




Oceanside II Family Success Center
 3201 Atlantic Avenue, Atlantic City, NJ 08401
 609-594-4990
atlanticoceanside2@gmail.com
oceanside2fsc.org
facebook.com/oceanside2familysuccesscenter
instagram.com/oceanside2_fsc/

May 2024

Center is open:
 Mon., Wed., Thur. & Fri.: 11-5
 Tue.: 11-7
 Select Saturday

MON.	TUES.	WED.	THURS.	FRI.	SAT.
<p><u>Every Monday and Wednesday!</u> ESL Level 1 classes 11-1</p> <p>EVERYTHING IS FREE & OPEN TO ALL!</p>	 <p><u>Every Monday and Wednesday!</u> Community ESL Level 2 1:30-3:30</p>	<p>1 <u>Crocheting</u> 12-1</p> <p><u>Lego Club</u> 3:45-4:45</p>	<p>2 <u>Computer Basics Level 2</u> 11:30-2:30</p>	<p>3 <u>Meditation</u> 11-11:30 <u>Yoga</u> 11:30-12:30</p> <p><u>After School Tutoring</u> 3:45-4:45</p>	<p>4 CLOSED</p>
<p>6 <u>Women's Health: Taking Care of You</u> 2:30-3:30</p> <p><u>C.R.O.P.S.: Botanical Bookmarks and Sun Catchers</u> 4-5</p>	<p>7 <u>Diabetes Prevention Group</u> 1-2</p> <p><u>Parent Café</u> 12-1:30</p> <p><u>Teen Time</u> 3:30-4:30</p> <p><u>Mother's Day Celebration</u> 5-6:30</p>	<p>8 <u>Toddler Time</u> 3:30-4:30</p>	<p>9 <u>Computer Basics Level 2</u> 11:30-2:30</p> <p><u>One Stop for Employment and Training</u> 12-3</p>	<p>10 <u>Meditation</u> 11-11:30 <u>Yoga</u> 11:30-12:30</p> <p><u>After School Tutoring</u> 3:45-4:45</p>	<p>11 CLOSED</p>
<p>13 <u>Qigong</u> 2-3</p> <p><u>AAPI Culinary Celebration</u> 4-5</p>	<p>14 <u>Pedestrian Safety</u> 2-3</p> <p><u>Scrabble Game Night</u> 5-6</p> <p><u>Girl Scouts</u> 6-7</p>	<p>15 <u>Lego Club</u> 3:45-4:45</p>	<p>16 <u>Family Paint Party</u> 3-4:30</p>	<p>17 <u>Meditation</u> 11-11:30 <u>Yoga</u> 11:30-12:30</p> <p><u>After School Tutoring</u> 3:45-4:45</p>	<p>18 <u>Science Saturday</u> 11-1</p>
<p>20 <u>C.R.O.P.S.: Mini-greenhouses</u> 4-5</p>	<p>21 <u>Diabetes Prevention Group</u> 1-2</p> <p><u>Social Security Benefits for People with Disabilities</u> 11:30-1</p> <p><u>Parent & Community Advisory Board (PCAB) Meeting</u> 2-3</p> <p><u>Financial Literacy</u> 5:30-7</p>	<p>22 <u>Family Storytime</u> 4-5</p>	<p>23 <u>One Stop for Employment and Training</u> 12-3</p>	<p>24 <u>Meditation</u> 11-11:30 <u>Yoga</u> 11:30-12:30</p> <p><u>After School Tutoring</u> 3:45-4:45</p>	<p>25 CLOSED</p>
<p>27  CLOSED</p>	<p>28 <u>Teen Time</u> 3:30-4:30</p> <p><u>Lotería</u> 5-6</p>	<p>29 <u>Family Fun in the Kitchen</u> 1:30-2:30</p>	<p>30</p>	<p>31 <u>Meditation</u> 11-11:30 <u>Yoga</u> 11:30-12:30</p> <p><u>After School Tutoring</u> 3:45-4:45</p>	<p><u>Like us on Facebook</u> <u>Oceanside 2 Family Success Center</u></p> 

Registration is Required for PC appointments, Giveaways & Workshops!

Oceanside II Family Success Center
3201 Atlantic Avenue, Atlantic City, NJ 08401
609-594-4990
atlanticoceanside2@gmail.com
oceanside2fsc.org
facebook.com/oceanside2familysuccesscenter
instagram.com/oceanside2_fsc/

May 2024

Center is open:
Mon., Wed., Thur. & Fri.: 11-5
Tue.: 11-7
Select Saturday

Center Highlights

Mother's Day Celebration – It's your day! Join us for a special celebration with live music, fun, and giveaways. Sponsored by Atlantic City Electric, an Exelon Company.

Social Security Benefits for People with Disabilities – This workshop will provide an in-depth information about disability benefits and the disability application process. Presented by Social Security.

