



Events, Information, and Entertainment in the Port Susan Area Camano Island • Stanwood • Warm Beach • Silvana • Conway







Artist of the Week	30
Business Spotlight	31
CALENDAR OF EVENTS	4-17
Classes and Workshops, Etc	45
Classifieds Listings	49
Clubs & Meetings	42-43
Community Information & Announcements / News	37-41
Cooking Mamas	51
Dining Guide	25
Kids' Korner	18-19
Local History	33
Moonshine Wisdom & Wit	21
Pet Pages (animals available for adoption)	47
Photos & Art	22-23
Tide Tables	54
To Your Health	35
View from the Bleachers	52-53

### Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: Baking snowman by June Dilly.



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thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893 P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission **DEADLINE: FEBRUARY 1** for Next Edition (February 9-22)

## Calendar of Events

### DID YOU KNOW?

Eating grapefruit can restrict the effects of 43 different kinds of medications. FRIDAY, JANUARY 26

### STANWOOD HIGH SCHOOL SPORTS

Girls Basketball vs Archbishop Murphy. JV: 4pm. Varsity: 7:15pm. Boys Basketball vs Archbishop Murphy. JV: 4pm. Varsity: 5:45pm.

FRIDAY, JANUARY 26

### PETUNIA AND THE VIPERS

8 pm - Conway Muse Hayloft. Put on your dancing shoes - you've gotta move to the smooth sounds of this Canadian band. We are so happy they return in 2024 to the Muse! Tickets - Advanced \$17.50 Day of Show \$20. All Sales Final at Show Time

FRIDAY, JANUARY 26

### **CD WOODBURY**

8:00pm - 11:00pm at Pub 282. CD WOODBURY - GUITARIST, VOCALIST, & SONGWRITER. 2022 Washington Blues Society Hall of Fame inductee.

SATURDAY, JANUARY 27

### **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JANUARY 27

### JIMMY WRIGHT BAND

8:00pm - 11:00pm at Pub 282. Catering a wide variety of music.

SATURDAY, JANUARY 27

### **CIMW BRING & BUY**

A hobby market for miniature wargaming. CIMW's first Bring & Buy event! Do you have extra wargaming stuff stored away that you dont plan on using or would rather have money for? or are you looking for a good deal on wargaming stuff? All table fees will go towards CIMW's annual event CONFLICT.

SATURDAY, JANUARY 27

### **POLLY O'KEARY BAND**

8pm - Conway Muse. Polly O'Keary Band plays the blues at the Conway Muse. Tickets \$13 Advanced \$15 Day of Show. All Ticket Sales Final at Show Time.





### **Blood Drive**

### North County Regional Fire

Training Room 8117 267th St NW Stanwood, WA

Thursday, February 1, 2024 11:00 a.m. to 4:00 p.m.

## Calendar of Events

SATURDAY, JANUARY 27

### SEW-A-RAMA

Sew-a-rama Sale. 10 am to 2 pm at Peace Lutheran Church, 1717 Larson Road, Silvana. Fabrics, sewing and craft equipment, accessories, and supplies. Most sales by donation. Sale supports Lutheran World Relief at Peace.

SATURDAY-SUNDAY, JANUARY 27-28

### WINTER FIELD DAY



11 AM local time Saturday to to 11 AM local time on Sunday. Location for our 2024 Winter Field Day club station will be off of N. Can Ku Road on Camano Island. The Winter Field Day Association sponsors this emergency communications exercise. http://www.winterfieldday.com. Purpose: To foster Ham camaraderie, field operation, emergency operating preparedness, and just plain on the air, outdoor fun in the midst of winter for American, Canadian, and DX Hams. Don't let those winter doldrums keep you locked up in the house... get out and play some radio! Winter Field Day runs for 24 hours during the last full weekend in January each year from 1900 UTC (11am PST) Saturday to 1900 UTC (11am PST) Sunday. Station set-up may commence no earlier than 1900 UTC (11am PST) on the Friday before. Station setup may consume no more than 12 hours total. How & when you schedule/spend those 12 hours is up to you. Bands: All Amateur bands, HF, VHF, & UHF except 12, 17, 30 and 60 meters. Modes: Any mode that can faithfully transmit the exchange intact without a conversion table... CW, SSB, AM, FM, DStar, C4FM, DMR, Packet, PSK, SSTV, RTTY, Olivia, Satellite, etc... (note FT8 & FT4 cannot) Entry Categories: Outdoors, Indoors, or Home. More detail and the rules may be found at https://www.winterfieldday.com/ The SCARC is planning to have a club station on the air from Camano Island. If you'd like to join in the fun, www.winterfieldday.com. If you would like to participate, please send an email to w7pig@yahoo.com.

### DID YOU KNOW?

A Dutch start-up company have been able to start training wild crows so that they pick up cigarette butts and put them in bins for a peanut as a reward.

MONDAY, JANUARY 29

### **TODDLER STORYTIME WITH JENNIFER**

10:00 AM – Camano Island Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity may follow.

### NATURE. CULTURE. ART.

### STANWOOD CAMANO SNOW GOOSE & BIRDING FESTIVAL



FEBRUARY 24, 2024 · 9AM-4PM

AT THE FLOYD NORGAARD CULTURAL CENTER, 27130 102ND AVE NW. STANWOOD

Experience one of Western Washington's most spectacular natural events - the annual winter gathering of thousands of Snow Geese and Trumpeter Swans. Come see why the shores and waters of Puget Sound surrounding our community are internationally recognized as habitat.

Follow us @ StanwoodCamanoSnowGoose&BirdingFestival

















# Calendar of Events

### DID YOU KNOW?

During 1943, U.S. officials imposed a short-lived ban on sliced bread as a wartime conservation measure. It lasted less than 3 months.

### MONDAY, JANUARY 29

### NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, JANUARY 29

### STANWOOD HIGH SCHOOL SPORTS

Girls Basketball vs Lakeside. JV: 5:40pm. Varsity: 7:15pm.

TUESDAY, JANUARY 30

### **ACT FIRST AID AND CPR CLASS (FREE)**

11am-noon at Stanwood Fire Station 99, 8117 267th St NW. Come join us at our next ACT class and learn the skills you need to know to make a difference in the first few minutes of an emergency. North County Fire & EMS is proud to offer our free one hour ACT First Aid and CPR class. This class covers the three skills most likely to save a life in the first few minutes of an emergency: Antidote (Narcan) for suspected opiate overdoses. Hands-Only CPR and AED training for cardiac arrest. Tourniquet for severe bleeding control. Note\* This course is for information only and is not a certification level course. North County Fire & EMS does not offer certification CPR or First Aid courses. If you need a certification course for employment purposes, please visit the American Red Cross or contact a private vendor. This class is intended for adults and teens ages 13+.

TUESDAY, JANUARY 30

### FAMILY STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

WEDNESDAY, JANUARY 31

### MINDFUL REFLECTION THROUGH ART

4:00 PM – 6:00 PM at the Camano Island Library. New Openings: Release and Renew at the Intersection of Art & Writing! Designed for participant's individualized expression through mindful reflection, using the teacher's guided and uniquely created art modality of combining images and words to navigate emotions, stress, anxiety, trauma and/or specific challenges. Materials provided for basic two 2 dimensional work - or bring your chosen favorites for 2 and/or 3D creations. We maintain a waiting list. If you register and can no longer attend, please contact Cat (cat@scaacwa.org) at least 48 hours before the workshop so that we can offer your spot to someone else. Register at https://sno-isle.bibliocommons.com/events/651f0699a7d-41a3500012bf3

WEDNESDAY, JANUARY 31

### HOMESCHOOLERS MEET & GREET

11:00 AM – 12:00 PM at Camano Island Library. Connect with other homeschooling families in your community while exploring the various online homework resources offered by Sno-Isle Libraries. Resources are for K-12 students.

