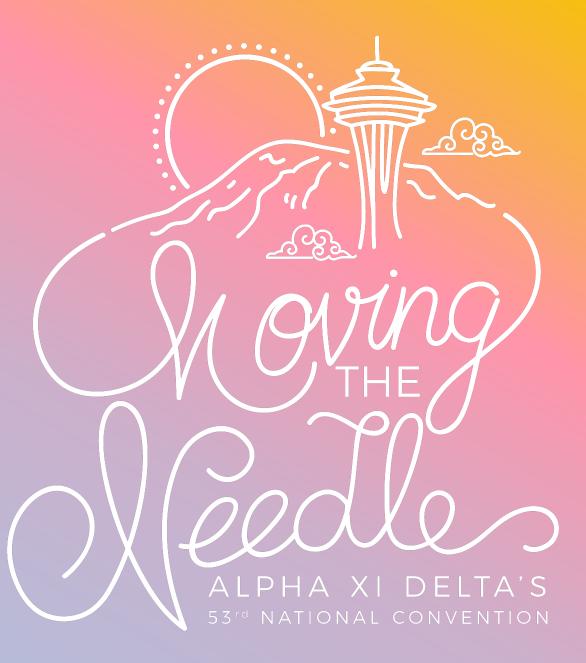
What's in Your 'Go Bag'

Presented by Liz Battaglia



Paid Job – CR0/VP TOMI Environmental Solutions

- Passion Projects Foundation Trustee, Current Finance Committee Chair
- Secretary, Miami PanHellenic
- President of the Board Pine Dimension
- 100 Ladies of Deering Marketing Committee Chair
- Palmer Trinity School, Helping Hands Committee, Book Club Chair
- Girl Scouts, Autism Walk
- *Aspirational!* Simplifying, reading, cooking, entertaining, gardening, traveling, parenting



Why am I the one up here?

Tokyo – earthquakes Mexico City – earthquakes Washington DC – terrorism threat Monterrey – drug violence Miami – hurricanes!!!

(Nigeria, Indonesia, South Korea, France, Japan, Mexico, USA) Why are you out there?

Having a Go Bag will make your life easier

- -Learn what is a go bag
- Learn what should be in a go bag
- Learn how a go bag will make your life easier

Just by attending this seminar you will be better prepared! Take notes as we go along of what you want to put in your go bag.

Introductory Activity – Emergency Evacuation

- Using scrap paper/pens or making a list on your phone
- What would you take with you if you were had to evacuate in 3 min or less taking only what you can carry?

Introductory Activity – Planned Evacuation • Using scrap paper/pens or making a list on your phone

- What would you take with you if you were had to evacuate in 5 min or less taking only what you can carry?
- What would you take if you had 2 days notice and could drive out?

Introductory Activity – wrap up

- PLANNED evacuation
- EMERGENCY evacuation
- Often, planned evacuations situations become emergency evacuations

Emergency Evacuation – Actual list

- $\cdot 2000$
- Powers of attorney
- Passports
- Dip
- Blue
- SS cards
- Birth Certificate
- Marriage Certificate
- All credit card info (inventory doc)
- House owner's file
- Medical Records

US cell phones School Records Ani

Nani

GPS Laptop/cords Jewelry – cufflinks Dad's silver mug Photo cards/frame Phone lists Insurance Policy info House Cars Car titles Tax records? Computer back-up List of passwords Vonage modem Camera/video camera

Special Photos Inventory papers, discs, video tape Credit Reports Christmas stockings/special Christmas things

Wedding album

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Special Photos Inventory papers, discs, video tape Credit Reports



Christmas stockings/special Christmas things

Wedding album



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Planned Evacuation – Monterrey 2010

- 4 towels
- 4 hand towels
- 4 wash clothes
- 2 beach towels
- 2 sets single sheets
- 1 set queen sheets
- 4 pillows
- pillowcases
- 2-3
 blankets/duvets
- 4 placemats or 1 table cloth

