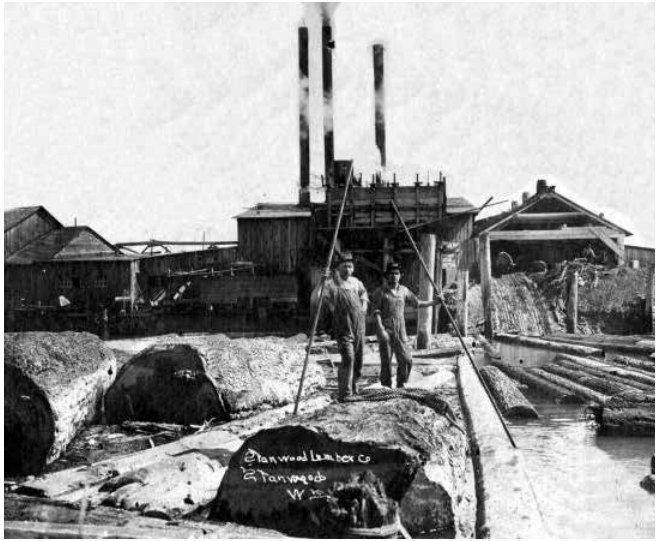
# Local History



## RIDDLE:

Q: Which weighs more, a pound of feathers or a pound of bricks?

A: They BOTH weigh one pound!



Poling logs for Stanwood Lumber Company, Stanwood, ca. 1910



2 Truck Wood Burning Shay Locomotive "Susan" CN 631 at The Log Dump at Warm Beach With Loaded Log Cars. Port Susan Logging Co. - Florence, WA. Date unknown.

  
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SNOHOMISH CONSERVATION DISTRICT'S  
7TH ANNUAL

# YOUTH OF ALL AGES ART CONTEST

Submission categories:

Grades Pre-K – K | 1-2 | 3-5 | 6-8 | 9-12 | Age 18+

**THIS YEAR'S THEME:  
AMPHIBIANS**



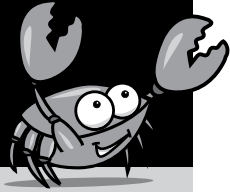
## CONTEST RULES

- Open to all ages
- Open to residents or students in Snohomish County or Camano Island
- One entry per person
- Artwork should not exceed 8.5 x 11" or 2MB in size
- Submit artwork through online form

SUBMISSION WINDOW: January 8, 2024 - February 23, 2024

LEARN MORE: <https://snohomishcd.org/art-contest>

# Community Information



## RIDDLE:

Q: What has one eye but cannot see?

A: A needle

## SEW-A-RAMA SALE



Saturday, January 27th , 10 am to 2 pm at Peace Lutheran Church, 1717 Larson Road, Silvana. Fabrics, sewing and craft equipment, accessories, and supplies. Most sales by donation. Sale supports Lutheran World Relief at Peace.

## HOLIDAY LIGHTS / ELECTRICAL CORD DRIVE

Now through January 31. Free at Camano Transfer Station. Safety First! Toss out the old and in with the new. Don't chance it. Extension cords, computer cords, appliance cords, and more. No Coaxial or cable cords. See signage for details. Troop 46 Scouts and WSU Waste Wise volunteers are here to help make this possible. And special thanks to Brian and John, and Laura and the attendants at the Transfer Station. Happy Holidays! Be safe!

## THE SPOT

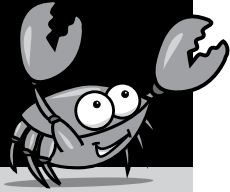
Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

## TOY BOAT BUILDING

Saturdays at 10am in the Cama Beach Boathouse. Build a wooden toy boat. Bring it home as a souvenir! \$5 suggested donation.



# Community Information



## RIDDLE:

Q: If an electric train is travelling south, which way is the smoke going?

A: There is no smoke, it's an electric train!

