



LYTTON FIRST NATION NEWSLETTER



shnoonA-wt(March) 2021

In this Issue

Chiefs report

Band Operations
Manager

Education

Membership

Lands

Health

Community News

Lytton First Nation

951 Main Street

Ph: 250-455-2304

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Spring is in the air soon!

NOMINATIONS March 9, 2021

6:00 p.m. – 9:00 p.m. at Memorial Hall

Election - April

Please continue notifying Family members to get

Their addresses into LFN



Chief's report

Election 2021

The **Nomination will be on Zoom March 9th, 2021. This will only allow you to view and NOT nominate by Zoom.** Nominated names will have to be forward to Nicole or Derek by email, fax or text picture names on the form. The other part we seen is that if you don't know the phone numbers or registry band number still submit your names to Electoral Officer.

April 21st, 2021 you can mail in nomination to the Electoral Officer Nicole or Drop off at the Locked Box at the Lytton First Nation Office.

Please ensure to call into Pauline Charlie if a change in address to receive ballots, as she is assisting with the election.

Ballots will be mailed for **ON and OFF reserve due to Covid-19.**

Economic Development Department

We met with a number of resource people to look at the Jade Springs project, Urban Systems, Dylan Houlihan, Terry Coyes and Mark Walsh who has 35 years experience in gas/grocery stores and other businesses. Mark came to Lytton to look at our community and existing businesses and gave a summary to the council. It was decided by the council that we would like a feasibility study and cashflow plan for the council to review.

Interim Audit

Already its that time of year again, the interim audit for 2020/21 has started on February 22, 2021. The finance staff are busy gathering the contracts or documents to do the testing for the audit. The auditors normally come in to do check and copy all the documents required, but due to covid 19 the finance staff must copy and email information. Thank you to the finance staff for your extra energy 😊



Chief Janet Webster

Phone: 250.455.2304

Ext: 214

e-mail:

chief@lfn.band

Chief's report

Housing Department

The interviews happened for the Housing Manager, the successful applicant, is Barry Schmitz, he will be starting on March 8th, 2021 as the housing manager. Welcome Barry 😊

Thank you to all who applied to the position.

Lytton Elementary School Property

The Lytton First Nation Chief and Council met on February 23rd, 2021 with the School District 74 Senior staff and Board to start discussion regarding the Lytton Elementary School Property and Building.

We have formed a committee to work with the school board to further discuss the future of the land and building.

Health

Sara Dunstan, Community Health representative is on Maternity Leave 😊

We are working on recruiting a few more staff in health to support the team 😊

We have Dr. Rosalin Miles, supporting as an Interim Director to Health Department working on the program budgets, reporting, workplans deliverables for contracts or agreements until March 31, 2021.

Health Staff are currently reporting to Band Operation Manager, Crystal Henry-Schmitz.

Band Operations, Manager

Greetings it's already March, where has the time gone! The Lytton First Nation offices remain closed to the public but accepting limited client appointments under the Covid-19 safety protocols. All essential services are continuing at a limited capacity and scheduling.

Annual General Meeting material was delivered in the food bags in December and the 2020 LFN calendar was distributed locally also. If you wish for a copy please contact Pauline for mailout or to make arrangements for pick-up, **remaining quantities are limited.*

The 1st vaccine has been rolled out to create a 'herd' immunity for the community of Lytton. In total 7 clinics have been held. The 2nd vaccine administration began at the beginning of March. Keep your eyes out for the announcements and LFN staff will be contacting members for bookings.

