

EASTVIEW WRESTLING 2002-2003

Eastview High School

Eastview High School is an attractive building, on an outstanding site, with state-of-the art technology, rigorous and relevant curriculum, and comprehensive and competitive cocurricular programs. But, more importantly, it's a school about people working together, about relationships, about a talented staff that cares about students, about exceptional students doing exceptional things, and about supportive and involved parents.

Over the past few years, students, parents, school people and members of our communities have worked together to give Eastview High School a name of its own, school colors, and a school logo. And, we have dreamed together about the ideal school we want Eastview High School to be. These dreams have become the Guiding Principles for Eastview High School. It is these principles that have established our attitude and our agenda for action, as we have hired outstanding staff members and developed the programs, structures, and systems to bring Eastview High School to life.

As we begin the sixth year of Eastview High School, we invite each student to learn more about the curricular and cocurricular opportunities that are available; and, we encourage you to get involved. Success, meaning and enjoyment in high school is directly related to involvement by both students and parents.

With the many opportunities at EVHS come many responsibilities. Each student at Eastview High School is expected to know them and do his/her part to create and sustain a safe, positive and orderly learning environment for all students.



District 196 believes that the cocurricular program of the school plays a substantial and important role in providing successful and meaningful experiences for students. In addition to a comprehensive list of courses, Eastview High School offers a wide variety of school activities to meet students' interests and needs. These activities are grouped into three categories: fine/performing arts and activities, student leadership and service, and athletics. All students are encouraged to participate according to their interests and abilities.

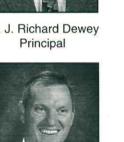
- · Cross Country (Boys and Girls)
- Dance Team Performance (Girls)
- Football (Boys)
- Soccer (Boys and Girls)
- Swimming and Diving (Boys and Girls)
- Tennis (Boys and Girls)
- Volleyball (Girls)
- Dance Team Competition (Girls)
- · Basketball (Boys and Girls)
- · Figure Skating (Boys and Girls)
- Gymnastics (Girls)
- Hockey (Boys and Girls)
- Slalom Skiing (Boys and Girls)
- · Nordic Skiing (Boys and Girls)
- Wrestling (Boys)
- Baseball (Boys)
- · Golf (Boys and Girls)
- · Softball (Girls)
- Track and Field (Boys and Girls)
- Adapted Athletics (Boys and Girls)
- Athletic Training (Boys and Girls)
- Cheerleading Sport (Girls)
- · Cheerleading Competition
- Intramurals (Girls and Boys)
- · Strength Training (Girls and Boys)



Eastview Administration



Dr. J. Richard Dewey



Bruce Miller Assistant Principal



Randall Peterson Associate Principal



Rob Franchino Assistant Principal



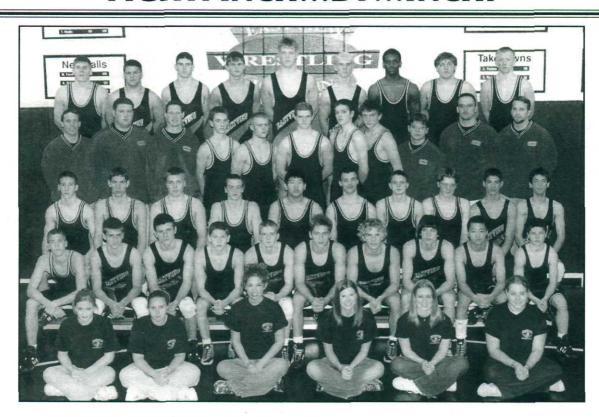
Kim Martinson Assistant Principal



Matt Percival Administrative Assistant

This program is sponsored by the Eastview Wrestling Association.

FIGHT! INCH...BY...INCH!



By Nick Fornicoia

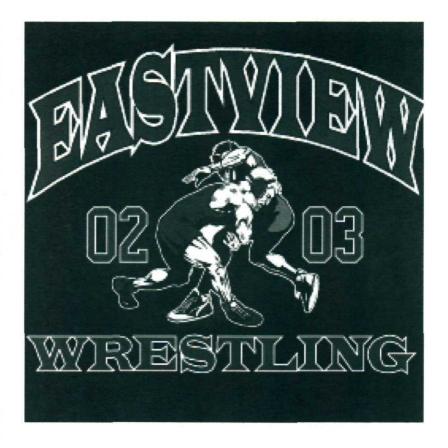
Wrestling, like life, is a sport of inches. The wrestlers on this team are determined to fight to reach their lofty goals. Everyday we encounter a struggle within ourselves to perform at our best. Whether it's in school, at practice, or at home, we must work hard on the little things.

"A thousand mile journey begins with a single step." We are on an honorable and groundbreaking journey this year, but in order to reach our goals, we must focus on each step.

The little things that will make us better include excelling in school, drilling intensely, doing extra repetitions after practice, conditioning beyond your comfort zone, lifting ferociously, and much, much more. Everything counts. Every inch will make the difference.

You must be willing to fight your way onto that victory stand. To climb up, **one inch at a time.**

The inches we need are everywhere around us. They're in how we practice, how we nourish ourselves, and how we perform. On this team **we fight for that inch.** On this team, we must be willing to make sacrifices for that inch.



Wrestling is not easy. Winning is not easy. We must be ready and willing to claw with our fingernails for that inch because we know that when we **add up all those inches** that's going to make the difference between winning and losing.

LIGHTNING WRESTLING COACHING STAFF



Kurt Habeck, Head Coach

Kurt Habeck, a native of Winona, Minnesota, has been a social studies teacher, wrestling and football coach, and weight room instructor for 12 years.

Kurt was a graduate of Augsburg College where he competed in wrestling and was a captain on the NCAA III National Championship Team. Individually, Kurt was a NCAA III All-American and an Academic All-American. He was a varsity

starter all four years as Augsburg placed eighth, third, second, and first nationally.

Kurt met his wife, Shelly, at Augsburg. They have a 8 year old daughter named Hannah, a 5 1/2 year old son named Zachary, and a 2 year old daughter named Erinn. Kurt and his family reside in Apple Valley.



Todd Frost, Assistant Coach

Todd is originally from New York Mills, Minnesota. In his prep career, he finished third twice in his section, not being able to complete his senior year due to injury. Along with high school wrestling, Todd competed freestyle, placing first in state as a cadet and second as a junior.

Todd graduated from Minnesota State University Morrhead where he participated

in football.

