

Events, Information, and Entertainment in the Port Susan Area Camano Island • Stanwood • Warm Beach • Silvana • Conway







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### Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created BY local residents FOR local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: Deer and Fawn. Photo by Ken McMillan.



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Submission **DEADLINE: APRIL 11** for Next Edition (April 19 - May 2)

## Calendar of Events

### **JOKE:**

All those who believe in telekinesis, raise my hand.

### FRIDAY, APRIL 5 BEACH 1 GALLERY RECEPTION FOR CINDY FANKHAUSER



5-7pm. "It's all about the light, right? The play of light and rich color and movement in brushstrokes are what make painting a continual challenge but constant pleasure for me. I paint nearly every day and enjoy painting all things! 'Still life, florals, animals, birds, and land-scapes provide a never ending resource of subjects. I paint to satisfy an innate desire to create something beautiful that I hope will bring joy to the viewer. I hope my work gives you a smile and encourages you to collect. It's the absolute best when someone loves a piece so much they make it theirs. "Her art will be displayed and for sale the entire month of April. The Gallery is open 7 days a week. We will be serving pop, wine, bottled water and bags of chips for the reception. 1243 Beach Drive, Camano Island. 360-387-1655

FRIDAY, APRIL 5

### LAZY ACRES & PURE HALCYON

8-11pm at The Conway Muse. A night of rock n roll from Lazy Acres and Pure Halcyon! These are two rock bands known for their high energy and epic shows. Lazy Acres' sound is a hard-hitting blend of classic grunge and modern rock. With catchy hooks, thunderous guitar riffs, and emotionally charged lyrics, this band has quickly made a name for themselves. Pure Halcyon is a five-piece modern rock band that brings a unique twist to hard-hitting rock.

### RESERVE THESE DATES

Stanwood High School Greenhouse Production and Horticultural Science classes have been working hard this year to produce a great opportunity for the Stanwood

community by producing a fantastic plant sale for this year. Our **Bloom'n Plant Sale** is back for Year Three at the New High School! The hours will be Wednesday, Thursday and Friday 2:30 p.m. – 5:30 p.m. and Saturdays 10:00 a.m. – 3:00 p.m. Sale starts the last week of April and continues the first week of May. We are growing annuals, perennials, vegetable starts, herbs and many baskets.

Like us on Facebook: **Stanwood High School Greenhouse** – for updates on products and work being completed for our sales.



### Calendar of Events

### DID YOU KNOW?

Movie theaters make roughly 85% of their profit off concession stands because ticket revenues have to be shared with the movie distributors.

### FRIDAY, APRIL 5

### LIT LAB: "TOMFOOLERY"

at the Conway Muse. We have chosen Tomfoolery as the theme for April, so invent or bring something whimsical to share. We will begin somewhere between 6 and 6:30 pm.

### FRIDAY, APRIL 5

### **CD WOODBURY TRIO**

8:00pm - 11:00pm at Pub 282. GUITARIST, VOCALIST, & SONGWRITER. 2022 Washington Blues Society Hall of Fame inductee.

### SATURDAY, APRIL 6

### **ARTS N CRAFTS FAMILY FESTIVAL**

10am-4pm at The Floyd. We will have lots of arts and crafts along with crafts for the kids to make for mom for Mother's Day. Crafts for kids to make range from \$5 to \$15 each. We will have indoor and outdoor vendors. Free entry & Goodies for purchase.

### SATURDAY, APRIL 6

### **CARS & COFFEE**



Season opener! Bagels, music, and coffee all provided by us! You bring the cars! Have fun, be nice, and have a great time! 7:00 am to 10:00 am at 848 N Sunrise Blvd, Camano Island.







### 2024 SCHEDULE





### Coffee Break

### DATES

**9AM-10AM** 

MARCH 12 & 27

APRIL 6, 11, 6 23

MAY 8, 14, 6 23

JUNE 4, 19, 6 29

JULY 11, 23, 6 28

AUGUST 3, 7, 13, 6 22

SEPTEMBER 19, 21, 6 23

OCTOBER 10 6 22

ACTIVE DUTY, VETERANS, FIRST
RESPONDERS, AND EMERGENCY
PERSONNEL PLEASE JOIN US FOR
A FREE EVENT TO SOCIALIZE WITH
MEMBERS OF YOUR COMMUNITY
AND LEARN MORE ABOUT OUR
PROGRAM WITH THE HELP OF SOME
COFFEE!

VENDORS ARE WELCOME TO
EMAIL AN APPLICATION TO VEND
AT OUR COFFEE BREAKS.
VENDORS PLEASE EMAIL
INFO@HOOVESANDHEROES.ORG

- ★ A FREE SOCIAL MEETING FOR ACTIVE DUTY, VETERANS, FIRST RESPONDERS, EMERGENCY
- ★ SUPPORT PERSONNEL. AND THEIR FAMILIES

ARE WELCOME TO JOIN

2532 292ND ST NW STANWOOD

HOOVESANDHEROES.ORG

## Calendar of Events

SATURDAY, APRIL 6
2024 WINTER/SPRING WALK



FOUR SPRINGS LAKE PRESERVE. Meet at 9:45 a.m. at the parking area of Four Springs Lake Preserve. Proceed from East or West Camano Drive and turn onto Camano Hill Road. Turn North onto Lewis Lane. A FOCIP Walk sign will designate Lewis Lane. See this beautiful preserve with a walk on the Perimeter Trail including the wetland trail. The Perimeter Trail includes two 50 ft fairly steep hills with benches for resting at the top. The distance of the walk is approximately 2 miles. Hopefully, the skunk cabbage will be in bloom! A peek at the day rental Four Spring House and Meadow Room and Barn will be available if there is no rental scheduled that day. NO DOGS PLEASE!

The Crab Cracker had compiled this list of current events, derived from submissions & content from various resources, with effort to ensure accuracy. We recommend that you contact the venue or event to confirm the

Thank you.

info provided.

SATURDAY, APRIL 6

### THE ART OF LIVING GRACEFULLY WITH YOUR DOG



10:30 AM – 11:30 AM at the Camano Island Library. Dogs are really getting confused in this new "climate" of anything goes. This program, with trainer Cristine Cameron, will provide some basic instruction on how to effectively communicate with your canine family member(s) for a more positive and productive relationship. This program is for humans only - please do not bring your dog.

## Calendar of Events

### DID YOU KNOW?

PewDiePie supported his You-Tube channel by selling hot dogs. His persistence paid off when in 2012 his You-Tube channel garnered over one million subscribers. SATURDAY, APRIL 6

### **AUTHOR MEET AND GREET**

with Molly Dee Wells, Leah M. Kelley and Harriet Arden Byrd and Brittany Tucker! Noon-4pm at Wit's End Books, 10123 270th St NW, Stanwood.

SATURDAY, APRIL 6

### **JOE COOK BLUES BAND**

8:00pm - 11:00pm at Pub 282. The members are all award winning blues professionals with more than 30 years experience as gigging blues musicians. The band performs high energy traditional Chicago and west coast style blues, with elements of the old school Texas sound.

SATURDAY, APRIL 6

### **JAMES HOWARD BAND**

8-11pm at the Conway Muse. Conway Muse. We are looking forward to our debut performance at the Conway Muse. Get you tickets early. We plan to sell out.

SATURDAY, APRIL 6

### **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, APRIL 6

### **E-CYCLE**



10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.

SATURDAY, APRIL 6

### STANWOOD HIGH SCHOOL SPORTS

Varsity Baseball vs Jackson. 1pm.

## Calendar of Events

### DID YOU KNOW?

It snowed in the Sahara desert for 30 minutes on the 18th February 1979. SATURDAY, APRIL 6

### **BEAUTY BAR DIVAS**

Join us for some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. (360) 629-2324.

SUNDAY, APRIL 7

### SHS TEXTILE DRIVE

Stop by Viking Village 10am-noon to drop off your textile donations. Fundraiser supports the Stanwood High School 4A Booster Club Class of 2024 Grad Night.

MONDAY, APRIL 8

### **NAUGHTY BINGO**

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

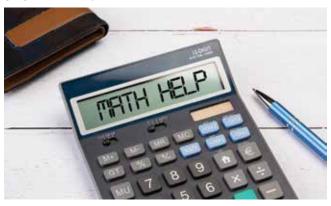
MONDAY, APRIL 8

### STANWOOD HIGH SCHOOL SPORTS

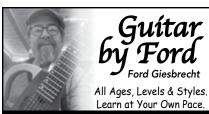
Boys Soccer vs Shorewood. JV: 5pm. Varsity: 7pm.

TUESDAY, APRIL 9

### **SHS MATH NIGHT**



by SHS Math Help Club. 2:30-4pm at SHS Commons. Come get help on math from peer tutors and teachers before 3rd quarter ends.



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## Calendar of Events

### DID YOU KNOW?

There's a reply to the saying "Liar, liar, pants on fire" – It's "I don't care, I don't care, I can buy another pair". TUESDAY, APRIL 9

### STANWOOD HIGH SCHOOL SPORTS

Softball vs Marysville Pilchuck. JV: 4pm. Varsity: 6:30pm.

TUESDAY, APRIL 9

### FREE COOKING DEMO

in the barn at Hazel Blue Acres in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Ouestions? Call 360-770-7261.