Nomination mail-outs have begun for the April 2021 elections. If you have not received your mailout forms please contact **Nicole Hajash, Electoral Officer Email: nicole@onefeather.ca** or **Drew Shaw, Electoral Officer Email: drew@onefeather.ca** **Office: (250) 384-8200 Toll Free: (1-855) 923-3006** Below is the scheduled timeline of events leading up to voting day:

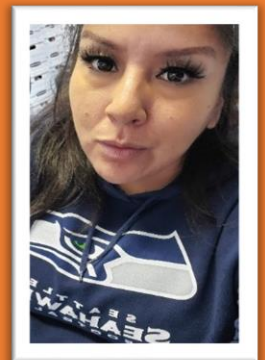
- **See all official notices provided from Electoral Officer.**

Economic Development is working on various initiatives for the community. Both the Ec Dev Manager and Implementation Manager are meeting regularly with their committee as plans and projects are considered.

The chief and council with the housing department has recruited a new Housing Manager. The new manager will begin in his position March 8th, 2021.

A Diabetes Support Worker and Part-Time Registered Nurse will be joining the health team soon.

There are active job opportunities with the Health, Ec Dev - Food Hub and Housing Renovation Project please see all the open employment opportunities at the end of the newsletter.



Crystal Henry

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c.henry@lfn.band

Band Operations, Manager



Education

Weytkp: I would first like to introduce myself. I come from the 25 mile ranch. My grandparents on my mom side are Albert James and MaryAnn (Adams) James. (18 mile) My grandparents on my dad's side were John Baptiste from Oliver BC and Amy Seymour from Fountain. My parents are Ron and Mary Louise (James) Dickey. My dad was raised and adopted by William & Nancy Dickey Sr.

My oldest sister is Shirley James, where I am currently residing. I am a part of the 60's scoop and was taken away from my community over 50 years' ago. Over the years I have made my way back to Lytton and to Lillooet where I would visit family.

I married into the Shuswap territory and have 6 daughters and 1 Step son and 5 grandsons, 4 granddaughters.

At a young age I was influenced with the Nlaka'pamux language through my grandmother MaryAnn. But somewhere have safely stored it and will need to relearn. I became accustomed to the Secwepemc culture over the years. My 2 youngest daughters are fluent in the Secwepemc language while attending our Immersion school on the Adams Lake reserve. Most of my grandchildren are also attending this school as well.

I self-educated myself over the years to get degrees in Social work, Psychology, Criminal Justice, Specific Land claims and Intervention Crisis Management. I also finished the Education Coordinators Diploma Program. I am Drug & Alcohol free for over 30 years. Culturally oriented and practice my traditional ways. I love to Drum and sing and take part in all cultural events.

I have worked in School District 73 (Kamloops-Thompson) for over 33 years, and went to university at the same time.

I see the job posting for an Education manager and decided maybe it is time to go home and get to know my people and relatives.

I started this job on January 22, 2018, and for the most part have been reading a lot of the files, looking for policies, reading a couple policies and continued to work on the Local Education Agreement (LEA) for Lytton First Nations.

Looking to see how many committees is in Lytton First Nations and I have also had some time to see a few of the elders that came into to visit and introduce themselves and I do the same. One of the many questions is "Do you play Bingo?" I say "I sure do"



Iris Jules

Education Manager

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i.jules@lfn.band

Education

My passion has always been with Education and I had to set a high standard for myself in order to pave the way for my own children. I graduated and started a family right away and also started to work at a very young age. Working in the Elementary and Secondary schools were probably the best years of learning alongside the students. I learned that Education will always be one of the most memorable journeys that I have travelled and continue to do that today. I am familiarizing myself with the community of Lytton and I sit and talk with my sister and ask a lot of questions. Keeping her company and taking care of her is very rewarding to me. I look forward to learning the ways of the Nlaka'pamux people, the culture. I keep an open door policy at the office and I will always welcome anyone to visit. I have had many visitors come in, and I sure enjoy the chats and the laughter. We are slowly starting to wind down on the Fiscal year and preparing for the new fiscal. Spring Break is around the corner, with some of our youth going to play Hockey in Merritt and Basketball teams down the coast. Best of luck to all of them as they represent Nlaka'pamux nation



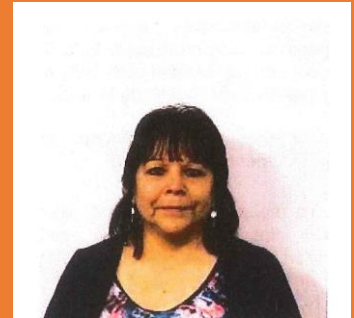
Membership

March has fast approached, time seems to be flying, being busy doing Reception, Membership, helping on the Nomination and Election duties and helping out on the vaccine shots call outs also.

