

# nlhakApmh Language Program

## WORK BOOK

Level 2 Language Package



2007

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## niha.kApmhh Work Book

This Work Book covers the following information below for the LEVEL 2 Language package. The information is listed in this order in the book:

1. Greetings  
Unit 1
2. Counting  
Unit 1 - 16--20  
Unit 2 - 21--29  
Unit 3 - 30-40-50-60-70-80-90-100
3. Animals  
Unit 1 - cat, mouse, rat, cougar, chipmunk  
Unit 2 - eagle, grouse, goose, small bird, crow,  
hummingbird  
Unit 3 - mountain sheep, mountain goat, mule deer
4. Insects  
Unit 1 - mosquito, bee, ant, woodworm, spider
5. Reptiles  
Unit 1 - snake, rattlesnake, frog, lizard, something  
puffs itself, salamander
6. Colors  
Unit 1 - blue, pink, yellow  
Unit 2 - silver grey, light grey, yellow, grass green,  
dark green  
Unit 3 - purple, dark brown
7. Clothing  
Unit 1-clothes, hunting clothes, ripped clothes, to  
wash clothes  
Unit 2-night clothes, new clothes, ripped clothes,  
put on extra clothes  
Unit 3- overalls, pants

8. Nature  
Unit 1 - hay, wild potatoes, wild celery, avalanche lily, tiger lily, Saskatoon berries, leaves  
Unit 2 - tree branch, root of tree, bark, birch bark  
Unit 3 - chokecherries, nuts, sagebrush, leaves coming out, buds opening
9. Time  
Unit 1 - dawn, noon, evening, night  
Unit 2 - to sleep, wake up, lie down
10. Weather  
Unit 1 - rain, cloudy, sunny, sun comes through clouds, sun, blue sky  
Unit 2 - winter, snow, rain, ice, wind, cold
11. Halloween Vocabulary  
- ghost, bat, witch, spider, candy, night time scared, walk, spooky
12. School Vocabulary  
Unit 1 - door, window, floor, toilet, outhouse, wall, ceiling  
Unit 2 - sit, listen, write, mark/draw something
13. Health / Self  
Unit 1 - born, die, bathe  
Unit 2 - soap, water, to wash, to dry, to braid, to cut, to comb, to wipe  
Unit 3 - to clean, to wash, to run, to jump, to crawl, to walk, to stretch
14. Human Body  
Unit 1 - cheek, chin, eyelash, neck, whiskers  
Unit 2 - shoulder, armpit, arm, elbow, chest, wrinkled face  
Unit 3 - thigh, knee, ankles, toe

15. Family

Unit 1 - big family, give a name, name ceremony

Unit 2 - step-child, step mother, mother-in-law  
father-in-law, daughter-in-law, son-in-law,  
sister-in-law, brother-in-law

Unit 3 - youngest child, first born, first time  
pregnant, stop having children

16. Foods

Unit 1 -fish soup, soup made from bitterroot, butter

Unit 2 - to roast, roast beef, potatoes, carrots

Unit 3 - onion, apple, cherry, nuts, pine cones,  
seeds, dessert, tea

17. Objects

Unit 1 - dishes, fork, ladle, cup

Unit 2 - to stir, pot, frying pan, basket, fridge, stove

Unit 3 - wash tub, table, wash basin, door, window,  
wash floor, sweep floor

18. Action 1

Unit 1 - to walk, jump, crawl, stretch, run

Unit 2 - to stand, to laugh, to cry, to sing, to lend,  
find something, to think, to pinch

Unit 3 - talk together, ride horse, invite to eat, to  
gather, to visit, to fight, to argue, to pray,  
kiss someone

19. Action 2

Unit 1 - hug someone, to catch, to swim, to fly, to  
throw

Unit 2 - to shoot, to look, listen, smell, shout,  
whisper, taste, touch something

Unit 3 - pick berries, cook food, to dry (food), shell  
peas, cut hay, make bread

20. Action 3

Unit 1 - cut logs, hammer nails, build house, to sew, to fix

Unit 2 - say something, to mark, to write, to draw, to add, add (together), subtract

Unit 3 - to bathe, dry oneself, scratch, to rest, to sleep, wake up, to smile, to shave, shake hands

21. Shapes

Unit 1 - round, 4x4 boards

22. Sounds

Unit 1 - growl, make noise, ring, sizzling

Unit 2 - loud noise, grinding noise, noise gets quiet,

Unit 3 - drumming noise, strange noise, crunching noise,

23. Tastes

Unit 1 - no taste, salty, bitter

24. Smell

Unit 1 - really smells,

25. Texture

Unit 1 - hard, get soft, melted

26. Touch

Unit 1 - to barely touch, to bump, to touch something while searching.

27. Sight

Unit 1 - to see something, something appears, to finally see something, sightseeing, to see tracks.

28. Common Commands

Unit 1 –Get some wood, make a fire, put it back, put your book away, eat your food, don't fight/argue, pick them up and put them away, pass the potatoes, pour me some tea.

29. Pronouns

Unit 1-I, you, he/she, us, they, them, that

# Greetings

## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** Greetings  
**Unit 1:** lhewA-ysht

### Phrases

1. shwat qu?  
Who are you?
2. shwat ka. shquasht  
What is your name?
3. John n shkechzA  
John is my father.
4. Lucy n shKEEhhza.  
Lucy is my mother.
5. John n shquasht  
John is my name.
6. ash shEEEnchee. qu- n?  
Do you have any younger brothers?
7. ash chA.cha qu- n?  
Do you have any younger sisters?
8. ha.EE sheeshAya an shquOqueza.  
Yes, I have two younger siblings.
9. ha.EE / tA.a  
Yes/No.



# Counting

## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** Counting  
**Unit 1:** IhewA-ysht

### **Vocabulary**

OObenaksht alh TLAKmaksht  
OObenaksht alh chOOlhka.  
OObenaksht alh bee.OO.bsht  
OObenaksht alh demlhbAya.  
shlh.OObenaksht

sixteen  
seventeen  
eighteen  
nineteen  
twenty

## **Niha.kApmhh Language Program**

**Level:** Level Two  
**Theme:** Counting  
**Unit 2:** sh.eeshdk

### **Vocabulary**

Shlh.OObenaksht alh bAya.	Twenty one
Shlh.OObenaksht alh shAya	Twenty two
Shlh.OObenaksht alh ka.lhAsh	Twenty three
Shlh.OObenaksht alh moosh	Twenty four
Shlh.OObenaksht alh cheeysht	Twenty five
Shlh.OObenaksht alh TLAkmaksht	Twenty six
Shlh.OObenaksht alh chOOlhka.	Twenty seven
Shlh.OObenaksht alh bee.OO.bsht	Twenty eight
Shlh.OObenaksht alh demlhbAya.	Twenty nine

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Counting  
**Unit 3:** nwuhoo-yt

