

EASTVIEW WRESTLING

KAIZEN

Career Records

Falls	
Alex Lindstrom	'17 161
A. Follen	'11 83
J. Rubino	'14 75

Team Points	
Alex Lindstrom	'17 224
A. Follen	'11 227
J. Rubino	'14 275

Reversals	
A. Follen	'11 81
B. Moran	'11 52
Alex Lindstrom	'17 44

Newalls	
Alex Lindstrom	'17 151
B. Moran	'11 168
Alex Lindstrom	'17 168

Season Records

Wins	
Ronan Elliott	'22 41
Luke Dodd	'18 40
A. Lindstrom	'17 43

Falls	
A. Follen	'11 25
K. Kiser	'12 25
E. Eusterman	'11 25

Takedowns	
Alex Lindstrom	'17 151
B. Moran	'11 168
Alex Lindstrom	'17 168

Reversals	
J. Wabbing	'12 41
K. Wabbing	'12 38
Colin Dunge	'18 37



2022-2023

eastviewwrestling.com

Eastview High School



QUICK FACTS

- Established in 1997
- 2100 students in grades 9-12
- Distinguished as one of "America's Best High Schools" by *Newsweek*, *US News and World Report* and by the *Washington Post*
- State of the art digital classrooms
- All 9th and 10th graders are members of interdisciplinary learning teams
- 4:1 student to computer ratio
- iPad initiative fully by 2016
- Learning Commons with digital library research capabilities
- Fully equipped and Emmy winning Television Studio and digital editing suites
- 650 seat Performing Arts Center with a fly loft and scene shop
- 4,500 square foot fitness center
- 200 acres of playing fields, recreational facilities and two turf field competition stadiums
- District 196 encompasses 110 square miles
- Over 110 programs offered in performing arts, athletics, and activities
- More than 80% of students involved in activities

Eastview Administration



Bruce Miller
Principal



Jodi Hanson
Assistant
Principal



Rob Franchino
Assistant
Principal



Matt Percival
Assistant
Principal



Kurt Habeck
Administrator



Hussein Arrale
Administrator



Eastview Twitter
[@evhsathletics](https://twitter.com/evhsathletics)



Eastview Facebook
[facebook.com/
EastviewHighSchool](https://facebook.com/EastviewHighSchool)

A Message from the President Eastview Wrestling Boosters

Welcome to the Eastview wrestling 2022-2023 season. Our season motto is Kaizen, which means continuous improvement. Our wrestlers do just that, they continue to improve every day. Each one wrestles as an individual but compete as a team and create positive energy for the entire season.

My sincere gratitude goes towards the parents who have volunteered to serve on the 2022-2023 EVWB which provides assistance to the wrestling program however needed. Also, a huge thank you to the people that have volunteered your time in helping our program run smooth. Thank you all for your part in supporting Eastview Wrestling.

Thank you to the coaches that take time away from their families to work with our wrestlers to help them continuously improve as wrestlers and as people. Thank you as well to our wrestlers that put forth so much effort in preparing for your matches.

Huge thank you to the sponsors that make this program possible. Without your support, we wouldn't have some of opportunities we have.

I have been an EVWB for several years and it has been an amazing opportunity. We've met amazing people throughout our time serving on the board. If you would like to become a member of the Eastview Wrestling Boosters (EVWB) we meet once a month. If you'd like more information on volunteer opportunities or becoming a board member, please contact us at eastviewwrestlingboosters@gmail.com

Good luck to all the wrestlers on creating a successful season.

Go Lightning!

— Angie Formaneck

EV Wrestling Board of Directors

President Angie Formaneck
 VP Marketing/Communications
 VP of Operations Michael & Lisa Schmidt
 Treasurer Melissa & Ben Bauer
 Secretary Shannon Frost
 Concessions Coordinators Kortney Columbus,
 Kristin Wagner
 Assistant Coordinator Angie Formaneck
 ThunderBolts Liaison Mike Hogan
 EVAA Liaison Travis Lee
 EVHS Head Coach Nick Fornicoia

Grade Representatives

Upperclass Rep. Gina & Pat Enderlein
 Underclass Rep. Kristi & Loren Myers
 Alumni Committee Chair Geeta K, Stewart,
 Lindstrom

Wrestling Website

www.eastviewwrestling.com



Wrestling Twitter
[@EVwrestling](https://twitter.com/EVwrestling)



Wrestling Facebook

[www.Facebook.com/
Eastviewwrestlingboosterclub/](https://www.Facebook.com/Eastviewwrestlingboosterclub/)

This program is sponsored by the Eastview Wrestling Boosters.



Kaizen: Continuous Improvement

2022-2023 Eastview Wrestling

In sport we are always looking for ways to improve our skills and techniques. Each season at Eastview Wrestling we have a team motto or mantra that we use as motivation during the long season. **Kaizen: Continuous Improvement** is this year's axiom that we will adhere to.

***Kaizen Definition:** A Japanese word that means "continual improvement." It's a philosophy that says you can never get everything right the first time, and there's always room for improvement. It's a philosophy of continuous improvement in your systems and processes. The idea is to keep improving day-to-day at every step of the process. Kaizen means making small improvements throughout the day, every day.*

Continuous improvement that will lead us to reach our team and individual goals on the mat, and in life. Striving for improvement each time we practice and in the classroom.

Many wrestlers have skills or techniques that they are adept — something that they do better than the average athlete, yet those skills need to be worked on as much as those pesky trouble areas. There is a common saying in sports, "Improve 1% each day", this is very similar to Kaizen, except using the continuous improvement does not 'limit' one by a measurable amount. We will seek out those areas and times where we can improve.

We can look at our international wrestlers showing examples of continual improvement.

David Taylor is one of the most decorated collegiate and international wrestlers of our time.

There is a video of Taylor at an early age where during an interview he said that he lost a lot during his first year of the

sport but kept improving and coming back for more. He wrestled in high school in Ohio where he was a four-time state champion going 182-2 AND graduated with a 4.0 GPA. He wrestled collegiately for Penn State where:

He was 4X Big Ten Champion for Penn State University.

Taylor was a 2x NCAA Champion, (4X finalist) and voted two times as the best college wrestler. Hodges Trophy winner (Wrestling's Heisman trophy).

He finished his career with 134 wins 3 losses with 50 pins and 42 tech falls. Dominate. He has gone on to a stellar international freestyle career.

After graduating, he entered the Senior Level international ranks, however, he could not beat Kyle Dake and Jordan Burroughs, both outstanding mainstays of the United States Team. After working on his craft, he met up with Burroughs in 2021 for a Flo Wrestling event and finally bested the 5-time World Champion!

There are YouTube videos of David working out, always seeking to improve his wrestling, his technique, being inventive — even after a devastating knee injury, he looked for ways to continuously improve.

Many of us are not going to be a David Taylor, that is not the point. The point is he worked very hard for what he has earned and for where he is now.

Watching matches on video, coming in early to the room, staying late, watching what we put into our bodies, are all ways to continually improve. Moreover, developing this mindset will permeate to other areas of our lives, and after the headgear is taken off for the final time, **Kaizen: Continuous Improvement** will be ingrained into our daily lives.

GIRLS WRESTLING

MILESTONE!

The 2021-2022 Wrestling Season was the Inaugural MSHSL Girls Wrestling Post Season

Girls Wrestling is the fastest growing sport in the nation. There are more than 21,000 female wrestlers competing. The MSHSL was the 32nd high school association in the country to offer a girls' wrestling program.

Eastview's **Riley Myers** and **Elsie Olson** had been wrestling for years, but they competed against boys. The 2021-2022 season offered the first all girl wrestling tournaments and sections and a State Championship! Both Elsie and Riley took their experience wrestling boys and made their mark on the inaugural girls wrestling state championships.

"The more I think about all of this, the more exciting it gets," Riley said. "Knowing that we are part of history and part of when girls wrestling was starting to grow is really cool. And hopefully more girls become interested."

Eastview doubled their roster of girls this year and now have 4 girls wrestling. The future of girls wrestling and Eastview Girls Wrestling is bright! **L-R:** Riley Myers, Caitlyn Tighe, Jannell Mendez, Elsie Olson.



ALL GIRLS SECTION TOURNAMENT



IN THEIR WORDS:

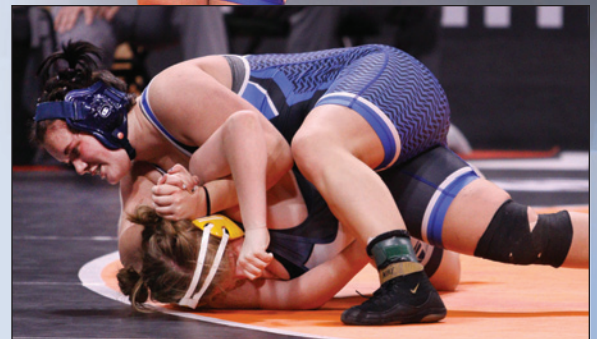
Elsie Olson - 3rd Place State 2022

What did it feel like to be a part of the first ever Girls Wrestling Section and State Tournament?

"It was really exciting and not anything I got to experience before. Knowing it was the first time in history was like nothing I've ever felt before. It was bigger than anything I ever participated in because we were making history. It took a while for it to sink in that I got to be a part of something so awesome and special."

What was it like walking out on the XCEL floor for the first time and seeing all the mats and fans?

"It was slightly overwhelming. I definitely turned bright red. It was probably the most unique experience of my life and something I hope to experience again this year and years to come."



Riley Myers - 1st Place State 2022

Do you remember when you first heard they were going to sanction girls wrestling and what was that moment like?

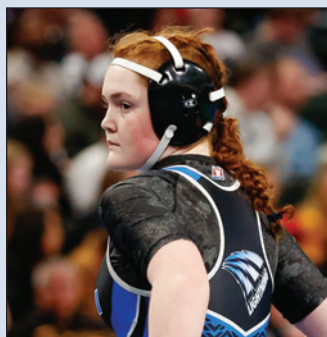
"It was very exciting because now more girls would be joining and the sport was going to be growing."

What are you most proud of when you think of being a part of the first ever Girls Wrestling State Championship?

"Honestly, the entire thing just being able to be a part of that first group of girls and making that statement and setting the level basically for future girls for future state tournaments. Being a part of the first tournament makes me proud because that's something that can't be taken away. Like winning state, sure people can try and take that title away from you, but they cannot take away being the first one!"

When you think back on winning the state title, what stands out most to you?

"When I think back to that memory of winning state it's the crowd, the big audience and being at the XCEL energy center and also being with the boys because they are all competing in the same place for a championship. This year we were all together."



EASTVIEW WRESTLING

2022 - 2023 ROSTER



SENIORS

Alex Baccoli ★
 Ethan Dupont ★
 Nolan Enderlein ★
 Ezra Formanek ★
 Juan Gonzalez
 Dillon Laundrie
 Calvin Lema
 Damien Mogere
 Ben Nguyen

JUNIORS

Sam Cohen
 Ayden Columbus
 Austin Finne
 Colton Hanneman
 Dat Hoang
 Saqib Kanwar
 Jannelle Mendez
 Jack McNeely
 Riley Myers
 Todd Ostler
 Adonay Semie

SOPHOMORES

Jack Bauer
 Kye Brouchet
 Ivan Cai
 Jack Davelaar
 Aiden Enderlein
 Landon Odegard
 Elsie Olson
 Zakaria Osman
 Logan Ostler
 Levi Ruyle
 Brock Taylor
 Eli Zillhardt
 Kian Ghobadi

FRESHMEN

Emanuel Anderson
 Diego Caffieri
 Tino Caffieri
 Hayden Caylor
 Aiden Frost
 Amanuel Getachew
 Alex Herrera
 Matthew Jacobson

Kayan Karimnejad
 Ryan Layeux
 Kiernan Lee
 Spencer Lee
 Pierce Lewis
 Jordan Mangahas
 Beau Mckenzie
 Marcus McKinley
 Logan Myers
 Abdul Osman
 Killian Russell
 Thomas Schmidt
 Gavin Thiem
 Catilyn Tighe
 Matthew Wagner

7TH GRADE

Aryan Karimnejad

★ *Captains*

PRINCIPAL

Bruce Miller

ATHLETIC DIRECTOR

Matt Percival

COACHES

Nick Fornicoia
 Kurt Habeck
 John Prokopowicz
 Todd Frost
 Travis Lee
 Ron McClure
 Tristin Faust
 Dean Stockwell
 Chris Abbey
 Mikey Fornicoia
 Eric Schmidt
 Chad Wentzel
 Luke Habeck

NICKNAME

Lightning

SCHOOL COLORS

Black, Blue, Silver, White

MANAGERS

Sofia Arceo
 Faylin Hetland
 Nandini Ghadge
 Emma Kelley
 Abbey McFadden
 Yasin Mohamud
 Vivian Kaste

CONFERENCE

South Suburban

SECTION

2AAA



Class of 2023

2023 Varsity Captains



Alex Baccoli

Grade: 12

I wrestle because...
it is a great challenge!