Todd is in his second year of teaching at Eastview High School where he teaches earth science and coaches football.

He enjoys the outdoors and can be found hunting, fishing, and participating in other sports.



Nick Fornicoia, Assistant Coach

Nick Fornicoia, a native of Richfield, Minnesota is entering his fourth year as an English teacher and assistant wrestling coach at Eastview High School. Nick teaches Creative Literature, English II, and broadcast journalism.

Nick has also been an Augsburg College wrestling assistant coach for three years, where he helped coach the Auggies

to a National Championship team title.

Nick was a state champion wrestler in high school. As a graduate of Augsburg College, he was a NCAA III National Champion at 118 lbs. Fornicoia finished his career as a three-time All-American. In his era the Auggies placed second, first, second, and first in four national tournaments.

Coach Fornicoia enjoys teaching and coaching, and his hobbies include reading, rollerblading, and mountain biking.



Doug Nelson, Athletic Trainer

Doug has been Eastview's Athletic Trainer since the opening of the school in 1997. Before coming to Eastview, Doug was an Athletic Trainer for Augsburg College, the Minnesota Twins, and for Brooklyn Center.

Doug and his wife Becky adopted a little girl from India, Emily, last December.



Travis Lee, Assistant Coach

Travis Lee, originally from Kensington, Minnesota, is entering his fifth year as a math teacher and assistant wrestling coach at Eastview High School.

Another fellow Auggie, Coach Lee was a four year Academic Club member. He wrestled at Augsburg College when their national runs ended at fourth, first,

second, and first place nationally.

In high school, Travis earned four trips to the state tournament. In addition to this, he was a two-time Academic All State award winner. Lettering in football and golf rounded out his high school athletic career.

Travis enjoys teaching math and coaching, but still finds time to read, watch movies, and participate in many outdoor activities.



Shane Peters, Assistant Coach

Shane is originally from Huron, South Dakota. In his prep career, he was an individual state champion and a high school All-American.

Shane graduated from Black Hills State University where he was a two year captain for the football team. Along with captainship, he was also a two time se-

lection to the first team All-Conference. While in college, Shane also coached high school wrestling for two years at Sturgis (SD) High School.

Shane is in his third year at Eastview High School where he teaches geometry and algebra II.

He enjoys teaching, coaching, and his hobbies include playing and watching sports.



Ben Nelson, Assistant Coach

Ben Nelson is originally from Plymouth, MN, where he graduated from Wayzata High School. Ben completed his undergraduate degree in biology at Indiana University where he was a three time Big-Ten scholar –athlete award winner. Ben's graduate degree was completed at Georgia State University.

Ben is new to the Eastview staff, having recently moved back to Minnesota from Georgia. During his free time he enjoys spending time with his wife Suzanne and 1 year old daughter Katie. Some favorite activities include biking, hiking, and attending baseball games.

As a high school wrestler Ben placed 2nd and 3rd in the Minnesota state high school tournament and was a 5 time junior national all-American, making it to the finals twice.



EASTVIEW WRESTLING

Captains John Getzke, Kevin McBride, Jud Turk, James Voyles

2002-2003 Season

EIGHTH GRADE

RYAN STEPAN

FRESHMAN

JUSTIN ARMSTRONG CHRIS AUGUSTINACK JEREMY BLEICHNER **BRANDON BOXLER** NATHANIEL CARROLL PHILLIP CAUCUTT ANDREW COTTERMAN CHAD EUL SHAWN FERBER BEN FOERTSCH TROY FOKKEN CHRIS GRIEPP MINH HUYNH JON LATTERNER ADAM MCCUE ANDREW NELSON JOSHUA NELSON MATT NEUTZ MIKE NORD **NICK SHIFLET** RYAN STRUSZ JOHN THELL JOE TOMES DAN WHITAKER JEREMY YEAZLE

SENIORS

JOHN GETZKE
NATE KOCER
ANDREW LENERTZ
KEVIN MCBRIDE
RANDY PRICE
CHRIS SHUCK
JUD TURK
JAMES VOYLES

SOPHOMORES

KANE BECHSTEIN
THOMAS CHIES
TYLER COOKAS
MATT JOHNSON
MICHAEL LEBEIS
ALEX LEMAIRE
STEPHAN MCMOORE
TIM MILLS
RYAN RUCKDASHEL
TERRY SHERIDAN
SAM VOYLES
GEOFF WALTERS
KYLE WILSON

JUNIORS

JASON BERVE STEVE DAVIS PAT DEA KEVIN EICH JEREMIAH FOERTSCH KYLE FOKKEN DAVID GROGG FRED HWANG RYAN LANGLAIS ANDREW TIGHE CORY WAGNER BRIAN WALLENTA

PRINCIPAL

Dr. J Richard Dewey

Athletic Director

Bruce Miller

Coaches

Kurt Habeck Nick Fornicoia Todd Frost Travis Lee Ben Nelson Shane Peters

Nickname

Lightning

School Colors

Black, Blue, Silver, White

Managers

Taryn Noll Kari Okonek Melanie Putnam

Videographer

Cassie Chapley Lynette Tejera

Conference

Lake

Section 6AAA

Board of Education

Mike Roseen, Chairperson
Jackie Magnuson, Vice-Chairperson
Bruce Endler, Clerk
Rob Duchscher, Treasurer
Judy Lindsay
Kevin Sampers
Bob Schutte

Dr. John T. Haro Superintendent

LIGHTNING WRESTLING



John Getzke

John is a 2X captain and 3X letter winner for the Lightning. John earned 26 wins, was an All-Conference HM selection, and finished 4th at sections last season. John is

excited about leading the team and has high goals set for himself. John is also a 2X state qualifier in the pole volt.





Kevin McBride

Captain Smokie, is a returning letter winner, earned All-Conference honors, 27 wins, and finished 3rd at sections last season. Smokie is expected to wrestle

at 125 lbs. this year. Smokie's work ethic, dedication, and exciting style of wrestling will allow him to be very successful this year.



Jud Turk

Senior Captain Jud Turk is entering his 4th year of wrestling for the Lightning. Jud earned 16 wins while placing 6th at sections last season. Jud is expected to wrestle at 140 lbs. this

season. Jud's desire to excel will allow himself and his teammates to achieve great things this year.