# Calendar of Events

WEDNESDAY, JANUARY 31

### FAMILY STORYTIME WITH VICKY

10:30 AM – Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

THURSDAY, FEBRUARY 1

### STANWOOD HIGH SCHOOL SPORTS

Girls Basketball vs Marysville Getchell. JV: 5:40pm. Varsity: 7:15pm.

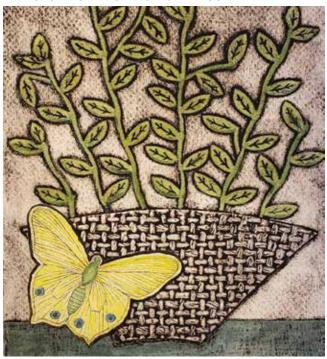
THURSDAY, FEBRUARY 1

### **TODDLER STORYTIME WITH ALEX**

10:30 AM – Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.

FRIDAY, FEBRUARY 2

### ARTISTS RECEPTION FOR GAIL AUSTIN



5-7pm at Beach 1 Gallery. Printmaking and collage. I am inspired by the natural environment around my home on beautiful Camano Island. Nature from my yard turns up in my artwork. I enjoy combining prints in my collage work with a recent addition of hand printed acrylic papers. My February show at Beach 1 Gallery will also include some of my handmade jewelry pieces on reception night only. Valentine's day is coming up! Her art will be displayed and for sale the entire month of February. The Gallery is open 7 days a week. We will be serving pop, wine, bottled water and bags of chips for the reception. 1243 Beach Drive. Camano Island

### DID YOU KNOW?

The Canadian government isn't sure when Canada became a sovereign state. Its Supreme Court ruled that sovereignty occurred sometime between 1919 and 1931.

### Calendar of Events

The Crab Cracker had compiled this list of current events, derived from submissions & content from various resources, with effort to ensure accuracy. We recommend that you contact the venue or event to confirm the info provided.

Thank you.

### FRIDAY, FEBRUARY 2

### CHILL DEVILLE

8:00pm - 11:00pm at Pub 282. Playing a fun, wide ranging mix of classic rock, blues, R&B and a few originals.

### FRIDAY, FEBRUARY 2

### LIT LAB

Hello Writers and Lit Lovers. There is no theme this time so bring a favorite piece, old or new. Readings should be around five minutes: about 700 words.6:30 pm at the Conway Muse, 18444 Spruce Street, Conway.

FRIDAY-SATURDAY, FEBRUARY 2-3

### **COLOSSAL TENT SALE**

"Items you have to see." 10am-4pm at Arrowhead Ranch, 615 Arrowhead Rd., Camano Island.

SATURDAY, FEBRUARY 3

### **SWEETHEART DINNER AND BOTTLE AUCTION**



Camanio Lodge will be having a Sweetheart Dinner and Bottle Auction at 6pm. After the Sweetheart Dinner, a Silent Auction will take place, then our Bottle Auction. Bottles of adult beverages are wrapped, so no one knows the contents. Come be surprised and win! Must be 21 to attend. All proceeds got to our Bikes for Books program in our StanwoodandCamano Island elementary schools. Reading is essential for our youth. Email for reservations at augustarms2000@yahoo.com.

### SATURDAY, FEBRUARY 3

### **JOEL ASTLEY BAND**

8 pm at Conway Muse. Joel won a ton of awards last year for his awesome blue talent - come see what everyone has been raving about as he shares some songs from his latest album! Tickets \$18 Advanced On-Line \$20 At Venue. All Ticket Sales Final at Show Time.

### Calendar of Events

### DID YOU KNOW?

Humans specifically have eyes that face forward for the purpose of seeing in 3D. SATURDAY, FEBRUARY 3

### **LOCAL AUTHOR MEET & GREET**

Noon-4pm at Wit's End Books, 10123 270th St NW, Stanwood. Local Authors Brittany Tucker and B. E. Padgett will be signing their books in store!

SATURDAY, FEBRUARY 3

### **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, FEBRUARY 3

### **BREAKING GROUND!**



1-3pm at NOAH Center. We will be holding the groundbreaking ceremony for our New Spay/Neuter clinic; bring your shovel and join us for a champagne toast and light bites. www.thenoahcenter.org.

SATURDAY, FEBRUARY 3

### **BEAUTY BAR DIVAS**

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.



# Calendar of Events

### SATURDAY, FEBRUARY 3

### **E-CYCLE**

10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.

SATURDAY, FEBRUARY 3

### JOIN US FOR TRADITIONAL FIDDLE MUSIC BY SOUTH END STRING BAND



at Floyd Norgaard Cultural Center, 27130 102nd Ave NW, Stanwood. Entrance & Parking in back. Meet and Greet 6 pm. Music starts at 7 pm. Suggested donation \$20 in support of the Stanwood Area Historical Society.

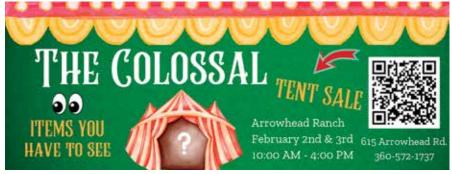
### DID YOU KNOW?

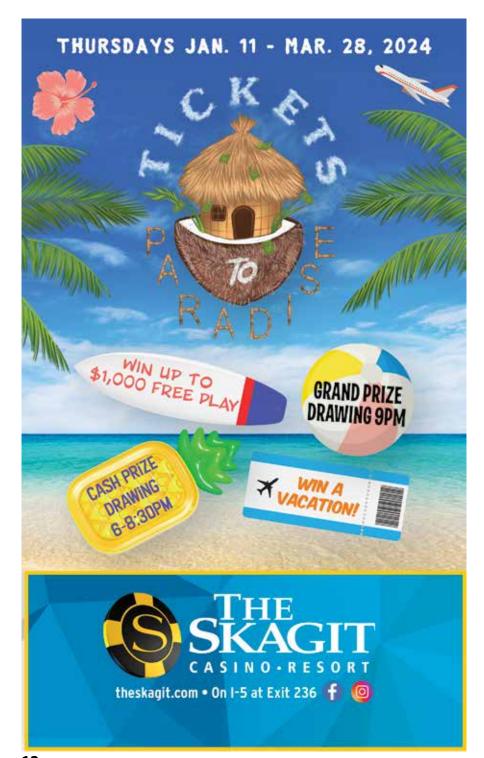
The little piece of paper sticking out of a Hershey's Kiss is called a niggly wiggly.

### SATURDAY, FEBRUARY 3

### **DR. JOP FUNK SHOP**

8:00pm - 11:00pm at Pub 282. This is one of the Seattle area's, PREMIER PROFESSIONAL BANDS featuring top-internationally-acclaimed musicians. From rock, to funk, to blues, to jazz, to R&B, and a little country, these musicians love doing it all. You will be begging for more at the end of any evenings show.





## Calendar of Events

### SATURDAY, FEBRUARY 3

### PNW AUTHOR SPOTLIGHT: STEVE OLSON



DID YOU KNOW?