Favorite Class: Lunch

**Favorite Wrestling
Memory:** Wrestling at the
State Tournament



Nolan Enderlein

Grade: 12

Other Hobbies: Skiing

Favorite Sport to Watch:
Football

Future Plans: University of
Minnesota for Nursing



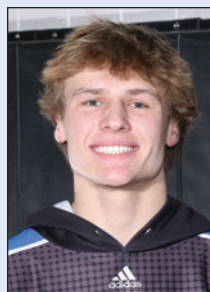
Ethan Dupont

Grade: 12

Other EVHS Activities:
Super Group

Favorite Wrestling Move:
Blast Double

Future Plans: Attend
Augsburg



Ezra Formanek

Grade: 12

Favorite Class at EVHS:
Dance Tech

Favorite Wrestling Move:
Hi-C

Future Plan: Playing
Baseball at St. Thomas
University

Season Captains & Team Motto

Year	Captains	Motto
1998	Matt McDonald, Joe Theisen	<i>Lightning Strikes</i>
1999	Tony Rodin, Joe Theisen	<i>Attitude and Effort</i>
2000	Nate Ernst, Brad Okonek, Adam Fokken	<i>Team 2000: Paving the Way</i>
2001	Adam Fokken, Mikey Fornicoia	<i>Courage to Succeed</i>
2002	Mikey Fornicoia, John Getzke, Eric Lemm	<i>Mission Possible: 2002</i>
2003	John Getzke, Kevin McBride, Jud Turk, James Voyles	<i>Fight! Inch ... By ... Inch</i>
2004	Kevin Eich, Jeremiah Foertsch, Ryan Langlais, Tyler Cookas	<i>The Long March</i>
2005	Ryan Ruckdashel, Sam Voyles, Kyle Wilson	<i>No Guts, No Glory</i>
2006	Chad Eul, Minh Huynh, Josh Nelson	<i>Our Vision, Our Mission</i>
2007	Dan Getzke, Jake Nelson	<i>Storm The Mat</i>
2008	Bryan Okonek	<i>Prepare for Battle</i>
2009	Scott Hogan, Ty Groskreutz,	<i>Something More</i>
2010	Cody Groskreutz, Nels Pederson	<i>Eye of the Storm</i>
2011	Mitch Rechtzigel, Josh Blake, Ben Schmitz	<i>Trained Tough</i>
2012	Mitch Rechtzigel, BJ Groskreutz, Chris Bechly	<i>Aim Towards the Enemy</i>
2013	Jonathan Lenz, Anthony Munos, Jacob Rukavina	<i>Respect All, Fear None</i>
2014	Jack Buck, Billy Marks, Nick Pegelow	<i>Leave No Doubt</i>
2015	Luke Dodd, Casey Dravis	<i>Pain is Temporary, Pride is Forever</i>
2016	Mike Delich, Tim Duffy, Alex Lindstrom	<i>Think Strong—Be Strong—Finish Strong</i>
2017	Mike Delich, Brendan Formanek, Alex Lindstrom	<i>I Am Aggressive & Relentless</i>
2018	Eric Schmidt, Peter Swanson	<i>True Grit</i>
2019	Peter Swanson, Mason Enderlein	<i>Stop at Nothing!</i>
2020	Mason Enderlein, Roman Gilbert	<i>Grit-Determination-Triumph</i>
2021	Max Enderlein, Nathan Langer, Connor Meixell, Logan O'Neil, Kellen Stewart	<i>Own the Moment</i>
2022	Cole Frost, Luke Habeck, Jack Stevens, Ezra Formanek	<i>Embrace the Corner</i>
2023	Alex Baccoli, Ethan Dupont, Nolan Enderlein, Ezra Formanek	<i>Kaizen: Continuous Improvement</i>

Returning Lettermen



Calvin Lema

Grade: 12

Other Hobbies: Boxing, UFC, and hanging out with friends

I wrestle because... it keeps my mind and body in shape.

Future Plans: Study Education at St. Cloud State



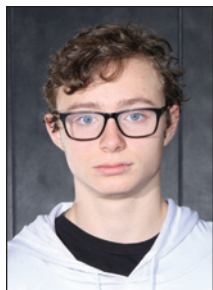
Damien Mogere

Grade: 12

Other EVHS Activities: Football

Favorite EVHS Class: Basketball

Future Plans: St. Thomas or University of Minnesota



Sam Cohen

Grade: 11

Other Hobbies: Marching Band

Favorite Class: History

Favorite Wrestling Move: Fireman's Carry



Ayden Columbus

Grade: 11

Favorite Class: Manufacturing

Favorite Sport to Watch: Football

I wrestle because... the family-like vibe



Colton Hanneman

Grade: 11

Other EVHS Activities: Football

Favorite Sport: Football

Favorite Wrestling Move: Blast Double



Jack McNeely

Grade: 11

Other Hobbies: Football

Favorite Wrestle Move: Double Leg

Favorite Class: Advance Badminton



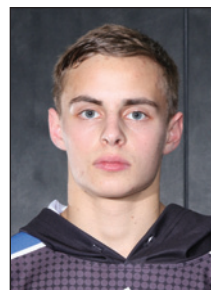
Riley Myers

Grade: 11

Other EVHS Activities: Lacrosse

Favorite Wrestling Move: Snap Down

Favorite Wrestling Memory: Winning State



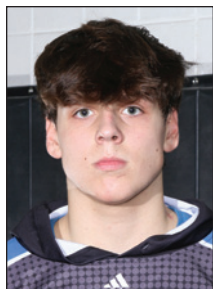
Todd Ostler

Grade: 11

Other Hobbies: Chess and Track & Field

Favorite Movie: Princess Bride

Favorite Wrestling Move: Nearside Cradle



Jack Bauer

Grade: 10

Favorite Sport Watch: Football

Favorite Wrestling Move: Cradle

I wrestle because... I want to be a better athlete



Aiden Enderlein

Grade: 10

Favorite Movie: Between Two Ferns

Favorite Wrestling Move: Blast Double

Other Hobbies: Watching and Playing Sports



Landon Odegard

Grade: 10

Other Hobbies: Being with Family

Favorite Wrestling Move: Lightning Special

Favorite Class: Science



Elsie Olson

Grade: 10

Favorite Wrestling Move: Double Leg

Other EVHS Sports: Motorcross

Favorite Sport to Watch: Baseball



Logan Ostler

Grade: 10

Favorite Movie: Top Gun: Maverick

Other Hobbies: Weightlifting

Favorite Wrestling Move: Nearside Cradle



Levi Ruyle

Grade: 10

Other EVHS Activities: Football

Favorite Wrestling Move: Double Leg

Favorite Song: Fall Team Sports

Returning Lettermen



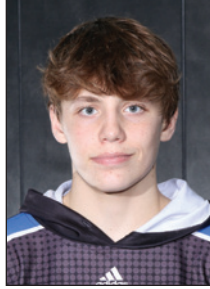
Aiden Frost

Grade: 9

Other EVHS Activities:
Football

I wrestle because...
it keeps me in shape

Favorite Class: Science



Spencer Lee

Grade: 9

Other Hobbies:
Hanging out with friends

Favorite Wrestle Move:
Outside Single

Favorite Class: Study Hall



Pierce Lewis

Grade: 9

Other Hobbies: Biking, MTC, and Video Games

Favorite Movie:
Megamind

Favorite Wrestling Move: Single Leg



Logan Myers

Grade: 9

Other Hobbies: Fishing, Basketball, and Football

Favorite Wrestling Move: Iowa Stack

Favorite Movie: My Name is Jordan



Thomas Schmidt

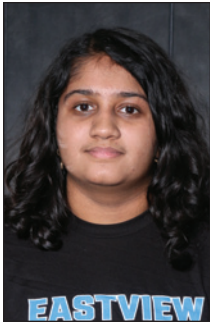
Grade: 9

Other EVHS Activities:
Football and Rugby

I wrestle because...
it gives me a chance to get stronger

Favorite Class: Science

Wrestling Managers



Nandini Ghadge



Faylin Hetland



Vivian Kaste



Emma Kelley



Abbey McFadden

Not Pictured: Yasin Mohamud, Sofia Arceo



EASTVIEW WRESTLING

COACHING STAFF



Nick Fornicoia – Head Coach

Coach Nick Fornicoia is entering his 26th year teaching at Eastview High School. This is Coach Fornicoia's first year as Head Coach of the Eastview wrestling team. He is an English teacher and teaches journalism classes. Fornicoia leads *The Flash*, a weekly news magazine show, which won multiple Student Emmy Production Awards last year. He also advises the award-winning Yearbook. In 2010, Nick was recognized as Minnesota Journalism Educator of the Year. Nick wrestled for Augsburg University and captured an individual National Championship. He finished his career as a three-time All-American. In his era, the Auggies placed second, first, second, and first in four national tournaments. Coach Fornicoia has been recognized as State Assistant Coach of the Year and has head coaching experience. Nick Fornicoia is Bronze certified by USA Wrestling. Nick enjoys running in his free time and has run 30 marathons or ultramarathons. Nick and his wife Mara have two daughters, Sofia (14) who is a member of the Eastview gymnastics team and Amelia (10) who loves to compete in dance.



Kurt Habeck – Assistant Coach

Coach Kurt Habeck, a native of Winona, Minnesota, is in his 4th year as an administrator at Eastview after 28 years of teaching social studies. He continues to coach wrestling, football, and strength training. Kurt was a graduate of Augsburg College where he competed in wrestling and was a captain on the NCAA III National Championship Team. Individually, Kurt was a two-time MIAC Conference Champ and a NCAA III All-American and an Academic All-American. He was a varsity starter all four years as Augsburg placed eighth, third, second, and first nationally. Kurt met his wife, Shelly, at Augsburg. They have four kids Hannah (28), Zachary (25), Erin (22), and Luke (19). Kurt and Shelly are proud grandparents and enjoy watching their 3½-year-old grandson Jace. When not involved with family or school related activities, Kurt enjoys spending time hunting, fishing, and attempting to stay physically fit.



Travis Lee – Assistant Coach

Coach Travis Lee, originally from Kensington, Minnesota, joined the Eastview staff in 1998. He enjoys teaching math and coaching wrestling at Eastview High School. In addition to teaching Intermediate Algebra, Geometry, and AP Statistics, he coaches 9th grade football. Travis is the EVAA youth wrestling program director. Another fellow Auggie, Travis was a four-year Academic Club member. He wrestled at Augsburg College when their national tournament runs ended at fourth, first, second, and first place nationally. In high school, Travis earned four trips to the state tournament. In addition to this, he was a two-time Academic All State award winner. Lettering in football and golf rounded out his high school athletic career. Travis enjoys teaching math and coaching, but still finds time to read, watch movies, and participate in many outdoor activities. Travis and his wife, Sara, have a son Spencer (15) and a daughter Emersen (13).



Todd Frost – Assistant Coach

Coach Todd Frost is from New York Mills, MN and is in his 22nd year of teaching and coaching wrestling and varsity football at Eastview High School. He comes to Eastview from Minnesota State University-Moorhead, where he played football for the Dragons. He is married and Todd and his wife Shannon live in Apple Valley. They have two sons; Cole (18) and Aiden (15), and one daughter Isla (8). While attending New York Mills High School, Todd wrestled, mostly in the 189 lb weight class, and played football. He also participated in their Freestyle and Greco wrestling clubs. He grew up on a dairy farm owned by his family. Todd enjoys the outdoors and water sports.



Josh Nelson – Assistant Coach

Coach Josh Nelson is in his 18th year of coaching at Eastview High School. He is a 2006 Eastview graduate. While in high school, Josh was a three-time varsity starter and a captain of the varsity team during his senior year. He is one of the 9th-grade coaches, but assists with the JV and varsity teams whenever he can. Along with coaching high school, he is also involved with the EVAA youth wrestling program where he enjoys seeing young wrestlers continue to improve while still having fun! Josh and his wife, Leah, have a 10-year-old son Blake and a 5-year-old daughter Isabella; they currently reside in Rosemount. In his free time, Josh enjoys fishing, working out, and spending time with his wife.



Chad Wentzel – Assistant Coach

Coach Chad Wentzel is from Pipestone, Minnesota. Chad wrestled in the heavy weight class and played football while in high school. He is in his 12th year assisting the Eastview wrestling program. He is also a coach in the football program. Coach Wentzel played football at Dakota State University in Madison, South Dakota for two seasons. He graduated from Minnesota State University-Mankato and is currently teaching at Scott Highlands Middle School. He is married to Julie and they have one child, Maddie, who is 13 years old. He enjoys spending time with his family and outdoor activities in his spare time.



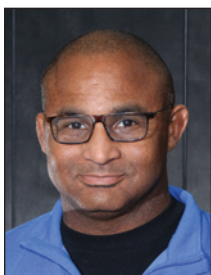
Dean Stockwell – Assistant Coach

Coach Dean Stockwell, a native of Owatonna, Minnesota graduated from Mankato State University where he was a two-year participant in a nationally ranked wrestling program. Dean moved to Apple Valley in 1996 and has been involved in the baseball, football and wrestling youth sports programs. 2022-23 will be Dean's 14th year as an assistant coach with the Ninth Grade program. Dean has been married to Jenna for 28+ years and they have a 27-year-old son AJ with daughter-in-law Sarah added 9-19-20, and a 25-year-old son, Adam with daughter-in-law Teagan added 8-20-22. Both boys graduated from EVHS. Dean works for 7-11 and when not involved with work or youth sports, enjoys hunting, fishing, reading and spending time with family.