TUESDAY, APRIL 9

### SALISH SEA EARLY MUSIC FESTIVAL -CANTATA & LIEDER

Soprano Arwen Myers, harpsichordist Elisabeth Wright and baroque flutist Jeffrey Cohan. 7pm at Fir-Conway Lutheran Church, 18101 Fir Island Road, Conway. Additional information: www.salishseafestival. org/skagit. Admission is by suggested donation (a free will offering) of \$20 to \$30.

TUESDAY, APRIL 9

### ISR COMMUNITY FORUM

"When you speak, we listen." Join today's forum to envision the next decade of aging. Where are our persistent or growing neeeds of our aging population? What are the existing and anticipated gaps in service delivery in response to those needs? What are Island Senior Resources (ISR) and our partners doing now and what can we do more as we look ahead? 2-3:30pm at Island County Camano office - convergence room, 121 NE Camano Drive, Camano Island. Refreshments provided.

WEDNESDAY, APRIL 10

### **CAMANO CRAB DASH LOOP RUN**

with SC Runners - Stanwood Camano Runners. 6pm at Camano Center, 606 Arrowhead Rd. Let's get familiar with the crab dash loop. Beautiful views overlooking the Puget sound.

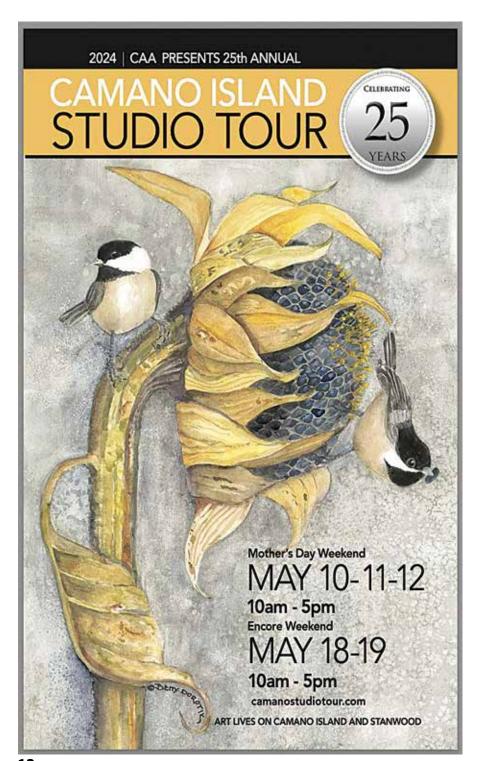
WEDNESDAY, APRIL 10

### STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Golf vs Everett. 3pm. Girls JV Tennis vs Arlington. 3:30pm. Varsity Baseball vs Marysville Getchell 4pm.







# Calendar of Events

### DID YOU

KNOW?

Employees at MillerCoors get three free cases of beer each month, in addition to having access to beer and cider on location after a work day.

WEDNESDAY, APRIL 10

### **SOUND THERAPY & MEDITATION**

6pm at Camano Island Library. Have you ever wondered why music moves us so powerfully, or the sounds of birds filling us with joy, or the cry of a child triggers our protective instincts? Almost every moment of every day, we react to sound on some level. It's well documented now that everything is vibration - we are beings of vibration. Doesn't it make sense that we would use sound, vibration, and frequency, which the body recognizes, to help keep us in a state of health and wellness? Sound therapy is the new way to decompress from our daily lives and take the time to relax and enjoy great health, a peace of mind, and spiritual connection. Come on in, bring a friend, a yoga mat, blanket, pillow, whatever will make you comfortable. Also bring water to stay hydrated!

WEDNESDAY, APRIL 10

### **DEATH CAFÉ**

7pm-9pm at 580 W Monticello Dr. Camano Island. Ages 18 and over. Come for cake and conversations. Death Cafe is a social gathering for a group directed discussion of death with no agenda, objectives, or themes. It is a discussion group rather than a grief support or counselling session. Tea and cake provided. If you feel inclined, please bring a healthy snack to share. There is no charge for this event. RSVP appreciated but not required. Vicki Tracy 425-239-9166, call or text. Accessibility info: There is one flight of stairs up to the house for entry. Please call me to see if I can arrange assistance.

THURSDAY, APRIL 11

### **WOMEN IN POLITICS FORUM**



The Stanwood-Camano Branch of AAUW is sponsoring a program "Women in Politics" on Thursday April 11 at 1 p.m. at the Camano Island Library Meeting Room. Please join us as an engaging panel of community women leaders discuss their experiences while participating in politics. Participants include: Helen Price Johnson, Janet St. Clair, Barb Tolbert, Mary Margaret Haugen and Karla Jacks. Social Half Hour begins at 12:30 p.m. with the program beginning at 1:00 p.m.

THURSDAY, APRIL 11

### STANWOOD HIGH SCHOOL SPORTS

JV Girls Golf vs Monroe

Freshmen Girls Tennis vs Mount Vernon. 3:30pm.



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9901 272nd Place NW Stanwood, WA 98292 www.josephinecc.com

# Calendar of Events

DID YOU KNOW?

Kanye West's song "Hey

Mama" was dedicated to his mother, who died in 2007 after compli-

cations with

plastic surgery.

### THURSDAY, APRIL 11

### **MEET THE ARTIST - HAPPY HOUR TAKEOVER**



featuring photographer Charvet Drucker. Event by Blue Heron Kitchen & Bar, 170 East Cross Island Road, Camano Island. Come Join us for a pop up gallery event with extended happy hour seating!

### FRIDAY, APRIL 12

### **BINGO NIGHT**



5:30-8pm. Event by Elger Bay PTA. 1810 Elger Bay Rd, Camano Island. Join us for a fun evening of BINGO! This family friendly event includes 10 bingo games, prizes, pizza and concessions! Doors and concessions open at 5:30pm. Bingo Games start at 6:00pm. Games end at 8:00pm. Family Bingo packs are available to purchase for \$30. Package includes 4 Bingo game packs, 4 pack of daubers, 1 large Little Caesars pizza and 4 sodas. Pizza, Bingo game cards and daubers will also be sold separately.

15

FRIDAY, APRIL 12

### STANWOOD HIGH SCHOOL SPORTS

JV Girls Tennis vs Snohomish. 3:30pm. Baseball vs Marysville Getchell. 4pm.



### **TONY JACKSON**

APRIL 12 & 13, 2024 DOORS OPEN AT 7:00PM | SHOW AT 8:00PM

### LIVE IN THE **PACIFIC SHOWROOM!**

Must be 21 or older. Management reserves all rights.





### Calendar of Events

### FRIDAY, APRIL 12

### JUNK DRAWER JEWELRY MAKING

3:00 PM – 5:00 PM at Camano Island Library. Join us for an afternoon of creative play with odds and ends of jewelry to adorn yourself with something brand new and beautiful to you! All supplies will be provided but participants are encouraged to bring any special pieces, charms, or items you would like to reconnect to second hand jewelry to wear once again! This program is intended for teens (and their parents!) and is supported by Camano Island Friends of the Library.

FRIDAY, APRIL 12

### **CHILL DEVILLE**

8:00pm - 11:00pm at Pub 282. Playing a fun, wide ranging mix of classic rock, blues, R&B and a few originals.

FRIDAY-SATURDAY, APRIL 12-13

### **RIBBON CUTTING & OPEN HOUSE**



Event by HOTWORX - Stanwood. Ribbon cutting April 12 at 2pm at 26477 72ND AVE NW, Stanwood. HOTWORX Stanwood is thrilled to announce our ribbon-cutting ceremony. We are honored to have the mayor in attendance and would love for you to join us! Our team is ecstatic to unveil our newly opened doors and welcome everyone inside! Enjoy small giveaways and take advantage of our selection of athletic clothing, shakers and tumblers, supplements, meal replacements, totes, sprays and more!! See you there and join us for our OPEN HOUSE the next day (4-13)! We will have mini tattoo's by Luxury Beauty Services (by appointment only), raffles, and High on Tacos will be serving up some yummy tacos.

### **JOKE:**

I saw a small bottle of cologne and asked if it was for sale. She said it's "Free With Purchase." I asked her if anyone bought anything today.







### **KEYNOTES:**

Empowering children with True Readiness

The Missed needs in "Miss" behavior"

FEATURING DENITA DINGER

### APRIL 13 8AM-4PM

Since 2009 Denita has traveled the globe passionately educating parents, caregivers and educators about listening to children and seeing the learning power of child-led play.

Attendees will leave this event inspired, rejuvenated and excited to have the information they will use in their relationships with children.

ECE Professionals are eligible for 6 stars training hours in the Core competency of Curriculum and Early Learning Environments



Scan QR Code to purchase Tickets \$40 Morning Snacks & Lunch Provided

Camano Center 606 Arrowhead Road, Camano Island





Community Coalition of Stanwood Camano is a partnership between community organizations. One of the objectives is to create community-wide programs to encourage early learning.



The Stanwood-Camano School District has neither reviewed nor approved the program, personnel, activities or organizations announced in this flier, and undertakes no responsibility to supervise these events. This information is provided as a community sensor and organizer. This is not a district sponsored or endorsed event."

