



Mitchell Foods, Inc.

80 Mitchell foods Lane - PO Box 1239
Barbourville, Kentucky 40906-5239
Phone 606-545-6677 ~ Fax 859-286-6885
Email: sales@mitchellfoods.com



www.mitchellfoods.com

Quality Food Products for the Foodservice Industry

Beef Rib Eye Steak "Blade Tenderized" * 40/4 oz Portion *

Item Number:	10050	Packaging:	Poly Lined Box wax paper layer
UPC Number:	740909100509	Case Dimensions:	16x11.75x3.4
Portion Size:	4 oz	Case Cube:	0.37
Portion Count:	40 Pieces	Pallet Ti x Hi	10 x 10
Net Case Weight:	10.00 lbs	Handling:	Frozen
		Shelf Life Frozen:	8 Months

Coated with a solution containing Water, Salt, Dextrose, Hydrolyzed corn protein, Papain, and Spice Extractives. Tenderized with a solution of water and Papain.

COOKING INSTRUCTIONS: COOK FROM FROZEN

Cook on either flat top grill or on a charcoal grill. Cook to an internal temperature of 165°F.

Nutrition Facts	
Portion Size	113 g
Amount Per Portion	
Calories	184
% Daily Value *	
Total Fat 11g	14 %
Saturated Fat 4.1g	20 %
Cholesterol 65mg **	22 %
Sodium 261mg	11 %
Total Carbohydrate 1.7g	1 %
Dietary Fiber 0g	0 %
Sugar 0.2g	
Protein 20g	40 %
Vitamin D 0.1mcg	0 %
Calcium 6.7mg	1 %
Iron 2.7mg	15 %
Potassium 364mg	8 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
** Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

