
EASTVIEW WRESTLING

SEASON REVIEW

2008-2009



SOMETHING MORE!



EASTVIEW WRESTLING

TEAM 2009: SOMETHING MORE!

Congratulations to each of the wrestlers for completing the season. This past spring, Team 2009 challenged themselves to go outside their comfort zone and do **Something More!** The season was filled with many highlights for each team and the wrestling program as a whole. At last year's banquet, we said good-bye to 7 quality seniors. The senior class of 2009 was determined to achieve high standards set by previous teams. Team 2009 committed to several off-season training programs including traveling to Augsburg for freestyle practices, participating in a record number of wrestling training sessions, and for the first time, traveled to Missouri for a team camp. The success that each team had this year was directly related to the leadership provided by the seniors and by each individual making a commitment to do **Something More!**

Reflecting on this past season brings back many **positive memories**. Commitment Night led by the seniors allowed each wrestler to come together, build relationships, set goals, and begin making a commitment to the upcoming season. The seniors did a great job leading by example, promoting a solid work ethic, and challenged each wrestler to reach their full potential. Below is a recap of the 2009 season.

The Freshman Team...

- ◆ Had 24 freshman and 7 middle school wrestlers learn the sport and complete the season.
- ◆ Improved throughout the season, placing 3rd in their section and having 12 wrestlers place at Regions.
- ◆ Earned 10 dual meet victories including being consolation finalists in the 9th Grade State Team Tourney.
- ◆ Kai Matsushashi became a 9th grade state qualifier in his first year of wrestling.
- ◆ Earned 168 match wins, 898 team points, 87 falls, and 148 takedowns.

The Junior Varsity Team...

- ◆ Earned 19 dual meet wins and were crowned Lake Conference Champions for the first time.
- ◆ Competed in the Annual Lake Conference JV Tourney earning 2nd place honors.
- ◆ Earned 35 individual tournament championships.
- ◆ Participated in a varsity tourney at Mound-Westonka, earning 4th place honors.
- ◆ Earned 316 match wins, 1052 team points, 191 falls, and 431 takedowns.
- ◆ Had 17 wrestlers provide the depth needed to fulfill the varsity team's needs.

The Varsity Team...

- ◆ Crowned Academic State Runner-up with a team GPA of 3.89, the highest in Eastview history.
- ◆ Earned 18 hard fought victories and a 2nd place finish in the Lake Conference.
- ◆ Earned Individual Tournament Championships at Eastview and Burnsville.
- ◆ Had 9 wrestlers earn All Conference Honorable Mention and 1 earn All Conference Honors.
- ◆ Participated in Super Section 3AAA and had 11 section place winners with 2 state qualifiers.
- ◆ Had 33 wrestlers get an opportunity to wrestle on varsity with 11 wrestlers earning at least 15 wins.
- ◆ Earned 365 match wins, 1604 team points, 140 falls, and 610 takedowns.

The **Class of 2009** includes 9 highly dedicated seniors who successfully did **Something More!** The senior class will leave having earned 299 wins, 144 falls, and 1389 team points. To each of the seniors, we thank you for your hard work, commitment, and your ability to achieve things nobody would have believed. We wish you the best of luck in your future endeavors and we hope that the Lightning Pride you developed over the past 4 years stays with you forever.

I want to share with you some final thoughts about the **Future of Eastview Wrestling**. The conference and section we have been placed in is something we cannot change. I truly believe that the challenges we face will make us a better program. We have already made several sacrifices and have *Raised the Bar* for future teams. We need to keep the bar moving upward by continuing to make sacrifices. The **Coaching Staff** is more committed than ever to make improvements needed to the overall program. We have many goals that have yet to be achieved. **Wrestlers** need to challenge themselves even more than those before them, inspire teammates to work harder, make greater sacrifices, and do all the little things needed to become a champion. The *Pain of Preparation* is much easier than the *Pain of Defeat*. **Parents** must continue to offer their support and work with the wrestlers and coaching staff. The future success of our wrestling program is dependent not only on everyone accepting their role, but on everyone owning it. As we work together, I truly believe Eastview Wrestling can become a program that can call themselves **CHAMPIONS!**

Coach Habeck



Eastview Wrestling

Captains Ty Groskreutz & Scott Hogan

2008-2009 Season

MIDDLE SCHOOL

LESCH, PETER
METZ, VINCE
PENDERS, JACK
MAKO, PATRICK
COLE, TOMMY
GROSKREUTZ, LUKE

EIGHTH GRADE

MUNOS, ANTHONY

FRESHMAN

BECHLY, CHRIS
CABRERA, JOSE
CARPENTER, MICHAEL
COLE, BRENDAN
DECOVICH, EVAN
DEINHAMMER, MITCH
FOREMAN, ADAM
GARCIA, EDGAR
GROSKREUTZ, BJ
GROSKREUTZ, LEVI
GROSKREUTZ, ZAC
HENNING, MATT
HOGAN, BRAD
HOWARD, GREG
HUDAK, JUSTIN
LADD, MATTEW
LAROCQUE, CARSON
LAWRENCE, BILLY
MATSUHASHI, KAI
RECHTZIGEL, MITCH
RODRIGUEZ, JOSE
SCHMIDT, MATT
UNDERDAHL, COLLIN
ZELENAK, NICK

SOPHOMORES

ALLEN, LUCAS
BARRETT, JOSIAH
COX, DERRICK
EHRESMANN, ERIK
GALLOWAY, MATT
GOTTWIG, QUINCY
HANNAN, JAKE
HIGGINS, SAM
HUMPHRIES, JORDAN
LESCH, JACK
MEYERS, JOSH
SCHLIESMAN, MIKE
SCHMITZ, BEN
SHAW, MARCUS

JUNIORS

BROWN, CARL
DECOVICH, MATT
DODD, NICK
GROSKREUTZ, CODY
HENSLEY, TOM
JOHNSON, ALEC
KEOMONGKOTH, ALLEN
KING, MAX
MAKO, NICK
NGUYEN, PETER
PEDERSON, NELS
PHOMPHACKDY, STEVEN
SCHLIESMAN, DJ
SCOTT, JOEY
TEAGARDEN, ALEC
WEINBERG, JOSH
WIETecha, ROB

SENIORS

COX, PAT
FRANSON, MATT
GROSKREUTZ, TY
HOGAN, SCOTT
KOR, BILLY
LADD, ROBERT
SANDERS, DIJON

PRINCIPAL

Dr. Randall Peterson

Athletic Director

Matt Percival

Coaches

Kurt Habeck
Nick Fornicoia
Todd Frost
Travis Lee
Jared Cooley
Adam Fokken
Brad Okonek
Josh Nelson
Chad Eul

Nickname

Lightning

School Colors

Black, Blue, Silver, White

Varsity Managers

Libby Carroll
Allissa Jonker

JV Managers

Caitlin Scott
Brooke Larson
Sara Olson

Freshman Managers

Megan Auen
Laquana Carpenter
Alicia Patrick
Anne Pearson
Tony Metz

Conference

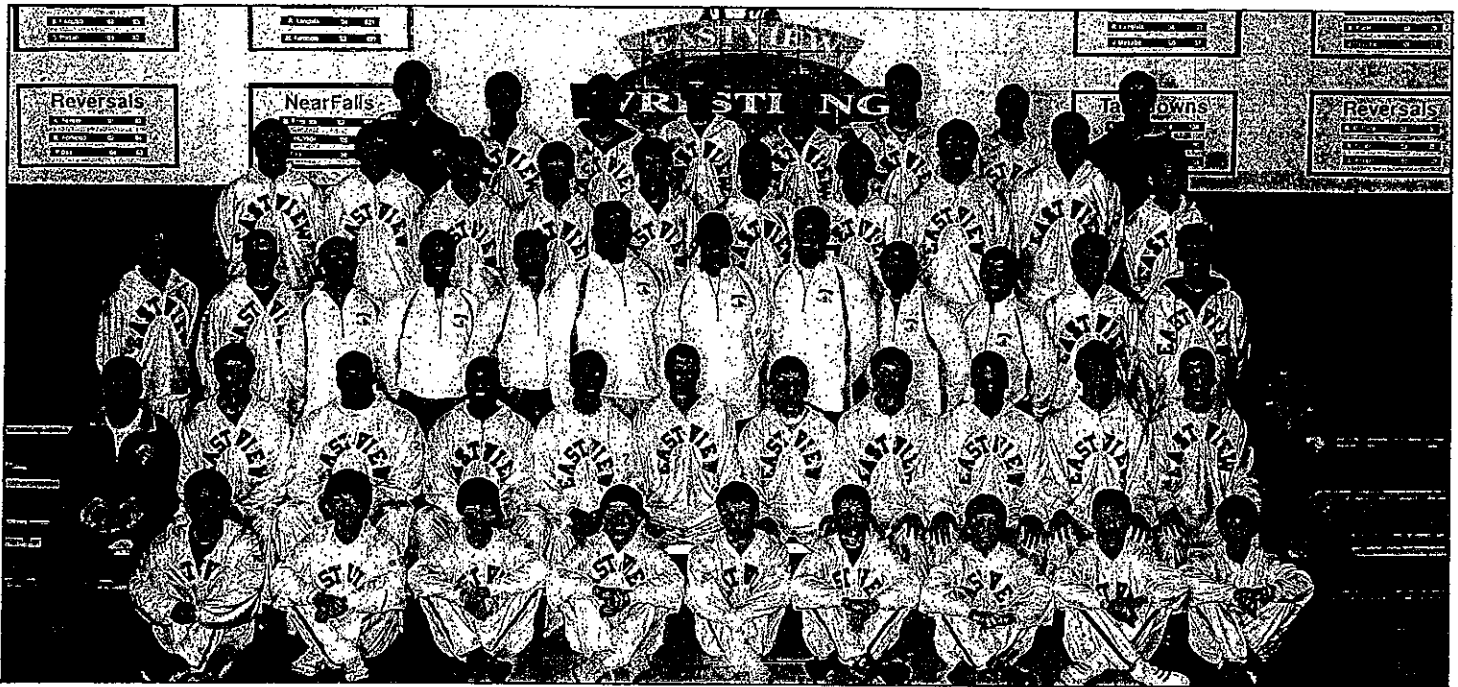
Lake

Section

3AAA



SOMETHING MORE!



2008-2009 Team Photo

Something More!

By Nick Fornicoia

Last spring, the coaches, captains, and upperclassmen talked about wanting to accomplish more this year. We all came to the realization that to accomplish more we need to invest more and that is how this year's motto came to fruition. Eastview's motto for the 2008-2009 season is "SOMETHING MORE". We feel "SOMETHING MORE" encapsulates both the goal of accomplishing more and investing more.

This past offseason, we have already made an investment toward accomplishing more. This past offseason, we have already done SOMETHING MORE!

- Scott Hogan wrestled at the High School National tournament in Virginia Beach, Virginia winning 3 matches.
- We had 10 wrestlers regularly attend the regional training practices at Augsburg College.
- Eastview had 16 Training Sessions this summer with about 25 wrestlers attending each one.
- Ben Bowar made the Minnesota Storm Greco-Roman Cadet National team traveling to Missouri for Team competition and Fargo for individual nationals. Ben placed 5th place earning All-American honors.
- 19 Wrestlers traveled to Missouri for Team Camp earning 2nd place in the pool.
- An average of 28 wrestlers attended the Sunday Captain's practices!
- 6 wrestlers made the Off-Season Club which is a demanding combination of wrestling commitments.
- The coaching staff met several times this past spring, summer and fall creating ways to better prepare each wrestler.

The season has started and we are still looking to do "SOMETHING MORE" on a daily basis. Each wrestler can do "SOMETHING MORE"! You can:

- Work as hard as you possibly can in practice!
- Do 1 more repetition in the weight room when you are exhausted.
- Drill 10 Single leg shots after practice alone or better yet grab a partner.
- Drill 10 Stand-ups in your living room during a commercial break.
- Watch video and evaluate things you did well and things you can improve.

We cannot control many outside factors in wrestling like who our opponent is, the referee or a late bus, but we can control our effort preparing for the match and our effort in the match. By doing "SOMETHING MORE" every day we prepare ourselves to overcome those outside forces. When we push ourselves beyond what we thought possible, we have truly accomplished great things. Winning will take care of itself. We need to make sure we give something extra! "SOMETHING MORE" is not just a season motto. It is an everyday attitude!



**The Minnesota
Wrestling Coaches Association
proudly recognizes**

EASTVIEW

**As a Gold Academic Team for achieving
G.P.A. of 3.89 for the
2008 - 2009 wrestling season.**

SECTION 3AAA ACADEMIC TEAM

103	BJ Groskreutz
112	Brad Hogan
125	Mitch Rechtzigel
130	Billy Kor
135	Scott Hogan
140	Cody Groskreutz
145	Ty Groskeutz
152	Nels Pederson
189	Joey Scott
215	Bobby Ladd



TEAM 2009 RECOGNITION

LETTER WINNERS

Anthony Munos	EV			
BJ Groskreutz	EV			
Brad Hogan	EV	EV		
Mitch Rechtzigel	EV	EV		
Lucas Allen	EV			
Derrick Cox	EV			
Josiah Barrett	EV			
Erik Ehresmann	EV			
Matt Galloway	EV	EV		
Jake Hannan	EV			
Jordan Humphries	EV			
Jack Lesch	EV			
Ben Schmitz	EV			
Carl Brown	EV			
Matt Decovich	EV	EV		
Nick Dodd	EV	EV		
Cody Groskreutz	EV	EV	EV	
Tom Hensley	EV	EV		
Alec Johnson	EV	EV		
Allen Keomongkoth	EV			
Max King	EV			
Peter Nguyen	EV	EV		
Nels Pederson	EV	EV		
Steven Phomphackdy	EV	EV		
DJ Schliesman	EV	EV		
Joey Scott	EV	EV		
Alec Teagarden	EV	EV		
Josh Weinberg	EV	EV		
Rob Wietecha	EV	EV		
Pat Cox	EV	EV		
Matt Franson	EV	EV		
Ty Groskreutz	EV	EV	EV	EV
Scott Hogan	EV	EV	EV	EV
Billy Kor	EV	EV	EV	
Bobby Ladd	EV	EV		
Dijon Sanders	EV	EV	EV	

ALL CONFERENCE

Scott Hogan

ALL CONFERENCE

HONORABLE MENTION

BJ Groskreutz
 Brad Hogan
 Mitch Rechtzigel
 Peter Nguyen
 Cody Groskreutz
 Ty Groskreutz
 Nels Pederson
 Josh Weinberg
 Bobby Ladd

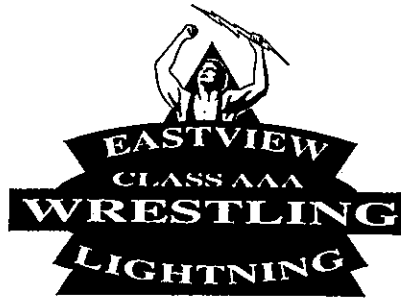
LAKE CONFERENCE RECORDS

Apple Valley	9-0
Eastview	7-2
Bloomington Kennedy	7-2
Rosemount	6-3
Eagan	6-3
Chaska	4-5
Eden Prairie	3-6
Burnsville	1-8
Lakeville North	1-8
Lakeville South	1-8

MANAGERS

Brooke Larson	EV	EV		
Caitlin Scott	EV	EV		
Sara Olson	EV	EV		
Allissa Jonker	EV	EV		
Libby Carroll	EV	EV	EV	

John Rodin Service Award



*In memory of John Rodin
and his life long commitment
to the sport of wrestling.*

This award winner is a person who has shown great commitment to the Eastview Wrestling program as well as to the youth programs in the Eastview Community.