## COUNTRY LIVING EXPO READY TO ROLL IN LATE JANUARY

The annual Country Living and Modern Homesteading Expo is returning to Stanwood High School on January 27. The daylong gathering features people from all backgrounds coming together to learn about homesteading and nature from each other. Most of the presenters are volunteers — local farmers, veterinarians, stockmen, homesteaders, and folks that are passionate about food preservation, soil conservation, livestock management and production, gardening, fibers, and more. The local FFA chapter volunteers, Washington State University Extension, and the nonprofit Livestock Master Foundation help organize the event that also offers food, local vendors, lots of learning, and a day of community. "People helping people, whether they know each other or not. Sharing hard earned lessons with others so that all can benefit," said Joan DeVries, WSU Livestock Advisor Program Coordinator in Burlington. "It's a truly remarkable event." The keynote speaker will be John Paul Driver, who explores the art and science of farm financial management, sharing invaluable insights, strategies, and success stories. To see schedules, find registration, and get more information, visit <https://extension.wsu.edu/skagit/countrylivingexpo>. Costs: \$80 for adults, and \$40 for students ages of 12-18 (though \$20 discounted registration is available). Ages: The expo is geared toward people age 12 and older. Vendor information: 6x5-foot table area for \$50 and a 10x10-foot large vendor spot for \$350.

## LEARN ABOUT THE SCHOOL DISTRICT'S REPLACEMENT LEVY

Come learn about Stanwood-Camano School District's replacement levy that will appear on the February 13 ballot. The levy bridges the gap between state funding for the district and the cost of staff, materials, services, and facilities our students need to fulfill the community's desire to prepare all students for the future of their choice. Join us at this free public event to learn more and ask questions. More info: [www.stanwood.wednet.edu/levy](http://www.stanwood.wednet.edu/levy). All events are from 5:30-6:30 p.m. January 18: At Warm Beach Conference Center - Cedar Lodge Chapel 20800 Marine Drive Stanwood. January 25: At Brookdale Senior Living 7212 265th St NW Stanwood. February 1: At Warm Beach Conf Center - Maple Center Main 20800 Marine Drive Stanwood. February 8: TBD.

# WHALECOME HOME TO CAMANO ISLAND!

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# Community Information



## DID YOU KNOW?

animals like bats, hedgehogs, and many kinds of fish all hibernate. Many people refer to a bear's winter sleep as "hibernation," although according to the true definition of hibernation, bears are just considered sleepy!

## COATS FOR KIDS - EXTENSION



Happy New Year! We wanted to let you know we have EXTENDED our Warm Coats for Kids program through the month of January!! Coats for Kids is designed to help children ages 0-18 who live in the Stanwood Camano area and/or attend school at Stanwood Camano School District. Come see us at the Food Bank Tuesday-Saturday from 10am-3pm to make an appointment for your kiddos!

## CAMANO FIRE FOOD DRIVE RESULTS



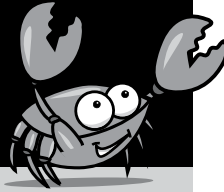
To our Camano community: You amazed us with your generosity during this year's annual food and gift card drive. We delivered a staggering 2,211 pounds of food, \$1,765 in cash, and \$500 in gift cards to the Stanwood-Camano Food Bank.

## STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: [www.sahs-fncc.org](http://www.sahs-fncc.org).



# Community Information



## RIDDLE:

Q: What is so delicate that saying its name breaks it?

A: Silence.

## MEET HADLEY BEAHAN



SWS Staff -Incoming Camano Coordinator. Hadley coordinates Stewards for education, community science and stewardship activities around Camano and Stanwood. She supports the Stewardship Committee, Camano Steering Committee, and Volunteer Education Training Committee (VETC). Hadley brings relevant experience as a former AmeriCorps Marine Stewardship Educator with the Port Townsend Marine Science Center. During her term she created Salish Sea programming, led low tide walks, participated in a number of citizen science projects, and oversaw volunteers in a variety of settings. She also helped to run the marine mammal stranding network, collaborating on volunteer training and enhancing public outreach regarding HPAI in marine mammals on the West Coast. Hadley is a graduate of CSU Channel Islands with a degree in Biology and a background in environmental studies. Through CSUCI Hadley participated in restoration work on the Channel Islands as well as operated under the Keiki Kohola Project in Maui, studying coral reef quality, microplastics, and humpback whale mother and calf behavior. With an undeniable passion for marine mammals, Hadley served as a 2022 West Coast Photo ID intern with Cascadia Research Collective, and worked as a volunteer mammalogist at the Aquarium of the Pacific as well as a rehabilitation intern with the Channel Islands Marine Wildlife Institute.

**GRAPHIC DESIGN**

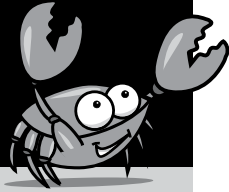
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# Community Information



## RIDDLE:

Q: What is at the end of a rainbow?