James Voyles

James, a captain and 2X letter winner, had a breakout season last year. James earned 25 wins, placed 1st at the Burnsville Invite, and earned 3rd place honors at the

section tournament last season. James welcomes the new 215 lb. weight class and expects to compete at a very high level. James was also captain of the Lightning football team that played in the State Semi-Finals at the Metrodome.



Tyler Cookas

Sophomore Ty Cookas gained valuable experience last year while wrestling on varsity and the 9th grade team most of the year. Tyler was a letter winner as well as a qualifier for the

9th Grade State Tournament.



LETTERMEN

Steve Davis

Steve, a junior, is entering his 4th season as a varsity wrestler. Steve is a 2X state qualifier, a state place winner in 2001, and earned All-Conference honors with 27 wins last season. Steve

is expected to wrestle at 145 lbs. this season.



Pat Dea

Junior Pat Dea is a 2X letter winner having earned 18 wins and placed 6th at sections last season at 112 lbs. Pat is expected to wrestle at 119 lbs this season.



Kevin Eich

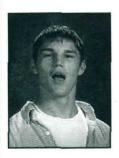
Kevin Eich, a junior, placed 4th at sections last season at 103 lbs while earning 17 hard fought wins. Kevin is 2X letter winner and is expected to wrestle at 112 lbs. this season.



Jeremiah Foertsch

Jeremiah wrestled most of the season on varsity last year at 125 lbs. Foertsch, a junior, is a letter winner having earned 11 wins and had an outstanding section

tournament placing 3rd. Jeremiah is expected to wrestle at 130 lbs. this season.



Nate Kocer

Nate, a senior, broke into the varsity line-up midway through the season and finished earning 3rd place honors at sections. Nate earned 20 wins last season and is expected to

wrestle at 189 lbs. this season.



Ryan Langlais

Ryan, a junior, is entering his 4th season as a varsity wrestler. Ryan is a 2X state qualifier, earned 28 wins and received All-Conference Honorable Mention honors. Ryan is

expected to wrestle at 160 lbs. this season.

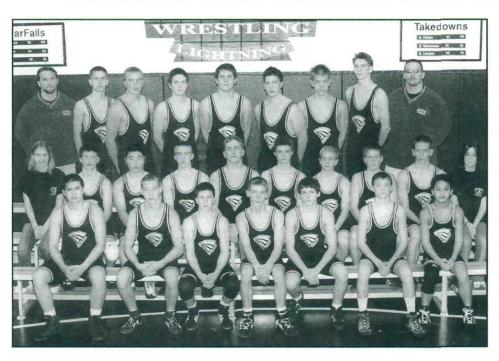


Chris Shuck

Chris, a senior, is a 2X letter winner having earned 19 wins and placed 4th at sections last season at 160 lbs. Chris is expected to wrestle at 171 lbs. this season.

LIGHTNING WRESTLING

Minnesota Ninth Grade and Under Wrestling League



FRESHMEN TEAM 2002-2003

JUSTIN ARMSTRONG
CHRIS AUGUSTINACK
JEREMY BLEICHNER
BRANDON BOXLER
NATHANIEL CARROLL
PHILLIP CAUCUTT
ANDREW COTTERMAN
CHAD EUL
SHAWN FERBER

BEN FOERTSCH TROY FOKKEN CHRIS GRIEPP MINH HUYNH JON LATTERNER ADAM MCCUE ANDREW NELSON JOSHUA NELSON MATT NEUTZ MIKE NORD NICK SHIFLET RYAN STRUSZ JOHN THELL JOE TOMES DAN WHITAKER JEREMY YEAZLE

9th Grade Wrestling Managers







Ashley Langlais



Britni Jansen

9th Grade State Individual Championships

Sam Voyles - 4th Tyler Cookas - DNW Thomas Chies - DNP

Scott Polansky - DNP Troy Fokken - DNP

League Members and Section Assignments:

Section 1 Filmore Central K-M Lake City Plainview Rushford Wabasha-Kellogg

Section 2 adrian Albert Lea Faribault JCC Northfield Owatonna St. James Waterville

Section 3 Chisago Lakes Forest Lake Irondale SP Johnson Stillwater Tartan Totino-Grace White Bear Lake

Section 4
Eagan
Eastview
Hastings
Park
Rosemount
Simley
St. Thomas
Woodbury

Section 5 Apple Valley Burnsville Farmington Kennedy Lakeville New Prague Shakopee Scott West

Section 6
Armstrong
Buffalo
Cooper
Delano
Eden Prairie
Edison
Hopkins
Hutchinson
Minnetonka
Mound-Westonka
Wayzata

Section 3

Section 4

Section 7 Anoka Blaine Champlin Park Coon Rapids Elk River Maple Grove Osseo St. Francis STMA

Section 8
Becker
Cambridge
Foley
Milaca
Monticello
Picrz
Rocori
South Rapids
St. Cloud Tech
St. Cloud Appollo
Royalton

Section 9 Blackduck Breckenridge Detroit Lakes Dilworth-6-F Fergus Falls Fertile-Bel Fosston-Bag Frazee Greenbush-MR Mahnomen-W Perham

Section 10
A-C-GC
ANML
B-B-E
Benson
Bold
K-M-S
Litchfield
MACCRAY
New London-S
Paynesville
Renville
Willmar

 REGIONS

 Region 1A
 Region 3
 Region 5A

 Section 1
 Section 5
 Section 9

 Region 1B
 Section 6
 Region 5B

 Section 2
 Region 4
 Section 10

 Region 2
 Section 7

Section 8

LIGHTNING SUPPORT

Varsity Wrestling Managers







Taryn Noll - 11



Melanie Putnam - 11

Videographers



Cassie Chapley - 11



Lynette Tejera - 11

JV Wrestling Managers



Katie Peterson - 10



Christina Spelman - 10



Jen Ortendahl - 10

Freshmen Cheerleaders

Jasmine Abdullah Holland Baxley Lyndsey Belbeck Kristi Burrows Amber Conrade Amy Gates Casey Kestler Chantel McGrath

Board of Directors

Sharon & Tom Getzke	President
Kristen & James Voyles	Vice President
Dana & Mike Cookas	
Lois & Mark Fokken	Secretary
Nick Fornicoia	ThunderBolts Liaison
Travis Lee	EVAA Liaison
Shelly & Kurt Habeck	EVHS Head Coach

Grade Representatives

Debra & Mark Neutz	9th	Grade	Rep.
Debbie & Cal Eich	11 th	Grade	Rep.
Linda & Jim Dea	11 th	Grade	Rep.
Kathy & Steve Lenertz	12th	Grade	Rep.

