## **List of Emotions**

Amazed Foolish Overwhelmed

Angry Frustrated Peaceful

Annoyed Furious Proud

Anxious Grieving Relieved

Ashamed Happy Resentful

Bitter Hopeful Sad

Bored Hurt Satisfied

Comfortable Inadequate Scared

Confused Insecure Self-conscious

Content Inspired Shocked

Depressed Irritated Silly

Determined Jealous Stupid

Disdain Joy Suspicious

Disgusted Lonely Tense

Eager Lost Terrified

Embarrassed Loving Trapped

Energetic Miserable Uncomfortable

Envious Motivated Worried

Excited Nervous Worthless