

# LYTTON FIRST NATION NEWSLETTER

shnoonA-wt (March) 2020



## DATES AND EVENTS

**March 7<sup>th</sup> + 8<sup>th</sup> Language and Culture Gathering**

Stein Valley School

**March 8<sup>th</sup> Daylight Savings**

Spring Ahead

**March 17<sup>th</sup> St. Patrick's Day**

Details Inside

## YEE.A TEK SHEETLKT

Don't forget about Daylight Savings! Excited for spring!

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Kumcheen, where the rivers meet.

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*"It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade."*

**- Charles Dickens**

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*“ The new year is passing by quickly and we are very busy here at LFN. With respect to housing, Indigenous Services Canada committed to fund renovations. The initial scope was 220 homes over a five-year time frame. I proposed that we complete 40 renovations per year. The initial funding committed was for two years at \$500,000 per year. The funds need to be spent by March 31, 2021.*

*Since then we have been working on a trades training program with SVNS adult education. We have reached out to TRU Trades and NVIT trades. The challenge has been getting a commitment to come to Lytton to deliver the accredited programs because there is a critical shortage of instructors.*

*We have worked with the Construction Foundation and Industry Trades Association, Luma Native Housing, and Terra Housing to bring their expertise and resources to Lytton.*

*There are two things that are a challenge to LFN Housing. First, despite conducting a survey of housing and assessments by the FN Health Authority, Indigenous Services Canada and CMHC require final inspections by a qualified housing inspector to be done before they release the funds.*

*The second challenge is there is no qualified housing inspector in Lytton. The estimate is it will cost \$500 per house for an outside inspector to come into Lytton to complete those inspections. We need to initiate more discussion with homeowners to agree on timing of renovations as well as cost.*

*With respect to cost, the ISC formula under the current program is \$40,000 per house for regular renovations and \$49,000 per house for health and safety renovations. If the renovations cost more than the ISC funding, then we need to arrange a plan.*

*We have negotiated a line of credit with RBC to enable LFN to project manage renovations and replenish once funds are received from ISC. Each homeowner will need to sit down with housing and reach an agreement on the extra costs of renovating.*

*The most important challenge is the time constraints to spend to money on renovations. Initially the time frame was 2020 and 2021. Now it has been changed to end on March 31, 2021. The compressed time frame means that we are under pressure to produce results on a huge scale.*

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**Band Administrator**

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*We are negotiating a partnership with Camosun College trades and technology to deliver the trades training in Lytton through the Adult Education at SVNS. We have applied for other funding, which has been approved, to help pay for the training.*

*One of the main themes that I have been advocating for the last 8 months is the development of a competent public service. We have been working on succession plans for multiple positions. A report out of Manitoba said:*

*"... For every 1% increase in literacy skills, productivity increases by 2.5%, which leads to a 1.5% permanent increase in Gross Domestic Product (GDP). For Manitoba, this translates to over \$500 million more per year. For workers, this means more choices in the labour market, while for business and the government, this means being able to better compete in local, national and international markets. The value of these benefits is estimated to be three times higher than the investment made in improving workplace Essential Skills (Public Investment in Skills: Are Canadian Governments Doing Enough? C.D. Howe Institute, 2005). Also from this study "...raising the skills level of people who have left the school system should not be neglected. Policy incentives for job-related training and lifelong learning, particularly measures targeted at people with very low skills, would likely generate substantial economic rewards." • A recent study performed for the Manitoba government has estimated that the cost for raising all adult Manitobans to a Level 3 for reading text, (i.e. just that one workplace Essential Skill alone), would be \$191 M. This would result in a \$365 million tax revenue increase or, in other words, a rate of return of 191% on that investment. (Measuring and Monitoring Literacy: What the data imply for policy in Manitoba, Data Angel Policy Research) ..."*

*At LFN we have been working on a program to increase our capabilities, at every level, by providing access to the kind of training that will lead to core competencies in management and finance.*

*We have invited TRU, NVIT, Corporate Finance Institute, and Camosun College to Lytton to provide training in the community. The progress is taking shape, but we still have much work to complete.*

*For the Jade Springs purchase there is still a lot of work that needs to be completed before council can make an informed decision. A Break-Even Analysis is required to determine if the risk is manageable.*

*There are several business elements that will make the acquisition more attractive that needs to be analyzed. For example, developing a commercial card lock business to attract the commercial trucking travelling north and south that bypasses the community. Constructing a receiving bay on the reservation north of Jade Springs to accommodate the delivery and sale of tax-exempt goods and services.*

*A brand must be developed to differentiate the business from Jade Springs into an LFN brand. Then we must develop a marketing plan to attract shoppers. Policies must be drafted to make every effort to ensure that the business will be successful.*

*On the Health front, we have grown by leaps and bounds. We need to develop a strategy on how the health programs and services reflect the language and culture of Lytton.*

*As. Our funding agreement expires, and we negotiate from a flexible transfer agreement to a block funded agreement, we need to develop a community response to how health programs and services are prioritized by the membership. Prior to the renewal, the health model has been a continuation of the old Health Canada model. The time has come to build a model that is directed by the membership of Lytton. Over the next few months we anticipate a perception audit to be completed by a contractor. The contractor will need to interview people so that they can document what the membership considers priorities.*

*Once the contractor is in place, they will be in the community asking for people to help by answering questions through an anonymous form.*

*We are setting up quarterly meetings with the community beginning in the new fiscal year. The quarterly meetings will be held in June, September, December, and next March. We will make available the financial reports and departmental narratives on work completed.*

*Steve Wilson  
Band Administrator”*

*“Hello! Good to be back to work, after been off for three months on medical leave.*