A message from the Presidents...

Wrestling Parents

As parents of two wrestlers, it often occurs to us just how fortunate we are to share the sport with them. We feel what they feel, eat what they eat, get up early when they get up early and dedicate our lives just as they dedicate theirs. We experience their joy in victory, and we feel their pain in defeat. We would not want it any other way. We are wrestling parents.

And, we are not alone. In fact, there are many wonderful wrestling parents who, like us, dedicate themselves to their wrestlers. Watch the diet, organize car pools, wash smelly shirts, work the concession stand, raise money, help the coaches, cheer with the cheerleaders, thank the student managers and share wonderful memories with their wrestlers. We are all wrestling parents.

That is why we are so proud to serve as the 2002-2003 president of the Eastview Wrestling Association. EWA is a strong organization of wrestling parents, coaches and wrestling enthusiasts who work together to support the sport

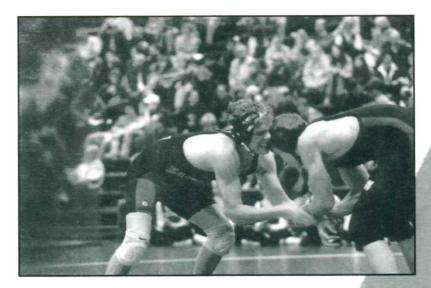
at Eastview. EWA meets every month, and all wrestling parents are welcome to participate. Call us at 651-454-1196 with any questions regarding EWA, meeting times or volunteer opportunities.

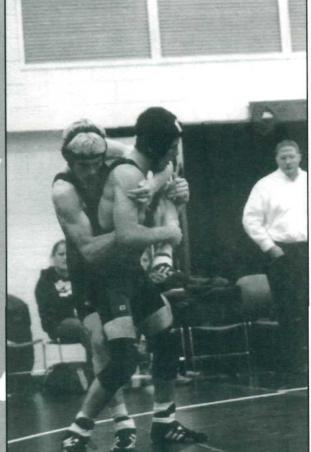
The new wrestling year has started, and the Eastview Wrestling program is looking forward to its most successful year ever. The program promises to build on the outstanding successes of last year, highlighted by the team earning state championship academic honors, exceeding athletic performance goals and creating positive momentum going into the 2002-2003 season.

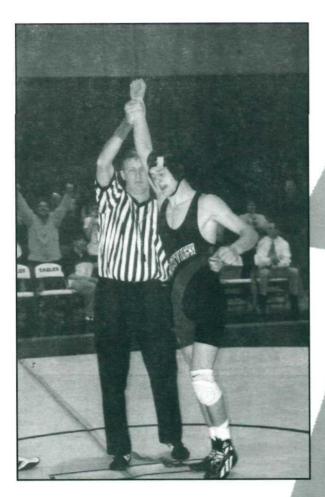
We would like to thank all of the parents who are volunteering on the 2002-2003 EWA board and committees. You are wrestling parents and you do a great job.

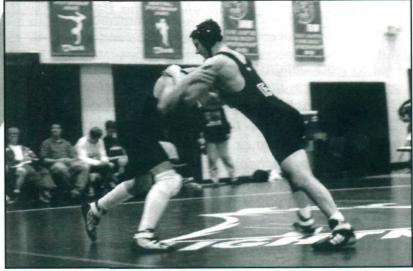
We will see you on November 29 for the Annual Parents Open House event and at the fund-raisers, PAK events, home/away matches, state tournament and the awards banquet as we watch our wrestlers "Fight Inch by Inch" in 2002-2003.

Sharon and Tom Getzke

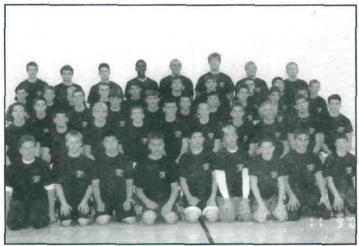








EASTVIEW WRESTLING



Commitment Night 2002



Nebraska Team Camp 2002

Go Lightning!

Eastview Community Foundation

www.evcf.org

A special thanks to the Eastview Community Foundation for their continued support of Academics, Art, and Athletics in the Eastview community.

The Foundation is currently seeking individuals, families, businesses and organizations to provide postsecondary scholarships for 2003 graduating seniors. If you are interested in funding a scholarship or would like more information on the Eastview Community Foundation Scholarship Program, please contact Gail Dougherty at 952-431-5502.

Together we can make a difference.



Eastview Showcase 2002

02-03 Wrestling Coaches



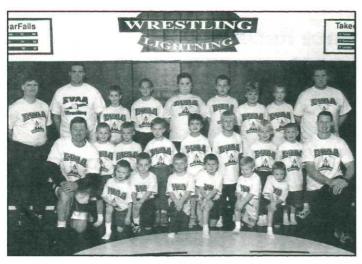
LIGHTNING WRESTLING PROGRAMS

EVAA WRESTLING

K-3rd Program – November to December 4th-6th Program – November to December

GOALS

- 1. Provide youth the opportunity to develop wrestling skills and to improve their strength, balance, and agility.
- 2. Teach youth to control their emotions and develop feelings of self-worth.
- 3. Teach youth how to cooperate in a competitive context with appropriate sportsmanship.
- 4. Provide an enjoyable and safe experience.
- 5. Promote the sport of wrestling to increase participation throughout the community.



(K-3rd) 2002



(4th-6th) 2002

Black Hawk Middle School

Coach: Jeff Schellhas

Falcon Ridge Middle School

Coaches: Dave Katzenmeyer

Scott Highlands Middle School

Coaches: Greg Dravis Mike Griffith

THUNDERBOLTS WRESTLING CLUB (Freestyle and Greco Roman)

About the Program

Thunderbolts Wrestling Club was formed with a simple goal: to provide a safe and fun atmosphere for our wrestlers to develop and succeed. To be all they can be. We have put together a dedicated and talented staff who believe in this goal. Our club is run wholly by volunteers. People just like you. Without you we could not exist.

Coaches:

Nick Fornicoia, Ben Nelson, Tony Rodin

Season: March - April

Contact Coach Fornicoia for more information (651) 683-6969 ext. 8679.