The word robot comes from the Czech "robota". This translates into forced labor, or work. 11:00 AM – 12:30 PM at Community Resource Center of Stanwood-Camano. Join us for an explosive presentation with author Steve Olson as he showcases his book Eruption: The Untold Story of Mount St. Helens. Steve's presentation interweaves vivid personal stories with the history, science, and economic forces that influenced the fates and futures of those around the volcano. Eruption delivers a spellbinding narrative of an event that changed the course of volcanic science, and an epic tale of our fraught relationship with the natural world. Steve Olson is the author of Eruption (winner of a Washington State Book Award), Mapping Human History (a finalist for the National Book Award), and other books. He has written for the Atlantic, Science, Smithsonian, and more. He lives in Seattle, Washington. Learn more at http://steveolson.com. Registration is required. Book signing available after event. https://sno-isle.bibliocommons.com/events/650233efdeb99145006ee113

### LINCOLN LECTURE RETURNS TO THE SCHOOLHOUSE

"The Last Days of Abraham Lincoln"

by Richard Hanks, PhD

February 10, 2024 2:00 p.m.

min }

at the Camano City Schoolhouse 933 Orchid Rd., Camano Island, WA







### **Rightsizing Your Life**

an Aging Mastery Program Elective Class



### **Presenter:**

Brooke Knight, Real Estate Broker
Good Knight Homes
Thursday, February 8th
1:00-2:30

pre-registration required call 360-387-0222 class is offered at no cost

Join us for an interactive class that helps you look at the pros and cons of a move, consider different housing options, deal with your concerns about moving and the potential family issues that may arise. Plus you'll learn how to develop a process for choosing what to keep and what to let go of, and create a roadmap with some easy first steps!

This class is part of the Aging Mastery Program Elective classes. Each participant will receive a booklet with action steps and resources for expanded learning opportunities on this topic.

Camano Center 606 Arrowhead Road Camano Island, WA 98282

info@camanocenter.org www.camanocenter.org 360-387-0222

### Calendar of Events



Russia has the most manmade satellites in orbit with 1,324. There is a total of 2,271 and U.S. is in second place at 658.

### SATURDAY, FEBRUARY 3

### 2024 FOCIP WINTER - SPRING WALK



CAMANO RIDGE FOREST PRESERVE, Isl. Co.: Meet at 9:45 at the Camano Ridge West entrance parking lot located on Camano Ridge Road, which is accessed from either East or West Camano Drive. Take either East or West to Camano Island Road to turn South on Camano Ridge Road. Or take either East or West to Camano Hill Road to turn North on Camano Ridge Road. Drive about 1 mile to the parking lot that is located on the East side of Camano Ridge Road. A road sign to the parking exits. The nearly 2.4 miles will include the East and West Loops plus the Wetland Trail. The trails are generally level with a few short ups and downs. NO DOGS PLEASE.

### SUNDAY, FEBRUARY 4

### **SHS TEXTILE DRIVE**

Stop by Viking Village 10am-noon to drop off your textile donations. Fundraiser supports the Stanwood High School 4A Booster Club Class of 2024 Grad Night.

### MONDAY, FEBRUARY 5

### **NAUGHTY BINGO**

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, FEBRUARY 5

STANWOOD CAMANO ARTS ADVOCACY COMMISSION Seeking banner artwork for the 88th Ave Arch.

Selected designs earn \$1,500!

### OPEN CALL FOR ART

SUBMIT YOUR DESIGN: SCAACWA.ORG/CALLSFORART







10:00 AM – Camano Island Library, Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity may follow.

TUESDAY, FEBRUARY 6

### FAMILY STORYTIME WITH JENNIFER

TODDLER STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

WEDNESDAY, FEBRUARY 7

### FAMILY STORYTIME WITH VICKY

10:30 AM – Stanwood Library, Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

WEDNESDAY, FEBRUARY 7

### **LEGO® AFTERNOON**



4:00 PM - 5:00 PM at Stanwood Library. Stop by for an afternoon of LEGO®! Build alone or with friends -- we'll provide everything you need

THURSDAY, FEBRUARY 8

### **TODDLER STORYTIME WITH ALEX**

10:30 AM – Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.

### IF WE DON'T **KNOW** ABOUT IT, **WE CAN'T** PRINT IT.

Send your info and/or images to: thecrab @thecrabcracker.com



## Kid's Korner

### **SNOW PAINT**



### DID YOU KNOW?

The most difficult Chinese character requires 62 total strokes to write. The word itself, "biang" holds no meaning.

First Steps: Begin by popping the glue into the refrigerator. We left ours there overnight and then made our paint the next morning. We left our glue out on the counter for about ten minutes just to get it flowing before we made our paint. Making Snow Paint: Begin by combining roughly equal parts of chilled glue and shaving cream in a bowl. Sprinkle in glitter & buffalo snow if desired. You can also add a few drops of peppermint extract for a wintry scent. Then, finish the paint off with more glitter.

Source: https://www.weareteachers.com

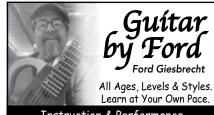


### **WORLDLY SPLENDOR**

www.worldlysplendor.com

Your Place for Antiques, Art, Décor, Oriental Rugs, Vintage, and Seasonal Items

8705 271st St NW, Stanwood (360) 488-3250 worldlysplendor@gmail.com



Instruction & Performance
Ukulele & Bass Lessons Also Available
Serving Stanwood & Camano Island
360-631-0661 • guitarbyford.com





Search the puzzle below to find the 16 winter related words.

BOOTS HOT COCOA MITTENS HAT ICICLE SCARE SNOWMAN **SNOWFLAKE** JACKET FROZEN PENGUIN WINTER SKIING FIREPLACE SLEDDING **SWEATER** 

OH D D s D F 0 R P Α C Е R М P G P x Р Z 0 F N R н z S О G т Q Z N A L S 0 G P D D G т N E P R S D S D S E O ĸ 1 т Q т K 0 Р κ 0 A A N т X F G Р G x R T C Е C Т т Е S Е Ν κ О T R G E G S z R Р х Q н z т н Ν



### WORD SCRAMBLE

Try and unscramble the 5 winter related words below.

RADIBZZL	
OWROSSNTM	
GNIEREFZ	
OHT ETOCCOHAL	
ODLC	

SO TIME	"Local Service Is Our Passion!" 7104 265th St, Suite 101, Stanwood, WA 98282
	For a complimentary title and/or escrow quote, call our Stanwood/Camano office at 360-629-9737
TAN S	www.ltco.com
ESCNE	DAY.

### you're sound waters 30th

In person Classes & Workshops on All Things Salish Sea



### Keynote Speaker:

Jason Hodin of Friday Harbor Lab On Sunflower Seastars Captive Rearing and Camano's Connection!

"You, Me & the Salish Sea"
Saturday Feb. 3 @ Coupeville HS



Come together for a common goal & connect with your community! Class registration open now for ticket holders.

### Tickets on Sale:

Sound Waters University for All www.soundwatersuniversity.org







Ticket Pricing Options \$70 | Classes & Workshops \$50 | Zoom Streaming/Recordings \$30 | Field trips for attendees 2/4, 2/10 & 2/12, 2/17

# Moonshine Wisdom & Wit

Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at www. skeeterdaddle.net

### **POOR MAN'S PARADISE**

The Camwood Mobile Home Park, long gone now in this era of gated communities and exclusive developments, once offered modest living on beachfront tracts destined for future high taxation. When the hammer finally fell, there must have been 20 single wides all lined up in angles that gave each tenant a peekaboo view to the Sound and the Olympic Mountains beyond, and although the lease was a bit high and the power and water levy exorbitant, folks with limited means could enjoy a small piece of the good life at a reduced price. Most of the island back then, really, was affordable.

Sure, there was no work and the drive to the nearest town was hellishly long, but there are always folks who prefer the edge of poverty to the sacrifice of 8-5, a sadistic boss, a crap job. I should know, I was the same way. My good luck, however, was having a small savings account, enough to buy a shack, not rent a trailer at the Camwood. Some folks there owned their single wide but most rented from Elmer Havelot, the slumlord/slash proprietor of the place who rarely made any appearances, just let Sue Novinsky manage the properties in exchange for free rent in Unit #6, the one with a fine view of the road down from the west side highway.