### Vocabulary

ka.lh.OObenaksht	thirty
moolh.OObenaksht	forty
cheeklh.OObenaksht	fifty
TLAKmakshth.OObenaksht	sixty
choolhka.lh.OObenaksht	seventy
bee.OObshtlh.OObenaksht	eighty
demlhbaya.lh.OObenaksht	ninety
<u>h</u> hechpkIke-nksht	one hundred

# Animals

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Animal Kingdom: Fur Bearing Animals  
**Unit 1:** IhewA-ysht

### Vocabulary

poss	cat
QUEtnee	mouse
ha-wt	rat
shmOOwa.	cougar
<u>quooqu</u> -mhhE-n	chipmunk

### Phrases

1. QUA-nata a QUetnee  
Look at the mouse!
2. klch kich a poss  
The cat is energetic.
3. za-wzOOt a QUetnee  
The mouse is annoying.
4. ch.ash ta.A a ha-wt  
The rat is coming.
5. QUoocht a poss  
The cat is fat.
6. dwoa ayhh a quooqu-mhhE-n  
The chipmunk is running.

## ***Niha.kApmhh Language Program***

**Level:** Level Two  
**Theme:** Animal Kingdom: Birds  
**Unit 2:** sh.eeshdk

### **Vocabulary**

haIA-w	eagle
shmOO-mde-m	blue grouse
QUashEEwuh	goose
sspezOOzoo.	any bird
sh.a.a	crow
PEssKa.	hummingbird

### **Phrases**

1. QUA-nata a PEssKa.  
Look at the hummingbird!
2. nwhAleehha sh.a.a  
The crow is flying.
3. ee-mni-m a shmOO-mde-m  
The blue grouse is making a noise.
4. ash QUa-nshteeysh a haIA-w  
The eagle is watching us.
5. yee. A a-nQUantnsh a PEssKa.  
The hummingbird looks good.

## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** Animal Kingdom: Hoofed Animals  
**Unit 3:** nwuhoo-yt

### Vocabulary

shwulOOpsh	mountain sheep
shwuhee.TLATS	mountain goat
sh <u>wu</u> hee-y <u>A</u> hhkn	buck (male deer)

### Phrases

1. QUA-nata a shwulOOpsh  
Look at the mountain sheep!
2. wuhee. kt nash bee.hh-m tek hhezOOm tek shwuhee-yAhhkn  
We're going hunting for a large buck.
3. whee. kt whEE.im tek shwulOOpsh  
We're going looking for mountain sheep.



# Insects

## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** Insects  
**Unit 1:** IhewA-ysht

### **Vocabulary**

quO <u>qu</u> ashkee.	mosquito
mOTSa	bees
shwuhoo <u>wuh</u> ATSa	ants
ehhA <u>ych</u>	woodworm
shKAK <u>ee</u> .t	spider

### **Phrases**

1. whee.t a quOquashkee.  
There are lots of mosquitoes.
2. za-wzOOt a shwuhoowuhATSa  
The ants are annoying.
3. ch.ash ta.A a shKAKee.t  
The spider is coming.

# Reptiles

## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** Reptiles  
**Unit 1:** ihewA-ysht

### **Vocabulary**

shmayhh	snake
shTSa- <u>aht</u> E-n	rattlesnake
PaPI.lha	frog
poowuh n choot	something puffs itself up
sh wech hhE-n	salamander

### **Phrases**

1. na-m ash pAquOO.shmna a shmayhh  
I'm very scared of the snake.
2. lh-woalha. wayhh a PaPI.lha  
The frog hops.
3. wuhOOwuhasht a shwechhhE-n  
The salamander is scary.

# Colours

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Colors  
**Unit 1:** IhewA-ysht

### Vocabulary

shtquEzquezt	blue
b.ah tek a shche <u>qu</u>	pink
shqula-yee	yellow

### Phrases

- 1, ash shtquEzquezt a. kapOO  
Your coat is blue.
2. ash b.ah tek a shchequ a. kapOO  
Your coat is pink.
3. a shqula-yee a. kapOO  
Your coat is yellow.

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Colors  
**Unit 2:** sh.eeshdk

### Vocabulary

ash queequEEt	silver gray
a shdepA <u>ahpa</u> <u>ah</u> t	light gray
a shtquleet	pale green
<u>qua</u> -l	grass green
ash qulo	dark green

### Phrases

1. a shtquleet a. kapOO.  
Your coat is pale green.
2. a shdepA ahpa aht a. kemOOt  
Your hat is gray.
3. ash qulo. a. nTLipEETSa.  
Your shirt is dark green.
4. as queequEEt hh.a  
This is silver.

***Niha.kApmhh Language Program***

**Level:** Level Two  
**Theme:** Colors:  
**Unit 3:** nwuhoo-yt

**Vocabulary**

TLep TLEpt tek ashchequ  
ash poom

purple / dark red  
dark brown

**Phrases**

1. TLep TLEpt tek ashchequ a. kapOO  
Your coat is purple / dark red.
2. ash poom a. kemOOt  
Your hat is dark brown.
3. TLep TLEpt tek ashchequ hh.a  
This is purple / dark red.



# Clothing

## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** Clothing  
**Unit 1:** IhewA-ysht

### **Vocabulary**

wuha.pEEt	clothes
pehhe-m EETSa.	hunting clothes
ash weel weelEETSa.	ripped clothes
ashcha ahcha ahEETSa.	ripped
QUee-yTSem	wash clothes

### **Phrases**

1. quAnta Iha wuha.pEEt  
Get your clothes.
2. woohA-n Iha. wuha.pEEt?  
Where are your clothes?
3. QUee-yTSata Iha. wuha.pEEt  
Wash your clothes.
4. assTSem a wuha.pEEt or ta.apEEtsa qu  
Your clothes are dirty.
5. lhOOmata Iha. pehhe-mEETSa.  
Put on your hunting clothes.
6. nhh.a n Ihn pehhe-mEETSa.?  
Where are my hunting clothes?
7. yee.A nooqu Iha. wuha.pEEt  
Your clothes are good.

## ***Niha.kApmhh Language Program***

**Level:** Level Two  
**Theme:** Clothing  
**Unit 2:** sh.eeshdk

### **Vocabulary**

nwoa -ytEETSa.	night clothes
chee. cheeAlksh	new clothes
cha ah cha ahEETSa.	ripped clothes
nlhwuha-wshAda a wuha.bEEt	put on extra clothes (for warmth)

### **Phrases**

1. nlhwuha-wshAda a wuhabEEt ,TselhchEEn  
Put on extra clothes, it's cold.
2. lhOomata lha. nwoa -yt EETSa  
Put on your nightgown.
3. chEE.chee a nwoa -yt EETSa  
You have a new nightgown.
4. cheecheeAlksh qu nooqu  
I see you have brand new clothes.

## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** Clothing  
**Unit 3:** nwuhoo-yt

### **Vocabulary**

nlhoowuhAyooshdn	overalls
ash ptewuhchk tek shkEEyoosh	
shkEEyoosh	pants

### **Phrases**

1. nbeeAyoosh kn, na-m ansh quanguAnt  
I have only one pair of pants, I'm really poor.
2. kelhayOOshm kn, Ahhee. nA.a ash talhEEhh  
I took off my pants, and they were still standing there.
3. nlhwuhA-wshada a shkEEyoosh  
Put on extra pants, it's cold.
4. wuhee. kn ash kelhkelh hhn  
I'm going to go barefoot.

# Nature

## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** Nature  
**Unit 1:** IhewA-ysht

### **Vocabulary**

shyAkem	hay
tatOOwe-n	Indian potatoes
TSawAta.	wild celery
shKA-mach	avalanche lily
chA-wak	tiger lily
shchaqum	saskatoon berries
pechEklh	leaves

### **Phrases**

1. doowEEt a shyAkem  
The hay is growing.
2. wuhee. kn nash yeekm  
I'm going to cut the hay.
3. zaTLt a pechEklh  
The leaves are falling.
4. hAchoo nash quinAm tek tatOOwe-n  
Lets go get some Indian potatoes.
5. n mee.Im hha tek tatOOwe-n  
Give out (share) the Indian potatoes.
6. ash shqula-yee. a shKA-mach  
The avalanche lily is yellow.
7. a shtquleet a chEEchee a shbAkemsh a TSawAta.  
The young flowers of the celery are green.
8. QUeeyt a shchaqum  
The saskatoons are ripe.
9. a sh chEqusha a shwuhOOshem  
The soapberries are red.
10. whee.EEt a tatOOwe-n  
There are lots of Indian potatoes.

## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** Nature  
**Unit 2:** sh.eeshdk

### **Vocabulary**

kehbmAka.	tree branch
QUemee whAp	root of tree
Pa.yAn	bark
qulheen	birch bark

### **Phrases**

1. mOOguma tek kehbmAka. wuhee. kt Pamshm  
Gather some branches, we're going to make a fire.
2. yee.kA-mseepa tek kehbmAka. wuhee. kt Pamshm  
Get some branches, we're going to make a fire.
3. plhelht a Pa.yAn  
The bark is thick.
4. whee.EEt na a kehbmAka.  
There are lots of branches right there.
5. mOOquada a kehbmAka.  
Gather the branches.

## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** Nature  
**Unit 3:** nwuhoo-yt

### **Vocabulary**

zelquOO.	chokecherries
kapOOwuh	nuts
kAwquoo	sagebrush
nPeewuhksh <u>m</u>	leaves coming out
nPeewuhksh <u>m</u>	buds are opening

### **Phrases**

1. wuhee. kt nash wuhee.Im tek kAwquoo  
We're going to go look for some sagebrush.
2. nPeewuhkshm a pechEkIh  
The leaves are coming out.



Time

## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** Time  
**Unit 1:** ihewA--ysht

### Vocabulary

ch <u>k</u> apm Amin	dawn
noopEEk-n	noon
<u>a</u> hap	evening
shEEtesht	night

### Phrases

1. nash nooqu m.ah  
It's getting daylight.
2. a TLoo. hhA.a ksh noopEEk-nsh  
It's almost noon.
3. a TLoo. hhA.a ksh ahapsh  
It's almost evening.
4. a TLoo. hhA.a ksh TLepTLEptsh  
It's almost dark.
5. ahh nooqu tA.a lh shEEtesht oosh  
There was someone or something around last night.

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Time  
**Unit 2:** sh.eeshdk

### Vocabulary

<u>woa</u> -yt	to sleep
<u>kEEI</u> hta	wake up
p <u>OO</u> yta	lie down

### Phrases

1. wuhee. kn nash woa-yt  
I am going to sleep.
2. nash wa. woa-yta  
Go to sleep.
3. nash wa. pOOyta  
Go lie down.
4. pOOyta aka shwoa-yt  
Lie down and go to sleep.
5. kEEIhta wuhee.kt lha.hhAnsh  
Wake up, we're going to eat.
6. dAlheehha  
Stand up.

Weather

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Weather  
**Unit 1:** IhewA-ysht

### Vocabulary

taklh a demEEwuh	it's a rainy day (on the earth)
quoo-yquOO-y	cloudy
nQ <sup>u</sup> eeeyAnk	sunny
pooTLm a shQUAQUash	The sun came out through the clouds.
dOOwa shquOOy-yee	
shQUAQUash	sun
wuhEz <sup>w</sup> uhez a shTLekt	The sky is blue

### Phrases

1. quOOyee. nooqu  
It's clouding over
2. ka. n ka ksh wuhee.sh quoo-yquOO-ysh ch.aylh  
I wonder if it's going to be cloudy today?
3. TselOwuh nooqu a shQUAQUash  
The sun is hot.
4. nQ<sup>u</sup>eeeyAnk nooqu  
It is sunny (making an observation about it)
5. nQ<sup>u</sup>eeeyAnk nooqu ch.aylh  
It is sunny now.
6. ka. n ka ksh wuhee.sh nQ<sup>u</sup>eeeyAnk tek shbee.hhAwt  
I wonder if it is going to be sunny tomorrow.

## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** Weather  
**Unit 2:** sh.eeshdk

### Vocabulary

sh.eeshdk	winter
shwoowuht	snow
taklh	rain
npa-woa	ice
shna-wt	wind
TSeiht	cold

### Phrases

1. weekna a shwoowuht  
I see the snow.
2. wEEkt wuh-n a shwoowuht?  
Do you see the snow?
3. a TLoo. hhA.a k sh.eeshdksh  
It'll be winter soon.
4. a TLoo. hhA.a ksh nwuhoo-ytsh  
It'll be spring soon.
5. taklh nooqu  
It's raining.
6. na-wt nooqu  
It is windy.
7. TLee.EEQU  
It stopped (raining or snowing)
8. wuhee. nooqu taklh  
It seems like it's going to rain.
9. whee. woohhtmEEnteesh  
It's going to snow on us.

10. zawuh a shwoowuht  
The snow is melting.
11. ch.ka.a ksh plhelhtwEE.hhsh a npa-woa?  
Is the ice getting thick?
12. chka.a ksh plhelhtwEE.hhsh  
Is it getting thick?
13. queequEEw a npa-woa  
The ice is slippery.
14. zo-woazO-woat nooqu a shna-wt  
The wind is getting stronger.
15. whee. nooqu na-wt  
It's going to get windy.
16. kesht a shna-wt  
The wind is bad.
17. nash nooqu TselhchEEEn  
It's getting cold.