John Prokopowicz – Assistant Coach

Coach John Prokopowicz is on his 10th year of coaching and currently teaches at Eastview High School as a special education teacher. He graduated from Simley High School in 2008 and was a captain of the 07-08 varsity wrestling team. During his prep career, John was a 4-time state qualifier and was part of a state champion team in 2008. In his free time, John enjoys spending time with his wife, Katie and daughter Nora. They enjoy traveling, and outdoor activities.



Ron McClure – Assistant Coach

Coach Ron McClure is in his 7th year coaching as an assistant wrestling coach with Eastview. He was a Hopkins Senior High grad placing fourth as a senior in 1988 at the MN High School State Meet. He wrestled for the Gophers, then transferred to UMD where he was a 4X Conference Champion and a 2X NCAA Division II All-American, going 108-16 at Minnesota Duluth. Coach has worked with Hennepin County for the past 22 years in the Human Services Department working with the court-committed mentally ill clients. Ron, and his wife Gina, have three men at home in Blaine, Minnesota; Cole (22), Luke (19), and Jackson (12). In his spare time, Ron likes to spend time with family, losing at Xbox One, and watching movies and his Minnesota Vikings.



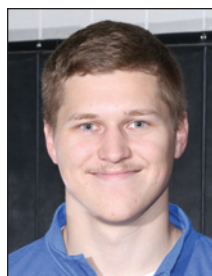
Tristin Faust – Assistant Coach

Coach Tristin Faust is in his 6th year as an assistant wrestling coach at Eastview. He wrestled for Northfield High School where he recorded 159 career wins, was a three-year captain, a three-time state entrant, and in his senior year captained the team to the MSHSL State Tournament for the first time in school history. Tristin also competed in Freestyle and Greco-Roman wrestling, where he was a member of Minnesota Storm National Teams in both styles. Tristin did not compete in wrestling at the collegiate level but went on to complete a dual degree in Geological Engineering/Geology & Geophysics at the University of Wisconsin-Madison. Aside from wrestling, Tristin enjoys spending time with family, friends, and his girlfriend Tessa, as well as working as a consultant, listening to all kinds of music, cooking, traveling, hunting and fishing, and collecting rocks and minerals.



Mikey Fornicoia – Assistant Coach

Coach Mikey Fornicoia is an alumnus of Eastview High School, class of 2002. Mikey is a two-time state entrant earning all-state honors his senior year by placing 6th. He is a three-time All-Conference recipient, a team captain his junior and senior year, and proud to be a part of Eastview's first Academic State Championship Team in 2002. He lived in Los Angeles for nearly 10 years and worked in the film and television industry in post-production on various projects including *The Shield*, *Burn Notice*, *The Craigslist Killer*, and *Sons of Anarchy*. Mikey has been working with the MSHSL since 2019 to produce the state wrestling tournament highlight video which now shows tournament highlights before the championship finals at the Xcel Energy Center. Mikey has been a supporter of EV Wrestling off the mat for years, but is very excited about being an alumni coach this year, helping out with the 9th-grade team, and anywhere he is needed. Mikey and his partner Stacey live in Lakeville raising two beautiful girls; Bella and Ursa. They also have a dog named Doug.



Eric Schmidt – Assistant Coach

Coach Eric Schmidt is a 2018 graduate from Eastview High School where he was a wrestling captain his senior year. He also played football, rugby, and threw shotput and discus while at EVHS. He recently graduated from the University of St. Thomas where he played rugby and he commissioned into the Navy through the NROTC program at the University of Minnesota. He has come back to Eastview to coach wrestling as he awaits orders to move to Pensacola, Florida to begin flight school as part of his training to become a Naval Aviator. Eric and his fiancée, Grace, have a Miniature Australian Shepherd puppy named Shandy.



Chris Abbey – Assistant Coach

Coach Chris Abbey Jr. has been wrestling for 8 years. He wrestled for Eastview all four years where he wrestled on the varsity/section team for 3 years. Chris graduated two years ago and started coaching last season, and now back again and loving it. He enjoys working with the guys and being able to continue wrestle. Chris enjoys having fun and spending time with family and friends as well as TV and food, lots of food. He loves to make people smile and lift others up. Chris will make a big difference in the world one way or another. Peace and positivity.

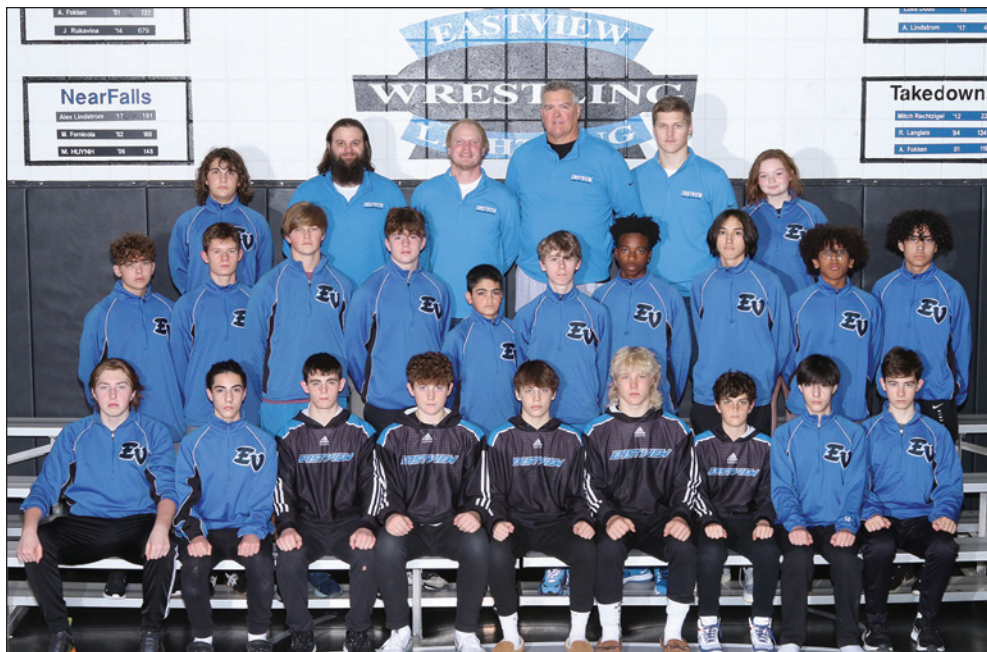


Shannon Rainey – Strength Coach

Coach Shannon Rainey is the Head Sports Performance Coach at Eastview. He received his BS degree from the University of St. Thomas where he was also a 4-year collegiate Track & Field athlete. He has over 20 years of experience as a Sports Performance Coach for high school and collegiate athletes.

Luke Habeck – Assistant Coach

Coach Luke Habeck is in his first year as an assistant coach. Luke is a member of the Army National Guard and is a college student. Luke is a 2022 Eastview Graduate.



2022-2023 FRESHMAN SCHEDULE

DATE	OPPONENT	SITE	TIME
Tuesday, Dec. 6	Eagan / Richfield	Hastings	4:30 pm
Tuesday, Dec. 13	Hastings / Rosemount	Eastview	4:30 pm
Tuesday, Dec. 20	Park / Apple Valley	Eastview	4:30 pm
Tuesday, Jan. 10	Farmington	Farmington	4:30 pm
Saturday, Jan. 21	State Team Tournament	Mora	9:30 am
Saturday, Jan. 28	Region 4 Tournament	Farmington	9:30 am
Saturday, Feb. 4	State Individual Tournament	Champlin Park	8:30 am



9th Grade State Team Championships

- 2000 - Consolation Champions
- 2002 - State Team Qualifier
- 2003 - State Team Qualifier
- 2004 - State Team Qualifier
- 2005 - State Team 10th Place
- 2006 - State Team Qualifier
- 2007 - State Team 8th Place
- 2009 - State Team Consolation Finalists
- 2012 - State Team Consolation Finalists
- 2013 - State Team Qualifier

- 2014 - State Team Qualifier
- 2017 - State Team Qualifier
- 2018 - State Team Qualifier
- 2019 - State Team Qualifier
- 2020 - State Team Qualifier

9th Grade State Individual Championships

- 1999 - 11th Place
- 2001 - State Champions
- 2005 - 3rd Place
- 2012 - State Runner-up

9th Grade State Individual Championships

- | | |
|--|---|
| <p>1998
Adam Johnson
Brian Nold
Adam Fokken – 1st
Don Wachter</p> <p>1999
<i>1999 Team</i>
<i>11th Place Honors</i>
Mikey Fornicoia – 5th
Eric Lemm – 8th
David Pudwill – 4th</p> <p>2000
Brian Lewis – 6th
Pat Dea
John Getzke
Andrew Lenertz</p> <p>2001
<i>2001 Team</i>
<i>State Champions</i>
Steve Davis – 1st
Sean Dwyer – 1st
Ryan Langlais – 2nd
Eric Yuen – 4th
Kyle Fokken – 6th
Pat Dea – 8th
David Hilden – 8th
Kevin Eich
Jeremiah Foertsch
Tim Lewis</p> <p>2002
Tyler Cookas
Sam Voyles – 4th
Tom Chies
Scott Polansky
Troy Fokken</p> <p>2003
Troy Fokken – 4th
Justin Armstrong
Chad Eul
Jon Lattener
Andrew Nelson
Matt Neutz</p> <p>2004
Dan Getzke – 8th
Kennedy Mans
Jake Neutz
Justin Peterson
Ryan Stepan</p> <p>2005
<i>2005 Team</i>
<i>3rd Place Honors</i>
Trevor Gordon – 2nd
Will Jackson – 2nd
Trevor Flaten – 4th
Bryan Okonek – 6th
Zack Fanth – 7th
Alex Makabe
Scott Kenning</p> <p>2006
Scott Hogan – 1st
Ty Groskreutz</p> | <p>2007
Brad Hogan – 6th
Ben Bowar – 6th
Cody Groskreutz – 7th
Joey Scott – 8th</p> <p>2008
Brad Hogan – 2nd
Matt Galloway</p> <p>2009
Kai Matsushashi</p> <p>2010
Anthony Munos – 8th
Rico Davis
Jabri Guy</p> <p>2011
Jack Buck – 8th</p> <p>2012
Kevin McComb – 2nd
Luke Dodd – 3rd
Tom Delich – 4th
Will Rains – 5th
Casey Dravis – 6th
Zach Praus</p> <p>2013
Daniel Arehart
Dane McDevitt
Matt Schumann</p> <p>2014
Gage Greenlee
Mike Delich – 1st</p> <p>2015
Eric Schmidt
Noah Drehmel</p> <p>2016
Mason Enderlein – 8th
Peyton McGowan
Peter Swanson
Quinn Hoffman
Cedric Warner – 8th</p> <p>2017
Dylan Fredrickson
Nathan Langer</p> <p>2019
Ezra Formanek
Jack Stevens</p> <p>2020
Nolan Enderlein
Ezra Formanek – 3rd
Alex Baccoli</p> <p>2022
Jack Bauer
Carter Harris – 4th
Thomas Schmidt
Landon Odegard – 5th</p> |
|--|---|

4th Annual Summer Picnic / Bean Bag Tournament

On Thursday, July 21, 2022, we gathered wrestlers, along with family and friends, for the 4th annual Summer Picnic/Bean Bag Tournament at Trapp Farm Park in Eagan. We also took this time to honor Kurt Habeck's 25 years of service as Head Wrestling Coach at Eastview! We raised money for the wrestling program, but ultimately we had fun and fellowship with our Eastview Wrestling Family!