# Calendar of Events

### SATURDAY, APRIL 13 **BOATER SAFETY**



Presented by: United States Coast Guard Auxiliary. Topics to be covered include: Situational awareness on the water; Rules of the road; Navigation in the era of onboard electronics; Weather in the Salish Sea; First aid / medical issues; Questions / Answers. Community & Members Welcome. Beverages and Light snacks furnished. No Cost to attendees. No pets. 10 am-2:30 pm at Camano Island Yacht Club, 129 North Sunset Drive, Camano Island. Email bswander44@gmail.com

SATURDAY, APRIL 13

### **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, APRIL 13

### STANWOOD LACROSSE 4TH ANNUAL SPRING BENEFIT AUCTION

5pm at the Camano Country Club. We are a youth lacrosse organization that serves both girls and boys from kindergarten through twelfth grade. Our program has been in existence since 2004, we have been around long enough that we are now seeing kids graduate and receive college scholarships. We are very proud of what we as a program have accomplished; this includes the parents, students, and donors that came before us. We are attempting to honor what they built by continuing and growing this program. This auction is forming into a spectacular event. Our intent with this event is to offer a place and time to socialize with fellow community members while enjoying a fabulous meal from The Mustard Seed and the opportunity to bid on adventurous, fun, and unique auction packages. A bidder winning an item at our auction does not just provide the winner with an awesome product, service, or adventure, it provides our programs athletes with the ability to play and compete at an affordable cost. It provides our athletes the ability to train and play with safe equipment that is in good repair. Stanwood Lacrosse does not hold tryouts, we do not cut players, even at a high school level. Our program is about growing the sport and getting all kids involved.

### DID YOU KNOW?

Although dingoes are about the same size as a Springer Spaniel, they are brave enough to target an adult kangaroo when hunting in packs.



### DID YOU KNOW?

The commonly known phrase "to a T", means something that fits just right. Interestingly enough, this expression derives from a similar phrase "to a tittle", which is a small mark that is used in spelling norms, like the dots of i's or i's, or an accent mark.

SATURDAY, APRIL 13

### PRIME RIB DINNER

Presented by Stanwood American Legion Post 92, 26921 88th Ave NW. Served 4pm until gone. PUBLIC WELCOME! Thank you for your continued support. Delicious prime rib, baked potato, veggies, salad, roll & dessert. \$25 adults; \$10 for age 12 and under.

SATURDAY, APRIL 13

### JIMMY WRIGHT BAND

8:00pm - 11:00pm at Pub 282. Catering a wide variety of music.

SATURDAY, APRIL 13

### **SPRING SIP & SHOP**

10am-3pm at Lincoln Hill Retirement Community & Senior Center, 7430 276th St NW, Stanwood. Arts and crafts sales event.

SUNDAY, APRIL 14

### BINGO AT THE VIKING HALL

Doors open at 5pm and games begin at 6pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

SUNDAY, APRIL 14

### **WOMEN VETERANS CIRCLE**

3pm at Hooves & Heroes, Stanwood. Join us for an afternoon of creative arts using collae and mixed media. Angie, A Journeycircles facilitator, will help us explore our inner landscapes. This peer-support circle is open to all female veterans. No prior art experience is required. We focus on art as a process, not art as the product. Everyone is welcome! Sign up at www.hoovesandheroes.org.

SUNDAY, APRIL 14

### LIGHT LANGUAGE DRUMMING CIRCLE

10am-noon at 2532 292nd St NW - Stanwood. Intuitively led community drum circle for people of all ages. Bring your enthusiasm and instruments! Drums, rattles and anything that makes a joyful noise! Additional instruments will be provided. Come play our newly refurbished pow wow drum, too. Light Language Drumming Circles are designed to build community, deepen your spiritual gifts, and express your soul through sound.

MONDAY, APRIL 15

### STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Tennis vs Everett. 3:30pm. JV Softball vs Everett. 4pm. JV Boys Soccer vs Everett. 5pm.

MONDAY, APRIL 15

### **NAUGHTY BINGO**

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

# Calendar of Events

### DID YOU KNOW?

By mixing nonoplatelets from carrots and other root vegetables, concrete mixtures can be significantly strengthened, meaning less cement is needed to achieve the same effect. TUESDAY, APRIL 16

### STANWOOD HIGH SCHOOL SPORTS

JV Baseball vs Arlington, 4pm.

WEDNESDAY, APRIL 17

### **BOEING SPEAKER PRESENTATION**

Stanwood-Camano Kiwanis extends an invitation to join us at the Cookie Mill to listen to a special speaker from Boeing. About the Speakers: Our team is eager to discuss the exciting work happening within our facilities, as well as our contributions to the local community. With more employees in Washington than anywhere else in the world, we are proud to be a part of the region's growth and development. While we share a vibrant past, we also share a promising future. During the presentation, our speakers will cover a range of topics. Please join us for this informative meeting. A variety of muffins and scones will be served. Coffee and tea is available for purchase (along with other breakfast goodies).

WEDNESDAY, APRIL 17

### STANWOOD HIGH SCHOOL SPORTS

JV Girls Tennis vs Marysville Getchell. 3:30pm.

WEDNESDAY, APRIL 17

### **DROP-IN CONSTRUCTION ZONE!**

3:30 PM – 4:30 PM at the Camano Island Library. Come build and explore with a variety of materials, which may include LEGO®, Magna-Tiles®, gears, blocks, and more! No registration required.

WEDNESDAY, APRIL 17

### INTRODUCTION TO POLLINATOR DIVERSITY

CAMANO WILDLIFE PROGRAM. Bob Gillespie, retired entomologist, will introduce participants to some of the key characteristics used to identify pollinators, their fascinating life histories, the approximate time adults are actively collecting pollen and nectar, some important habitats for their survival, and where they spend their lives developing into adults. 7 pm, at the Island County Multi-Purpose Center, 141 East Camano Drive, Camano Island.

THURSDAY, APRIL 18

### STANWOOD HIGH SCHOOL SPORTS

JV Girls Golf vs Snohomish. 3pm. Freshmen Girls Tennis vs Burlington Edison. 3:30pm. Varsity Girls and Boys Track vs Lake Stevens. 3:30pm. Varsity Baseball vs Arlington. 4pm.

THURSDAY, APRIL 18

### CHRIS EGER

Thu Apr 18th 7:30pm - 10:00pm at Pub 282. Guitarist AND vocalist. Rock and Blues, Country, Funk and Soul collide in this modern take on vintage roots music.

### Kid's Korner

### DID YOU KNOW?

A cluster of bananas is called a "hand". Along that theme, a single banana is called a "finger".

### **CONSTRUCTION PAPER SUN PRINTS**

Try this artistic science experiment to show your kids how shade protects us from the Sun's ultraviolet rays.



What You'll Need: Colorful construction paper; Clear plastic wrap, or a large piece of plexiglass; Leaves, flowers, or other flat items; Small rocks to use as weights

Here's What to Do: 1. Send your child outdoors to collect leaves, flowers, and other natural items. Tell them to look for flat objects with interesting shapes. 2. Place colorful construction paper in the sunlight on a driveway, sidewalk or table. 3. Ask your child to create designs on the paper using the natural items they found. 4. Help to cover the items with clear plastic wrap (or plexiglass) and weigh the edges down with rocks, so that the plastic lays flat and won't blow away. 5. Leave your project in the sun for two or three hours. 6. After a few hours, have your child remove the plastic wrap and decorative plants from the paper to see the designs they created.

The Science Behind the Fun: Some of the Sun's energy travels to Earth as light waves. Certain light waves, called ultraviolet waves, have enough energy to break the bonds of chemicals, like the dyes in construction paper. This changes the color of the paper. In this experiment, you'll see that the construction paper shaded by leaves and flowers didn't change color. That's because the ultraviolet light waves were blocked out and couldn't damage the paper. The sun's ultraviolet (UV) light can damage skin too. That's why it's smart to wear UV-blocking sunscreen, or stay in the shade when the sun is strong.





### FLOWER PETAL WATERCOLORS

Create your own natural paints using flowers!

### WHAT YOU'LL NEED:

- · A few flowers with different colored petals.
- · Hot water
- Re-sealable plastic bags
- Measuring spoons
- · Rolling pin
- · Mesh strainer
- Jars, muffin tin or ice cube trau
- · Paper
- Paintbrush



### HOW TO DO IT:

- Carefully pick a few different colored flowers from your yard or garden, if you don't have a garden, you
  can buy flowers from a local florist or pick a few wild flowers (if you decide to do this, know the rules and
  regulations. Some areas you visit may not allow you to collect flowers. Always be a responsible naturalist!)
- Once you have flowers, remove the petals from each flower and place them in their own re-sealable plastic bag.
- With an adult, heat up some water on the stove or in the microwave. It should be not but not bubbling or boiling.
- 4. Add a few tablespoons of water to the bags, just enough to cover the petals.
- Now, gently souish the flower petals using your hands or a rolling pin. Let this mixture sit for an hour or so to get a more vibrant color from the flowers.
- 6. Strain the petals from each bag and place each watercolor in its own container (either a cup, section of a muffin tin, or ice cube trau.) Are the colors what you expected?
- Paint with your newly created watercolors! You can keep experimenting by seeing what happens when you do this with different flowers, leaves and stems!