# Halloween Vocabulary



## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** Halloween  
**Unit 1:** IhewA-ysht

### Vocabulary

shnayEE.	ghost, graveyard, dead person
shTLanOOya.	bat
<u>hh</u> A. <u>hha aygu</u>	witch
shKAKee.t	spider
TLeht	candy
shEEtesht	night time
p <u>A</u> quoo.	scared
whashEEt	walk
whOOshwasht	spooky

### Phrases

1. pAquoo.shmn a shnayEE.  
I'm scared of a ghost.
2. ch.ash ta.A a hha.hha.aygu  
Here come's a witch.
3. ahh na.A a shKAKee.t  
There's a spider.
4. hAchoo nash quinAm tek TLeht  
Lets go get some candy.
5. whOwsht kn tek TLeht  
I want some candy.
6. a sheetEEsht oosh aka.sh woa -yt  
When it's night, you'll sleep.

7. a sheetEEsht oosh whee. whashEEt a shnayEE.  
When it's night, the ghost will walk.
8. pAquoo. a shQUOOQUmee.t  
The child is scared.
9. chOOquoosh ka.sh pAquoo.  
Don't get scared.
10. hAchoo whashEEt  
Let's walk.
11. woohA-n a wuhee.OOhh whashEEt?  
Where are you going to walk?
12. -nam ash wuhOOshwuhastsh  
That is spooky.
13. -nam ash wuhOOshwuhastsh tek shpaqu  
That's a scary show.

School

## NIha.kApmhh Language Program

**Level:** Level Two  
**Theme:** School  
**Unit 1:** IhewA-ysht

### Vocabulary

ntakchEEentn	door
nQUanOOshd-n	window
npehhEEyaptn	flooring
nhha.dm	ceiling
nPooTLmtn	toilet
nPOOTLmalhwuh	out house
nnhhaymEEen	wall

### Phrases

1. nwoolchEEenta  
Open it. (door or window)
2. ntakchEEenta  
Close it. (door or window)
3. ntakchEEenta a nQUanOOshd-n  
Close the window.
4. TSahhtAta a npehhEEyaptn  
Clean the floor.
5. TSA-weeyapa  
Wash the floor.

## *Niha.kApmhh Language Program*

**Level:** Level Two  
**Theme:** School  
**Unit 2:** sh.eeshdk

### **Vocabulary**

meechA. <u>ka</u>	sit
kA-yee nee ma	listen
TSe <u>QU</u> Em	write
nTSe <u>QUO</u> Oshm	mark / draw something

### **Phrases**

1. meechA.ka n.Aya  
Sit here.
2. KA-yeeneemahha ch.ash nooqu tA.a a shba.Ach  
Listen! A bear is coming.
3. whee. kn TSeQUEm  
I'm going to write.
4. whee. qu-n TSeQUEm?  
Are you going to write?
5. whee. a quoo nTSeQUOOshadeeyhhsh a shmeeych  
They are going to draw a deer.

Health/Self

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Health and Self  
**Unit 1:** IhewA-ysht

### Vocabulary

queesh	to be born
zoogu	to die
shawuhm	to have a bath

### Phrases

1. bee.shtA a queeshOOsh Iha. shkEEhza.  
When was your mother born?
2. ch.aylh a quoo tek sheeTLKt k queeshOOsh Iha. shkEEhza.  
Today is the day your mother was born.
3. bee.shta. k queeshOOwuh  
When were you born?
4. shwatk zoogu  
Who died?
5. zoogu Iha. shnOOQUa.  
Your friend died.
6. nAshwa. shawuhmhha  
Go have a bath.
7. shawuhm qu-n  
chka.ka.sh shawuhm  
Did you have a bath?

## NIha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Health/Self  
**Unit 2:** sh.eeshdk

### Vocabulary

soop	soap
quoo.	Water
TSA-wkshtm	to wash hands
KAhhkshtma	dry your hands
TLe <sup>h</sup> hhEm	to braid hair
nEEKata	cut it
hhEE-washt	to comb hair
APash	he/she wipes it

### Phrases

1. TSA-wkshtma  
Wash your hands.
2. kAhhkshtma  
Dry your hands.
3. TLe<sup>h</sup>hhata a. shKapkn  
Braid your hair.
4. nEEKata a. shKapkn  
Cut your hair.
5. hhEE-wata a. shKapkn  
Comb your hair.
6. APata a. shbshaksh  
Wipe your nose.
7. nEEKata a. QUoowuhkEE-nksht  
Cut your fingernails.



8. kashtwuh TLm lh soop  
What did you do with the soap?
9. wuhee. kn quinAm tek soop  
I'm going to get some soap.
10. quAhhchima tek quoo.  
Get me some water.
11. chka.ka.sh wuhowuhsht tek quoo.  
Do you want some water?

## NIha.kApmhh Language Program

**Level:** Level 2  
**Theme:** Health/Self  
**Unit 3:** nwuhoo-yt

### Vocabulary

TSahhtAsh	He/She cleans it
TSa-wkshtm	to wash hands
d <u>woa</u> ayhh	to run
KazEEhh	to jump
quEEweehh	to crawl
wuhashEET	to walk
ch sheeyhh	to stretch

### Phrases

1. TSahhtAta a. TLA-nee  
Clean your ears.
2. nTSa-wAneeshm hha  
Wash your teeth.
3. d woa ayhh a shchimA-mee.t  
The children are running.
4. nowuhmAmin a shkAkhhha.  
The dog wants to run.
5. ahh nooqu wochEE.a kahh kazEEhh  
Something over there jumped.
6. kazEEhh  
Jump.

7. quEEweehha  
Telling someone to crawl.
8. quEEweehh n chAcha.  
My younger sister is crawling.
9. wuhee. kn nash wuhashEEt  
I'm going for a walk.
10. hAchoo nash wuhashEEt  
Let's go for a walk.
11. ahh qu ch sheeyhh  
You are stretching.

# Human Body

## **Niha.kApmhh Language Program**

**Level: Level Two**  
**Theme: Human Body**  
**Unit 1: IhewA-ysht**

### **Vocabulary**

quezapEEya.	cheek
shTLepchEEEn	chin
lhpa-ysht	eyelash
n <u>q</u> uezApshtn	neck
shwoopchEEEn	whiskers

### **Phrases**

1. TSa hh.a n shTLepchEEEn  
This is my chin.
2. qua.quEE.t n nquezApshtn  
My neck hurts.
3. QUA-nhhchima tan shwoopchEEEn  
Look at my whiskers.
4. tektAta a quezapEEya.  
Touch your cheek.

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Human Body  
**Unit 2:** sh.eeshdk

### Vocabulary

sh <u>QUemA</u> hhn	shoulders
nkemA <u>hh</u> adn	armpit
kayhh	hand
<u>quemAK</u> sht	elbow
TLEk-ma- <u>wuh</u> chk	chest
Pee.shOOsh	wrinkled face

### Phrases

1. TSa hh.a n shQUemAhhn  
This is my shoulder.
2. qua.quee.t n quemAKsht  
My elbow hurts.
3. QUA-nhhchima tan kayhh  
Look at my hand.
4. tektAta a shQUemAhhn  
Touch your shoulder.

