

Tisha B'Av by Rabbi Marc Philippe

Our tradition teaches that the location of the holy Temple in Jerusalem is where humanity was created, where Cain and Abel brought their offering, where Noah built an altar at the end of the flood and where Isaac was bound. That location is filled with historical and spiritual significance. The focal point of the Temple was the Holy of Holies, where the High Priest would enter on Yom Kippur to atone for the entire community. In this special room, there was the famous Ark which held the two sets of tablets of ten Commandments. This has been the focal point of Judaism for thousands of years and Spiritual Light continues to emerge from this location to this day.

More than 2,000 years ago, on Tisha b'Av, the Romans destroyed the holy Temple along with the Holy of Holies. As we know, the Western Wall -the Kotel- remains standing against all odds. Our sages teach that the divine Presence never departs from the Kotel and we have always directed our prayers in that direction, it is the portal where they are propelled to heaven.

The day of the destruction of both Temples -Tisha b'Av- has been observed as a day of mourning and fasting; it is the saddest day in the Jewish calendar. Coincidentally, the Torah readings these past weeks have dealt with the construction and inauguration of the Temple. What is interesting is that many sages teach that the physical Temple is really a symbol of the spiritual Sanctuary in our heart. The physical structure may be destroyed, but the energy isn't, and our inner Sanctuary resonates with it.

There is much to discuss concerning this and we shall do it in person! However, there is one point I would like to mention right now. We know that Tisha b'Av is the saddest and the darkest day in the Jewish calendar and precisely because of this darkness, it is the time with the most opportunity. In the midst of thickest obscurity, our little spark can bring much Light to our world. This is why I invite you to do just that as we sit together reading the Book of Eicha by candlelight.

Together, we will contribute to making this world a beautiful Sanctuary.

A week later, the Jewish calendar happens to celebrate the HAPPIEST day, Tu b'AV!



Tu b'Av is described in the Talmud as one of the happiest days in the year.

Tu b'Av, the 15th of the Hebrew month of Av is on the full moon.

It is the Jewish holiday of LOVE!

It is written that there was no holiday as joyous as the 15th of Av.

The unmarried women, dressed in white, would dance in the vineyards of Shilo and would find their soulmate.

In modern days, Tu b'Av is celebrated with music and dance and it is a time to give flowers or small present to loved ones.

It is also an auspicious day for singles to receive a blessing to find their true love.




TISHA B'AV
WEDNESDAY NIGHT, JULY 26
8 PM
at the home of
Valerie and rabbi Marc Philippe

RSVP for the address
office@templeisraelmht.org

We will chant the Book of Lamentations and together,
performing this ancient sacred ritual,
we will transform darkness into LIGHT.



TU B'AV
White Party

WEDNESDAY, AUGUST 2
6 pm
Open Bar ~ Food ~ Live Music *
RSVP required
event sponsored by
Valerie and rabbi Marc Philippe
please make a donation to Temple Israel
*at the home of Valerie and rabbi Marc Philippe

thank you
 todah raba
 thank you
 todah raba
 thank you
 todah raba

- Liz and Larry Eckman for our kitchen and bathroom supplies
- Our Temple Board for meaningful service options and activities
- Jeff Klein for taking care of the myriad building issues
- Stephen Singer and Jeff Klein for organizing Wednesday morning minyans
- David Winthrop for being our Gabbai
- Ken Cohn and Josh Nathan for help with the yahrzeit boards
- John Weber and Leigh Musicof for their work on our security grant
- Carol Sternberg Chairperson of the Kitchen Krew, Lunches and Gift Shop
- Kiddush Krew –Ken Cohn, Monique Shaffer, Merle Paltrow, Carol Sternberg & David Winthrop
- Ruth Chevion for her stories about her family’s escape from the Holocaust to America
- Temple Israel Book Club Leaders - Ken Cohn, Aida Koocher and Benay Birch
- Rick Notkin for his safety & security initiative
- Steve Saulten for taking care of our security services

Tzedaka

Arlene Alpert in memory of Rose E. Levine
 Ruth Chevion in memory of Alexander Zisch ben Miriam
 Jennifer Coffey in memory of Isabelle Lesogor
 Len Green in memory of Leon Werner
 Kim Hooper Pratt in memory of Hollis Hooper
 Phyllis Levine in memory of William Spillberg
 Phyllis Levine in memory of Bubbe Faiga Cohen
 Cheryl Rostad in memory of Hyman Smith
 Robert Smith in memory of Hyman Smith
 Gary Lindner in memory of Shirley Lindner
 Debbie Manning in memory of Nana Augusta Goldberg
 Rut Zax in memory of Lionel Fineblit

Other

Iris & Rabbi Gary Atkins in memory of Deni Oven
 Iris & Rabbi Gary Atkins in honor of Commack Shepler
 Molly & Rick Notkin towards the Rabbi’s Welcome Brunch



305 Calef Road
 Manchester, NH 03013
 TEL: 603.622.9013
 FAX: 603.622.7696
www.manchestermemorialco.com
manchestermemorialco@gmail.com

Camping, luxing, or beaching this summer?
 The Temple Israel Gift Shop has the right
 Shabbat-on-the-Go kit for you!