I continue doing membership baby registrations, transfer in and Status cards, appointment set up, after 4:00 p.m. or available on Saturdays with appointments in advance only.

I will be uploading the application for the 10 year forms on the website, if you would like to apply for it or see me to have yours done. It is taking longer to receive the SCIS (10) year card due to the Covid-19.

I will taking a zoom call on Friday, February 26, 2021 with Aboriginal Affairs and I will discuss about the registration of a new born, application is now 6 pages and parents are not completing application as soon as they should be because it is to much information to have to fill out?!!!



Pauline Charlie

Indian Registry Manager

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p.charlie@lfn.band

Lytton First Nation

May 19, 2020

NOTICE OF A NEW DOG CONTROL-BY-LAW FOR ALL PERSONS LIVING ON LYTTON FIRST NATION RESERVES

Dog Control-By-law: A By-law to provide direction and address concerns of dogs on the reserves of the Lytton First Nation.

To be in compliance with Lytton First Nation's Mission statement and a result of the many complaints and community concerns of vicious dogs running at large, on May 13, 2020 at the Council meeting Chief and Council has passed a Dog Control By-law for your review.

Mission: To create and sustain our community vitality and quality of life...

- *Planning for our Nation's future while preserving traditions of the past*
- *Safeguarding community*
- *Ensuring economic health and fiscal stability*

For your convenience, please find listed below a summary of this by-law, we encourage you to read the detailed version.

- Prevents running at large of dogs and breeding of dogs which may be harmful to the health of the residents and a nuisance to residents.
- Council will appoint an Animal Control Officer to provide for the administration and enforcement of this By-law. An RCMP officer can enforce the By-law.
- No more than two animals consisting of dogs and/or cats can be kept in any dwelling on a Reserve. This does not apply to litters under four months old.
- Dangerous dogs are banned:
 - Staffordshire Bull Terrier, American Staffordshire Terrier, American Pit Bull Terrier, Rottweiler or Mastiff.
- A resident must register for free their dog with Animal Control Officer and each dog must have a tag (issued from Band office).
- All dogs on the reserve must be immunized and neutered.

Lands

- A dog must be safely tethered, leashed, chained or penned up at all times while outside, unless
 - the dog is within a fenced property; or
 - being used by a person for the purpose of chasing a bear from the owner's property or while fishing
- Dog owners and a person having the care or control of a dog have responsibilities:
 - e.g. clean up waste, ensure the dog does not become a nuisance by barking, yelping or howling excessively.
- An Animal Control Officer may impound a dog:
 - found at large on the reserve;
 - who has bitten or attacked a person; or
 - who is in distress due to inhumane or cruel treatment.
- An Animal Control Officer may kill a dog if the Animal Control Officer finds the dog:
 - a) running at large, and attacking or viciously pursuing a person; or
 - b) attacking or viciously pursuing livestock.
- A person violating the By-law could be fined up to \$1,000.

We value your opinion, and encourage you to leave any questions or comments in the comment section provided and you will receive a reply back as soon as we can.

Sincerely,



Chief Janet Webster
Lytton First Nation

<https://lfn.band/bylaws>



2

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Lytton, BC
Country

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“Have your Eyes Examined”

Healthy Eyes provide you a better life

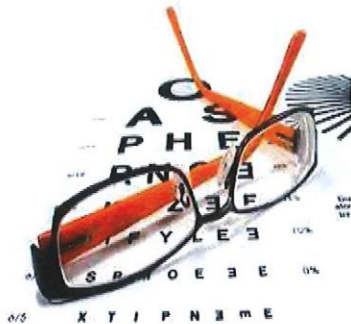
“Hundreds of frames to choose from”

**Please contact our LFN TI’kemstin Health Centre
to book your appointments to see the eye doctor.**

I can be reached at: PH# 250 455 2115

WC# 250 256 8129

Email: p.travel@lfn.band



April

6, 7 & 8

2021

“Doctors of Optometry are visiting our Community”

At the Lytton Memorial Hall on Main Street.