*My family Michell/Bob family would like to say a big thank you to LFN staff and LFN Chief and Council for all of their support, much love too you all.*

*My position in office will be the Band Administrator Assistant until April 2020, then I will return to the Executive Assistants office.*

*Thank you too Julie Brown for taking over the Executive Assistant position for me.*

*-Aimee Michell-Peters*

AIMEE MICHELL-PETERS

**Administrative Assistant**

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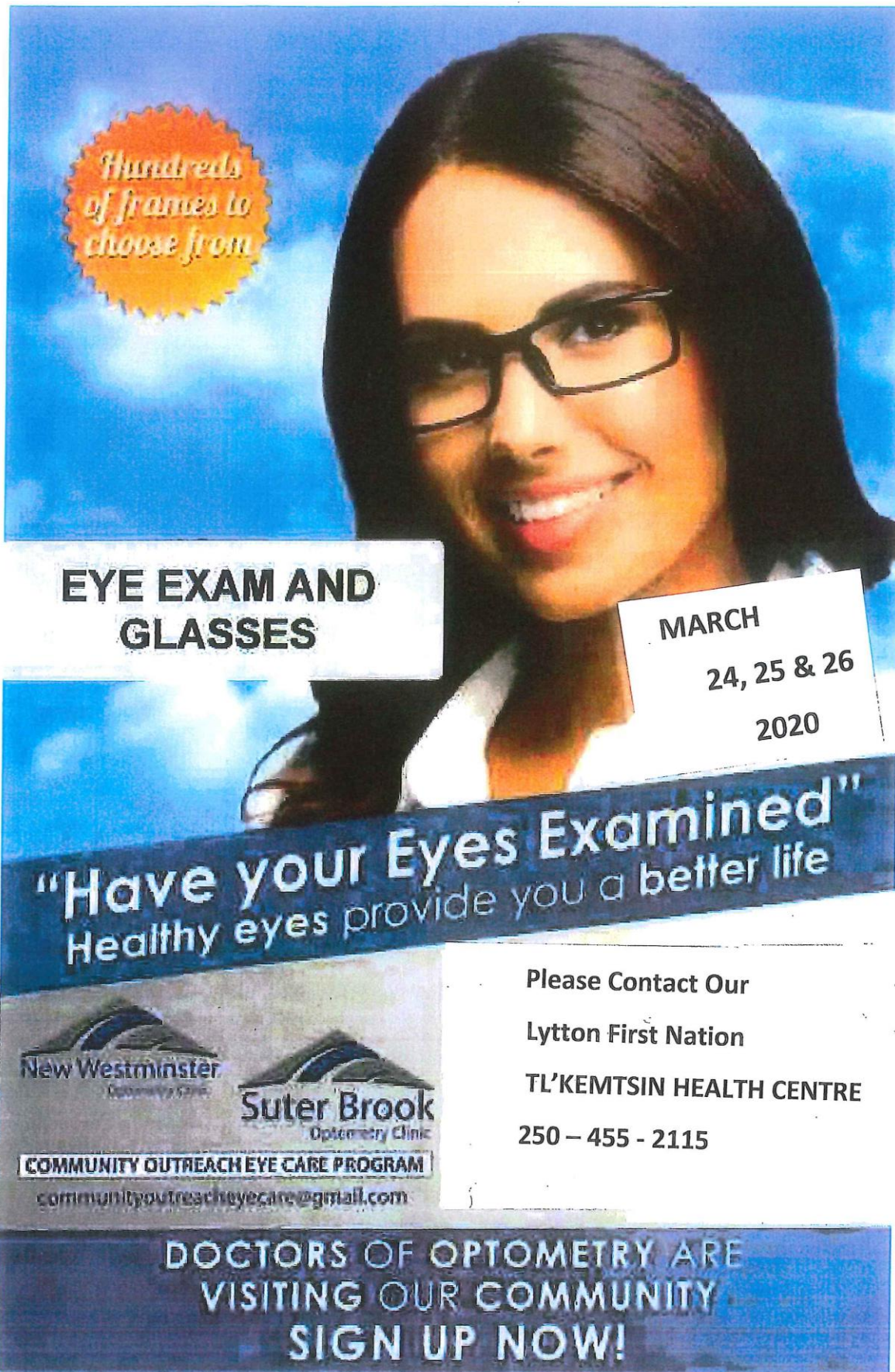
# March

# 2020

**LYTTON HEALTH CENTRE**  
 1535 St. George Road Lytton BC V0K 1Z0  
 Office: 250-455-2715 Fax: 250-455-2138



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 LFN	3 LFN	4 KANAKA 10-2 SKUPPAH 10-11 LFN (PM)	5 LFN PRENATAL DROP IN 10-12	6 LFN	7
8	9 LFN EARLY YEARS HEALTH FAIR PLANNING @ 11 AM***	10 NICOMEN 12-2 LFN	11 LFN	12 LFN – HEALTH SCREENING	13 SPUZZUM	14
15	16 LFN	17 BOOTHROYD 10-12 BOSTON BAR LFN	18 KANAKA 10-2 LFN 1-3	19 LFN PRENATAL DROP IN 10-12 STAFF MEETING	20 LFN KANAKA 12-2	21
22	23 LFN COMMUNITY KITCHEN @ WESTSIDE 10-2 FAMILY DROP IN 10-12	24 NICOMEN 12-2	25 SKUPPAH 10-12 QUARTERLY INTERIOR NURSES MEETING	26 LFN @ WESTSIDE 10- 2 NICOMEN 12-2	27 LFN 9-11 SKUPPAH 12-2	28
29	30 LFN	31 BOOTHROYD 9:30-1:30	<p>Laura Away March 2-4, 6, 13, 27            Jane Away March 2-13 &amp; 26            Lynn Leith (Solutions Agency Nurse) in Lytton March 2-26 &amp; 31            Shari McNiven (Solutions Agency Nurse) in Lytton March 2-12            Staff Meeting in Lillooet March 19<sup>th</sup>            Quarterly Interior Nurses Meeting @ Xwisten March 25<sup>th</sup></p> <p>***EARLY YEARS HEALTH FAIR PLANNING @ 11 AM IN            CIRCLE ROOM @ TL'KEMTSIN HEALTH CENTRE</p>			