A: The letter W

## LOCAL YOUTHS HONOR LOCAL VETERANS



Honoring veterans for their service and sacrifice is an important lesson for our youth. We are proud of the Stanwood-Camano students who were among the dozens of community volunteers last month at #WreathsAcrossAmerica. Nationally, more than 2 million volunteers and supporters gathered Saturday at more than 4,000 participating locations across all 50 states. Locally, events were organized by Frank H. Hancock American Legion Post 92 and took place at Anderson Cemetery in Stanwood and Camano Island Lutheran Cemetery. Volunteers here honored our fallen heroes with more than 780 handmade wreaths funded through community donations — a small token of our gratitude for their service. It also allowed volunteers to pause and remember the sacrifices made by so many. Wreaths Across America is more than just placing wreaths; it's about teaching the next generation about the importance of remembering those who gave their lives for our freedom. We're so grateful to be a part of such a meaningful tradition. - Stanwood Camano School District (Facebook post).

### Stanwood United Methodist Church

~ Open Hearts, Open Minds, Open Doors ~

In-Person Sunday Service at 10:00am.  
Live Online Services available at 10:00am at [www.stanwoodumc.org](http://www.stanwoodumc.org) or on our Facebook page at: Stanwood United Methodist Church.



A Reconciling Congregation

**360-629-9555**

27128-102nd Dr. NW,  
Stanwood, WA 98292  
[www.stanwoodumc.org](http://www.stanwoodumc.org)  
Handicapped Accessible  
Pastor Justin White

### Yoga and Pilates

[movementarts.com](http://movementarts.com)

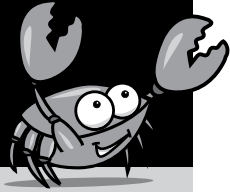


MOVEMENT ARTS

360-629-9100

Camano Commons

# Community Information



## RIDDLE:

Q: What can you catch but not throw?

A: A cold.

## "I HAVEN'T INTRODUCED MYSELF TO THIS COMMUNITY YET"



"because I have a disability that prevents me from having conversations with people but am proud to say that because of my deafness and talent, I signed the national anthem at the Wwinter Classic hockey game! I've lived here on Camano with my busy family for 3 years now and have loved our community! If you see me around, I can lip read and will happily teach you a sign or two! I noticed that some people at IGA and even Grocery Outlet in stanwood, some workers have learned basic sign just to say hi and it makes my day! Go Krakens!" - Brittany Rupik, ASL interpreter (from Facebook post).

## SNOHOMISH COUNTY STYROFOAM AND RECYCLING COLLECTION

On Saturday, January 13 from 10 a.m. to 2 p.m. there will be a recycling event for styrofoam. The drop off location is at Northwest Stream Center. Accepted items include: rinsed and cleaned to-go containers and food trays, bagged packing peanuts, non-taped block packaging, coolers, and EPE (expanded polyethylene), as well as pink, grey or blue XPS foam insulation. Location: 600 128th Street SE, Everett. If you have additional questions, call 425-357-6027.



[www.pawsandwingsplace.com](http://www.pawsandwingsplace.com)  
For Healthy Pets



**PAWS AND WINGS PLACE**

Happy Parents!

## CAMANO PET SUPPLY STORE

**Food, treats, toys, gifts and much more. Come visit us today!**

We are the community store: Offering classes, events, and a place to gather with those that love pets as much as you!

Located behind Heritage bank, next to Camano Plaza on: 185 McElroy Drive, Camano Island, (360) 505-0331

# Community Information



## RIDDLE:

Q: If I have it,  
I don't share  
it. If I share it,  
I don't have it.  
What is it?

A: A Secret.

## HONEY, I SHRUNK THE ART

34th Annual "Honey, I Shrunk The Art" Small works show ! 40 artists, each with multiple artworks. Friday, Saturday & Sunday 11:00 to 5:00 Mon- hurs by appt/ Call 360-387-2759 or email: matzke@camano.net Matzke Fine Art Gallery and Sculpture Park, 2345 Blanche Way, Camano Island.

## NORTH COUNTY C.A.R.E.S.



Did you know that North County Fire & EMS does more than fight fires and respond to medical emergencies? Our Community Assistance Referral and Education Services (CARES) program is here to help! The CARES program relies on responding North County Firefighters to identify patients who may benefit from enrollment. Our CARES team can help coordinate medical appointments and assist with transportation, provide education on complex medical conditions and medications, and help patients apply for social services. No matter the reason – the goal is always the same; to help our patients navigate the healthcare system and find the most appropriate solutions to their medical and social challenges. The program has shown success both in creating a healthier community and reducing lower acuity 911 calls. On average, patients show a 39% reduction in 911 calls after enrollment in the program. Our CARES team is staffed by Community Resource Paramedic Matt Hickman and Care Coordinator Kristena Matthews and based out of Smokey Point Fire Station.

