



Mitchell Foods, Inc.

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Quality Food Products for the Foodservice Industry

Beef Rib Eye Steak "Blade Tenderized" * 14/6 oz Portion *

Item Number:	15030	Packaging:	Poly Lined Box wax paper layer
UPC Number:	740909150306	Case Dimensions:	12.25x7.75x3
Portion Size:	6 oz	Case Cube:	0.16
Portion Count:	14 Pieces	Pallet Ti x Hi	18 x 11
Net Case Weight:	5.25 lbs	Handling:	Frozen
		Shelf Life Frozen:	8 Months

Coated with a solution containing Water, Salt, Dextrose, Hydrolyzed corn protein, Papain, and Spice Extractives. Tenderized with a solution of water and Papain.

COOKING INSTRUCTIONS: COOK FROM FROZEN

Cook on either flat top grill or on a charcoal grill. Cook to an internal temperature of 165°F.

Nutrition Facts	
Portion Size	170 g
Amount Per Portion	
Calories	278
% Daily Value *	
Total Fat 16g	21 %
Saturated Fat 6.3g	32 %
Cholesterol 98mg **	33 %
Sodium 387mg	17 %
Total Carbohydrate 2.6g	1 %
Dietary Fiber 0g	0 %
Sugar 0.2g	
Protein 30g	60 %
Vitamin D 0.2mcg	1 %
Calcium 10mg	1 %
Iron 4.1mg	23 %
Potassium 549mg	12 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
** Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