Find more fun activities like this one for free at www.academy.animaljam.com







### Welcoming Friends, Enriching Lives

Old Friends Club empowers our community to cultivate joy in the lives of adults with dementia and nourish the well-being of family caregivers. This weekly social respite program works to provide reliable, scheduled respite to those caring for a friend or family member living with dementia. Our Club is a place of friendship and belonging for those living with dementia, where they share life together through conversation, music, art, games, exercise, and a meal.

### A typical 5 hour day:

- Low-impact social time to encourage group engagement and support
- Small group setting with 2 to 1 ratio of participant to experienced staff & volunteers
- Light physical activities
- Art and other creative projects
- Group-oriented games and other forms of cognitive stimulation
- Lunch, snacks, and light refreshments throughout the day

Program Days: Tuesdays & Thursdays, 9:30-2:30
Location: Camano Center,
606 Arrowhead Rd.
Pre-registration required

Contact the Camano Center to find out if this program is the right match for you: info@camanocenter.org or 360-387-0222 606 Arrowhead Road, Camano Island, WA

# Moonshine Wisdom & Wit

Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at www. skeeterdaddle.net

### **END OF THE WORLD AS WE KNOW IT**

The Pilot Lounge opens at noon every day except Christmas but its closing time is a bit less predictable, varying from early evening to the rare post-midnight last call for alcohol. Owing to the fact that the clientele has aged, last call keeps arriving earlier every year. The other night, though, nobody seemed ready to go home to face the music waiting there. Travis, our token working stiff, one of the few regulars who still hold a job, had launched into a debate a few drinks past enough, something to the effect wondering what us boys worried about the most.

Two Toke took the bait right off the hook. "Trump." Jerry, our tech savvy compatriot, shook his balding head and declared Artificial Intelligence. "Same thing," Two Toke retorted, obviously over-served.

"I'm dead serious," Travis declared. "What keeps you awake at night."

Fairlane Fred said, "Pandemic, the next one," and Walter groaned, "no more masks, no more quarantines," then said his biggest fear was the government confiscating his guns.

"Global warming," Teddy, our bartender, tossed in, wiping down the bar and cleaning glassware. "My kids think it'll be the end of the world. I tell em, not everyone's gonna die but they don't believe it. First the polar bears and then they're next."

"China invading Taiwan," Paul threw out. Paul was a history teacher at the middle school back when.

Around we went. Another round too. Asteroid strike, nuclear war, genetic manipulation --- someone mentioned Facebook, someone else Rap Music --- Android Apocalypse, immigration, take yer pick!! Or all of the above.

Needless to say, none of us wanted to stumble out into the sodium-lit parking lot and drive off into an uncertain darkness, until finally, I think it was Little Jimmy who said, "boys, I'll tell you, honest to God, what scares me the most is walking into my house at 2 in the morning and finding Linda waiting up, asking just where the hell I been."

Two minutes later we'd all left. Some fears are far more immediate than future catastrophes.

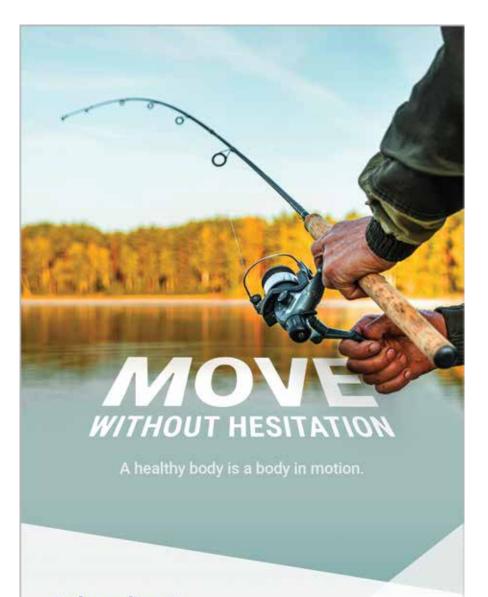


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SkagitRegionalHealth.org/orthopedics



# Photos and Art



Spring lamb photo by Peter K.



Daffodil. Photo by Rosenthal.

### DID YOU KNOW?

Honey, and items immersed in honey, can be preserved for centuries. The long shelf life is due to an enzyme found in the stomachs of bees.



Fawn photo by Paul Brennan.









**DID YOU** KNOW?

Both Motel 6 and Super 8 got their names from the original prices of the rooms, Motel 6 started at \$6 in 1962, and Super 8 at \$8.88 in 1974.

AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052

BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885

BEAUTY BAR SALON + LOUNGE (Stanwood) • (360) 629-2324

**BEST BURGER HUT** (Stanwood) • (360) 853-0067

BLUE HERON KITCHEN & BAR (Camano Island) • (360) 502-8700

CAMA BEACH CAFE (Camano Island) • (360) 387-3266

CAMANO ISLAND INN (Camano Island) • (360) 387-0783

CAMANO THAI (Camano Island) • (360) 926-8688

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CONWAY PUB & EATERY (Conway) • (360) 445-4733

COOKIE MILL (Stanwood) • (360) 629-2362

CRISTY'S LUMPIA & MORE (Stanwood) • (360) 629-2727

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**SUBWAY** (Camano Island) • (360) 631-5055

**SUBWAY** (Stanwood) • (360) 629-2678

**TACO TIME (Stanwood)** • (360) 629-5018

TAPPED CAMANO (Camano Island) • (360) 572-4986

THAI THAI KITCHEN (Stanwood) • (360) 629-0600

TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001

WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300

29

WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372 www.TheCrabCracker.com

# Artist of the Week

Are you interested in promoting your art, craft, or live performance?

Email us info or a bio about yourself and we will feature this page to you... and it's all FRFF!

### **NICKI WRIGHT**



Please come and visit my studio during the Camano Island Studio Tour May 10th, 11th and 12th, and the following weekend May 18th and 19th. I am in Studio 14 at 245 Grandview circle. I have Watercolors, Giclees, Tiles, Notecards and new this year....Wrapped Rocks!

NickiWightWatercolors.com. nicki.wight@aol.com



## Business Spotlight

### HYDRATING WATER LLC



in North Camano has been providing island residents with the very best solution for fixing the funky water on our beautiful island! RE-FINING YOUR TAP WATER IS WHAT WE DO! Experience the Power of Alkaline Antioxidant Water: As Electrically Reduced Water (ERW)-Kangen Water is specially formulated with abundant H2 to provide you with the ultimate hydration experience. Its alkaline properties and antioxidant benefits can take your hydration game to the next level.

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### Diane Hill Memorial Art Show

WE REMEMBER DIANE AS A DEDICATED ARTIST, TEACHER, ORGANIZER AND FRIEND. SHE WAS A CREATIVE SPIRIT INVITING US TO LOOK DEEPER INTO THE FAMILIAR.

Her paintings evoke serenity and joy





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Diane Hill Studio May 10th and 11th



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BUENA VISTA \$1,285,000
Wonderful Utsalady/Skagit Bay and Canadian mountain views at this beautiful Camano home. #2209235



HOME ON ACREAGE \$1,150,000
Gorgeous estate-like property on Camano includes large shop, cabana, hot tub, covered deck and fabulous updated indoor spaces. #2189974



VACANT LAND \$129,000
Peaceful and private 1+ acre lot located mid island to build your new home or weekend getaway. #2206727



PRE-SALE \$859,000

North Camano one level home with 3-car garage, covered patio crafted by local builder Titan Homes and completed end of June. #2208154

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CAMANO ISLAND 818 N. Sunrise Blvd. 360.387.4663

Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR

### We want to hear from you!

We are exploring opportunities to connect with Camano Island gardeners & farmers.

Our interests include:

- Build relationships, collaborate, & share information, on local sustainable farming & gardening practices.
- Develop strategies to address local food insecurity & sustainability via community gardening & food projects.
  - Educate youth & community members on the importance of local food systems
    - Establish goals to strengthen the health & resilience of our community.

### Two initial ideas we are seeking input & collaboration on:



School gardens for Camano Youth Teaching garden & produce stand at Camano Island Health System





## Classes and Workshops

### DID YOU KNOW?

About 25% of all blood from the heart goes into the kidneys. FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to premium websites and records. Contact us at camano@familyhistorymail.org, or find us on Facebook.

**Yoga Classes In-studio & Online** at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes; regular membership rates apply.

**Guitar Lessons with Ford Geisbrecht.** All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

**Private Music Lessons:** Hart Music School - piano, guitar, bass guitar, ukulele, voice, and songwriting for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Book a complimentary 30-minute lesson at HartMusicSchool.com/free-trial.

**Yoga for Beginners Five Week Session** May 7-June 4, Tuesdays. Whether you are brand new to yoga or returning after a long absence, this 5-week course will prepare you with the first steps toward a regular practice. Sign up at movementarts.com or 360-629-9100.

**Homeownership workshop** every month on the fourth Thursday of each month at Elite interiors next to UPS store from 6 to 8 PM. We will not be holding them In June, November or December.

It's Elemental: Yoga and Ayurvedic Wisdom for Modern Living. Immerse yourself in the understanding of the 5 Great Elements (Panca Mahabhutas) of earth (prthvi), water (ap), fire (tejas), air (vayu) and ether (akasa). You'll understand how these elements are the foundation for the 3 energy principles (doshas) of vata, pitta and kapha and how these are present in the entirety of our existence. This workshop is available In-Studio or Online. Sign up at movementarts.com/events or call 360-629-9100.

