



What to Bring to Wollangarra

Wollangarra has a well-stocked gear store of donated, op-shopped or fundraised-for second-hand and solid hiking gear. We operate with the ethos that young people should be able to be kitted-out to safely head into the mountains, no matter what financial background they come from. Please try and pack everything on this list, however, if you can't we can provide a lot of it. Everything you pack you will be carrying into Wollangarra (about 2kms) – We strongly recommend **only** bringing what you need and packing into a back-pack or duffel bag rather than a suitcase. Op-shops are great for obtaining most of these items below, if you do not already own them, or can't borrow them.

Needed:

- 1 x Pairs of shorts. – *to hike in*
- 1 x Long sleeve shirt with a collar. – *an old workshirt is perfect*
- 2 x T-shirts
- 3 x Pairs of socks - *for hiking so thick wool/wool blend sock are best.*
- 4 x Sets of underwear.
- 1 x Closed toe shoes – *hiking boots if you have them, otherwise sneakers*
- 1 x Water shoes (old trainers fine) *must also be closed toe*
- 1 x Towel and swimmers
- Torch and spare batteries.
- Basic toiletries – *toothbrush, toothpaste, bar of soap, tampons, pads, etc.*
- Wide brimmed hat - *not a baseball cap.*
- Sunscreen. – *we send some out in group gear if you do not want to bring your own.*
- Personal medications - *e.g. asthma puffer, allergy medication etc.*
- Pair of swimmers – *all year round. You never know!*
- Money to buy lunch on the first and last days - *if on a school course, check with school if this applies to you.* Roll of Sports Tape – **only** *if you have any existing knee or ankle injuries that may require taping.*

Optional:

Wollangarra supplies all of these, but you may bring your own if you have them - we will check if they are suitable to keep you safe in the mountains. Please don't buy specifically for the program.

- Long pants – *polarfleece, quick dry or Wool are best.*
- Woolen jumper
- Hiking boots - *worn in with good ankle support*
- Thermal pants and Thermal long-sleeve top – **ONLY** *polypropylene or merino wool. No cotton.*
- Rain jacket – *Thick, gortex or similar*
- Sleeping Bag with a -5°C rating or better– *Wollangarra provides sleeping bags suitable for out on hike and back at the Homestead.* - Inner sheet
- Sleeping mat
- Hiking backpack - *must be a specific hiking backpack and at least a 75 litre capacity.*
- Beanie
- Emergency whistle

A camera and a journal are great to bring along too. Just make sure you waterproof them.

If you do bring your own equipment we will check its suitability for the hike, and reserve the right to insist that you use Wollangarra equipment if we feel it is safer or better suited. Please do not bring tents.

You are financially responsible for the loss or deliberate damage of all Wollangarra equipment and property, so please treat it well.

Please **DO NOT** Bring:

- Lollies and junk food.
- All personal music players e.g. iPods.
- Hairdryers
- Valuables - damage or loss is possible
- Single use items such as hand warmers, wet wipes
- Knives and weapons including pocket knives.
- Make-up and aerosol spray deodorant.
- Cigarettes - smoking cigarettes whilst at Wollangarra will result in you being immediately sent home at your parent/guardian expense

Wollangarra offers a unique chance to be away from all of these things, to enjoy a week of living simply and healthily as part of a small community without modern technology.

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