



Sensory footSteps

Occupational Therapy Assistant Services

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www.sensoryfootsteps.co.uk

We offer Occupational Therapy Assistant day contracts and individual hours (both as groups and 1:1 sessions). Discounts are available if booking both OTA's. Further discounts are available if booking more than 6 full days a year.



Based in Doncaster, we cover Yorkshire and surrounding regions. Discounts available around the Doncaster and Worksop area.



What is an OTA?
An OTA is an Occupational Therapy Assistant, they are able to facilitate plans and activities as directed by an Occupational Therapist. Our OTA's are highly experienced, having previously worked as activity coordinators, have additional music experience including undergraduate degree and continue to work as touring musicians. In addition they are experienced in delivering fitness programmes such as running, personal training, rebound therapy and cycling.

What is included?
Rebound therapy (subject to facilities)
Drumming for self-regulation
Sensory Circuits
Whole class sensory strategies
Music: 1:1 guitar lessons, group music including percussion and guitar, music recording, call and response, sensory music
Makaton Karaoke
Service specific group plans



Meet our Occupational Therapy Assistants



Roger Laidlow

As a freelance instructor and tutor, Roger has worked with neurodivergent children and adults for 10+ years. As a working professional musician, fitness instructor and national standards cycling instructor he has delivered a wide variety of activity sessions, both groups and on a 1:1 basis within both home and school settings. Roger loves singing and playing guitar in his band, outdoor activities and going to live music gigs. (Puppy not included!)

Howard Saul

Howard has experience of working with neurodivergent children and adults since 2009 in various roles, predominantly as an activity co-ordinator and guitar tutor. Howard is a certified level 2 rebound therapy trainer accredited by 'Rebound Therapy'. He also holds a music degree having spent previous years as a recording artist and musician in bands. Howard loves spending time outdoors, playing his guitar and anything star wars or Lego.



How does an OTA day contract work?

Our OTA's are trained and highly experienced in delivering group and 1:1 sessions. All sensory programmes are written and approved by a Sensory Footsteps Sensory Integration trained Occupational Therapist . Our OTA's have undertaken additional training in order to support both mainstream and SEN schools, in both primary and secondary years. You can book 1 or both of our OTA'S for set sessions or book as full day school contracts to provide regular and varied therapeutic opportunities. Our OTA's hold enhanced DBS certificates and have received the following training:

- Safeguarding children
- Introduction to intensive interaction
- Makaton sign
- Sensory Processing training
- Neurodivergent affirming practice training
- Trauma informed care



What is the difference between an Occupational Therapy Assistant and an Occupational Therapist?

OTA's are unable to assess and make clinical decisions therefore our OTA contracts are unsuitable for bespoke 1:1 plans unless you also choose to have a Sensory Footsteps Occupational Therapist onsite. Group plans are updated and reviewed in office with our Occupational Therapists. The OTA service is aimed at providing cost effective options for organisations to provide planned, varied and therapeutic activity for children and young people. We also offer Occupational Therapist school contracts for bespoke assessment and plans. You can also choose to have an OTA to work alongside the Occupational Therapist to support with observations, plan reviews, assessment and admin if preferred.



How can this service help my organisation?

Activities provide sensory input important for feeling regulated, supporting children with skills for self-regulation, emotional regulation and confidence building.

Activities are also designed to include important skills such as bi-lateral co-ordination, midline crossing, upper body strength, core stability, visual motor skill development as well as social and play opportunities

Proactive regular sensory input via meaningful activity can help to support children within a learning environment, for example concentration. Hands on fun activities are also important for childrens health and well-being.



Fees

Fees start from £30 per hour or £170 per day.

**Reduced rates available if booking both
OTA's.**

**Further discounts available if booking 6 or
more sessions per year, or if your
organisation is within the Doncaster or
Worksop area.**

**Get in touch for a chat about your organisations
Occupational Therapy needs or contact us for a free
no obligation quote.**



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