

from the Oracle of Delphi in ancient Greece, to his holiness the 14th Dalai Lama who used the Nechung Oracle to predict the Chinese invasion of Tibet and to guide the spiritual and political leader of Tibet to safety.

Dossey documents (with appropriate appendices) premonitions of ordinary people to Nobel Prize winning scientists, giving precise and concrete facts. He spends some time on those who had premonitions of the events of 9/11, including visionary artist Alex Grey. His painting "Gaia" was painted in 1989 and depicts two planes flying over the World Trade Center buildings set in a polluted ravaged landscape. ("Gaia" was used as the cover art on *Pathways* magazine's 2001 winter issue.) In another case, cover art for the CD *Party Music* by the alternative hip-hop group "The Coup" shows the WTC Twin Towers detonating. This jacket was also designed before 9/11.

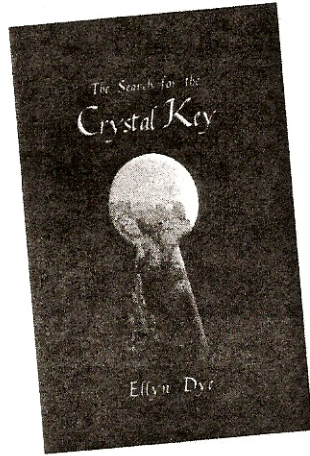
From scientific studies on animals, Dossey even recounts premonitions in animals, observing the behavior of dolphins, birds and lizards before earthquakes, floods and tsunamis. He also documents a dream Sigmund Freud had of a patient with a big white patch in her mouth and "an extensive whitish grey scab." Although Freud knew that substitution commonly occurred in dreams, he, in some convoluted way, assigned sexual fantasies to the dream and recommended that the cure for that patient was sexual intercourse. In 1923 oral surgeons removed a whitish lesion from Freud's mouth like the one he had dreamed about. He later died from oral cancer.

Dr. Dossey "is a leader in bringing scientific understanding to spirituality and alternative medicine, and an international advocate for the role of the mind and spirituality in health." *The Power of Premonition* is extensively well documented and researched, and a welcome addition to anyone's bookshelf. This is a must read, not-to-be missed book.

**The Search for the Crystal Key**  
Ellyn Dye  
Blue Lion Press; 195 pages  
ISBN: 9780615235530

Ellyn Dye is a local area writer who lives in Silver Spring, Maryland. She has studied metaphysics for over thirty years, and this is her first book, written for "Indigo Children of all ages, you know who you are." But to label this book as a "children's book" is a misnomer. Although seen through the eyes of the 13-year-old heroine Frankie Maxwell, the lessons are universal.

*The Search for the Crystal Key* is a tale of adventure and fantasy that takes place in a magical land called Alaris. Frankie has a startlingly real dream of a woman warrior riding a silver unicorn. This woman bears a striking resemblance to her Aunt Cassie who has been plagued by a mysterious illness for a long time. Frankie's father says Aunt Cassie "isn't all here." Frankie begins to feel that her dream and Aunt Cassie's strange story and illness are somehow linked.



Frankie finds that Aunt Cassie really isn't all here. Part of Cassie is locked in a crystal in the parallel world of Alaris, where she did ride a silver unicorn and was chased by a wicked warrior queen wishing her dead. But Aunt Cassie was also trying to find the door between the two worlds so she could return home.

Frankie falls through a "dimensional portal" to Alaris and all her exciting adventures center around retrieving the magical crystal to make Aunt Cassie whole again. She also needs to return to earth and not stay stranded in a parallel universe. To do so, Frankie enlists the help of a cranky unicorn, a wise woman, a wizard and another young girl. Their journey is spunky, thrilling and fun to follow.

*Crystal Key* is a quest adventure that tells us to trust our inner intuition. The story is interwoven with timeless spiritual principles—trust, faith and imaging and knowing that everything will turn out right even in the face of great difficulty and danger. These spiritual truths are present without being preachy, and without us even knowing. This is a good read and a welcome treat for the holidays all ages will enjoy.

*Sonia Subaran is a simple student of metaphysics and a sometime writer. She lives between Beltsville and Takoma Park.*



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