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BEFORE STRONG WINDS**



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Sports equipment



Trash cans



Trampolines



weather.gov



# Clubs and Meetings



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online at

[www.TheCrab  
Cracker.com](http://www.TheCrabCracker.com)

or on  
**Facebook.**

Download  
current or past  
editions.

**Ski, Snowboard or just hang out in 2024!** The Merry Mountain Ski Club, a non-profit club, brings you easy travel for a fun ski day in a luxury coach with stops in Bellingham, Burlington, Stanwood and Monroe. We have a Seattle and Kirkland bus too! Great folks & great fun. Come and join us. Get in touch with us for more details! Every Tuesday for 6 weeks beginning January 9, 2024. Additional weeks possible if interest warrants! call: 206-550-4908 email: tuesdayski-bus@gmail.com website: [www.merrymountain.com](http://www.merrymountain.com)

**GRIEF Support Group:** Help and encouragement after the death of a loved one. January 11-April 4, 2024 6:00-8:30pm at Restoration Church, Camano Island, 788 Smith Rd. More Info: [griefshare.org/groups/175418](http://griefshare.org/groups/175418).

**Stanwood Coin Club** meets the 4th Tuesday of each month at the Stanwood Library meeting room 7-9pm. Bring your questions @ collecting. Buy, Sell, Trade, Learn. This club has been active since 1961.

**Friendship Tea:** Drop by for tea, treats, and a chance to visit with friends, both old & new. Join us 1st, 2nd & 3rd Tuesdays of every month from 10:30-12:00 at the Camano Center. No charge to Camano Center Members. \$5 fee for non-members. Please check in at the Front Desk. For more information, call Connie at 360-652-7211.

**Rainy Day Room Playgroup** Free weekly play group on Thursdays at 10-11am at the Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house.

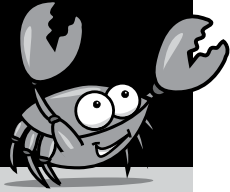
**"Weight Loss and TOPS Clubs on Camano or Stanwood:** TOPS (Take off Pounds Sensibly). We provide great fellowship and support in your weight loss journey. Camano Island: We meet Thursday mornings for weigh-in from 8:15 to 8:45; meeting at 9 am. First meeting is always free. Join us and see why TOPS provides support both during your weight loss, and afterward, helping you to keep it off! Camano Lutheran Church, 850 Heichel Rd, Camano Island. Call Sandy 387-6953 or Karen (leader) at 387-9716 for more information. Stanwood: We would love to meet you and invite you to join us in friendship and weight loss support! We meet on Thursday mornings at Cedarhome Baptist Church. 29000 68th Ave NW. Stanwood. Wa. at 10:00 am. Everyone is welcome! More info: Gay at 360-393-7117.

**Teen Programs** Monday through Friday at the Community Resource Center, please visit [www.crc-sc.org/teenprograms](http://www.crc-sc.org/teenprograms) for more details and schedule of activities.

**PFLAG Support Group** Free support group for friends, family, and members of the LGBTQIA+ community. First Friday of every month at the Community Resource Center 6-7pm.

**The Wardrobe** By Appointment: at the Community Resource Center – Free clothing for teens in need – restocked for Summer with new t-shirts, tanks, shorts, flip flops and hygiene products! Call 360-629-5257 or email [info@crc-sc.org](mailto:info@crc-sc.org) for an appointment.

# Clubs and Meetings



**Kaleidoscope Play & Learn** Tuesdays and Wednesdays - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. At Community Resource Center of Stanwood Camano.

**Camano Island Quilters-Machine Embroidery Group** Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

**Camano Island Quilters Open Sew** Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

**Teen Late Night** Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.

## Healthy Hearing Habits



**A key part of healthy aging is taking care of your physical, mental, and hearing health!**



Avoid loud sounds



Stay socially engaged



Wear hearing protection



Have your hearing tested annually

**Call Stanwood Hearing to schedule a hearing check-up!**

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Near QFC, between Papa Murphy's and H&R Block  
p: 425-272-9435 | f: 360.572.4765  
w: Stanwoodhearing.com



Who can be buried at  
Camano Lutheran Cemetery?

All are Welcome here



Anyone can be buried at  
Camano Lutheran Cemetery.

Church membership not required.

