

MHS MEMORY LANE

APRIL 2024

Merry Heart Nursing Home

200 Route 10 West
Succasunna, NJ 07876

First Flr. CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Activity Calendar is Subject to Change & Subject to Covid 19 Precautions</p>	<p>1</p> <p>9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-60's 11:15 Independent Activity 1:45 Hand Massages 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Music Appreciation</p>	<p>2</p> <p>9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 11:15 Independent Activity 2:00 B & B Dogs 2:30 Let's Color 4:30 Music Appreciation 6:00 Sitcoms</p>	<p>3</p> <p>9:30 Radiant Café 10:15 Rhythm Band 10:45 Sing Along-60's 11:15 Independent Activity 1:45 Hand Exercises 2:30 Finish the Frase 4:30 Music Appreciation 6:00 Instrumental</p>	<p>4</p> <p><u>Hairdresser 9am</u> 9:30 Radiant Café 10:15 Chair Exercise 11:15 Indépendant Activity 1:45 Hand Massages <u>Color Easter Eggs</u> 2:00 4:30 Nail Flair</p>	<p>5</p> <p>9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Creative Art 4:30 Music Appreciation 6:30 Game Shows</p>	<p>6</p> <p>9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation</p>	
	<p>7</p> <p>9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical</p>	<p>8</p> <p>9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:45 Hand Massages 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Music Appreciation</p>	<p>9</p> <p>9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-70'S 11:15 Independent Activity 2:30 Let's Color 4:30 Music Appreciation 6:00 Sitcoms</p>	<p>10</p> <p>9:30 Radiant Café 10:15 Rhythm Band 10:45 Sing Along-70's 11:15 Independent Activity 1:45 Arts & Crafts 2:30 Finish the Frase 4:30 Music Appreciation 6:00 Instrumental</p>	<p>11</p> <p><u>Hairdresser 9am</u> 9:30 Radiant Café 10:15 Chair Exercise 1:45 Hand Massage <u>Flower Arrangement Club</u> 2:00 4:30 Relaxing Songs</p>	<p>12</p> <p>9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 2:15 Creative Art 3:00 Dogs for Christ 4:30 Music Appreciation 6:30 Game Shows</p>	<p>13</p> <p>9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation</p>
	<p>14</p> <p>9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical</p>	<p>15</p> <p>9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-70's 11:15 Independent Activity 1:45 Hand Massages 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Music Appreciation</p>	<p>16</p> <p>9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 11:15 Independent Activity 2:00 B & B Dogs 2:30 Let's Color 4:30 Music Appreciation 6:00 Sitcoms</p>	<p>17</p> <p>9:30 Radiant Café 10:15 Rhythm Band 10:45 Sing Along-60's 11:15 Independent Activity 1:45 Hand Exercises 2:30 Finish the Frase 4:30 Music Appreciation 6:00 Instrumental</p>	<p>18</p> <p><u>Hairdresser 9am</u> 9:30 Radiant Café 10:15 Chair Exercise 1:45 Hand Massage <u>Spring Craft</u> 2:00 4:30 Nail Flair</p>	<p>19</p> <p>9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Creative Art 4:30 Music Appreciation 6:30 Game Shows</p>	<p>20</p> <p>9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation</p>
	<p><u>National</u> 21</p> <p>9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical</p>	<p><u>Volunteer</u> 22</p> <p>9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:45 Hand Massages 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Music Appreciation</p>	<p><u>Week</u> 23</p> <p>9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-70'S 11:15 Independent Activity 2:30 Let's Color 4:30 Music Appreciation 6:00 Sitcoms</p>	<p>24</p> <p>9:30 Radiant Café 10:15 Rhythm Band 10:45 Sing Along-70's 11:15 Independent Activity 1:45 Arts & Crafts 2:30 Finish the Frase 4:30 Music Appreciation 6:00 Instrumental</p>	<p>25</p> <p><u>Hairdresser 9am</u> 9:00 Meet & Greet 10: Thursday Exercises 1:00 Music Relaxation 2:00 Hand Massages 3:00 Volunteer Appreciation Party w/ DJ Bernie</p>	<p>26</p> <p>9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 2:15 Creative Art 3:00 Dogs for Christ 4:30 Music Appreciation 6:30 Game Shows</p>	<p>27</p> <p>9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation</p>


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<p style="text-align: right;">28</p> <p>9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical</p>	<p style="text-align: right;">29</p> <p>9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along 11:15 Independent Activity 1:45 Hand Massages 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Music Appreciation</p>	<p style="text-align: right;">30</p> <p>9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 11:15 Independent Activity 2:00 B & B Dogs 2:30 Let's Color 4:30 Music Appreciation 6:00 Sitcoms</p>	<p style="text-align: center;">Video Calls/ Facetime Family Meetings Can Be Scheduled through Merry Heart Website Snacks & Hydration 10 AM, 2 PM and 7 PM</p>	
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