Brad Okonek
1998

Ben Foertsch
2004

Brad Okonek
1999

Dante Hendricks
2005

Andrew Lenertz
2000

Pat Cox
2006

John Getzke
2001

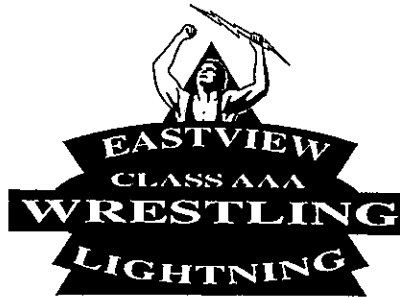
Joey Scott
2007

Cory Wagner
2002

Nick Dodd
2008

Cory Wagner
2003

2009



Wrestling Manager Hall of Fame

Each wrestling manager inductee has successfully graduated from Eastview High School and demonstrated a tremendous commitment and work ethic to the sport and to the Eastview Wrestling program.

Erinn Roos
Class of 2000

Rachel Davis
Class of 2001

Kari Okonek
Class of 2003

Ashley Langlais
Class of 2006

Libby Carroll
Class of 2009

Erinn Roos Class of 2000		
Rachel Davis Class of 2001		
Kari Okonek Class of 2003		
Ashley Langlais Class of 2006		
Libby Carroll Class of 2009		

Eastview Wrestling Season Awards – 2009

3-D Club Membership

Brad Hogan	Lucas Allen
Matt Galloway	Quincy Gottwig
Jake Hannan	Ben Schmitz
Carl Brown	Matt Decovich
Nick Dodd	Cody Groskreutz
Peter Nguyen	Nels Pederson
DJ Schliesman	S. Phomphackdy
Joey Scott	Josh Weinberg
Matt Franson	Scott Hogan
Billy Kor	Bobby Ladd

Freshman 3-D Club Membership

Evan Decovich	Matt Henning
Zach Groskreutz	Greg Howard
Billy Lawrence	

Most Falls

V – Scott Hogan – 13
 Ty Groskreutz – 13
 JV – Steven Phomphackdy – 15
 9th – Evan Decovich – 11

Most Takedowns

V – Scott Hogan – 85
 JV – Steven Phomphackdy – 33
 9th – Levi Groskreutz – 19

Most Team Points

V – Scott Hogan – 155
 JV – Steven Phomphackdy – 95
 9th – Brendan Cole – 69
 Evan Decovich – 69

Academic Club – Gold (3.6-4.0)

Megan Auren	Chris Bechly
Evan Decovich	Adam Foreman
BJ Groskreutz.	Zac Groskreutz
Brad Hogan	Greg Howard
Justin Hudak	Matt Ladd
Carson Larocque	Anne Pearson
Kai Matsuhashi	Mitch Rechtzigel
Matt Galloway	Quincy Gottwig
Mike Schliesman	Ben Schmitz
Nick Dodd	Cody Groskreutz
Peter Nguyen	Allen Keomongkoth
Sara Olson	Nels Pederson
Caitlin Scott	Joey Scott
Alec Teagarden	Rob Wietecha
Ty Groskreutz	Scott Hogan
Allisa Jonker	Billy Kor
Robert Ladd	

Academic Club – Silver (3.0-3.59)

Laquana Carpenter	Brendan Cole
Matt Henning	Billy Lawrence
Alicia Patrick	Matt Schmidt
Collin Underdahl	Nick Zelenak
Lucas Allen	Derrick Cox
Josiah Barrett	Erik Ehresmann
Jake Hannan	Sam Higgins
Tony Metz	Carl Brown
Matt Decovich	Tom Hensley
Brooke Larson	Steven Phomphackdy
DJ Schliesman	Libby Carroll
Pat Cox	Matt Franson

John Rodin Service Award

Most Valuable Varsity Wrestler of the Year _____
 Most Valuable Junior Varsity Wrestler of the Year _____
 Most Valuable Freshman Wrestler of the Year _____
 Most Improved Wrestler of the Year _____
 Scholar Athlete Award _____
 Lightning Award _____
 Junior Varsity – Varsity Drill Partner Award _____
 Freshman Drill Partner Award _____
 Freshman Team Most Valuable Wrestler of the Year _____
 Most Improved Freshman Wrestler of the Year _____

2008 – 2009 STATISTIC LEADERS

	VARSITY		JUNIOR VARSITY		FRESHMAN	
WINS	Scott Hogan	37	Steven Phomphackdy	25	Chris Bechly	14
	Nels Pederson	33	Alec Teagarden	19	Levi Groskreutz	13
	Brad Hogan	33	Matt Franson	17	Zac Groskreutz	13
FALLS	Ty Groskreutz	13	Steven Phomphackdy	15	Evan Decovich	11
	Scott Hogan	13	Nick Dodd	13	Brendan Cole	9
	Brad Hogan	12	Alec Johnson	12	Jose Cabrera	8
					Levi Groskreutz	8
TEAM POINTS	Scott Hogan	155	Steven Phomphackdy	95	Brendan Cole	69
	Brad Hogan	142	Matt Franson	60	Evan Decovich	69
	Nels Pederson	136	Nick Dodd	54	Levi Groskreutz	66
			Alec Teagarden	54		
TAKEDOWNS	Scott Hogan	85	Steven Phomphackdy	33	Levi Groskreutz	19
	Nels Pederson	72	Alec Teagarden	32	Zac Groskreutz	12
	Brad Hogan	55	Matt Franson	31	Brendan Cole	11
	Cody Groskreutz	55				
NEAR FALLS	Josh Weinberg	45	Steven Phomphackdy	24	Evan Decovich	11
	Scott Hogan	38	Nick Dodd	18	Brendan Cole	9
	Brad Hogan	30	Alec Teagarden	18	Jose Cabrera	8
REVERSALS	Josh Weinberg	41	Derrick Cox	17	Zac Groskreutz	13
	Brad Hogan	27	Steven Phomphackdy	14	Jose Cabrera	11
	Bobby Ladd	21	Nick Dodd	10	Brendan Cole	9



Varsity Team Tournament Results

Team Tournaments

Armstrong Tournament - 3rd Place

1 st Apple Valley	2 nd Eastview
3 rd Woodbury	4 th Maple Grove
5 th Osseo	6 th Faribault
7 th Armstrong	8 th Goodhue

Section 3AAA Team Tournament

Rosemount	Win	35-22
Hastings	Loss	45-18

Individual Tournament Results

Bi-State Classic 9th out of 55 teams

103	BJ Groskreutz (1-2)	--	135	Scott Hogan (5-1)	3 rd	171	Rob Wietecha (0-2)	--
112	Brad Hogan (6-2)	5 th	140	Cody Groskreutz (2-2)	13 th	189	Joey Scott (5-3)	11 th
119	Mitch Rechtzigel (6-2)	9 th	145	Ty Groskreutz (6-2)	7 th	215	Bobby Ladd (3-2)	--
125	Peter Nguyen (1-2)	--	152	Nels Pederson (6-2)	5 th	285	DJ Schliesman (1-2)	--
130	Billy Kor (1-2)	--	160	Josh Weinberg (1-2)	--			

Bi-State Classic -- La Crosse, WI 55 Teams

Division 1		Division 2		Division 3	
1. Bloomington Kennedy	379.0	1. Ellsworth	240.5	1. New Lisbon	222.5
2. Hudson	252.5	2. River Valley	194.5	2. Westby	166.0
3. Fond du lac	229.5	3. Adams Friendship	173.5	3. Riverdale	150.5
4. Hartland Arrowhead	221.5	4. Cuba City/South Western	162.0	4. Auburndale	129.0
5. Holmen	197.0	5. Portage	149.0	5. Stratford	128.0
6. Eastview	183.0	6. La Crescent	137.0	6. De Soto	119.5
7. New Richmond	182.0	7. Monroe	94.0	7. Hillsboro	104.0
8. Lakeville South	156.5	8. Caledonia/Houston	90.0	8. North Crawford/Seneca	91.5
9. Tomah	156.5	9. Black River Falls	77.0	9. Viroqua	87.5
10. Middleton	154.0	10. Belmont/Platteville	76.0	10. Arcadia	77.0
11. Baraboo	145.0	11. West Salem/Bangor	64.0	11. Lancaster	74.5
12. La Crosse Logan	126.0	12. Mauston	56.5	12. Cashton	73.0
13. DC Everest	94.0	13. Prairie Du Chien	54.0	13. Aquinas	70.5
14. Verona	84.0	14. Richland Center	50.0	14. Loyal	68.0
15. South Saint Paul	79.5	15. Dodgeville	43.5	15. Athens	64.0
16. La Crosse Central	54.0	16. Mt Horeb/Barneveld	43.5	16. Boscobel	50.0
17. Cudahy/St Francis	11.5	17. Nekoosa/Port Edwards	27.0	17. Independence/Gilmanton	46.5
				18. Shell Lake	45.0
				19. Kickapoo/LaFarge	38.5
				20. Royall	34.0
				21. Ithaca	27.0

Burnsville Invitational 1st Place

1 st	218	Eastview	2 nd	214.5	Hastings
3 rd	152.5	Sauk Rapids Rice	4 th	129	Champlin Park
5 th	118	St. Cloud Tech	6 th	114	Burnsville
7 th	56	Mpls Southwest	8 th	44	Cumberland, WI

103	BJ Groskreutz	2 nd	135	Scott Hogan	1st	171	Rob Wietecha	5 th
112	Anthony Munos	4 th	140	Cody Groskreutz	2 nd	189	Joey Scott	3 rd
119	Brad Hogan	2 nd	145	Ty Groskreutz	3 rd	215	Bobby Ladd	4 th
125	Mitch Rechtzigel	1 st	152	Nels Pederson	3 rd	285	Dijon Sanders	2 nd
130	Billy Kor	3 rd	160	Josh Weinberg	3 rd			

Eastview Invitational 1st Place

1 st	160	Eastview	7 th	98.5	Mpls South
2 nd	153	Spring Lake Park	8 th	86.5	Maple Grove
3 rd	152.5	Rosemount	9 th	76	Faribault
4 th	150	Scott West	10 th	44	Triton
5 th	141	Coon Rapids	11 th	42	Mpls North
6 th	114	Farmington	12 th	23.5	Mpls Southwest

103	BJ Groskreutz	5 th	135	Scott Hogan	1st	171	Rob Wietecha	4 th
112	Brad Hogan	1 st	140	Cody Groskreutz Nick Dodd	5 th 4 th	189	Joey Scott Matt Franson	5 th 5 th
119	Mitch Rechtzigel	4 th	145	Alec Johnson	5 th	215	Bobby Ladd Tom Hensley	4 th ---
125	Billy Kor	---	152	Nels Pederson Pat Cox	2nd ---	285	Dijon Sanders	3 rd
130	Peter Nguyen	---	160	Josh Weinberg	5 th			

Mound-Westonka Invitational 4th Place

**** Eastview's JV Team @ a Varsity Tournament**

1 Waconia 185.5	5 South Saint Paul 107.0
2 Hutchinson/Bufalo Lake-Hector 177	6 Saint Paul Como Park 84.5
3 Buffalo 174.5	7 Fridley 69.0
4 Eastview 128.5	8 Mound-Westonka 62.0

103	Chris Bechly	3 rd	135	Alec Teagarden	5 th	171	Rob Wietecha	2 nd
112	Anthony Munos	5 th	140	Nick Dodd	1 st	189	Matt Franson	7 th
119	Jose Cabrera	4 th	145	Ty Groskreutz	2 nd	215	Erik Ehresmann	5 th
125	Peter Nguyen	3 rd	152	Matt Galloway	4 th	285	DJ Schliesman	6 th
130	Steven Phomphackdy	3 rd	160	Pat Cox	6 th			

3AAA Individual Sections 3rd Place

1 Apple Valley 291.5	5 Rosemount 132
2 Hastings 243	6 Henry Sibley 122
3 Eastview 158	7 Park Cottage Grove 97.5
4 Eagan 134	8 Burnsville 70.5

103	BJ Groskreutz	5 th	135	Scott Hogan	3 rd	171	Rob Wietecha	--
112	Brad Hogan	3 rd	140	Cody Groskreutz	4 th	189	Joey Scott	4 th
119	Anthony Munos	--	145	Ty Groskreutz	4 th	215	Bobby Ladd	5 th
125	Mitch Rechtzigel	4 th	152	Nels Pederson	1 st	285	Dijon Sanders	2 nd
130	Billy Kor	5 th	160	Josh Weinberg	3 rd			

VARSIITY STATISTICS

Wrestler	Win	Loss	T2	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Lucas Allen	0	1	0	7	0	0	0	0	0	0	0
Chris Bechly	2	2	1	1	1	0	1	0	0	0	9
Jose Cabrera	1	3	3	1	0	0	0	0	0	0	6
Derrick Cox	2	1	1	1	0	0	0	0	0	1	12
Pat Cox	0	6	1	5	3	0	0	0	0	0	0
Nick Dodd	6	7	10	12	7	1	3	1	0	1	22
Erik Erhesmann	1	1	1	0	0	0	0	0	0	1	6
Matt Franson	7	5	8	10	2	1	2	0	0	4	36
Matt Galloway	10	9	12	16	4	1	8	0	1	4	44
BJ Groskreutz	18	22	20	16	12	6	6	2	0	9	95
Cody Groskreutz	25	12	55	29	14	5	13	5	2	5	99
Ty Groskreutz	24	13	36	30	11	4	17	3	2	11	112
Jake Hannan	0	1	0	0	0	0	0	0	0	0	0
Tom Hensley	2	7	3	4	1	2	1	0	0	2	12
Brad Hogan	33	9	55	21	27	12	18	6	2	10	142
Scott Hogan	37	3	85	34	18	17	21	6	2	11	155
Alec Johnson	6	7	4	19	9	4	2	1	0	2	28
Max King	0	1	0	0	0	0	0	0	0	0	0
Billy Kor	13	20	29	42	7	0	1	1	0	1	52
Robert Ladd	21	20	23	36	21	3	6	1	0	11	100
Anthony Munos	8	19	17	8	15	2	8	0	1	3	38
Peter Nguyen	15	15	24	32	10	6	13	2	1	10	79
Nels Pederson	33	11	72	34	20	10	11	5	1	9	136
Steven Phomphackdy	2	2	2	0	1	0	2	1	0	1	10
Mitch Rechtzigel	29	13	47	30	13	7	9	5	1	5	109
Dijon Sanders	14	13	19	19	9	4	2	0	0	5	57
DJ Schliesman	3	11	3	4	1	4	1	0	0	1	15
Joey Scott	18	21	22	29	10	2	9	1	0	6	76
Alec Teagarden	3	2	7	5	2	1	2	0	0	3	18
Josh Weinberg	26	15	33	24	41	22	23	4	3	6	112
Rob Wietcha	6	19	17	32	3	0	1	0	0	2	24

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Team Points
Eastview Team Totals	365	293	610	509	263	114	180	44	16	124	1604
Opponents Totals	293	365	688	387	179	95	158	41	9	134	1343

EASTVIEW WRESTLING

SOMETHING MORE!

