



# Mitchell Foods, Inc.

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*Quality Food Products for the Foodservice Industry*

## Boneless Pork Loin Cutlet “Sliced and Cubed” \* 80/2 oz Portions \*

Item Number:	20030	Packaging:	Poly Lined Box wax paper layer
UPC Number:	740909200308	Case Dimensions:	16x11.75x3.4
Portion Size:	2 oz	Case Cube:	0.37
Portion Count:	80 Pieces	Pallet Ti x Hi	10 x 10
Net Case Weight:	10.00 lbs	Handling:	Frozen
		Shelf Life Frozen:	8 Months

Coated with a solution containing Water, Salt, Dextrose, Hydrolyzed corn protein, Spice Extractives. Tenderized with a solution of water and Papain.

### COOKING INSTRUCTIONS: COOK FROM FROZEN

Preheat lightly oiled skillet or grill to medium high heat. Add Pork loin portions; cook and turn until done through. The chops are done when they reach an internal temperature of 160 degrees F (70 degrees C). Do not overcook.

### Nutrition Facts

Serving Size 56g  
 Servings per container 80

Amount Per Serving	
Calories 110	Calories from Fat 66
% Daily Value*	
<b>Total Fat</b> 7g	11%
Saturated Fat 3g	13%
Trans Fat 0g	
<b>Cholesterol</b> 31mg	10%
<b>Sodium</b> 87mg	4%
<b>Total Carbohydrate</b> 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
<b>Protein</b> 10g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Fiber		25g	30g

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