Sue was divorced. Twice. From the same guy, Phil Novinsky, a charmer but a mean drunk. The second divorce she needed a restraining order the Island County sheriff wouldn't enforce so she left the island for a year and came back when Phil had died in a headon, killing his drunken self and a teenage girl when he crossed the centerline just south of the Plaza Grocery. So Sue came back, managed the trailer park for Elmer, worked part time at the Tyee Grocery and decided the single life in a single wide was the life for her, what easily could have been a chart buster single on the country western station she listened to most days. If she'd been a song writer. Or played honkytonk guitar.

When Elmer gave the residents 30 days notice, her life threatened to become that country western song, heartbreak #3. But she worked a deal with Elmer, bought trailer #9, a reasonably intact 1953 Silver Star for peanuts and used what savings she had left for a half acre parcel behind Tyee Store, moved the trailer and cut her commute to walking distance. A few years later Tyee went under and Sue took a job at Twin City Foods, long commute, at least until TCF closed down. Last time I sat with Sue, drinking coffee with a shot of Jack, she said she was ready for retirement and Social Security. "If I learned anything in this place," she told me, "it was how to live poor."

The South End, if you give it a chance, I might've said back, will teach you that, all right. What I did say was what old Ted Snowden, the guy who built Tyee Store back in the '70's, told me once: "It's a poor man's paradise."

"A woman's too," Sue said, "once you get past the drunk husband."
We drank to that....

## Photos and Art



### DID YOU KNOW?

When double rainbows occur, the colors of the second arc are always reversed.



Snow King by June Dilly.

### TORY CHARETTE AGENCY



Tory Charette Agency Owner



Voted #1
New Residence of the New Mary
By the Maryarithe Tutnip
Chamber of Comments of Comments

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- RVs
- Auto
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10101 270TH ST NW STE 210 - STANWOOD 360-629-0174 (opping) - 253-250-6887 (cell) CHARETTE®FARMERSAGENT.COM - TORYCHARETTE.COM





"Making the best out of a snow day!" Laura Ruttenberg.





8706 271st Street NW, Stanwood 360-631-5218

- Local authors with amazing reads
- New and regular local artisans and makers
- New lines of gifts for yourself, your home, or for someone special
- Games and puzzles
- A wealth of greeting cards
- Lola's Corner for the animals and animal lovers
- Tastebud favorites
- And so much more!

ENDORESED BY ...

STANWOOD CAMANO AAUW

**☑ PSE** 

☑ LOCAL 3438 FIRE FIGHTERS

**☑** SCEA

STRONG SCHOOLS.
STRONGER COMMUNITY.

### **VOTE YES**

This levy helps to pay for services and programs that are unfunded — or underfunded — by the state



All General Fund sports & extracurricular costs



Student supervision staff to keep our students safe



Teachers and supports needed to keep our class sizes low



YES FOR STANWOOD-CAMANO SCHOOLS

Facebook.com/YESforStanwoodCamanoSchools
YES for Stanwood-Camano Schools PO Box 2698, Stanwood, WA



### DID YOU KNOW?

Fruit stickers are edible, though the same with any fruit, washing prior to eating is recommended. The glue used for them is regulated by the FDA.

AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052 BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885

BEAUTY BAR SALON + LOUNGE (Stanwood) • (360) 629-2324

DEAULT DAN SALUN + LOUNGE (StallWood) • (300) 029-2324

BLUE HERON KITCHEN & BAR (Camano Island) • (360) 502-8700

CAMA BEACH CAFE (Camano Island) • (360) 387-3266

CAMANO ISLAND INN (Camano Island) • (360) 387-0783

CAMANO THAI (Camano Island) • (360) 926-8688

**CENTER CAFE** (Stanwood) • (360) 629-7403

**THE CONWAY MUSE** (Conway) • (360) 445-3000

**CONWAY BOXCAR** (Stanwood) • (360) 629-0651

CONWAY PUB & EATERY (Conway) • (360) 445-4733

**COOKIE MILL** (Stanwood) • (360) 629-2362

CRISTY'S LUMPIA & MORE (Stanwood) • (360) 629-2727

DOS REALES (Stanwood) • (360) 629-0822

**DRAGON PALACE** (Stanwood) • (360) 629-8106

**DUCK IN CAFE (Stanwood)** • (360) 629-3440

FARMERS CAFE - (Stanwood) • (360) 629-4953

**GYRO STOP** (Stanwood) • (360) 572-4175

IXTAPA MEXICAN RESTAURANT (Stanwood) • (360) 629-5228

**JACK IN THE BOX** (Stanwood) • (360) 629-2384

JASMIN THAI CUISINE & SUSHI (Stanwood) • (360) 629-2044

JIMMY'S PIZZA (Stanwood) • (360) 629-6565

JOHNNY'S BURGER STOP (Stanwood) (360) 629-9427

JOURNEY'S END CAFE • (Camano Island) • (360) 387-9120

LITTLE CAESARS PIZZA (Stanwood) • (360) 629-6999

MAMMOTH BURGER COMPANY (Stanwood) • (360) 572-4500

MCDONALD'S (Stanwood) • (360) 629-9787

MIYAKO'S TERIYAKI & WOK (Stanwood) • (360) 629-4535

MUSTARD SEED BAKERY & CATERING (Stanwood) • (360) 572-2499

**NAHA TERIYAKI** (Stanwood) • (360) 629-0681 **PADDLE PUB** (Stanwood) • (360) 652-4156

PAPA MURPHY'S TAKE 'N' BAKE PIZZA (Stanwood) • (360) 629-3826

PAT'S THAI

PATINI'S GRILL (Stanwood) • (360) 629-0822 or 360-572-2981

PHOENIX PAVILION (Stanwood) • (360) 629-4662

PRIMAL BARBECUE (Camano Island) • (360) 572-2122

PUB 282 (Camano Island) • (360) 926-8960

PURE SMOKE BARBEQUE (Stanwood) • www.puresmokenw.com

RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000

ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920

**SAAL BREWING CO.** (Stanwood) • (360) 629-0102

SAHARA PIZZA (Stanwood) • (360) 629-6886

**SPARTAN DRIVE IN (Stanwood)** • (360) 629-8988

**STANWOOD CAFE** (Stanwood) • (360) 629-8427

STANWOOD CUPCAKES (Stanwood) • (360) 926-8241

**STANWOOD GRILL** (Stanwood) • (360) 629-5253

STANWOOD HOTEL & SALOON (Stanwood) • (360) 629-2888

**STANWOOD THAI** (Stanwood) • (360) 572-2200

**STARBUCKS** (Stanwood) • (360) 629-2701 • 629-5027 • 629-2500

**SUB JOINT** (Camano Island) • (360) 230-9611

**SUBWAY** (Camano Island) • (360) 631-5055

**SUBWAY** (Stanwood) • (360) 629-2678

TACO TIME (Stanwood) • (360) 629-5018

TAPPED CAMANO (Camano Island) • (360) 572-4986

THAI THAI KITCHEN (Stanwood) • (360) 629-0600

TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001 WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300

WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372

### NEW BEGINNINGS BIBLE STUDY

Fortify those new year's resolutions by exploring exciting health principles and timeless Bible truths. These life-changing studies will positively impact both your physical and spiritual health for eternity!

Begins January 28, 2024 – Call 360-387-7611

Or text 425-870-1006 to reserve your spot!

Sponsored by the Cedarhome SDA Church

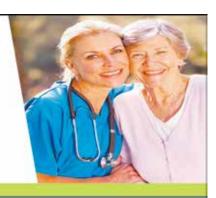




Line your life.

### Personal care solutions for independence and wellness at home

- In Home Licensed Nursing Care
- Post-Hospitalization Recovery
- Companionship & Lifestyle Assistance Service







Your pathway home.

### Comprehensive care with the trusted team at the Josephine Caring Community

- · Post-Hospital / Surgical Care
- Physical, Occupational, Speech and Swallowing Therapy
- Regain Life Skills and Independence



Inspired for life.