TEAM	35 Team Points	4 Falls	8 Wins	19 Take-Downs	10 Near-Falls	Won 75% 3 rd Periods	1 or Less Pins	1 or Less Major/TF	Total Goals	Dual Win
ST. PAUL CENTRAL	76	10	14	32/2	24/0	4/0	0	0	8	W 76-0
STILLWATER	37	3	9	16/7	11/8	4/1	4	1	5	W 37-28
SPRING LAKE PARK	32	4	7	14/17	17/9	6/1	2	2	3	W 32-30
KASSON-MANTORVILLE	12	0	4	7/31	1/12	6/5	3	3	0	L 42-12
BURNSVILLE	53	6	10	18/10	15/7	4/2	2	1	5	W 53-19
JWP/WEM	33	2	8	18/8	14/10	4/3	5	0	4	W 33-33
NRHEG	49	4	10	12/10	9/2	4/1	2	0	5	W 49-18
OWATONNA	12	1	3	7/22	3/9	3/3	5	2	0	L 12-50
CHASKA	62	5	12	24/12	11/8	6/2	1	0	7	W 62-9
APPLE VALLEY	11	0	3	8/19	3/16	4/4	5	3	0	L 11-56
MINNETONKA	41	5	8	11/12	12/15	2/6	1	4	5	W 41-26
BUFFALO	24	0	7	8/9	3/12	3/3	5	1	1	L 37-24
SHAKOPEE	40	5	8	12/10	12/10	5/2	5	0	5	W 40-33
LAKEVILLE SOUTH	48	5	9	10/7	9/8	2/2	3	0	4	W 48-24
PARK	41	3	10	19/12	10/5	8/2	2	0	6	W 41-18
LAKEVILLE NORTH	57	7	11	14/8	13/4	4/1	1	1	7	W 57-13
WAYZATA	33	4	7	19/12	13/16	6/5	3	2	3	L 33-34
SCOTT WEST	3	0	1	1/21	2/22	1/3	9	1	1	L 3-70
EAGAN	31	2	8	17/12	8/3	5/6	1	0	4	W 31-21
ROSEMOUNT	32	2	8	15/17	11/4	5/6	1	0	4	W 32-21
EDEN PRAIRIE	43	5	9	16/10	13/3	5/1	2	0	6	W 43-21
FARBALT	10	5	10	15/7	10/7	4/1	3	0	6	W 53-21
MAPLE GROVE	44	4	10	17/9	16/4	5/1	2	0	6	W 44-18
APPLE VALLEY	12	1	3	6/18	7/17	2/1	10	0	1	L 12-66
BLOOMINGTON	24	2	5	4/35	3/13	3/6	4	2	0	L 24-41
ROSEMOUNT	35	4	8	15/19	8/6	7/3	1	1	5	W 35-22
HASTINGS	18	2	4	6/33	3/11	4/4	4	2	0	L 45-18

VARSDITY SEASON RECORDS

FALLS

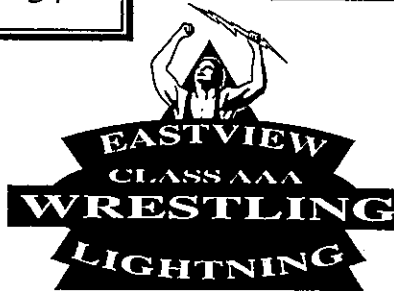
Adam Fokken	'01	28
Nate Kocer	'03	28
John Makabe	'06	23

WINS

Adam Fokken	'01	38
Scott Hogan	'09	37
Ryan Langlais	'04	37
John Makabe	'06	37

TEAM POINTS

Adam Fokken	'01	200
Nate Kocer	'03	199
John Makabe	'06	190



TAKEDOWNS

Ryan Langlais	'04	134
Adam Fokken	'01	119
Chris Shuck	'03	108

NEAR FALLS

Mikey Fornicoia	'02	79
Josh Weinberg	'09	56
Minh Huynh	'05	56

REVERSALS

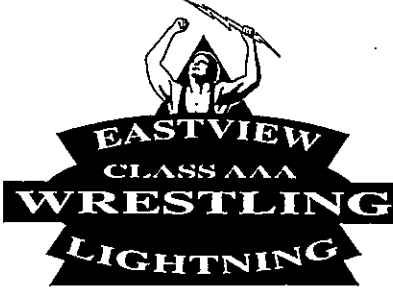
Josh Weinberg	'09	41
Kevin McBride	'02	38
Adam Fokken	'99	28
Nate Kocer	'02	28

VARSITY CAREER RECORDS

<u>FALLS</u>		
Adam Fokken	'01	83
Scott Hogan	'09	66
Ryan Langlais	'04	55

<u>WINS</u>		
Adam Fokken	'01	147
Ryan Langlais	'04	139
Scott Hogan	'09	129

<u>TEAM POINTS</u>		
Adam Fokken	'01	727
Ryan Langlais	'04	621
Scott Hogan	'09	606



<u>TAKEDOWNS</u>		
Ryan Langlais	'04	449
Adam Fokken	'01	349
Scott Hogan	'09	252

<u>NEAR FALLS</u>		
Mikey Fornicoia	'02	166
Minh Huynh	'06	148
Scott Hogan	'09	145

<u>REVERSALS</u>		
Adam Fokken	'01	92
Mikey Fornicoia	'02	84
Scott Hogan	'09	75



**EASTVIEW WRESTLING
JV TEAM RESULTS
2008-2009**

Overall Record: 19 Wins 3 Losses
Conference Record: 9 Wins 0 Losses
1st Place Lake Conference

Dual Meets

Eastview	48	St. Paul Central	12	Win
	22	Stillwater	51	Loss
	70	Spring Lake Park	0	Win
	57	Kasson-Mantorville	12	Win
	41	Burnsville	36	Win
	53	JWP / WEM	36	Win
	22	NRHEG	15	Win
	10	Owatonna	60	Loss
	63	Chaska	18	Win
	51	Apple Valley	18	Win
	46	Minnetonka	35	Win
	59	Buffalo	12	Win
	37	Shakopee	18	Win
	39	Lakeville South	16	Win
	24	Park	18	Win
	42	Lakeville North	12	Win
	38	Wayzata	36	Win
	29	Scott West	42	Loss
	32	Eagan	7	Win
	58	Rosemount	12	Win
	65	Eden Prairie	6	Win
	50	Bloomington	14	Win

Individual Tournaments

Burnsville Invitational

19 Brackets - No Team Score Kept

119 Derek Cox - Champ	130 Steven Phomphackdy - 2 nd
140 Lucas Allen - Champ	135 Jack Lesch - 2 nd
140 Nick Dodd - Champ	145 Alec Teagarden - 2 nd
145 Alec Johnson - Champ	145 Ben Schmitz - 2 nd
171 Max King - Champ	215 DJ Schliesman - 2 nd
189 Matt Decovich - Champ	135 Quincy Gottwig - 3 rd
189 Matt Franson - Champ	140 Jordan Humphries - 3 rd
215 Erik Ehresmann - Champ	140 Pat Cox - 3 rd
215 Tom Hensley - Champ	189 Allen Keomongkoth - 3 rd
	189 Carl Brown - 3 rd
	215 Jake Hannan - 3 rd

Lightning Invitational
24 Brackets - No Team Score Kept

130 Steven Phomphackdy - Champ
 145 Alec Teagarden - Champ
 145 Matt Galloway - Champ
 119 Derek Cox - 2nd
 140 Lucas Allen - 2nd
 140 Jordan Humphries - 2nd
 145 Marcus Shaw - 2nd
 189 Matt Decovich - 2nd
 215 Erik Ehresmann - 2nd
 140 Jack Lesch - 3rd
 145 Ben Schmitz - 3rd
 160 Sam Higgins - 3rd
 189 Allen Keomongkoth - 3rd
 215 Jake Hannan - 3rd

Armstrong Tourney
27 Brackets - No Team Score Kept

103 Chris Bechly - Champ
 125 Zac Groskreutz - Champ
 130 Steven Phomphackdy - Champ
 135 Levi Groskreutz - Champ
 140 Alec Teagarden - Champ
 140 Nick Dodd - Champ
 145 Patrick Cox - Champ
 145 Jordan Humphries - Champ
 171 Max King - Champ
 189 Matt Franson - Champ
 215 DJ Schliesman - Champ
 215 Erik Ehresmann - Champ
 215 Jake Hannan - Champ
 285 Josiah Barrett - Champ
 119 Jose Cabrera - 2nd
 140 Lucas Allen - 2nd
 152 Mauri Rodriguez - 2nd
 189 Matt Decovich - 2nd
 215 Tom Hensley - 2nd
 215 DJ Schliesman - 2nd
 135 Michael Schliesman - 3rd
 140 Ben Schmitz - 3rd
 152 Matt Henning - 3rd
 189 Carl Brown - 3rd

Lake Conference JV Tourney
2nd Place - 10 Teams

130 Steven Phomphackdy - Champ
 135 Alec Teagarden - Champ
 145 Alec Johnson - Champ
 189 Matt Franson - Champ
 285 DJ Schliesman - 2nd
 140 Nick Dodd - 3rd
 215 Erik Ehresmann - 3rd
 103 Chris Bechly - 4th
 112 Jose Cabrera - 5th
 171 Matt Decovich - 5th
 125 Zac Groskreutz - 6th

Team Scores

1 st	Apple Valley	190
2 nd	Eastview	153.5
3 rd	Eagan	128
4 th	Lakeville South	119
5 th	Bloomington	116
6 th	Rosemount	88
7 th	Burnsville	63.5
8 th	Lakeville North	51
9 th	Chaska	47
10 th	Eden Prairie	46

Lake Conference JV Silver Tourney
1st Place - 10 Teams

135 Lucas Allen - Champ
 145 Pat Cox - Champ
 171 Max King - Champ
 285 Josiah Barrett - Champ
 140A Jack Lesch - 2nd
 171 Allen Keomongkoth - 2nd
 140A Greg Howard - 3rd
 140B Matthew Ladd - 3rd
 140B Marcus Shaw - 4th
 189 Carl Brown - 4th
 215 Jake Hannan - 4th
 145 Matt Henning - 5th
 189 Evan Decovich - 6th

Team Scores

1 st	Eastview	132
2 nd	Eden Prairie	122.5
3 rd	Bloomington	115
4 th	Burnsville	100.5
5 th	Apple Valley	84
6 th	Chaska	75
7 th	Lakeville North	62
8 th	Eagan	42
9 th	Lakeville South	31
10 th	Rosemount	7

JUNIOR VARSITY STATISTICS

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Lucas Allen	14	5	22	15	7	1	8	1	1	6	39
Josiah Barrett	4	2	3	2	1	0	0	0	0	4	12
Chris Bechly	7	9	7	2	2	3	0	1	0	3	28
Carl Brown	7	9	6	7	4	0	2	0	0	4	21
Jose Cabrera	3	6	4	2	0	0	0	0	0	3	12
Derrick Cox	15	6	23	10	17	4	10	3	0	8	47
Pat Cox	14	3	13	2	9	5	5	0	0	9	39
Evan Decovich	1	2	3	0	2	1	0	1	0	0	4
Matt Decovich	14	3	21	5	4	4	5	1	0	11	46
Nick Dodd	16	3	25	5	10	8	8	1	1	12	54
Erik Erhesmann	16	1	19	6	3	1	4	0	0	8	36
Matt Franson	17	1	31	9	6	7	11	3	2	8	60
Matt Galloway	7	0	15	4	3	6	6	2	2	2	21
Quincy Gottwig	5	11	6	4	2	3	3	1	0	1	22
Levi Groskreutz	2	1	5	1	5	2	2	0	0	2	6
Zach Groskreutz	5	1	5	2	8	1	1	0	0	4	9
Jake Hannan	10	12	14	10	3	2	3	0	0	5	36
Matt Henning	3	4	5	4	3	1	1	0	0	2	12
Tom Hensley	8	1	14	3	4	5	4	2	0	4	22
Sam Higgins	4	14	3	5	1	0	0	0	0	1	18
Greg Howard	1	1	1	0	3	2	0	1	0	0	4
Jordan Humphries	12	7	10	10	2	2	1	0	0	11	42
Alec Johnson	12	1	11	6	7	5	10	0	1	11	53
Allen Keomongkoth	6	7	9	13	5	1	1	0	0	4	18
Max King	13	6	22	9	7	5	8	1	1	7	39
Billy Kor	2	0	2	0	1	0	2	0	0	0	9
Matt Ladd	3	3	10	4	1	3	1	0	1	2	12
Jack Lesch	8	13	7	15	4	1	5	1	0	2	30
Anthony Munos	1	1	3	1	0	1	0	0	0	1	6
Peter Nguyen	2	0	4	1	0	0	6	0	1	1	11
Steven Phomphackdy	25	3	33	12	14	12	12	2	3	12	95
Jose Rodriguez	2	1	2	0	1	0	0	0	0	2	0
DJ Schliesman	10	7	8	18	3	2	0	0	0	6	30
Mike Schliesman	2	8	1	0	0	0	0	0	0	2	0
Ben Schmitz	7	3	16	10	7	1	3	2	0	3	14
Marcus Shaw	4	3	3	7	9	0	1	1	0	3	10
Alec Teagarden	19	3	32	15	7	4	14	3	2	8	54
Josh Weinberg	0	1	0	0	4	1	2	0	0	0	0
Rob Wietecha	3	2	5	3	1	0	0	0	0	0	12

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Team Points
Eastview Team Totals	316	174	431	223	172	94	139	27	15	176	1052
Opponents Totals	174	316	318	163	146	54	93	9	5	115	536

JUNIOR VARSITY SEASON RECORDS

FALLS

James Pudwill	'06	28
Justin Armstrong	'06	27
Scott Kenning	'06	25

WINS

Andrew Lenertz	'02	31
Tom Chies	'03	30
Fred Hwang	'03	30

TEAM POINTS

Andrew Lenertz	'02	175
James Pudwill	'06	171
Justin Armstrong	'06	165



TAKEDOWNS

Mike Redig	'06	65
Nathaniel Carroll	'05	50
Eric Budd	'01	45

NEAR FALLS

Josh Weinberg	'08	46
Kyle Fokken	'02	39
Bryan Okonek	'06	35

REVERSALS

Mike Redig	'06	26
Josh Weinberg	'08	22
Brian Wallenta	'04	22

FRESHMAN RESULTS

2008-2009

Overall Record: 10 Wins 8 Losses

Section Record: 5 Wins 2 Losses

Eastview vs

Section Duals	51	Tartan	24	Win
3 rd Place	52	Park	31	Win
	27	Hastings	53	Loss
	57	Eagan	21	Win
	37	Rosemount	40	Loss
	44	Simley	30	Win
	48	Burnsville	30	Win
Rosemount Duals	15	Hastings	58	Loss
4 th Place	54	Eagan	27	Win
	18	Rosemount	44	Loss
Eastview Duals	62	Mounds View	24	Win
5 th Place	31	Anoka	45	Loss
	46	Coon Rapids	33	Win
	24	Rosemount	60	Loss

Team State Tournament

Consolation Finalists	27	Kasson-Mantorville	50	Loss
	51	Dilworth-G-W	33	Win
	50	Totino-Grace	28	Win
	30	Coon Rapids	48	Loss

INDIVIDUAL TOURNAMENTS

Burnsville Open

Devon Kuefler – 2nd
Matt Schmidt – 2nd
Zach Groskreutz – 2nd
Jose Rodriguez – 2nd
Evan Decovich – 2nd
Mitch Deinhammer – 3rd
Billy Lawrence – 3rd
Greg Howard – 3rd
Adam Foreman – 3rd
Matt Henning – 3rd
Matt Ladd – 4th
Kai Matsuhashi – 4th
Edgar Garcia – 3rd
Brendan Cole – 4th
Nick Zelenak – 4th
Justin Hudak – 4th
Jose Cabrera – 5th
Carson Larocque – 7th

Region 2 Individual Qualifier

Chris Bechly – 4th
Vince Metz – 3rd
Mitch Deinhammer – 6th
Anthony Munos – 3rd
Zach Groskreutz – 3rd
Levi Groskreutz – 3rd
Greg Howard – 4th
Brendan Cole – 5th
Justin Hudak – 6th
Kai Matsuhashi – 2nd
Evan Decovich – 4th
Edger Garcia – 5th

State Tourney

Kai Matsuhashi

FRESHMAN STATISTICS

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Chris Bechly	14	7	5	7	7	4	1	0	0	1	57
Jose Cabrera	9	10	5	3	11	5	1	0	0	8	51
Michael Carpenter	3	11	1	3	2	1	1	0	0	1	15
Brendan Cole	12	5	11	4	9	2	3	0	0	9	69
Evan Decovich	12	8	10	3	7	3	5	0	1	10	69
Mitch Deinhammer	3	12	6	6	4	2	1	1	0	0	16
Adam Foreman	1	3	1	1	0	0	0	0	0	0	6
Edgar Garcia	6	8	5	1	3	0	0	0	0	4	36
Levi Groskreutz	13	4	19	7	6	6	7	0	0	8	66
Zach Groskreutz	13	8	12	3	13	3	9	0	0	6	62
Matt Henning	7	8	8	4	4	0	1	0	0	4	42
Greg Howard	9	11	8	10	6	2	4	1	0	6	46
Justin Hudak	11	7	7	7	1	1	2	2	0	4	59
Matt Ladd	2	4	2	3	2	0	0	0	0	1	12
Carson Larocque	3	4	4	5	1	0	0	0	0	1	18
Billy Lawrence	3	11	3	6	2	0	2	0	0	2	18
Peter Lesch	5	3	1	1	4	0	0	0	0	0	27
Kai Matsushashi	11	5	7	3	6	0	2	1	0	4	61
Vince Metz	8	12	4	2	4	2	3	0	0	4	45
Anthony Munos	1	4	5	1	0	0	1	0	0	0	3
Jose Rodriguez	6	6	6	2	5	0	0	0	0	6	36
Matt Schmidt	7	6	6	3	5	1	4	0	0	2	36
Collin Underdahl	0	2	2	0	1	0	0	0	0	0	0
Nick Zelenak	5	4	3	5	0	0	1	0	0	2	27

