



Mitchell Foods, Inc.

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Quality Food Products for the Foodservice Industry

Beef Rib Eye Steak "Blade Tenderized" * 10/8 oz Portion *

Item Number:	15020	Packaging:	Poly Lined Box wax paper layer
UPC Number:	740909150207	Case Dimensions:	12.25x7.75x3
Portion Size:	8 oz	Case Cube:	0.16
Portion Count:	10 Pieces	Pallet Ti x Hi	18 x 11
Net Case Weight:	5.00 lbs	Handling:	Frozen
		Shelf Life Frozen:	8 Months

Coated with a solution containing Water, Salt, Dextrose, Hydrolyzed corn protein, Papain, and Natural Flavor (Spice Extractives), Sodium Acetate. Tenderized with a solution of water and Papain.

COOKING INSTRUCTIONS: COOK FROM FROZEN

Preheat lightly oiled skillet or grill to medium high heat. Add steak portions; cook and turn until done through. The steaks are done when they reach an internal temperature of 165 degrees F (74 degrees C). Do not overcook.

Nutrition Facts	
Portion Size	227 g
Amount Per Portion	
Calories	372
% Daily Value *	
Total Fat 22g	28 %
Saturated Fat 8.4g	42 %
Cholesterol 132mg **	44 %
Sodium 507mg	22 %
Total Carbohydrate 3.5g	1 %
Dietary Fiber 0g	0 %
Sugar 0.3g	
Protein 41g	82 %
Vitamin D 0.2mcg	1 %
Calcium 13mg	1 %
Iron 5.4mg	30 %
Potassium 734mg	16 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
** Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

