

Natural Therapies with Soo

Statements about Service

Treatment Received

Aromatherapy Massage

Why recommend this practice?

The way I felt during and after the massage

Soo's knowledge

Having this was good for my whole system

Very relaxing

Skin is coming along well

Neck muscles felt less tense

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Treatment Received

Aromatherapy Massage

Why recommend this practice?

Soo gave my neck a massage before the aromatherapy session, which helped loosen it up.

Hearing more about my body!

The professionalism of therapist Soo

The feeling of my body after the massage

The care of the therapist to ensure my comfort

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Treatment Received

Aromatherapy Massage

Why recommend this practice?

More comfortable for shoulders with towels support

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Treatment Received

Aromatherapy Massage

Why recommend this practice?

Extra support for the shoulders was goos

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Treatment Received

Aromatherapy Massage

Why recommend this practice?

Result of the treatment was good.

Great

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Aromatherapy Massage

Why recommend this practice?

Good treatment. Felt great.

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Treatment Received

Aromatherapy Massage

Why recommend this practice?

Very very relaxing and healing treatment.

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Why recommend this practice?

Pain reduced since the last treatment. Excellent.

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Treatment Received

Aromatherapy Massage

Why recommend this practice?

Full body treatment, also concentrated on neck, shoulders and back discomfort.

Soo has also been helping me with skin condition to my forehead and upper cheek. Tried aloe vera gel and this is actually helping clean it up, along with a moisturiser she previously made for me.

Sore neck for a few days after treatment.

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Why recommend this practice?

Relaxed to the max!

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Aromatherapy Massage

Why recommend this practice?

Very Relaxed.

Excellent room.

The lighting feels a bit bright and the idea of a lamp is a good idea personally, the chest pillows were not for me as they caused soreness in lower back which I felt after leaving..

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Aromatherapy Massage

Why recommend this practice?

Very relaxed.

Very good service with a quiet calm environment.

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Treatment Received

Aromatherapy Massage

Why recommend this practice?

Relaxed with pain relief.

Excellent service thank you

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Treatment Received

Aromatherapy Massage

Why recommend this practice?

Soo produces real results.

Listens.

Atmosphere.

Results.

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Treatment Received

Aromatherapy Massage

Why recommend this practice?

Pressure on the neck better.

Relief from pain.

Friendliness.

Professional Care by Soo.

Able to stretch my neck easier.

Very impressive feeling after.

My neck is becoming more, more looser.

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Treatment Received

Lymphatic Drainage Massage

Why recommend this practice?

Relaxing massage. slight nausea after the massage that lasted a few hours, Urine had strong odour for the next day, sleeping for longer at night.

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Statements about Service

Treatment Received

Remedial Massage

Why recommend this practice?

Soo completed 3 remedial massage treatments on me. At the time of the first treatment I was experiencing pain in my lower back region due to excessive gardening. After the treatments I found there was a great reduction in the level of pain in my left hip region and found relief with the pain level and increased movement. I really enjoyed Soo's thorough treatments and here take home exercises.

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Statements about Service

Treatment Received

Remedial Massage

Why recommend this practice?

- Soo was very mindful of my aches and pain and gently massaged when areas of my body needed a gentle touch and was firm and strong when it needed to be un-knotted and massaged in or out.
 - I thoroughly enjoyed the experience and fell asleep the first two times.
 - I felt really great the next day and slept well and improved as days went by so the effect continued days after.
 - It cleared my cold as well and I felt really grateful for her professionalism and service.
 - It was a very comprehensive service.
 - She even engaged my muscles in remedial massage and techniques that was excellent for stretching out the limbs and eliminating pain.
 - I will recommend her to family and friends if they need someone as brilliant as her.
 - Thank you Soo for your service and professionalism.
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Treatment Received

Reflexology

Why recommend this practice?

Soo has a very warm and generous nature. I enjoyed the treatment. I never get massages so was an amazing experience. I learnt a lot and felt a lot. I feel calm and relaxed. Good, very good.

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Natural Therapies with Soo

Statements about Service

Treatment Received

Remedial Massage

Why recommend this practice?

Result of treatment: Fantastic, I feel very relaxed and flexible. All my pain concerns have resolved. I feel good.