DUE TO COVID-19 THESE ARE THE MANDATORY RULES IN PLACE FOR PATIENT

TRAVEL/MEDICAL TRANSPORTATION

By Working Together, We Can All Stay Safe

RULES to follow while you are in the Medical Transportation vans.

- Please always use a mask while in the van you and the driver will need to always wear a mask. (It can be nonsurgical). The mask must always be worn over the nose in order to keep all droplets in the mask.
- Please use hand sanitizer upon entering the van.
- Only the person required the service and 1 other from the same household will be transported.
- If you have any symptoms you will not be transported and will have to reschedule.
- As the driver will now need to disinfect the vehicles between the ride appointments Please allow adequate time for them to do so.
- For out of community appointments please call Leonora at least 5 days ahead of time at 250-455-2115. Also ensure that the appointment is made before 2pm.
- For in community appointments please call Leonora at 250-455-2115 days ahead of time with the scheduled appointments between the times 9am-11am and 1pm-3pm

The Medical Transportation van's is a service that TL'KEMTSIN Community Health Center provides. These rides are for band members that may have travel challenges and who do not have the means to attend a medical appointment both in community and out of community. Please be respectful, patient and kind to all the medical drivers at all times.

These rides are ONLY for medical appointments.



BE KIND. BE CALM. BE SAFE-Dr. Bonnie Henry

IMPORTANT INFORMATION

Land Managers and Indian Registry Administrators

RE: Section 25 *Indian Act* and Changes in Band Membership

If a band member holds land pursuant to the *Indian Act*, the attached Notice provides information about the operation of Section 25 of the *Indian Act* for any members in the process of changing their band membership to a different First Nation. Please note that this information does not apply to traditional or custom land holdings.

Ensure that any member(s) who has a lawful possession, pursuant to the *Indian Act*, and is transferring his/her membership to a different Band, receives this important notice/information. Consider posting the NOTICE to MEMBERSHIP.

25(1) "An Indian who ceases to be entitled to reside on a reserve may, within six months or such further period as the Minister may direct, transfer to the band or another member of the band the right to possession of any lands in the reserve of which he was lawfully in possession."

25(2) "Where an Indian does not dispose of his right of possession in accordance with subsection (1), the right to possession of the land reverts to the band, subject to the to the payment to the Indian who was lawfully in possession of the land, from the funds of the band, of such compensation for permanent improvements as the Minister may determine."

Any member affected by Section 25 of the *Indian Act* will need to fill out a transfer form (Transfer of Land in an Indian Reserve) and submit the completed transfer form to Indigenous Services Canada (ISC) within 6 months of changing their membership. They will also need to provide documentation required under the *Family Homes on Reserves and Matrimonial Interests or Rights Act* (FHRMIRA).

All necessary forms can be obtained in the following ways:

- Online using the links within the Indian Lands Registration Manual available at <https://www.aadnc-aandc.gc.ca/eng/1100100034806/1100100034808>
- Upon request to: aadnc.bclandregistry.aandc@canada.ca
- Telephone to: 1-800-665-9320 and ask for an Individual Land Holdings Specialist.

If the lands are to be transferred to the Band within the 6-month period, or reverted to the Band outside of the 6-month period, ISC will also require a BCR from the current First Nation. Any extension to the 6-month period must be requested in writing. If a lawful possessor has changed membership without transferring his/her interest in land, please notify ISC as soon as possible. For further information, or to initiate a Section 25 process, contact ISC and ask to speak with an Individual Land Holdings Specialist for your First Nation.