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Human Body  
**Unit 3:** nwuhoo-yt

### Vocabulary

shzOOy-ya <u>qu</u>	thigh
shKmA-wash hhn	knee
quet wuh-mchEEhnhn	ankles
le <u>h</u> h-hhEn	toe

### Phrases

1. TSa hh.a n lehh-hhEn  
This is my toe.
2. qua.quEE.t n quet wuh-mchEEhnhn  
My ankle hurts.
3. QUA-nhhchima tan shKmA-wash hhn  
Look at my knee.
4. tektAta hha. shzOOy-yaqu  
Touch your thigh.

Family



## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Family  
**Unit 1:** IhewA-ysht

### Vocabulary

nwuh.eet	big family
OOmash	to give someone a name
oomashtAywuh	name ceremony

### Phrases

1. nwuh.eet hhA.a tek shAytknmahh  
That's a big family.
2. wuhee. oomashtAyt  
They are going to give a name.

## **Niha.kApmhh Language Program**

**Level: Level Two**  
**Theme: Family**  
**Unit 2: sh.eeshdk**

### **Vocabulary**

quooza-ATSa	stepchild
shkeehhza.-ATSa	step mother
lhchachk	mother-in-law
sh hhee.hhEE.	father-in-law
shapn	daughter-in-law
shkaw	sister-in-law
ssTSahht	brother-in-law (man's male in law)

### **Phrases**

1. yee.A shwuhawqush a quooza-ATSa  
The stepchild is happy.
2. ha-niha. shkeehhza.-ATSa  
Where is your stepmother?
3. woolhOO.a  
Over there.
4. n.Aya  
Here.
5. n.Aya nan cheetwuh  
Here at my house.

## Niha.kApmhh Language Program

**Level:** Level Two

**Theme:** Family

**Unit 3:** nwuhoo-yt

### Vocabulary

shchAwtemhh	youngest child
keyya.OOy	first born
chAchqusha	first pregnancy
ncha.quEEt	to stop having children

### Phrases

1. yee.A a shwuhawqush a shchAwtemhh  
The youngest child is happy.
2. TSa hh.a a shchAwtemhh tek n shquOOza.  
This is my youngest child.
3. TSa hh.a a keyyA. tan shquOOza.  
This is my first born.

Food

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Food  
**Unit 1:** IhewA-ysht

### Vocabulary

shAysheeQU fishhead soup  
nkawuh soup/pudding made from flour, bitterroot, saskatoons  
nmeTLQUOOshtn butter

### Phrases

1. yee.A nooqu a shAsheeQU  
The fish soup is good.
2. hAchoo choowOOm tek shAsheeQU  
Let's go make some fish soup.
3. zAKem hha  
Make some bread.
4. na-m ash yee.Ash a. shzaK  
Your bread is very good.
5. ha-n ka. nmeTLQUOOshtn  
Where's your butter?

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Food  
**Unit 2:** sh.eeshdk

### Vocabulary

QUee-yEEm	to roast
nyee.A-nki-m tek shmeeych	roast beef
sstaquO-lsh	potatoes
nchequ <u>chegu</u> hhln	carrots

### Phrases

1. ka.ksh QUeeytsh a. shQUee-yEEM  
Is your roast cooked?
2. na-m ash yee.ash a. nyee.A-nki-m  
Your roast is really good.
3. nEEKata a shmeeych  
Cut the meat.
4. TLkAlhkhha tek sstaquO-lsh  
Dig some potatoes.
5. toowuhOOphha tek sstaquO-lsh  
Buy some potatoes.

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Food  
**Unit 3:** nwuhoo-yt

### Vocabulary

qualAwa	onion
kemhhOOsha.	apples
cheguOOsha	cherries
KaPOOwuh	nuts
shTSeKEEy-nka.	tree cones
nKe-mA-nk	seeds
nshAhhchatn	dessert
TSawAta. tee	tea made from wild celery seeds

### Phrases

1. nAshwa. qunam hha tek shTSeKEEy-nka.  
Go get some tree cones.
2. wuhee. kt nash wuhee.Im tek TSawAta. tee  
We are going to look for wild celery tea.
3. choowOOM hha tek TSawAta. tee  
Make some wild celery tea.

6. QUeeyt a shQUeeyd  
The berries are ripe
7. ashchequ a kemhhOOsha. / ashchequ a .aplsh  
The apples are red.
8. wuhee.EEt a nchequchequhhln  
There are lots of carrots.
9. pAhhsha.mahha tek sstaquO-lsh  
Peel some potatoes.
10. wuhee.lmhha tek sstaquO-lsh  
Look for some potatoes.



# Objects

## **Niha.kApmhh Language Program**

**Level: Level Two**  
**Theme: Objects**  
**Unit 1: IhewA-ysht**

### **Vocabulary**

shzalt	dishes
lhoo.mEEn	fork
nzA-wdin	ladle
zA-wdin	cup

### **Phrases**

1. quAhhchima tek shzalt  
Get me a dish.
2. wuhee.Imhha tek zA-wdin  
Find a cup.
3. kashtwuh lh lhoo.mEEn  
What did you do with the fork?

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Objects  
**Unit 2:** sh.eeshdk

### Vocabulary

hhEEzim	to stir
lhkap	pot or pan
nKEhhla.wuhtn	frying pan
TSee-yA	basket
nTSAlhmin	fridge
nPamshdin	stove

### Phrases

1. quAhhchima tek lhkap  
Get me a pot.
2. wuhee.Imhha tek TSee-yA  
Find a basket.
3. kashtwuh lh nKehhla.wuhtn  
What did you do with the frying pan?
4. na-m ash yee.Ash a. nTSAlhmin  
Your fridge is good.

## NIha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Objects  
**Unit 3:** nwuhoo-yt

### Vocabulary

nQUeeTSmn	washtub
tEEpal	table
nTSa-wshtn	wash basin
ntekchEEentn	door
nQUa-nOOshd-n	window
TSa-weeyAp	to wash the floor
<u>Awuhyap</u>	to sweep the floor

### Phrases

1. TSa-weeyApa  
Wash the floor.
2. wuhee.qu TL-m TSa-weeyAp  
You were going to wash the floor.
3. Awuhyapa  
Sweep the floor.
4. wuhee. qu-n Awuhyap  
Are you going to sweep the floor?
5. nwoolchEEenta  
Open the door.

6. ntakchEEnta  
Close the door.

