



Camano Island • Stanwood • Warm Beach • Silvana • Conway







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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover photo: Snow Goose. Photo by Alan D. Wilson



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Submission DEADLINE: FEBRUARY 29 for Next Edition (March 8-21)

Calendar of Events

DID YOU KNOW?

Super Bowl Sunday ranks as the third-largest occasion for Americans to consume food, according to the National Football League.

FRIDAY, FEBRUARY 23

PREVENT POISONING AT HOME



11am-noon via Zoom. Most calls to Washington's Poison Helpline come from people exposed to potentially harmful products in their home. Join Alex Sirotzki, with the Washington Poison Center, for an overview of the at-home risks to look out for, including cleaners, medications, drugs/alcohol, and other household substances. This webinar will discuss common household hazards, including look-alike substances, medications, and plants. Hear about some poison prevention tips. Understand when and how to contact the WAPC when you have a question or concern. This event is free and open to anyone in the community. Not able to attend? Register anyway and we will send you the recording. Please visit stillyvalleyhealth. org or call 360-386-9918 to register. REGISTRATION: https://www.eventbrite.com/e/781664749307

FRIDAY, FEBRUARY 23

THE UNKNOWNS

8 pm - Conway Muse. A 5-piece all-female band from Bellingham. Their unique brand of entertainment fuses tight three-part harmony and sultry vocals with cheeky lyrics and smart original songs. The Unknowns have gained a loyal following with their blend of jazz, blues, and contemporary music, and more. Tickets \$12.50 Advanced \$15 Day of Show.



Calendar of Events

The Crab Cracker had compiled this list of current events, derived from submissions & content from various resources, with effort to ensure accuracy. We recommend that you contact the venue or event to confirm the info provided.

Thank you.

FRIDAY, FEBRUARY 23

BILLY APPLETON BAND

8:00pm - 11:00pm at Pub 282. He has put together a group of stellar musician's performing the rock and roll and blues music he has loved for the last 40 years as well as a new crop of original music that is sure to please!

SATURDAY, FEBRUARY 24

SNOW GOOSE AND BIRDING FESTIVAL 2024



9:00 am - 4:00 pm. Come see why the shores and waters surrounding our community are internationally recognized as crucial habitat for countless birds of sea, shore and land at the Snow Goose and Birding Festival on Saturday February 24, 2024. Tours and guides will help you experience one of Western Washington's most spectacular natural events – the annual winter gathering of thousands of Snow Geese and Trumpeter Swans. In addition, we have flocks of wintering seabirds and shorebirds along with many raptors that call Stanwood and Camano Island home. Thanks to dedicated volunteers including Tom Hiegler, Tom Eisenberg, Robin & Richard Hanks, this Festival returns to "The Floyd" (Floyd Norgaard Cultural Center, 27130 – 102nd Ave. NW. map below) in Stanwood on 2/24/24! Volunteers are needed! Stewards - please contact Tom Hiegler at hiegler@hotmail.com or (360) 420-3426 if you would like to help on 2/24/2024. Volunteers will sell tickets tickets at the door, assist with busses to find the snow geese and swans in the fields, set up and clean up, AND go out in advance to spot snow geese.

SATURDAY, FEBRUARY 24

MARK DUFRESNE BAND

8 pm - Conway Muse. Folks, blues doesn't get any better than this. Mark can wail, no doubt, and wait till you hear him on the harp! Everything about this band is good. Don't miss out. Advanced Tix \$17 Day of Show \$20.



Complimentary lunch 11:00 - 1:00

SATURDAY, MARCH 9, 2024 9:30 AM - 2:30 PM AT THE CAMANO CENTER

PRESENTATIONS:

10:00 - 11:00

Healthy Living for Your Brain & Body: Tips from the Latest Research

11:30 -12:00

Six Dimensions of Aging Well: Aging Mastery Program Overview

12:15 - 1:15

Navigating the Aging Journey: Local **Programs and Support Services**

1:30-2:30

Getting Your Ducks in a Row: Important Legal Issues

THANK YOU TO OUR EVENT SPONSORS:

































606 Arrowhead Rd., Camano Island 360-387-0222 www.camanocenter.org

Calendar of Events

SATURDAY, FEBRUARY 24 FAMILY BINGO



at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, FEBRUARY 24

JIMMY WRIGHT BAND

8:00pm - 11:00pm at Pub 282. Catering a wide variety of music.

SUNDAY, FEBRUARY 25

INTRODUCTION TO POLLINATOR DIVERSITY AND THEIR OVERWINTERING



by Bob Gillespie - 2-3pm at Paws & Wings Place, Camano Island. In this presentation He introduces the audience to the variety of insect pollinators, also to their life cycle including overwinter, habits and more. Register at https://pawsandwingsplace.com/events-classes/

DID YOU KNOW?

New Jersey had 4 Governors in the span of 8 days in early 2002. The shortest term of those was served by John Farmer Jr. for 90 minutes.

Calendar of Events

DID YOU KNOW?

If sheep have long tails when they are born, the tails are cut off in order to prevent infection. MONDAY, FEBRUARY 26

AARP TAXAIDE – MAKE YOUR APPOINTMENTS NOW

AARP TaxAide will be providing FREE tax return preparation on Mondays at Camano Center and Tuesdays and Thursdays at Lincoln Hill Retirement Community in Stanwood from 2/6/24 to 4/15/24. Appointments must be made in person when picking up a Tax Payer packet at the location you want your taxes done at. While our goal is to assist Seniors and low income individuals, we will do returns for any taxpayers that fall within our scope. If you have any further questions, leave a voice message at 425-270-7357, with your name, your question and your phone number or email.

MONDAY, FEBRUARY 26

TODDLER STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity may follow.

MONDAY, FEBRUARY 26

TOMMY CASTRO & THE PAINKILLERS

7 pm - Conway Muse Hayloft. One of the best bands you will ever hear at the Muse - this show is sure to sell out so get your tickets early! There is not a bad seat in the house when Tommy Castro & TPK play! "Soul-baring, roadhouse-meets-church, Memphis guitar licks... gritty voice...Southern colors and rootsy textures." – Washington Post. Tickets \$27.50 on-line advanced \$30 @ Venue.

MONDAY, FEBRUARY 26

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, FEBRUARY 26

MULTI-VENDOR CRAFT SUPPLY AND SMALL BUSINESS GARAGE SALE

You're Invited to the Two Girls Gift Shop Multi-Vendor Garage Sale! 9am-5pm at Two Girls Gift Shop, 4925 Lakewood Rd, Stanwood. An epic garage sale featuring a variety of craft supplies, boutique goods, small business items, display fixtures and more! Get ready to shop an amazing selection of goods from a diverse group of talented vendors. This sale will have something for every interest and hobby.



CAMANO PET SUPPLY STORE

Food, treats, toys, gifts and much more. Come visit us today!

We are the community store: Offering classes, events, and a place to gather with those that love pets as much as you!

Located behind Heritage bank, next to Camano Plaza on: 185 McElroy Drive, Camano Island, (360) 505-0331



FEBRUARY 29 **LEAP DAY**

A date added periodically to create leap years in the Julian and Gregorian calendars. In the Gregorian calendar, February 29 is added in each year that is an integer multiple of four (except for years evenly divisible by 100, but not by 400). The Julian calendar — since 1923 a liturgical calendar — has a February 29 every fourth year without exception.

TUESDAY, FEBRUARY 27

FAMILY STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

WEDNESDAY, FEBRUARY 28

FREE COMMUNITY SHRED EVENT



12:00 pm - 3:00 pm at incoln Hill Retirement Community and Senior Center 7430 276th St. NW Stanwood, WA 98292 Free Event- Donations are encouraged! Proceeds from this event go towards reopening our Thrift Store.