LIGHTNING WRESTLING

Lake Conference Teams

Apple Valley

Bloomington Jefferson Bloomington Kennedy

Burnsville

Chaska

Eagan

Eastview

Eden Prairie

Lakeville

Rosemount

Section 6AAA Teams

Apple Valley Bloomington Jefferson Bloomington Kennedy Burnsville

Eagan

Eastview

Minneapolis Southwest

Minneapolis Washburn

Rosemount

Richfield/Edina

Lake Conference Records 2001-2002

School	<u>Won</u>	Lost
Apple Valley	9	0
Kennedy	4	5
Burnsville	8	1
Lakeville	5	4
Eastview	6	3
Rosemount	7	2
Eden Prairie	3	6
Jefferson	0	9
Eagan	2	7
Chaska	1	8

Section 6AAA State Placers 2002

Lake Conference State Placers 2002

112	Charlie Falk	1st	Apple Valley	112	Charlie Falk	1st	Apple Valley
119	Neil Wasmund	1st	Apple Valley	119	Neil Wasmund	1st	Apple Valley
152	Jacob Schlottke	1st	Apple Valley	152	Jacob Schlottke	1st	Apple Valley
275	Trevor Laws	1st	Apple Valley	275	Trevor Laws	1st	Apple Valley
171	Brad Bruns	2nd	Apple Valley	171	Brad Bruns	2nd	Apple Valley
103	Jayson Ness	3rd	Bl. Kennedy	103	Jayson Ness	3rd	Bl. Kennedy
125	Michael Fessler	3rd	Apple Valley	125	Michael Fessler	3rd	Apple Valley
140	Randy Hardman	3rd	Burnsville	140	Randy Hardman	3rd	Burnsville
171	Matt Herman	3rd	Burnsville	171	Matt Herman	3rd	Burnsville
145	Ken Francois	4th	Rosemount	145	Ken Francois	4th	Rosemount
103	Tyrone Meyer	5th	Apple Valley	103	Tyrone Meyer	5th	Apple Valley
130	Mikey Fornicoia	6th	Eastview	145	Sam Donner	5th	Lakeville
145	Joe Arrandondo	6th	Richfield	130	Mikey Fornicoia	6th	Eastview
160	Lon Welsh	6th	Apple Valley	152	Jared Simon	6th	Lakeville
				160	Lon Welsh	6th	Apple Valley

LIGHTNING WRESTLING DUAL MEETS

Varsity Dual Meet Results 2001-2002

(16 Wins - 9 Losses)

Eastview vs	_		
Eastview	St. Paul Central	51 - 12	Win
Quad.	Richfield	56 - 15	Win
	Farmington	34 - 32	Win
	Bloomington Jefferson	43 - 18	Win
Coon Rapids	St. Paul Central	53 - 15	Win
Duals	Coon Rapids	19 - 34	Loss
	Rosemount	21 - 43	Loss
	New Prague	30 - 23	Win
	Tartan	51 - 14	Win
	Eagan	66 - 10	Win
	Eden Prairie	41 - 27	Win
	Prescott, WI	58-12	Win
	Wayzata	30 - 21	Win
	Somerset, WI	49 - 18	Win
	Bloomington Kennedy	33 - 21	Win
	Chaska	57 - 15	Win
Lightning	Faribault	43 - 25	Win
Invitational	Paynesville	19 - 33	Loss
	Coon Rapids	25 - 27	Loss
	Lakeville	34 - 17	Win
	Burnsville	16 - 36	Loss
	Apple Valley	12 - 52	Loss
	Centennial	16 - 47	Loss
	Rosemount	21 - 25	Loss
Team	Bloomington Kennedy	22 - 29	Loss
Sections	_		
Team	Coon Rapids Duals	4 th	Place
Tournaments	Lightning Invitational		Place
Individual	Faribault Invitational	3 ^{ro}	Place
Tournaments	Burnsville Invitational	2 ⁿ	Place
	Brookings, SD Invitational	3 rd	Place

Jr. Varsity Dual Meet Results 2001-2002 (18 Wins - 6 Losses)

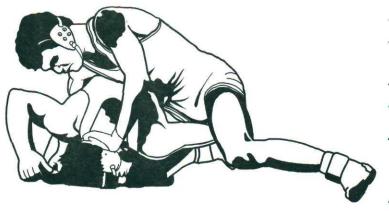
Eastview	VS		
Eastview	St. Paul Central	54 - 18	Win
Quad	Richfield	55 - 18	Win
	Farmington	66 - 6	Win
	Bloomington Jefferson	58 - 0	Win
Coon Rapids	Brainerd	58 - 18	Win
Invitational	Coon Rapids	41 - 13	Win
2 nd Place	Rosemount	18 - 54	Loss
	New Prague	34 - 31	Win
	Tartan	40 - 12	Win
	Eden Prairie	51 - 18	Win
	Eagan	39 - 12	Win
	Prescott, WI	56 - 12	Win
	Wayzata	37 - 12	Win
	Somerset, WI	60 - 3	Win
	Blooming Kennedy	36 - 31	Win
	Chaska	63 - 6	Win
Lightning	Faribault	42 - 18	Win
Invitational	Paynesville	30 - 42	Loss
4th Place	Coon Rapids	20 - 45	Loss
	Lakeville	31 - 27	Win
	Burnsville	39 - 31	Win
	Apple Valley	3 - 64	Loss
	Centennial	21 - 49	Loss
	Rosemount	18 - 41	Loss

INDIVIDUAL TOURNAMENTS

Faribault - 3rd Place Central Lake Conference, SD - 4th Northfield - 3rd Place

Freshman Dual Meet Results 2001-2002

(10 Wins - 10 Losses)



- 3-5000 - 50-00P	1
Eastview	_
Eastview	_
Duals 6th Place	
Rosemount	_
Duals 3 rd Place	
Team	
Section	
3 rd Place	
State	_
Dual	
Tournament	

ins - IU Lo	sses	
Eden Prairie	50 - 24	Win
Coon Rapids	38 - 34	Win
Faribault	37 - 36	Win
Owatonna	21 - 60	Loss
Totino - Grace	17 - 53	Loss
Lakeville	40 - 45	Loss
Lakeville	42 - 29	Win
Apple Valley	15 - 53	Loss
Rosemount	39 - 48	Loss
Eden Prairie	48 - 36	Win
Owatonna	18 - 69	Loss
Eagan	61 - 6	Win
St. Thomas	63 - 18	Win
Woodbury	66 - 12	Win
Rosemount	39 - 48	Loss
Hastings	26 - 56	Loss
Simley	63 - 24	Win
Hutchinson	48 - 18	Win
BOLD	59 - 13	Loss
Cambridge-Isanti	41 - 32	Loss