**Line Dance Lessons** at the Camano Center — Wednesdays 3:00pm-3:45pm. \$10/person or \$8/Camano Center Members. Join us! More info at www.socialdancesimplified.com.

### 1

### **GRIEF Support Group**

Help and encouragement after the death of a loved one

January 11-April 4, 2024 6:00-8:30pm Restoration Church Camano Island 788 Smith Rd.

More Info: griefshare.org/groups/175418





Sunday, April 28, 2024
Stanwood, WA



BIKE CAMANO ISLAND!

bikesclub.org/mcclinchy

### DID YOU KNOW?

If you keep smelling something that is not really there, you may be experiencing the earliest symptoms of schizophrenia.

### **TOTAL SOLAR ECLIPSE - APRIL 8TH**

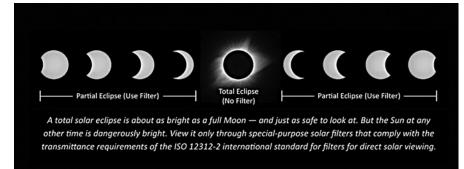
On April 8, 2024, a total solar eclipse will cross North America, passing over Mexico, the United States, and Canada. A total solar eclipse happens when the Moon passes between the Sun and Earth, completely blocking the face of the Sun. The sky will darken as if it were dawn or dusk. Do you have specialized eye protection for solar viewing on April 8th? As you may have heard, a solar eclipse will occur across parts of the United States on April 8th. For those lucky enough to be in the path of totality on that day, it will be a total solar eclipse. Those not in the path of totality everywhere else in the U.S. will see a partial eclipse. No matter where you are on that day, there are important precautions to remember. According to NASA, it is only safe to look directly at the Sun with specialized eye protection for solar viewing that meets the ISO 12312-2 Standard for Solar Viewers. Do NOT use regular sunglasses. If you're in the path of totality, you can remove solar glasses ONLY during the brief phase of a total solar eclipse when the Moon completely blocks the Sun's bright face. You can find a list of suppliers of safe solar viewers & filters by the American Astronomical Society here - https://eclipse.aas.org/eye-safety/ viewers-filters Viewing any part of the bright Sun through a camera lens, binoculars, or a telescope without a special-purpose solar filter secured over the front of the optics will instantly cause severe eye injury. View the Sun through eclipse glasses or a handheld solar viewer during the partial eclipse phases before and after totality. Eclipse glasses are NOT regular sunglasses. No matter how dark, regular sunglasses are unsafe for viewing the Sun. Do NOT use eclipse glasses or handheld viewers with cameras, binoculars, or telescopes. Those require different types of solar filters.

### **SOLAR ECLIPSE GLASSES**

Come and get your special edition glasses at the Stanwood Library in preparation for the upcoming partial solar eclipse scheduled to take place on Monday, April 8, 2024! Hurry while supplies last.

### STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.



### THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

### **MONEY SMART WEBINARS**

We've just released our Money Smart course schedule for 2024, and this year, we're offering all classes online via convenient webinars. It's now easier than ever to attend our Money Smart for Small Business courses designed to help those starting and managing a business. Webinars are hosted by Katy Woods, Coastal Community Bank Branch Manager and Certified Coach. April 5: Financial Management. May 30: Managing Cash Flow. June 20: Building Credit. Register now at https://www.coastalbank.com/money-smart/

### SHS HORTICULTURE ANNUAL PLANT SALE



Stanwood High School Greenhouse Production and Horticultural Science classes have been working hard this year to produce a great opportunity for the Stanwood community by producing a fantastic plant sale for this year. Our Bloom'n Plant Sale is back for Year Three at the New High School! The hours will be Wednesday, Thursday and Friday 2:30 p.m. – 5:30 p.m. and Saturdays 10:00 a.m. – 3:00 p.m. Sale starts the last week of April and continues the first week of May. We are growing annuals, perennials, vegetable starts, herbs and many baskets.

### DID YOU KNOW?

Queen Elizabeth saved up postwar clothing ration coupons in order to pay for her wedding dress in 1947.





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### DID YOU KNOW?

Every second, the human eye moves about 50

### AARP TAXAIDE – APPOINTMENTS STILL AVAILABLE

AARP TaxAide is providing FREE tax return preparation on Tuesdays and Thursdays at Lincoln Hill Retirement Community in Stanwood thru April 11th. Appointments must be made in person when picking up a Tax Payer packet at Lincoln Hill. Appointments are still available but going fast so make your appointments now. While our goal is to assist Seniors and low income individuals, we will do returns for any taxpayers that fall within our scope.

### FREE HEARING AID CLEANINGS

(by Stanwood Hearing). April 5th from 11am – 12pm @ The Stillaguamish Senior Center. September 4th from 12:30-1:30pm @ The Stanwood Lincoln Senior Center. Upcoming Hearing aid Screening, Cognivue Brain Screening & Hearing aid Cleanings (complimentary) April 10th from 11am-2pm (call us to save your timeslot) 360-572-4422.

### **SNOHOMISH COUNTY MASTERS**

will be holding gardening clinics at Haggen each Saturday beginning April 20th from 10:00 - 2:00. Please come and bring your gardening concerns. (It is very helpful if you bring samples and/or photos so that we can identify the issues & give accurate advice.)

### "WOMEN PAINTERS OF WASHINGTON" SHOW

"Limitless Possibilities" at Matzke Fine Art Gallery and Sculpture Park. 2345 Blanche Way, Camano Is., WA . Plus New sculptures in the ten acre park. The show continues through April 14th. More info: www. matzkefineart.com.

### **ASG DONATION PICK UP**

Our drivers will be out Saturday April 13th to collect your green bags for the Stanwood/Camano Food Bank. (The pick-up hours are 9 AM-11AM). Most needed items for the February pickup are: canned chicken, spaghetti noodles, hearty canned soups, mac and cheese, and toilet paper. If you are not on our pick-up list and want to join our efforts please contact us at asimplegesture@scfbs.org or call 360 572-4148.



### Jan Mather

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### \$10,000 SCHOLARSHIPS AVAILABLE

Scholarship Season is now open. AAUWS-C (American Association of University Women Stanwood-Camano) is offering three scholarships to local students in their junior, senior or Master's degree year at university. Applications may be found at aauwsc.org.

### DOG BARN HUNT COMPETITION



at SchaSam Farm, 4910 - 268th St. NW, Stanwood is open for registration. Any dog may compete with Barn Hunt registration with registration and even forms at: www.barnhunt.com. The dogs try to find live rats in PVC tubing hidden in rings filled with straw bales. The trial is April 19th to 21st. Spectators are welcome as well.

### DID YOU KNOW?

Credit card EMV chip technology has been around since 1986. It was first implemented in France, with Germany following shortly after.

### KRISPY KREME FUNDRAISER

The Dance Project NW Foundation is thrilled to announce that pre-orders for Krispy Kreme Donuts are now open for our next Individual Dancer Fundraiser! We invite our community to indulge for a cause - 100% of the funds go directly back to supporting our talented dancers at The Dance Project NW. We are accepting pre-orders now. We'll have pre-orders and day-of-sales for the public on Saturday, April 20th, from 9 AM until 12 PM (or until sold out!) at the Stanwood Camano News Parking Lot. More details can be found on our Facebook Event Page.



FAMILY OWNED & OPERATED! Elger Bay • Camano Plaza • North Camano

### <u>Bonus Days</u>

SUPER SIZE SUNDAY: 50¢ off any 20oz. drink MOCHA MONDAY: 50¢ off any 20oz. hot/iced Hershey's Mocha!

2 STAMP TUESDAY: Double stamps for every 12oz. drink THIRSTY THURSDAY: 50¢ off any 32oz. drink



### CONGRATULATIONS TO SCOTT CHASE



for winning the Jan Holmes Coastal Volunteer of the Year Award! We are thankful for all of his hard work and dedication to making the Salish Sea a better place. For more information, please visit: https://www.islandcountywa.gov/189/Natural-Resources



www.allenroofing.com

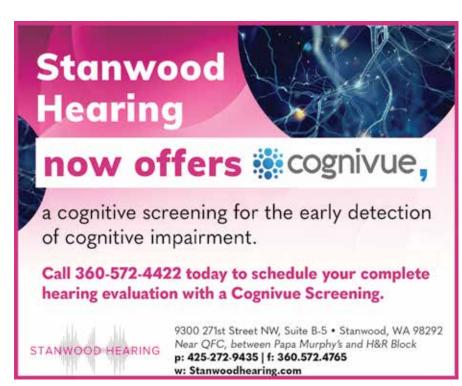




### PLEASE BE CAREFUL



when mowing or weed whacking. It's almost baby bunnies season again. Please be careful when clearing the garden. Photo from Michael Pearson. Posted on Facebook.



### DID YOU KNOW?

The Twenty One Pilots fan base is known as the Skeleton Clique.