WEDNESDAY, FEBRUARY 28

JESUS CLUBS TOUR: STANWOOD HIGH SCHOOL

Part of the Jesus Clubs Tour 2024 collection. Join us in your school's Jesus Club for encouragement, training, and the gospel! Noon-1pm at Stanwood High Schoool. Circuit Rider Youth is partnering with Jesus Clubs and hitting the road to visit clubs across the nation. We are going to visit approximately 70 high schools to train students to share their faith and be bold on their campuses! Join us in your school's Jesus Club for encouragement, training, and the gospel! Our schools are our mission field, and now is our time to go. To find out more: https://circuitrideryouth.com/

WEDNESDAY, FEBRUARY 28

FAMILY STORYTIME WITH VICKY

10:30 AM – Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

THURSDAY, FEBRUARY 29

TODDLER STORYTIME WITH ALEX

10:30 AM – Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.

Calendar of Events

THURSDAY, FEBRUARY 29

STANWOOD TATTOO COMPANY OPEN HOUSE

We hope you'll join us for our Open House and Fourth Anniversary Celebration! 6-9pm at 100003 270th St NW. We'll have snacks and yummy cupcakes from Stanwood Cupcakes and tarot readings from Harmony at Joyful Life Tarot! Stop by and celebrate with us, meet our artists & book an appointment for your next tattoo, browse tattoo flash, and check out art & merch from our artists! Tarot readings are first come/first serve so sign up early on the 29th to claim your spot!

FRIDAY, MARCH 1

5TH ANNIVERSARY AND ARTISTS RECEPTION FOR THE "FRIDAY GIRLS"

5-7pm at Beach 1 Gallery. Jane Morris, Margie Ridley, & Linda Boyd. Jane Morris moved to the Island from Seattle where she taught high school art. She studied at North Texas State University and Texas Women's University. Fridays she paints here at the Country Club with other artists. Margie Ridley creates acrylic abstracts, watercolor paintings and gift cards. The joy of color and abstract design drives her passion to create. Linda Hendry Boyd...I am an artist who is adicted to fabric, paper, paint and all things mixed media. I love creating in a diverse, mixed media style. Their art will be displayed and for sale the entire month of March. We will be serving cake, pop, wine, bottled water and bags of chips for the reception.





FRIDAY, MARCH 1

JIMMY WRIGHT BAND

8:00pm - 11:00pm at Pub 282. Catering a wide variety of music.

FRIDAY, MARCH 1

UN-AMERICAN ACTIVITIES: THE BLACKLIST ERA AND HOLLYWOOD



Presented by Robert Horton, Humanities Washington, and Sno-Isle Libraries. A free public discussion. 7pm at Camano Island Library. www.humanities.org.

FRIDAY, MARCH 1

LIT LAB

Hello Writers and Lit Lovers, we like the idea of monthly themes, but are willing to listen to whatever jewel you care to share. The theme is "Anticipation" so use write something to share or just show up and enjoy. Readings should be approximately five minutes or about 700 words. 7:30 at the Conway Muse, 18444 Spruce Street, Conway.

SATURDAY, MARCH 2

E-CYCLE

10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.

DID YOU KNOW?

The name for a collective group of rhinoceroses is called a crash.





Join us to learn more about Healing Connections Center - a new non-profit organization in development to support mental health resources in the Stanwood Camano Area.

FUN | SNACKS | CONNECTION

MARCH MINDFULNESS

MARCH



YOU ARE INVITED

ONNECTIONS

RSVP TO:

SCHEALINGCONNECTIONS@GMAIL.COM





26911 98TH DR NW SUITE A STANWOOD, WA 98292

Calendar of Events



When cellophane was invented in 1908, it was originally intended to be used to protect tablecloths from wine spills.

KNOW?

SATURDAY, MARCH 2

GRANT DERMODY

8 pm - Conway Muse. In the hands of harmonica master Grant Dermody the harp rumbles like a freight train, sidles up like a soul singer, purrs like an electric cat, rings out in a rhythmic dance. Pair it up with his voice, a strikingly honest vocal approach that resonates in the direct center of your chest, and the intrigue just increases. The swamps of Louisiana, the wide open skies of Montana — all that's deep and sweet and awe-inspiring about Americana and its musical roots — reside there. There's simply nothing like the growling grace that emanates from Grant Dermody. Tickets \$15 Advanced \$18 Day of Show.

SATURDAY, MARCH 2

FOCIP ANNUAL HOSTED WINTER AND SPRING WALK PROGRAM



CAMA BEACH TO CAMANO ISLAND STATE PARK: Meet at 9:45 a.m. at Ivy Road cul-de-sac CAMA trailhead off of Dry Lake Road. You can access Dry Lake Road from East Camano Road or Monticello Road. Walk from the trailhead parking area to the South Beach of Camano Island State Park along the Cross Island and West Rim trails enjoying downhill and level terrains with great views. The walk is about 3.2 miles. Shuttle service will be available to return participants to the trailhead. No Dogs Please.

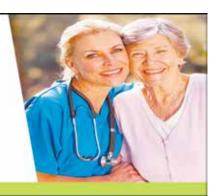
TORY CHARETTE AGENCY For all your insurance needs: Life FARMERS RVs Auto INSURANCE Home TORY CHARETTE AGENCY Commercial Voted #1 Renters Tory Charette Agency Owner Umbrella 10101 270TH ST NW STE 210 - STANWOOD TCHARETTE@FARMERSAGENT.COM · TORYCHARETTE.COM



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Calendar of Events



William
Shakespeare
had a curse
engraved on his
tombstone to
prevent anyone
from moving
his bones.

SATURDAY, MARCH 2

ROCK RADIO

8:00pm - 11:00pm at Pub 282. A Classic Rock / Blues cover band playing hits from the 60's, 70's and 80's.

SATURDAY, MARCH 2

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, MARCH 2

"THE BLUE PLATE SPECIAL" SISTER ACT



Please join us at the Camano City Schoolhouse & Fire Hall at 6:00 PM to take in the history of the all-female bands of the Vaudeville era and enjoy live performances by "The Blue Plate Special" as they swing through the music of the mid-20th century sister acts and girl groups including "The Andrews Sisters, The McGuire Sisters, The Chiffons, The Chordettes, and The Supremes". Please REGISTER early for this FREE event at www.camanoschoolhouse.org as seating is limited. Donations are appreciated. 993 Orchid Rd. (just off Chapman), Camano Island. Sponsored by The Gilroy Law Firm.



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Zach McNutt

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Calendar of Events

IF WE DON'T KNOW ABOUT IT, WE CAN'T PRINT IT.

Send your info and/or images to: thecrab @thecrabcracker.com

SATURDAY, MARCH 2

BEAUTY BAR DIVAS

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.

SATURDAY, MARCH 2

FILM FIESTA



Join YMCA Youth Development Director Maria Solis and our Teen department for an incredible evening of Film Fiesta Fun! Our fundraiser from 6-8pm at Stanwood-Camano YMCA will feature a showing of "The Adam Project" and a raffle with a chance to win a "10 people all you can eat taco bar" from Amigo Mexican Restaurant. Come support a great cause at our fun-filled Film Fiesta Fundraiser! 360-572-3400.

SATURDAY, MARCH 2

SOFTBALL YOUTH CLINIC

The Stanwood High School Softball team is hosting a youth softball clinic 9am-noon at Stanwood High School softball field. Come out and have fun with the Lady Spartan Fastpitch team! \$35 per player, t-shirt included. Here is link to register:

https://forms.gle/38rJfvZnTCodaxK49





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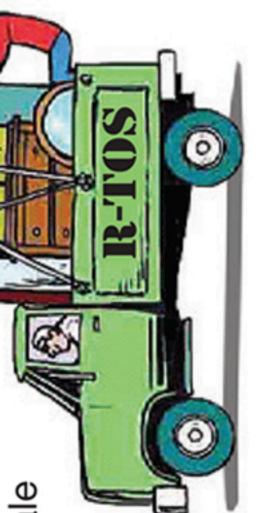
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Calendar of Events

DID YOU

While filming
Dumb and
Dumber, Jim
Carrey had his
crown temporarily removed
– that chipped
tooth is real
and a result of a
childhood fight.

MARCH 2

LOCAL AUTHOR MEET & GREET

Noon-4pm at Wit's End Books, 10123 270th St NW, Stanwood. Local Authors Nila Philips, Melissa Newton and Michelle Lee will be signing their books in the store!