### Available Options:

- ◆ In-ground burial
- ◆ Niche wall cremation
- ◆ In-ground cremation
- ◆ Memorial plaques
  
- ◆ Recipient of the Washington State Historic Cemetery Preservation Capital Grant used for cemetery improvement
- ◆ Managed by volunteer Board Members from Camano Lutheran Church
- ◆ Camano Lutheran Cemetery is a non-profit organization

Contact us at:  
CamanoCemetery@gmail.com  
360.722.6666

# FREE PRESCHOOL

with support for the whole family

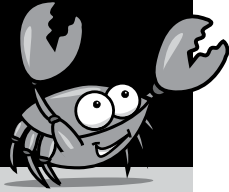
- Must be 3 or 4 years old by August 31st, 2023
- Income eligibility guidelines apply
- Foster & Kinship Care instantly qualify
- AM/PM Classes
- Small class sizes
- Preschool instruction
- Developmental screenings and referrals
- Nutritious meals and snacks
- Health and dental screenings
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- Parent Leadership Opportunities
- Family Events
- Kindergarten Readiness Activities

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# Classes and Workshops



## QUOTE BY STEVEN WRIGHT:

"I like to paint passing lines on curved roads."

**FamilySearch Center - FREE Open Genealogy Workshop** at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm, Wednesdays 6 pm-8 pm. Get help to find your ancestors with free access to websites and records. Contact us at 801-240-4357 or [camano@familyhistorymail.org](mailto:camano@familyhistorymail.org).

**Social partner dance class!** Beginners, drop-ins welcome. Wednesdays at 3pm at the Camano Center. [www.socialdancesimplified.com](http://www.socialdancesimplified.com).

**Yoga Classes In-studio & Online** at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to [www.movementarts.com](http://www.movementarts.com) and follow the links to view our video library of online hour length classes; regular membership rates apply.

**Guitar Lessons with Ford Geisbrecht.** All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

**Yoga for Better Posture** Feb 6-Mar 12, Tuesdays 6-7:15pm. In this six-week course we will learn a systematic approach to improving and maintaining good posture using all the tools of yoga available to us. Sign up at [movementarts.com/events](http://movementarts.com/events) or call 360-629-9100 \$119

**Private Music Lessons:** Hart Music School offers live lessons for piano, guitar, bass guitar, ukulele, voice, and songwriting for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Book a complimentary 30-minute lesson at [HartMusicSchool.com/free-trial](http://HartMusicSchool.com/free-trial).

**Yoga Nidra Meditation Workshop** Jan 27, 3pm. (Yogic Sleep) is a powerful and relaxing practice of guided meditation. Learn to move beyond the conscious mind into a sleep-like state in which creative awareness flourishes. \$35. Sign up at [movementarts.com/events](http://movementarts.com/events) or call 360-629-9100

## ARROWHEAD RANCH CHARTING SUCCESS 2024 WORKSHOP



Sign Up  
Now!

A workshop for setting  
S.M.A.R.T. Goals & crafting a  
2024 Vision Board  
with Marla Heagle & Dena Aitken  
JANUARY 20, 1:00 - 3:00 PM  
\$60

### WORKSHOP INCLUDES:

- Setting Goals
- Theme for the Year
- Vision Board
- Keepsake Item





# Keep your septic system happy.

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**Inspections | Minor Repairs  
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### Questions?

Email [savvy.septic@snoco.org](mailto:savvy.septic@snoco.org) or call 425-388-3636

Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.





### CASA'S PET OF THE WEEK:

**CHEVY** is a 5 year old cat who is looking for her forever home. Chevy can be shy of people at first, but once she's comfortable she is a sweetheart. She does have a bit of chronic bronchitis, so will need a family that will help ensure she gets plenty of exercise to help keep her healthy. She is a quiet, mellow cat who would do best in a quiet, indoor only home. If Chevy sounds like the gal for you, please stop by the shelter to visit.

**Camano Animal Shelter Association (CASA):**  
360-387-1902. [www.camanoanimalshelter.org](http://www.camanoanimalshelter.org)



### NOAH'S PET OF THE WEEK:

**AMBER** - Looking for a playful, active pup to add some life and love to your family? Look no further! At 2 1/2 months old, Amber is looking for a FURever home committed to training while giving out plenty of love and patience. If you are ready to add this active pupper to your family, come and talk to an Adoptions Matchmaker today!