2002 SEASON IN-REVIEW

Letter Award Winners

Steve Davis Tyler Cookas Pat Dea Kevin Eich Jeremiah Foertsch Mikey Fornicoia John Getzke Mic Hale Wade Halversen Nate Kocer Ryan Langlais Kevin McBride Eric Lemm David Pudwill Chris Shuck Jud Turk James Voyles

All-Conference

Steve Davis Mikey Fornicoia Eric Lemm Kevin McBride

All-Conference Honorable Mention

John Getzke Nate Kocer Ryan Langlais Jud Turk

Academic Team

MN Academic State Champions - 3.71 GPA

Section 6AAA Placewinners

Mikey Fornicoia	1st	Steve Davis	2nd
Ryan Langlais	2nd	Kevin McBride	3rd
Jermiah Foertsch	3rd	Nate Kocer	3rd
James Voyles	3rd	Kevin Eich	4th
John Getzke	4th	Chris Shuck	4th
Pat Dea	6th	Jud Turk	6th

State Qualifiers

Mikey Fornicoia - 6th Place Steve Davis Ryan Langlais

Season Awards

Most Valuable Varsity Wrestler - Mikey Fronicoia
Most Valuable Junior Varsity Wrestler - Andrew Lenertz
Most Valuable Freshman Wrestler - Tyler Cookas
Most Improved Wrestler - Eric Lemm
Lightning Award - David Pudwill
John Rudin Service Award - Cory Wagner

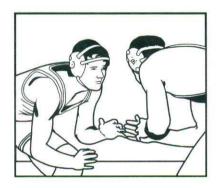
Junior Varsity-Varsity Drill Partner Award - David Pudwill Freshman Drill Partner Award - Sam Voyles



LIGHTNING STATISTICS

Varsity Statistics 2002 Season Records

	win	LOSS	Pin	
Tyler Cookas	6	6	2	
Steve Davis	27	12	6	
Pat Dea	18	17	5	
Kevin Eich	17	17	5	
Jeremiah Foertsch	11	16	8	
Mikey Fornicoia	36	6	7	
John Getzke	26	13	18	
David Grogg	0	4	0	
Wade Halverson	1	0	1	
Nathan Kocer	20	14	17	
Ryan Langlais	28	14	8	
Eric Lemm	22	14	6	
Andrew Lenertz	1	2	1	
Kevin McBride	27	14	18	
Kurt McCue	0	1	0	
David Pudwill	7	4	1	
Chris Shuck	19	20	6	
Jud Turk	16	17	4	
James Voyles	25	12	7	
Team Totals	307	203	120	_



Junior Varsity Statistics 2002 Season Records

Freshman Statistics 2002 Season Records

	Win	Loss	Pin		Win	Loss	Pin
Kane Bechstein	10	4	7	Ryan Mass	6	7	6
Justin Brookman	5	9	3	Stephan McMoore	8	6	5
Nathan Carroll	1	2	1	Tim Mills	6	4	1
Thomas Chies	12	14	6	Matt Nuetz	2	1	2
Tyler Cookas	15	1	5	Jake Nuetz	2	6	2
Chad Eul	0	1	0	Ben Polansky	9	4	4
Ben Foertsch	3	3	3	Scott Polansky	14	5	5
Troy Fokken	7	3	4	John Reiners	3	5	1
Josh Gonzalas	4	11	1	Ryan Ruckdashel	14	5	9
Dan Hildebrandt	3	8	1	Terry Sheridan	2	2	2
Allen Hudspeth	3	1	1	Ryan Stephen	1	11	0
Matt Johnson	8	8	6	Dana Vorachek	4	1	4
Tyson Johnson	6	5	1	Sam Voyles	21	4	10
Jerod Lass	4	1	2	Kyle Wilson	10	6	3
Michael Lebeis	17	3	11			440	100
Alex Lemaire	2	1	2	Team Totals	202	142	108

LIGHTNING RECORDS

Varsity Season Records

Falls

Adam Fokken '01 28
Kevin McBride '02 21
John Getzke '02 19

Wins

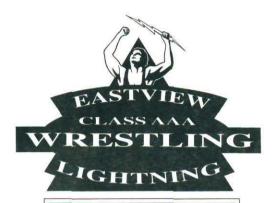
Adam Fokken '01 38

Mikey Fornicoia '02 36

David Rasmussen '01 30

Takedowns

Adam Fokken '01 119 David Rasmussen '01 92 **Ryan Langlais** '02 **79**



Reversals

Kevin McBride'0238Adam Fokken'9928Mikey Fornicoia'0228

Team Points

Adam Fokken '01 200 Mikey Fornicoia '02 160 Kevin McBride '02 142

Near Falls

Mikey Fornicoia '02 79 Kevin McBride '02 43 Tony Rodin '98 32

Varsity Career Records

Falls

Adam Fokken '01 83

Mikey Fornicoia '02 44

Brad Okonek '00 33

Wins

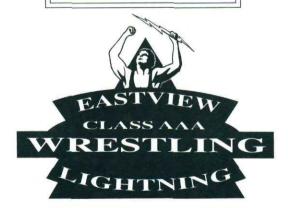
Adam Fokken '01 147

Mikey Fornicoia '02 107

Tony Rodin '99 77

Takedowns

Adam Fokken '01 349 Mikey Fornicoia '02 231 Ryan Langlais '04 186



Reversals

Adam Fokken '01 92

Mikey Fornicoia '02 84

David Rasmussen '01 43

Team Points

 Adam Fokken
 '01
 727

 Mikey Fornicoia
 '02
 491

 Tony Rodin
 '99
 351

Near Falls

Mikey Fornicoia'02166Adam Fokken'01121Tony Rodin'9983

LIGHTNING RECORDS

Junior Varsity Season Records

Falls

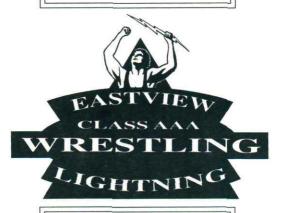
 Nate Kocer
 '01
 17

 Andrew Lenertz
 '02
 18

 David Grogg
 '02
 18

Wins Andrew Lenertz '02 31 David Pudwill '02 28 Kyle Fokken '02 26 James Voyles '01 26

wns	
'01	45
'01	44
'02	42
	'01 '01



Reversals

 Casey Schmidt
 '01
 25

 Nate Kocer
 '01
 22

 Kurt McCue
 '02
 19

Team Points

Andrew Lenertz '02 175
David Grogg '02 147
Kyle Fokken '02 139
David Pudwill '02 139

