



Mitchell Foods, Inc.

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Quality Food Products for the Foodservice Industry

www.mitchellfoods.com

Boneless Pork Loin Cutlet “Sliced and Cubed” * 30/5.33 oz Portion *

Item Number:	20000	Packaging:	Poly Lined Box wax paper layer
UPC Number:	740909200001	Case Dimensions:	16x11.75x3.4
Portion Size:	5.33 oz	Case Cube:	0.37
Portion Count:	30 Pieces	Pallet Ti x Hi	10 x 10
Net Case Weight:	10.00 lbs	Handling:	Frozen
		Shelf Life Frozen:	8 Months

Coated with a solution containing Water, Salt, Dextrose, Hydrolyzed corn protein, Spice Extractives. Tenderized with a solution of water and Papain.

COOKING INSTRUCTIONS: COOK FROM FROZEN

Preheat lightly oiled skillet or grill to medium high heat. Add Pork loin portions; cook and turn until done through. The chops are done when they reach an internal temperature of 160 degrees F (70 degrees C). Do not overcook.

Nutrition Facts	
Portion Size	149 g
Amount Per Portion	265
Calories	% Daily Value *
Total Fat 17g	22 %
Saturated Fat 5.8g	29 %
Cholesterol 83mg **	28 %
Sodium 299mg	13 %
Total Carbohydrate 0.5g	0 %
Dietary Fiber 0g	0 %
Sugar 0.4g	
Protein 26g	52 %
Vitamin D 0.7mcg	4 %
Calcium 25mg	2 %
Iron 1.1mg	6 %
Potassium 471mg	10 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
 ** Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.