### WALK AS ONE FOR PEACE ON WORLD LABYRINTH DAY AT FREEDOM PARK

On Saturday, May 4, 2024, thousands will participate in the sixteenth annual World Labyrinth Day as a moving meditation for peace and celebration of the labyrinth experience. You are welcome to learn more and participate if you are familiar with labyrinths or new to non-maze labyrinth paths. World Labyrinth Day is an international event held on the first Saturday of May. The Labyrinth Society sponsors it in collaboration with partner organizations, including the Australian Labyrinth Network, Legacy Labyrinth Project, and Veriditas. will "Walk as One at 1" by walking a labyrinth at 1:00 p.m. local time to create a rolling wave of peaceful energy passing from one time zone to the next around the globe. There will be individual walks, local community celebrations, and worldwide connections through online events and social media. Join us at 12:30 at our new Labyrinth at Freedom Park for recognition of our sponsors and volunteers and a brief overview of labyrinths. We thank the Camano Island Chamber of Commerce, The Labyrinth Society, Oxborough Excavation, Lenz Enterprises, Austin's Lend-a-Hand, the Freedom Park Association, Grant and T'na Shaw, Marla Williams, and Michala Connolly for their contributions. At 1 pm, we will experience our new labyrinth at Freedom Park and join the "Walk as One at 1" worldwide event accompanied by Michala Connolly of Skye Healing playing Sound Bowls. Labyrinths are found worldwide, with the oldest dating back thousands of years. In contemporary use, labyrinths allow for personal reflection, spiritual practice, or stress reduction in many public and private settings. Over 6,000 labyrinths are listed on the World-Wide Labyrinth Locator website: labyrinthlocator.com. The Labyrinth Society Global Group on Facebook, created in tandem with World Labyrinth Day, has since grown to over 15,000 members from 100 different countries, with steady use throughout the year and a peak in activity yearly around World Labyrinth Day. Visit worldlabyrinthday.org for more information, resources, and ways to participate. The Labyrinth Society is a U.S.-based international nonprofit organization founded in 1998 whose mission is to support all those who create, maintain, and use labyrinths and to serve the global community by providing education, networking, and opportunities to experience transformation



Discover the innovation, creativity and excitement of glass artistry! **Visit pilchuck.org/springtours** to purchase tickets & learn more.



### DID YOU KNOW?

When Nike first started, it was called Blue Ribbon Sports. The name was changed in 1971.

### **HOOVES & HEROES COFFEE BREAKS**

If you are an Active Duty, a Veteran, a First Responder, or an Emergency Personnel, please join us for a free event to socialize and have coffee with members of your community while learning more about our program! For more information please visit https://hoovesand-heroes.org/ We are also accepting vendor applications for these events; if you are interested in vending at our Coffee Breaks, please email us at info@hoovesandheroes.org.

### LIBRARY STORYTIMES

A play time or activity will follow after storytime). Monday: Toddler Storytime with Jennifer - 10am - Camano Island Library. Jump and bounce together into a world of stories, music, and movements. Tuesday: Family Storytime with Jennifer - 10am - Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family. Wednesday: Family Storytime with Vicky - 10:30am - Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family. Thursday: Toddler Storytime with Alex - 10:30am - Stanwood Library. Jump and bounce together into a world of stories, music, and movements.

### **CAMANO ISLAND MAKERS NIGHT**



April 4 and April 17 at the Camano Island Library, from 6-7:30 pm. Bring your current project, meet other local makers, and build community. I'm looking forward to meeting you.



### DID YOU KNOW?

Sour Patch Kids are from the same manufacturer as Swedish Fish. The red Sour Patch Kids are the same candy as Swedish Fish, but with sour sugar.

### **LOCAL DANCE AWARD WINNERS**

Tessa Steiner and Sela Kramer, talented dancers at The Dance Project NW and seniors at Stanwood High School, have clinched the prestigious Top Scoring Elite Dance Performance award at the Platinum Dance Competition. This remarkable achievement underscores their dedication, skill, and artistry in the world of dance. Outshining over 400 entries, Tessa and Sela's mesmerizing duet captivated judges and audience alike, earning them the highest score of the entire competition. Their performance, a testament to their unwavering commitment and synchronized talent, stood out amidst fierce competition. Both exemplary students with outstanding academic records, Tessa and Sela are not only leaders in the studio but also active participants in their school community. Their passion for dance is matched only by their dedication to their studies and extracurricular activities.

The duo's award-winning routine was expertly choreographed by Amber Welte, the studio owner of The Dance Project NW. Reflecting on Tessa and Sela's achievement, Amber Welte expressed immense pride, stating, "It has been an honor to witness Tessa and Sela's journey in dance. Their unwavering commitment and exceptional talent have truly set them apart. Winning the Top Scoring Elite Dance Performance award is a testament to their hard work and dedication." In addition to Tessa and Sela's outstanding performance, The Dance Project NW also saw other remarkable successes at the Platinum National Dance Competition. Several dancers and teams received the top adjudication, earning the prestigious Platinum Plus designation. Among them were: "Dream", an Intermediate Junior Lyrical Duet, which also placed 2nd overall of Intermediate Junior Duos & Trios. The dancers of "Dream" are McKinley Tedrow and Leonora Bruce; "Oceans", an Elite Senior Small Group, which also placed 5th overall of Elite Senior Small Groups. The dancers of "Oceans" are Addy O'Harra, Samantha Sphar, Tessa Steiner, and Sela Kramer; "Self Love", an Elite Junior Open Solo, which also placed 4th overall of Elite Junior Soloists. The soloist for "Self Love" is Leielle Mae Miller: "A Moment Of Silence" an Elite Pre-Pro Open Solo. which also placed 4th of Elite Pre-Pro Soloists. The soloist for "A Moment Of Silence" is Tessa Steiner; "Carry Out" an Intermediate Junior Hip-Hop Small Group, which also placed 2nd overall of Intermediate Junior Small Groups. The dancers of "Carry Out" are Alice Joseph, Christiana Carlson, Emma Cameron, Ethan Welte, Jaymeson Bruce, Leonora Bruce, McKinley Tedrow, Tanna Koster; "Sad Pony" an Elite Pre-Pro Hip-Hop Trio. The dancers of "Sad Pony" are Aurora Fleck, Tessa Steiner, and Sela Kramer; and "Jordan Belfort" an Elite Teen Hip-Hop Small Group, which also placed 1st overall of Elite Teen Small Groups. The dancers of "Jordan Belfort" are Aurora Fleck, Leielle Mae Miller, Makenna Pike, Merit Knowlton, Rachel Long, Samantha Spahr, Sela Kramer, Tessa Steiner, and Zivia Dietz. Furthermore, The Dance Project NW celebrated several soloists and routines earning nominations to the Championship Competition, an invitational-only event. Dancers and routines earning this prestigious recognition must be invited or have earned a Platinum Plus adjudication. In addition to the Platinum Plus routines, the following soloists were invited: "Catharsis" an Elite Teen Solo performed by Zivia Dietz, and "What Was I Made For" an Elite Teen Solo performed by Rachel Long. As they continue to shine on stage and inspire others with their artistry, Tessa and Sela look forward to representing The Dance Project NW with the rest of their teammates at the upcoming Starpower competition in Burien, WA later this April. For more information: (425) 443-0155 or hello@thedanceprojectnw.com.

### DID YOU KNOW?

Rednex, the band who remixed and popularized Cotton Eye Joe, is not Southern, but Swedish. They all have Southern sounding stage names.

### 2024 PHILANTHROPIST OF THE YEAR AWARDS



SCAF celebrated their 18th annual Philanthropist of the Year Awards on Friday, March 22. Breakfast was served by student volunteers from Lincoln Hill High School. Sam Reed, former Secretary of State, was the keynote speaker (pictured with Elaina Dulaney, SCAF Vice Pres). He has spent a lifetime volunteering and in public service. His grandmother was also the first teacher at the Camano Schoolhouse! Mr. Reed was presented with a lovely blown glass vase, donated by Glass Quest. This was made possibly through our partnership with the Stanwood Camano Arts Advocacy Commission. The Heritage Bank Organization Making a Difference Award was presented to: The Crab Cracker - Jim & Malynda Shipley. The Crab Cracker is published specifically for the benefit of our community, advertising at a discount for local nonprofits, and providing ways for the community to get involved with their articles and photography. It features a robust community calendar that is relied upon by many. "Every other week, without fail, we receive the best gift ever - community connection and lighthearted humor to brighten our days." The Floyd & Delores Jones Spirit of Philanthropy Award was presented to: Tom & Laura Byers. There is not an organization or local event that has not benefitted from the contributions of Tom & Laura. They are an incredibly generous couple who quietly share their time and resources. The Byers stated, "whatever we have given in time or money has come back to us ten-fold - in friends, experiences and an amazing place to live." The Tom Eisenberg Pay It Forward Award was presented to: Clarene Ricarte. Clarene is a retired teacher who has a passion and drive to support others. She has given her time to many organizations in Stanwood, including Kiwanis, Key Club, the Stillaguamish Grange, and ISE (International Student Exchange). Clarene is a firm believer that you can make a difference one student at a time. A new award, The Home Town Hero Award was presented to: Karissa Bodnar - Thrive Causemetics, Karissa, a Stanwood native, built a cosmetics company with a bigger purpose - giving back to others. To date, her company has benefited grassroots organizations and nonprofits with over \$140 Million in funding and products. She was not able to accept her award in person, but sent a video message talking about her experience growing up in Stanwood, thanked the community for supporting her, and said, "you can take the girl out of Stanwood, but you can't take Stanwood out of the girl." Each attendee was gifted a Bright Balance Hydrating Gel Cleanser from Karissa. Executive Director Natalie Hagglund spoke about the joys of being a nonprofit that says, "YES." She shared stories about organizations and individuals that have been impacted by SCAF's ability to say YES, which comes directly from our donors. We are grateful to all attendees for their support of SCAF and the impact made in 2023. Also, a special thanks to the sponsors of this event. Photo by Ian Gleadle.