### Active Living in the Heart of your Community

- Assisted Living
- Private Studio, One, and Two Bedroom Apartment Homes
- Community Dining, Outings, and Intergenerational Activities

Contact us for a tour



### The Josephine Caring Community Difference

For over 100 years, the **Josephine Caring Community** has been a respected & award-winning regional partner in caring for all generations & nurturing fullness of life.



Fullness of life.







360.629.2126

9901 272nd Place NW Stanwood, WA 98292 www.josephinecc.com



REAL ESTATE



### MID ISLAND

\$1,395,000

Wonderful, gated property offering 27+ acres of privacy, immaculate 3-bedroom home and large shop with office. #2170690



COUNTRY CLUB

\$725,000

Mt Baker views from this 3-bedroom island home with sunny deck, large shop and options for beach rights. #2180934



**CAMANO VISTA** 

\$499.500

Affordable 2-bedroom split entry home with well maintained yard, new roof and front porch, minutes to the beach and parks. #2153213



### UTSALADY

\$1,099,911

Stunning Sound, mountain and farmland views from custom luxury home loaded with features, full MIL and in a prime location. #2184834



### **SUNSET WEST**

### \$929,000

North island location for this beautiful, under construction rambler complete with upscale finishes, 3-car garage, covered patio. #2191493



### **DUPLEX**

### \$775,000

Stanwood duplex each with 3-bedrooms, open concept floor plans, partially/full fenced backyard and no HOA! #2190058

### STANWOOD

7359 267th St. NW, #D



### CAMANO ISLAND

818 N. Sunrise Blvd. 360 387 4663

Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR

### **JERRY FINN**



Are you interested in promoting your art, craft, or live performance?

Email us info or a bio about yourself and we will feature this page to you... and it's all FREE!



Finn Art Camano. I enjoy painting miniature pieces using Golden brand acrylic paints and stone sculpting using hand tools only. My wife and I love living on Camano Island, which, according to our Camano Island Chamber of Commerce, is home to about 15,000 people and I don't know how many alpacas.

http://www.finnartcamano.com/



- Behavior Consultation
- Private 1-on-1 Training
- AKC Canine Good Citizen
- AKC Scent Work
- Tracking Classes
- Puppy Training
- Newly Adopted Dog / Puppy Classes
- Virtual Dog Training
- Service Dog Training
- AKC Fitness
- AKC Tricks

## Business Spotlight

### WORLDLY SPLENDOR



Your place for antiques, vintage, fine art, home decor, oriental/tribal rugs, and local artisans.

8705 271st Street NW, Stanwood (360) 488-3250 sgvploog@gmail.com www.worldlysplendor.com











### **GRIEF Support Group**

Help and encouragement after the death of a loved one

January 11-April 4, 2024 6:00-8:30pm Restoration Church Camano Island 788 Smith Rd.

More Info: griefshare.org/groups/175418





Specializing in the removal of existing concrete and the set-up / re pouring of new concrete projects. Projects include but are not limited to: driveways, patios, hot tub slabs, walkways, stairs, and garages.

### Zach McNutt

CandewConcrete@gmail.com 425-244-6215 Lic # CANDECC812JS

### Find us online

www.CandewConcrete.com Facebook.com/CandewConcrete



Buildings at Utsalady Bay, Camano Island, ca. 1884 Courtesy Washington State Historical Society (2011.0.141)



Loggers standing on springboards of large fir making back cut. ca.1900 Photographer John T. Wagness. Preparing back cut or first notch standing on spring boards above base of tree.

### **DID YOU** KNOW?

In Switzerland, it is illegal to flush the toilet after 10pm.



**LICENSED** BONDED **INSURED** 

Free Estimates

Konan Luce – Owner/Operator

510-282-6477 / SmallTractorServices.com - Finish Mowing - Rotary Mowing

- Brush Clearing- Road Grading
- Deliver and/or Remove Materials





### SNOW GOOSE TRANSIT

Providing safe and reliable transportation for the local community. We focus on people with disabilities, older adults, and low-income families. We provide our community with needed transportation to get to work, medical appointments, or grocery stores.

### PICK UP & DROP OFF



Checkhe out the schedule Door to Door Pick Up and Drop Off (with advanced scheduling) Available!

SNOWGOOSETRANSIT.ORG

## To Your Health

If you have questions or are interested in knowing more stop by and chat with me at Z's Body & Soul, 9504 271st, Stanwood or visit us at www. zsremedies.com we'd love to help you out.

### THE POWER OF COMMUNITY



Being a part of a community gives us a sense of belonging, and fulfills a deep, universal human need. It enables us to support one another in many ways. I recently watched a docuseries on Netflix called, Live to 100, Secrets of the Blue Zones, and one of the key things they noticed was people that live longer are engaged in community, most of them on a daily basis. That made me curious, why is community so important? We all know the saying, "It takes a village", I understand this in my own direct experience. Not having a partner and running my business, I feel my community brings me so much. I see many of us grow by our wisdom, helps push us past our limiting beliefs, and keep us motivated as well as inspired, and provides accountability. Without all the unique souls that grace Z's Body and Soul, I can say with conviction, my life would be black and white, without color! So, if this sparks something in you, our doors are open for you to come as you are and leave as you always wanted to be. Whether that means you need conversation, curious about essential oils or reflexology, want to take a yoga class or need a hug, stop by and get a taste of our beautiful community. I look forward to connecting. Many blessings, Melissa Handy, Yoga Instructor, Organic Esthetician, Life Coach, Reflexologist, Aromatherapist, Zsremedies.com





### TURNED TRUCK FALLOUT BENEFET FOR THE FLOYD

Floyd Norgaard Cultural Center
Saturday Feb. 3rd, 2024, 7 PM
Meet and Greet 6PM
\$20 Suggested Donation
27130 102nd Ave. NW Stanwood, WA 98292
360-629-6110
www.southendstringband.com

36

# Community Information

### DID YOU KNOW?

Because of the Electoral College, a presidential candidate can win with only 23% of the popular vote.

### THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

### **TOY BOAT BUILDING**

Saturdays at 10am in the Cama Beach Boathouse. Build a wooden toy boat. Bring it home as a souvenir! \$5 suggested donation.

### LEARN ABOUT THE SCHOOL DISTRICT'S REPLACEMENT LEVY

Come learn about Stanwood-Camano School District's replacement levy that will appear on the February 13 ballot. The levy bridges the gap between state funding for the district and the cost of staff, materials, services, and facilities our students need to fulfill the community's desire to prepare all students for the future of their choice. Join us at this free public event to learn more and ask questions. More info: www.stanwood.wednet.edu/levy. All events are from 5:30-6:30 p.m. February 1: At Warm Beach Conf Center - Maple Center Main 20800 Marine Drive Stanwood. February 8: TBD.

### STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

### HONEY, I SHRUNK THE ART

34th Annual "Honey, I Shrunk The Art" Small works show! 40 artists, each with multiple artworks. Friday, Saturday & Sunday 11:00 to 5:00 Mon-hurs by appt/ Call 360-387-2759 or email: matzke@camano.net Matzke Fine Art Gallery and Sculpture Park, 2345 Blanche Way, Camano Island.

### **THANK YOU**

"St. Jude for prayers answered."- GH



## Community Information

### DID YOU KNOW?

There was a snail glued to a specimen card in the British Museum mid-1800s. It spent four years glued there before scientists realized it was still alive.