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Team Points
Eastview Team Totals	168	168	148	91	106	33	50	5	1	86	898
Opponents Totals	168	168	174	66	130	46	76	13	3	112	873

FRESHMAN SEASON RECORDS

FALLS

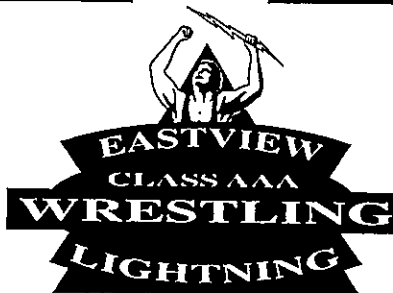
Bona Ku	'01	16
Ty Groskreutz	'06	15
Joey Scott	'07	15

WINS

Bryan Okonek	'05	25
Joey Scott	'07	24
Bryan Lewis	'00	23

TEAM POINTS

Joey Scott	'07	128
Bryan Okonek	'05	118
Troy Fokken	'03	117



TAKEDOWNS

Bryan Lewis	'00	80
Trever Sutherland	'05	68
Bona Ku	'01	61

NEAR FALLS

Nathaniel Carroll	'03	26
Minh Huynh	'03	23
Kyle Fokken	'01	22

REVERSALS

Kyle Fokken	'01	17
Andrew Nelson	'03	15
Nathaniel Carroll	'03	15
Nick Mako	'06	15

Eastview Wrestling

***It's time to show that we've got Something More
The Storm is coming, it's all out war.***

***With Determination, Strength, and Pride
Our Commitment to Excellence will be our guide***

***We can guarantee we will go out there and fight
We have the sweet view of victory in our sight.***

Giving Something More for the Lightning at:

103: Bruisin' BJ

**145: Terminatin' Ty
Atomic Alec**

**112: Brawlin' Brad
Maulin' Munos**

**152: Nasty Nels
Gutsy Galloway**

119: Mighty Mitch

160: Wrasslin'-Wild Weinberg

125: Pinnin' Peter

171: Wreckin' Wietecha

130: Boomin' Billy

**189: Jammin' Joey
Fightin' Franson**

135: Super Scotty

215: Lethal Ladd

**140: Crafty Cody
Dangerous Dodd**

HWT: Diesel Dijon

***Something More is what we've got
It's time to show the lightning are hot!***

***Believe in your training, Believe in your technique
Believe in your teammates, Believe in yourself!
It's time to achieve Something More!!***

WRESTLERS OF THE WEEK

Varsity

Scott Hogan
Cody Groskreutz
Bobby Ladd
Brad Hogan
Mitch Rechtzigel
Ty Groskreutz
Nels Pederson
Joey Scott
Matt Galloway
Josh Weinberg
Rob Wietecha
Peter Nguyen
BJ Groskreutz
Billy Kor
Dijon Sanders

Junior Varsity

Matt Decovich
Rob Wietecha
Steven Phomphackdy
Chris Bechly
Jake Hannan
Derrick Cox
Erik Ehresmann
Nick Dodd
Matt Galloway
Matt Franson
Alec Teagarden
Alec Johnson

Freshman

Zac Groskreutz
Devon Kuefler
Matt Schmidt
Kai Matsuhashi
Brendan Cole
Evan Decovich
Zach Groskreutz
Chris Bechly



2009 Class AAA Section 3 Team Tournament

#1 Apple Valley

2/20/2009 4:00 pm Apple Valley 57-15
at Burnsville HS

#8 Park

2/20/2009 6:00 pm Apple Valley 70-6
at Burnsville HS

#5 Eagan

2/20/2009 4:00 pm Henry Sibley 35-34
at Burnsville HS

#4 Henry Sibley

Champion
2/20/2009 8:00 pm Apple Valley 50-20
at Burnsville HS

#3 Eastview

2/20/2009 4:00 pm Eastview 35-22
at Burnsville HS

#6 Rosemount

2/20/2009 6:00 pm Hastings 45-18
at Burnsville HS

#7 Burnsville

2/20/2009 4:00 pm Hastings 56-10
at Burnsville HS

#2 Hastings

Section 3AAA Individual Wrestling

2/27/2009

103

PHIL LEVINE ROS
 (12) 35-0 Bout: 1
 MICHAEL RAMIREZ BR
 (7) 0-2
 J GROSCKREUTZ EV
 (9) 16-20 Bout: 2
 TAYLOR BEAMAN HS
 (08) 14-13
 ERIC BAUER HA
 (9) 31-6 Bout: 3
 JORDAN HANSEN EA
 (9) 7-24
 YAN LUND POG
 (9) 5-19 Bout: 4
 JORDAN KINGSLEY AV
 32-4

PHIL LEVINE ROS
 Fall 1:13
 Bout: 57

TAYLOR BEAMAN HS
 Fall 3:47

ERIC BAUER HA
 Fall 1:45
 Bout: 58

JORDAN KINGSLEY AV
 Fall 3:4

JORDAN KINGSLEY AV
 Bout: 113

J GROSCKREUTZ EV
 Fall 3:45

SOREN HANSEN EA
 Dec 8-7
 Bout: 114

TAYLOR BEAMAN HS

PHIL LEVINE ROS
 Fall 2:27

Bout: 143

ERIC BAUER HA
 Dec 2-1

ERIC BAUER HA
 RunnerUp
 DII

JORDAN KINGSLEY AV
 Fall 2:5

Bout: 142

TAYLOR BEAMAN HS
 Fall 4:58

BJ GROSCKREUTZ EV
 Bout: 141

SOREN HANSEN EA

- Place Winners -
 1st PHIL LEVINE ROS (12) 38-0
 2nd ERIC BAUER HA (09) 34-7
 3rd JORDAN KINGSLEY AV 35-6
 4th TAYLOR BEAMAN HS (08) 16-15
 5th BJ GROSCKREUTZ EV (09) 18-22
 6th SOREN HANSEN EA (9) 8-27

DAKOTA TROM AV
 32-4 Bout: 5

ABDULAH SALAN BR
 (09) 10-20

JEFF ENGSTROM HA
 (10) 19-16 Bout: 6

STEVE LEVINE ROS
 (09) 16-6

YONAS GEBREAB EA
 (10) 20-11 Bout: 7

RASHAD KENNEDY HS
 16-15

CENNY GERHARDT POG
 (09) 16-13 Bout: 8

BRAD HOGAN EV
 (09) 31-7

DAKOTA TROM AV
 Fall 5:1

Bout: 59

JEFF ENGSTROM HA
 Fall 3:26

YONAS GEBREAB EA
 Dec 3-0

Bout: 60

BRAD HOGAN EV
 Fall 3:49

YONAS GEBREAB EA
 Bout: 115

STEVE LEVINE ROS
 Dec 8-2

RASHAD KENNEDY HS
 Dec 6-0

Bout: 116

JEFF ENGSTROM HA

DAKOTA TROM AV
 Fall 1:57

Bout: 146

BRAD HOGAN EV
 Dec 5-2

BRAD HOGAN EV

YONAS GEBREAB EA
 Dec 11-10

Bout: 145

JEFF ENGSTROM HA
 T-Fall 16-1

JEFF ENGSTROM HA
 Fall 1:00

STEVE LEVINE ROS
 Bout: 144

RASHAD KENNEDY HS

- Place Winners -
 1st DAKOTA TROM AV 35-4
 2nd JEFF ENGSTROM HA (10) 23-17
 3rd BRAD HOGAN EV (09) 33-9
 4th YONAS GEBREAB EA (10) 22-13
 5th STEVE LEVINE ROS (09) 18-8
 6th RASHAD KENNEDY HS 17-18

Section 3AAA Individual Wrestling

2/27/2009

112

JEFF ENGSTROM HA
 RunnerUp
 Maj/Dec 12-2

DAKOTA TROM AV
 Champion
 Fall 4:37

STEVE LEVINE ROS
 5th Place
 Fall 3:54

Section 3AAA Individual Wrestling

2/27/2009

125

BRANDON KINGSLEY AV
36-0 Bout: 13
JEREMY SIMMONS PCG
(11) 20-16
MITCH RECHTZIGEL EV
(9) 27-11 Bout: 14
TOM PERILLAT HS
(11) 24-13
COLTEN LACHANCE HA
(10) 23-15 Bout: 15
DYNARIUS LEWIS BR
(10) 21-15
MICHAEL MARTCHEVEA
(12) 23-9 Bout: 16
JOSH BAIER ROS
(12) 31-6

BRANDON KINGSLEY AV
Fall:52
Bout: 63
TOM PERILLAT HS
Dec:64
Bout: 152
COLTEN LACHANCE HA
Dec:13-9
Bout: 64
MICHAEL MARTCHEVEA
Dec:6-3

MICHAEL MARTCHEVEA
Bout: 119
MITCH RECHTZIGEL EV
Dec:6-2
JOSH BAIER ROS
Dec:4-3
Bout: 120
TOM PERILLAT HS

COLTEN LACHANCE HA
Bout: 186
MITCH RECHTZIGEL EV
Dec:3-1
JOSH BAIER ROS
Dec:1-0
JOSH BAIER ROS
Dec:5-4
MICHAEL MARTCHEVEA
Bout: 150
TOM PERILLAT HS
Dec:7-5

- Place Winners -
1st BRANDON KINGSLEY AV
2nd COLTEN LACHANCE HA
3rd JOSH BAIER ROS
4th MITCH RECHTZIGEL EV
5th TOM PERILLAT HS
6th MICHAEL MARTCHEVEA

Section 3AAA Individual Wrestling

2/27/2009

130

JUSTIN LAVALLE AV
36-0 Bout: 17
MATT CONNELLY BR
(10) 6-19
PAUL DOMEIERS ROS
(10) 16-16 Bout: 18
NICK ARRAGONI PCG
(12) 21-15
BOBBY PETERSEN HA
(12) 20-16 Bout: 19
BILLY KOR EV
(12) 11-18
MICHAEL MARSH EA
(10) 10-25 Bout: 20
MASON YOUNG HS
(11) 31-5

JUSTIN LAVALLE AV
Fall:129
Bout: 65
NICK ARRAGONI PCG
Fall:4-53
BOBBY PETERSEN HA
Fall:15-0
Bout: 66
MASON YOUNG HS
Fall:1-45

BOBBY PETERSEN HA
Bout: 121
PAUL DOMEIERS ROS
Fall:1-50
BILLY KOR EV
Dec:9-5
Bout: 122
NICK ARRAGONI PCG

BOBBY PETERSEN HA
Fall:2-03
Bout: 154
NICK ARRAGONI PCG
Dec:3-1
PAUL DOMEIERS ROS
Bout: 153
BILLY KOR EV
Dec:7-3

- Place Winners -
1st JUSTIN LAVALLE AV
2nd MASON YOUNG HS
3rd BOBBY PETERSEN HA
4th NICK ARRAGONI PCG
5th BILLY KOR EV
6th PAUL DOMEIERS ROS

Section 3AAA Individual Wrestling

2/27/2009

125

BRANDON KINGSLEY AV
36-0 Bout: 17
MATT CONNELLY BR
(10) 6-19
PAUL DOMEIERS ROS
(10) 16-16 Bout: 18
NICK ARRAGONI PCG
(12) 21-15
BOBBY PETERSEN HA
(12) 20-16 Bout: 19
BILLY KOR EV
(12) 11-18
MICHAEL MARSH EA
(10) 10-25 Bout: 20
MASON YOUNG HS
(11) 31-5

BRANDON KINGSLEY AV
Fall:129
Bout: 65
NICK ARRAGONI PCG
Fall:4-53
BOBBY PETERSEN HA
Fall:15-0
Bout: 66
MASON YOUNG HS
Fall:1-45

BOBBY PETERSEN HA
Bout: 121
PAUL DOMEIERS ROS
Fall:1-50
BILLY KOR EV
Dec:9-5
Bout: 122
NICK ARRAGONI PCG

BOBBY PETERSEN HA
Fall:2-03
Bout: 154
NICK ARRAGONI PCG
Dec:3-1
PAUL DOMEIERS ROS
Bout: 153
BILLY KOR EV
Dec:7-3

- Place Winners -
1st JUSTIN LAVALLE AV
2nd MASON YOUNG HS
3rd BOBBY PETERSEN HA
4th NICK ARRAGONI PCG
5th BILLY KOR EV
6th PAUL DOMEIERS ROS

Section 3AAA Individual Wrestling

2/27/2009

130

JUSTIN LAVALLE AV
36-0 Bout: 17
MATT CONNELLY BR
(10) 6-19
PAUL DOMEIERS ROS
(10) 16-16 Bout: 18
NICK ARRAGONI PCG
(12) 21-15
BOBBY PETERSEN HA
(12) 20-16 Bout: 19
BILLY KOR EV
(12) 11-18
MICHAEL MARSH EA
(10) 10-25 Bout: 20
MASON YOUNG HS
(11) 31-5

JUSTIN LAVALLE AV
Fall:129
Bout: 65
NICK ARRAGONI PCG
Fall:4-53
BOBBY PETERSEN HA
Fall:15-0
Bout: 66
MASON YOUNG HS
Fall:1-45

BOBBY PETERSEN HA
Bout: 121
PAUL DOMEIERS ROS
Fall:1-50
BILLY KOR EV
Dec:9-5
Bout: 122
NICK ARRAGONI PCG

BOBBY PETERSEN HA
Fall:2-03
Bout: 154
NICK ARRAGONI PCG
Dec:3-1
PAUL DOMEIERS ROS
Bout: 153
BILLY KOR EV
Dec:7-3

- Place Winners -
1st JUSTIN LAVALLE AV
2nd MASON YOUNG HS
3rd BOBBY PETERSEN HA
4th NICK ARRAGONI PCG
5th BILLY KOR EV
6th PAUL DOMEIERS ROS

