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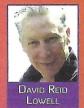




























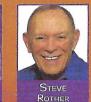












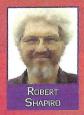














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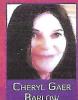


















Amanda





INCLUDES 2023 LIGHT TECHNOLOGY PUBLISHING CATALOG

time to absorb the ancient wisdom of the oak. As you sit beneath the oak tree, observe acorns spread at the base of the tree. Within the tiny acorn is the potential for a gigantic tree.

Self-empowerment suggestion to welcome in 2023: Take a moment to imagine you are holding an acorn. Breathe into this seed your intentions for moving into 2023. Now with the oak tree as your witness, dig a hole in the rich soil, and plant your acorn filled with your intentions, dreams, and desires. Breathe into your feet, and ground yourself into your body as you prepare to step forward.

Empowerment prayer: "Grandmother Oak, I ask for your support as I venture into 2023. Hear my prayers as I softly whisper them. Receive my intentions, dreams, and desires, and support me to bring them to fruition."

I am Merlin, and I remind you to embrace the magic and wonder of life.

Therese Dorer lives in British Columbia, Canada. As a spiritual consultant for twenty years, her gifts include clairvoyance, mediumship and shamanic healing. Therese loves teaching others about the power of earth-based medicine and feels honored to connect with the masters who come to her with words of wisdom. To learn more about her practice, visit her website at CrystalClearInsights.ca.

Choice Points, Turning Points, and Tipping Points

The Lion People through Ellyn Dye

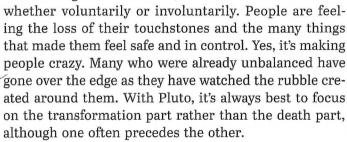
There's been "a whole lot of shakin' going on," and it's not over yet. In case you've forgotten, Pluto, the planet of death and transformation, has been throwing its wrecking ball against everything that is corrupt, unsustainable, or without a solid foundation, including governments, institutions, systems (such as health care and the economy), infrastructure, and organizations.

This is not new. It started when Pluto entered Capricorn in 2008 (when the economy crashed) and is reaching a crescendo now as it prepares to slowly trudge out of Capricorn and into Aquarius in March 2023. It won't be completely done with its job in March, though, because it will roll back into Capricorn in June 2023 to review its work and smash anything it might have missed before moving again into Aquarius in January 2024. It will then stay in Aquarius until January 2044 — yes, 2044 — to tackle everything ruled by that sign.

This is a natural, normal process, but the Pluto in Capricorn transit only happens about every 248 years, so no one alive today had any experience with it or any idea what to expect. Now everyone knows.

Even though the entire world is experiencing this transit, the United States is experiencing it on steroids. Pluto was in this same position when the United States was founded, and in essence, it has been breaking down or shining a harsh light on everything that does not live up to the ideals of the Founding Fathers since then. Everything is up to be reviewed, revised, restructured, replaced, and rebuilt. This process is obvious in the chaos in the U.S., particularly in the past five to ten years.

This transit has not been easy. Everyone has had to make changes in their lives,





The good news is that although this process isn't over yet, humanity has, in fact, reached a turning point. Whether at the ballot box, in the streets, or simply in the collective unconscious, the old ways of doing things — supporting the wealthy at the expense of the masses, toxic work places and relationships, toxic hierarchies and abuses of power, and wealth disparity — are no longer acceptable. People around the world are taking back their power and refusing to go along. That is very good news, even if these decisions and actions make people feel as if they are walking down a steep hill on loose gravel with no idea where they are headed or whether they will fall along the way. The key is that important choices and decisions are being made.

Unfortunately, a massive "cleanup on aisle nine" (or maybe several cleanups on several aisles) needs to take place, but that's still progress, because the cleanup can



finally commence. As with any major remodeling project, a lot of demolition and unexpected problems have come up in the process, but in 2023, the dust is starting to settle, and almost all the problems have been laid bare. People are adjusting their beliefs and expectations about this giant project, and plans are being made to address those problems, prevent them in the future, and create a solid foundation going forward. Efforts to remove the rubble have started.

In the midst of all this, cultivating discernment is extremely important. The culture wars have escalated, along with disinformation and misinformation by those who fear the loss of their power, to halt or at least slow the process. Be careful where you get your information and what you believe — and then take it all with a grain of salt — to avoid being manipulated or deceived. If you are looking for someone to show you the way, many people will step up to claim that position, whether they know the way or not. Just as when you do a massive remodel, you want to hire a plumber who is bonded, licensed, and has many five-star reviews.