**The N.O.A.H. Animal Adoption Center:**  
(360) 629-7055. [www.thenoahcenter.org](http://www.thenoahcenter.org)



### SAVE-A-MUTT'S PET OF THE WEEK:

**BUBBA** is probably one of the most adorable dogs that every lived. He is outgoing and is a favorite everywhere he goes. Bubba loves being with his people. Bubba has impeccable house manners and can be taken anywhere. He is respectful and a true gentleman. **FIRST STEPS:** Visit <https://www.save-a-mutt.org/adoption-application/> to fill out an application. We are a local foster home based rescue.

**Save-A-Mutt (Silvana, WA):**  
(425) 280-0502. [www.save-a-mutt.org](http://www.save-a-mutt.org)



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*Joy  
Lived  
out.*

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Special**  
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*Announcing our Newest Neighborhood:*

## **Forest Lane**

**Come Tour and View These Brand New Assisted Living Units Designed for Active Seniors.**

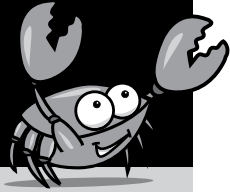
Overwhelming joy is a common resident experience as they live and thrive in a vibrant purposeful Christ-centered community with the freedom to actively engage and pursue the things in life that matter most to them. Our new Forest Lane assisted living community is designed for seniors who want to remain active and involved yet require extra help and support with the activities of daily living. Our caring and dedicated staff members provide round-the-clock assistance while encouraging residents to maintain a high level of independence.

# WARM BEACH

**Contact us today to learn more:  
(360) 652-2640 • [www.warmbeach.org](http://www.warmbeach.org)**

Warm Beach Senior Community  
20420 Marine Drive • Stanwood, WA 98292

# Classified Listings



## RIDDLE:

Q: Throw away the outside and cook the inside, then eat the outside and throw away the inside. What is it?

A: Corn on the cob.

## FOR SALE OR FOR FREE:

**For Sale:** 17 FT Coleman square back canoe with paddles and small electric motor. \$380; Twin Size Platform Bed, no mattress \$40; 1950's Diner type dinette table, with curved metal legs and self storing extensions.\$40. Camano Island 360-387-3303.

## MISCELLANEOUS:

**Single female professional looking for room for rent.** Clean and quiet. call 360-840-8773 Or email karindulin1966@yahoo.com for any leads. Thank you!

**Boarding needed:** Seeking boarding with kind-hearted horse folk, for my sweetheart retired gelding. Looking for a large paddock/small pasture with a safe/clean/dry shelter, and 24/7 access to the paddock. Arena and round pen not needed, but another older gelding buddy in an adjacent paddock would be a big plus. Happy to provide partial self-care. If interested, please call or text Chris at 360.348.2532."

**RV Space for rent.** Private Property mid is. off of ridge rd. Clean & respectful person appreciated. 500. a month. Call or text for details. 4259237363 Thanks Brian

## PROFESSIONAL SERVICES:

**Science and Math Tutoring:** I can help you review and strengthen your math and science skills. I have many years of experience with a very gentle approach. E-mail [ijmuzinich@gmail.com](mailto:ijmuzinich@gmail.com) or 360-661-9517.

**Camano Decks & Sheds LLC** Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: [jmitchell8974@gmail.com](mailto:jmitchell8974@gmail.com). Serving Outlying Areas.

## WANTED:

**Considering a career in real estate?** Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at [jillvail@windermere.com](mailto:jillvail@windermere.com) for more information. [windermere-stanwoodcamano.com](http://windermere-stanwoodcamano.com).

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## FROZEN PIPES TIPS AND PREVENTION

### HOW TO PREVENT FROZEN PIPES

- Keep garage doors closed if there are water supply lines in the garage.
- Open kitchen and bathroom cabinet doors to allow warmer air to circulate around the plumbing.
- When the weather is very cold outside, let the cold water drip from the faucet served by exposed pipes. Running water through the pipe - even at a trickle - helps prevent pipes from freezing.
- Keep the thermostat set to the same temperature both during the day and at night.
- If you will be going away during cold weather, leave the heat on in your home, set to a temperature no lower than 55° F.

### HOW TO THAW FROZEN PIPES

- If you turn on a faucet and only a trickle comes out, suspect a frozen pipe.
- Keep the faucet open. As you treat the frozen pipe and the frozen area begins to melt, water will begin to flow through the frozen area. Running water through the pipe will help melt ice in the pipe.
- Apply heat to the section of pipe using a portable space heater (kept away from flammable materials), or by wrapping pipes with towels soaked in hot water. Do not use a blowtorch, kerosene or propane heater.
- Apply heat until full water pressure is restored. If you are unable to locate the frozen area, if the frozen area is not accessible, or if you can not thaw the pipe, call a licensed plumber.
- Check all other faucets in your home to find out if you have additional frozen pipes. If one pipe freezes, others may freeze, too.