Near Falls Kyle Fokken '02 39 Kurt McCue '02 22 Chris Verhaeghe '00 19

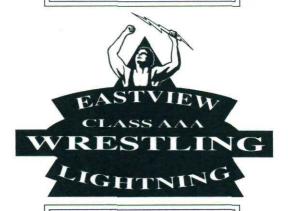
Freshman Season Records

Falls

Bona Ku '01 16 Kyle Fokken '01 15 Eric Yuen '01 13

Wins Bryan Lewis '00 23 Sam Voyles '02 21 Kyle Fokken '01 20 Bona Ku '01 20

owns	
'00	80
'01	61
'00	43
	'01



Reversals

Kyle Fokken '01 17 Nate Kocer '00 13 Jeremiah Foertsch '01 13

Team Points

 Sam Voyles
 '02
 113

 Kyle Fokken
 '01
 112

 Bona Ku
 '01
 106

Near Falls

 Kyle Fokken
 '01
 22

 Sam Voyles
 '02
 18

 Sean Dwyer
 '01
 17

 Nate Kocer
 '00
 17

LIGHTNING HISTORY

Alumni Career Statistics

<u>Name</u>	Year	<u>Wins</u>	Falls
Tony Rodin	1999	77	31
Brandon Jones	1999	13	5
Joe Theisen	1999	5	1
Brad Okonek	2000	49	33
Matt Davis	2000	44	23
Nate Ernst	2000	44	19
Adam Miller	2000	28	14
Nick Thompson	2000	27	13
Chris Verhaeghe	2000	2	1
Adam Fokken	2001	147	83
David Rasmussen	2001	61	23
Brian Putnam	2001	19	10
Adam Johnson	2001	13	7
Eric Budd	2001	0	0
Jon Hanson	2001	0	0
Kris Carson	2002	0	0
Mikey Fornicoia	2002	107	44
Mic Hale	2002	0	0
Wade Halvorsen	2002	1	0 1
Eric Lemm	2002	38	16
David Pudwill	2002	11	4

All-Conference

Eric Lemm
Mikey Fornicoia (3x)
Tony Rodin (2x)
Brad Okonek
Nate Ernst
Adam Fokken (4x)
David Rasmussen

Section Champions

Mikey Fornicoia Tony Rodin Adam Fokken David Rasmussen

State Participants/Placewinners

Tony Rodin (2x) 4th place
Brad Okonek
Adam Fokken (3x) 4th place
1st place
David Rasmussen
Mikey Fornicoia (2x) 6th place

Season Awards

Most Valuable Var	rsity Wrestler of the Year
1998	Tony Rodin
1999	Adam Fokken
2000	Adam Fokken
2001	Adam Fokken
2002	Mikey Fornicoia

Most Valuable Junior Varsity Wrestler of the Year 1998 Jim Maloney 1999 Tyrel Narva 2000 Chris Verhaeghe 2001 David Pudwill 2002 Andrew Lenertz

Most Valuable Freshman Wrestler of the Year		
1998	Adam Fokken	
1999	Mikey Fornicoia	
2000	Bryan Lewis	
2001	Steve Davis	
2002	Tyler Cookas	

Most Improved	Wrestler of the Year
1998	Nate Ernst
1999	Nick Thompson
2000	Brad Okonek
2001	David Rasmussen
2002	Eric Lemm

Lightning Award	
1998	Chris Verhaeghe
1999	Chris Verhaeghe
2000	Brian Putnam
2001	Brian Putnam & Eric Budd
2002	David Pudwill

John Rodin Service Award		
1998	Brad Okonek	
1999	Brad Okonek	
2000	Andrew Lenertz	
2001	John Getzke	
2002	Cory Wagner	

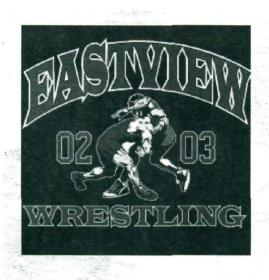
Wrestling Manager Hall of Fame 2000 Erinn Roos 2001 Rachel Davis

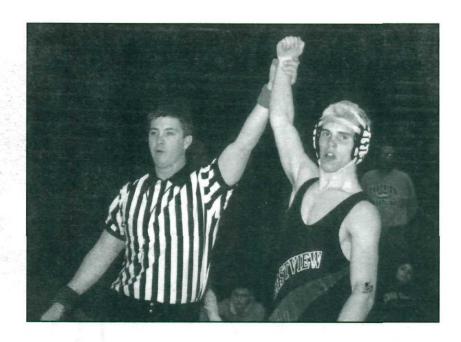
Season Records/Conference Place

	Wins	Losses	Ties	Conference Place
1998	3	19	1	9th
1999	6	14	1	7th
2000	18	4	0	2nd
2001	14	8	0	5th
2002	16	9	0	4th

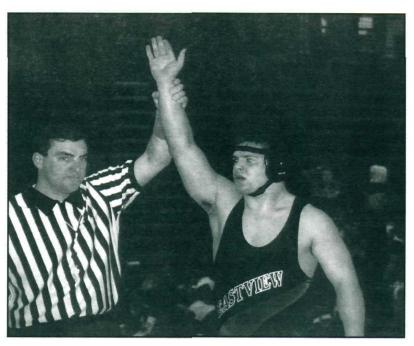
Season Captains and Team Motto

1998	Matt McDonald, Joe Theisen	Lightning Strikes
1999	Tony Rodin, Joe Theisen	Attitude and Effort
2000	Nate Ernst, Brad Okonek, Adam Fokken	Team 2000: Paving the Way
2001	Adam Fokken, Mikey Fornicoia	Courage to Succeed
2002	Mikey Fornicoia, John Getzke, Eric Lemm	Mission Possible: 2002
2003	John Getzke, Kevin McBride, Jud Turk, James Voyles	Fight! Inch By Inch









Eastview School Song

Go Eastview lightning Victory is our game Blaze a trail of glory Marching on to fame.