A Big **Thank You** to All of Our Summer Picnic / Bean Bag Tournament Sponsors

2017 Class Sponsorship
(Chad Lindstrom)
Creative Concepts
Casey Jones

Buck Hill
Doctor Jennifer
Brown Box Tees

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Formanek Irrigation
Divine Swine (food)

Wrestling CAMPS



Eastview Wrestling Camp



Augsburg Technique Camp



Off-Season Training Club



Summer Training



Team Bonding in Ohio

Wrestling CAMPS



Jordan Camp



Jordan Camp

EV Wrestling Clinic 2022

Diamond Path Elementary



East Lake Elementary



Greenleaf Elementary



Highland Elementary



Oak Ridge Elementary



Parkview Elementary



Thomas Lake Elementary



EVAA In-House Wrestling 2022



EVAA PreK-K • EVAA Grades 1-2 • EVAA Grades 3-5

Santiago Alfonzo
 Alma Alfonzo
 Davis Arnold
 Aiden Atwater
 Zoey Bailey
 Beau Bergerson
 James Berglund
 Micah Berglund
 Aeson Birmingham
 Collin Brower
 Jasper Butler
 Isaac Butler
 Abe Carter
 Theo Carter
 Abraham Carter
 Ty Chhang
 Wesley Christianson
 Samuel Christianson
 Levi Christianson
 Jacek Cowen
 Callum Cowen
 Croix Cowen
 Henry Crone
 Jacob D'Angelo

Luka DeGrote
 Finn DeGrote
 Liam Diffley
 Liam Diffley
 Colton Dornbach
 Sawyer Dornbach
 Rye Eckert
 Caden Edwards
 Nolan Ellis
 Marek Finch
 Connor Fokken
 Edgar Garcia
 Reid George
 Patricia Gnoroba
 Josh Gracek
 Vince Grady
 Vince Guetzko
 Dylan Hanson
 Andrea Hanson
 Mason Hollenbeck
 Calum Hollenbeck
 Jude Holmberg
 Mel Homan
 Daxton Hudson

Declan Johnson
 Alexander Johnson
 Patrick Johnson Jr
 Kieran Kadow
 Sebastian Kidd
 Wyatt Kidd
 Andrew Kjeldsen-Bergquist
 Finn Kreutzer
 Clay Kuchinski
 Eli Kylo
 Liam Lee
 Donovan Lee
 Daigen Lewis
 Jason Logid
 Jack Marcks
 Jaxon Marschel
 Thomas Marschel
 Elizabeth McCune
 Hayley McGuire
 Leo Messer
 Griffin Metherell
 Josiah Miller
 Aidan Miller
 Walker Miller

Maddox Miller
 Ian Mitchell-Guerrero
 Theodore Myre
 Gabriel Myre
 Jamie Nelson
 Jackson Nelson
 Hunter Nelson
 Izabell Odum
 Colton Olio
 Andrew Olstad
 Nick Opsahl
 Martin Overby
 Asher Peterson
 Luca Petti
 Vincent petti
 Rafe Petti
 Evan Pingeon
 Beau Plan
 Maxwell Qamoos
 Owen Reigle
 Blake Repke
 Dennis Reytel
 Nikolas Richards
 Nora Richards

Angela Rosas
 Henry Russell
 Jordan Seiler
 Oliver Smith
 Nolan Smith
 Scarlett Stevenson
 Tossathep Suparat
 Charlie Talbot
 Cooper Thompson
 Tyler Thompson
 Andren Tuttee
 Marek Tuftee
 Cade Turberville
 Konrad Wachter
 Easton Wagner
 Sam Wasserman
 Rachel Wershow
 Maverick White
 Rialyn Williams
 Michael Williams
 Westin Williams
 August Williams
 Kalin Woltmann
 Robert Wood

Middle School Wrestling



Black Hawk Middle School

Coaches: Mike Hogan, Carl Plucker



BLACK HAWKS PANTHERS

Front: Johnny Walker, Bim Rowan, Beckett Schuft, Donovan Vang, Nashiya Williams.

Row 2: Jayden Tameh, Arion Trong, Collin Ambrose, Avnish Ghadge, Brianna Becerra Sanchez, Angela Soto Sanchez, Jordan Tameh.

Back: Coach Carl Plucker, Jack Mulder, Bennett Dayee, Philip Leyderman, Gabe Reckard, Kirubeil Dagmawi, Max Kelly, Kahlil Permenter, Thomas Jamerson, Coach Mike Hogan.

Not pictured: Devin Vendel, Marshall Reckard, Mason Rollheiser, Pedro Torcat Elorza.

Falcon Ridge Middle School

Coach: Elliot Arens, Rudy Rodriguez



FALCON RIDGE FALCONS

Front: JJ Lopez, Ben Trottier, Wes Wolke, Mason McIntyre, Sam Carlson, Aakash Thurairajalingam, Ian Escobar Zavala, Reid George, Gabe Myre, Marco Torrez.

Back: Mgr. Heriberto "Junior" Olmedo, Head Coach Elliot Arens, Colton Kuchinski, Lily Wolke, Gracie Kirk, Jack Adams, Ashwin Thurairajalingam, Nathan Repke, Kierre Hooks, Jaden Martin, Assistant Coach Rudy Rodriguez, Mgr. Jancarlo Meraz Roman.



Scott Highlands Middle School

Coaches: Chad Wentzel, Adam Radke

SCOTT HIGHLANDS Saints

Front: Leah Peterson, Ethan Pearle, Oenn Heinecke, Finley Zillhardt, Graham Thayer, Nathan Andrews, Nilay Alladi.

Row 2: Jonathan Silvanus-Joshua, Trey Hudson, Vinnie Petti, Carter Gagnon, Eli Burlingame, Zoe Bailey.

Back: Pierce Lewis, Van Pasko, Anthony Garbuz, Atzlan Aguirre, Max Meger, Oliver Terracina, Walker Miller.



2022 Section 2AAA Academic Team



Eastview Wrestlers: *Front Row (left to right):* Todd Ostler, Carter Harris, Luke Habeck, Ezra Formanek, Nolan Enderlein.
Back Row: Pierce Lewis, Tommy Schmidt, Cole Frost, Jack Stevens, Alex Baccoli, Brady Kelley.

Senior Day – 2022



2021-2022 Eastview Seniors *(left to right):*

Phoebe Fletcher, Sofia Hernandez, Nick Leichner, Hafiz Masoumi, Brady Kelley, Cole Frost, Jack Stevens, Luke Habeck, Miquel Zagal.



Casey Jones

LAW FIRM

NICHOLAS D. THOMPSON
Attorney At Law

CaseyJones.law
Nthompson@caseyjones.law
757 477 0991



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Career Records

Falls		
Alex Lindstrom	'17	101
A. Fokken	'01	83
J Rukavina	'14	75

Team Points		
Alex Lindstrom	'17	824
A. Fokken	'01	727
J Rukavina	'14	679

Reversals		
A. Fokken	'01	92
A. Munos	'13	92
Alex Lindstrom	'17	88

Near Falls		
Alex Lindstrom	'17	191
M. Fokken	'01	166





EASTVIEW
WRESTLING

Season Records

Wins		
Roman Gilbert	'20	41
Luke Dodd	'15	40
A. Lindstrom	'17	40

Falls		
A. Fokken	'01	28
N. Kocer	'03	28
E. Ehresmann	'11	26

Takedowns		
Mitch P.		
R. L.		
L. F.		

Reversals		
J. Weinberg	'10	41
K. McBride	'02	38
Collin Dolejs	'16	37



2021-2022 Dual Meet Results

Varsity Dual Meet Results

Overall Record:	18 Wins	7 Losses
Conference Record:	6 Wins	3 Losses
Eastview 84	St. Paul Central	0 Win
Eastview 77	Hopkins	0 Win
Eastview 51	Lakeville South	16 Win
Eastview 39	Park	40 Loss
Eastview 72	East Ridge	12 Win
Eastview 63	Eden Prairie	12 Win
Eastview 63	Chaska/Chanhassen	15 Win
Eastview 67	Eagan	11 Win
Eastview 52	Lakeville North	26 Win
Eastview 29	Apple Valley	39 Loss
Eastview 72	Orono	6 Win
Eastview 36	Blaine	38 Loss
Eastview 60	Maple Grove	23 Win
Eastview 12	Shakopee	50 Loss
Eastview 50	Rosemount	30 Win
Eastview 27	Farmington	44 Loss
Eastview 37	Prior Lake	30 Win
Eastview 68	Burnsville	11 Win
Eastview 63	Tartan	17 Win
Eastview 57	Rush City/Braham	18 Win
Eastview 36	Mounds View	42 Loss
Eastview 44	Faribault	36 Win

Team Sections

Eastview 51	Rosemount	21 Win
Eastview 25	Apple Valley	46 Loss

Team Tournaments

Eastview Duals (3)	1st Place
Mounds View Duals (3)	3rd Place

Individual Tournaments

Bi-State Classic	10th in Division, 25th Overall (71 Teams)
Lightning Invitational	5th Place
Mound-Westonka	8th Place

Junior Varsity Dual Meet Results

Overall Record:	15 Wins	2 Losses
Eastview 42	Twin Rivers	28 Win
Eastview 42	St. Paul Central	6 Win
Eastview 30	Hopkins	18 Win
Eastview 40	Lakeville South	3 Win
Eastview 42	East Ridge	6 Win
Eastview 30	Park Cottage Grove	17 Win
Eastview 51	Eden Prairie	4 Win
Eastview 53	Chaska/Chanhassen	12 Win
Eastview 35	Lakeville North	24 Win
Eastview 42	Eagan	18 Win
Eastview 33	Apple Valley	21 Win
Eastview 34	Rosemount	15 Win
Eastview 24	Shakopee	27 Loss
Eastview 24	Farmington	22 Win
Eastview 18	Prior Lake	37 Loss
Eastview 34	Burnsville	6 Win
Eastview 42	Tartan	0 Win

Individual Tournaments

Mounds View Invitational	29 wrestlers placed
Lightning Invitational	18 wrestlers placed
Armstrong Tournament	27 wrestlers placed
Pine Island Girls Tournament	2 wrestlers placed
Conference Tournament Gold	9 wrestlers placed
Conference Tournament Silver	17 wrestlers placed

Freshman Dual Meet Results

Overall Record:	2 Wins	2 Losses
Section Record:	2 Wins	2 Losses

Section Duals

Eastview 43	Apple Valley	21 Win
Eastview 30	Rosemount	42 Loss
Eastview 37	Hastings	39 Loss
Eastview 57	Park Cottage Grove	27 Win

Eastview Team Tournament

Cancelled

Team State Tournament

Did not participate

Individual Tournaments

Eastview Invite	5 wrestlers placed
Mounds View JV	9 wrestlers placed
Eastview JV	3 wrestlers placed
Region 4	9 wrestlers placed
9th State	2 wrestlers placed
Armstrong JV	2 wrestlers placed
Conference JV	10 wrestlers placed

EASTVIEW
WRESTLING



2021-22 Team Recognition

LETTER WINNERS

Aiden Frost	EV	
Robert Gerisch	EV	
Spencer Lee	EV	2X
Pierce Lewis	EV	2X
Logan Myers	EV	
Thomas Schmidt	EV	2X
Jack Bauer	EV	
Aiden Enderlein	EV	2X
Carter Harris	EV	2X
Landon Odegard	EV	2X
Elsie Olson	EV	
Logan Ostler	EV	
Dominic Petti	EV	
Ryder Repke	EV	2X
Levi Ruyle	EV	2X
Sam Cohen	EV	
Ayden Columbus	EV	
Colton Hanneman	EV	
Jack McNeely	EV	
Riley Myers	EV	
Landon O'Neil	EV	
Todd Ostler	EV	
Alex Baccoli	EV	3X
Ethan Dupont	EV	2X
Nolan Enderlein	EV	3X
Ezra Formanek	EV	4X

Calvin Lema	EV	2X
Damien Mogere	EV	2X
Cole Frost	EV	4X
Luke Habeck	EV	4X
Brady Kelley	EV	3X
Jack Stevens	EV	3X
Nick Leichner	EV	
Hafiz Masoumi	EV	
Miguel Zagal	EV	2X

ALL CONFERENCE

Nolan Enderlein
Ezra Formanek
Luke Habeck
Ethan Dupont

ALL CONFERENCE HONORABLE MENTION

Spencer Lee
Aiden Enderlein
Brady Kelley
Cole Frost
Alex Baccoli
Jack Stevens



*Go Eastview Lightning
Victory is our game.
Blaze a trail of glory
Marching on to fame.*

*Feel the mighty thunder,
Flash that fills the sky.
Blue, black and white won't
Give up the fight,*

*We're the lightning from
Eastview High.*

*Eastview Lightning
Fight, fight, fight.*

Go, fight, win tonight!