MONDAY, MARCH 4

AARP TAXAIDE

MAKE YOUR APPOINTMENTS NOW AARP TaxAide will be providing FREE tax return preparation on Mondays at Camano Center and Tuesdays and Thursdays at Lincoln Hill Retirement Community in Stanwood from 2/6/24 to 4/15/24. Appointments must be made in person when picking up a Tax Payer packet at the location you want your taxes done at. While our goal is to assist Seniors and low income individuals, we will do returns for any taxpayers that fall within our scope. If you have any further questions, leave a voice message at 425-270-7357, with your name, your question and your phone number or email.

MONDAY, MARCH 4

TODDLER STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity may follow.

MONDAY, MARCH 4

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

TUESDAY, MARCH 5

FAMILY STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

WEDNESDAY, MARCH 6

FAMILY STORYTIME WITH VICKY

10:30 AM – Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

THURSDAY, MARCH 7

ROBBIE DEE'S TRIBUTE TO ELVIS WITH THE GRACELAND STATION BAND

8:00pm - 11:00pm at Pub 282. Seattle Elvis Impersonator/Tribute Artist Robbie Dee has been an Elvis fan ever since seeing the movie "Blue Hawaii" as a teenager growing up in Edmonds. Robbie is known for his powerful vocal renditions of Elvis' hits and his charming smile. Robbie enjoys and performs songs from Elvis' entire career, including his early years (1950s), movie years (1960s), Comeback Special (1968), and Vegas years (1970s).











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Calendar of Events

THURSDAY, MARCH 7

"DRAWN TOGETHER"

6 - 8pm at Primal BBQ. FREE. Join SCAAC community members for an open draw session. Bring your own art project, or borrow a piece of paper and a pencil. This is a casual get together - a chance to have a bite and a drink and get creative. Come when you can, stay as long as you like. We meet monthly at locations around Stanwood-Camano - sign up for SCAAC's newsletter for future dates & locations. www. scaacwa.org. More info: 718-608-5117.

THURSDAY, MARCH 7

COMMUNITY RESOURCE CENTER CAREGIVER CAFÉ

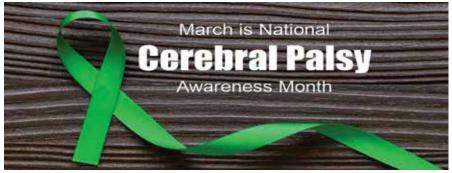
At Caregiver Cafés, we get real about what matters most: your family. We're all about building up those protective factors, and we do that by sparking meaningful conversations with parents and caregivers just like you. RSVP at https://www.crc-sc.org/event-details/caregiver-cafe-2024-03-07-10-00

THURSDAY, MARCH 7

TODDLER STORYTIME WITH ALEX

10:30 AM – Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.





NO-BAKE CRISPY ENERGY BALLS

A kid pleasing snack that is low in sugar and calories but high in iron, fiber and protein. Try this easy, no bake recipe today.



Ingredients: 1½ cups whole rolled oats (chopped lightly in food processor); 1½ cups crispy rice cereal; ½ cup shredded coconut (sweetened or unsweetened); ¼ cup chia seeds; ¼ cup flax seed (ground); ½ cup natural peanut butter; ¼ cup virgin coconut oil; ¼ cup honey; ¼ cup mini chocolate chips

: Stir together peanut butter, coconut oil and honey in a small mixing bowl until smooth. Combine dry ingredients in a large bowl. Pour peanut butter mixture over dry ingredients and mix until evenly combined. Chill mixture for 20 -40 minutes. Press 2 tablespoons of mixture together into small balls and store in a covered glass container. (Do not roll, the balls will crumble.) Tip: You can also press the mix into a greased 9 inch X 13 inch pan, chill, and cut into 4 rows of 8 squares. Chill energy balls for 30 minutes then enjoy. Store in refrigerator for up to 2 weeks.

Source: www.brendid.com

DID YOU KNOW?

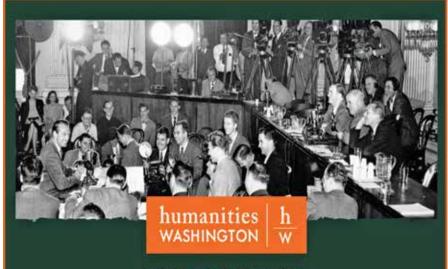
The first game to be played in space was Starcraft - Daniel Barry took it with him in 1999 on the Space Shuttle mission STS-96.



WINTER "MAD-LIB" - MR. SNOWMAN

Let's build a snown	nan! First we	need to	
have a really	snowst	orm,	
of course on a	day	. Watching	
all that snd	ow fall make	es me	
of course on a snd all that snd for a bowl of	!	it's still	
and	there's alot	it's still of it! Let's go!	
Next is	_ to go out	in the cold.	
Once that is done, we need to get busy.			
We make a	and	it in the	
lt gets so	we can	ຶ້າ't roll it anymore.	
We make a It gets so Then we do	more and st	ack them on	
top of each other. V	Ve for	in	
the driveway for the	e,	eyes and	
Mom gives us a sca	rf, hat and _	to	
complete Mr.	!	he's done!	
Finally. Now the bes	st part,		





PRESENTS A FREE PUBLIC DISCUSSION:

Un-American Activities: The Blacklist Era and Hollywood



Robert Horton

PRESENTED BY:

Sno-Isle Libraries

WHEN:

March 1, 2024 at 07:00 PM

WHERE:

Sno-Isle Libraries-Camano Island Branch

848 N Sunrise Blvd

Camano Island, WA 98282

humanities.org







This presentation is part of Humanities Washington's Speakers Bureau program, in which cultural experts discuss history, politics, music, philosophy, and everything in between at wroses around the state,

Humanities Washington sparks conversation and critical thinking using story as a catalyst, nurturing thoughtful and engaged communities across our state. It is a nooprofit 5015001 organization.



Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at www. skeeterdaddle.net



LASERS IN THE CORN FIELD

There's nothing like reading about the future in the morning paper to wake you right up to Full Alert. This morning, buried among the scintillating stories of the Prince of England's funeral and more mass murders, was the article about the company here in Washington state that was deploying its mobile lasers to prowl the agricultural fields at speeds up to 5 mph zapping weeds. I know what you're thinking, probably those Jews in outer space that start forest fires in California, but let's leave that for the Qanon folks to chew on when they get tired of wondering how the Donald never quite managed to penetrate the Deep State and the assault on the Capitol ended with him retreating to a mansion in Mar-a-Lago.

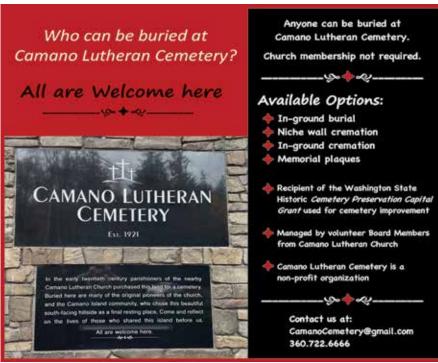
Part of the article concerned the plight of the poor strawberry pickers and the field workers whose low paying jobs might disappear when Artificial Intelligence Machines could pick apples or harvest cucumbers. Hello? I guess the writer thought maybe we should go back to the happy days of slavery and resume picking cotton by hand. The laser weeders would eliminate the need for pesticides, but hey, maybe that would cut down on oncology doctors. Don't get me wrong, I'm not excited about a future of drones taking away good paying factory jobs or self-driving vehicles eliminating taxi drivers and Uber folks.

Now I know lasers don't kill, people kill. And I suspect drones will be given all the protection the NRA can muster for their 2nd amendment rights to keep and bear arms. And if one of the weeding machines runs amok, well, that's the price we pay for freedom. Just another unfortunate incident of malfunctioning technology, frequent but nothing that should be considered grave enough to ban automatic lasers in our suburbs when dandelions are taking over the fescue.

I was on the campus of the Univ. of Wisconsin in Madison, my old alma mater, down near the cafeteria I used to work at for 3 years, watching these little R2-D2's at the intersection waiting for the students who had called in their pizza orders to come and pick them up. Pizza delivery folks must be weeping. But at least the boxy white drones weren't armed with lasers. No tip, buddy? Try a small burst from the rear laser then, maybe you'll remember next time. And have a nice day, kid.