*Hundreds of frames to choose from*

**EYE EXAM AND GLASSES**

**MARCH**  
**24, 25 & 26**  
**2020**

**"Have your Eyes Examined"**  
Healthy eyes provide you a better life

**New Westminster**  
Optometry Clinic

**Suter Brook**  
Optometry Clinic

**COMMUNITY OUTREACH EYE CARE PROGRAM**  
communityoutreacheyecare@gmail.com

**DOCTORS OF OPTOMETRY ARE VISITING OUR COMMUNITY SIGN UP NOW!**

Please Contact Our  
Lytton First Nation  
TL'KEMTSIN HEALTH CENTRE  
250 - 455 - 2115

*“The First Nation Health Authority (FNHA), Health Benefits’ has designed this check list to process your medical transportation travel and /or reimbursement request in a timely manner. Correct completion of the required forms and associated documentation is crucial to ensure that your travel and /or reimbursement is processed quickly and efficiently.*

**1. Request for Medical Transportation Form & Client Responsibility**

- This form must be filled out and submitted to our office at least five (5) days prior to your appointment to ensure enough time for our office to make your travel arrangements.*

- The forms you can come and fill out at the New LFN Health Center, or you can pick-up at the LFN Band Office and leave it in my box at the band office.*

- Attend their medical appointment as scheduled. Clients who do not attend medical appointments may be required to pay back any benefits they have received and /or pay for their travel costs on subsequent medical travel.*

- Give notification when cancelling an appointment prior to the date of the appointment: including 24 hours’ notice to cancel any hotel arrangements.*

*The following documentation must also be submitted along with the Medical Transportation request form:*

- a.** *Documentation from a doctor’s office confirming your upcoming appointment complete with date and time.*

- b.** *Copy of the physician’s referral including the office address, date, time, and reason for the appointment (if applicable) – FNHA, Health Benefits funds travel to the nearest appropriate health professional and/or health facility. Depending on the nature of your appointment, medical justification may need to be provided to support your travel request.*

**2. Confirmation of Attendance Form**

*After your appointment is complete, this form must be stamped by the physician and/or signed by the physician where you attended your appointment confirming your attendance. Please ensure that the date and time of your appointment have also been included on the form. If the section regarding pending appointments is completed by the same doctor, this will eliminate the need to obtain another confirmation of appointment.*

**LEONORA THOMAS**

**Patient Travel**

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Note: Clients who do not provide enough notice may be required to reschedule their appointment or pay for the travel and get reimbursed. Purchase orders are for Emergency travel only and must be used up within that week.

*Clients are to hand in the Confirmation Attendance Form for confirming their appointments for any future travel. Please ensure your name, DOB and current date is on the Confirming Attendance form when you return it. So, that I know who it belongs to. Travel expenses will not be reimbursed without the written confirmation of attendance.*

*I can be reached at Lytton First Nation TL’KEMSTIN Community Health Center.*

*Medical Transportation Policy Framework - Non-Insured Health Benefits Program*

*“EXCLUSIONS” Criteria – Certain types of travel, benefits and services will NOT be provided under the NIHB Program under any circumstances and are not subject to the NIHB appeal process. These include assistance with:*

- 1. Compassionate travel;*
- 2. Travel for clients residing in an off-reserve location*
- 3. Where the appropriate health services are available locally;*
- 4. Appointments for clients in the care of federal, provincial or territorial institutions (e.g., incarcerated clients)*
- 5. Court-ordered treatment/assessment, or as a condition of parole, coordinated by the justice system;*
- 6. Appointments while travelling outside of Canada*
- 7. Travel for the purposes of a third-party requested medical examination;*
- 8. The return trip home in cases of an illness while away from home other than for approved travel to access medically required health services;*
- 9. Travel only to pick-up new or repeat prescriptions or vision care products;*
- 10. Travel to access health related services that are not identified in section 1.3, unless coordinated;*
- 11. Payment of professional fee(s) for preparation of doctor’s note/document preparation to support provision of benefits;*
- 12. Transportation to adult day care, respite care and/or interval/safe houses.*

**1) Travel for eye exam covered by MSP/FNHA**

*A. When a client has an appointment with an optometrist/ophthalmologist for eye exam by MSP/FNHA, their travel is funded to the closest appropriate health professional/facility via the most economical means. If the service is available locally (i.e. visiting optometrist), then no travel is required. If client is requesting travel to a farther place, then submit a Benefit Exception management’s review. Medical justification is required. Please fax the Benefit Exception and supporting documentation to FNHA at 1 604 666 0292. You will have to call the optometrist/ophthalmologist to find out if the eye exam is billed to MSP or FNHA, then ask for the prior approval number.*

**2) Travel is not funded if the eye exam is not covered by MSP/FNHA.**

**3) To make it easier please have the Optometrist mail your glasses to you.**

**4) Travel to pick-up glasses is an “exclusion” of the program – not a benefit and not appealable”**



## Lytton First Nation – Finance Spring 2020 Newsletter

Greetings from the Finance Department hope everyone is well and taking care of each other.