7. TSahhtAta a npehhEEyaptn  
Clean the floor.

# Action 1

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Actions Part 1 Exercises  
**Unit 1:** IhewA-ysht

### Vocabulary

wuhashEEt	to walk
<u>k</u> azEEhh	jump
<u>q</u> uEEweehh	crawl
ch sheeyhh	stretch
<u>d</u> woa ayeehh	run

### Phrases

1. wuhashEEthha wA.a  
Walk in that direction.
2. ahhqu nooqu tA.a wuhashEEt  
I see you are walking around.
3. ahh kazaKAKazeeyhh n eemch  
My grandchild is jumping.
4. chOOquoosh ka.sh kazEEhh na npOOydin  
Don't jump on the bed.
5. ahh quEEyweehh woochEE.a  
It's crawling over there.

6. quEEweehh hha wA.a  
Crawl that direction.
7. ch sheeyhh  
stretch
8. ch sheeyhh qu-n  
Did you stretch?
9. chOOquoosh ka.sh dwoa ayhh  
Don't run
10. dwoa Ayhha woochEE.a  
Run over there.



## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Actions 1  
**Unit 2:** sh.eeshdk

### Vocabulary

dAlheehh	to stand
ha.OOyem	to laugh
wawEEyhh	to cry
EETLem	to sing
<u>QUA</u> hem	to lend/borrow
pOOnimsh	to find something
TSEEPadash	to pinch/squeeze

### Phrases

1. wuhee. kn na.A ash dAlheehh  
I am going to stand there.
2. chooquOOsh ka.sh dAlheehh woochEE.a  
Don't stand over there.
3. kayee.shchOOT lh John.  
John is laughing at himself.
4. chooquOOsh ka.sh kayee.shchOOT  
Don't laugh at yourself.
5. ahh nooqu woochEE.a kahh wawEEyhh  
Someone over there is crying.
6. wuhee. kn wawEEyhh  
I'm going to cry.
7. wuhee. qu-n EETLem  
Are you going to sing?

8. wuhee. a quoo EETLem  
He/She is going to sing.
9. wuhee. kn QUAhem tek shnOOya  
I'm going to borrow some money.
10. wuhee. QUAhemshch tek shnOOya  
He/She is going to lend you some money.
11. pOOnimhhch lha. kapOO  
He/She found your coat.
12. ka.sh pOOnimhhchimsh lhn sha.IEEsh  
Did He/She find my knife?
13. ahh kn pteenOOshim  
I'm thinking.
14. shda. ka.sh pteenOOshim  
What are you thinking about?
15. ahh TSEEPadash a shEEEnchee.sh  
He is pinching his younger brother.
16. chooquOOsh ksh TSEEPatwawuhap  
Don't pinch each other.

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Actions 1  
**Unit 3:** nwuhoo-yt

### Vocabulary

cha-wOO.	talk together
lh <u>q</u> ueeyhh	ride (horseback)
lhah <u>h</u> anshAyt	invite people to eat
mOO <u>q</u> ueeyhh	gather together
mee-It	to visit
TLE <u>q</u> uatwawuh	to fight
kl <u>a</u> K	argue
yamEEt	to pray
nTSOO-m <u>k</u> shesh	he/she kisses someone

### Phrases

1. ahh cha-wOO. a shAytknmahh  
The people are talking.
2. wuhee.kt cha-wOO. a wuhee.OOt kanm  
We are going to talk about what we are going to do.
3. hAchoo nash lhqueeyhh  
Let's get on the horse.
4. wuhEE.aquoo lhqueeyhh Iha. chAcha.  
Your younger sister is going riding.
5. wuhEE.kt lhahhanshAyt tek shpee.hhAwt  
We are going to invite people over to eat tomorrow.
6. lhahhanshAyt Iha. shquooz  
Your aunt invited people over to eat.

7. wuhEE.aquoo mOOqueeyhh a shAytknmahh  
The people are going to gather together.
8. hAchoo mOOqueeyhh nlh sh.eeshtkn  
Let's gather at the winter house. (pithouse)
9. wuhee. kn nash mee-It  
I'm going to visit.
10. hAchoo nash mee-It  
Let's go visit.
11. chOOquoosh ka.sh TLEquatwawuh  
Don't fight.
12. ahh TLap hhA.a TLEquatwawuh  
He/She has been arguing.
13. chOOquoosh klaKAp  
Don't argue.
14. ahh hhA.a klaK  
He/She was arguing.
15. wuhee.kt yAmeet  
We are going to pray.
16. yAmeeta  
Telling someone to pray.
17. nTSOO-mkshesh lh shmOOlhach  
He kissed the woman.
18. chOOquoosh ksh nTSOO-mkshnoowuh  
Don't kiss that person.

# Action 2

## Niha.kApmhh language Program

**Level:** Level Two  
**Theme:** Actions 2  
**Unit 1:** IhewA-ysht

### Vocabulary

TLOOQUash	to hug someone
quanwA-nsh	he catches it
nkAyeehh	to swim
nwuhAleehh	to fly
KamEEnsh	he throws it

### Phrases

1. TLOOQUash a shkEEhza.sh  
He/she hugged his/her mother.
2. TLOOQUata tA.a k shwat.  
Give someone a hug.
3. ATLoo. hhA.a ash quanwA-nsh.  
He/she almost caught something.
4. quenwA-n na.  
I caught it.
5. hAchoo nash nkAyeehh  
Let's go swimming.

6. nkAyeehh a quoo dA.a k shwat.  
someone is swimming.
7. nwuhAleehh a shkaOOla. wA.a  
The owl flew in that direction.
8. nwuhAleehh a shkaOOla.  
The owl is flying.
9. KamEEEnsh a sh hha-nhh  
He/she throws a rock.
10. chooquOOsh ksh KamEEEnwuh a sh hha-nhh  
Don't throw the rock.

## Niha.kApmhh language Program

**Level:** Level Two  
**Theme:** Actions 2 Senses  
**Unit 2:** sh.eeshdk

### Vocabulary

KA-yem	to shoot
twuhooshm	to look
KA-yneema	listen
shoo-m m	smell
TLEwuheehh	shout
qeshchEE-nhha	talk quietly
meshtAnm	take a taste
tektata	touch it

### Phrases

1. KA-yem  
Shoot.
2. wuhee. kn KA-yem tek shmeeych  
I'm going to shoot a deer.
3. chooquOOsh ka.sh KA-yem  
Don't shoot.
4. chooquOOsh ksh QUA-noowuh.  
Don't look at it.
5. chooquOOsh ka.sh twuhooshm  
don't look.
6. twuhOOshma woochEEa  
Look that way.



# Action 3

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Actions 3 Work  
**Unit 1:** IhewA-ysht

### Vocabulary

kElem	to cut logs into boards
TLaQUm	to hammer a nail
choowAlhwuh	to build a house
TLequ.OOm	to sew
chOOtash	he/she fixes

### Phrases

1. ahh nooqu kahh kElem woolhOO.a  
Someone is cutting boards over there.
2. ahh nooqu kahh TLaQUm woolhOO.a  
Someone is nailing over there.
3. TLAQUata a ntakchEEntn  
Nail the door.
4. chOOtash a nlhquApdin  
He/she fixed the chair.
5. nash TL-m chOOtash lh shEEIhTSoo.sh  
He/she went to fix his/her shoe.
6. ahh TLequ.OOm nlh cheetwuh  
He/she is sewing at the house.
7. pEE.shta a wuhee.OOwuh TLequ.OOm  
When are you going to do some sewing?