My suggestion? Carry gratuities at all times. You don't want to piss off a laser armed drone when they all start to 'carry'.





DID YOU KNOW?

Surgeons who play video games at least 3 hours a week perform 27% faster and make 37% fewer errors.

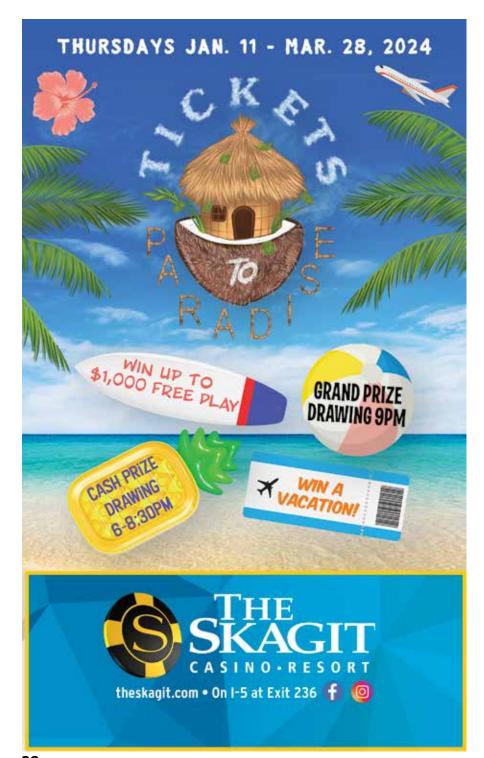


Snowgeese wall photo by James M. Shipley



Seagull scream. Photo by Matthias Zomer.







REAL ESTATE



ELGER BAY

\$1,300,000

Beautifully updated home with outdoor entertainment spaces, large shop, on level, well-maintained acreage. #2189974



CAMALOCH

\$799.900

Pre-Sale rambler by RaeBurn Homes on Camano! Enjoy year-round golf, gated community, pools. #2196298



DRIFTWOOD SHORES

\$550,000

Incredible and level waterfront lot on a sandy Camano beach faces south for premium views and light just waiting for your dream home. #2200244



NORTH END

\$6259.000

Adorable cabin on a shy acre on Camano with great outbuildings, fenced garden, greenhouse/garden shed and more! #2197696



WATERFRONT

\$779.462

Wonderful home nestled on a spacious lakefront lot that's partially fenced with attached ADU/MIL and small dock. #2199391



WATERFRONT

\$1,950,000

Gorgeous high-bluff Camano home with extensive views from nearly every room, gated community, beach access. #2200140

STANWOOD

7359 267th St. NW, #D 360.629.8233



CAMANO ISLAND

818 N. Sunrise Blvd. 360 387 4663

Visit WindermereStanwoodCamano.com for more information

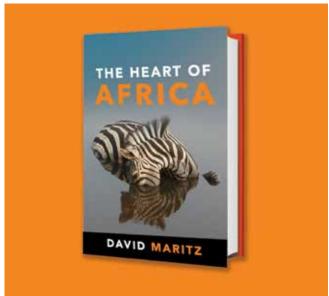
Windermere Real Estate/CIR

Artist of the Week

Are you interested in promoting your art, craft, or live performance?

Email us info or a bio about yourself and we will feature this page to you... and it's all FRFF!

DAVID MARITZ



A new novel about Central Africa and its struggle for balance amid changing belief systems and lawlessness. "At the Heart of Africa," the first novel from writer David Maritz, begins in Central Africa's expansive Kafue National Park. From the beginning it takes its readers on an adventure exploring the old, the new, and a hybrid Africa represented in beliefs and relationships. Its intriguing protagonist, Gideon, has been hired to train game scouts, finds himself at odds with more than just wild animals and the forces of nature. He must navigate traditional beliefs of the local inhabitants, an ever-present danger of predators, and criminal activity of those who wish to profit from Africa's vast natural resources.

About the Author: David Maritz was born and raised in Central Africa and his family is still engaged in the tourism and ongoing conservation efforts of that part of the world. "At the Heart of Africa" is available as an e-book as well as paperback and hard cover editions. It can be purchased through the following online outlets:

Amazon: https://www.amazon.com/At-Heart-Africa-David-Maritz/dp/B0CTTHMQ42/ref=sr_1_1

Barnes and Noble https://www.barnesandnoble.com/w/at-the-heart-of-africa-david-maritz/1144758727?ean=2940179796961

Apple Books: https://books.apple.com/us/book/at-the-heart-of-africa/id6476964234

Smashwords: https://www.smashwords.com/books/view/1515328

3 W. North Camano Drive, Camano Island, WA 98282 425-359-2421 - davidmaritz@ymail.com - www.davidmaritz.com

Business Spotlight

JOYCATIONS TRAVEL



My name is Heather I am a local here on Camano island and I have opened a travel agency and just wanted to get the word out. If you are interest in booking your next vacation with me I would love the opportunity to earn your biz! Check out my FB page Joycations Travel, website at joycationstravel.com or my youtube channel Joycation Travel. heathercrandall@joycationstravel.com





8706 271st Street NW, Stanwood 360-631-5218

- Local authors with amazing reads
- New and regular local artisans and makers
- New lines of gifts for yourself, your home, or for someone special
- Games and puzzles
- A wealth of greeting cards
- Lola's Corner for the animals and animal lovers
- Tastebud favorites
- And so much more!



DID YOU KNOW?

The only window that opens on the presidential car is the driver's window, to pay tolls. It also has no keyholes, and only the Secret Service know how to open the doors.

AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052 BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885 BEAUTY BAR SALON + LOUNGE (Stanwood) • (360) 629-2324 **BEST BURGER HUT** (Stanwood) • (360) 853-0067 BLUE HERON KITCHEN & BAR (Camano Island) • (360) 502-8700 CAMA BEACH CAFE (Camano Island) • (360) 387-3266 CAMANO ISLAND INN (Camano Island) • (360) 387-0783 CAMANO THAI (Camano Island) • (360) 926-8688 **CENTER CAFE (Stanwood)** • (360) 629-7403 THE CONWAY MUSE (Conway) • (360) 445-3000 CONWAY BOXCAR (Stanwood) • (360) 629-0651 CONWAY PUB & EATERY (Conway) • (360) 445-4733 COOKIE MILL (Stanwood) • (360) 629-2362 CRISTY'S LUMPIA & MORE (Stanwood) • (360) 629-2727 DOS REALES (Stanwood) • (360) 629-0822 **DRAGON PALACE** (Stanwood) • (360) 629-8106 **DUCK IN CAFE (Stanwood)** • (360) 629-3440 FARMERS CAFE - (Stanwood) • (360) 629-4953 GYRO STOP (Stanwood) • (360) 572-4175 IXTAPA MEXICAN RESTAURANT (Stanwood) • (360) 629-5228 JACK IN THE BOX (Stanwood) • (360) 629-2384 JASMIN THAI CUISINE & SUSHI (Stanwood) • (360) 629-2044 JIMMY'S PIZZA (Stanwood) • (360) 629-6565 JOHNNY'S BURGER STOP (Stanwood) (360) 629-9427 **JOURNEY'S END CAFE • (**Camano Island) • (360) 387-9120 LITTLE CAESARS PIZZA (Stanwood) • (360) 629-6999 MAMMOTH BURGER COMPANY (Stanwood) • (360) 572-4500 MCDONALD'S (Stanwood) • (360) 629-9787 MIYAKO'S TERIYAKI & WOK (Stanwood) • (360) 629-4535 MUSTARD SEED BAKERY & CATERING (Stanwood) • (360) 572-2499 NAHA TERIYAKI (Stanwood) • (360) 629-0681 PADDLE PUB (Stanwood) • (360) 652-4156 PAPA MURPHY'S TAKE 'N' BAKE PIZZA (Stanwood) • (360) 629-3826 PAT'S THAI PATINI'S GRILL (Stanwood) • (360) 629-0822 or 360-572-2981 PHOENIX PAVILION (Stanwood) • (360) 629-4662 PRIMAL BARBECUE (Camano Island) • (360) 572-2122 PUB 282 (Camano Island) • (360) 926-8960 PURE SMOKE BARBEQUE (Stanwood) • www.puresmokenw.com RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000 ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920 **SAAL BREWING CO.** (Stanwood) • (360) 629-0102 SAHARA PIZZA (Stanwood) • (360) 629-6886 **SPARTAN DRIVE IN (Stanwood)** • (360) 629-8988 **STANWOOD CAFE** (Stanwood) • (360) 629-8427 STANWOOD CUPCAKES (Stanwood) • (360) 926-8241 **STANWOOD GRILL** (Stanwood) • (360) 629-5253 STANWOOD HOTEL & SALOON (Stanwood) • (360) 629-2888 **STANWOOD THAI** (Stanwood) • (360) 572-2200 **STARBUCKS** (Stanwood) • (360) 629-2701 • 629-5027 • 629-2500 **SUB JOINT** (Camano Island) • (360) 230-9611 **SUBWAY** (Camano Island) • (360) 631-5055 **SUBWAY** (Stanwood) • (360) 629-2678 **TACO TIME (Stanwood)** • (360) 629-5018