Section 3AAA Individual Wrestling

2/27/2009

135

DESTIN MCCAULEY AV
35-1 Bout: 21
Fall 1:00

DESTIN MCCAULEY AV
Fall 2:28

ALEX HANSEN PCG
(11) 7-11

TONY MARTHALER ROS
(10) 20-17 Bout: 22
Fall 1:17

CHARLIE BERG HS
(12) 19-16

ZACH ROHR HA
(10) 31-8 Bout: 23

ZACH ROHR HA
(11) 2-13 Bout: 24
Fall 1:09

SCOTT HOGAN EV
(12) 34-2

KIRILL SHUMILOV EA
(11) 2-13 Bout: 24
Fall 1:09

ZACH ROHR HA

SCOTT HOGAN EV
Bout: 123

SCOTT HOGAN EV
Dec 8-1

ALEX HANSEN PCG
Bout: 95

TONY MARTHALER ROS
Dec 9-4

TONY MARTHALER ROS

TONY MARTHALER ROS
Bout: 156

KIRILL SHUMILOV EA
Fall 1:52

KIRILL SHUMILOV EA
Bout: 124

CHARLIE BERG HS

TONY MARTHALER ROS
Bout: 156

KIRILL SHUMILOV EA
Fall 1:26

Place Winners -
1st DESTIN MCCAULEY AV
(10) 33-9

2nd ZACH ROHR HA
(12) 37-4

3rd SCOTT HOGAN EV
(12) 21-18

4th CHARLIE BERG HS
(10) 22-19

5th TONY MARTHALER ROS
(11) 2-16

Section 3AAA Individual Wrestling

2/27/2009

140

JAKE VAITH HA
12) 35-4 Bout: 25

LUKE VAITH HA
Fall 1:39

ATT BIGELOW ROS
(11) 6-16

LUKE VAITH HA
Bout: 69

JAKE HOLTON PCG
12) 11-12 Bout: 26

LUKE THIELE EA
MajDec 14-2

JAKE THIELE EA
(11) 18-19

CODY GROSCKREUTZ EV
(11) 24-10 Bout: 27

CODY GROSCKREUTZ EV
Bout: 70

MARIAH BEAMAN HS
12) 6-23 Bout: 28

JOE FESSLER AV
Fall 3:22

JOE FESSLER AV
20-5

JOE FESSLER AV
Ditt

JOE FESSLER AV
MajDec 12-2

LUKE VAITH HA
Champion

LUKE VAITH HA

LUKE THIELE EA
Dec 6-2

LUKE THIELE EA
Dec 6-2

LUKE THIELE EA
Dec 6-2

LUKE THIELE EA
Dec 6-2

LUKE THIELE EA
Dec 6-2

LUKE THIELE EA
Dec 6-2

LUKE THIELE EA
Dec 6-2

LUKE THIELE EA
Dec 6-2

LUKE THIELE EA
Dec 6-2

LUKE THIELE EA
Dec 6-2

LUKE THIELE EA
Dec 6-2

Section 3AAA Individual Wrestling

2/27/2009

145

JARRET HOEPPNER AV
Bout: 29
Fall 37

JORDAN FULLER BR
Bout: 71
Fall 10-15

ANDERS OLMANSEN EA
Bout: 30
Fall 14-16

TY GROSCKREUTZ EV
Bout: 11-5
Dec 22-11

JARRET HOEPPNER AV
Bout: 164
Fall 13-2

JARRET HOEPPNER AV
Champion
Fall 4-24

TYLER ROHR HA
Bout: 72
Dec 11-3

GARRETT BOTHUN ROS
Bout: 31
Fall 30-7

BEN GALLOGLY PGG
Bout: 13-4
May Dec 13-4

TYLER ROHR HA
Bout: 32
Fall 4-23

JEREMY LEE HS
Bout: 31-8
Fall 11-3

TYLER ROHR HA

GARRETT BOTHUN ROS

JORDAN FULLER BR
Bout: 99
Fall 3-52

ANDERS OLMANSEN EA

BEN GALLOGLY PGG
Bout: 100
Fall 2-46

JEREMY LEE HS
Bout: 128
Fall 2-46

TYLER ROHR HA
RunnerUp
DIII

GARRETT LARSON BR
Bout: 101
Fall 1-50

JOSH FRANCOIS ROS

TYRELL MARTIN HS
Bout: 102
Fall 2-10

NATE WILLIAMS HA
Bout: 130
Dec 5-0

NATE BRUNER AV
Bout: 129
Dec 4-3

JOSH FRANCOIS ROS
Fall 1-50

NATE WILLIAMS HA
Fall 2-10

AARON SJOBECK EA

NATE BRUNER AV
Bout: 166
Dec 4-3

NATE WILLIAMS HA
Dec 5-0

JOSH FRANCOIS ROS
Bout: 165
Dec 15-6

AARON SJOBECK EA
5th Place
Dec 15-6

NATE WILLIAMS HA
RunnerUp
Maj Dec 14-5

ANDERS OLMANSEN EA
Bout: 162
Dec 3-2

BEN GALLOGLY PGG

ANDERS OLMANSEN EA
5th Place
Dec 3-2

ANDERS OLMANSEN EA
Bout: 163
Fall 21

TY GROSCKREUTZ EV
Fall 21

ANDERS OLMANSEN EA
Bout: 163
Fall 21

TY GROSCKREUTZ EV
Fall 21

ANDERS OLMANSEN EA
Bout: 163
Fall 21

TY GROSCKREUTZ EV
Fall 21

ANDERS OLMANSEN EA
Bout: 163
Fall 21

TY GROSCKREUTZ EV
Fall 21

ANDERS OLMANSEN EA
Bout: 163
Fall 21

TY GROSCKREUTZ EV
Fall 21

- Place Winners -
1st JARRET HOEPPNER AV
2nd TYLER ROHR HA
3rd GARRETT BOTHUN ROS
4th TY GROSCKREUTZ EV
5th ANDERS OLMANSEN EA
6th BEN GALLOGLY PGG

- Place Winners -
1st JARRET HOEPPNER AV
2nd TYLER ROHR HA
3rd GARRETT BOTHUN ROS
4th TY GROSCKREUTZ EV
5th ANDERS OLMANSEN EA
6th BEN GALLOGLY PGG

- Place Winners -
1st NELS PEDERSON EV
2nd NATE WILLIAMS HA
3rd DERON GIADYU PGG
4th NATE BRUNER AV
5th AARON SJOBECK EA
6th JOSH FRANCOIS ROS

- Place Winners -
1st NELS PEDERSON EV
2nd NATE WILLIAMS HA
3rd DERON GIADYU PGG
4th NATE BRUNER AV
5th AARON SJOBECK EA
6th JOSH FRANCOIS ROS

- Place Winners -
1st NELS PEDERSON EV
2nd NATE WILLIAMS HA
3rd DERON GIADYU PGG
4th NATE BRUNER AV
5th AARON SJOBECK EA
6th JOSH FRANCOIS ROS

- Place Winners -
1st NELS PEDERSON EV
2nd NATE WILLIAMS HA
3rd DERON GIADYU PGG
4th NATE BRUNER AV
5th AARON SJOBECK EA
6th JOSH FRANCOIS ROS

- Place Winners -
1st NELS PEDERSON EV
2nd NATE WILLIAMS HA
3rd DERON GIADYU PGG
4th NATE BRUNER AV
5th AARON SJOBECK EA
6th JOSH FRANCOIS ROS

Section 3AAA Individual Wrestling

2/27/2009

152

AARON SJOBECK EA
Bout: 33
Fall 1-34

GARRETT LARSON BR
Bout: 73
Dec 9-3

JOSH FRANCOIS ROS
Bout: 34
Dec 9-3

DERON GIADYU PGG
Bout: 167
Dec 9-3

NELS PEDERSON EV
Champion
Dec 2-1

AARON SJOBECK EA
Bout: 185
Dec 15-6

DERON GIADYU PGG

NATE BRUNER AV

NATE BRUNER AV
Bout: 129
Dec 4-3

JOSH FRANCOIS ROS
Fall 1-50

NATE WILLIAMS HA
Fall 2-10

AARON SJOBECK EA

NATE BRUNER AV
Bout: 166
Dec 4-3

NATE WILLIAMS HA
Dec 5-0

NATE WILLIAMS HA
RunnerUp
Maj Dec 14-5

BEN GALLOGLY PGG
Bout: 100
Fall 2-46

JEREMY LEE HS
Bout: 128
Fall 2-46

GARRETT BOTHUN ROS
Bout: 190
Dec 10-5

GARRETT BOTHUN ROS
Dec 7-2

GARRETT LARSON BR
Bout: 101
Fall 1-50

JOSH FRANCOIS ROS

TYRELL MARTIN HS
Bout: 102
Fall 2-10

NATE WILLIAMS HA
Bout: 130
Dec 5-0

NATE BRUNER AV
Bout: 129
Dec 4-3

JOSH FRANCOIS ROS
Fall 1-50

NATE WILLIAMS HA
Fall 2-10

AARON SJOBECK EA

NATE BRUNER AV
Bout: 166
Dec 4-3

NATE WILLIAMS HA
Dec 5-0

JOSH FRANCOIS ROS
Bout: 165
Dec 15-6

AARON SJOBECK EA
5th Place
Dec 15-6

NATE WILLIAMS HA
RunnerUp
Maj Dec 14-5

Section 3AAA Individual Wrestling

2/27/2009

160

BRENDAN EICHMANN HA (12) 38-1 Bout 37
 MYLES PHILLIPS ROS (10) 4-7
 MATT HECHSEL AV 21-14 Bout 38
 SAM SWANSON PCG (12) 17-16
 JOSH WEINBERG EV (11) 23-13 Bout 39
 BOB RADA EA (10) 17-18
 ANDY GRASS BR (11) 5-16 Bout 40
 ZAK COATES HS (11) 34-4

BRENDAN EICHMANN HA
 Fall 1:23
 Bout 75

MATT HECHSEL AV
 Dec 3-2

JOSH WEINBERG EV
 Dec 9-2
 Bout 76

ZAK COATES HS
 Fall 1:01

BRENDAN EICHMANN HA
 Dec 6-0
 Bout 170

ZAK COATES HS
 Champion
 Dec 5-3

ZAK COATES HS
 Fall 1:15

BRENDAN EICHMANN HA

JOSH WEINBERG EV
 Bout 131

SAM SWANSON PCG
 Dec 2-1

BOB RADA EA
 Fall 4:37
 Bout 132

MATT HECHSEL AV
 Dec 6-2

BRENDAN EICHMANN HA
 RunnerUp
 Fall 4:21

JOSH WEINBERG EV
 Fall 1:40
 Bout 169

JOSH WEINBERG EV
 Dec 11-9

SAM SWANSON PCG
 Bout 168

BOB RADA EA
 Dec 3-2

- Place Winners -
 1st ZAK COATES HS (11) 37-4
 2nd BRENDAN EICHMANN HA (12) 41-2
 3rd JOSH WEINBERG EV (11) 26-15
 4th MATT HECHSEL AV 23-16
 5th SAM SWANSON PCG (12) 19-18
 6th BOB RADA EA (10) 18-21

Section 3AAA Individual Wrestling

2/27/2009

189

CRAIG KELLIHER AV 35-1 Bout 45
 ALEX RIGHAND PCG (11) 12-18 Bout 46
 JOEY SCOTT EV (11) 17-19
 MAX SMITHEA (12) 22-15 Bout 47
 TYLER KLUG BR (11) 2-7
 MICHAEL SPARISH HS (10) 5-24 Bout 48
 JESSE WELLMAN HA (12) 21-15

CRAIG KELLIHER AV
 Fall 1:11
 Bout 79

JOEY SCOTT EV
 Dec 4-2

MAX SMITHEA
 Dec 5-2
 Bout 80

JESSE WELLMAN HA
 Fall 3:40

CRAIG KELLIHER AV
 Fall 1:11
 Bout 176

CRAIG KELLIHER AV
 Champion
 Fall 3:36

MAX SMITHEA
 Dec 8-4

MAX SMITHEA

JESSE WELLMAN HA
 Bout 135

ALEX RIGHAND PCG
 Bout 107

TYLER KLUG BR
 Fall 4:07
 Bout 136

JOEY SCOTT EV
 Dec 9-2

JESSE WELLMAN HA
 Maj Dec 9-1
 Bout 194

JESSE WELLMAN HA
 Fall 2:38

ALEX RIGHAND PCG
 Bout 174

TYLER KLUG BR
 Dec 6-3

- Place Winners -
 1st CRAIG KELLIHER AV 37-1
 2nd MAX SMITHEA (12) 25-16
 3rd JESSE WELLMAN HA (12) 24-17
 4th JOEY SCOTT EV (11) 19-21
 5th ALEX RIGHAND PCG (11) 13-20
 6th TYLER KLUG BR (11) 3-10

MAX SMITHEA
 RunnerUp
 DIII

Section 3AAA Individual Wrestling

2/27/2009

215

SEF HASSAN BR
Bout: 49
33-3 Bout: 49
BISHOP ROS
Bout: 81
10-7-11
BOBBY LADD EV
Bout: 50
19-18 Bout: 50
AC EICHMANN HA
Bout: 63
9-27-10
LUKE SCHMIDT AV
Bout: 51
27-5 Bout: 51
WARD HS
Bout: 82
12-14-10
E KNUTSON PCG
Bout: 52
12-23 Bout: 52
SAN ANDERSON EA
Bout: 7
12-29-7

YUSEF HASSAN BR
Maj/Dec 12-3

YUSEF HASSAN BR
Champion
Bout: 179
Dec 3-2

LOGAN ANDERSON EA
Fall 1-40

LOGAN ANDERSON EA

LUKE SCHMIDT AV

Bout: 137

LUKE SCHMIDT AV
1-Fall 17-0

BISHOP ROS
Bout: 109
BOBBY LADD EV
Bout: 42
Dec 4-2

LUKE SCHMIDT AV

Bout: 178

DJ WARD HS
Bout: 138
Dec 11-6

ISAAC EICHMANN HA
Dec 7-3

ISAAC EICHMANN HA

BOBBY LADD EV
Bout: 177

DJ WARD HS
Dec 3-2

BOBBY LADD EV
5th Place
Dec 3-2

(11) 36-3
(12) 32-8
30-7
(9) 29-12
(12) 21-20
(12) 15-13

-Place Winners -

1st YUSEF HASSAN BR

2nd LOGAN ANDERSON EA

3rd LUKE SCHMIDT AV

4th ISAAC EICHMANN HA

5th BOBBY LADD EV

6th DJ WARD HS

Section 3AAA Individual Wrestling

2/27/2009

275

PJ MIKE HA
Bout: 53
(11) 25-11 Bout: 53
TOM KUNJUMMEN EA
Bout: 83
(12) 9-13
DUJON SANDERS EV
Bout: 94
(12) 11-10 Bout: 94
KEVIN PATTAIN PCG
Bout: 14
(11) 16-14
FRANK POKRIEFKA ROS
Bout: 55
(12) 26-8 Bout: 55
HEROLD DELANCY AV
Bout: 84
12-14
STEVEN NGUYEN BR
Bout: 56
(12) 23-12 Bout: 56
NICK LUNA HS
Bout: 9
(12) 25-9

PJ MIKE HA
Dec 5-0

Bout: 83

KEVIN PATTAIN PCG
Dec 5-3

FRANK POKRIEFKA ROS
Fall 3:20

Bout: 84

NICK LUNA HS
Dec 4-2

NICK LUNA HS

Bout: 139

DUJON SANDERS EV
Dec 5-0

STEVEN NGUYEN BR
Dec 5-3

Bout: 140

KEVIN PATTAIN PCG

PJ MIKE HA
Dec 4-1

Bout: 182

FRANK POKRIEFKA ROS
Dec 4-1

FRANK POKRIEFKA ROS
Champion
Dec 5-2

NICK LUNA HS

Bout: 181

DUJON SANDERS EV
Dec 3-2

KEVIN PATTAIN PCG
Dec 3-1

NICK LUNA HS
Bout: 180

STEVEN NGUYEN BR
Fall 1-40

-Place Winners -

1st FRANK POKRIEFKA ROS

2nd DUJON SANDERS EV

3rd PJ MIKE HA

4th KEVIN PATTAIN PCG

5th NICK LUNA HS

6th STEVEN NGUYEN BR

(12) 29-8
(12) 15-11
(11) 27-13
(11) 18-16
(12) 27-11
(12) 24-15

DUJON SANDERS EV
RunnerUp
Dec 6-0

PJ MIKE HA

Bout: 196

DUJON SANDERS EV
Dec 3-2

DUJON SANDERS EV

Bout: 181

KEVIN PATTAIN PCG
Dec 3-1

NICK LUNA HS
Bout: 180

STEVEN NGUYEN BR
Fall 1-40

-Place Winners -

1st FRANK POKRIEFKA ROS

2nd DUJON SANDERS EV

3rd PJ MIKE HA

4th KEVIN PATTAIN PCG

5th NICK LUNA HS

6th STEVEN NGUYEN BR

Team Results Class AAA

Albert Lea Area 36 | Albert Lea Area 30
 Centennial 20 | Albert Lea Area 6
 Cambridge Isanti 41 | Cambridge Isanti 21
 Wayzata 15 | CHAMPION
 Apple Valley 62 | Apple Valley 44
 Stillwater Area 18 | Apple Valley 62
 Bloomington 38 | Bloomington 27
 Saint Cloud Apollo 27