1
GCDOCS # 16461658



LYTTON FIRST NATION

P.O. Box 20, Lytton, B.C., Canada, V0K 1Z0, Ph. 250-455-2304 Fax 250-455-2291

EMPLOYMENT OPPORTUNITY – Seasonal/Casual

The Lytton First Nation is currently seeking an energetic, highly motivated **Seasonal/Casual Food HUB Worker (FHW)** who will be responsible for preparing and processing food, cleaning the centre, assist with the implementation of the annual LFN Agriculture Food Hub plan and support all Agriculture activities in the Food Hub. The FHW will report the Food HUB Coordinator and Economic Development Manager. This position is classified as seasonal/casual work and is dependant on funding availability.

Summary of expected results of the project:

- Successfully assume a supportive role, particularly in managing Food Hub activities with the Food Hub Coordinator.
- Develop skills in food preparation, processing and preservation, food safety, food dehydration, jam making and juicing.
- Ensure that all policies and procedures are followed by all participants and community members at the Food Hub.
- Engage with farmers and harvesters to unload and prepare products for purchase, and load products for wholesale.
- Shared goal that products are created for residents and families, so they are better able to access healthy, affordable and culturally appropriate products.

Responsibilities and Duties:

- Establish good working relationships and communication with community members, farmers, and harvesters.
- Working with the Food Hub coordinator to implement a work plan for Food Hub activities, including the setup of the new Food Hub centre, as well as participating in workshops on food safety, processing, and food preservation.
- Support agriculture activities as identified in by the Food Hub coordinator.
- Support professional communication among agriculture leaders, farmers, harvesters, volunteers, and community members.
- Maximize the processing, storage, and cleaning spaces, and ensure that all spaces comply to food safety.
- Attend and support educational workshops and information sessions and support the distribution of any fresh or processed vegetables and fruit to community celebrations as requested by coordinator.
- Support management to invite community members to engage in Food Hub activities for a successful and vibrant centre that supports Economic Development and Food Security.
- Ensure activities will be logged as required or requested.
- Other related activities that will contribute to Food Hub project success.

Qualifications:

- Must be reliable and dependable.
- Work as a team player.
- Resourceful and flexible.
- Organization and Time Management skills.
- Must hold a valid Food Safety certificate.



LYTTON FIRST NATION

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EMPLOYMENT OPPORTUNITY – Seasonal

The Lytton First Nation is currently seeking energetic, highly motivated and dedicated **Constructure Workers and Labourers** who will assist with the LFN housing renovation project. The Workers will report to the Project Coordinator. This position is classified as seasonal, ranging from 20-40 hours a week and is dependant on funding availability.

Positions needed to be filled: Carpenters, Skilled Trades, Labourers, etc.

Summary of expected results of the project:

- Knowledge of methods, practices, and/or procedures related to construction activities.
- Knowledge of techniques and rules of safe operation of equipment used.
- Knowledge of occupational hazards and safety precautions applicable to the work, as well as safe work procedures, practices, methods, and materials involved in the work performed.
- Skill in the care and operation of a variety of power and hand tools, materials, and equipment used in the work.
- Ability to drive in non-standard areas and to safely maneuver vehicle under non-standard driving conditions.
- Ability to plan and organize own workload and the ability to initiate operational adjustments based on service needs.
- Ability to work with others and be able to use common courtesy, tact, and diplomacy in maintaining working relationships.
- Ability to carry out oral or written instruction, take direction from a supervisor, and exercise some independent judgement and action in processing assignments.
- Possess a strong mechanical aptitude.
- Must be able to lift, carry and push in excess of 20 kg (45 lbs) on a regular and/or repetitive basis.

Working Conditions:

- Routine light and heavy physical effort is required to carry out duties, including regular and/or repetitive lifting.
- Work requires regular exposure to traffic, dust, dirt, exhaust fumes, noise, toxic chemicals, construction sites, excavations, and heavy equipment.
- Work may also require exposure to minor and/or major disagreeable conditions or hazards.
- Work is performed in all weather conditions.