Contact Carol at carolsnh@myfairpoint.net or 603.703.8557

alphagraphics
 increase your reach

■ Design	■ Binding	■ Proposals
■ High-Volume Copying	■ Brochures	■ Booklets
■ Color Copying	■ Catalogs	■ Forms
■ Multicolor Printing	■ Newsletters	■ Corporate Identity
■ Digital Printing	■ Manuals	

Free Pickup & Delivery • Hours: Mon. - Fri. 7:30-5:30
 8 Perimeter Road
 Manchester, New Hampshire 03103
 Tel. 603.645.0002 Fax 603.645.0037
 Email: us219@alphagraphics.com
www.alphagraphics.com/us219

Funded in part by a grant from:



WE REMEMBER AND HONOR - Memorial Day 2023 by Sol Rockenmacher

On Memorial Day, Monday, May 29, as has been done every year since 2014, our now traditional Manchester Hebrew Cemetery Memorial Day Service was observed.

Three days before the Service American flags were placed at the graves of the 137 veterans who are buried in the Cemetery, our Temple Israel-Temple Adath Yeshurun community Cemetery. Once again, David Rosenzweig organized the flag-placing crew, which consisted of himself, Barry Scotch, Bob Katchen, Al Halpern, Mark Granoff, Denis Paiste and Ed Schoen.

Dr. Sol Rockenmacher welcomed the attendees. Eagle Scout Ryan Rosenberg, holding a USA flag, led us in the Pledge of Allegiance. Sol then introduced our speaker, Lt. Cmdr. Alan Kaplan, MD, a proud veteran of both the United States Army and Navy, and the IDF as well. Alan has practiced both internal medicine and cardiology in his civilian life, with involvement as a camp physician and as an active participant in Manchester Community Players and has been a significant contributor in many ways to Temple Adath Yeshurun and the

Jewish community in general. He spoke very touchingly about the challenges facing those returning from combat and those who have passed on.

Rabbis Beth D. Davidson and Gary Atkins then led us in a prayer service, "A Service of Thanks and Remembrance". The names of the 60 Jewish servicemen and women who died in the recent conflicts in Iraq and Afghanistan were read by Rabbis Beth and Gary. Following them were Mike Litvin and Jeff Klein, who read the names of the 137 veterans buried in the Manchester Hebrew Cemetery.

Rabbi Atkins told us about the project to create a monument to the Jewish men and women who are buried in the New Hampshire Veterans Cemetery in Boscowen.

The program concluded with a poignant playing of "Taps".

In summary, it was a special program highlighting the obligation to remember, and to be thankful and to honor, for country, for community and for courage.



Sol Rockenmacher begins the program



Dr. Alan Kaplan addresses the audience



Rabbis Beth Davidson and Gary Atkins lead the attendees in prayer



Rabbi Gary Atkins talks about the planned veterans' monument in the Veterans' Cemetery in Boscowen NH



Mike Litvin reads names of TAY veterans buried at the cemetery



Jeff Klein reads names of TI veterans buried at the cemetery.



Jewish Burial Plots Available
For Temple Israel Manchester Members

Email: office@templeisraelmht.org
or
Call: 603.622.6171



Temple Israel Veterans



Alter, Harold - Nov 16, 2006
Alter, Levi - Dec 19, 1966
Alterman, Allen - Jan 10, 1985
Brenner, Larry - May 6, 2006
Charron, Harry - Nov 24, 1994
Cohen, Harry - May 31, 1986
Diamond, Nelson - Sep 19, 1985
Dorner, Richard - Apr 1, 2012
Drasner, Harold - Mar 4, 1957
Ekman, Bernard - May 28, 1996
Ekman, Samuel - Feb 27, 1966
Ekman, Selwyn - June 14, 1964
Ekman, Sheldon - Jan 18, 1982
Fineblit, Lionel - July 13, 2006
Freedman, Isidore - Apr 6, 1967