### Finance Department update

Caroline and I have been very busy as usual in the finance department. Preparing program budgets, planning, cheque processing. Attending various meetings as required. I've also been working on compiling program budget data for all departments and will be presenting a 5-year consolidated budget. I've also been meeting with several program managers to review budgets etc. Our fiscal year is from April – March each year so we are always planning and preparing.

### Finance Committee

We've had a few finance committee meetings in the past few months to review band finances, program budgets, planning, CCP Planning, new year program budgets. We have a new committee member joining our team, please welcome Lytton First Nation member Dr Rosalin Miles to our committee. Rosalin will bring new energy, new insights to our committee and we look forward to working with her. Dr Rosalin Miles also continues to provide grant writing services to Lytton First Nation.

### Stale Dated Cheques

Every month we do a bank reconciliation for each of the bank accounts, we've come across a few stale dated cheques that were cashed outside the allowable dates. When you receive a cheque, you have 6 months from the cheque date to cash it; if you try to cash it outside that date it the bank would normally NOT cash the cheque. Please cash your cheques in a timely manner.

## Aboriginal Financial Officers Association (AFOA) – Best Practice Award

In 2019 Lytton First Nation received an award from AFOA for Best Practice Award. Congratulations to LFN!

Link: [afoabc.org/membership/awards](http://afoabc.org/membership/awards)

### Financial Management Board (FMB)

In January 2020 Lytton First Nation received certification from FMB under section 50(3) of the First Nations Fiscal Management Act. Way to go team! This was indeed a team effort and countless additional duties and tasks added and completed. Many thanks also go out to Monica Bailey from the FMB for her support and guidance throughout the process; to Mohamed and Kate from FMB who did the onsite finance program review. Also, to the members of the FMB for their support. There are 3 certifications through FMB, and Lytton First Nation has successfully received all 3. There are 19 First Nations in BC that have received all 3 certifications. Congratulations team!

### Interim Audit – RHN

We were also busy with prepping for the annual Interim Financial audit from Reid Hurst & Nagy which was on February 19th to the 21st 2020. The audit team reviews Lytton First Nation's financial practices. Program files, budgets, contracts, program expenses, travel, payroll, HR, Income Assistance, Housing & all other departments financial practices were reviewed. The audit team will also be back in May 2020 to do the year-end audit to be presented to Indigenous Services Canada and other funding agencies as required.

### Contact information:

[b.jumbo@lfn.band](mailto:b.jumbo@lfn.band) or [c.sam@lfn.band](mailto:c.sam@lfn.band)

*Yee at quintlo snookwa!*

*I am committed to keeping up with my contribution to our Newsletter. It is a good communication tool. Taking the opportunity to put my words out there for people to read makes me happy. I have been working here for three and a half years now and Managing Human Resources is a challenging job and communication is a big part of my job. I have an open-door policy and always try to make time to talk with anyone who knocks on my door. My calendar gets filled up fast with scheduled meetings and the days and weeks just fly by.*

*Currently we are working on developing new positions and opportunities in the Administration Department and exciting opportunities in Retail and tourism sectors. There are summer jobs being applied for and there is so much work in housing renovations over the next year. We are working with partners on increasing our capacity in Red Seal Journeymen Trades. Our plan is to use the renovations to gain hours for Apprentices. The first-year hours are the hardest ones to gain. There is an opportunity for carpenters who don't have certification to challenge the Red Seal test, who knows some one might have enough experience and prior knowledge to pass and get certified without that investment of time and lost revenue to pursue formal education. Or you might be in your 2<sup>nd</sup> or 3<sup>rd</sup> year, but at least you will know where you are on the Red Seal measuring stick. This is open to all trades like Culinary Arts or Wall Systems. It is called Prior Learning Assessment and Recognition (PLAR).*

*We have been doing research on developing a Dog Bylaw. We have Emergency Preparedness and Occupational Health and Safety Committee meetings coming up. We have lots of working committees and I want to take the opportunity to invite everyone to join a committee, we welcome visitors and newcomers to join us. Each department has a committee and a portfolio holder and members. In my department we have the Personnel Committee. I believe each committee can only benefit from having more members because it gives the committee to point of view from the ground level. Each committee has input from a political (Councillors) and administrative (manager/employee) point of view and we want more input from membership, so we can make stronger, informed decisions. Economic Development, Housing, Agriculture, Emergency Preparedness, Lands, Land Code, Finance, Traditional Wellness, Health, and the list goes on. Just like finding a career, I like the Quote from Pat Quinn "Obey your passion, listen to your heart, follow your dreams", If any one of the committees peaks your passion then ask when the next committee meeting is and join us.*

*Thank you all for taking the time to read my submission. All my relations.  
Kwukwstemx!*

## ROY SPINKS



### Human Resources Manager

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*March coming in like a Lion or a Lamb?*

*I am sorry I do not have any laminate cards available, I have sent in my last report package, and will post when the new batch arrives.*

*I will be working back in Membership in March for two days per week, days and hours will be posted.*

*I have registered a few new born on the new Secure Certificate of Indian Status, if you have reviewed the paperwork and are having trouble filling it out please come in to see me on the scheduled day/s this month which will be posted, you will need to bring in the original Birth Certificate of the baby. Parents are running into problems because they are not registering the newborn right away, it is not the bands responsibility.*

*Just a reminder to use darker color tops when coming in for photo, no florescent color, makes the background darker. When members are coming in please call to leave a message with reception, so that I can prepare the paperwork ahead of time, because when I have to prep for both laminate and the SCIS it takes a bit longer. I am still doing on laminate cards for children because they are still developing. Only if you plan on crossing the border a lot you may request for the SCIS.*