### DID YOU KNOW?

Gatorade was invented to help the Florida Gators Football Team stay hydrated.

### FREE PICKLEBALL BEGINNER LESSONS



Brought to you by the Camano Stanwood Pickleball Association. These sessions will be taught here at Heritage Park by volunteers from the Camano Stanwood Pickleball Association and are for adults 18 years or older who would like a basic introduction to the fun sport of Pickleball. Bring your paddle or we will supply one for you. We will confirm all registration by email and send you more information prior to your lesson date. [All participants will need to sign a Release of Liability.] The dates for 2024 are: May 9: 1pm – 3pm: Season Opening Celebration: Food, prizes, play; May 18: 11am – 1pm: Refresher Class & Round Robin\*; May 30: 6pm – 8pm: Beginners' Class; June 11: 11am - 1pm: Beginners' Class; June 15: 11am - 1pm: Round Robin\*; June 27: 11am – 1pm: Beginners' Class; July 9: 6pm – 8pm [private event for Stanwood city employees only]; July 13: 11am – 1pm: Round Robin for prior players\*; July 25: 11am – 1pm: Beginners' Class; August 6: 6pm - 8pm: Beginners' Class; August 10: 11am - 1pm: Round Robin Tournament [Medals, prizes] [\*Note about Round Robin events: Those players that have participated in any of our beginner lessons at Heritage Park in the past may also for our fun Round Robin events. We will be there to assist you and you will meet other players.] See you on the courts for some fun! For more information contact HeritageParkLessons@camanopickleball.com.



### THANK YOU FROM THE CRAB CRACKER MAGAZINE!

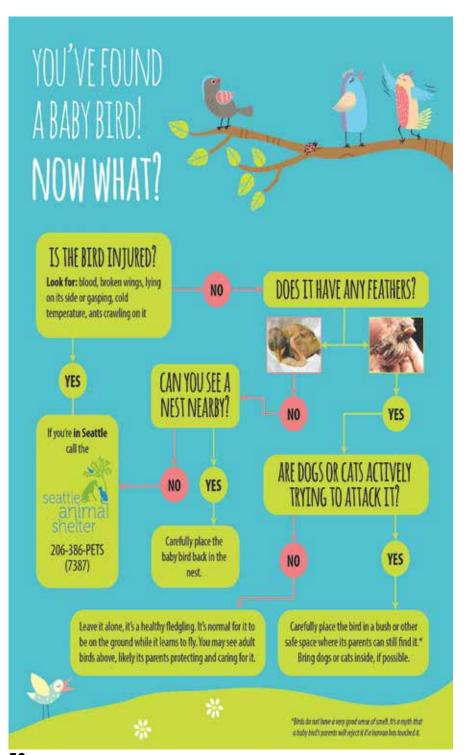


"As mentioned earlier, Stanwood Camano Area Foundation (SCAF) celebrated their 18th annual Philanthropist of the Year Awards on March 22. The Heritage Bank Organization Making a Difference Award was presented to us: The Crab Cracker - Jim & Malynda Shipley. This is the first community award we have received since we started October, 2009. We were surprised and honored for the appreciation bestowed upon us from SCAF and the community. Prior to the award presentation, I had to look up the definition of "philanthropist" because I didn't know what we did to warrant a philanthropist award. Simply defined, it is when a person or group or organization donates time, skills, and money to make their community better. I agree, we do those things, but the contributions/donations from the community are what makes our magazine the popular resource it is. The community donates and submits their time, their skills, and their money (through the form of advertising) to create content to each magazine. Essentially, it is the Stanwood-Camano community as a whole that deserves this special philanthropist award. Thank you" - James Shipley. Photo by Ian Gleadle.

### DID YOU KNOW?

Despite being landlocked, Mongolia has a navy consisting of seven men and one vessel, the "Sukhbaatar Ill", stationed on Lake Khövsgöl.





### **GATEWAY GALLERY**

FINE ART AND CRAFT ~ VIEW, COLLECT, GIFT

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Solo Wall: Poster Art for Seattle Bands from





### Group Show: 2D & 3D works

Carl Hamry ~ Liz Park ~ Patricia Resseguie ~ Jeanette Mahoney
John Ebner~ Yonnah Ben Levy ~ Dolors Ruscha ~ Amy Bush
Chaim Bezalel ~ Kathy Hutchinson ~ Betty Dorotik ~ David Taber
Monika DeNasha ~ Debbie Kluge ~ Susan Cohen Thompson

 $3/29 \sim 4/28$ 

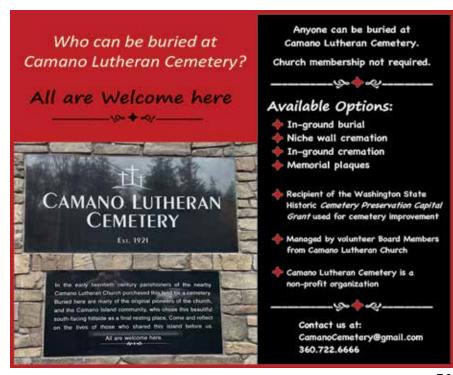
Solo Wall: Preserving the Past in the Present for the Future Beadwork Based on Tradition



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### Upcoming Classes and Events

Visit our website for tickets & registration: www.scaacwa.org

Drawn Together ALL AGES (FREE)
 Yappy Hour w/Jessie Hazelton & Paws with Cause ADULT

Tall Trees Pyrography w/ Crystal Bailar ADULT
 O4/22

Mindful Reflection Through Art w/ Gaylynn (FREE)
 O4/24

Printmaking from Nature w/ Tasha Smith TEEN/ADULT 05/04

Drawn Together ALL AGES (FREE)
 Floral Collage w/ Tasha Smith TEEN/ADULT
 O5/09
 Floral Collage w/ Tasha Smith TEEN/ADULT

Whale Tale Watercolor w/ Jeanette Mahoney ADULT
 O6/29 ....

WWW.SCAACWA.ORG

04/11

04/13

# Clubs and Meetings

**Friendship Tea** - Drop by for tea, treats, and a chance to visit with friends, both old and new. 1st & 3rd Tuesday mornings of from 10:30-12:00. No charge for Camano Center members; \$5 for non-members. Please check in at the Front Desk. For more information, contact Connie (360) 652-7211.

**Rainy Day Room Playgroup** Free weekly play group on Thursdays at 10-11am and Mondays from 3:30-4:30pm at the Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house.

**Teen Programs** Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

**Kaleidoscope Play & Learn** Tuesdays and Wednesdays - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. At Community Resource Center of Stanwood Camano.

**Camano Island Quilters-Machine Embroidery Group** Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

**Camano Island Quilters Open Sew** Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

**Teen Late Night** Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.

look for us online at

www.TheCrab Cracker.com

or on **Facebook.** 

Download current or past editions.

When you speak we listen.
Join the ISR Community Forum
to envision the next decade of aging

Tuesday, April 9 2-3:30 p.m. Island County Camano Office - Convergence Rm. 121 NE Camano Dr. Camano This is also reset and Extrahement Provided

> For more information call 360-321-1600 www.senior-resources.org

What are the persistent or growing needs of our aging population?

What are the existing and anticipated gaps in service delivery in response to those needs?

What are ISR and our partners doing now and what can we do more of as we look ahead?



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Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.









### **CASA'S PET OF THE WEEK:**

Meet **REMMINGTON!** This 7 month old sweetie is now looking for his furever home. He is an outgoing, chill guy who loves to be social. He is very affectionate and playful! He gets along well with other cats and has previously lived with small children. If this is the guy for you come meet him today!

**Camano Animal Shelter Association (CASA):** 360-387-1902. www.camanoanimalshelter.org



### NOAH'S PET OF THE WEEK:

Meet **PEARL!** Looking for a playful, active pup to add some life and love to your family? Look no further! At 2 months old, this adorable pup, Pearl, is looking for a FURever home committed to training while giving out plenty of love and patience. If you are ready to add this beautiful, cutie-pie pupper to your family, come and talk to an Adoptions Matchmaker today!

**The N.O.A.H. Animal Adoption Center:** (360) 629-7055. www.thenoahcenter.org



### **SAVE-A-MUTT'S PET OF THE WEEK:**

**LAYLA** is a beautiful girl who longs to be a treasured family member. She is well mannered and wants to please her people. Layla would be a great hiking, running or camping buddy. She would love a family that will include her in all their adventures. FIRST STEPS: Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA): (425) 280-0502. www.save-a-mutt.org

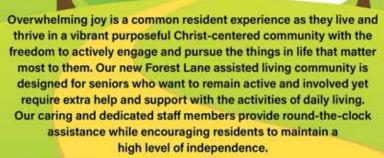




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### Classified Listings

### DID YOU KNOW?

The full Bible has been translated into over 3,000 languages. Among those include fictional languages like Elvish, Klingon and Na'vi.