8 forks 8 spoons 8 knives 2 coffee cups 8 tumblers/water glasses 4 kids cups 4 wine glasses 4 dish towels 2 hot pads 2 Pyrex casserole 1 apron

8 plates 8 salad plates 8 forks 8 spoons 8 knives 2 coffee cups tumblers/wa 4 kids cups glasses 4 dish towels 2 hot pads casserole 1 apron

1 coffee pot and filters 1 colander 1 salad spinner 2 mixing bowls 1 hand mixer 1 4qt measuring cup with grater/juicer inserts and lid 1 1c-measuring cup 1 set measuring spoons 2 cake pans 2-cup cake pans 1 pie pan 1 cookie sheets cookie cutters All clad LTD 2 qt saucepan with steamer insert All clad LTD large frying pan with lid

4 chip clip magnets Kitchen utensils – wooden spoon, spatula, scissors 5 knives 1 cutting board Salt and pepper shakers 2-Cookbooks Spices, cooking stuff Wii/games Leapsters/Games DVD player/DVDs Laptop and cords Small box office supplies Printer (or in UAB) Kids games – Mexican Train, Memory, Rummikub, cards, Princess, Scrabble, Monopoly

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Planned Evacuation – Irma 2017

- In my prepped go bag:
 - Flashlights, batteries, emergency hand crank radio, first aid kit, water, granola bars, blanket
- In my fire box, with a bag nearby to dump Papers, cash, jewelry, keys
- Computer back up
- Small bills, GAS for car

Then I really used my other lists and pulled what I still cared about....since my husband was coming – his items (FISHING GEAR!, work clothes)

Official advice

Car preparation

- Flashlight
- Blanket
- Water
- Food/snacks
- Sneakers
- First aid kit
- Maps

To save to the cloud/have on USB

- Emergency Contacts/Numbers
 - Family and Friends addresses
 - Chapter lists
 - School info (to get records, etc)
 - Doctors, Dentists
 - Business and work contacts
 - Utilities important even in college
 - Cell phone (unlimited usage during Irma)
 - Water, electricity, gas (in case you need to reporter A XI DELTA

• Financial Information

- Investments/401K/safety deposit
- Tax records
- Insurance card and numbers
- Credit card numbers/phone numbers
- Bank account names, numbers, passwords, checkbooks
- Pet records

Cloud/USB continued

• Insurance

- Insurance Policies with local agent information
- Insurance cards
- Home Inventory
 - Make list
 - Appraisals for valuable items
 - Take photos. video

- Medical Information
 - Doctor's contact information
 - Insurance card
 - Immunization records
 - Current prescription lists/pharmacy info
 - Medical history
 - Advanced Care Directives
 - HIPPA authorizations

Vital Documents – copy and carry • Driver's license/state ID

- Credit cards

- documents

- Lease information

- Birth Certificates
- Divorce Decrees
- Wills (only originals are legally binding)
- Checkbooks

What else to take

• KEYS! To your house, cars, storage units, safety deposit box

- CASH! Small bills are good
- Sentimental items (photos that may not be scanned), family heirlooms (dad's silver mug)
- Valuable jewelry
- Video inventory

List Check In

- Take a minute and add to your list
- Share 3 things with your neighbor on your list they may not have thought of

Evacuations are automatically stressful

Ask for help

- See what resources are available (school, community, work, church)
- Find your tribe

Final advice

- People first
- Then animals
- Then stuff
- Start scanning/taking photos from now (start with what is in your wallet, your transcript as you get them, your taxes each year)
- The cloud is great (DROPbox, icloud, etc)
- Take of yourself!
- Your Alpha Xi Delta family will be there for you

Resources

- Ready.gov
- STEP
- Letsgobags.com
- Momwithaprep.com
- Always reach out to me!!!
 - <u>elizbattaglia@yahoo.com</u>
 - 571-426-3324
 - Facebook