Cambridge Isanti 30 THIRD
 Bloomington 37 | Plainview Elgin Millville 28 THIRD
 Bloomington 37 | Plainview Elgin Millville 25

Centennial 29 | Wayzata 36
 Wayzata 30 | Consolation
 Stillwater Area 28 | Wayzata
 Saint Cloud Apollo 37 | Saint Cloud Apollo 31
 Saint Cloud Apollo 37

Team Results Class AA

Perham 18 | Foley 45
 Foley 39 | Plainview Elgin Millville 15
 Plainview Elgin Millville 41 | CHAMPION
 Mora 15 | Simley
 Simley 31 | Simley 31
 Scott West 25 | STMA
 STMA 31 | Adrian Area 15
 Adrian Area 15 | Simley 34

Plainview Elgin Millville 28 THIRD
 Plainview Elgin Millville 25

Perham 26 | Mora 8
 Mora 27 | Consolation
 Scott West 34 | Scott West
 Adrian Area 21 | Scott West 53

Team Results Class A

Kenyon Wanamingo 35 | Kenyon Wanamingo 42
 Frazee 22 | Kenyon Wanamingo 25
 AtwaterCosmos/Grove City 56 | AtwaterCosmos/Grove City 17
 Royalton/Upsala 12 | CHAMPION
 Kerkhoven-Murdock-Sunburg 40 | Kerkhoven-Murdock-Sunburg
 LakeCrystalWellcomeMemorial 21 | Kerkhoven-Murdock-Sunburg 32
 Medford 56 | Medford 26
 Border West 10 | Medford 26

AtwaterCosmos/Grove City 24 THIRD
 Medford 29 | Medford

Frazee 49 | Frazee 42
 Royalton/Upsala 15 | Consolation
 LakeCrystalWellcomeMemorial 48 | Frazee
 Border West 23 | LakeCrystalWellcomeMemorial 25

MSHSL State Wrestling Tournament 2009

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8-Ben Gaughan (11) 34-8 Moorhead	Ben Gaughan #65 14-7			
1-Tyler Thomas (11) 27-17 Owatonna			Troy Morisette #145 Fall 509	
4-Troy Morisette (11) 34-9 Tartan	Troy Morisette #66 4-3			
5-Terry Mulvaney (12) 22-16 Mounds View				Carter Adams #257 11-3
6-Ben Cox (11) 41-4 Minnetonka	Ben Cox #67 3-0			
3-Nate Williams (12) 32-9 Hastings			Carter Adams #146 10-2	
2-Chris Stevermer (12) 39-7 Prior Lake	Carter Adams #68 8-6			
7-Carter Adams (12) 41-5 Coon Rapids				CHAMPION Jake Begin #345 3-2
1-Mike Minske (11) 30-10 Rochester Mayo	Mike Minske #69 9-1			
4-Duncan Secor (11) 25-18 Stillwater Area			Mike Minske #147 18-5	
3-Nels Pederson (11) 33-11 Eastview	Nels Pederson #70 5-3			
8-Adam Patrick (12) 20-14 Alexandria				Jake Begin #258 Fall 114
5-Ryan Krause (12) 40-8 Centennial	Ryan Krause #71 Fall 334			
2-Jacob Sanders (11) 24-16 Bloomington/Jefferson/Bloomington/Kennedy				Jake Begin #148 11-2
7-Jake Begin (12) 38-4 Anoka	Jake Begin #72 Fall 158			
6-Dave Rademacher (11) 23-12 Eden Prairie			Mike Minske Rochester Mayo Troy Morisette Tartan	FIFTH PLACE Mike Minske #325 10-4
Ben Gaughan Moorhead	Ben Gaughan #201 9-8		Mike Minske Rochester Mayo	
Terry Mulvaney Mounds View				Chris Stevermer #297 4-2
Ben Cox Minnetonka	Chris Stevermer #202 3-0			Third Place Chris Stevermer #326 10-2
Chris Stevermer Prior Lake			Troy Morisette Tartan	
Duncan Secor Stillwater Area	Duncan Secor #203 8-6			
Nels Pederson Eastview				
Ryan Krause Centennial	Ryan Krause #204 9-1			
Dave Rademacher Eden Prairie			Ryan Krause #260 8-0	

MSHSL State Wrestling Tournament 2009

285 AAA

6-Jake McPherson (12) 32-5 Wayzata	Travis Gavin #105 10-2	Donny Longendyke #165 Fall 335	
7-Travis Gavin (11) 34-8 Blaine			
4-Donny Longendyke (10) 39-2 White Bear Lake Area	Donny Longendyke #106 Fall 328		
3-Dijon Sanders (12) 15-12 Eastview		Donny Longendyke #277 7-0	
5-Justin Piche (11) 26-11 Maple Grove	Justin Piche #107 Fall 107		
2-Mike Larson (11) 20-16 Lakeville North		Matt Shaver #166 Fall 518	
1-Casey Dehn (12) 42-4 Owatonna	Matt Shaver #108 Fall 257		
8-Matt Shaver (12) 38-9 Saint Cloud Apollo			CHAMPION Jake Kettler #350 6-3
7-Jake Kettler (12) 28-1 Anoka	Jake Kettler #109 Fall 141		
4-Jeremy Strain (12) 19-12 Tartan		Jake Kettler #167 7-4	
3-Frank Pokriefka (12) 31-10 Rosemount	Frank Pokriefka #110 OT 3-1		
6-James Schechter (12) 33-9 Minnetonka		Jake Kettler #278 2-1	
2-Andrew Hermann (11) 36-4 BloomingtonJefferson/BloomingtonKennedy	Pen Maclin #111 Fall 103		
1-Pen Maclin (12) 37-7 Rochester John Marshall		Tom Bouressa #168 6-3	
8-Tom Bouressa (12) 36-2 Alexandria	Tom Bouressa #112 Fall 40		
5-Zach Vine (10) 22-22 Centennial		Tom Bouressa Alexandria	FIFTH PLACE Tom Bouressa #335 7-1 Saint Cloud Apoll
Travis Gavin Blaine	Travis Gavin #221 2-1	Tom Bouressa Alexandria	
Dijon Sanders Eastview		Casey Dehn #307 4-2	
Justin Piche Maple Grove	Casey Dehn #222 Inj. Default	Casey Dehn #279 Fall 55	Third Place Pen Maclin #336 Fall 545
Casey Dehn Owatonna		Matt Shaver Saint Cloud Apoll	
Jeremy Strain Tartan	Frank Pokriefka #223 3-1		Pen Maclin #308 13-0
Frank Pokriefka Rosemount		Pen Maclin #280 5-0	
Pen Maclin Rochester John Marshall	Pen Maclin		
Zach Vine Centennial	#224 Fall 238		

WRESTLING STATE MEET

TEAM FINALS

CLASS 3A

Championship

- Apple Valley 62, Albert Lea 6

Third place

- Bloom, Kennedy 37, Cambridge-Isanti 30

Consolation final

- Wayzata 36, St. Cloud Apollo 31

CLASS 2A

Championship

- Simley 34, Foley 21

Third place

- Plainview-E-M 28, St. Michael-Albert. 25

Consolation final

- Scott West 53, Mora 8

CLASS 1A

Championship

- Kerkhoven-M-S 32, Kenyon-Wanamingo 25

Third place

- Medford 29, Atwater-Cosmos-GC 24

Consolation final

- Frazee 42, Lake Crystal-Well. Mem. 25

TEAM CHAMPIONSHIP'S

CLASS 3A

Apple Valley 62, Albert Lea 6

- 103—Jordan Kingsley, AV pinned Trey Hable, AL, 54. 112—Dakota Trom, AV def. Cory Hansen, AL, 15-5. 119—Matt Kelliher, AV def. Dalton Westerlund, AL, 9-1. 125—Brandon Kingsley, AV def. Cody Hansen, AL, 3-1. 130—Justin LaValle, AV pinned Kyle Kriewall, AL, 2:49. 135—Destin McCauley, AV pinned Carter Kortan, AL, 1:25. 140—Joseph Fessler, AV def. Trevor Rasmussen, AL, 10-2. 145—Nathan Bruner, AV def. Adam Kermes, AL, 8-3. 152—Jarret Hoepfner, AV pinned Connor Kortan, AL, :25. 160—Logan Lortan, Albert Lea Area pinned Matthew Hechsel, Apple Valley, 1:25. 171—Tyler Lehmann, AV pinned Matthew Tiegs, AL, :43. 189—Craig Kelliher, AV tech fall Jordan Holland, AL, 3:14 18-2. 215—Luke Schmidt, AV def. Ethan Reed, AL, 8-6. **Heavyweight**—Harold Delancy, AV pinned Alex Nelson, AL, 2:26.

CLASS 2A

Simley 34, Foley 21

- 103—Juan Torres, Simley def. Mitchell Dunlap, Foley, 6-3. 112—Dylan Wright, Simley def. Sam Keeler, Foley, 11-5. 119—Jake Short, Simley pinned William Susterlich, Foley, 3:55. 125—Dan Dick, Simley def. Mark Gehling, Foley, 1-0. 130—Cory Foss, Foley def. Tommy Glenn, Simley, 4-2. 135—Nick Wanzek, Simley def. Richard Fitzpatrick, Foley, 12-4. 140—Connor Anderson, Simley def. Brandon Sepfelt, Foley, 2-0. 145—Dustin Gilyard, Foley def. Jack Barnes, Simley, 11-4. 152—Kurtis Julson, Simley pinned Zachary Jackson, Foley, 5:10. 160—Justin Bowland, Foley def. Jake Hoffner, Simley, 9-4. 171—Torie Morgan, Simley def. Tyler Lewandowski, Foley, 12-10, OT. 189—Mic Berg, Simley def. Jordan Linn, Foley, 4-3. 215—Kris Olson, Foley pinned Alex LaShomb, Simley, 3:47. **Heavyweight**—Michael Slegler, Foley pinned Charlie Gelhaye, Simley, 4:40.

CLASS 1A

Kerkhoven-Murdock-Sunburg 32, Kenyon Wanamingo 25

- 103—Mitchel Lexvold, KW def. Kurt Timmons, KMS, 10-2. 112—Oakley McLain, KW def. Tyler Carlson, KMS, 15-10. 119—Chad Lexvold, KW def. Jordan Rothers, KMS, 3-0. 125—Drew Lexvold, KW pinned Joey Paulson, KMS, 3:25. 130—Guy Wunderlich, KW def. Klinton Van Heuveln, KMS, 8-3. 135—Aaron Doraska, KMS def. Skyler Quamme, KW, 12-10. 140—Jacob Engler, KMS def. Nathan Cordes, KW, 17-6. 145—Aaron Zimmer, KMS def. Jake Baalson, KW, 15-3. 152—Trevor Mahlum, KMS def. Jarid Groth, KW, 5-3, OT. 160—Kevin Steinhuis, KMS pinned Derek Melhouse, KW, 2:17. 171—Mitchell Hagen, KMS def. Josh Jacobson, KW, 7-2, OT. 189—Joel Bauman, KMS pinned Aaron Dahlgren, KW, 1:28. 215—Brad Kneisl, KMS def. Caleb Langer, KW, 10-4. **Heavyweight**—Luke Hainka, KW pinned Adam Wentzel, KMS, :46.

INDIVIDUALS

CLASS 3A

Championship

- 103—Mitch Bengtson, Saint Cloud Apollo def. Phil Levine, Rosemount 2-0. 112—Dakota Trom, Apple Valley def. Cory Hansen, Albert Lea 5-2. 119—Matt Kelliher, Apple Valley def. Karon Nix, Coon Rapids 4-2. 125—Brandon Kingsley, Apple Valley def. Trent Herold, Saint Francis 10-7. 130—Justin LaValle, Apple Valley def. Kevin Nelson, Forest Lake 5-0. 135—Robby Fisher, Bloomington Jefferson/Bloomington Kennedy def. Destin McCauley, Apple Valley 10-5. 140—Luke Vaith, Hastings def. Joe Fessler, Apple Valley 5-0. 145—Danny Zilverberg, Wayzata def. Pat Smith, Chaska 3-2. 152—Jake Begin, Anoka def. Carter Adams, Coon Rapids 3-2. 160—Zak Coates, Henry Sibley def. Brendan Eichmann, Hastings 6-4. 171—Tyler Lehmann, Apple Valley pinned Dalton Henderson, Owatonna 1:42. 189—Erik Berdahl, Coon Rapids pinned Craig Kelliher, Apple Valley 5:33. 215—Tony Nelson, Cambridge-Isanti pinned Joseph Borchardt, Maple Grove 1:20. **Heavyweight**—Jake Kettler, Anoka def. Donny Longendyke, White Bear Lake 6-3.

Third place

- 103—Eric Bauer, Hastings pinned Jesse Loges, Minneapolis South 3:29. 112—Jeff Engstrom, Hastings pinned Sam Stewart, Andover 4:48. 119—Ben Morgan, Forest Lake pinned Dalton Westerlund, Albert Lea 3:08. 125—Cody Hansen, Albert Lea pinned Cody Madsen, Stillwater 5:08. 130—Mason Young, Henry Sibley def. Charlie Kirscht, Alexandria 4-2, OT. 135—Brandon Haluptzok, Centennial def. Zach Rohr, Hastings 9-4. 140—Dylan Ness, Bloomington Jefferson/Bloomington Kennedy pinned Mac Rivard, Saint Francis 5:36. 145—Jarret Hoepfner, Apple Valley def. Tyler Rohr, Hastings 15-0. 152—Chris Stevermer, Prior Lake def. Ryan Krause, Centennial 10-2. 160—Josh McLain, Anoka def. Eric Muldoon, Prior Lake 5-0. 171—Connor Finn, Mounds View def. Colton Graham, Roseville 8-4. 189—Mitch Hrovat, Centennial def. Cody Burbach, Osseo 14-0. 215—Nick Albano, Farmington def. Derrick Jacobs, Northfield 9-5. **Heavyweight**—Pen MacIn, Rochester John Marshall pinned Casey Dehn, Owatonna 5:45.

Fifth place

- 103—Brady Johnshoy, Prior Lake def. Sam Brancaie, Eden Prairie 8-2. 112—Dillon Schultz, Owatonna def. Matt Kahne, Prior Lake 10-2. 119—Ali Mohammed, Burnsville def. Zach Smith, Buffalo 4-3. 125—Chad Mack, Coon Rapids pinned Tony Skjefte, Eden Prairie 3:46. 130—Hector Millan, Owatonna def. Jämon Brunette, Spring Lake Park 6-2. 135—Ternondre Hudson, Saint Paul-Harding def. Codie Lane, Sauk Rapids-Rice 10-3. 140—Kyle Glynn, Shakopee def. Andy Kolbow, Forest Lake 6-3. 145—Charlie Janssen, Forest Lake def. William Baker, Spring Lake Park 6-2. 152—Mike Minske, Rochester Mayo def. Troy Morissette, Tartan 10-4. 160—Logan Kortan, Albert Lea def. Dalton Lilledahl, Cambridge-Isanti 7-0. 171—Jared Flaata, Park def. Mike Willett, Woodbury 6-1. 189—Michael Hirsch, Austin def. Matt Spoden, Saint Cloud Apollo 17-13. 215—Zane Peterson, Lakeville South def. Mark Wychor, Moorhead 5-2. **Heavyweight**—Tom Bouressa, Alexandria def. Matt Shaver, Saint Cloud Apollo 7-1.

