

## Mitchell Foods, Inc.

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Quality Food Products for the Foodservice Industry

www.mitchellfoods.com

## Beef Rib Eye Steak "Blade Tenderized"

\* 20/4 oz Portion \*

Item Number:	15050	Packaging:	Poly Lined Box wax paper layer
<b>UPC Number:</b>	740909150504	Case Dimensions:	12.25x7.75x3
Portion Size:	4 oz	Case Cube:	0.16
Portion Count:	20 Pieces	Pallet Ti x Hi	18 x 11
Net Case Weight:	5.00 lbs	Handling:	Frozen
		Shelf Life Frozen:	8 Months

Coated with a solution containing Water, Salt, Dextrose, Hydrolyzed corn protein, Papain, and Spice Extractives. Tenderized with a solution of water and Papain.

## **COOKING INSTRUCTIONS: COOK FROM FROZEN**

Cook on either flat top grill or on a charcoal grill. Cook to an internal temperature of 165'F.

Nutrition Facts		
Portion Size	113 g	
Amount Per Portion  Calories	184	
	% Daily Value *	
Total Fat 11g	14 %	
Saturated Fat 4.1g	20 %	
Cholesterol 65mg **	22 %	
Sodium 261mg	11 %	
Total Carbohydrate 1.7g	1 %	
Dietary Fiber 0g	0 %	
Sugar 0.2g		
Protein 20g	40 %	
Vitamin D 0.1mcg	0 %	
Calcium 6.7mg	1 %	
Iron 2.7mg	15 %	
Potassium 364mg	8 %	

- \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.