TAPPED CAMANO (Camano Island) • (360) 572-4986
THAI THAI KITCHEN (Stanwood) • (360) 629-0600
TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001
WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300
WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372

Local History



In Switzerland, it is illegal to flush the toilet after 10pm.

DID YOU KNOW?

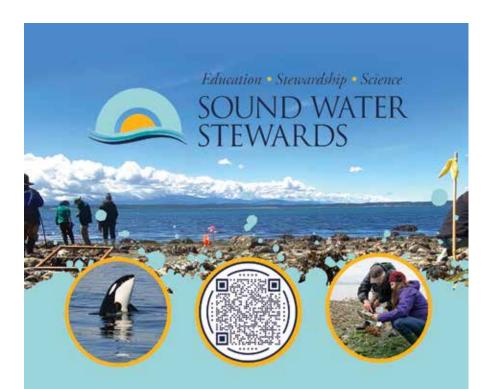


Loggers posed on downed timber with hand logging tools. ca. 1917. Photographer: Jensen, Auggie. Salvaging burned logs in Cedarhome area using crosscut saws, pike poles and peavey.



Joe Dettling's farm in Stanwood. Jack Lontacher, Dominick Gyr, Katherina Rohrer, Joseph Dettling, and Marie Dettling in front of cows and barn on Dettling farm in Stanwood, Washington, 1930.





VOLUNTEER EDUCATION & TRAINING PROGRAM:

- 15 weeks of Thursday classes in the Spring and Fall.
- Highly acclaimed expert speakers + Zoom and in person classes + field trips = an incredible 100-hour training experience!
- \$350 membership & training fee.
 Scholarships available!

Applications due by March 1st!

MAKE A SPLASH WITH US!

Become an active member of your local island community as a trained Steward! Support critical research in partnership with university, government, and tribal biologists, provide environmental education for all ages, and embody marine stewardship across the Salish Sea.

QUESTIONS?

Contact: 425-540-7712

Camano-coord@soundwaterstewards.org

www.soundwaterstewards.org

Classes and Workshops

DID YOU KNOW?

Ginger beer is brewed and fermented with ginger, while ginger ale is merely carbonated water flavored with ginger. **FamilySearch Center - FREE Open Geneology Workshop** at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm, Wednesdays 6 pm-8 pm. Contact us at 801-240-4357 or camano@familyhistorymail.org.

Yoga Classes In-studio & Online at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com.

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

Private Music Lessons: Hart Music School offers live lessons for pi-ano, guitar, bass guitar, ukulele, voice, and songwriting. Our experienced teachers provide personalized in-struction to help you reach your musical goals. Call 425-780-2289. Complimentary 30-minute lesson at HartMu-sicSchool.com/free-trial.

Yoga for Beginners Five Week Session Mar 19-Apr 16, 2024 Tuesdays 6:00-7:15pm. Whether you are brand new to yoga or returning after a long absence, this five-week course will prepare you with the first steps toward a regular practice. Sign up at movementarts.com or call 360-629-9100. Next Sessions in 2024: May 07-Jun 04, 2024. Your in-structor: Carol Mason Space is limited, sign up early. \$95.

It's Elemental: Yoga and Ayurvedic Wisdom for Modern Living. Im-merse yourself in the understanding of the 5 Great Elements (Panca Mahabhutas) of earth (prthvi), water (ap), fire (tejas), air (vayu) and ether (akasa). You'll understand how these elements are the foun-dation for the 3 energy principles (doshas) of vata, pitta and kapha and how these are present in the entirety of our existence. Most profoundly, you'll learn how to continually find balance in your life through the use of different elemental qualities, yoga poses (asanas), breathwork (pranayama), yoga for the mind (mantra) and symbolic hand gestures (mudras). This workshop is available In-Studio or On-line. Sign up at movementarts.com/events or call 360-629-9100.

YogaTone March 3, 10, 17 and 24, 11am-12pm. Enjoy a fresh hour of warm up, core, easy to follow dance moves, and a sweet yoga stretch at the end. Smiles, endorphins and positive sweat will cleanse your body and inspire you for the week ahead. Stay on your yoga mat, no shoes needed! Full Body Fun at your own pace. No prior ex-perience required. March 3, 10, 17, 24. \$85 for 4 class session. Sign up at movementarts.com/events or call 360-629-9100

New Body Workshop March 9, 2-5pm. Have you grown weary of feeling weary? Lacking energy? Brain fog? It is time to discover your Luminous Body. Open to anyone! \$60. Sign up at movementarts.com/events or 360-629-9100.

Dotti Burton's creative art class begins Wednesdays March 6, 13, 20 and 27, at the Lincoln Senior Center in Stanwood. All levels are welcome. Painting, Mixed Media and Collage will be taught. Class size is limited. Sign up now! Call Dotti to enroll at 206-714-3647.



Instruction & Performance
Ukulele & Bass Lessons Also Available
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GRIEF Support Group

Help and encouragement after the death of a loved one

January 11-April 4, 2024 6:00-8:30pm Restoration Church Camano Island 788 Smith Rd.

More Info: griefshare.org/groups/175418





DID YOU KNOW?

In the 1980's. the founder of Pringles, Fredric Baur, requested to be buried in a Pringles can. His children honored the request.

PART OF THE PARK IS CLOSED



As of Feb. 26, 2024, the cabins and restrooms in the lower area at Cama Beach State Park will be closed until further notice. Day-use in that area will remain open, but restrooms will only be available in other parts of the park. Significant parts of the septic system recently failed in the area, and the repairs will require extensive disturbance of the area, which has known environmental and cultural complexities. Reservations will be refunded in full, and we're very sorry for the disruption this may cause. We hope you'll consider visiting one of the other parks in the area. As we continue to evaluate the site, it is possible additional mitigations or closures of parts of the park will take place. Please keep checking these alerts for the latest information. All shuttle services at Cama Beach are temporarily suspended. We apologize for the inconvenience.

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

Upcoming Classes and Events

* Visit our website for tickets & registration: www.scaacwa.org *

Pyrography Charcuterie Board ADULTS 02/22

Mindful Reflection w/ Gaylynn Beuthien ADULTS *FREE* 02/28 Drawn Together ALL *FREE* 03/07

Crochet Hat w/ Beth Erickson ADULTS 03/08

Tulip Watercolor w/ Jeanette Mahoney TEENS/ADULTS 03/30 04/13

Yappy Hour w/Jessie Hazelton & Paws with Cause ADULTS

WWW.SCAACWA.ORG

UPDATE ON WEST CAMANO FREE LITTLE PANTRY



(1563 West Camano Drive, Just 3 driveways on the left past Monticello Drive going south. The shed sits at the top of the driveway.). First off, I want to thank those who have recently dropped off usable, in date food. Secondly, once again, I must mention that donating junk, clothing, and expired open and used food is not acceptable. Donating little restaurant packages aren't acceptable. Today, I found a couple boxes donated of which most was expired and had been open and/or used. Bottles and containers were dirty and half used. We cannot accept this kind of stuff and unfortunately it had to be disposed of. I am leaving a picture below. I'm mentioning this because Unfortunately it happens all too often. We are in need of more groceries (not expired dates). Chef Boyardee canned food, canned fruits, all kinds of soups, Mexican can food (refried beans, green and red enchilada sauce, etc), Bisquick, pancake and waffle mix, packaged instant mashed potato mixes, hamburger and tuna helper. Cup of noodles, spices and seasonings. This is just a start and this is stuff that seems to fly off the shelves. We are so appreciative of those who shop and donate. Good stores to shop from for deals: Dollar Store, Grocery Food Outlet, Fred Meyer, Walmart. - Posted on Facebook.