*Price: LFN members \$5.00 for SCIS and CIS laminate for LFN members, for non LFN \$20.00 for SCIS.*

*When you receive your new card please mark the 9-digit number on the back, keep in a safe place in case you lose your card, Aboriginal Affairs will want that number.*

*Have a wonderful 2020 year Everyone! Happy Birthday everyone the month of March!"*

PAULINE CHARLIE



**Indian Registry Manager**

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*“Yee.A.dek sheed TLKT from Economic Development,*

*We hope everyone had a lovely Valentine’s day and had a great time on Family Day!*

*Our department has been busy gearing up for the end of the fiscal year.*

*The TNRD Film Commission came to town to scout a location for an upcoming short film. They are considering filming a scene at the LFN Sawmill. How exciting! The film follows a girl who finds a unicorn in the forest.*

*Nina attended the Lytton and District Chamber of Commerce “Strike it Rich in Lytton” dinner hosted at the Parish Hall on February 22, 2020. She gave a brief update on what is going on in the Economic Development department. There were several others who gave an update from their committees and businesses. There was also a presentation to the RCMP for the three officers including Sergeant Davis who are all unfortunately leaving the community this year.*

*Our Fuel Management teams have been working hard on the polygon 29! Through the tough terrain and steep hills the crews do an amazing job. See the picture below of how steep the hills are and the work the crew members have completed!*



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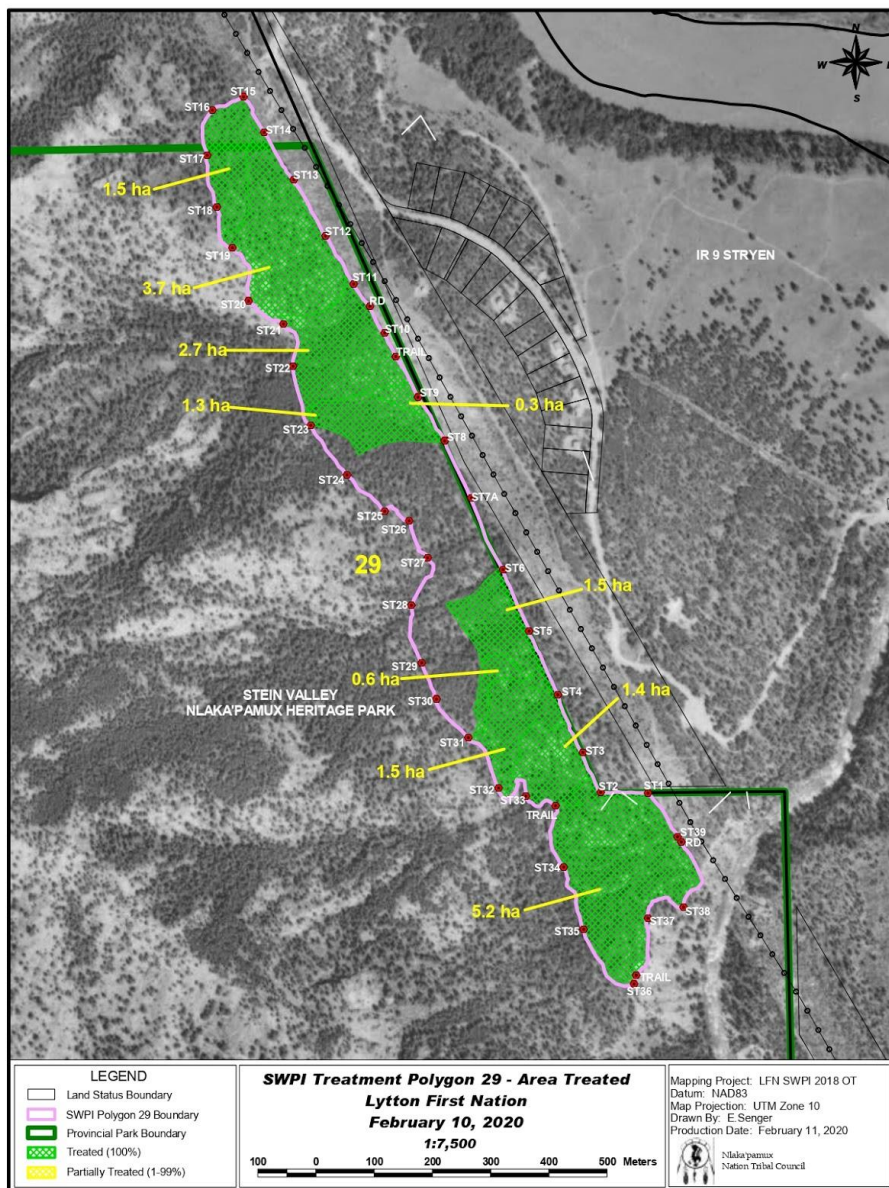
e-mail: n.belton@lfn.band

As of next fiscal (April 1, 2020) Social Development will be overseeing the Firewood Contract. It was a great experience for our department to look after.

If you have any inquiries, please contact Social Development.

Congratulations to the Lytton Men's Basketball team for playing at the All Native Basketball Tournament in Prince Rupert! Good luck to everyone playing at the Warriors Tournament here in Lytton! Best wishes to all the JANT teams going to Kelowna for their basketball during spring break! We will be cheering you all on here at the band office!