Resistance Is Causing Delays

"Old habits die hard" is putting it mildly, because the one thing almost all human beings can agree on is the desire to resist change and to cling desperately to the old, no matter how unsustainable, unfair, nasty, or toxic it might be. As everyone has likely learned by now, resistance is painful and futile.

The old paradigm — and the old power structure will not "go gently into that good night." There will be a lot of kicking and screaming in the forms of corruption, deceit, outright lying, draconian rules and laws enacted, and possibly violent rage and hostility. In their fear of change and loss — of status, power, wealth, control, perceived superiority, and even way of life - many are making last-ditch, desperate attempts to roll back the clock, even to the past century, to times they idealize and perceive as having been more beneficial to them.

There's no going back; the toothpaste cannot be put back into the tube. It will take time for some people to realize that their party is over. Bullying, blustering, and raging will continue and possibly escalate in some quarters into 2023 until the people resorting to those behaviors finally realize their actions will not get them what they want. What you are seeing is the last hurrah of a slowly dying paradigm. That's a good thing. Time marches on, whether you join the parade or not.

The Winds of Change Are Blowing

Bob Dylan sang it in the 1960s: "You don't need a weatherman to know which way the wind blows." This is just as true in 2023. Linear time, evolution, and progress only flow one way, and that is forward. As the old paradigm - perfected through 2,600 years of the Piscean Age — crumbles, echoes of past moments of drama and trauma will continue to rise up in the collective unconscious for reassessment of those past energies and actions and for decisions about whether they should be carried along into the new. Echoes of the American Revolution, the American Civil War, and World War II have risen to consciousness for humanity to sort through the collective memories and traumas to heal, release, and move forward. For the most part, humanity has been horrified and has chosen to leave authoritarianism and aggression behind.

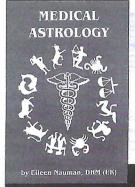
Be aware that there is always backlash and resistance to change, so there is always a zigzag as large expansions are inevitably followed by contractions. Also know that the expansion always far surpasses the contraction.

Waiting Is the Hardest Part

How much longer does humanity have to wait? As with everything else, it depends on each person and the choices he or she makes. The world is being created anew in every moment by all these choices. Those in the higher-vibration realms are watching with great attention and curiosity to see what humanity chooses next.

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Will you choose to continue down the path of hierarchy, authoritarianism, aggression, and abuse of power, or will you choose the new path of more love and acceptance that is now barely discernible but very enticing? Many choices are to be made, and it behooves everyone to be acutely aware of the conscious and unconscious choices they make in every moment. The very world rests in those choices.

Even though it might not be obvious, humanity has already made important choices and reached important turning points. The tipping points are coming. The latest contraction is almost over as humanity begins to move forward again toward more acceptance, compassion, respect, collaboration, integrity, and freedom (with personal responsibility). As this happens, you will create more governments, institutions, systems, and organizations that serve the many rather than the few and protect those who are weakest.

More stops-then-starts and two-stepsforward, one-step-back will continue in 2023, but if you look closely, you will see that progress is definitely being made. Big changes have been made and will continue to be made around the world as old ways die out or are rejected outright.

Resistance, as always, is the wildcard. Much depends on how many people cling desperately (and possibly violently) to the past, how strongly they cling, and for how long. While tensions will ease throughout the year, random, localized events of violent acting out will likely continue as well. These will slowly cease during 2023, but take heed and take precautions to stay safe. While pockets of people here and there will continue to resist the increasing and inevitable changes, humanity can still move ahead on many fronts, such as changes in government, education, technology, labor and the economy, and medicine and health care.

Stay in Your Heart

Even though the world might look like a giant dumpster fire, be confident that the fire will burn down to embers, and humanity will rise from its ashes like the phoenix. In the coming year, if you look for evidence of progress — and light at the end of the tunnel — you will find more than you expect. You have already seen huge shifts and changes in the world. Use those changes as examples of more to come. Keep your eye on the good in the world and the good in people, rather than the bad, and embrace everything with as much love and acceptance as you can.

Embrace and assist the changes by staying present, keeping your vibration as high as possible, and living life simply and through your heart. Stay in balance, practice random acts of kindness, respect others — even those who violently disagree with you - and have compas-

sion for those who act badly, because they are experiencing intense fear and des-

> peration. You have all been there at some point in your life. Know in your heart that everything is moving in the right direction, and do your best to walk through these still-unsettledand-challenging times with grace and compassion.