# Cooking Mamas



Recipes by  
Cooking Mamas  
created by  
Dusty Hutchins-  
McNutt.

"Great recipes  
begin in Mama's  
Kitchen!"

Visit me at: [www.CookingMamas.com](http://www.CookingMamas.com)

## BOK CHOY SOUP



A healthy Asian inspired soup featuring fresh Bok Choy, tender chicken, and steamed rice in a flavorful broth seasoned with garlic and ginger, Enjoy!

**INGREDIENTS:** 3 lg. stalks Bok Choy, washed, separated, and chopped; 1 T. olive oil; 1 c. diced onion; 2 cloves garlic, minced; 1 knob fresh ginger, peeled and thinly sliced; 3 skinless, boneless chicken breasts; 5-6 c. water; 5 T. chicken bouillon crystals or 5-7 cubes bouillon cubes; 1 c. diced carrots; Hot cooked rice for serving, if desired

**DIRECTIONS:** 1. Wash the Bok Choy, separate the dark greens from the white stalks and cut both into bite size pieces; set aside. 2. In a large stock pot or Dutch oven, over medium heat, add the olive oil. Sauté the onions, garlic, and ginger. 3. Add the chicken to the pot, brown on each side. Cover with 5-6 cups of water and add bouillon, bring to a boil, reduce heat and simmer for about 45-minutes to an hour. Skim off the foam with a spoon and discard. 4. Add the Bok Choy dark greens and carrots, cook for about 20 minutes. Add the Bok Choy white stalks, boil for another 10 minutes. 5. Serve soup over hot cooked rice, if desired. Serves 6-8. 6. Note: You can substitute chicken broth or stock for water and chicken bouillon.

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**David Eichert**

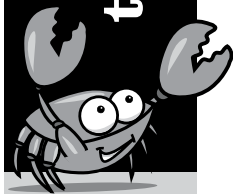
MB: 360-941-9570

[ElectronicsService@icloud.com](mailto:ElectronicsService@icloud.com)

WA Business License #: 604606617



## View from the Bleachers



Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his new YouTube channel by the same name.

## UNATTAINABLE NEW YEAR'S RESOLUTIONS

Ah, the dawn of a new year, a time when gyms are filled to capacity with resolution-makers who, let's be honest, will probably give up on their newfound commitment to fitness faster than you can say "cheeseburger." I thought about it. Why limit myself to mundane resolutions like losing weight or eating more vegetables or saving money, which we all know are goals I'm almost certain to bail on by National Chocolate-Covered Cherry Day? (observed every year on January 3rd.)

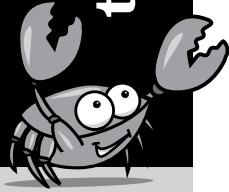
In the spirit of chasing the impossible dream, here are some resolutions I just came up with as I was flossing for the first time in months this morning (another new year's resolution I just started which I'm pretty sure I'll give up on by National Whipped Cream Day, on the 5th of January). Feel free to try out some of these resolutions yourself. If you share these with your friends, I'm confident you'll be the talk of the neighborhood – even if that talk is mostly just confused head-shaking and worrisome murmurs about your loose grip on reality.

**Resolution #1: Make At Least Three New Robot Friends.** Sure, my current human friends are great, but after a while, they can get so annoying – especially when they start talking about all their bodily parts that are starting to fail. If I hear one more cataract surgery story, I think I will lose it. I think my energy will be better spent this year on making robot friends, because, let's face it, in six months they will all become our overlords, thanks to AI. Imagine the conversations my robot pals and I could have – discussing the intricacies of artificial intelligence, debating which Terminator movie was the best (IMHO, Terminator 2: Judgment Day wins hands down) and learning exactly how and when I will become their eventual human slave puppet.

**#2: Convince Everyone I'm the Rightful King of Denmark.** Why should I settle for being just another face in the crowd when, honestly, I'd be much happier retaking the throne of Denmark? My resolution will require a few weeks practicing my Danish on Babbel and taking a crash course in Danish history – I just read that Denmark is the longest uninterrupted monarchy in Europe. Who knew? Then I'll need to craft an elaborate backstory involving a secret twin brother, who I'll call Henrik – unless you think the name Lars is more believable – who stole my birthright. I will proclaim that henceforth all Danes must address me by saying, "Hail to the King!" – I mean "Hils Kongen" (since I suspect most Danes prefer to speak Danish). I will award myself bonus points if I can get everyone to bow (or curtsy) when I enter the room – assuming the security grants me access to my Palace. I think they will. I'm told I have a friendly smile that disarms people.