### PHILANTHROPIST OF THE YEAR AWARD NOMINATIONS - DUE JANUARY 31



Please help us find worthy award recipients! The Stanwood-Camano Area Foundation (SCAF) will present three philanthropy awards to outstanding individuals and businesses at the Philanthropist of the Year Awards Breakfast on March 22, 2024. Please take a few minutes to think about who you can nominate! We are accepting nominations for the following three awards until January 31, 2024: Floyd & Delores Jones Spirit of Philanthropy Award: This award honors an individual, couple, or family who exhibit a deep commitment and heartfelt dedication to philanthropy. Nominees should have a proven record of exceptional generosity through direct financial support and/or direct involvement. This should be someone who demonstrates outstanding civic and charitable responsibility and whose generosity and involvement encourages others to take philanthropic leadership roles in our community. Pay-It-Forward Award: This award honors an individual who must be a resident of the Stanwood-Camano community and who has a proven history of giving generously of his or her time directly to people in need, to activities that benefit our community, or to local nonprofit organizations. In short, this award honors an outstanding volunteer. The volunteer work must have occurred in the Stanwo: This award honors a for-profit business in the Stanwood-Camano area that has a proven track record of making a positive difference in our community. The business that receives this award must be based in Island or Snohomish County with branches in the Stanwood-Camano area. Thank you for helping us find the most deserving award recipients. Nomination form available at https://www.s-caf.org. Previous award winners are not eligible; for a list of previous winners, please check the SCAF website.

### **NEW BEGINNINGS**

Health & Bible Study – Sunday evenings from 6 to 7 pm beginning January 28 at the Cedarhome SDA Church 28505 68th Ave. NW, Stanwood, WA. You'll discover exciting health principles along with timeless Bible truths. These 20 life-changing studies will positively impact both your physical and spiritual health for eternity! Call 360.386.7611 or text 425.870.1008 to reserve a spot.

### CAMANO ISLAND QUILTERS-QUILT SHOW VENDOR APPLICATION

Camano Island Quilters is excited to announce that our guilt show. "Quilty Pleasures" will be held Aug 16 -17 2024, at the Port Susan Middle School in Stanwood, WA. More than 200 guilts made by local quilters will be on display. Vendors may apply for consideration for a booth at the guilt show vendor mall thru 3/31/2024 online at www. camanoislandquilters.wildapricot.org.

### THE LOVERS LOOP 5K RUN/WALK



Calling our our cupids...dust off the running shoes, let's kick off 2024 with our quarterly 5K. New location and New Loop!! We are excited to start the 2024 year with another 5K! The Lovers Loop will be a fun run to bundle up for and chase those cupids! Open to all ages. dogs on leashes, the run is FREE for children 7 and under. 8 years and up is \$25. All finishers recieve a medal and there will be awards for Overall Top Finishers in prospective catagories. First Place Male, First Place Female and First Place for 7 and under. The Lovers Loop will be much like our previous Harvest 5K Fun Run but a different starting location and loop. Pre-registration is encouraged, however registration opens at 9AM and the run will have a horn sound start at 10AM. Registration and start of the race will be held behind the East End (Downtown Businesses) near the Stawood Train Station. The Stanwood Commerce Alliance plans on hosting quarterly 5K's that promote health, vitality, community and fun!

### **DID YOU** KNOW?

The first world leader to create a YouTube channel was the **British Prime** Minister, Tony Blair who made his account in 2007.

### Stanwood United Methodist Church ~ Open Hearts, Open Minds, Open Doors ~

In-Person Sunday Service at 10:00am. Live Online Services available at 10:00am at www.stanwoodumc.org or on our Facebook page at: Stanwood United Methodist Church.



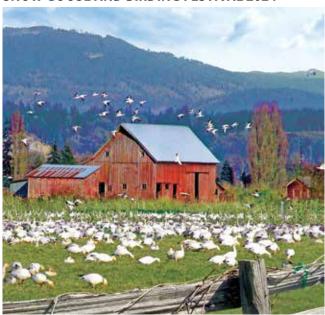
27128-102nd Dr. NW. Stanwood, WA 98292 www.stanwoodumc.org Handicapped Accessible Pastor Justin White

360-629-9555



## Community Information

### **SNOW GOOSE AND BIRDING FESTIVAL 2024**



9:00 am - 4:00 pm. Come see why the shores and waters surrounding our community are internationally recognized as crucial habitat for countless birds of sea, shore and land at the Snow Goose and Birding Festival on Saturday February 24, 2024. Tours and guides will help you experience one of Western Washington's most spectacular natural events – the annual winter gathering of thousands of Snow Geese and Trumpeter Swans. In addition, we have flocks of wintering seabirds and shorebirds along with many raptors that call Stanwood and Camano Island home. Thanks to dedicated volunteers including Tom Hiegler, Tom Eisenberg, Robin & Richard Hanks, this Festival returns to "The Floyd" (Floyd Norgaard Cultural Center, 27130 – 102nd Ave. NW. map below) in Stanwood on 2/24/24! Volunteers are needed! Stewards – please contact Tom Hiegler at hiegler@hotmail.com or (360) 420-3426 if you would like to help on 2/24/2024. Volunteers will sell tickets tickets at the door, assist with busses to find the snow geese and swans in the fields, set up and clean up, AND go out in advance to spot snow geese. Photo by James M. Shipley.

### DID YOU KNOW?

Houston is the most diverse city in the United States. As of 2010, 43.8% is Latino, 25.6% is White, 23.1% is Black, and 6% is Asian.



### Jan Mather

Camano Island Expert 360-507-4133

Excellent Service • Extensive Knowledge Especially Fun To Work With!

WINDERMERE W REAL ESTATE

## Community Information

### 15TH ANNUAL NORTHWEST GLASS QUEST



February 16-25, 2024. A thrilling treasure hunt organized by the Camano Island Chamber of Commerce. Celebrate the rich heritage of fine glass artists in the Pacific Northwest as you embark on a quest to find hand-blown glass treasures. Search for hidden plastic clue balls scattered across Stanwood and Camano Island. Turn in these clue balls to receive a limited-edition, stamped, and signed hand-blown glass treasure. Over 400 clue balls hidden. www.northwest-glassquest.com.

### LASSIE'S 9-HOLE GOLF CLUB



begins their 2024 season on April We are always excited to welcome new members and supply each with a "Big Sister" to help you in your first few rounds. To ensure the best experience for everyone playing, here are a few pro-tips: --Complete a form to join. You can find the form at the Lassies' area located in the back right corner of the Camaloch Pro-shop or request an emailed copy at camalochlassies@gmail.com or view and print from our Camaloch Lassies Facebook site. It is located in our photos. --Before you begin the season, have an understanding of the game and have some golfing experience, --Take a few lessons, or get together with an experienced golfing friend to learn the basics, --Make sure you have all the equipment needed, then get out and play a few rounds to get a feel for your equipment and the course. --Don't be afraid to ask questions before joining. We are here to help you get started and succeed as a Lassie! ## Cindy White Publicity Chair 425-501-2669

### DID YOU KNOW?

Abraham Lincoln loved cats and once let one eat from the table during a formal White House dinner.

# Clubs and Meetings

look for us online at

www.TheCrab Cracker.com

or on **Facebook.** 

Download current or past editions.

**Ski, Snowboard or just hang out in 2024!** The Merry Mountain Ski Club, a non-profit club, brings you easy travel for a fun ski day in a luxury coach with stops in Bellingham, Burlington, Stanwood and Monroe. We have a Seattle and Kirkland bus too! Great folks & great fun. Come and join us. Get in touch with us for more details! Every Tuesday for 6 weeks beginning January 9, 2024. Additional weeks possible if interest warrants! call: 206-550-4908 email: tuesdayskibus@gmail.com website: www.merrymountain.com

**GRIEF Support Group:** Help and encouragement after the death of a loved one. January 11-April 4, 2024 6:00-8:30pm at Restoration Church, Camano Island, 788 Smith Rd. More Info: griefshare.org/groups/175418.