Relieve yourself of the burden of solving the world's problems. That was never your job, and it wouldn't be possible, anyway. That idea only feeds the ego and leads to disempowerment, burnout, and despair. Instead, withdraw a bit from the sturm und drang on the world stage — which is only the last feeble clash between the old paradigm and the new and allow yourself to breathe and rest in a calm oasis of your making. The world will deal with itself, and you can choose from time to time to take actions, or not, as you see fit. Create that oasis for yourself. Stay in your heart, stand in your integrity, and always try to do the right thing. Do that and you cannot fail.

Your Efforts Have Paid Off

For those who came first to assist with this great shift and transformation of humanity, holding the space for that shift has been long and hard and often heartbreaking. As you did the hard work of healing and moving into self-love, you charted a course for those who would come behind. Like scouts who forge ahead, chopping through dense forest and undergrowth to create a trail for others to follow, it might seem like it has been a lifetime of hard work with no support, acknowledgment, or reward. Now you must wait for the others to start moving and catch up.

Many are so weary that they lost hope and despaired that the shift would never happen, that meaningful change would never come, and that all their hard work was for nothing. But look again. It is a job well done, and you can acknowledge and be proud of your efforts and the fact that you never gave up in the face of so much hardship.

The promised land for all is just over the horizon (over the next ten years or so), and the vast majority of humanity is now walking (or stumbling and maybe kicking and screaming) along that path you so painstakingly helped to create. When you tripped over rocks, you moved them aside so that others might avoid that pain. And because you created that path with great love, you also provided road signs, food, water, shelter, and rest stops along the way for this long, hard journey that everyone must make. Your efforts have provided people with the possibility of much more comfort and ease on their journeys than you experienced. You will shake your head in disbelief when you realize it is still a very hard path for many.

Please remember that only the strongest, bravest,

and most resolute of souls were selected to perform that service, to forge that path, and you have done your job magnificently against tremendous odds and in the face of great hardship and pain. Those in the higher realms have watched, cheered, and assisted you with great pride, and your praises truly will be sung across the universe for eons.

Ellyn Dye is a vibrational catalyst, motivational speaker, Reconnective Healing practitioner, and an author and intuitive coach. A near-death experience in 1985 expanded her psychic abilities and created an ongoing connection with some very loving and humorous guardians of humanity, the Lion People. Ellyn publishes a free email newsletter, Tunnel Vision, and she is the author of The Search for the Crystal Key, a metaphysical fantasy novel. Learn more at LionMagic.com.

How to Not Lose Your Way

Angel Raphael through Adria Estribou

Looking ahead, the year 2023 appears almost as if humankind is stepping back into primal instincts and losing its way. What do we say to beings who are about to lose their way? We could say, "Be afraid; you're going to lose your way," or we could say, "Each circumstance in your life brings you closer to your destination." For example, say you're walking toward China when you had meant to go to Japan. You will eventually come to the other side of the globe again and reach Japan. Even if the steps you take on a new journey seem to be leading you farther away to lands unknown, you will eventually get to the destination you desire.

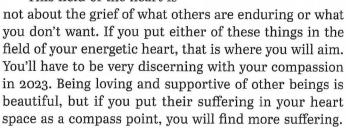
Many teachers have said that wandering is part of the field, that the path itself is the journey, the love, the growth. That's not exactly what we're saying here. We're saying that if you walk in any one direction long enough, you will reach your destination. Any effort, action, or movement you take brings you toward what you seek. If what you have in your heart is what you want, you cannot walk in one direction and end up farther away from your goal. If what you have in your heart is what you don't want, then you can walk farther away from the thing you think you're pointed toward.

In 2023, more than ever, it's very important to know what you want, in your heart space. It's not important that you know in a mental, cerebral sense how to get there, when it's going to happen, or how it will happen. It's important to know the "what" of what you want, not the "how." Keep that as your focal point — not as an obsession but as a compass point. If you don't want to lose your way in this difficult year, it's important that you remember to keep the field of your heart clear

except for those things you want.

Compassionate Discernment

This field of the heart is



You will have many opportunities to assist and grow with others, but be careful of a false sense of compassion that says, "If others suffer, I must suffer with them, and then I'm a good human," or "If others suffer, I should pay attention to that day in and day out, and then I'm a good human."

If you see someone suffering and you are rested and well, you have the resources to help, and you are able to help energetically or materially, that is being a good human. Balancing the urge and pragmatic ability to aid others with a hyper-focus on suffering is an important dance of discernment. We want to be clear here that we are not talking about not helping others. We're talking about not focusing on the suffering.

To give an example, let's say that people in a particular area are suffering because of a drought and lack of food. Give those people food if you can, but don't focus on their suffering. Focus on your love for them or their love for life. While being in your heart space, ask,