QuequshchAmwuh,  
Amanda Spinks and Nina Belton"



## ***“What it means to be an Entrepreneur***

*Written by Nina Belton, Lytton First Nation, Lytton BC.*

***Entrepreneur:*** 12 little letters that make up a huge title.

*To be an entrepreneur is to be your own leader.*

*Whether you choose to become a sole proprietor, collaborate as a partnership or incorporation, entrepreneurship has many positive and rewarding attributes.*

*Motivation and diligence are key factors in what makes an entrepreneur successful.*

*As an entrepreneur you must wear many hats from production manager, human resources, bookkeeper, and marketing researcher, etc. The business you choose as an entrepreneur will become something you are responsible for. Depending on what business avenue you pursue the responsibilities may broaden. Internal resource growth may be required to delegate or outsource tasks.*

*Qualities of an entrepreneur include: self-starter, independent, trustworthy, responsible, reliable, punctual and creative. These characteristics define what is required to become a successful entrepreneur. Persistent ambition combined with proper scheduling and maintaining to-do lists is important. Being organized supports growth and assists with project completion.*

*Continual personal and professional development is essential to the prosperity and advancement of your business. Learning new technology and keeping up with new legislation is necessary for success. The best part of being your own leader is the freedom of choice. Choosing to learn, adapt and make progress has many benefits.*

*Taking risks to implement your business plan and pursue your business goals may be scary in the beginning but is worthwhile once you get started.*

*Entrepreneurship may not be for everyone but those who choose to become an entrepreneur through dedication and hard work will see success in their endeavours.*

*We are available here at the band office to review and assist with your Business Plans!  
Give us a call at 250-455-2304 to book a time to review. “*

*“Hello, the burning season is coming upon us. OM will be planning to do some planned burns in order to ensure our community’s safety from uncontrolled fires this summer. We will hopefully be working with other agencies to accomplish this task. We will let the Band Office and the members know when we will be burning to prevent any concerns about seeing smoke.*

*For the membership that will be doing their own burns, please try to control your burns. Here are some helpful tips:*

***-Plan your burn***

***-Do not burn on a windy day***

***-Try to rake materials into one pile for burning, don’t have multiple fires***

***-Start burning close to structures and work your way out, or clear materials away from structure before burning***

***-Call for help if needed, Fire department or OM department, even neighbors***

***-Have some form of Fire protection, water hose or some type of fire guard***

***-Have help with you and hand tools***

*Please only put common household garbage in the garbage bins. We will not be taking any mattresses, appliances or furniture anymore. As these items take up too much space in the garbage truck and is difficult for one person to put in the truck. Make other arrangements for these items, call a friend to help remove, or call the Band Office and ask if there is going to be a planned Spring clean-up or Work B.*

*And please do not dump garbage or large items in wooded areas, as this is our land that we need to try and take care of. If you see someone doing this, report it to the Band Office. Pictures help!*

*After this cold winter, when you go to use your outside hose bibs (Taps), make sure you check the inside of your homes after turning your hose bib on to make sure your waterline did not freeze and crack. You don’t want to go back in your house after washing your car to find your basement flooded while using the tap!?*

*Thank you from the OM staff”*

**WARREN BROWN**

**O&M Manager**

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# Gathering of Nlaka'pamux Knowledge

Story Telling, Traditional Teachings..crafts, Language etc..

Open to ALL Nations

**SATURDAY & SUNDAY March 7th & 8<sup>th</sup>, 2020**

**Stein Valley Nlaka'pamux School Gym**

**Lytton B.C.**

**8:30 a.m – 4:00 p.m.**



**Registration required due to LIMITED seats**

**First come-first served**

**FOR MORE INFORMATION CONTACT**

**Iris Jules or Jennifer Brown at 250-455-2304**

**or email at [j.brown@lfn.band](mailto:j.brown@lfn.band)**

**Workshop registration to follow**

**Vendors welcome (Donation of a door prize in lieu of fee)**

**Vendors contact Iris Jules @ [i.jules@lfn.band](mailto:i.jules@lfn.band) or 250-455-2304**

**Workshop for ages 12 and up**

**Children must have parental supervision**





Gathering of

**NLAKAPA'PAMUX KNOWLEDGE**

March 7<sup>th</sup> and 8<sup>th</sup>, 2020

Stein Valley School

1632 St. Georges Road, Lytton, BC

Open to ALL Nations!

Free Event!