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Actions 3 School  
**Unit 2:** sh.eeshdk

### Vocabulary

queeynchOOthha	say something
TSeQUm	to write
nTSeQUOOshm	to draw
alh	and (used in adding in Math)
kelhtAsh	he takes away (subtraction)

### Phrases

1. queeynchOOthha  
Say something.
2. shda. nA.a tek a ShTooQU  
What is written there?
3. ahh kn TSeQUm  
I am writing.
4. TSOOQUmhha  
Telling someone to write.
5. meelmhha tek ha.OOsha.  
Color the eggs.
6. nTSeQUOOshada a poss.  
Draw the cat.
7. shAya alh shAya ash moosh sh ch  
Two and two is four.

8. shAya alh ka.lhAsh ash cheeykshth  
Two and three is five.
9. ka.lhAsh kelhtAta a bAya. ash shAyash  
Three take away one is two.

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Actions 3 Body  
**Unit 3:** nwuhoo-yt

### Vocabulary

shawuhm	to bathe
KAhhnchoot	to dry oneself
<u>k</u> ashchOOt	to scratch oneself
mAlheehh	to rest
<u>w</u> oa-yt	to sleep
<u>k</u> eelht	wake up
QUeeTLshm	to smile
EQUchinma	to shave
quankshatwAwuh	to shake hands

### Phrases

1. nAshwa. shAwuhmhha.  
Go have a bath.
2. wuhee. kn nash shawuhm.  
I'm going to take a bath.
3. KAhhnchoot qu-n  
Did you dry yourself.
4. KAhhnchoot kn  
I dried myself.
5. chOOquoosh ka.sh kashchOOt  
Don't scratch yourself.
6. ahh kashchOOt a shkAkhha.  
The dog is scratching himself.

7. ash KA-yneemahha  
Listen.
8. ahh qu-n ash KA-yneema  
Were you listening?
9. ahh shoo-mm a shkAkhha.  
The dog is sniffing.
10. shoo-mAta hhA.a  
Smell that.
11. chooquOOsh ka.sh TLewuhEEhh  
Don't shout.
12. ahh nooqu kahh TLewuhEEhh  
Someone is shouting.
13. qeshchEE-nhha  
talk quietly.
14. qeshcheechEE-n qu a Awuhoowuh queenchOOt  
You're talking quietly.
15. ahh meshtAna a TSatSAA  
I'm tasting the huckleberries.
16. mEshtanm hha tOOwa shlha.hhAnsh  
Taste some of the food.
17. wuhee. kn mEshtanm tek shQUAQUee-yap  
I'm going to taste the strawberries.
18. tektAsh lh poss  
He/she touched the cat.
19. chooquOOsh ksh tektAwuh lh shkAkhha.  
Don't touch the dog.

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Actions 2 Food  
**Unit 3:** nwuhoo-yt

### Vocabulary

QUee-yA-wim	to pick berries/fruit
nchoochEEEnm	to cook food for
bA-yim or Kahhm	to dry foods
nQUTLKA-yaqu-m	to shell peas or nuts
yAk kem	to cut hay
zAkem	to make bread

### Phrases

1. hAchoo nash QUee-yA-wim tek shQUeeyd  
Let's go pick some berries.
2. wuhee. kn QUee-yA-wim tek shchagum  
I'm going to pick some Saskatoon berries.
3. hAchoo nash nchoochEEEnm  
Let's go cook some food.
4. nash TL-m nchoochEEEndeesh  
She went to cook for us.
5. wuhee. kt bA-yim tek shchagum  
We are going to dry some Saskatoon berries.

6. bA-yimhha tek shwuhOOshem  
Dry some soapberries.
7. nQUTLKA-yaqu-mhha tek peeys  
Shell some peas.
8. wuhee. kn nQUTLKA-yaqu-m tek peeys  
I'm going to shell some peas.
9. ahh yakdAsh lh shyAkem  
He is cutting the hay.
10. zAkemhha  
Make some bread.
11. hAchoo zAkem  
Let's make bread.



7. mAlheehhoot  
Let's rest.
8. ka.ksh hhee-nsh eelh a mAlheehhoot  
Will it be very long before we rest.
9. wuhee. kn woa-yt  
I'm going to sleep.
10. chOOquoosh ka.sh woa-yt  
Don't go to sleep.
11. nAshwa woa-yt hha  
Go to sleep.
12. keelht qu  
You woke up. (I see you woke up.)
13. a TLoohhA.a ksh keelhtsh  
He'll wake up soon.
14. kEEIhta  
Wake up.
15. ahh woochEE.a quankshatwAwuh a shAytknmahh  
There are people shaking hands over there.
16. QUEETLshma  
Smile. (Telling someone to smile)
17. chOOquoosh ka.sh QUEETLshma  
Don't smile.
18. ahh ash QUEETLshma a Peter  
Peter is smiling.

19. ahh ash QUEETLsh<sup>m</sup> a shkAkh<sup>h</sup>a.  
The dog is smiling.
20. ahh kn EQUchinma  
I am shaving.
21. wuhee. kn EQUchinma  
I am going to shave.
22. nAshwa. EQUchinmahha  
Go and shave. (Telling someone to shave.)

# Shapes

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Shapes  
**Unit 1:** IhewA-ysht

### Vocabulary

ash <u>Ka-yAK</u>	round
nehhenhh <u>Agu</u>	4x4 boards

### Phrases

1. ash Ka-yAK hhA.a  
That is a circle.
2. nehhenhhAgu hhA.a  
That is square.

# Sounds

## NIha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Sounds  
**Unit 1:** IhewA-ysht

### Vocabulary

ahazEn	growl
EE-mni-m	making a noise
TSanUm	ring
kehht	sizzling

### Phrases

1. ahh ahazEn a shkAkhha.  
The dog is growling.
2. ahh nooqu ahazen k shba.Ach  
There is a bear growling.
3. EE-mni-m a STSmalt  
The cows are making a noise.
4. EE-mni-m Iha. nTSashkAhha.  
Your horse is making noise.
5. kehht nooqu lh quetAlh  
The grease is sizzling.
6. kehht nooqu  
something is sizzling.
7. TSanUm nooqu  
Something is ringing.
8. ahh TSanUm a nQUa-nmn  
The clock is ringing.