DID YOU KNOW?

The NYPD had a police officer follow Andre the Giant whenever he went out drinking. This was to make sure he didn't get drunk and

Join us in growing a Community Garden at Ovenell Park in Stanwood!



We're seeking volunteers and donations to grow Stanwood/
Camano's largest community garden.
Learn about our projects and apply to volunteer at *PSPFarms.org.*





PSPFarms.org | info@pspfarms.org | (425)512-6885

DID YOU KNOW?

In the popular film, The Godfather, the word "mafia" is never said because the actual mafia commanded it.

OPPORTUNITY FOR WARM-HEARTED FAMILIES



Hey there! Are you ready for an amazing opportunity that will bring so much love and joy into your home? Pan Atlantic Foundation is a non-profit organization that brings international exchange students to the United States. They're searching for warm-hearted families like yours to become host families for these incredible students. It's an experience that will leave a lasting impact on both your family and the student. All you need is a spare bedroom and bed, provide three nourishing meals a day (they don't have to be cooked, just accessible), and have clean background checks. It's a small gesture that can have an immeasurable impact on these students' lives. Please take a moment to read about one of our amazing students! If you have any questions about the host applications or want to know more, please don't hesitate to call or text. I'm here to help you every step of the way. Let's create a home filled with love, understanding, and lifelong memories together! Call/text: 206-518-2717

THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.





DID YOU KNOW?

In 18th Century England, having a pineapple was a symbol of wealth because of high import fees. They would be used as displays instead of being eaten.

C.E.R.T. TRAINING

Learn the skills needed to help you, your family, and your neighbors if disaster hits. Sign up for our upcoming Community Emergency Response Team training March 22-24. CERT trains participants in basic disaster response skills, such as: Fire safety, Light search and rescue, Team organization, Disaster medical operations. Registration is required. southsnofire.org/CERT.

MONEY SMART WEBINARS

We've just released our Money Smart course schedule for 2024, and this year, we're offering all classes online via convenient webinars. It's now easier than ever to attend our Money Smart for Small Business courses designed to help those starting and managing a business. Webinars are hosted by Katy Woods, Coastal Community Bank Branch Manager and Certified Coach. Feb. 28: How to Sell Your Business. March 28: Record Keeping. April 5: Financial Management. May 30: Managing Cash Flow. June 20: Building Credit. Register now at https://www.coastalbank.com/money-smart/

MCCLINCHY CAMANO CLASSIC CENTURY



Sunday, April 28, 2024. ADVANCE REGISTRATION IS OPEN!! Cost: \$65* through March 31. Price increases \$10 on April 1. First 200 registrants may pick up a colorful 40th-edition neck gaiter at the ride start. Registration Fees are Non-Refundable. Check your schedule before making payment!! BIKES Club members - sign in to receive your \$10 discount! The McClinchy Camano Classic Century offers scenic and challenging route options of 103, 65, 50, 35 or 15 miles. Fresh food stops, SAG support and post-ride gourmet appetizers at a local brewpub are included.Register at https://bikesclub.org/event-5552181. The first 200 registrants get a colorful 40th edition neck gaiter. Biking Camano Island offers beautiful water and mountain views plus 1 mile of climbing in the full century route. There's also a metric century (65 mile), an island perimeter (50 mile), half island (35 mile) or flat 15 miler. Four "Grand Tour" themed food stops, SAG support and choice of gourmet tacos at a local brewpub are included in ride fee. Advanced Registration Recommended.

IT'S RAINING - KEEP POOP OUT OF THE WATER



It's the rainy season, and picking up pet waste is more important than ever to keep your lake or stream healthy. Did you know there are an estimated 170,000 dogs in Snohomish County? Together, they produce over 127,000 pounds of poop EVERY DAY! This amount can harbor up to 135 trillion harmful fecal bacteria, such as E. coli, giardia, parvovirus, and worms. Unfortunately, rain washes the bacteria through ditches, drains and into our waterways. High levels of bacteria can make our lakes, rivers, and even Puget Sound unsafe for people, pets and aquatic life. Do your part: Scoop the poop, bag it, and put it in the trash. Learn more at https://www.snohomishcountywa.gov/3366.

SILVANA FAIR AUCTION DONATIONS

DID YOU KNOW?

Elephants think people are cute, the same way people think puppies or kittens are cute.



Looking for some good old-fashioned fun? Come on down to Viking Hall in Silvana on March 9th for Silvana Fair's AUCTION! Admission is free, and all ages are welcome. This is a "do-not-miss" event for everyone in the community! "Come on down" and support the local youth and the Silvana Community Fair. Auction proceeds go towards ribbons, exhibitor premiums, and fair supplies, plus they enable the all-volunteer staff to keep the fair FREE to enter and FREE to attend. Learn how you can participate at silvanafair.com. If you have a product, service, or gift certificate that you would like to donate, contact us at info@silvanafair.com. We will be happy to send a fair board member out to pick up your generous gift.

Stanwood-Camano Preschool Open Houses:

Mark your calendar! Visit each preschool that interests your family during their open house.

CAMANO CHAPEL

Message us to set up a tour

867 S. West Camano Dr. Camano Island

CAMANO LUTHERAN

Open House February 24 10:00 AM - 12:00 PM

> 850 Heichel Rd; Camano Island

DISCOVERY PLACE

Open House February 24 12:00 - 2:00pm or schedule private tour

28223 71st Dr. NW, Stanwood

IMAGINE THAT ELC

Open House February 20th 4:30-6:30pm

8510 S Lake Ketchum Rd: Stanwood

JOSIE'S LEARNING

CENTER
February 21
4:30 - 5:30 PM
for families interested
in ECEAP
272nd PI NW;

SCHOOL HOUSE

Open House February 22 4:30 - 5:30 PM

2420 300th St NW; Stanwood

OUR SAVIOR'S LUTHERAN Virtual Open House

www.oursaviourschurc h.org/preschool

27201 99th Ave NW; Stanwood

SEQUOIA Sign up for private

Stanwood

tour

https://sequoiapreschool.com/tours

26930 94th Dr NW; Stanwood

STANWOOD

Open House March 2nd 1lam - 2pm

27027 102nd Dr NW; Stanwood

www.stancampreschools.com

for more information and links to each school

JOIN THE CASA BOARD OF DIRECTORS

We are pleased to be recruiting new Board Members to support our organization. We are looking for talented motivated individuals who are enthusiastic about contributing to the well-being of the animal shelter. Our mission is "Bringing together animals in need and caring people forever enriching their lives." Candidates who possess leadership skills, and expertise in business administration, accounting, finance, sales, marketing, law, public relations, or current or prior board experience and the ability to operate as part of a team are urged to apply. All Board Members are expected to attend monthly Board meetings and actively participate on at least one committee. If you are hardworking and interested in being considered as a candidate for openings on our Board, please contact Gloria Ingraffia (chairperson). gfabis@wavecable.com



Clubs and Meetings

look for us online at

www.TheCrab Cracker.com

or on **Facebook.**

Download current or past editions.

Ski, Snowboard or just hang out in 2024! The Merry Mountain Ski Club brings you easy travel for a fun ski day in a luxury coach with stops in Bellingham, Burlington, Stanwood and Monroe. Great folks & great fun. Get in touch with us for more details! 206-550-4908 or tuesdayskibus@gmail.com. Website: www.merrymountain.com

GRIEF Support Group: Help and encouragement after the death of a loved one. January 11-April 4, 2024 6:00-8:30pm at Restoration Church, Camano Island, 788 Smith Rd. More Info: griefshare.org/groups/175418.