Qualifications:

- Must be reliable and dependable.
- Work as a team player.
- Resourceful and flexible.
- Organization and Time Management skills.
- Must hold a valid First Aid certificate.
- A valid BC Drivers License will be an asset.



LYTTON FIRST NATION

P.O. Box 20, Lytton, B.C., Canada, V0K 1Z0, Ph. 250-455-2304 Fax 250-455-2291

EMPLOYMENT OPPORTUNITY

The Lytton First Nation is currently recruiting a qualified **National Native Alcohol and Drug Abuse Program (NNADAP) Worker(s)** within the Health Department. The Health centre is located at 1535 St. Georges Road, Lytton B.C. This position is classified as Permanent full-time, working under the support and supervision of the Health Manager. The NNADAP Worker will be responsible for providing support services to vulnerable and at-risk clients who require counselling support and treatment advocacy. The incumbent will provide support services to the clients at the Tl'Kemsin Community Health Centre, Westside Stein Hall and Administration building as needed and under safe COVID-19 protocol and practices.

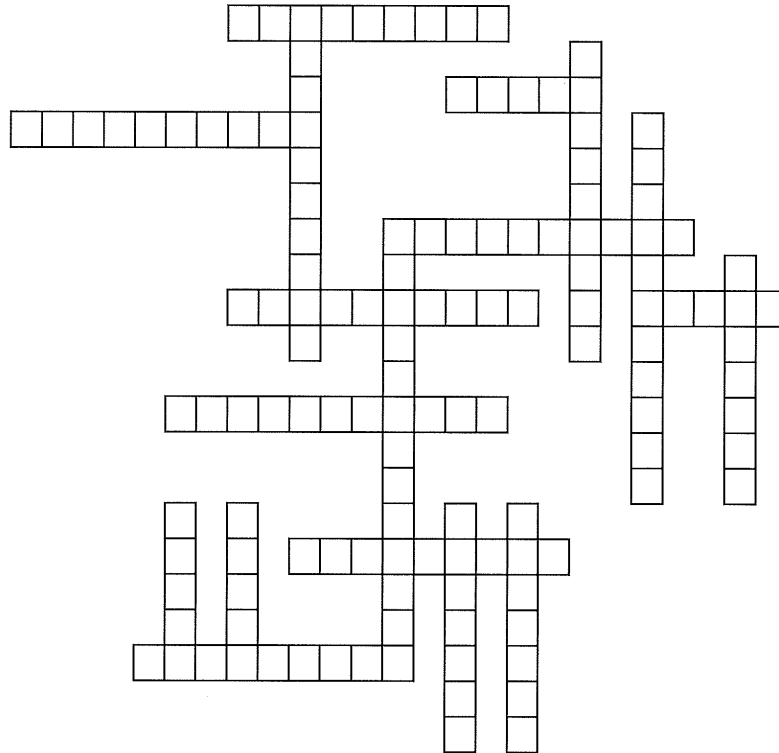
Responsibilities: *Full Job Description available upon request*

- Providing individual counselling services in-person, via zoom/google teams/etc.
- Developing and following client specific work plans using traditional teachings
- Identifying treatment facilities and referring clients using existing referral protocols
- Providing pre-treatment, treatment, and post-treatment services to clients
- Provide detox support; workshop planning; crisis/emergency support
- Assists clients to develop and follow personal wellness plans using traditional and contemporary methods and engaging family members and professionals to contribute to, support and track positive lifestyle changes
- Facilitates and/or supports initiatives that educate LFN and other First Nation community members on addiction prevention/maintenance, mental health and self-care
- Conducts one-on-one health information sessions, workshops and circles
- Evaluates and reports on program effectiveness through observation and fact-based outcomes
- Encouraging and assisting clients to complete the Wellness Road Map
- Case conferencing with peers and Health Manager
- Actively encouraging the participation of the client, the family and the support network
- Using, monitoring, evaluating and modifying the Wellness Road Map and identifying new options for the client to reach wellness goals