**Registration (Saturday March 7<sup>th</sup>, 2020)**

8:30 am to 10:00 am

**Registration will be at the Gym Door Entrance**

**MC:** Gary Abbott

**OPENING PRAYER:** Elder Charon Spinks

**Saturday (March 7<sup>th</sup>, 2020)**

9:00 am to 9:30 am

**WELCOME SONG:** ShchE-ma-meetkt Drum Group

9:30 am to 10:00 am

**OPENING REMARKS:** Chief, Janet Webster

10:00 am to 12:00 pm

**STORY TELLING:** Elders; Charon Spinks, Dakey Adams, Jim Brown, Jean Florence, and N'kixw'stn James

12:00 pm to 1:00 pm

**Shlha.hhAnsh yamEEt (LUNCH)**

1:00 pm to 4:00 pm

**WORKSHOPS (MAXIMUM OCCUPANCY FCFS):**

**1A Beading (10):**

Terri McCarty

**1G piye?wi?xkt/Beeya.wEE.hh kt**

Language Foundation Society



**1B Rattles (10):**

N'kixw'stn James

**1H Pine Needle (10):**

Rolene Edwards

**1M Sweat Protocols:**

Vince Abbott, Harvey Dunstan

**1C Moccasins(5):**

Rod Dunstan

**1I Beading (10):**

Erin Aleck

**1N Carving (10):**

William Sandy

**1D Dream Catchers(10):**

Jessica Aleck

**1J Medicine Bag (10):**

Jen Brown, Alfreda Nelson

**1O Massage (FCFS):**

Marilyn Charlie

**1E Carving (10):**

Nelson McCarty

**1K Beading (10):**

Donna Hance

**1P Ribbon Skirt (10):**

Michelle Machelie

**1F Soap Stone (8):**

Charles Brown

**1L Art Party (10):**

Desira Bellares

3:30 pm to 4:30 pm

**Shla-hal:** Harvey Dunstan and Jen Brown, EVERYONE WELCOME

4:30 pm to 5:00 pm

**HOOP DANCE:** Gary Abbott

5:00 pm to 6:00 pm

**Shlha.hhAnsh yamEEt (DINNER)**

6:00 pm

**CLOSING REMARKS:** Gary Abbott

**REGISTRATION** email to Jen Brown [j.brown@lfn.band](mailto:j.brown@lfn.band) **VENDORS:** Iris Jules [i.jules@lfn.band](mailto:i.jules@lfn.band)

**Sunday (March 8<sup>th</sup>, 2020)**

9:00 am	<b>Opening Remarks:</b> Steve Wilson, Sheila Adams												
9:15 am to 9:30 am	<b>Opening Prayer:</b> Elder Amy Charlie, Autumn Lee Charlie, Nadine Charlie <b>Welcome Song:</b> ShchE-ma-mee-tkt Drum Group												
9:30 am to 12:00 pm	<b>WORKSHOPS (MAXIMUM OCCUPANCY FCFS):</b> <table border="0" style="width: 100%;"> <tr> <td><b>2A Beading (10):</b> Terri McCarty</td> <td><b>2E Carving (10):</b> Nelson McCarty</td> <td><b>2I Beading (10):</b> Donna Hance</td> </tr> <tr> <td><b>2B Rattles (10):</b> N'kixw'stn James</td> <td><b>2F Pine Needle (10):</b> Rolene Edwards</td> <td><b>2J Craft:</b> Jason Robertson</td> </tr> <tr> <td><b>2C Moccasins (5):</b> Rod Dunstan</td> <td><b>2G Beading (10):</b> Erin Aleck</td> <td><b>2K Ribbon Skirt Continued</b> Michelle Machele</td> </tr> <tr> <td><b>2D Dream Catchers (10):</b> Jessica Aleck</td> <td><b>2H Carving (10):</b> William Sandy</td> <td><b>2L Soap Stone Continued</b> Charles Brown</td> </tr> </table> <b>2M nlha.kapmhhchEEEn/Nlaka'pamuxcin BINGO</b> Beverly Phillips	<b>2A Beading (10):</b> Terri McCarty	<b>2E Carving (10):</b> Nelson McCarty	<b>2I Beading (10):</b> Donna Hance	<b>2B Rattles (10):</b> N'kixw'stn James	<b>2F Pine Needle (10):</b> Rolene Edwards	<b>2J Craft:</b> Jason Robertson	<b>2C Moccasins (5):</b> Rod Dunstan	<b>2G Beading (10):</b> Erin Aleck	<b>2K Ribbon Skirt Continued</b> Michelle Machele	<b>2D Dream Catchers (10):</b> Jessica Aleck	<b>2H Carving (10):</b> William Sandy	<b>2L Soap Stone Continued</b> Charles Brown
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12:00 pm to 1:00 pm	<b>Shlha.hhAnsh yamEEt (LUNCH)</b>												
1:30 pm to 2:30 pm	<b>STORY TELLING AND ROLE PLAYING:</b> Jim Brown												
2:30 pm to 3:00 pm	<b>CLOSING REMARKS AND ACKNOWLEDGMENTS:</b> Iris Jules, LFN Education Manager & Planning Committee												

All workshops for ages **12 and up**. 6 **JANT** youth will be assisting elders, facilitators and committee members. Beverages and snacks will be offered throughout the two days.

**All young children must have parental supervision.**

<b>Name:</b>	<b>Phone:</b>
<b>E-mail:</b>	<b>Band/Community:</b>

Please Indicate which workshops you would like to attend, in order from 1<sup>st</sup> Choice to 3<sup>rd</sup> Choice:

**Day 1**

<b>1<sup>st</sup>:</b>
<b>2<sup>nd</sup>:</b>
<b>3<sup>rd</sup>:</b>

**Day 2**

<b>1<sup>st</sup>:</b>
<b>2<sup>nd</sup>:</b>
<b>3<sup>rd</sup>:</b>

# Lytton Restorative Justice, Prevention & Education Program



## Monthly Newsletter

MARCH 2020

By: Patricia Munro, Olivia Brown & Kaylem Raphael.

Lytton Restorative Justice Prevention & Education Program does many things including but not limited to;

- Impartial support for victim and/or offender
- Court support
- Probation check ins
- Alternative Measures program
- Diversion program
- Criminal Cases
- Family Cases
- Commissioner of Taking Affidavits
- Legal Aid Applications
- Referrals
- Liaison

Phone: 250-455-0477  
Fax: 250-455-0297

Hours of Operation  
Mon-Fri: 8:30am-4:30pm  
Sat-Sun: Closed

Address:  
618 Main Street  
Lytton, BC  
P.O. Box: 93  
V0K1Z0



### Patricia Munro

Program Manager  
Probation/Court/  
Alternative Measures

Email:  
p.munro@lfn.band



### Olivia Brown

Executive Assistant  
Legal Aid Representative/  
Commissioner for Taking Affidavits

Email:  
o.brown@lfn.band



### Kaylem Raphael

Receptionist  
Admin Support - Legal Aid

Email:  
k.raaphael@lfn.band





Don't have anyone to talk to? Please call **KUU-US** if you are in a crisis.  
Website: [www.kuu-uscrisisline.ca](http://www.kuu-uscrisisline.ca)