Garr, Rube - Aug 11, 2004
Gilman, Max - Aug 6, 1993
Gilon, Ari - Nov 1, 2005
Grevior, Archie - Dec 4, 1967
Grevior, James - July 24, 1959
Hoffman, Edward - Oct 17, 1963
Katz, Samuel - Mar 2, 1987
Katz, William - June 11, 1981
Knapp, John Arthur - July 11, 1979
Levine, Moe - Sep 27, 1982
Lewis, Sumner David - June 15, 1981
Machinist, Burton - June 26, 1986
Mushlin, Sam - ???
Plotkin, Balfour - Jan 31, 2002
Pockell, Bernard - Oct 12, 2012

Resnick, George - Aug 2, 1965
Richelson, Julius - Dec 13, 2001
Richmond, Theodore - Feb 14, 1996
Rosenblum, Arthur - May 15, 2006
Rosenstein, Nathan - May 27, 1956
Rovner, Joseph - Apr 3, 2019
Rovner, Max - Sep 7, 1976
Sanel, Joseph - Apr 1, 1905
Silberberg, George - Feb 13, 2002
Singer, Irving - Feb 19, 1991
Tevelov, Abraham Joseph - Jan 30, 1987
Wexler, Michael - Nov 27, 1994
Wishkin, Hy - July 9, 2012
Zlotowicz, Harry - Feb 22, 1998

June 6th – D-Day, 2023 by Ruth Chevion

Dear Reader, I have already told you about what happened on D-Day in my mother's holocaust story. I wrote about it back in 2022 when I was just beginning to write these stories and Christine and you first allowed me space to publish them in the Temple Newsletter. You already know the story, but I have to repeat myself. Maybe I will write the same story every year for every June issue. I hope you don't mind.

This exercise of repeating myself about June 6 exemplifies what is happening for me in writing these stories. I write one

On June 6th 1944 Herta, my mother, had been in hiding from the Nazis since May 1943 in a top floor apartment on Kremerowska Street in Krakow Poland. The war had been going on for five years, and would go on for another six months. The day the allies landed in Normandy on June 6th, 1944, was the beginning of the end of Nazi domination of Europe, and the beginning of the end of the nightmare war of extermination the Nazis had so fervently waged on the Roma, Sinti, Black, Gay, and Disabled people, and most pointedly on the Jews of Europe since 1939.

And...June 6th was also my mother's birthday.

On the morning of June 6th, 1944, Ala Moskalska (in whose apartment my mother was hiding) said to my mother that she was going out to see if she could find for my mother a birthday present on the black market. Maybe she would find an orange, she said, or some ice cream. That would have been a treat for someone who has not tasted anything more juicy than a potato for some time.

Ala returned shortly empty handed. "I have the best birthday present for you," Ala declared, jubilant. "The allies have landed!!!"

In my house growing up, we never grew tired of this glorious uplifting story. We cried a lot, we repeated Ala's words, just as I am repeating them for you, dear reader. "The Allies have landed."

This year in 2023, Alan and I celebrated June 6 as we have always done in my family with a special dinner and a movie about D-Day. This year we watched Saving Private Ryan. This was a departure for us, as for about the last fifty years on June 6th we have watched the movie The Longest Day. The Longest Day was my mother's favorite D-Day movie because it dramatizes the decision process that went into the choice of June 6th as the day for the invasion. It features a wonderful Eisenhower look-alike as he makes the counterintuitive decision to launch the invasion in bad weather, a daring decision the Nazis did not expect an American general to make.

story per month. One anecdote. No digressions. One stark moment that I meditate on and distill each month, turn it over and stare at it. Find its meaning - at least its meaning for me as far as I get with it in that month. You have created an opportunity for me, dear reader, to contemplate what happened in ways I never did before.

So, it's no wonder that June 6 is different for me this year than it was last year and that I feel moved to write about it again. The bare story follows.

Saving Private Ryan is a different angle on the D-Day story, but like The Longest Day, it features a gut wrenching portrayal of the landing on the beaches of Normandy. In Saving Private Ryan, the sea runs red with blood. The blood of young American, Canadian and British soldiers is so prolific, that the surf comes in blood red onto the beach. That is how many die. And more soldiers were wounded and died as they crossed the beach. The Nazis shot at them from a hill. According to Wikipedia, "**4,415 Allied soldiers died on D-Day**, with U.S. servicemen accounting for 2,502 of the dead and 1,913 Allied soldiers from seven other nations, according to The National D-Day Memorial Foundation." The carnage depicted in that movie is hard to watch, but it's good for me. It's good to feel the level of sacrifice made by Americans, Canadians, Scots and Brits to liberate my mother and father, my aunt and my grandmother and other people's mothers and fathers.