Qualifications:

- Post-secondary education relevant to the position, or related experience in a similar field
- Minimum five (5) years of experience working with First Nations people and communities and an understanding of Historical Impact issues and long-term trauma effects on First Nations people, specifically with residential schools impacts. (intergenerational trauma)
- Ability to communicate effectively with First Nation's people, families and service providers
- Knowledge and understanding of family violence, mental health and addictions
- Interpersonal skills that promote mutually beneficial and respectful professional relationships
- Knowledge of Nlaka'pamux culture and history and their role in individual and community development, with the willingness to learn and to conduct oneself "In a Good Way"
- Knowledge of federal, provincial and Aboriginal organizations that provide health and family services; problem/dispute resolution processes
- Experience leading public presentations and facilitating workshops to adults and youth
- Ability to develop healthy relationships with the team, team leader, other health practitioners, counsellors, traditional healers, Elders, etc. to ensure the highest standards of service delivery
- Balances competing priorities and works well under pressure, is flexible and accountable
- Writes concise reports and communicates with a variety of audiences
- Literate in basic computer programs such as Microsoft Word, Excel and Power Point
- Ability for being organized, and must have good coordination and monitoring skills and able to keep good recording system
- Ability to work independently and with minimum supervision

nkshAytkn



chAcha. (*younger sister*)

keehh (*older sister*)

nlha.kApmhh (*our people*)

shbApeza. (*grandfather*)

shEEshka. (*uncle*)

shQU00z (*aunt*)

eemch (*grandchild*)

kez.A (*grandmother*)

quOOqubee. (*chief*)

shchEma-mee.t (*children*)

shkEchza. (*father*)

yAyea. (*grandmother*)

kachk (*older brother*)

nkshAytkn (*family*)

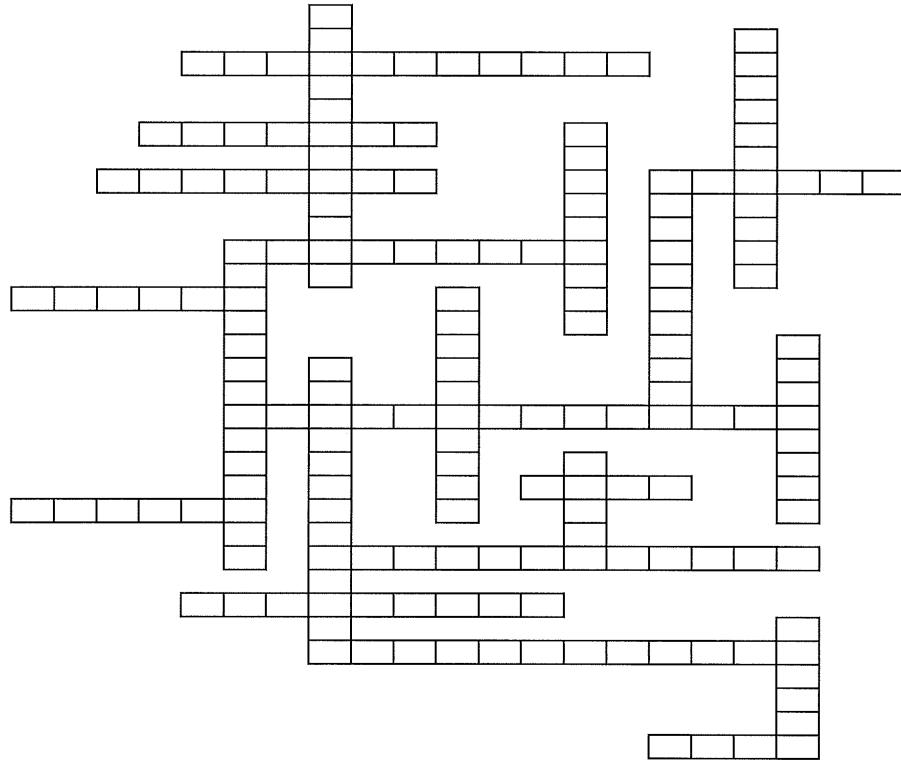
ShAytknmahh (*people*)