### FOR SALE:

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### WANTED:

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### **CAMANO PET SUPPLY STORE**

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# Cooking Mamas

**SHRIMP CREOLE** 

Shrimp Creole is a spicy chunky mixture of diced tomatoes, the "holy trinity" (onion, celery, bell pepper) and shrimp served over steamed white rice, Enjoy!



Recipes by Cooking Mamas created by Dusty Hutchins-McNutt.

"Great recipes begin in Mama's Kitchen!"

Visit me at: www. CookingMamas. com INGREDIENTS: 3 T. butter; 1 sm. onion, chopped; 1 green bell pepper, chopped; 2 ribs celery, chopped; Salt & black pepper; 4 cloves garlic, pressed; 1 T. paprika; 2 tsp. dried thyme leaves; 2 tsp. dried oregano; 1/2 tsp. cayenne pepper; 1 1/2 c. shrimp or chicken stock; 2 bay leaves; 1 (15 oz.) can diced tomatoes with juice; 2 green onions, thinly sliced plus more for garnish; 2 tsp. Worcestershire sauce; 1/2 lemon, juiced; 1 T. butter or vegetable oil; 1 1/2 lbs. large shrimp, peeled and deveined; 4 c. cooked long grain white rice for serving

DIRECTIONS: 1. In a large skillet over medium heat, melt 3 tablespoons butter. Add onions, peppers, and celery. Season vegetables with salt and pepper. Sauté the vegetables until tender, about 5 minutes. Add garlic, paprika, thyme, oregano, and cayenne pepper; cook until fragrant, about 1-2 minutes more. Add stock and bay leaves, bring to a boil then reduce to a simmer, continue to cook for 6-8 minutes. 2. Add tomatoes with juice, cook until reduced by half, about 10 minutes. Add green onions and Worcestershire sauce, cook until thickened, about 10 minutes more. Season again with salt and pepper if needed. Turn off heat and stir in lemon juice. 3. In a separate large skillet, heat 1 tablespoon butter over medium-high heat. Add shrimp in a single layer, season with salt and pepper and cook until pink and opaque, about 2 minutes per side. Add prepared sauce to the shrimp, stir to combine. Garnish with green onions and serve with white rice, Enjoy!

# View from the Bleachers

Read more of Tim Jones' humor every week at www. ViewFromThe-Bleachers.net or check out his new YouTube channel by the same name.

### THE SECRET TO HAPPINESS: ALWAYS REMAIN TWENTY-THREE

Great news for all of you who have reached the big 50 milestone and are depressed that the best part of life may have passed you by. It has, of course, but be patient. In just 19 years you'll feel happy again. That's the findings of a recent study by the London School of Economics. The study determined that 23 and 69 are the two ages at which people are the most satisfied with their lives. And every age in between pretty much sucks.

According to the study's findings, we experience several up and down periods, peaking at age 23 before dipping in a long, slow decline of satisfaction with our lives by our mid-50s, after which age our happiness rebounds, peaking again just before age 70. After that, for most of us, there really is no point to go on living. So if you're planning on having a mid-life crisis, the study suggests 55 is the perfect age to plan on having your world shatter into a million meaningless pieces.

Why 23 and 69? Because they're prime numbers? Good guess but no. (And to those of you who just got out your calculators and figured out that 69 is not a prime number, congratulations.) According to the study, at 23 you're confidently picturing an optimistic future of wealth and career success, probably with an attractive life partner and 2.5 well-behaved kids who get into Princeton on a full-ride merit scholarship. Perhaps you're already envisioning that second home in the Hamptons or on Cape Cod.

Statistically speaking, you can expect to reach your apex of happiness somewhere around July of your 23rd year, which is about the time you'll get your first raise and impulsively purchase that Audi S6 (starting price \$67,900). Shortly afterwards, your happiness begins to ebb, as you soon realize you'll never be able to afford the \$650 / month car payments and trade it in for a Hyundai Elantra.

By age 55, your life, statistically speaking, has changed a lot from your Audi S6 glory days. You're probably hoping your Elantra with 215,000 miles will make it to 250,000, wondering if your wife is going to leave you for a younger man, and barely squeaking by on your unfulfilling job in a telemarketing call center. You're counting the days until your 2.5 annoying, self-absorbed teenagers have moved out of the house and have self-absorbed kids of their own.

When you hit 55, you realize your life is a hollow shell of the life you'd planned back at age 23. The high point of your day is most likely watching Wheel of Fortune after a dinner which consists of leftover cold pizza from the lunch you ate while you were chained to your cubicle, answering phone calls from irate customers demanding a refund for the penis enlarger you sold them which they now complain doesn't work.

But don't lose hope. It gets better – not much better, mind you, but a little. Fast-forward to 69, and life gets rosier again. For many of us, by 69, we've made peace with the dismal failure our career has been, like being a humor writer. For many of us, by now we've been



forced into retirement and spend our days weeding and looking at brochures for exotic European vacations we've accepted we'll never be able to afford and settling instead for a trip to Scranton to see our wife's brother, whose family we've never particularly liked.

At 69, life for many starts to feel surprisingly pleasurable, thanks in part to the pain meds they gave you after your hip replacement surgery, which keep your brain in a constant state of euphoric buzz and help you forget about the fact that in just a few more months, you'll turn 70 years old and the high point of your month will soon become the senior early bird special at Olive Garden.

Interestingly, a competing study argues we reach our peak happiness at age 33. But this study has been widely refuted by demography experts, who point out that John Belushi, Chris Farley, Eva Perón and Jesus Christ all died at age 33 – hardly a time of peak happiness for any of these notable celebrities.

FUN FACT: According to one demographic researcher, our happiest age was The Age of Enlightenment, but we're pretty sure he didn't quite understand the question.

So what should you do if you're about to turn 24 and about to begin your slow descent into despair? First, just be thankful you're not 55 – those poor bastards. Second, seriously consider remaining 23. Jack Benny successfully remained 39 for more than a quarter century (back before researchers discovered how miserable life was at 39).

### MEDICARE QUESTIONS?

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### TIDE TABLES / SARATOGA PASSAGE / APRIL 5-18, 2024

Date		High	Tide	Height	Moon		Date		High	Tide	Height	Moon
Dute		/Low	Time	Feet	Visible	П	Dute		/Low	Time	Feet	Visible
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	5	Low	9:25 AM	5.1		Н		12	High	7:21 AM	11.0	
	5	High	2:40 PM	9.2		Н		12	Low	2:25 PM	-1.9	
	5	Low	9:11 PM	0.2				12	High	9:54 PM	11.5	
Sa	6	High	4:04 AM	11.8		li	Sa	13	Low	3:02 AM	7.2	
	6	Low	10:08 AM	3.4		Н		13	High	7:56 AM	10.3	
	6	High	3:50 PM	10.1		Н		13	Low	3:15 PM	-1.2	
	6	Low	10:04 PM	0.8		Ц		13	High	11:05 PM	11.1	
Su	7	High	4:35 AM	12.0			Su	14	Low	4:08 AM	7.7	
	7	Low	10:49 AM	1.6		Н		14	High	8:36 AM	9.5	
	7	High	4:54 PM	10.9		Н		14	Low	4:10 PM	-0.3	
	7	Low	10:54 PM	1.6		H	м	15	High	12:21 AM	10.8	_
м	8	High	5:07 AM	12.1		Н	M	15	Low	5:29 AM	7.8	
l	8	Low	11:31 AM	0.0		Н		15	High	9:29 AM	8.6	
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	9	High	6:54 PM	12.0		Ц		16	Low	6:11 PM	1.2	_
W	10	Low	12:32 AM	4.0			W	17	High	2:27 AM	10.6	
	10	High	6:12 AM	11.9		Н		17	Low	8:43 AM	6.5	
	10	Low	12:56 PM	-2.0		Н		17	High	12:21 PM	7.5	
	10	High	7:51 PM	12.1		Ц		17	Low	7:14 PM	1.7	
Th	11	Low	1:19 AM	5.2			Th	18	High	3:04 AM	10.7	
l	11	High	6:46 AM	11.5		Н		18	Low	9:18 AM	5.4	
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### FOR VOLUNTEERING WITH US!



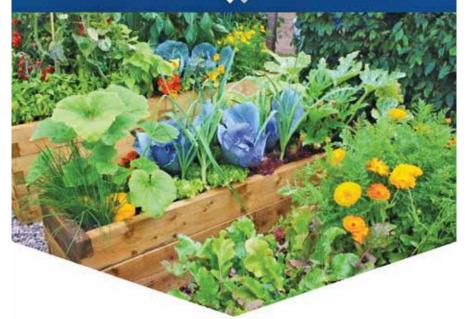
Camano Center





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### WINDERMERE (>>> REAL ESTATE



### Monthly Blog Spring is here ... FINALLY!

Ready, set...let's dig in the dirt. In this months blog, our agent Barb gives her gardening tips and tricks for Spring. Find out how Barb is setting up her garden for success to ensure the seeds and plants have a perfect place to thrive and grow.

Happy Gardening!

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