CLASS 2A

Championship

- 103—Jacoby Bergeron, Thief River Falls/Goodridge def. Nate Lynn, Adrian 12-8. 112—Drew Fleming, Watertown-Mayer/Mayer Lutheran def. Dylan Wright, Simley 3-2. 119—Jake Grisell, Mahtomedi def. Matt Nelson, Big Lake 4-2, OT. 125—David Thorn, Saint Michael-Albertville def. Garret Garness, Kasson-Mantorville 11-3. 130—Devon Bonds, Saint Paul Humboldt def. Justin Reinsma, Fulda/Murray County Central 6-3. 135—Ryan Swenson, Dawson-Boyd/Lac Qui Parle Valley def. Tossaporn Suparat, North Branch 5-2. 140—Brady Schrupp, Becker def. Steve Keogh, Thief River Falls/Goodridge 9-2. 145—Kevin Fynboh, Thief River Falls/Goodridge def. Ryan Madson, Hutchinson 3-2. 152—Blaine Miller, Plainview/Elgin-Millville def. Kevin O'Brien, Becker 8-5. 160—Jordan Campa, Saint Michael-Albertville def. Dillon Fogarty, Scott West 7-4. 171—Travis Peralta, Thief River Falls/Goodridge def. Spencer Johnson, Windom Area/MountainLake/Butterfield/Odin 2-1. 189—Mic Berg, Simley def. Craig Schumm, Saint Michael-Albertville 13-5. 215—Kris Olson, Foley def. Pat Brinkman, New Ulm 5-2. **Heavyweight**—Billy Frank, Princeton pinned Josh Campion, Fergus Falls 4:59.

Third place

- 103—Mitch Dunlap, Foley pinned Tony Morrow, Kasson-Mantorville 3:40. 112—Cody Paulsen, Totino-Grace def. Joey Munos, South Saint Paul 3-2. 119—David Fradette, Milaca/Faith Christian def. Donovan Sullivan, Kasson-Mantorville 8-7. 125—Kyle Leduc, Thief River Falls/Goodridge pinned Sam Warne, Perham 5:34. 130—Cory Foss, Foley def. Tommy Glenn, Simley 5-2. 135—Nic Harrison, Pequot Lakes/PineRiver-Backus pinned Andrew Youngblom, Mora 3:56. 140—Jason Cirksena, Kasson-Mantorville def. Jake Bothun, Dawson-Boyd/Lac Qui Parle Valley 10-7. 145—Tyler Kivel, Scott West def. Jack Barnes, Simley 8-3. 152—Kurtis Julson, Simley def. Jake Horn, Saint Michael-Albertville 2-0. 160—Justin Bowland, Foley def. John Nething, New London-Spicer 7-4. 171—Brandon Pederson, Waseca def. Nate Schmitz, Perham 7-6. 189—Jordan Linn, Foley def. Jeff Nielsen, Zimmermann 6-3. 215—Colton Thorson, Fergus Falls def. Brian Broll, Waconia 9-7. **Heavyweight**—Casey Johnson, Kasson-Mantorville pinned Brandon Zabel, Saint Peter 2:53.

CLASS 2A

Championship

Fifth place

• **103**—Nick Clóbes, Hutchinson def. Max Anderson, Dassel-Cokato 2-1, 3 OT. **112**—Charlie Wilczek, Little Falls pinned Chaz Abrahamson, Thief River Falls/Goodridge 1:26. **119**—Jake Short, Simley pinned Daniel Wolwor, Becker 3:25. **125**—Dan Dick, Simley def. Dalton Sowers, Delano 3-2. **130**—Ryan Arne, Orono pinned Seth Sanftner, Mora 1:39. **135**—Sam Fischelich, Windom/MountainLake/Butterfield/Odin def. Quinton Thiele, Totino-Grace 10-1. **140**—Brandon Seppelt, Foley def. Ben Horn, Saint Michael-Albertville 10-0. **145**—Joey Falde, Orono def. Cullen Becker, Caledonia/Houston 10-2. **152**—Billy Dean, New London-Spicer def. Cody Manderscheid, Hutchinson 10-7. **160**—Andy Henning, Fulda/Murray County Central pinned Anthony Gullickson, Totino-Grace 3:19. **171**—Ammoren Dohm, Milaca/Faith Christian def. Connor Fogarty, Scott West 6-5. **189**—Shea Klooster, Adrian def. Michael Kroells, Scott West 10-7. **215**—Marshal Ash, Milaca/Faith Christian def. Alex LaShomb, Simley 3-1, OT. **Heavyweight**—John Heinlein, Roseau def. Charlie Gelhaye, Simley 9-3.

CLASS 1A

Championship

• **103**—Hayden Zillmer, Crosby-Ironton def. Zach Keller, Medford 12-5. **112**—Christian Skillings, Minnetonka def. Jake Long, Canby 7-0. **119**—Bronson Steuber, Jackson County Central def. Austin Peters, Medford 5-3. **125**—Drew Lexvold, Kenyon-Wanamingo def. Curt Maas, Medford 10-1. **130**—Jason Sunderman, LeSueur-Henderson def. Tony Vaske, River Valley 5-3. **135**—Jon Kerzman, Paynesville def. Jordan Novak, New York Mills 11-9. **140**—Jake Long, West Central def. Zach Kanzenbach, Medford 10-6. **145**—Ryan Thompson, Benson def. Jordan Bendson, Staples-Motley 10-8. **152**—Tyler Yule, Medford def. Cody Tibbetts, Lake Crystal-Wellcome Memorial 9-5. **160**—Kevin Steinhaus, Kerkhoven-Murdock-Sunburg def. Tucker Freeman, Madelia/Truman/Martin Luther 14-3. **171**—Mitch Hagen, Kerkhoven-Murdock-Sunburg def. Ben McPhail, Pine Island 7-2. **189**—Joel Bauman, Kerkhoven-Murdock-Sunburg def. Alex Bach, Maple River 5-3. **215**—Mckale Evenson, Pelican Rapids def. Hoss Roemer, Wabasha-Kellogg 9-3. **Heavyweight**—Jon Farnell, Chatfield def. Jake Lee, Blue Earth 5-1.

Third place

• **103**—Mitch Andrews, Border West pinned Ted Berckes, Canby 1:29. **112**—Hayden Rouser, Atwater-Cosmos-Grove City def. Oakley McLain, Kenyon-Wanamingo 1-0, OT. **119**—Beau Buisse, Minnetonka def. Austen Cole, Yellow Medicine East 5-4. **125**—Ethan Hildebrandt, Saint James def. Tyler Pasvogel, Sibley East 2-1, OT. **130**—Jessie Regalado, Jackson County Central def. Matt Schroeder, Southland 4-3. **135**—Cody Goldschmidt, BOLD def. Sam Derynck, Minnetonka 8-3. **140**—Casey Field, Yellow Medicine East def. Cooper Moore, Jackson County Central 5-2. **145**—Colton Schlaak, New Richland-H-E-G def. Aaron Zimmer, Kerkhoven-Murdock-Sunburg 5-2. **152**—Jake Braaten, Bertha-Hewitt, Verndale def. Mark Evjen, Hayfield 10-5. **160**—John Gusewelle, Sauk Centre def. William Hunt, Mahanomen/Waubun 9-2. **171**—Micah Larson, Atwater-Cosmos-Grove City def. Matt Moenkedick, Bertha-Hewitt/Verndale 7-3. **189**—Brian Anderson, Redwood Valley def. Thomas Utermark, MACCRAY 4-3. **215**—Mat Willner, Blue Earth def. Evan Stock, Yellow Medicine East 6-3. **Heavyweight**—Brad Wolium, Canby def. Aaron Rose, Sibley East 4:27 16-1.

Fifth place

• **103**—Shane Novak, New York Mills def. Isaac Novacek, Badger/Greenbush-Middle River 6-4, OT. **112**—Travis Borchert, Browerville/Eagle Valley pinned Logan Otomo, Dover-Eyota 1:24. **119**—Storm Booe, Badger/Greenbush-Middle River pinned Brett Pfarr, LeSueur-Henderson 3:21. **125**—Julius Stone, Browerville/Eagle Valley def. Myrone Bell, New York Mills 5-3. **130**—Devin Scott, Holdingford def. Javier Portillo, Crookston 7-4. **135**—Dylan Yarger, Lake Crystal-Wellcome Memorial def. Mariano Portillo, Crookston 2-1. **140**—Joey Posivo, Sibley East def. Jason Arvidson, Parkers Prairie 5-1. **145**—Nate King, Zumbrota-Mazeppa def. Shawn Johnson, Dilworth-Glyndon-Felton 10-8, OT. **152**—Collin Jergenson, Minnewaska def. Stephen Erlandson, Breckenridge/Campbell-Tintah 13-4. **160**—Tyler Blauert, Frazee def. Jake Elzen, Medford 4-3. **171**—Cody Nunn, Frazee def. Tyler Wilson, Pelican Rapids 10-3. **189**—Tyler Yliniemi, Dilworth-Glyndon-Felton def. Brandon Manderschied, Minnewaska 6:00 15-0. **215**—Brad Kneisl, Kerkhoven-Murdock-Sunburg pinned A J Dryer, United South Central 1:21. **Heavyweight**—Luke O'Reilly, Goodhue def. Zach Nevala, United North Central 9-4.

SECTION 3AAA STATE PLACE WINNERS

103	Phil Levine	1 st	Rosemount
103	Eric Bauer	3 rd	Hastings
112	Dakota Trom	1 st	Apple Valley
112	Jeff Engstrom	3 rd	Hastings
119	Matt Kelliher	1 st	Apple Valley
119	Ali Mohammed	5 th	Burnsville
125	Brandon Kingley	1 st	Apple Valley
130	Justin LaValle	1 st	Apple Valley
130	Mason Young	3 rd	Henry Sibley
135	Destin McCauley	2 nd	Apple Valley
135	Zach Rohr	4 th	Hastings
140	Luke Vaith	1 st	Hastings
140	Joe Fessler	2 nd	Apple Valley
145	Jared Hoepfner	3 rd	Apple Valley
145	Tyler Rohr	4 th	Hastings
160	Zak Coates	1 st	Henry Sibley
160	Brendan Eichmann	2 nd	Hastings
171	Tyler Lehmann	1 st	Apple Valley
171	Jared Flaata	5 th	Park
189	Craig Kelliher	2 nd	Apple Valley

LAKE CONFERENCE STATE PLACE WINNERS

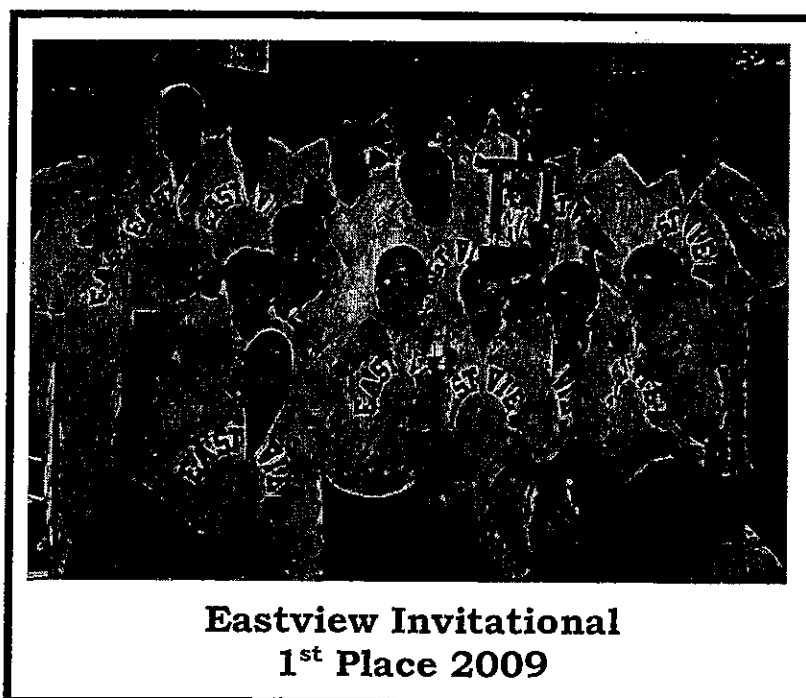
103	Phil Levine	1 st	Rosemount
103	Sam Brancale	6 th	Eden Prairie
112	Dakota Trom	1 st	Apple Valley
119	Matt Kelliher	1 st	Apple Valley
119	Ali Mohammed	5 th	Burnsville
125	Brandon Kingley	1 st	Apple Valley
125	Tony Skjefte	6 th	Eden Prairie
130	Justin LaValle	1 st	Apple Valley
135	Robbie Fisher	1 st	Bloomington
135	Destin McCauley	2 nd	Apple Valley
140	Joe Fessler	2 nd	Apple Valley
140	Dylan Ness	3 rd	Bloomington
145	Jared Hoepfner	3 rd	Apple Valley
145	Pat Smith	2 nd	Chaska
171	Tyler Lehmann	1 st	Apple Valley
189	Craig Kelliher	2 nd	Apple Valley
215	Zane Peterson	5 th	Lakeville South

**Returning Letter Winners
2008-2009 Varsity Career Statistics**

WRESTLER	GRADE	WINS	LOSS	TD	NF	R	FALLS	TM PTS
Nick Dodd	11	11	31	21	10	15	4	46
Cody Groskreutz	11	58	31	124	41	37	18	238
Tom Hensley	11	6	14	10	9	9	5	36
Alec Johnson	11	6	13	4	7	12	2	28
Max King	11	0	1	0	0	0	0	0
Nick Mako	11	1	0	1	1	0	1	6
Peter Nguyen	11	19	22	30	22	15	14	103
Nels Pederson	11	52	27	119	32	31	15	219
Steven Phomphackdy	11	3	4	3	3	2	2	16
DJ Schliesman	11	3	11	3	5	1	1	15
Joey Scott	11	23	31	28	16	11	10	103
Alec Teagarden	11	3	8	8	4	6	3	18
Josh Weinberg	11	32	20	38	53	46	13	147
Rob Wietecha	11	6	19	17	1	3	2	24
Lucas Allen	10	0	1	0	0	0	0	0
Derrick Cox	10	2	1	1	0	0	1	12
Erik Erhesmann	10	1	1	1	0	0	1	6
Matt Galloway	10	13	17	17	11	4	6	56
Jake Hannan	10	0	1	0	0	0	0	0
Chris Bechly	9	2	2	1	1	1	0	9
Jose Cabrera	9	1	3	3	0	0	0	6
BJ Groskreutz	9	18	22	20	12	12	9	95
Brad Hogan	9	55	19	96	30	36	21	246
Mitch Rechtzigel	9	53	30	76	32	23	14	216
Anthony Munos	8	8	19	17	10	15	4	38

Other Letter Winners...