## Niha.kApmhh Language Program

**Level:** Level Two

**Theme:** Sounds

**Unit 2:** sh.eeshdk

### Vocabulary

noowuhchEEn	loud noise
a.Kip	grinding noise
Ka.A-y	noise gets quiet

### Phrases

1. chOOquoosh ka.sh noowuhchEEn.  
Don't be so loud. (voice)
2. woohhOOp nooqu a guoo.  
The water is making noise.
3. a.Kip nooqu dA.a k shta.  
Something is making a grinding noise.
4. a.Kip nooqu a pee-yKmn.  
The wheel is making a grinding noise.
5. Ka.A-y TLm lh PaPEE.lha  
The frogs got quiet.
6. Ka.Ay TLm a shchEma-mee.t  
The children got quiet.

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Sounds  
**Unit 3:** nwuhoo-yt

### Vocabulary

pwoop	drumming noise
wuhooshwuhastshEEEn	make strange or scary noise (voice or mouth)
<u>hhaQUt</u>	crunching noise

### Phrases

1. pwoop nooqu k boomEEEn.  
A drum is making a drumming noise.
2. ahh nooqu pwoom woochEE.a k shda.  
Something over there is making a drumming noise.
3. wuhooshwuhastshchEEEn nooqu toochEE.a  
A strange noise is coming from over there.
4. wuhooshwuhastshchEEEn nooqu a shKAwem  
The wolf is making a scary noise. (howling)
5. hhaQUt a shwoohht  
The snow is crunchy.
6. ahh hhaQUt a KapOOwuh a OOpeenoowuhoosh  
The nuts make a crunchy noise when you eat them.



# Tastes

## NIha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Taste  
**Unit 1:** IhewA-ysht

### Vocabulary

poohht	bland/no taste
TSa-lt	salty
da <u>h</u> ht	bitter

### Phrases

1. poohht nooqu a TSaITSAIa  
The huckleberries have no taste.
2. poohht nooqu a shIha.hhAnsh  
The food has no taste.
3. dahht hhA.a tek shIha.hhAnsh  
That food is bitter.
4. dahht -n a dAhhpa.  
Are the red willow berries bitter?

Smell

## **Niha.kApmhh Language Program**

**Level:** Level Two  
**Theme:** Smells  
**Unit 1:** IhewA-ysht

### **Vocabulary**

na-m ash wuh.owuhsh it really smells

### **Phrases**

1. na-m ash wuh.owuhsh a. shkAkhha.  
Your dog really smells.
2. tOOwuha-n k wuh.OOwuhosh  
Where is the smell coming from?.

# Texture

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Textures  
**Unit 1:** IhewA-ysht

### Vocabulary

T <u>Lowoa</u> T <u>Lowoa</u>	hard
<u>ka</u> .Ap	to get soft
z. <u>awuh</u>	melt

### Phrases

1. TLowoaTLowoa a shapEEI  
The bread is hard.
2. TLowoaTLowoa a TLehht  
The candy is hard.
3. ka.Apweehh a. shkEEyoosh  
Your pants have gotten soft.
4. ka.Ap a sheePATS  
The hide/skin is soft.
5. z.awuh a npa-woa  
The ice is melting.
6. chatAta a nmeTLQUOOshtn wuhee. z.awuh  
Put away the butter or it will melt.

7. TSaKTSAKt an nTLipEETSa.  
My shirt is scratchy/rough.
  
8. TSaKTSAKt hhA.a tek kapOO  
That coat is scratchy.

Touch



## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Touch  
**Unit 1:** IhewA-ysht

### Vocabulary

wATLa kinl-n	it almost touched
TSaKtmEEnsh	he bumps into it
ke-n-nsh <sup>t</sup> ash	to bump into
mooshinwA-nsh	touch something while searching

### Phrases

1. wATLa kinl-n nA.a n kayhh  
My hand almost touched there.
2. quangunOOsh TLo. ash kinl-nsh n shQUahht  
My foot just barely touches there.
3. ke-n-nsh<sup>t</sup>Ash lh za-wt-n ash queeshch  
He/she bumped the cup and it fell.
4. ash Qua-nshchOOthha a TSaKtmEEnwuh tA.a k shda.  
Watch yourself-you might bump into something.
5. a TLo. hhA.a ash tektAsh a shmayhh  
He/she almost touched the snake.
6. wuhee. tektAsh a nTSashkAhha.  
He is going to touch the horse.
7. ahh mooshm ash mooshnwA-nsh a QUetnEE  
He was feeling around and he touched a mouse.
8. tektAta n shbAka.  
Touch my glove.

Sight

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Sight  
**Unit 1:** IhewA-ysht

### Vocabulary

wEEkim	to see something
wAzeehh	something shows it's self
wEEkim aylh	he ( finally) sees it
pAqu-ooyemwuh	sightseeing
weekhhadAsh	to see tracks

### Phrases

1. wEEkim woochEE.a ta shba.Ach  
He saw a bear over that way.
2. aTLo. hhA.a ash wEEkchimsh lh Joe.  
Joe almost saw me
3. wAzeehh woochEE.a lh shmeeych  
The deer showed it's self over there.
4. chOOquoosh ka.sh wAzeehh  
Don't show yourself.
5. weektEEhhsh aylh lh shmeeych  
They were able to see the deer.

6. ta.tA.a ksh wEEkch lh shnOOQUa.sh  
He wasn't able to see his friend.
7. hAchoo nash pAqu-ooyemwuh  
Let's go sightseeing.
8. wuhee. a quoo nash pAqu-ooyemwuh  
He's going sightseeing.
9. weekhadAsh lh shoowuhshOOwuh  
He/she saw the tracks of a grizzly bear.
10. ahh tA.a wuhashEEt ash weekhadAsh a shmOOwa.  
He/she was walking and saw the tracks of a cougar.

# Common Commands

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Common Commands  
**Unit 1:** IhewA-ysht

### Phrases

1. quenAmsheephha  
Get some wood.
2. PAmshmhha  
Make a fire.
3. PA-nshda  
Put it back.
4. chatAta lha. shpaQU  
Put your book away.
5. OOpeeta lha. shlha.hhAnsh  
Eat your food.
6. chOOquoosh ka.sh klaK  
Don't fight/argue.
7. chOOquoosh ka.sh TLEquatwawuh  
Don't fight.
8. eeyKA-mata aksh chatAwuh  
Pick them up and put them away.
9. nAhhchima lh sstaquO-lsh  
Pass me the potatoes.
10. nTLAQUhhchima tek tee  
Pour me some tea.

# Pronouns

## Niha.kApmhh Language Program

**Level:** Level Two  
**Theme:** Pronouns  
**Unit 1:** IhewA-ysht

### Vocabulary

nchAwa.	me
A.wee	you
chenEElh	he/she
nmeemlh	us
chenquOOsht	they/them
hhA.a	that

### Phrases

1. a. hhA.a nchAwa.  
That is mine.
2. a. hhA.a chenEElh  
That is his/hers.
3. a. hhA.a chenquOOsht  
That is theirs.