**Stanwood Coin Club** meets the 4th Tuesday of each month at the Stanwood Library meeting room 7-9pm. Bring your questions @ collecting. Buy, Sell, Trade, Learn. This club has been active since 1961.

*Friendship Tea:* Drop by for tea, treats, and a chance to visit with friends, both old & new. Join us 1st, 2nd & 3rd Tuesdays of every month from 10:30-12:00 at the Camano Center. No charge to Camano Center Members. \$5 fee for non-members. Please check in at the Front Desk. For more information, call Connie at 360-652-7211.

**Rainy Day Room Playgroup** Free weekly play group on Thursdays at 10-11am at the Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house.

"Weight Loss and TOPS Clubs on Camano or Stanwood: TOPS (Take off Pounds Sensibly). We provide great fellowship and support in your weight loss journey. Camano Island: We meet Thursday mornings for weigh-in from 8:15 to 8:45; meeting at 9 am. First meeting is always free. Join us and see why TOPS provides support both during your weight loss, and afterward, helping you to keep it off! Camano Lutheran Church, 850 Heichel Rd, Camano Island. Call Sandy 387-6953 or Karen (leader) at 387-9716 for more information. Stanwood: We would love to meet you and invite you to join us in friendship and weight loss support! We meet on Thursday mornings at Cedarhome Baptist Church. 29000 68th Ave NW. Stanwood. Wa. at 10:00 am. Everyone is welcome! More info: Gay at 360-393-7117.

**Teen Programs** Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

**PFLAG Support Group** Free support group for friends, family, and members of the LGBTQIA+ community. First Friday of every month at the Community Resource Center 6-7pm.

**The Wardrobe** By Appointment: at the Community Resource Center – Free clothing for teens in need – restocked for Summer with new t-shirts, tanks, shorts, flip flops and hygiene products! Call 360-629-5257 or email info@crc-sc.org for an appointment.



**Kaleidoscope Play & Learn** Tuesdays and Wednesdays - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. At Community Resource Center of Stanwood Camano.

**Camano Island Quilters-Machine Embroidery Group** Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

**Camano Island Quilters Open Sew** Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

**Teen Late Night** Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.

### Healthy Hearing Habits



A key part of healthy aging is taking care of your physical, mental, and hearing health!



Avoid loud sounds



Stay socially engaged



Wear hearing protection



Have your hearing tested annually

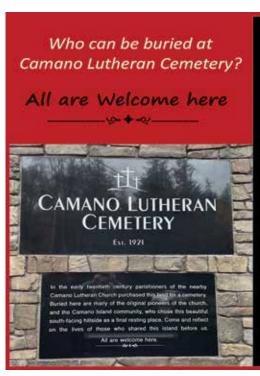
### Call Stanwood Hearing to schedule a hearing check-up!

STANWOOD HEARING

9300 271st Street NW, Suite B-5 • Stanwood, WA 98292 Near QFC, between Papa Murphy's and H&R Block

p: 425-272-9435 | f: 360.572.4765

w: Stanwoodhearing.com



Anyone can be buried at Camano Lutheran Cemetery.

Church membership not required.



### Available Options:

- In-ground burial
- Niche wall cremation
- In-ground cremation
- Memorial plaques
- Recipient of the Washington State Historic Cemetery Preservation Capital Grant used for cemetery improvement
- Managed by volunteer Board Members from Camano Lutheran Church
- Camano Lutheran Cemetery is a non-profit organization



Contact us at: CamanoCemetery@gmail.com 360.722.6666

### PRESCHOOL with support for the whole family

- Must be 3 or 4 years old by August 31st, 2023
- · Income eligibility guidelines apply
- Foster & Kinship Care instantly qualify
- AM/PM Classes
- · Small class sizes



- Preschool instruction
- Developmental screenings and referrals
- Nutritious meals and snacks
- · Health and dental screenings
- Home Visits
- Parent Leadership Opportunities
- Family Events
- Kindergarten Readiness Activities

### TRANSPORTATION AVAILABLE





(360) 386-3221

www.josieseceap.com

mayaa@josiesjcc.com

# Classes and Workshops

### DID YOU KNOW?

You can now get a headstone with a QR code. Called "Living Headstones", they show pages with photos, video biography's, and comments from loved ones. FamilySearch Center - FREE Open Geneology Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm, Wednesdays 6 pm-8 pm. Get help to find your ancestors with free access to websites and records. Contact us at 801-240-4357 or camano@familyhistorymail.org.

**Yoga Classes In-studio & Online** at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes; regular membership rates apply.

**Guitar Lessons with Ford Geisbrecht.** All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

**Yoga for Better Posture** Feb 6-Mar 12, Tuesdays 6-7:15pm. In this sixweek course we will learn a systematic approach to improving and maintaining good posture using all the tools of yoga available to us. Sign up at movementarts.com/events or call 360-629-9100 \$119

**Private Music Lessons:** Hart Music School offers live lessons for piano, guitar, bass guitar, ukulele, voice, and songwriting for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Book a complimentary 30-minute lesson at HartMusicSchool.com/free-trial.

**Yoga for Beginners Five Week Session** Mar 19-Apr 16, 2024 Tuesdays 6:00-7:15pm. Whether you are brand new to yoga or returning after a long absence, this five-week course will prepare you with the first steps toward a regular practice. This introduction will teach you the foundational alignment of basic yoga postures, how to coordinate breath with movement and philosophical practices to make yoga a tool for your wellbeing. Upon completion you should feel comfortable transitioning to any basic yoga class. We look forward to meeting you on your path! Sign up through our website at movementarts.com or call 360-629-9100. Next Sessions in 2024: May 07-Jun 04, 2024. Your instructor: Carol Mason Space is limited, sign up early. \$95.

**Medicare Basics Information Class** February 8 (10:00am - 11:00am) Free event open to the public. We will be explaining how your Medicare benefits work, as well as the options for supplementation. This class is highly recommended, whether you are new to Medicare or you would like to re-evaluate your current plan. Location: Camano Island Library Meeting Room. RSVP with John- 360-967-9601.

FREE 1st class. Warm and inviting environment. Mondays, Beginner, easy flow classes, time options: 8am, Tues 10am, NEW class, led my Steph, Tues 5:30. Wed 4:30pm, Wed 6pm, Thursday 9am, Fridays, 9:30am. Small, personal groups. Wed 10am Yin. Seated chair yoga to get you moving, 40 minutes, Tues and Fridays, you chose a time that works best. Zsremedies.com. Be enlivened and inspired! ALL are welcome. Z's Body and Soul, for 16 years @ 9504 271st, Stanwood, across from the middle school. 360-629-5040



### Snohomish County residents can earn up to \$500 in rebates for:

Inspections | Minor Repairs Riser Installation | Pumping

### Learn more & apply at SavvySeptic.org

### **Questions?**

Email savvy.septic@snoco.org or call 425-388-3636

Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.









### CASA'S PET OF THE WEEK:

**KAREN** is a 2 month old female boxer mix. She is super loving and energetic! Since she is still a puppy, she will need an owner who is able to train her and give her the attention she needs. She does well with cats, dogs, and kids! All puppies come vaccinated, dewormed, flea treated, spayed/neutered, and microchipped. Stop by the shelter to see if she's the right fit for you!

**Camano Animal Shelter Association (CASA):** 360-387-1902. www.camanoanimalshelter.org



### NOAH'S PET OF THE WEEK:

My name is **STORM**. I am a 2 year old kitty looking for a FURRever home. I am a barn buddy kitty who would be best as an outside kitty. Although I see the value in humans, I prefer to be loved from afar. Please come meet me today at The NOAH Center if I might be for you.