C.R.O.P.S. – During these workshops, you will create your own bookmarks and sun catchers (5/06/2024), or mini-greenhouses (5/21/2024), and learn about the nutritional benefits of various plants, herbs, and vegetables.

AAPI Culinary Celebration – Explore Asian cuisine with us! Taste diverse flavors such as Samosas, Dumplings, Banh Mi and more. Enjoy cultural experiences, and celebrate community. It's a flavorful journey you won't want to miss!

Women's Health: Taking Care of You – This program encourages women and girls to make their health a priority. We will discuss the steps women can take to improve their physical and mental health.

Pedestrian Safety – Interactive workshop for all ages that discusses safe walking and crossing the road safely. Presented by the Brain Injury Alliance of New Jersey.

Parent Café – A Parent Café is a warm, safe environment for families to enjoy parent-to-parent conversation, refreshments, and opportunities to explore family strengths and potential for growth. This Parent Café's theme is "A more perfect union!"

Financial Literacy – Join OceanFirst Bank for a series of these three financial literacy sessions that will cover budgeting, crediting, personal finance and more. Families who attend ALL 3 sessions (3/19/2024, 4/16/2024 and 5/21/2024) will receive a stipend of \$125.00 ***MUST COMPLETE ALL SESSIONS TO QUALIFY. SPACE IS LIMITED. INCOME VERIFICATION REQUIRED**

Always Available

Computer Stations: Stop in anytime we are open! Computers are always available for your use.

Resources: Call or come in for any resources.

Volunteering: Want to share your talents? Learn more about all the wonderful volunteer opportunities we have to offer at the center.



Seminars/Classes

ESL Level 1 – Participants with little or no English language skills will improve their speaking, listening, and writing abilities as well as learn about American culture. Sponsored by OceanFirst Bank.

Community ESL Level 2 classes – will allow students to continue to practice in listening and speaking and learn more about American culture. They will learn new vocabulary and grammatical structures to communicate about school, family, work, and community. Participants will read authentic stories and talk about real-life situations.

Computer Basics Level 2 – This course will expand participants' knowledge by introducing the basic foundation and elements of working with Microsoft Word and Microsoft Excel. Participants will learn how to create, save, and print a document and spreadsheet upon workshop completion. Prerequisite: Basic computer knowledge and familiarity with Windows.

Crocheting – Interested in learning how to crochet? Join us for a beginner class to learn the basics of crocheting. All supplies will be provided.

Qigong – Reduce stress, improve balance and flexibility, heal body, mind and spirit through Qigong practice.

One Stop for Employment and Training – Atlantic County Workforce Development Office will provide job assistance, training, resume and job interviewing support as well as youth services.

Diabetes Prevention Group – Southern Jersey Family Medical Center will facilitate an in-person Diabetes Prevention group where you can learn the best ways to prevent or manage your diabetes.

Afterschool Tutoring – This free small-group tutoring is open to students in Kindergarten – 6th grade. Funded by the Early Literacy Grant from TD Bank.

Family Activities

Loteria – Come and join us for a fun night of traditional Loteria! Light refreshments will be provided and winners will win a free giveaway!

Family Paint Party – Join us for a relaxing afternoon and create a lovely painting! Invite a friend, neighbor, and family to paint with you or come in by yourself. Everyone is welcome!

Meditation – Join us for the relaxing stillness and self-care with this guided meditation practice. Come and destress with us!

Yoga – Join us for easy, family-friendly (10+ years old) yoga exercises to calm your mind and strengthen your body.

Teen Time – This activity is open to youth 14+ years old. Come in to play table tennis and socialize with other teens. Signed parent permission form is required for attendance if not accompanied by an adult.

Family Fun in the Kitchen – Join us for a free, fun, and family-friendly cooking time! We will be making Black Quinoa Asian Slaw. Presented by NJ-SNAP.

Lego Club – Open to children 7+ years old. Children will learn, create, and explore using LEGO® bricks to build various models.

Family Storytime – Join us for an hour of fun with reading, music, and snacks. Funded by the Early Literacy Grant from TD Bank.

Scrabble Game Night – Test your vocabulary, win prizes, and join us for a night of fun! Funded by the Early Literacy Grant from TD Bank.

Toddler Time – Join childhood specialist from Southern Jersey Perinatal Cooperative for a fun activity and story time! Bring your toddlers out (up to age 4 years old) and meet other parents!

Science Saturday – Families will learn science through hands-on investigations led by Rutgers staff. We are going to learn about alternative energy, build small windmills and have fun with the engineering design process.

Girl Scouts – Be a girl scout, spark your creativity at our new Girl Scout troop!

EVERYTHING IS
FREE & OPEN TO ALL!

***Registration is Required for PC
appointments, Giveaways & Workshops!***

FAMILY
SUCCESS CENTER
OCEANSIDE II