My heart aches for the dead, and for the pain their families felt at their loss. I was so sad this year watching that movie and seeing strong beautiful young men machine gunned to death as they came off the LST's. No chance to defend themselves.

They freed my family.

I particularly have to say this because many Americans today have no idea how great they were, and what a huge contribution they made to world democracy and freedom. All of America joined forces in giving their time, their energy, their prayers, their money and their soldier boys to rescue Europe and the Jews, and defeat Hitler. There was Rosie the Riveter, there were children like Alan who shlepped newspapers to school, who donated their metal toys for the war effort, who tolerated food rationing, who followed the war news every day. America was united.

It was these efforts that won the war, along with the efforts of the soldiers. So again, I say thank you. And more thank you. And thank you again. The world might have been a very different world today but for you.

Hevra Kadisha of Central New Hampshire

Our Hevra Kaddisha is ready to help you in your hour of need to perform the ritual preparation of a deceased for burial in accordance with Jewish tradition. Do not hesitate to call us when needed. We are here for you!

Please call 603.746.5218 to initiate the process or for more information.



Herta at the D-Day Museum

What We Can Learn from in between the Backwards “Nuns” by Cantor Marc Stober

We recently read the *parashah* (Torah portion), B’ha’alotkha, which contains two lines that I’ve sang with you and heard our b’nai mitzvah students sing many times over the past few years:

עַל־וַיְהִי בְנִסְעֵה הָאָרֶץ וַיֹּאמֶר מֹשֶׁה קוּמָה | יְהוָה וַיִּפְצֹל אֶיֱבִיר וַיִּגְסֹוּ מִשְׁנָאִיר
עַל־מִפְנֵיךְ: וּבְנִחָה יֹאמֶר שׁוּבָה יְהוָה רַבְבוֹת אֱלֹפֵי יִשְׂרָאֵל: ע

When the Ark was to travel, Moses would say:
Rise up, Eternal God!
May Your enemies be scattered,
And may Your haters flee from before Your face!
And when it rested, he would say:
Return, Eternal God, [to the] many thousands of Israel.
(B’midbar [Numbers] 10:35-36)

The first verse, at the beginning of the Torah service, is well-known as a line we sing aloud. The second verse, which appears near the end of the Torah service, is often skipped or mumbled. These verses connect us to our history: we are no longer the people whose Ark moves around—it’s built into the wall of the sanctuary! —but we are the people with that history. By including these verses in our Torah service, we learn that, as with so many things, we do things differently than generations past, and it’s worthwhile to remember and honor the people that brought us here.

We must notice that these two verses are surrounded, in the Torah scroll, by backwards Hebrew letter nuns. It’s one of the more unusual details of a Torah scroll. No one knows for sure why it’s written this way, but Rashi says that it’s a separate section of the Torah, which does not really belong here in the narrative, and is used to divide Sefer B’midbar (the Book of Numbers).

These verses and their unique punctuation embody some the lessons I find most compelling about Jewish life.

We do use Jewish rituals as punctuation of the important moment in our life, and to divide our time into chapters. On the small scale, the Kaddish, which has become associated with mourning, was originally a prayer to divide parts of the service. The Chatzi Kaddish and Kaddish Shaleim still primarily serve this function, and, for me, help establish the rhythm of the service. On a larger scale, Shabbat and Hebrew

School are like the periods on the sentence that is the week, and holidays and lifecycle events divide the paragraphs and chapters of our lives. Judaism teaches us that we can make our lives holy and meaningful through rituals we share over time.

We also learn that we have enemies, and that together with God we can stand up to them. My personal belief is better stated as: together with **faith** we can stand up to them. I don’t (usually) believe in God as a sentient being who acts in our behalf in response to prayers. I do believe that being part of a community who put their faith in what God stands for—truth, justice, compassion, and all the other Jewish values we so often speak of—empowers us to stand up for good. That is why Jewish values are such a big part of what I, and all our teachers, teach our children.

We also learn that there is a time and a place for everything. There is a time to act, and a time to rest. A time to sing aloud, and a time to quiet your voice. Judaism gives us opportunities to experience life in different ways: fasting and feasting, eating bread and eating matzah, living in a hut on Sukkot or staying up late on Shavuot. Different experiences teach us to approach the world with wisdom, empathy, and gratitude, making us better and more holy people.

And, with a time and place for everything, I am leaving my role as Hebrew School Director, and Temple Israel is prepared to welcome Rabbi Marc Phillippe next month. What an exciting new chapter for the Temple! I will be back to lead High Holiday services along with Rabbi Phillippe and then, folks other than me will build upon the history of the past few years in growing our Hebrew School.