**#3: Time Travel Back to Prevent Lincoln's Assassination.** Why settle for mundane time management goals when I can set a target for mastering the ultimate time-management challenge: time travel? This year, I am boldly declaring my intention to hop into a makeshift time machine I will construct from parts from a 1982 DeLorean and a sextant from a 100-year-old British three-mast schooner. Then I'll set my time travel coordinates for Ford's Theatre, April 14, 1865. I'll hide behind the curtains and shoot John Wilkes Booth, thereby saving Abraham Lincoln from his fateful encounter with a bullet and re-writing

# View from the Bleachers



history. Sure, it might create a few wrinkles in the space-time continuum, but at least I'll have the satisfaction of knowing I changed the destiny of our nation forever and forced countless scholars to rewrite their treatises on Lincoln's final days. I just hope I figure out how to get back safely to the present. I'd hate it if they put me on trial for the murder of John Wilkes Booth and I ended up having to serve the rest of my life in prison – never able to enjoy a Dominos Meat Lovers pizza again – oh, or see my kids. That, too.

So, go ahead. Make your resolution to lose 15 pounds – for the 12th year in a row – or to finally learn how to play guitar or save \$500 a month – like you've never once done since you became a parent. While you're working on your newfound commitment to eat more green vegetables and give up on ice cream, I'll be hard at work making new robot friends and saving our country's greatest president from an assassin's plot. We both know we will both fail miserably. But I will have far more interesting stories to tell about my efforts to achieve my lofty goals – especially when my family members ask me to review my list during a mental health evaluation with a team of psychiatric professionals. I'm not worried. Maybe they can help restore me to the throne of Denmark.

[Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his YouTube channel by the same name.]



“On behalf of my friend who is fighting for her life; thank you for donating your blood! You are a hero!”

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**TIDE TABLES / SARATOGA PASSAGE / JANUARY 12-25, 2024**

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 12	High	6:28 AM	12.6	☐
12	Low	11:40 AM	7.9	
12	High	4:19 PM	11.2	
12	Low	11:30 PM	-3.2	
Sa 13	High	7:02 AM	12.8	☐
13	Low	12:27 PM	7.1	
13	High	5:16 PM	10.9	
Su 14	Low	12:15 AM	-2.6	☐
14	High	7:37 AM	12.9	
14	Low	1:18 PM	6.2	
14	High	6:17 PM	10.3	
M 15	Low	1:01 AM	-1.4	☐
15	High	8:12 AM	13.0	
15	Low	2:12 PM	5.0	
15	High	7:23 PM	9.6	
Tu 16	Low	1:47 AM	0.2	☐
16	High	8:47 AM	12.9	
16	Low	3:09 PM	3.9	
16	High	8:39 PM	8.8	
W 17	Low	2:34 AM	2.3	☐
17	High	9:24 AM	12.8	
17	Low	4:08 PM	2.6	
17	High	10:10 PM	8.4	
Th 18	Low	3:27 AM	4.4	☐
18	High	10:03 AM	12.5	
18	Low	5:08 PM	1.4	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 19	High	12:04 AM	8.5	☐
19	Low	4:34 AM	6.3	
19	High	10:45 AM	12.0	
19	Low	6:07 PM	0.4	
Sa 20	High	2:01 AM	9.5	☐
20	Low	6:04 AM	7.8	
20	High	11:33 AM	11.5	
20	Low	7:03 PM	-0.4	
Su 21	High	3:21 AM	10.7	☐
21	Low	7:46 AM	8.5	
21	High	12:25 PM	11.0	
21	Low	7:54 PM	-0.9	
M 22	High	4:15 AM	11.5	☐
22	Low	9:07 AM	8.4	
22	High	1:19 PM	10.6	
22	Low	8:41 PM	-1.2	
Tu 23	High	4:58 AM	12.0	☐
23	Low	10:05 AM	8.1	
23	High	2:12 PM	10.3	
23	Low	9:24 PM	-1.3	
W 24	High	5:33 AM	12.2	☐
24	Low	10:49 AM	7.7	
24	High	3:02 PM	10.2	
24	Low	10:04 PM	-1.3	
Th 25	High	6:03 AM	12.2	☐
25	Low	11:26 AM	7.3	
25	High	3:48 PM	10.1	
25	Low	10:41 PM	-1.1	



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