Stanwood Coin Club meets the 4th Tuesday of each month at the Stanwood Library meeting room 7-9pm. Bring your questions @ collecting. Buy, Sell, Trade, Learn. This club has been active since 1961.

Rainy Day Room Playgroup Free weekly play group on Thursdays at 10-11am and Mondays from 3:30-4:30pm at the Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house.

"Weight Loss and TOPS Clubs on Camano or Stanwood: TOPS (Take off Pounds Sensibly). We provide great fellowship and support in your weight loss journey. Camano Island: We meet Thursday mornings for weigh-in from 8:15 to 8:45; meeting at 9 am. First meeting is always free. Join us and see why TOPS provides support both during your weight loss, and afterward, helping you to keep it off! Camano Lutheran Church, 850 Heichel Rd, Camano Island. Call Sandy 387-6953 or Karen (leader) at 387-9716 for more information. Stanwood: We would love to meet you and invite you to join us in friendship and weight loss support! We meet on Thursday mornings at Cedarhome Baptist Church. 29000 68th Ave NW. Stanwood. Wa. at 10:00 am. Everyone is welcome! More info: Gay at 360-393-7117.

Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

PFLAG Support Group Free support group for friends, family, and members of the LGBTQIA+ community. First Friday of every month at the Community Resource Center 6-7pm.





The Wardrobe By Appointment: at the Community Resource Center – Free clothing for teens in need – t-shirts, tanks, shorts, flip flops and hygiene products! Call 360-629-5257 or email info@crc-sc.org for an appointment.

Kaleidoscope Play & Learn Tuesdays and Wednesdays - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. At Community Resource Center of Stanwood Camano.

Camano Island Quilters-Machine Embroidery Group Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

Camano Island Quilters Open Sew Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

Teen Late Night Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.



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Questions?

Email savvy.septic@snoco.org or call 425-388-3636

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CASA'S PET OF THE WEEK:

Meet **SMOKEY!** Smokey is an 11 month old cat looking for her forever home. Smokey is an outgoing gal who loves to be the center of attention. She loves to play and is cuddly on her terms. Smokey does well with other cats and dogs. If Smokey sounds like the gal for you, please stop by to visit.

Camano Animal Shelter Association (CASA): 360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

My name is **KEVIN** and I am a 10 month old kitten full of energy and zest for life! I am BONDED to my best friend SAM so we need to go home together. We are still learning what good behavior looks like and would like to go to a home that is expecting us to be active and mischievous at times. I would love for you to come meet us today at The NOAH Center.

The N.O.A.H. Animal Adoption Center: (360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

MEET CHLOE, ShiTzu Mix, an adorable little girl who loves to curl up in her blanket right next to her people. Chloe would love a calm, quiet home where she can sit on her person's lap while they catch up on their reading or binge watch their favorite tv show. FIRST STEPS: Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA): (425) 280-0502. www.save-a-mutt.org

Stanwood Camano Soap Box Derby Open House

March 23rd, 12:00 PM - 4:00 PM

Join us to register for this year's Local Race, check out the track, and see the cars.

Arrowhead Ranch 615 Arrowhead Rd, Camano, WA 98282



Learn More!





Announcing our Newest Neighborhood:

Forest Lane

Come Tour and View These Brand New Assisted Living Units Designed for Active Seniors.

Overwhelming joy is a common resident experience as they live and thrive in a vibrant purposeful Christ-centered community with the freedom to actively engage and pursue the things in life that matter most to them. Our new Forest Lane assisted living community is designed for seniors who want to remain active and involved yet require extra help and support with the activities of daily living. Our caring and dedicated staff members provide round-the-clock assistance while encouraging residents to maintain a high level of independence.

WARM BEACH

Contact us today to learn more: (360) 652-2640 • www.warmbeach.org

Warm Beach Senior Community 20420 Marine Drive • Stanwood, WA 98292

Classified Listings

DID YOU KNOW?

The first Game Boy could run for a staggering 30 hours on only two AA batteries!

MISCELLANEOUS:

Single female professional looking for room for rent. Clean and quiet. call 360-840-8773 Or email karindulin1966@yahoo.com for any leads. Thank you!

Boarding needed: Seeking boarding with kind-hearted horse folk, for my sweetheart retired gelding. Looking for a large paddock/small pasture with a safe/clean/dry shelter, and 24/7 access to the paddock. Arena and round pen not needed, but another older gelding buddy in an adjacent paddock would be a big plus. Happy to provide partial self-care. If interested, please call or text Chris at 360.348.2532."

RV Space for rent. Private Property mid is. off of ridge rd. Clean & respectful person appreciated. 500. a month. Call or text for details. 4259237363 Thanks Brian

PROFESSIONAL SERVICES:

Science and Math Tutoring: I can help you review and strengthen your math and science skills. I have many years of experience with a very gentle approach. E-mail ijmuzinich@gmail.com or 360-661-9517.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmitchell8974@gmail.com. Serving Outlying Areas.

Private Duty Caregiver. Quality In Home Care with 15+ years experience. Résumé packet. Specializing in 24 hour care. Hourly and sleepover rates available. Compassionate Care without Agency fees. Cell: 360-631-7428. Email: TLCBYLL@icloud.com.

WANTED:

Part-time Line Cook/Baker for Meals on Wheels on Camano. Apply here: https://senior-resources.org/employment/

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermerestanwoodcamano.com.

Stanwood United Methodist Church

 \sim Open Hearts, Open Minds, Open Doors \sim

In-Person Sunday Service at 10:00am. Live Online Services available at 10:00am at www.stanwoodumc.org or on our Facebook page at: Stanwood United Methodist Church.



A Reconciling Congregation

360-629-9555 27128-102nd Dr. NW, Stanwood, WA 98292 www.stanwoodumc.org Handicapped Accessible Pastor Justin White



Containing Congregation

Compare our CD Rates

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5.25

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5.15

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5.00 % APY*

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*Annual Percentage Yield (APY) effective 02/14/24. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

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Recipes by Cooking Mamas created by Dusty Hutchins-McNutt.

"Great recipes begin in Mama's Kitchen!"

Visit me at: www. CookingMamas. com

STUFFED SHELLS

Jumbo pasta shells stuffed with spinach, ricotta, mozzarella, and parmesan cheese, bathed in a delicious marinara sauce then baked to perfection, Enjoy!



PASTA: 1 (12 oz.) pkg. jumbo shells

FILLING: 1 Ig. egg, lightly beaten; 1 (16 oz.) cont. whole milk ricotta cheese; 1 1/4 c. shredded low moisture mozzarella cheese; 1/2 c. grated Parmesan cheese; 1 (16 oz.) pkg. frozen chopped spinach, thawed and squeezed dry; 1 tsp. fresh thyme leaves; 3/4 tsp. kosher salt; 1/4 tsp. freshly ground black pepper; 1/4 tsp. freshly grated nutmeg; 1/4 tsp. crushed red pepper flakes; 1 clove garlic, grated

MARINARA SAUCE: 2T. extra virgin olive oil; 5-6 cloves garlic, pressed; 1/4 tsp. freshly grated nutmeg; 1 pinch red pepper flakes, optional; 1 (32 oz.) jar homemade tomato basil sauce (I use Raos); 1 tsp. granulated sugar

TOPPINGS: 1/2 c. shredded low moisture mozzarella cheese; 2 T. grated Parmesan cheese

GARNISH: 2 T. grated Parmesan cheese; Fresh chopped leaf parsley

PASTA: Cook the pasta shells al dente according to the package directions, about 7-9 minutes. Drain immediately and shake dry. FILLING: In a large bowl, stir together lightly beaten egg, ricotta, mozzarella, Parmesan, spinach, thyme leaves, salt, black pepper, nutmeg, red pepper flakes and garlic until combined. Cover and refrigerate until ready to use. Preheat the oven to 375 degrees. MARINARA SAUCE: Heat olive oil in a large (12-inch) oven-proof skillet over medium heat. Add garlic and cook until lightly golden stirring occasionally about 2-3 minutes. Add nutmeg, and red pepper flakes if using stir until fragrant, about 30 seconds. Add marinara and sugar, stir until combined. Remove 2 cups of marinara to a bowl and set aside. Spread the remaining sauce evenly across the skillet and remove from the heat. Fill the pasta shells with 1 tablespoon filling and arrange in the skillet. Spoon the remaining sauce over the top. Sprinkle the top with 1/2 cup mozzarella cheese and 2 tablespoons Parmesan cheese. Loosely cover with foil and bake until the cheese is melty, about 25-30 minutes. Remove the foil, then bake until the cheese begins to turn golden, about 8-10 minutes. Remove from the oven and garnish with the remaining 2 tablespoons Parmesan cheese and freshly chopped parsley. Serve and enjoy!