2021-22 Season Awards

Most Valuable Varsity Wrestler of the Year

Ezra Formanek
Nolan Enderlein

Most Valuable Junior Varsity Wrestler of the Year

Landon O'Neil

Most Valuable Freshman (7-8-9) Wrestler of the Year

Aiden Enderlein

Freshman Team Most Valuable Wrestler

Landon Odegard
Carter Harris

Most Improved Wrestler of the Year

Ethan Dupont

Academic Club – Gold (3.5-4.0)

Aiden Frost
Spencer Lee
Pierce Lewis
Logan Myers
Thomas Schmidt
Jack Bauer
Aiden Enderlein
Owen Guyette
Carter Harris
Logan Ostler
Ryder Repke
Brock Taylor
Eli Zillhardt
Sam Cohen
Austin Finne
Saqib Kanwar
Laif Lewis
Jack McNeely
Riley Myers
Todd Ostler
Alex Baccoli
Nolan Enderlein
Ezra Formanek
Cole Frost
Luke Habeck
Phoebe Fletcher

Helina Kidane
Kathryn Clifford
Nandini Ghadge
Emma Kelley
Abbey McFadden

Academic Club – Silver (3.0-3.49)

Kye Brouchet
Landon Odegard
Elsie Olson
Dominic Petti
Ayden Columbus
Landon O'Neil
Peyton Bishop
Damien Mogere
Ben Nguyen
Brady Kelley
Nick Leichner
Jack Stevens
Miguel Zagal
Sofia Hernandez
Rahma Jama
Isabel Johnson
Faylin Hetland

3-D Club Membership

Ayden Columbus
Alex Baccoli
Ethan Dupont
Cole Frost
Nolan Enderlein
Luke Habeck
Brady Kelley

Freshman 3-D Club Membership

Jack Bauer
Aiden Enderlein
Brock Taylor
Aiden Frost
Spencer Lee

Scholar Athlete Award

Nolan Enderlein

Lightning Award

Cole Frost
Luke Habeck

John Rodin Service Award

Jack McNeely

Wrestling Scholarship

Jack Stevens

Most Falls

V	Ezra Formanek	22
JV	Landon Odegard	11
9th	Landon Odegard	8

Most Takedowns

V	Ethan Dupont	56
JV	Laif Lewis	24
9th	Aiden Enderlein	12

Most Team Points

V	Ezra Formanek	178
JV	Landon Odegard	72
9th	Landon Odegard	51

South Suburban Conference - 2021-2022

SOUTH SUBURBAN CONFERENCE STATE PLACE WINNERS (15)

WT	NAME	PLACE	TEAM	WT	NAME	PLACE	TEAM
106	Davis Parrow	2nd	Farmington	160	Peyton Hermann	3rd	Lakeville South
106	Nolan Enderlein	6th	Eastview	160	Marcell Booth	4th	Apple Valley
120	Alan Koehler	1st	Prior Lake	170	Cole Han-Lindemyer	2nd	Farmington
126	AJ Smith	5th	Shakopee	182	Cole Edwards	2nd	Prior Lake
132	Jore Volk	1st	Lakeville North	195	Jadon Hellerud	2nd	Shakopee
132	Jayden Haueter	4th	Apple Valley	HWT	Jade Trelstad	2nd	Shakopee
145	Zach Hanson	2nd	Lakeville North	HWT	Andrew Keeler	3rd	Farmington
145	Leo Tukhlynovych	4th	Shakopee				

SOUTH SUBURBAN CONFERENCE TEAMS & 2021-2022 RECORDS

1.	Shakopee	9-0
2.	Farmington	8-1
3.	Apple Valley	7-2
4.	Eastview	6-3
5.	Prior Lake	5-4
6.	Lakeville North	4-5
7.	Rosemount	3-6
8.	Eagan	2-7
9.	Burnsville	1-8
10.	Lakeville South	0-9

Section 2AAA - 2022

SECTION 2AAA STATE PLACE WINNERS (11)

WT	NAME	PLACE	TEAM
106	Davis Parrow	2nd	Farmington
106	Nolan Enderlein	6th	Eastview
120	Alan Koehler	1st	Prior Lake
132	Jore Volk	1st	Lakeville North
132	Jayden Haueter	4th	Apple Valley
145	Zach Hanson	2nd	Lakeville North
160	Peyton Hermann	3rd	Lakeville South
160	Marcell Booth	4th	Apple Valley
170	Cole Han-Lindemyer	2nd	Farmington
182	Cole Edwards	2nd	Prior Lake
HWT	Andrew Keeler	3rd	Farmington

EASTVIEW RESULTS AT SECTION 2AAA TOURNAMENT

WT	NAME	PLACE
106	Nolan Enderlein (2-1)	2nd
113	Aiden Enderlein (3-1)	3rd
120	Carter Harris (1-2)	5th
126	Todd Ostler (0-2)	DNP
132	Levi Ruyle ((2-2)	5th
138	Pierce Lewis (1-2)	5th
145	Thomas Schmidt (2-2)	5th
152	Brady Kelley (2-1)	3rd
160	Cole Frost (2-2)	4th
170	Ezra Formanek (2-1)	2nd
182	Luke Habeck (2-2)	4th
195	Ethan Dupont (3-1)	2nd
220	Alex Baccoli (2-1)	2nd
285	Jack Stevens (3-2)	3rd

SECTION 2AAA TEAM TOURNAMENT

Quarterfinals:

Farmington 69, Lakeville South 10
 Prior Lake 54, Lakeville North 18
Eastview 51 Rosemount 21
 Apple Valley 67, Burnsville 11

Semifinals:

Farmington 42, Prior Lake 33
 Apple Valley 46, **Eastview 25**

Championship:

Apple Valley 37, Farmington 24

MINNESOTA STATE TEAM SCORES BY SECTION

5AAA - 269 pts	8AAA - 182.5 pts
7AAA - 258 pts	4AAA - 159.5 pts
2AAA - 218 pts	1AAA - 104 pts
6AAA - 202 pts	3AAA - 90.5 pts

EASTVIEW RESULTS AT GIRLS INDIVIDUAL SECTIONS

WT	NAME	PLACE
138	Riley Myers (2-0)	1st
185	Elsie Olson (1-1)	2nd

EASTVIEW RESULTS AT STATE TOURNAMENT

WT	NAME	PLACE
138	Riley Myers (2-0)	1st Place
185	Elsie Olson (1-1)	3rd Place
106	Nolan Enderlein (2-3)	6th Place
170	Ezra Formanek (1-1)	
195	Ethan Dupont (0-1)	
220	Alex Baccoli (0-2)	

EASTVIEW WRESTLING 2021-2022 HIGHLIGHTS

The Varsity Team...

- Earned MN Academic Gold Recognition with a team GPA of 3.72.
- Earned 18 hard fought victories competing at the highest level including 6 conference wins.
- Had 4 wrestlers earn All-Conference and 6 earn All Conference Honorable Mention Honors.
- Placed 13 wrestlers at Individual Sectionals with 9 placing in the top four & 12 earn Academic Recognition.
- Had 4 boys and 2 girl State Qualifiers with 4 earning All-State honors at the State Championships.
- Had 27 wrestlers get an opportunity to wrestle on varsity with 12 wrestlers earn at least 10 wins.
- Earned 330 match wins, 1776 team points, 174 falls, and 443 takedowns.

VARSIY CAREER RECORDS

FALLS

Alex Lindstrom	'17	88
Adam Fokken	'01	83
Jacob Rukavina	'14	75

WINS

Alex Lindstrom	'17	175
Mitch Rehtzigel	'12	158
Adam Fokken	'01	147

TEAM POINTS

Alex Lindstrom	'17	824
Adam Fokken	'01	727
Jacob Rukavina	'14	679

TAKEDOWNS

Mitch Rehtzigel	'12	499
Ryan Langlais	'04	449
Alex Lindstrom	'17	431

NEAR FALLS

Alex Lindstrom	'17	191
Mikey Fornicoia	'02	166
Minh Huynh	'06	148

REVERSALS

Alex Lindstrom	'17	101
Anthony Munos	'13	92
Adam Fokken	'01	92

2021-2022 Varsity Statistics

Wrestler	Win	Loss	TD	E	R	NF	MAJ.	T.F.	Pins	Team Points
Alex Baccoli	23	10	32	34	4	12	4	0	8	115
Jack Bauer	1	1	0	0	0	0	0	0	0	6
Peyton Bishop	8	0	3	1	0	0	0	0	2	48
Kye Brouchet	1	1	0	1	0	0	0	0	0	6
Ayden Columbus	7	18	4	10	1	0	0	0	2	42
Ethan Dupont	30	9	56	22	18	37	6	1	15	155
Aiden Enderlein	22	12	23	8	2	11	3	1	9	125
Nolan Enderlein	32	11	44	13	11	23	1	1	20	171
Ezra Formanek	31	9	44	27	6	18	1	0	22	178
Cole Frost	25	14	26	15	14	29	2	2	14	132
Luke Habeck	27	11	45	25	13	17	4	1	12	144
Carter Harris	17	15	28	19	6	7	2	0	6	92
Brady Kelley	25	15	26	19	25	21	2	1	12	121
Spencer Lee	17	4	27	8	4	24	1	3	8	97
Calvin Lema	1	0	0	0	0	8	0	0	0	6
Laif Lewis	0	1	0	2	0	6	0	0	0	0
Pierce Lewis	11	15	17	32	2	0	0	0	6	54
Damien Mogere	1	0	2	1	0	2	0	0	0	3
Riley Myers	5	0	9	0	1	2	0	0	2	23
Landon Odegard	3	1	2	2	1	0	0	0	3	18
Elsie Olson	2	2	2	0	0	0	0	0	2	12
Todd Ostler	0	3	0	1	0	0	0	0	0	0
Landon O'Neil	5	3	3	1	1	7	0	1	2	29
Ryder Repke	1	9	5	4	2	3	0	0	0	6
Levi Ruyle	6	17	13	12	2	6	2	0	0	26
Thomas Schmidt	8	17	13	7	1	2	1	0	3	43
Jack Stevens	24	8	23	5	0	7	0	0	17	138

SEASON TEAM TOTALS

	Win	Loss	TD	E	R	NF	MAJ.	T.F.	Pins	Points
Team Totals	330	205	443	269	114	242	29	10	164	1776

VARSIY SEASON RECORDS

FALLS

Adam Fokken	'01	28
Nate Kocer	'03	28
Erik Ehresmann	'11	26

WINS

Roman Gilbert	'20	41
Alex Lindstrom	'17	40
Luke Dodd	'15	40

TEAM POINTS

Roman Gilbert	'20	200
Adam Fokken	'01	200
Nate Kocer	'03	199

TAKEDOWNS

Mitch Rehtzigel	'12	221
Ryan Langlais	'04	134
Adam Fokken	'01	119

NEAR FALLS

Mikey Fornicoia	'02	79
Josh Weinberg	'10	73
Roman Gilbert	'20	60

REVERSALS

Josh Weinberg	'10	41
Kevin McBride	'02	38
Collin Dolejs	'16	37

2021-2022 Junior Varsity Statistics

Wrestler	Win	Loss	TD	E	R	NF	MAJ.	T.F.	Pins	Team Points
Alex Baccoli	1	0	1	0	0	0	0	0	1	6
Jack Bauer	4	1	3	0	0	9	1	0	0	4
Peyton Bishop	1	0	1	0	1	0	0	0	1	6
Kye Brouchet	5	3	6	1	1	11	0	1	3	23
Sam Cohen	11	10	10	11	14	27	0	0	9	57
Ayden Columbus	3	0	3	0	0	5	0	0	2	12
Austin Finne	1	12	2	4	0	3	0	0	1	6
Aiden Frost	3	10	4	1	3	8	0	0	2	21
Traveon Garcia	4	5	5	2	1	3	1	0	3	22
Robert Gerisch	1	4	6	2	1	6	1	0	0	10
Juan Gonzalez	15	3	13	7	8	16	0	0	9	63
Owen Guyette	2	2	2	0	0	0	0	0	2	12
Colton Hanneman	14	4	10	3	9	21	0	1	9	62
Saqib Kanwar	0	12	4	1	1	5	0	0	0	0
Spencer Lee	1	0	0	0	0	4	0	0	0	3
Nick Leichner	6	8	9	2	4	21	2	0	3	32
Calvin Lema	10	4	11	2	3	3	1	0	5	37
Laif Lewis	16	8	24	7	8	8	0	0	8	60
Pierce Lewis	1	0	1	0	0	0	0	0	1	6
Hafiz Masoumi	13	2	10	3	11	19	1	0	7	52
Jack McNeeley	4	11	5	0	1	5	0	0	4	24
Damien Mogere	13	2	7	2	6	14	0	0	6	42
Logan Myers	8	3	7	2	5	3	0	0	5	36
Riley Myers	12	11	16	10	10	35	1	0	7	61
Benjamin Nguyen	1	13	3	1	0	2	0	0	1	6
Landon Odegard	15	0	9	1	8	17	0	0	11	72
Elsie Olson	3	6	4	1	1	3	0	0	5	30

(Continued on Page 28)

JUNIOR VARSITY SEASON RECORDS

FALLS

James Pudwill	'06	28
Justin Armstrong	'06	27
Scott Kenning	'06	25

WINS

Andrew Lenertz	'02	31
Tom Chies	'03	30
Fred Hwang	'03	30

TEAM POINTS

Andrew Lenertz	'02	175
James Pudwill	'06	171
Justin Armstrong	'06	165

TAKEDOWNS

Matt Ladd	'12	87
Mike Redig	'06	65
Nathaniel Carroll	'05	50

NEAR FALLS

Josh Weinberg	'08	46
Kyle Fokken	'02	39
Carter Epperson	'15	35

REVERSALS

David Phomphackdy	'13	28
Mike Redig	'06	26
Josh Weinberg	'08	22
Brian Wallenta	'04	22

FRESHMAN SEASON RECORDS

FALLS

Dane McDevitt	'14	18
Matt Schumann	'13	18
Casey Dravis	'12	16

WINS

Tom Delich	'12	28
Casey Dravis	'12	25
Bryan Okonek	'05	25

TEAM POINTS

Tom Delich	'12	143
Dane McDevitt	'14	140
Casey Dravis	'12	139

TAKEDOWNS

Bryan Lewis	'00	80
Trever Sutherland	'05	68
Bona Ku	'01	61

NEAR FALLS

Nathaniel Carroll	'03	26
Minh Huynh	'03	23
Kyle Fokken	'01	22

REVERSALS

Kyle Fokken	'01	17
Andrew Nelson	'03	15
Nathaniel Carroll	'03	15
Nick Mako	'06	15