shEEnchee. (*younger brother*)

shKEEhza. (*mother*)

shm.Ashdem (*cousin*)

sspezOO. - animal



dukdukAyhhkn * moose

haA-w * eagle

mOTSa * bees

mOza * fly

nKIKahh-nee * butterfly

nKIKahh-nee * butterfly

PAPEE.lha * frog

PEssKa. * Humming bird

poss * cat

quEsso * pig

sh.A.a * crow

shba.Ach * bear

shhhk * duck

shKAKee.t * spider

shkAkha. * dog

shkaIOOla. * owl

shmeeych * deer

shoowuhshOOwuh * grizzly bear

shquequEEych * rabbit

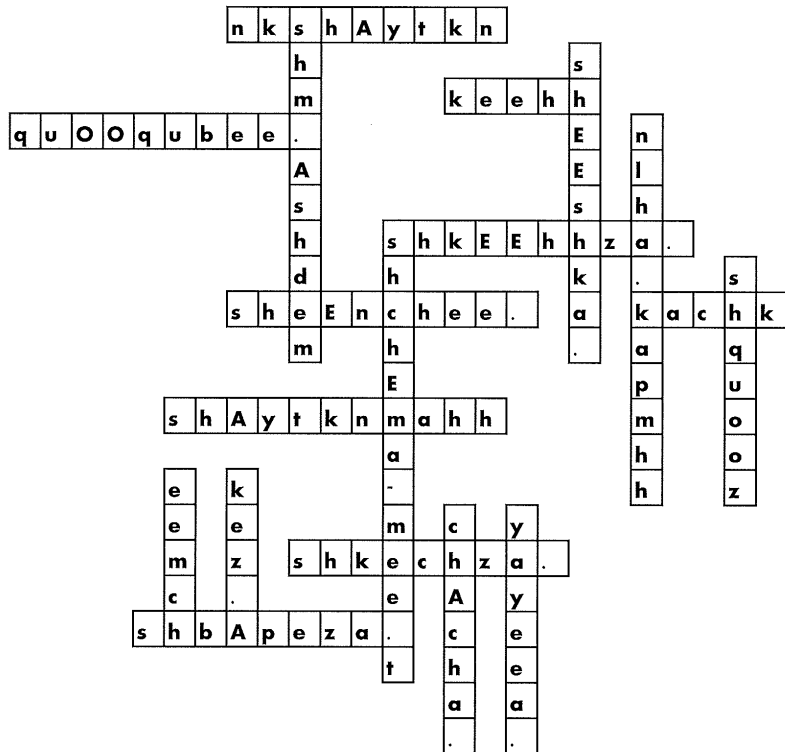
taktakAyhhkn * moose

shwuhoowuhATSa * ant

ssta.Ash-za * squirrel

shwuhee.TLATS * mountain Goat

nkshAytkn



- | | | |
|--------------------------|--------------------------|------------------------------|
| chAcha. (younger sister) | eemch (grandchild) | kachk (older brother) |
| keehh (older sister) | kez.A (grandmother) | nkshAytkn (family) |
| nlha.kApmhh (our people) | quOOqubee. (chief) | ShAytknmahh (people) |
| shbApeza. (grandfather) | shchEma-mee.t (children) | shEEnchee. (younger brother) |
| shEEshka. (uncle) | shkEchza. (father) | shkEEhza. (mother) |
| sh <u>Q</u> U00z (aunt) | yAyea. (grandmother) | shm.Ashdem (cousin) |

Thanks for Reading!

Hoping everyone is keeping dry! Looking forward to warmer weather.



Contact Us

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