## NATURAL TOUCH CONTOUR CONSENT FORM

Client Name:	Today's Date:
	Telephone Number:
Address:	
Email:	
What area is your focus for treatment?	
How did you hear about us?	

Marketing: Do you consent to before and after pictures for marketing and advertising purposes? (Your face will not be shown) Yes or No

Body contour increases flow of both the lymphatic and circulatory systems, and it also helps with cleaning of the tissues. The main use of body contouring treatment is inch loss, diminishing of cellulite and tightening of the skin.

Typically 6-10 treatments are recommended, spaced 3 days apart for optimal results. Treatment and Results vary by client, for best results follow your before and aftercare.

Natural Touch Contour uses all non-invasive treatments such as Ultrasonic Cavitation, Laser Lipo Pads, RF Skin Tightening, Vacuum Therapy, Sauna Detox Blanket, EMS Sculpting, Vibration Plate & More.

## **Before and Aftercare**

Very Important: Drinking water is a necessary part of the treatment to facilitate the elimination of broken-down cellulite/fat deposits. If you do not drink water you will not obtain results.

- Drink plenty of water, at least 3 liters daily.
- Starting to drink water 2 days prior to your first appointment will aid faster results.
- Cut down Sugars and Sodium Intake.
- Do not drink alcohol on the day of the treatment and within the first 72 hours after.
- Do some light exercise to elevate your heart rate for at least 20 minutes after the treatment to stimulate lymph movement.
- Wearing a Body Shaper/Faja, this helps contour the body.

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### **Medical Background History**

<ul> <li>Pregnant or breastfeeding</li> </ul>	Yes / No
<ul> <li>Heart problems or diseases</li> </ul>	Yes / No
<ul> <li>High or Low blood pressure with circulator problems</li> </ul>	Yes / No
<ul> <li>Do you have any kind of Tumor, Cancer or undergo any kind of Cancer Treatment</li> </ul>	Yes / No
<ul> <li>Kidney damage, diseases or problems</li> </ul>	Yes / No
<ul> <li>Liver damage, diseases or problems</li> </ul>	Yes / No
Diabetes	Yes / No
<ul> <li>Acute inflammatory processes</li> </ul>	Yes / No
<ul> <li>Hemorrhagic disease, trauma or internal bleeding</li> </ul>	Yes / No
<ul> <li>Medical plastic parts or parts with metal inside (IUD, Metal Plate Etc)</li> </ul>	Yes / No
<ul> <li>Abnormal immune system</li> </ul>	Yes / No
<ul> <li>Numb or insensitive to heat</li> </ul>	Yes / No
<ul> <li>Any type of Infection</li> </ul>	Yes / No
<ul> <li>Skin conditions such as eczema, dermatitis, or rashes</li> </ul>	Yes / No
<ul> <li>Active implanted device such as pacemaker or defibrillator</li> </ul>	Yes / No
<ul> <li>Do you have any other medical condition not listed</li> <li>If Yes, please list:</li></ul>	Yes / No

#### If you are on your Menstrual period please do not schedule a treatment session during that time.

If you should answer "yes" to any of the above listed questions you may **not** be a good candidate for these services. Please speak with your medical provider for a release to have services before booking any service with Natural Touch Contour. You must bring a doctor's note for approval before we can treat you.

There are virtually no side effects. However, on rare occasions there may be a slight possibility of mild side effects such as transient redness, excessive thirst, or nausea immediately after the treatment which is invariably resolved by drinking water. These are all short-term effects that disappear in a few hours.

The benefits and potential side effects associated with the ultrasonic cavitation, non invasive laser lipo, wood therapy, vacuum therapy butt lift/breast enhancer, sauna detox and radio frequency procedure have been explained to me in detail. I have read the information above and answered in truth and give my consent to be treated with all services.

### Natural Touch Contour Terms of Acceptance

**Cancellation Policy:** If there is a need to cancel for any reason, we ask for a 24 hour notice. Please understand that when you cancel or no show for an appointment, it is a cost to NTC. If you cannot provide us with 24 hours notice, we will impose the following fees: "No Show" Loss of that treatment session in your package & "Same Day" will be a \$25.00 charge before your next scheduled treatment.

**Services to be provided (varies):** Wood Therapy, Vacuum Therapy, Ultrasound Cavitation, Radio Frequency Skin Tightening, Non Invasive Laser Lipo Pads, Cellulite Vibration Massager, Sauna Detox Blanket, Infrared Red Light Therapy, Vibration Plate, Vacuum Therapy Butt and Breast Enhancement.

Waiver & Release of Liability: I understand that I will be treated by use of 6 in 1 40k Cavitation Machine, Vacuum Cupping Machine, Sauna Blanket, Cellulite Vibration Massager, Wood Therapy, Vibration Plate, Electric Muscle Stimulation Slimming Machine, Sweat and Hot Creams provided by Natural Touch Contour at my own risk. Should I sustain an injury while using the equipment or treatment, I agree to not hold Natural Touch Contour responsible. Client agrees to indemnify, hold harmless and release Natural Touch Contour, its agents, employees, officers, directors, representatives, assigns, members, affiliated organizations, and insurers, and others acting on the Company's behalf, of all claims, demands, causes of action, and legal liability, whether the same be known or unknown, anticipated or unanticipated, and further agrees that except in the events of the Company's gross negligence or willful and wanton misconduct, no claims, demands, legal actions and causes of action, shall be made against the Company for any economic and non-economic losses of any kind.

**Refund Policy:** I understand and acknowledge that payments for all services are non- refundable. By my signature below, I certify that I have read and understand the contents of the Terms of Acceptance for Natural Touch Contour. I further agree to provide Natural Touch Contour 24- hour notice of a cancellation or change in appointment time, or I will forfeit a treatment off my package since treatments are by appointment only. There are no refunds if I decide to stop treatments.

Print Name

Signature

Date