I appreciate the opportunity to grow as a Jewish educator and newly ordained cantor with the congregation over the past few years, the support of its leaders and especially Josh and Steve as synagogue presidents, the dedication of the teachers, and the trust you have all placed in me. While this week’s *parashah* isn’t at the end of book, what we say when we finish reading a book of the Torah seems appropriate: *chazak chazak v’nitchazek* – strength, strength, we will all be strengthened.

Temple Israel Jewish Book Club Completes another Successful Year! by Ken Cohn

How enjoyable is it to read a book that leaves you feeling enlightened, reflective, hopeful, melancholy, or happy? Some books do it all, when we read one of these books, we hit the jackpot! Perhaps, some of us would prefer to experience only one or two of those outcomes.

We read some great books this past year. On Tuesday June 6th we discussed Rabbi Harold Kushner’s, "Living a life that Matters" our latest book selection. Rabbi Gary lent us his thoughtful commentary on some of the key passages of this book. Ten of our thoughtful readers joined in a very lively and heartfelt discussion. Some of our faithful book meisters were not available because of work, family challenges, or travel arrangements. This included Lynn from Israel, who usually joins us from Israel (11 pm her time), Beth from California and Bill from Massachusetts. Bob H. joined us for the first time

and excited us with plans to return. It was also great to see Phyllis. Iris was not home at the time of our book club.

One thought Kushner posed to us readers was. Has "Living a life that Matters" affected your perspective on life? How has this book encouraged you to see things differently? In one sentence, what would you like to be your personal legacy? Well, to borrow a term from baseball) "we went around the horn," and our members shared their personal feelings. Mine was "to be kind and remember that words can harm, so I should always choose them wisely."

We encourage recommendations of books we could read for the upcoming year. They could be Jewish themed, Jewish authored, or just a book that has made an impression on you and you think would create a lively and thoughtful discussion with the group. You don’t even

need to like the book, as we enjoy the pros and cons. One book has already been suggested by a member.

We will reconvene on September 6 on zoom at 4:30pm. Times and dates are tentative and are subject to change. We will continue on December 13 this year, and March 13 and June 5 next year. There is a thought we may do an in-person event at Temple Israel on one of these dates.

Until we meet again, Aida, Benay and I wish you a healthy and safe summer and may you and your family and friends be blessed.

Shalom Peace Shalom,
Ken Cohn

July –Tammuz 12 to Av 13

Happy Birthday!

- | | | |
|----------------------------|--------------------------------|----------------------------|
| July 3 - Alyssa Lessard | July 14 - Lucy Petunia Sommers | July 22 - Larry Eckman |
| July 4 - Miriam Anne Veale | July 15 - Robert Singer | July 23 - Norri Oberlander |
| July 9 - Leigh Musicof | July 15 - Dustin Sinkow | July 29 - Merle Paltrow |
| July 10 - Harry Shapiro | July 16 - Hon. Jenny Coffey | July 29 - Jacob Preis |
| July 12 - Skylar Cohen | July 21 - Ashley Deeter | |

Happy Anniversary!

- | | |
|---|---|
| July 1 - Rachel & Tim Russell - 11 years | July 14 - Christine Gagnon & Paul Schill - 27 years |
| July 2 - Linda & Lee Sinkow - 6 years | July 17 - Pat & Henry Biagi - 47 years |
| July 2 - Liz & Aaron Sommers - 17 years | July 21 - Jennifer Aldrich & Tal Hagbi - 6 years |
| July 7 - Debbie & Greg DePasse - 22 years | July 26 - Christy Aberg & Josh Nathan - 14 years |
| July 4 - Norri & Daniel Oberlander - 15 years | July 29 - Rachel & Mel Spierer - 54 years |
| July 4 - Joy & Michael Sydney - 45 | |

Upcoming July Services & Events

Morning Minyans Every Wednesday Contact jlklein@comcast.net

- | | | |
|-------------|---------------|---|
| July 1: | 10:00am | Shabbat Service |
| July 3 & 4: | Office closed | |
| July 9: | 11:00am | Welcome Brunch for Rabbi Marc & Valerie on the Patio – rsvp by July 3 |
| July 15: | 10:00am | Shabbat Service |
| July 26: | 8:00pm | Erev Tisha B'Av at the home of Rabbi Marc and Valerie |
| July 28: | 6:00pm | Family Shabbat & BBQ – rsvp by July 21 st |



Sunday July 9 at 11:00am
Welcome Brunch for
Rabbi Marc Philippe & Valerie
To RSVP by noon July 3



Email office@templeisraelmhf.org or call 603. 622. 6171