

The Next Time You Or Your Partner Is Unhappy About Something, Pause And Consider This...

Shannon,

Does it often feel as if other people - and especially your partner - let you down?

If there's even a small part of you that feels like it can never be completely happy, we have a very important insight for you in this message.

Your ongoing disappointment isn't necessarily a sign that you're in the wrong relationship, and it's not an indication that there's something wrong with you.

We're going to show you how to use your disappointment to finally bring you peace, fulfillment, and joy in your life and your relationships.

We'll also tell you what complaints really mean about you AND your partner - and a surprising solution for stopping this negative pattern.

The Not-So-Common Golden Rule

Here's a concept that will completely change the way you look at interactions between you and your mate (and anyone, really): **Do You Feel Picked On All The Time?**

Criticism can lead to a complete breakdown between you and your partner. You might be feeling that happening now:

You feel less appreciated, less understood, and maybe you've even given up. After all, asking your partner to change hasn't helped.

So what will?

Ending the pattern of criticism in a relationship requires a combination of understanding the underlying drivers that are causing criticism in the first place AND practicing new techniques for interacting with each other.

In **Breakthrough To Bliss**, you'll listen to us guide you through these two critical steps so that your relationship has a breakthrough, and not a breakdown:

We expect from others what we are not giving ourselves.

When you are not providing something for yourself, you will search for it in those closest to you - and you will get especially triggered when you don't get it from them.

If you don't talk to yourself kindly, you'll tend to bristle at the smallest lack of courtesy.

If you tend to be your own worst critic, you'll likely feel you can't do anything right with your partner.

If you slack off on your diet and kick back into smoking cigarettes, you may be disgusted when your partner refuses to exercise.