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Statements about Service

Treatment Received

Reflexology

Why recommend this practice?

So, so relaxed, very, very relaxing. A few painful spots around my left pinkie toe and right between my second and third toe.

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Statements about Service

Treatment Received

Reflexology

Why recommend this practice?

Thai Foot Reflexology. As always amazing. Soo uses great pressure, fabulous flow, very aware of the points and my responses. A different experience to Chinese reflexology. My feet are tingling still. I like the stretches too. I likes the lower lefts involved too and the towel wrapping. The use of the tool was great - felt like it got to specific points. I again had soreness around the bladder point.

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Statements about Service

Treatment Received

Reflexology

Why recommend this practice?

Chinese style Reflexology. Soo is well organised, clean and professional. So easy to chat to, explains what's going on extremely well and what to expect. Soo is extremely skilled and an amazing healer. The foot massage was amazing. I felt she really knew what she was doing, worked to my capacity of pain levels and was encouraging. It was so thorough, well sequenced, great flow to the massage. When I asked questions about what things were, Soo was wonderful in telling me about the points. My feet feel like they are floating and I'm ready for a nap.

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Treatment Received

Reflexology

Why recommend this practice?

Chris Stormer style Reflexology

Relaxation.

Able to empty my mind and have a body experience.

Muscles and tendons sore and weak prior, ceased - quite noticeable.

More at peace with myself.

Again patience with my husband increased.

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Treatment Received

Reflexology

Why recommend this practice?

Chris Stormer Style Reflexology.

Body felt light weight and still.

Almost went to sleep, so relaxed.

More patience!

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Lymphatic Drainage Massage

Why recommend this practice?

Eased the pain in my left ear for a while, Left Shoulder felt less tight, very relaxing treatment, felt calm and relaxed after, urine was darker colour for a day.

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Treatment Received

Remedial Massage

Why recommend this practice?

Good.

Tightness of muscles gone.

Relaxed.

Thanks Soo for listening to my need for calming after a couple of hectic weeks for me.

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Treatment Received

Reflexology

Why recommend this practice?

Reflexology Chris Stormer Style

I liked it.

It was nice.

Good.

Loved it.

It didn't hurt as much.

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Treatment Received

Reflexology

Why recommend this practice?

Ingham Style Reflexology with Brazilian Toe Hold.

I loved the Ingham style Reflexology as well.

Soo found all of the spots that were tender.

My favorite Reflexology was the Chinese style, it felt so thorough and strong.

Overall - having feet reflexology was amazing.

It feels decadent and special.

You're on your feet so much - so having time to have them pampered was incredible.

I like it that our body is represented in our feet and how healing it is.

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Treatment Received

Remedial Massage

Why recommend this practice?

Very professional and knowledgeable.

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Statements about Service

Treatment Received

Lymphatic Drainage Massage

Why recommend this practice?

Massage was very relaxing, body felt very relaxed all over.

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Natural Therapies with Soo

Statements about Service

Treatment Received

Lymphatic Drainage Massage

Why recommend this practice?

Felt relaxed after, urine stronger for a day, feel better in myself - healthwise more relaxed.

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Treatment Received

Reflexology

Why recommend this practice?

Reflexology Chris Stormer Style, sensitive child.

Relaxation.

I felt great after.

It felt nice, I almost fell asleep.

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Reflexology

Why recommend this practice?

Chinese Style Reflexology.

Loved the pressure point touched with the right energy.

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Reflexology

Why recommend this practice?

Reflexology Ingham style with Brazilian Toe Hold.

Body, mind and soul connection during the treatment.

Very relaxing!

I loved the treatments.

I felt my body was repairing itself.

I favourite treatment was the Thai style reflexology treatment which I enjoyed and loved very much loved!

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Statements about Service

Treatment Received

Reflexology

Why recommend this practice?

Thai Style Reflexology.

Loved every touch.

I will definitely recommend it to my family and friends.

Relaxing.

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Treatment Received

Reflexology

Why recommend this practice?

Soo has a lovely way of relaxing me - not that I'm normally anxious. Just felt so, so calm and like I could drift off completely. I felt very very lucky to be in such good hands.

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