View from the Bleachers

Read more of Tim Jones' humor every week at www. ViewFromThe-Bleachers.net or check out his new YouTube channel by the same name.

LAWS FROM OTHER COUNTRIES I'D ENACT AS PRESIDENT

Esteemed citizens of this great nation, if I am ever given the great privilege to become your Imperial Overlord, I mean your President, I would commit to making our country great again. But not in the way Donald Trump has envisioned it by building an impenetrable wall around our borders – although, now that I think of it, building an impenetrable wall around our former president would be an excellent start.

No, I would look to the many lessons of other great countries around the globe and implement several laws which will quickly restore order, security, and our past glory to this land called America. Here are some laws from other nations I have discovered, which I would implement on Day One as your Benevolent Dictator – make that Commander-in-Chief.

First, I'd look to Switzerland, where it is – and I'm not making this up – illegal to own just one guinea pig. That's right, my fellow Americans. According to the wisdom of the Swiss, a single guinea pig is a lonely guinea pig. And who among us wants our furry friends to feel lonely? Not me. That's why I'm proposing the enactment of a federal law mandating that every household adopt a minimum of two guinea pigs, preferably one of each sex. Before long, our homes will be filled with the delightful squeaks of these social rodents, spreading happiness, unity, and offspring like never before.

While we're on the subject of pets, I just found out that in Israel, if you have a pet bear, you are not allowed to bring it to the beach, lest you incur a substantial fine. Now, I know what you're thinking – who in their right mind would take a bear to the beach? But people have all sorts of bizarre critters as pets. I once heard of a guy who had a pet alligator named Elvis he kept on his boat. No, wait, that was an episode of Miami Vice. My bad. Impressively, ever since the law was first implemented in Israel, there have been zero bear-on-the-beach sightings (coincidentally, the same number of sightings as before the law was enacted).

In Scotland, if a stranger rings your doorbell and politely asks to use your restroom, you are legally required to let them use it. I would pass a law to adopt this same policy of neighborly civility, thereby turning our nation into a haven of restroom generosity. Why make someone hold it in until they reach the nearest rest stop 20 miles away when they can simply park in your driveway and politely drain their vein in your bushes or in your WC and be on their way. You just might make a new best friend. Probably not, but you never know.

But there is one nation whose lead I would never follow: Samoa. Sure, it's a tropical paradise with laws as colorful as its coral reefs. But did you know that in this idyllic land, it is actually a crime to forget your wife's birthday? I'm not lying. First offense: a warning; second offense: a fine; third offense: up to five years in jail. If you ask me, that's an unreasonable invasion of my privacy and totally unnecessary, since I remember my wife's birthday almost 60% of the time. But I'll admit, I kind of like the idea of making it illegal for my wife



to forget MY birthday. Her punishment would be that she'd have to take over doing the dishes for the next year. That's only fair. And I'm being totally objective.

In conclusion, my fellow Americans, if you elect me, I will look to the examples of other great nations to bring civility and safety to America, thereby making us a united nation again – just like we were when Trump tried to overturn the 2020 election.

Together, we shall usher in an era where our pets can thrive, our front doors can be left open for bladder-bursting strangers, spouses, I mean, wives, will never forget important dates, and our beaches will return to their pristine blissfully bear-free state.

In return, all I ask from each of you, my fellow Americans, is a small donation to my presidential campaign. Just send me three easy payments of \$100, and I will mail you your very own starter kit of two guinea pigs. (Please include an additional \$150 for shipping, handling and one week's supply of guinea pig food.)

[Read more of Tim Jones' humor every week at www.ViewFromThe-Bleachers.net or check out his YouTube channel by the same name.]



TIDE TABLES / SARATOGA PASSAGE / FEBRUARY 23 - MARCH 7, 2024

Da	ite	High /Low	Tide Time	Height Feet	Moon Visible
F	23 23 23 23	High Low High Low	5:23 AM 10:45 AM 3:44 PM 10:32 PM	11.7 6.2 10.0 -0.2	
Sa	24 24 24 24	High Low High Low	5:45 AM 11:17 AM 4:31 PM 11:07 PM	11.7 5.4 10.0 0.2	
Su	25 25 25 25	High Low High Low	6:84 AM 11:49 AM 5:17 PM 11:40 PM	11.7 4.7 9.9 0.9	
м	26 26 26	High Low High	6:23 AM 12:22 PM 6:01 PM	11.6 4.0 9.8	
Tu	27 27 27 27	Low High Low High	12:13 AM 6:43 AM 12:55 PM 6:46 PM	1.8 11.4 3.3 9.7	\bigcirc
W	28 28 28 28	Low High Low High	12:47 AM 7:05 AM 1:30 PM 7:34 PM	3.0 11.2 2.8 9.4	\bigcirc
Th	29 29 29 29	Low High Low High	1:22 AM 7:27 AM 2:09 PM 8:29 PM	4.2 10.9 2.4 9.2	0

	Date		High /Low	Tide Time	Height Feet	Moon Visible
	F	1 1 1	Low High Low High	2:01 AM 7:49 AM 2:53 PM 9:35 PM	5.5 10.6 2.0 9.1	0
	Sa	2 2 2 2	Low High Low High	2:48 AM 8:12 AM 3:42 PM 10:56 PM	6.6 10.3 1.6 9.1	0
	Su	3 3 3	Low High Low	3:48 AM 8:42 AM 4:38 PM	7.7 10.1 1.1	1
	×	4 4 4	High Low High Low	12:55 AM 5:00 AM 9:28 AM 5:39 PM	9.5 8.3 9.8 0.5	
	Tu	5 5 5	High Low High Low	2:13 AM 6:26 AM 10:43 AM 6:44 PM	10.3 8.5 9.6 -0.1	
	¥	6 6 6	High Low High Low	2:55 AM 7:46 AM 12:13 PM 7:45 PM	11.0 8.1 9.7 -0.9	
	Th	7 7 7 7	High Low High Low	3:30 AM 8:43 AM 1:33 PM 8:39 PM	11.6 7.2 10.0 -1.4	



CALL 360-387-0222 TODAY AND MAKE YOUR RESERVATION



Guided Bus Tours by Friends of Camano Island Parks (3 hours)

A Guided Bus Tour to Camano Island will be departing from the Floyd Norgaard Cultural Center during the Stanwood Camano Snow Goose & Birding Festival on Saturday, February 24, 2024 at 9:30 am and 1:00 pm. If you are interested in going on this 3-hour guided bus tour, please call the Camano Center at 360-387-0222 to make your reservation. Space is limited to 11 passengers per bus and a donation is suggested. There is some walking so wear outdoor shoes.

Here is the itinerary:

Departs	Destination	Time at Site
9:30 Departs from the Floyd	English Boom	30 min.
10:10 English Boom	Iverson Spit	40 min.
10:50 Iverson Spit	Barnum Point	40 min.
11:40 Barnum Pt.	Leque Island	20 min .
Arrive at the Floyd 12:30 pm		
1:00 Departs from the Floyd	English Boom	30 min.
1:50 English Boom	Iverson Spit	40 min.
2:30 Iverson Spit	Barnum Point	40 min.
3:10 Barnum Pt.	Leque Island	20 min
Arrive at the Floyd 4:00 pm		





Download A Map Of Camano Island



360-387-HOME



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