Feel the mighty thunder
Flash that fills the sky
Blue, black and white
Won't give up the fight
We're the lightning from Eastview High

Eastview lightning fight, fight, fight, Go, fight, win tonight!

More hustle. Less hassle.

As a local bank, we at Anchor Bank have what most folks want from their bank: a high-energy, open-minded, entrepreneurial, let's-get-it-done spirit. We'll have your answers while those big banks still have you filling out forms.

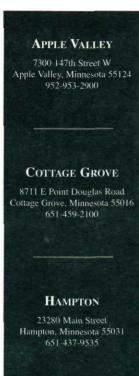
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Go Lightning

The first day of school our professor introduced himself and challenged us to get to know someone we didn't already know. I stood up to look around when a gentle hand touched my shoulder.

I turned around to find a wrinkled, little old lady beaming up at me with a smile that that lit up her

entire being.

She said, "Hi, handsome. My name is Rose. I'm eighty-seven years old. Can I give you a hug?" I laughed and enthusiastically responded. "Of course you may!" and she gave me a giant squeeze.

"Why are you in college at such a young,

innocent age?" I asked.

She jokingly replied, "I'm here to meet a rich husband, get married, have a couple of children, and then retire and travel."

"No seriously," I asked. I was curious what may have motivated her to be taking on this challenge at her age.

"I always dreamed of having a college education

and now I'm getting one!" she told me.

After class we walked to the student union building and shared a chocolate milkshake. We became instant friends. Every day for the next three months we would leave class together and talk nonstop. I was always mesmerized listening to this "time machine" as she shared her wisdom and experience with me.

Over the course of the year, Rose became a campus icon and she easily made friends wherever she went. She loved to dress up and she reveled in the attention bestowed upon her from the other

students. She was living it up.

At the end of the semester we invited Rose to speak at our wrestling banquet. I'll never forget what she taught us. She was introduced and stepped up to the podium. As she began to deliver her prepared speech, she dropped her three by five cards on the floor. Frustrated and a little

embarrassed she leaned into the microphone and simply said, "I'm sorry I'm so jittery. I was afraid I'd forget my speech. Instead I forgot my dentures! I'll never get my speech back in order so let me just tell you what I know."

As we laughed she cleared her throat and began: "We do not stop playing because we are old; we grow old because we stop playing. There are only four secrets to staying young, being happy, and achieving success. "You have to laugh and find humor every day. You've got to have a dream. When you lose your dreams, you die. We have so many people walking around who are dead and don't even know it!"

"There is a huge difference between growing older and growing up. If you are nineteen years old and lie in bed for one full year and don't do one productive thing, you will turn twenty years old. If I am eighty-seven years old and stay in bed for a year and never do anything I will turn eighty-eight. Anybody can grow older. That doesn't take any talent or ability. The idea is to grow up by always finding the opportunity in change."

"Have no regrets. The elderly usually don't have regrets for what we did, but rather for things we did not do. The only people who fear death are those

with regrets."

She concluded her speech by courageously singing The Rose. She challenged each of us to study the lyrics and live them out in our daily lives. At the years end Rose finished the college degree she had begun all those years ago.

One week after graduation Rose died peacefully

in her sleep.

Over two thousand college students attended her funeral in tribute to the wonderful woman who taught by example that it's never too late to be all you can possibly be.

Remember: Make a new friend today and

always pursue your dreams!



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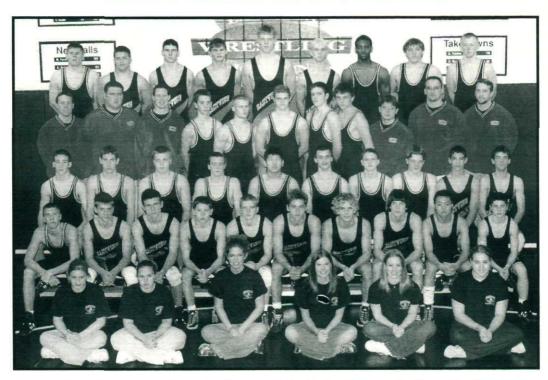
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2002-2003 EASTVIEW LIGHTNING



2002-03 Eastview Lightning Schedule

www.isd196.k12.mn.us/schools/evhs/Activities/Athletics/boyswrestling/boyswrestlingindex.htm

DATE	OPPONENT	SITE	TIME
Saturday, Nov. 30	Eastview Quadrangular	Eastview	10:00 am
Thursday, Dec. 5	Tartan / Spring Lake Park	Tartan	5:00 pm
Saturday, Dec. 7	Coon Rapids Duals	Coon Rapids	9:00 am
Thursday, Dec. 12	Jefferson / Rosemount	Eastview	6:00 pm
	(EWA Family Night)		
Saturday, Dec. 14	Faribault Invitational	Faribault	9:00 am
Thursday, Dec. 19	Anoka	Eastview	7:30 pm
# PEC	(Middle School Night)		
Friday, Jan. 3	Burnsville	Burnsville	7:30 pm
Saturday, Jan. 4	Burnsville Invitational	Burnsville	9:00 am
Thursday, Jan. 9	Chaska / Apple Valley	Chaska	5:00 pm
Friday, Jan. 10	Lakeville	Eastview	7:30 pm
	(Parents / Alumni Night)		
Friday, Jan. 17	Bloomington Kennedy	Eastview	6:00 pm
	(Fan Appreciation Night)		
Saturday, Jan. 18	Lightning Invitational	Eastview	9:00 am
Thursday, Jan. 23	St. Francis / Elk River	St. Francis	5:00 pm
Friday, Jan. 24	Eagan	Eagan	7:30 pm
Thursday, Jan. 30	Prior Lake / New Prague	New Prague	6:30 pm
Friday, Jan. 31	Lake Central Conference (JV)	Clear Lake, SD	5:00 pm
Saturday, Feb. 1	Brookings Invitational (V)	Brookings, SD	9:00 am
Thursday, Feb. 6	Eden Prairie	Eden Prairie	7:30 pm
Saturday, Feb. 8	Armstrong Invitational (JV)	Armstrong	9:00 am
Saturday, Feb. 15	Section 6 Team Tournament	Kennedy	TBA
Fri-Sat, Feb. 21-22	Section 6 Individual Tournament	Rosemount	TBA
Thur., Feb 27-Mar. 1	State Tournament	Xcel Energy	TBA