2021-2022 Junior Varsity Statistics

(Continued from Page 27)

Wrestler	Win	Loss	TD	E	R	NF	MAJ.	T.F.	Pins	Team Points
Landon O'Neil	10	2	11	3	1	10	0	0	8	48
Logan Ostler	6	4	5	5	2	11	0	0	1	9
Todd Ostler	15	4	15	2	4	3	0	0	8	60
Dominic Petti	0	6	3	1	1	2	0	0	0	3
Vinny Petti	0	3	0	0	0	0	0	0	0	0
Ryder Repke	2	5	4	4	2	6	0	0	1	9
Roland Roseman	0	2	0	0	0	0	0	0	0	0
Levi Ruyle	2	1	3	2	0	0	0	0	2	12
Thomas Schmidt	0	1	1	0	0	0	0	0	0	3
Brock Taylor	12	8	13	7	3	9	1	0	5	43
Miguel Zagal	6	1	2	2	0	0	0	0	2	12
Eli Zillhardt	3	7	3	0	1	2	0	0	0	6

SEASON TEAM TOTALS

	Win	Loss	TD	E	R	NF	MAJ.	T.F.	Pins	Points
Team Totals	224	175	239	93	111	309	9	2	133	976

2021-2022 Freshman Statistics

Wrestler	Win	Loss	TD	E	R	NF	MAJ.	T.F.	Pins	Team Points
Alex Baccoli	1	0	1	0	0	0	0	0	1	6
Jack Bauer	12	3	5	4	5	13	0	0	3	27
Kye Brouchet	8	6	3	0	0	3	0	0	1	9
Aiden Enderlein	6	2	12	2	0	19	1	0	2	22
Aiden Frost	4	11	1	0	0	0	0	0	0	0
Robert Gerisch	5	7	3	0	0	7	0	0	1	9
Owen Guyette	2	3	2	0	0	0	0	0	2	12
Carter Harris	5	2	8	3	4	17	1	0	0	16
Spencer Lee	4	3	5	0	3	14	0	0	3	21
Pierce Lewis	5	2	2	2	2	6	0	0	1	12
Logan Myers	8	4	0	0	0	3	0	0	0	0
Landon Odegard	18	2	7	3	6	7	0	0	8	51
Elsie Olson	3	11	0	0	0	0	0	0	0	0
Logan Ostler	7	6	2	3	1	4	0	0	1	6
Dominic Petti	3	11	2	2	0	0	0	0	0	3
Vinny Petti	0	4	0	0	0	0	0	0	0	0
Ryder Repke	4	5	3	0	2	7	1	0	1	13
Levi Ruyle	3	1	5	1	0	3	1	0	0	4
Thomas Schmidt	5	3	6	2	2	5	0	0	1	15
Brock Taylor	10	6	0	0	0	0	0	0	0	0
Eli Zillhardt	5	9	1	0	0	0	0	0	0	0

SEASON TEAM TOTALS

	Win	Loss	TD	E	R	NF	MAJ.	T.F.	Pins	Points
Team Totals	120	99	65	22	25	108	4	0	22	208

All-Time Varsity Season Statistics

	Wins	Losses	Ties	Conf. Wins	Conf. Place	State Qualifiers	Wins	Losses	Ties	Conf. Wins	Conf. Place	State Qualifiers	
1998	3	19	1	1	9th	1	2011	14	13	0	4	4th	0
1999	6	14	1	2	7th	2	2012	12	15	0	2	7th	3
2000	18	4	0	7	2nd	3	2013	16	8	0	4	4th	1
2001	14	8	0	5	5th	4	2014	21	5	0	5	3rd	4
2002	16	9	0	6	4th	3	2015	18	7	0	4	7th	7
2003	21	5	1	7	2nd	4	2016	19	6	0	4	6th	5
2004	13	15	0	4	5th	3	2017	17	9	0	4	6th	2
2005	12	14	0	3	7th	3	2018	9	14	0	4	5th	1
2006	24	7	0	8	2nd	3	2019	16	10	0	5	5th	1
2007	13	7	0	5	4th	3	2020	18	8	0	6	4th	2
2008	14	10	0	5	4th	0	2021	18	12	0	5	4th	5
2009	18	9	0	7	2nd	2	2022	18	7	0	6	4th	6
2010	21	6	0	8	2nd	0	Totals	389	241	.617	winning percentage		

Season Awards

Most Valuable Varsity Wrestler of the Year

1998	Tony Rodin
1999	Adam Fokken
2000	Adam Fokken
2001	Adam Fokken
2002	Mikey Fornicoia
2003	Nate Kocer
2004	Ryan Langlais
2005	Minh Huynh
2006	Minh Huynh & John Makabe
2007	Jacob Nelson & Dan Getzke
2008	Scott Hogan
2009	Scott Hogan
2010	Nels Pederson
2011	Mitch Recthzigel
2012	Mitch Recthzigel
2013	Jacob Rukavina
2014	Jacob Rukavina & George Farmah
2015	George Farmah & Luke Dodd
2016	Mike Delich, Alex Lindstrom
2017	Alex Lindstrom
2018	Peter Swanson
2019	Peter Swanson
2020	Roman Gilbert
2021	Kellen Stewart
2022	Ezra Formanek & Nolan Enderlein

Most Valuable Junior Varsity Wrestler of the Year

1998	Jim Maloney
1999	Tyrel Narva
2000	Chris Verhaeghe
2001	David Pudwill
2002	Andrew Lenertz
2003	Andrew Lenertz
2004	Brian Wallenta
2005	Chad Eul
2006	Mike Redig
2007	Jeff Hanson
2008	Josh Weiberg
2009	Nick Dodd
2010	Alec Teagarden
2011	Matt Henning
2012	Matt Ladd
2013	Billy Marks
2014	Jack Schliesman
2015	Carter Epperson
2016	Adam Larson
2017	Peter Swanson
2018	Abe Joseph
2019	Chris Schleicher
2020	Luke Habeck & Jack Stevens
2021	Jack Stevens & Ethan Dupont
2022	Landon O'Neil

Most Valuable Freshman (7-8-9) Wrestler of the Year

1998	Adam Fokken
1999	Mikey Fornicoia
2000	Bryan Lewis
2001	Steve Davis
2002	Tyler Cookas
2003	Troy Fokken
2004	Ryan Stepan
2005	Trever Sutherland
2006	Scott Hogan
2007	Cody Groskreutz
2008	Matt Galloway
2009	Brad Hogan
2010	Anthony Munos

2011	Jacob Rukavina
2012	George Farmah
2013	Tim Duffy
2014	Alex Lindstrom
2015	Eric Schmidt
2016	Gage Greenlee
2017	Mason Enderlein
2018	Nathan Langer
2019	Drew Bergstedt
2020	Nolan Enderlein & Ezra Formanek
2021	Carter Harris
2022	Aiden Enderlein

Most Improved Wrestler of the Year

1998	Nate Ernst
1999	Nick Thompson
2000	Brad Okonek
2001	David Rasmussen
2002	Eric Lemm
2003	Jud Turk
2004	Minh Huynh
2005	Josh Nelson
2006	Chad Eul
2007	Dijon Sanders
2008	Nels Pederson
2009	Nels Pederson & Josh Weinberg
2010	Eric Ehresmann
2011	Anthony Munos & Josh Blake
2012	BJ Groskreutz
2013	Will Gibson
2014	Jordan Swanson
2015	Jack Schliesman
2016	Logan Estep
2017	Chris Abbey
2018	Roman Gilbert
2019	Logan O'Neil
2020	Austin Gerisch
2021	Luke Habeck
2022	Ethan Dupont

Lightning Award

1998	Chris Verhaeghe
1999	Chris Verhaeghe
2000	Brian Putnam
2001	Brian Putnam & Eric Budd
2002	David Pudwill
2003	Jud Turk & John Getzke
2004	Jeremiah Foertsch
2005	Sam Voyles
2006	Chris Griep & Dillon Powell
2008	Bryan Okonek & David Ly
2007	Abebe Dessalegn & Andrew Pudwell
2009	Bobby Ladd & Matt Franson
2010	Nick Dodd & Cody Groskreutz
2011	Erik Ehresmann
2012	Chris Bechly
2013	Anthony Munos
2014	Jack Buck & Tyler Lindgren
2015	Casey Dravis & Tom Delich
2016	Collin Dolejs
2017	Carter Epperson & Adam Larson
2018	Eric Schmidt
2019	Quin Hoffman & Cedric Warner
2020	Mason Enderlein
2021	Connor Meixell & Nathan Langer
2022	Cole Frost & Luke Habeck

John Rodin Service Award

1998	Brad Okonek
1999	Brad Okonek
2000	Andrew Lenertz

2001	John Getzke
2002	Cory Wagner
2003	Cory Wagner
2004	Ben Foertsch
2005	Dante Hendricks
2006	Pat Cox
2007	Joey Scott
2008	Nick Dodd
2010	Jacob Rukavina
2011	Levi Groskreutz
2012	Billy Marks
2013	Nick Pegelow
2014	Brendan Formanek
2015	Brendan Formanek
2016	Brendan Formanek
2017	Eric Schmidt
2018	Adam Bass
2019	Brian Gerisch
2020	Mason Enderlein
2021	Travis Lee
2022	Jack McNeely

Wrestling Manager Hall of Fame

2000	Erinn Roos
2001	Rachel Davis
2003	Kari Okonek
2006	Ashley Langlais
2009	Libby Carroll
2010	Brooke Larson & Sara Olson
2013	Hannah Habeck
2016	Rachel Schmidt
2016	Brianna Peterman
2019	Abby Lindgren
2020	Payton Formanek

Wrestling Scholarship Recipients

2005	Kyle Wilson
2006	John Makabe
2007	Jacob Nelson
2008	David Ly
2009	Robert Ladd
2010	Nick Dodd
2011	Ben Schmitz
2012	Chris Bechly
2013	Jonathan Lenz
2014	Billy Marks
2015	Luke Dodd & Brett Hestness
2016	Collin Dolejs
2017	Mike Delich
2018	Eric Schmidt
2020	Mason Enderlein
2021	Connor Meixell
2022	Jack Stevens

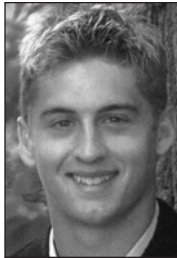
Scholar Athlete of the Year

2008	Ty Groskreutz
2009	Ty Groskreutz
2010	Rob Wietecha & Peter Nguyen
2011	Ben Schmitz
2012	Greg Howard
2013	Jonathan Lenz
2014	Nick Pegelow
2015	Zach Praus
2016	Mike Delich
2017	Mike Delich
2018	Mason Enderlein
2019	Logan O'Neil
2020	Logan O'Neil
2021	Logan O'Neil & Max Enderlein
2022	Nolan Enderlein

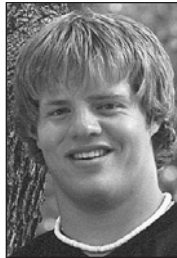
Eastview Distinguished Athletes



Adam Fokken
Football, Wrestling & Track; 2001 Athlete of the Year; 2001 Scholar Athlete; 2000 4th Place State (189 lbs); 2001 State Champion (189 lbs.)



Ryan Langlais
Football, Wrestling & Baseball; 2004 Athlete of the Year; 3X State Qualifier; 2004 Section Champion (160 lbs.)