**The N.O.A.H. Animal Adoption Center:** (360) 629-7055. www.thenoahcenter.org



### **SAVE-A-MUTT'S PET OF THE WEEK:**

CHLOE is a demure lady who will steal your heart with just one look. When she sees her people she does a delicate dance to show just how happy she is to see them. Chloe has impeccable house manners and is a welcome guest everywhere she goes. FIRST STEPS: Visit https://www.save-a-mutt.org/adoption-application/ to fill out an application. We are a local foster home based rescue.

Save-A-Mutt (Silvana, WA): (425) 280-0502. www.save-a-mutt.org



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### Classified Listings

### MISCELLANEOUS:

**Single female professional looking for room for rent.** Clean and quiet. call 360-840-8773 Or email karindulin1966@yahoo.com for any leads. Thank you!

**Boarding needed:** Seeking boarding with kind-hearted horse folk, for my sweetheart retired gelding. Looking for a large paddock/small pasture with a safe/clean/dry shelter, and 24/7 access to the paddock. Arena and round pen not needed, but another older gelding buddy in an adjacent paddock would be a big plus. Happy to provide partial self-care. If interested, please call or text Chris at 360.348.2532."

**RV Space for rent.** Private Property mid is. off of ridge rd. Clean & respectful person appreciated. 500. a month. Call or text for details. 4259237363 Thanks Brian

### PROFESSIONAL SERVICES:

**Science and Math Tutoring:** I can help you review and strengthen your math and science skills. I have many years of experience with a very gentle approach. E-mail ijmuzinich@gmail.com or 360-661-9517.

**Camano Decks & Sheds LLC** Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmitchell8974@gmail.com. Serving Outlying Areas.

**Private caregiver.** Compassionate Care without Agency fees. 15+ years experience. Resume/References, has a 72 hour weekly shift available on Wed.Thu.Fri. Lauralee 360-631-7428. E-mail: TLCBYLL@ icloud.com. Camano resident for nine years.

### DID YOU KNOW?

We feel "hangry" because it's harder for us to control our emotions when our brains are low on glucose.

### WANTED:

**Considering a career in real estate?** Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermerestanwoodcamano.com.



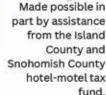




















# Cooking Mamas

**CHINESE CHICKEN LETTUCE WRAPS** 



Stir-fried chicken and veggies tossed with an Asian-style sauce wrapped in lettuce leaves. A delicious healthy meal the whole family will enjoy!!

SAUCE: 3-4 T. hoisin sauce; 1 T. oyster sauce; 1 T. low sodium soy sauce; 1 tsp. sesame oil; 2 T. water; 2 tsp. cornstarch

FILLING: 5-6 pieces boneless skinless chicken thighs, finely chopped; 8-9 shiitake mushrooms, fresh or rehydrated, minced; 1 clove garlic, minced; 1 tsp. fresh ginger, grated; 1-2 green onions, minced; 1 (8 oz.) can bamboo shoots, minced; Butter lettuce leaves for serving

DIRECTIONS: 1. SAUCE: In a small bowl, whisk together all ingredients, set aside. 2. FILLING: Finely chop the chicken and mince the vegetables. In a large skillet over medium-high heat, stir-fry the chicken in a little vegetable oil. When the chicken is longer pink, add in the rest of the filling ingredients and the sauce. Cook for 3 to 5 more minutes. 3. Spoon 1 to 2 tablespoons of the cooked filling mixture into each lettuce leaf. Top with more hoisin sauce, if desired. 4. Eat taco-style, wrapped neatly like a burrito. Serves 4. 5. Notes: If you use chicken breast or tenderloin instead of thighs, you can save a lot of time reducing your food preparation. Thigh meat will require more effort, but taste better. While the chicken breast will be faster and healthier, but not quite as tasty.

Recipes by Cooking Mamas created by Dusty Hutchins-McNutt.

"Great recipes begin in Mama's Kitchen!"

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# View from the Bleachers

Read more of Tim Jones' humor every week at www. ViewFromThe-Bleachers.net or check out his new YouTube channel by the same name.

### WELCOME TO SEATTLE – THE LAND THE SUN FORGOT

Greetings, visitor. Welcome to Seattle. If this is your first time to the Emerald City, we'd like to share some fun facts about our great city to help you plan your trip. Come for the clouds. Stay for the rain. When's the best time to visit? We suggest during our annual Seattle Rain Festival. (July 1 – June 30). So bring your bumbershoot and get ready for some fun out of the sun!

Some Seattleites believe the existence of the sun is a myth, sort of like Mount Olympus of ancient Greek legend. (Ironically, there actually is a Mount Olympus in Washington State – but thanks to the clouds no one from Seattle has ever seen it.)

There is so much to do in Seattle, or should we say so much to dew? If you're coming in April, don't miss the Moss Festival, and be sure to catch the always-popular slug races. Be sure to visit the Seattle Sun Museum, where you can see the rare mural of photos taken during the legendary SUN-ageddon of August 1935, when thousands of Seattleites feared the world was coming to an end because the sun shone brightly for seven consecutive days.

If you're here in June, check out the popular Sleepless in Seattle tradition of the Summer Solstice – a day when thousands gather to celebrate the longest period of daylight without sunshine each year.

Did you say you're coming in July? Well then, keep your ears open for the breathtaking sounds of our popular Fourth of July fireworks. You've never heard fireworks like these! But don't forget: If you're coming in summer, bring some sunscreen (sun protection factor #1 should suffice).

If you're coming during baseball season, be sure to catch a Mariners game at the beautiful T-Mobile Park, where fans always come to the park in breathless anticipation that this might be the game when the park's retractable roof is opened. They've never not been disappointed.

Energy-conscious visitors won't want to miss Seattle's world-famous 100% solar-powered energy plant. Over the course of just one year, the plant's massive array of solar panels can generate enough energy to power an electric tea kettle in West Seattle for almost 30 minutes.

DON'T MISS THESE POPULAR ATTRACTIONS DURING YOUR VISIT! Enjoy an exhilarating elevator ride to the top of the Space Needle and imagine what the city below you might look like if you could see through the clouds. Take a fact-filled DUCKS tour of downtown Seattle and enjoy the heart-pounding thrill of water splashing in your face without ever leaving dry land. Or try our world-famous gourmet coffee. Just look 100 yards in any direction and you'll spot at least five Starbucks.

HELPFUL TRAVEL TIP: Seattle in the summer can get blazing hot – sometimes up to 71 degrees. So bring shorts. But don't forget a few sweaters and at least one winter coat, just in case.



### HERE ARE A FEW FUN FACTS WE BET YOU DID NOT KNOW

People from Seattle have never learned how to squint.

Did you know that more sunglasses are sold in Seattle than any other city in the USA? That's because people go months without needing to use them and then forget where they put them.

More books are sold in Seattle than any other city in the USA – which, when you think about it, is a great way to spend your time visiting Seattle, because you certainly won't be spending it outdoors.

If you've had your fill of sun-soaked vacations with palm trees and toasty warm beaches in exotic tropical destinations, why not cool off in the great Pacific Northwest? You're guaranteed not to get a painful sunburn like that time you visited Mexico.

[Read more of Tim Jones' humor every week at www.ViewFromThe-Bleachers.net or check out his YouTube channel by the same name.]



### **CAMANO PET SUPPLY STORE**

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### TIDE TABLES / SARATOGA PASSAGE / JANUARY 26 - FEBRUARY 8, 2024

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Date		High /Low	Tide Time	Height Feet	Moon Visible	Di	ate	High /Low
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### MEDICARE QUESTIONS?

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Join us at the Camano Center (606 Arrowhead Road, Camano Island) as Matthew Gardner, Real Estate Economist, provides insight and offers his predictions for the local real estate market in 2024, presented by Windermere Stanwood Camano.

This is a free event with limited seats Reserve your seat today!





Windermere Real Estate/CIR 360-387-HOME