## NEXT PROBATION CHECK-IN

Probation Officer: Jon Jordan

Jon's Office Number: 250-378-9354

Check-In date: March 26, 2020

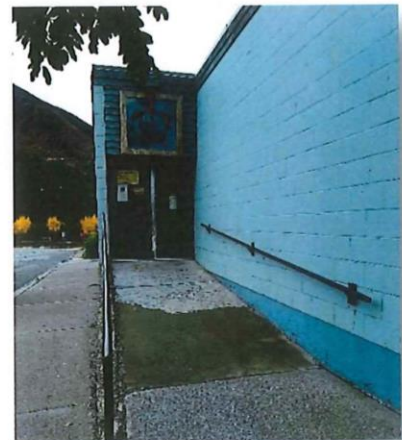
Location: 618 Main Street Lytton, BC  
(Our Office)

Visit our website at:  
[www.lyttonrestorativejustice.com](http://www.lyttonrestorativejustice.com)



**Please Note:**

We by no means are Lawyers nor can we act as one.



**Lytton Restorative  
Justice Office**  
P.O Box 93  
618 Main St.



### Next Lillooet Court Dates

**March 10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup>**

*Olivia Brown will be available  
in the morning March 10<sup>th</sup> for  
Legal Aid.*

**THE  
LEGAL  
AID  
SOCIETY**

## RESOURCES - FAMILY/CRIMINAL/CIVIL

### We're here to help

We provide **legal aid** in BC. The law is complicated, but not everyone can afford a lawyer. We can help you with your legal issue.

Apply at a legal aid location near you

Lytton Restorative Justice  
250.455.0477

or call

(Greater Vancouver)  
1-866-577-2525 / 604-408-2172

Kamloops Legal Aid  
1.250.314.1900



#### ADDRESS

P.O Box 93  
618 Main St  
Lytton, BC  
V0K1Z0



#### WEBSITE

[www.lyttonrestorativejustice.com](http://www.lyttonrestorativejustice.com)

### [lss.bc.ca](http://lss.bc.ca)

- Legal Services Society
- Main Website
- Links to Publications
- Family Law Line
- Family
- Children/MCF
- Criminal
- Immigration

### [familylaw.lss.bc.ca](http://familylaw.lss.bc.ca)

- Family Issues
- Step by step
- Affidavits

### [clicklaw.bc.ca](http://clicklaw.bc.ca)

- Legal Issues
- Legal Advice

### [aboriginal.legalaid.bc.ca](http://aboriginal.legalaid.bc.ca)

- Family
- Criminal
- Similar issues

### [mylawbc.com](http://mylawbc.com)

- Parenting plan
- Advocacy
- Separation
- Wills
- Solutions
- Abuse & Family Violence

**March 7<sup>th</sup> (Saturday) – Nlakapa’pamux Language and Culture Gathering Day 1**

Stein Valley School Gym – 8:30 AM to 6:00 PM – Lunch and Dinner Provided – Questions and Information: Jen Brown 250.455.2304 - Ext. 208

**March 8<sup>th</sup> (Sunday) – Nlakapa’pamux Language and Culture Gathering Day 2**

Stein Valley School Gym – 9:00AM to 3:00PM – Lunch Provided – Questions and Information: Jen Brown 250.455.2304 – Ext. 208

**March 8<sup>th</sup> (Sunday) – Lillooet Food Matters: Seedy Sunday**

Lillooet REC Centre Gym – 10:00AM to 2:00PM – Seed Sales and swap – Raffle – Vendors – Displays – Child Friendly – Admission is by Donation (Children free)

**March 8<sup>th</sup> (Sunday) – Daylight Savings Begins (Spring ahead!)**

**March 17<sup>th</sup> (Tuesday) – St. Patrick’s Day**

**March 24<sup>th</sup>, 25<sup>th</sup>, and 26<sup>th</sup> (Tuesday, Wednesday, Thursday) – Eye Exams and Glasses – Doctor of Optometry will be visiting the Community**

Call TL’KEMTSIN HEALTH CENTER for more information and sign-ups – 250.455.2115



### Sweet Sixteen

My Darling Daughter, it's so hard to  
believe that your sweet sixteen is here.

You've given me so many wonderful  
memories and I cherish them every year.

Tears of joy I cry for you this day  
for you have made me proud.

Make your mark upon the world  
and stand above the crowd.

Be strong, avoid temptation and  
always stay true to what you know is right.  
Respect others, remember who you are always  
and let the world see the beauty of your light.

Happy Sweet Sixteen my sweet Katelynn Spinks  
Love Mom, Dad and the whole family

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*Lillooet Food Matters presents:*

# **Seedy Sunday**

*Helping to promote food security*

**March 8, 2020 10:00 to 2:00**  
**REC Centre Gym**

- Seed sales and swap
- Lillooet seed lending library
- Local market vendors
- Community group displays
- Raffle - great prizes!



- Rainshadow cafe catered by Paisley
- Child friendly - art & activity area
- Bring seeds for winnowing!
- Admission by donation - children free



**Seedy Sunday is an  
Invasive-free event**

**778-770-1649**

**[lillooetfoodmatters@gmail.com](mailto:lillooetfoodmatters@gmail.com)**

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**Thanks for Reading!**

*Hoping everyone has a good month of March! Don't let daylight savings get you down.*



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**LYTTON FIRST NATION**

**Contact Us**

951 Main Street

Lytton BC V0K 1Z0

PO Box 20

Phone: 250.455.2304

or 1.888.755.2304

Fax: 250.455.2291

Website: [lfn.band](http://lfn.band)