Ryan Ruckdashel
Football, Wrestling & Track; Distinguished Athlete & Scholar; 2004 MSHSL ExCEL Winner; 2005 State Qualifier & Team Captain



Scott Hogan
Soccer & Wrestling; Distinguished Athlete; 129 Career Wins; Team Captain



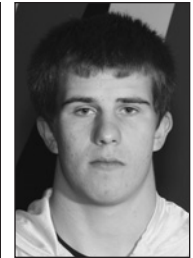
Ty Groskreutz
Football, Wrestling & Baseball; 2009 Scholar Athlete; 3-Sport Letter Winner; Team Captain



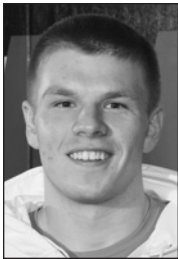
Cody Groskreutz
Wrestling & Baseball; Athlete of the Year; 82 Career Wins; Team Captain 2010



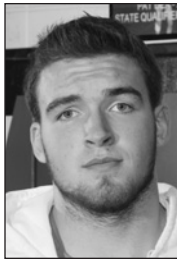
Ben Schmitz
Wrestling & Soccer; Distinguished Scholar Athlete; Section Place Winner; Team Captain 2011



Jonathan Lenz
Wrestling & Soccer; Scholar Athlete of the Year; Section Place Winner; Team Captain 2013



Nick Pegelow
Football & Wrestling; Distinguished Scholar Athlete; State Qualifier; Team Captain 2014



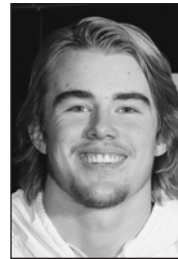
Jack Buck
Football, Wrestling, Track; Athlete of the Year; 3-Sport Letter Winner; Team Captain 2014



Collin Dolejs
Football, Wrestling, Track; Scholar Athlete of the Year; Wrestling Scholarship Recipient; State Qualifier



Mike Delich
Football, Wrestling, Track; Athlete of the Year; 2X State Place Winner; 2X Captain



Alex Lindstrom
Football, Wrestling, Baseball; Distinguished Athlete Award; 2X State Place Winner; 2X Captain, 175 Career Wins



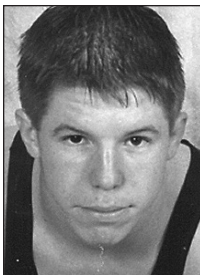
Peter Swanson
Football & Wrestling; Athlete of the Year; MN State Qualifier; 2X Team Captain



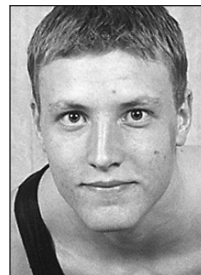
Logan O'Neil
Football, Wrestling & Track; Scholar Athlete of the Year; MN State Prelim Qualifier; Team Captain 2021

Wall of Excellence

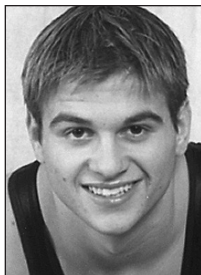
Criteria: State Place Winner, finish the program in good standing, and graduate from Eastview High School.



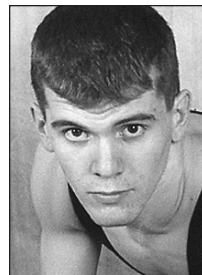
Tony Rodin
1998 - 4th Place
125 lbs.



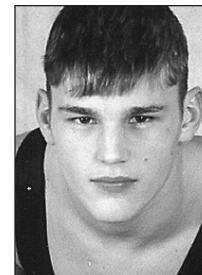
Adam Fokken
2000 - 4th Place 189 lbs.
2001 - State Champ
189 lbs.



Mikey Fornicoia
2002 - 6th Place
130 lbs.



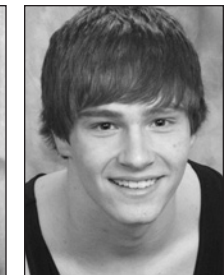
John Getzke
2003 - 5th Place
152 lbs.



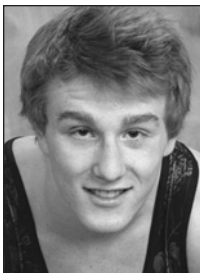
Nate Kocer
2003 - 6th Place
189 lbs.



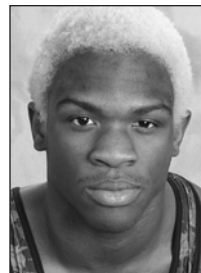
Minh Huynh
2005 - 4th Place
103 lbs.



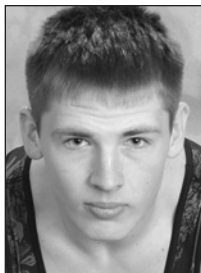
Mitch Rechtzigel
2012 - 2nd Place
160 lbs.



Jacob Rukavina
2014 - 3rd Place
160 lbs.



George Farmah
2014 - 2nd Place
2015 - 2nd Place
126 lbs.



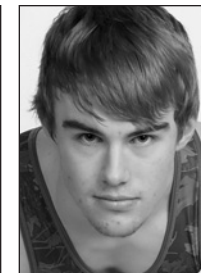
Luke Dodd
2015 - 2nd Place
182 lbs.



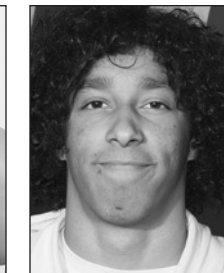
Tim Duffy
2015 - 5th Place
285 lbs.



Mike Delich
2016 - 4th Place
2017 - 3rd Place
195 lbs.



Alex Lindstrom
2016 - 5th Place, 160 lbs
2017 - 3rd Place, 170 lbs



Roman Gilbert
2020 - 3rd Place
132 lbs.

Wrestling Academic Team

2000	Silver Academic Team - 3.44
2001	Gold Academic Team - 3.68
2002	MN State Academic Champions - 3.71
2003	Gold Academic Team - 3.59
2004	Gold Academic Team - 3.6
2005	Gold Academic Team - 3.61
2006	Gold Academic Team - 3.67
2007	Gold Academic Team - 3.64
2008	MN State Academic Champions - 3.84
2009	MN State Academic Runner-up - 3.89
2010	MN State Academic Champions - 3.88
2011	Gold Academic Team - 3.79
2012	MN State Academic Champions - 3.79
2013	MN State Academic Champions - 3.74
2014	Gold Academic Team - 3.71
2015	Gold Academic Team - 3.62
2016	Gold Academic Team - 3.5
2017	Gold Academic Team - 3.5
2018	Gold Academic Team - 3.6
2019	Gold Academic Team - 3.74
2020	Gold Academic Team - 3.74
2021	Gold Academic Team - 3.75
2022	Gold Academic Team - 3.72

Academic All-State

2001	Adam Fokken
2012	Mitch Rehtzigel
2017	Mike Delich

Top 25 Alumni Career Wins

NAME	YEAR	WINS	LOSSES
Alex Lindstrom	2017	175	84
Mitch Rehtzigel	2012	158	50
Adam Fokken	2001	147	36
Jacob Rukavina	2014	141	68
Ryan Langlais	2004	139	54
Mason Enderlein	2020	131	53
Scott Hogan	2009	129	25
Mike Delich	2017	111	22
Kevin McBride	2003	110	84
George Farmah	2015	108	25
Mikey Fornicoia	2002	107	31
Minh Huynh	2006	100	32
Luke Dodd	2015	100	54
Roman Gilbert	2020	94	34
Anthony Munos	2013	94	62
Brendan Formaneck	2017	93	54
Nathan Langer	2021	91	53
John Makabe	2006	90	33
BJ Groskreutz	2012	85	28
Tim Duffy	2016	83	33
Pat Dea	2004	79	57
Casey Dravis	2015	79	51
John Getzke	2003	78	46
Tony Rodin	1999	77	23
Nick Pegelow	2014	72	31

Eastview Wrestling Recognitions

All Conference

Tony Rodin (2x)
 Brad Okonek
 Nate Ernst
 Adam Fokken (4x)
 David Rasmussen
 Mikey Fornicoia (3x)
 Eric Lemm
 James Voyles
 John Getzke
 Nate Kocer
 Kevin McBride
 Ryan Langlais (2x)
 Minh Huynh (2x)
 John Makabe(2x)
 Ryan Ruckdashel
 Scott Hogan (3x)
 Jacob Nelson
 Andrew Nelson
 Dan Getzke
 Chad Eul
 Bryan Okonek
 Mitch Rehtzigel (3x)

Nels Pederson
 Josh Weinberg
 Erik Ehresmann
 BJ Groskreutz
 George Farmah (2x)
 Anthony Munos
 Jacob Rukavina
 Alex Lindstrom
 Billy Marks
 Luke Dodd (2x)
 Nick Pegelow
 Mike Delich (2x)
 Alex Lindstrom (2x)
 Collin Dolejs
 Dane McDevitt
 Tim Duffy
 Mike Delich (2x)
 Alex Lindstrom (2x)
 Dane McDevitt (2x)
 Mason Enderlein (3x)
 Peter Swanson (2x)
 Roman Gilbert (2x)
 Quinn Hoffman
 Austin Gerisch

Drew Bergstedt
 Kellen Stewart (2X)
 Nathan Langer
 Logan O'Neil
 Nolan Enderlein
 Ezra Formaneck
 Luke Habeck
 Ethan Dupont

Section Champs

Tony Rodin
 Adam Fokken
 David Rasmussen
 Mikey Fornicoia
 James Voyles
 Nate Kocer
 Ryan Langlais
 Nels Pederson
 George Farmah (2x)
 Luke Dodd
 Mike Delich (2x)
 Tim Duffy
 Riley Myers

State Qualifiers

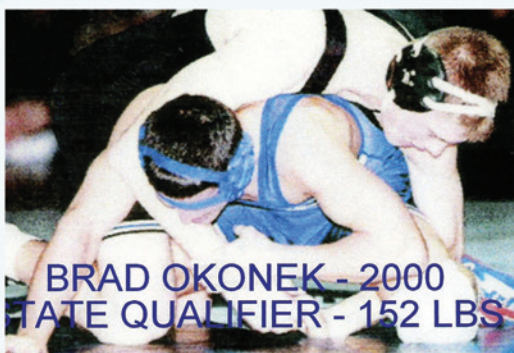
Tony Rodin (2x) 4th Place
 Brad Okonek
 Adam Fokken (3x) 4th Place
 1st Place
 David Rasmussen
 Mikey Fornicoia (2x) 6th Place
 James Voyles
 Jud Turk
 Nate Kocer 6th Place
 John Getzke 5th Place
 Ryan Langlais (3x)
 Pat Dea
 Steve Davis (2x) 4th Place
 Minh Huynh (3x) 4th Place
 John Makabe
 Ryan Ruckdashel
 Dan Getzke
 Chad Eul
 Jacob Nelson
 Will Jackson 4th Place
 Nels Pederson
 Dijon Sanders
 BJ Groskreutz
 Mitch Rehtzigel 2nd Place
 Jacob Rukavina (3x) 3rd Place
 Nick Pegelow

George Farmah (2x) 2nd Place
 2nd Place
 Luke Dodd (2x) 2nd Place
 Casey Dravis
 Tom Delich
 Tim Duffy (2x) 5th Place
 Alex Lindstrom (2x) 5th Place
 Collin Dolejs
 Dane McDevitt
 Alex Lindstrom (3x) 5th Place
 3rd Place
 Mike Delich (3x) 4th Place
 3rd Place
 Mason Enderlein
 Peter Swanson
 Roman Gilbert 3rd Place
 Nathan Langer
 Logan O'Neil
 Connor Meixell
 Kellen Stewart (2x)
 Riley Myers 1st Place
 Elsie Olson 3rd Place
 Nolan Enderlein 6th Place
 Ezra Formaneck (2x)
 Ethan Dupont
 Alex Baccoli

Eastview State Qualifiers

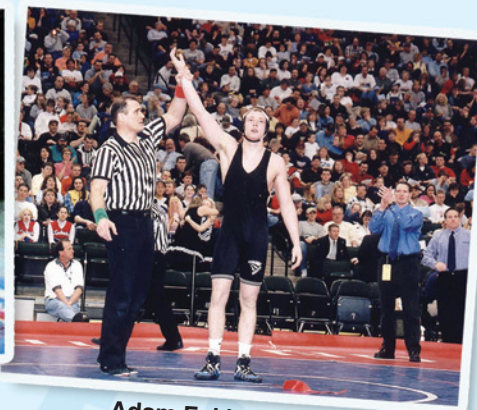


Tony Rodin - 1998
4th Place - 125 lbs.

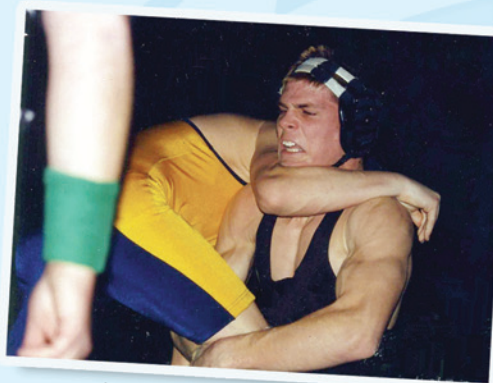


BRAD OKONEK - 2000
STATE QUALIFIER - 152 LBS

Brad Okonek - 2000
State Qualifier - 152 lbs.



Adam Fokken - 2001
State Champion - 189 lbs.
4th Place - 189 lbs.



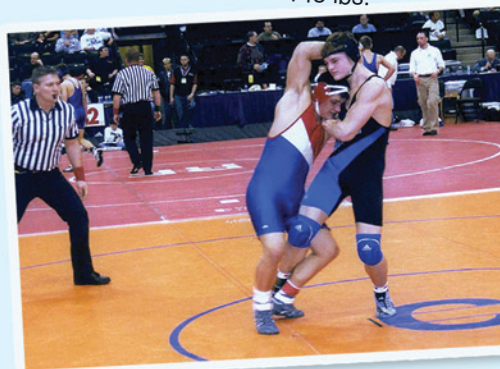
David Rasmussen - 2001
State Qualifier - 145 lbs.



Steve Davis - 2001
4th Place - 119 lbs.



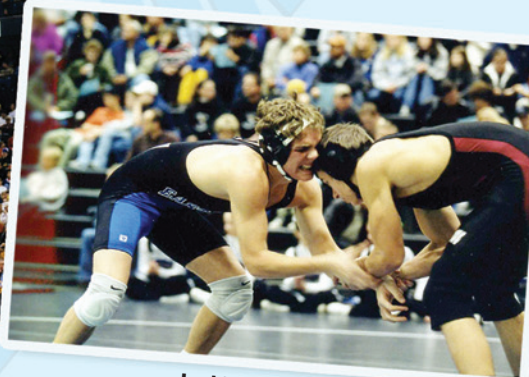
Mikey Fornicoia - 2002
6th Place - 130 lbs.



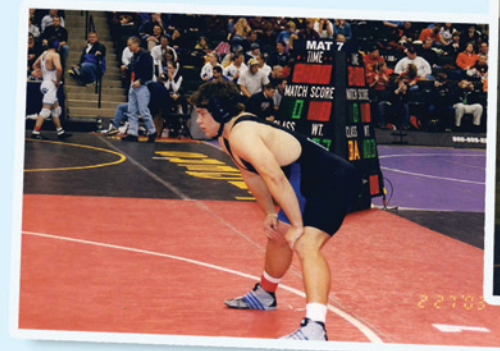
Nate Kocer - 2003
6th Place - 189 lbs.



John Getzke - 2003
5th Place - 152 lbs.



Jud Turk - 2003
State Qualifier - 140 lbs.



James Voyles - 2003
State Qualifier - 215 lbs.



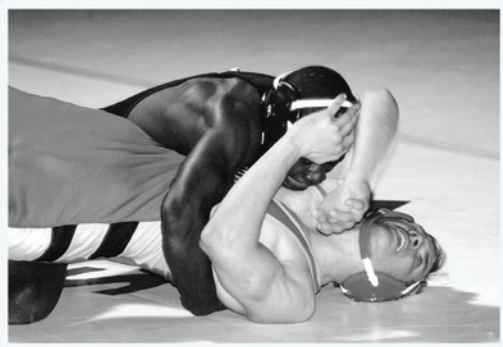
Pat Dea - 2004
State Qualifier - 125 lbs.



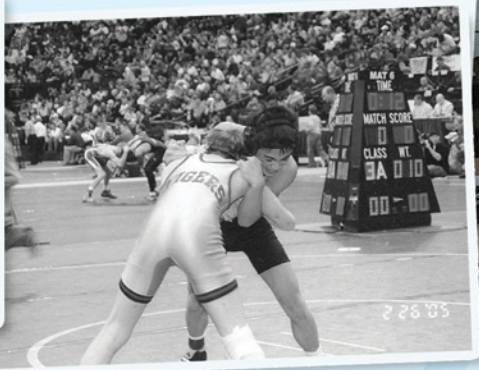
RYAN LANGLAIS - 2004
BX STATE QUALIFIER - 160 LB

Ryan Langlais - 2004
State Qualifier - 160 lbs.

Eastview State Qualifiers



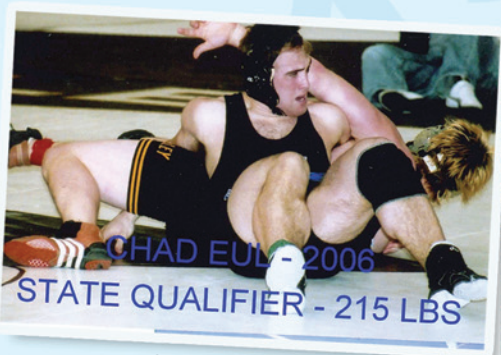
John Makabe - 2005
State Qualifier - 152 lbs.



Minh Huynh - 2005
4th Place - 103 lbs.



Ryan Ruckdashel - 2005
State Qualifier - 285 lbs.



Chad Eul - 2006
State Qualifier - 215 lbs.



JAKE NELSON - 130 LBS
STATE QUALIFIER - 2007

Jake Nelson - 2007
State Qualifier - 130 lbs.

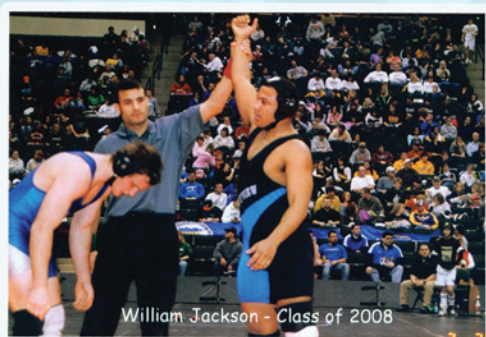


DAN GETZKE - 171 LBS
2X STATE QUALIFIER - 2007

Dan Getzke - 2007
State Qualifier - 171 lbs.



Nels Pederson - 2009
State Qualifier - 152 lbs.



Will Jackson - 2008
4th Place - 215 lbs.

William Jackson - Class of 2008



Dijon Sanders - 2009
State Qualifier - 285 lbs.



Mitch Rechtzigel - 2012
2nd Place - 160 lbs.



BJ Groskreutz - 2012
State Qualifier - 130 lbs.



Jacob Rukavina - 2014
3rd Place - 160 lbs.

Eastview State Qualifiers



Nick Pegelow - 2014
State Qualifier - 195 lbs.



Casey Dravis - 2015
State Qualifier - 145 lbs.



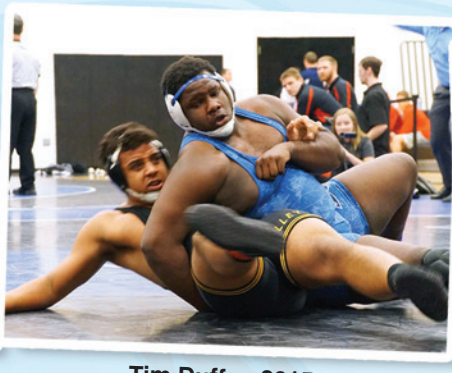
Tom Delich - 2015
State Qualifier - 220 lbs.



George Farmah
2014 - 2nd Place - 126 lbs.
2015 - 2nd Place - 126 lbs.



Luke Dodd - 2015
2nd Place - 182 lbs.



Tim Duffy - 2015
5th Place - 285 lbs.



Dane McDevitt - 2016
State Qualifier - 220 lbs.



Collin Dolejs - 2016
State Qualifier - 170 lbs.



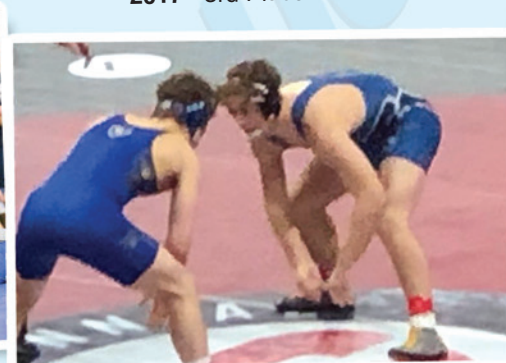
Mike Delich
2016 - 4th Place - 195 lbs.
2017 - 3rd Place - 195 lbs.



Alex Lindstrom
2016 - 5th Place - 160 lbs.
2017 - 3rd Place - 170 lbs.



Mason Enderlein - 2018
State Qualifier - 120 lbs.



Peter Swanson - 2019
State Qualifier - 170 lbs.



Roman Gilbert - 2020
3rd Place - 132 lbs.

Eastview State Qualifiers



Nathan Langer - 2021
State Prelims - 182 lbs.



Logan O'Neil - 2021
State Prelims - 195 lbs.



Connor Meixell - 2021
State Prelims - 220 lbs.



Kellen Stewart - 2021
State Championships - 285 lbs.



Alex Baccoli - 2022
State Qualifier - 220 lbs.



Ethan Dupont - 2022
State Qualifier - 195 lbs.



Nolan Enderlein - 2022
6th Place - 106 lbs.



Ezra Formanek - 2022
State Qualifier - 170 lbs.



Riley Myers - 2022
State Champion - 138 lbs.



Elsie Olson - 2022
3rd Place - 185 lbs.

EASTVIEW WRESTLING

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EASTVIEW WRESTLING



GOOD LUCK!

EASTVIEW WRESTLERS

Commitment To Excellence

How good do you want to be? If your answer is, “good enough to get by,” than a commitment to excellence is not necessary, but if your completely honest answer is, “the best,” you must make a total commitment to excellence.

Wrestlers are born with varying degrees of natural ability. Sacrifice and a commitment to excellence are required to develop that ability. Time, hard work, continuous practice and repetition all go into the making of a good athlete.

To be a winner you must be willing to make sacrifices. This means maintaining good training habits, getting the proper amount of rest, and eating a balanced diet.

You can be as great as you want to be. If you believe in yourself and have the courage, determination, dedication, competitive drive, and if you are willing to give up the little things in life to accomplish an ultimate goal down the road, **you will succeed!**

In our years of involvement in athletics, we have seen athletes make a sincere commitment to excellence. They had a burning desire to be not just good, but great. They craved coaching. They wanted to learn a new wrestling move every day. They worked harder than the other wrestlers during the season and they never stopped working in the offseason. They went out of their way to look for tougher competition. Finally, they were stubborn—they refused to settle for anything less than the best.

As a result, each was a big winner. There was no luck or chance involved; these wrestlers worked hard so they would always

have an edge when they went into their matches. They knew they would win...and they did.

A commitment to excellence means you must be willing to work hard, to push yourself physically until it hurts. We believe that any wrestler who walks off the mat after a full match and is not physically spent has not worked to his physical potential.

If you have a true commitment to excellence you will give up anything that does not help you become better as an athlete or a person. Don't be content with mediocrity—strive to live up to the greatness within you.

The great coach Vince Lombardi had this to say about making the commitment to excellence:

“For the winner there is 100 percent elation, 100 percent laughter, 100 percent fun and for the loser the only thing left is a 100 percent resolution and 100 percent determination. The game, I think, is a great deal like life. Every man makes his own personal commitment toward excellence and toward victory. Although you know ultimate victory can never be completely won, it must be pursued with all of one's might and each week there is a new encounter, each year a new challenge.

“I'd like to say that the quality of any man's life is a full measure of that man's personal commitment to excellence and to victory, regardless of what field he may be in.”



Group Selfie – January 17, 2023

A vertical lightning bolt graphic strikes down from the top center of the page, passing through the text.

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2022-2023 Eastview Wrestling



Eastview Lightning Schedule

DATE	OPPONENT	SITE	TIME
Friday, Dec. 2	Eastview Duals (V-JV)	Eastview	5:00 pm
Saturday, Dec. 3	Eastview (K-8) Tournament	Eastview	9:00 am
Friday, Dec. 9	Eden Prairie, Buffalo	Eden Prairie	5:00 pm
Saturday, Dec. 10	Maple Grove Invitational (V-JV)	Maple Grove	10:00 am
Sunday, Dec. 11	Spaghetti Dinner / Silent Auction	Rosemount Legion	4:30 pm
Thursday, Dec. 15	Lakeville South / South St. Paul / St. Agnes	Lakeville South	5:00 pm
Saturday, Dec 17	Athena Invite (Girls)	Hopkins	9:00 am
Saturday, Dec 17	White Bear Duals (JV)	White Bear Lake	9:00 am
Wednesday, Dec. 21	Burnsville / Farmington	Eagan	5:30 pm
Thurs-Fri, Dec. 29-30	Bi-State Classic (V)	La Crosse, WI	9:30 am
Thursday, Jan. 5	Apple Valley (Alumni Night)	Eastview	7:00 pm
Saturday, Jan. 7	Eastview 9th Tournament	Eastview	9:00 am
Thurs, Jan. 12	Prior Lake / Rosemount	Rosemount	7:00 pm
Saturday, Jan. 14	Mounds View Duals (V-JV)	Mounds View	9:00 am
Friday, Jan. 20	Shakopee	Shakopee	7:00 pm
Saturday, Jan. 21	Lightning Invitational (V-JV)	Eastview	10:00 am
Thursday, Jan. 26	Lakeville North (Senior/Parent Night)	Eastview	7:00 pm
Friday, Jan. 27	Hastings / Prescott	Hastings	7:00 pm
Saturday, Feb. 4	Armstrong Team Tournament (V-JV)	Robbinsdale Armstrong	9:00 am
Saturday, Feb. 4	Pine Island Invite (Girls)	Pine Island	9:00 am
Friday, Feb. 10	Mound Westonka Invite (V)	Mound Westonka	5:00 pm
Saturday, Feb. 11	South Suburban Invite (JV-9)	Lakeville South	10:00 am
Friday, Feb. 17	Section 2 Team Tournament	Apple Valley	4:00 pm
Saturday, Feb. 18	Girls Section Tournament	Hastings	10:00 am
Saturday, Feb. 25	Section 2 Individual Tournament	Lakeville North	9:00 am
Thurs-Sat, Mar. 2-4	State Tournament	Xcel Energy Center	TBD
Sunday, Mar. 19	Wrestling Banquet	Rosemount CC	4:30 pm
Saturday, April 8	Thunderbolts Freestyle Tourney	Eastview	10:00 am
Thurs, July 20	EWB Picnic – Bean Bag Tourney	Trapp Farm Park	6:00 pm