Josiah Barrett, Jordan Humphries, Jack Lesch, Ben Schmitz, Carl Brown, Matt Decovich, & Allen Keomongkoth



**Eastview Invitational
1st Place 2009**

**EASTVIEW WRESTLER ALUMNI
VARSITY CAREER STATISTICS**

NAME	YEAR	WINS	LOSSES	TD	NE	R	FALLS	TEAMPPTS
Tony Rodin	1999	77	23	151	83	36	31	361
Brandon Jones	1999	13	20	31	18	7	5	56
Joe Theisen	1999	5	27	11	7	7	1	22
Brad Okonek	2000	49	50	84	71	24	33	255
Matt Davis	2000	44	61	76	66	25	23	204
Nate Ernst	2000	44	24	94	25	15	19	203
Adam Miller	2000	28	34	64	15	13	14	135
Nick Thompson	2000	27	21	41	23	39	13	126
Chris Verhaeghe	2000	2	3	3	2	1	1	9
Adam Fokken	2001	147	36	349	121	92	83	727
David Rasmussen	2001	66	49	154	60	43	23	298
Brian Putnam	2001	19	21	13	11	7	10	91
Adam Johnson	2001	13	45	39	16	15	7	65
Eric Budd	2001	0	1	0	0	0	0	0
Jon Hanson	2001	0	5	1	0	1	0	0
Kris Carson	2002	0	0	0	0	0	0	0
Mikey Fornicoia	2002	107	31	231	166	84	44	491
Mic Hale	2002	0	1	0	0	0	0	0
Wade Halvorsen	2002	1	0	1	0	1	1	6
Eric Lemm	2002	38	37	53	26	24	16	173
David Pudwill	2002	11	12	10	1	0	4	51
John Getzke	2003	78	46	138	79	50	40	368
Nate Kocer	2003	55	25	71	31	55	45	310
Andrew Lenertz	2003	5	5	12	4	5	2	24
Kevin McBride	2003	110	84	111	89	65	39	307
Chris Shuck	2003	64	59	194	35	17	16	252
Jud Turk	2003	53	57	110	63	26	16	223
James Voyles	2003	50	28	107	12	11	15	213
Jason Berve	2004	0	1	0	0	0	0	0
Pat Dea	2004	79	57	151	123	69	42	322
Kevin Eich	2004	71	61	167	47	26	18	290
Jeremiah Foertsch	2004	48	57	97	50	50	26	228
David Grogg	2004	7	16	14	4	4	3	30
Fred Hwang	2004	12	23	15	9	7	11	74
Ryan Langlais	2004	139	54	449	112	50	55	621
Andy Tighe	2004	2	0	0	0	0	0	12
Cory Wagner	2004	13	12	15	9	7	11	74
Brain Wallenta	2004	4	3	3	3	1	2	24
Tom Chies	2005	12	27	19	9	21	2	48
Steve McMoore	2005	6	8	15	7	9	2	25
Ryan Ruckdashel	2005	54	29	76	30	10	36	292
Sam Voyles	2005	15	12	33	14	8	7	74
Kyle Wilson	2005	19	45	44	8	22	9	97
Justin Armstrong	2006	7	5	4	3	4	5	42
Chris Becker	2006	4	10	3	4	2	1	18
Chad Eul	2006	31	23	40	24	18	17	160
Chris Griep	2006	20	41	27	15	15	8	98
Minh Huynh	2006	100	32	160	148	53	42	458
John Makabe	2006	90	33	190	60	45	47	442
Andrew Nelson	2006	49	44	54	48	46	23	216
Josh Nelson	2006	60	52	156	68	25	20	254
Dillon Powell	2006	32	19	85	21	13	16	149
Abebe Dessalegn	2007	36	24	89	35	13	21	178
Dan Getzke	2007	70	35	142	101	36	39	326
Jacob Nelson	2007	65	25	103	75	35	23	304
Jeff Hanson	2007	1	2	3	0	1	0	3
Andrew Pudwill	2007	12	21	18	3	5	7	61

**EASTVIEW WRESTLER ALUMNI
VARSITY CAREER STATISTICS**

NAME	YEAR	WINS	LOSSES	TD	INF	R	FALLS	TEAMPTS
Alex Bakardjiev	2008	1	7	0	0	2	1	6
Dino Blundetto	2008	18	37	36	11	4	14	105
Scott Kenning	2008	20	30	31	13	11	13	104
David Ly	2008	35	40	53	29	30	16	155
Tony Nguyen	2008	7	8	10	2	1	2	39
Brian Okonek	2008	55	51	91	37	35	27	261
James Pudwill	2008	37	40	54	24	16	26	189
Pat Cox	2009	0	6	1	0	3	0	0
Matt Franson	2009	11	12	15	6	4	7	59
Ty Groskreutz	2009	65	43	92	59	22	41	323
Scott Hogan	2009	129	25	252	145	75	66	606
Billy Kor	2009	15	24	32	2	8	2	61
Bobby Ladd	2009	21	23	24	11	22	11	100
Dijon Sanders	2009	58	44	74	21	39	17	240



**Burnsville Invitational
1st Place 2009**

EASTVIEW WRESTLING RECOGNITIONS

ALL CONFERENCE

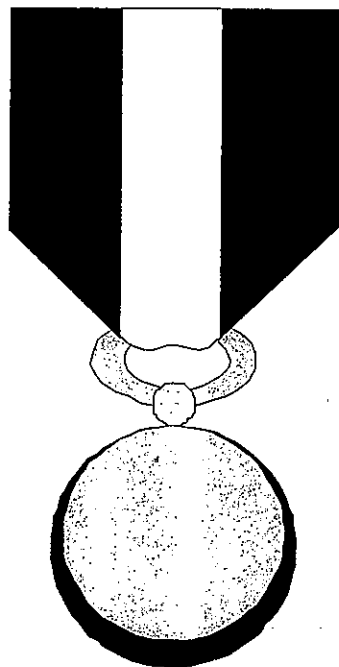
Tony Rodin (2x)
 Brad Okonek
 Nate Ernst
 Adam Fokken (4x)
 David Rasmussen
 Mikey Fornicoia
 Eric Lemm
 James Voyles
 John Getzke
 Nate Kocer
 Kevin McBride
 Ryan Langlais (2x)
 Minh Huynh (2x)
 John Makabe(2x)
 Ryan Ruckdashel
 Scott Hogan (3x)
 Jacob Nelson
 Andrew Nelson
 Dan Getzke (2x)
 Chad Eul
 Bryan Okonek

SECTIONS CHAMPIONS

Tony Rodin
 Adam Fokken
 David Rasmussen
 Mikey Fornicoia
 James Voyles
 Nate Kocer
 Ryan Langlais
 Nels Pederson

STATE QUALIFIERS

Tony Rodin (2x)	4 th Place
Brad Okonek	
Adam Fokken (3x)	4 th Place 1 st Place
David Rasmussen	
Mikey Fornicoia (2x)	6 th Place
James Voyles	
Jud Turk	
Nate Kocer	6 th Place
John Getzke	5 th Place
Ryan Langlais (3x)	
Pat Dea	
Steve Davis (2x)	4 th Place
Minh Huynh (3x)	4 th Place
John Makabe	
Ryan Ruckdashel	
Dan Getzke	
Chad Eul	
Jacob Nelson	
Will Jackson	4 th Place
Nels Pederson	
Dijon Sanders	



LIGHTNING HISTORY

Wall of Excellence

Criteria: State Place Winner, finish the program in good standing, and graduate from Eastview High School.



Tony Rodin
1998 - 4th Place
125 lbs.



Adam Fokken
2000 - 4th Place
189 lbs.
2001 - State Champ
189 lbs.



Mikey Fornicoia
2002 - 6th Place
130 lbs.



John Getzke
2003 - 5th Place
152 lbs.



Nate Koler
2003 - 6th Place
189 lbs.

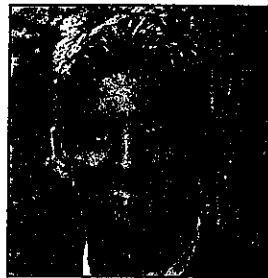


Minh Huynh
2005 - 4th Place
103 lbs.

Eastview Athlete of the Year



Adam Fokken
Football, Wrestling & Track
2001 Scholar Athlete
2000 4th Place State - 189 lbs.
2001 State Champion - 189 lbs.



Ryan Langlais
Football, Wrestling & Baseball
3X State Qualifier
2004 Section Champion -
160 lbs.



Ryan Ruckdashel
Football, Wrestling & Track
Distinguished Athlete & Scholar
2004 MSHSL ExCEL Winner
2005 State Qualifier & Team
Captain

Section Champions

Mikey Fornicoia
Tony Rodin
Adam Fokken
David Rasmussen

James Voyles
Nate Kocer
Ryan Langlais

Season Records/Conference Place

Year	Wins	Losses	Ties	Conf. Wins	Conf. Place	State Qualifiers
1998	3	19	1	1	9 th	1
1999	6	14	1	2	7 th	2
2000	18	4	0	7	2 nd	3
2001	14	8	0	5	5 th	4
2002	16	9	0	6	4 th	3
2003	21	5	1	7	2 nd	4
2004	13	15	0	4	5 th	3
2005	12	14	0	3	7 th	3
2006	24	7	0	8	2 nd	3
2007	13	7	0	5	4 th	3
2008	14	10	0	5	4 th	0
2009	18	3	0	7	2 nd	2
172 wins 121 losses .587 winning percentage						

Season Captains & Team Motto

Year	Captains	Team Motto
1998	Matt McDonald, Joe Theisen	Lightning Strikes
1999	Tony Rodin, Joe Theisen	Attitude and Effort
2000	Nate Ernst, Brad Okonek, Adam Fokken	Team 2000: Paving the Way
2001	Adam Fokken, Mikey Fornicoia	Courage to Succeed
2002	Mikey Fornicoia, John Getzke, Eric Lemm	Mission Possible: 2002
2003	John Getzke, Kevin McBride, Jud Turk, James Voyles	Fight! Inch ... By ... Inch
2004	Tyler Cookas, Kevin Eich, Jeremiah Foertsch, Ryan Langlais	The Long March
2005	Ryan Ruckdashel, Sam Voyles, Kyle Wilson	No Guts, No Glory
2006	Chad Eul, Minh Huynh, Josh Nelson	Our Vision, Our Mission
2007	Dan Getzke, Jake Nelson	Storm the Mat
2008	Bryan Okonek	Prepare for Battle
2009	Ty Groskreutz, Scott Hogan	Something More

Season Awards

Most Valuable Varsity Wrestler of the Year
1998 Tony Rodin
1999 Adam Fokken
2000 Adam Fokken
2001 Adam Fokken
2002 Mikey Fornicoia
2003 Nate Kocer
2004 Ryan Langlais
2005 Minh Huynh
2006 Minh Huynh & John Makabe
2007 Jacob Nelson & Dan Getzke
2008 Scott Hogan

Most Valuable Junior Varsity Wrestler of the Year
1998 Jim Maloney
1999 Tyrel Narva
2000 Chris Verhaeghe
2001 David Pudwill
2002 Andrew Lenertz
2003 Andrew Lenertz
2004 Brian Wallenta
2005 Chad Eul
2006 Mike Redig
2007 Jeff Hanson
2008 Josh Weiberg

Most Valuable Freshman Wrestler of the Year
1998 Adam Fokken
1999 Mikey Fornicoia
2000 Bryan Lewis
2001 Steve Davis
2002 Tyler Cookas
2003 Troy Fokken
2004 Ryan Stepan
2005 Trevor Sutherland
2006 Scott Hogan
2007 Cody Groskreutz
2008 Matt Galloway

Most Improved Wrestler of the Year
1998 Nate Ernst
1999 Nick Thompson
2000 Brad Okonek
2001 David Rasmussen
2002 Eric Lemm
2003 Jud Turk
2004 Minh Huynh
2005 Josh Nelson
2006 Chad Eul
2007 Dijon Sanders
2008 Nets Pederson

Lightning Award
1998 Chris Verhaeghe
1999 Chris Verhaeghe
2000 Brian Putnam
2001 Brian Putnam & Eric Budd
2002 David Pudwill
2003 Jud Turk & John Getzke
2004 Jeremiah Foertsch
2005 Sam Voyles
2006 Chris Gnepp & Dillon Powell
2007 Abebe Dessalegn & Andrew Pudwell
2008 Bryan Okonek & David Ly

John Rodin Service Award
1998 Brad Okonek
1999 Brad Okonek
2000 Andrew Lenertz
2001 John Getzke
2002 Cory Wagner
2003 Cory Wagner
2004 Ben Foertsch
2005 Dante Hendricks
2006 Pat Cox
2007 Joey Scott
2008 Nick Dodd

Wrestling Manager Hall of Fame
2000 Erin Rooks
2001 Rachel Davis
2003 Kari Okonek
2006 Ashley Langlais

Eastview aims for 'Something More'

by Andy Rogers
THISWEEK NEWSPAPERS

APPLE VALLEY

The Eastview wrestling team's motto this year is "something more," which makes sense after a few years of being on the losing end of some close matches.

Last season, the Lightning compiled a 14-10 record and 5-4 in the Lake Conference. They had 10 wrestlers with at least 15 wins and five wrestlers finish in the top four in Section 3AAA.

But no one advanced to state last year. This year, those wrestlers would like a little something more.

Many of the team's top wrestlers from last season are back on the mat.

There are 26 letter winners returning from a year ago, and six of those have earned conference and section recognition.

Coach Kurt Haback believes Eastview will have a balanced varsity lineup and a very athletic team.

But like most teams, with so many weight classes to fill, Eastview will have a few holes.

"(We have) limited varsity experience at a few weights," Haback said.

Eastview still expects a high finish in the Lake and in Section 3AAA, along with advancing some wrestlers to the state tournament. Eastview has a number of wrestlers who have a good chance at getting there.

Senior captain Scott Hogan leads the way. Last year, he was one of two wrestlers from Eastview named to the All Conference team. He had 31 wins last year giving him 92 all time. He's a three-time section place winner, finishing third twice.

Hogan is projected to wrestle at 135 pound this year.

He will be joined by senior Dijon Sanders who will

wrestle in the heavyweight division. Sanders made the honorable mention conference list last year with 27 wins. He placed fourth last year in the section.

Sanders is ranked No. 10 in the 285-pound bracket in Class AAA according to "The Guillotine," a Minnesota high school sports Web site.

Senior captain Ty Groskreutz will also return to wrestle at 152 pounds. He had 19 wins last year earning himself honorable mention in the conference.

Brad Hogan is also expected to pick off where he left last year when he placed fourth in the section. The ninth-grader was ranked No. 6 at 103 pounds in the last Class AAA ranking by "The Guillotine."

Other honorable mention members returning include Ben Bowar (171 pounds), Nels Pederson (160) and Mitch Rechtzigel (125). They will be joined by Matt Franson, Cody Groskreutz, Nick Dodd, Tom Hensley, Peter Nguyen, Joey Scott, Josh Weinberg and Matt Galloway.

Eastview kicked things off the season going 3-1 at its home duals on Dec. 6.

The team defeated St. Paul Central 76-0, Stillwater 37-28 and Spring Lake Park 32-30, but lost to Kasson-Mantorville 42-12.

About 20 wrestlers got in the mix. Scott Hogan went 4-0 including a 5-3 win over No. 5 ranked Cody Madson from Stillwater. Brad Hogan also went 4-0

Eastview will travel to Burnsville on Dec. 11 for a dual meet.

Andy Rogers is at andy.rogers@ecm-inc.com.

Eastview

The Lightning will face Chaska and Apple Valley as part of a Lake Conference quadrangular at 5:30 p.m. Thursday, Dec. 18, at Eastview High School. Burnsville is the fourth team in the quad but will not wrestle against Eastview; the teams met Thursday, Dec. 11, with the Lightning winning 53-13.

Wrestling

FROM PAGE 26A

Although Eastview did not have any state tournament qualifiers last season, it has several wrestlers who have made the state rankings this year. Ninth-grader Brad Hogan is No. 5 at 119, senior Scott Hogan is eighth at 135 and senior Dijon Sanders is ninth at heavyweight.

Scott Hogan is coming off a 35-win season. He finished third in the Class 3A, Section 3 tournament at a weight that included three-time state champion Destin McCauley of Apple Valley.

Scott Hogan and Ty Groskreutz (152) are Eastview captains.

The victory over Burnsville improved the Lightning's dual-meet record to 4-1. Eastview won three of four matches at its season-opening dual-meet invitational Saturday, Dec. 6.

“Commitment to Excellence”

How good do you want to be? If your answer is, “good enough to get by,” than a commitment to excellence is not necessary, but if your completely honest answer is, “the best,” you must make a total commitment to excellence.

Wrestlers are born with varying degrees of natural ability. Sacrifice and a commitment to excellence are required to develop that ability. Time, hard work, continuous practice and repetition all go into the making of a good athlete.

To be a winner you must be willing to make sacrifices. This means maintaining good training habits, getting the proper amount of rest, and eating a balanced diet.

You can be as great as you want to be. If you believe in yourself and have the courage, determination, dedication, competitive drive, and if you are willing to give up the little things in life to accomplish an ultimate goal down the road, you will succeed!

In our years of involvement in athletics, we have seen athletes make a sincere commitment to excellence. They had a burning desire to be not just good, but great. They craved coaching. They wanted to learn a new wrestling move every day. They worked harder than the other wrestlers during the season and they never stopped working in the offseason. They went out of their way to look for tougher competition. Finally, they were stubborn – they refused to settle for anything less than the best.

As a result, each was a big winner. There was no luck or chance involved; these wrestlers worked hard so they would always have an edge when they went into their matches. They knew they would win... and they did.

A commitment to excellence means you must be willing to work hard, to push yourself physically until it hurts. We believe that any wrestler who walks off the mat after a full match and is not physically spent has not worked to his physical potential

If you have a true commitment to excellence you will give up anything that does not help you become better as an athlete or a person. Don't be content with mediocrity- strive to live up to the greatness within you.

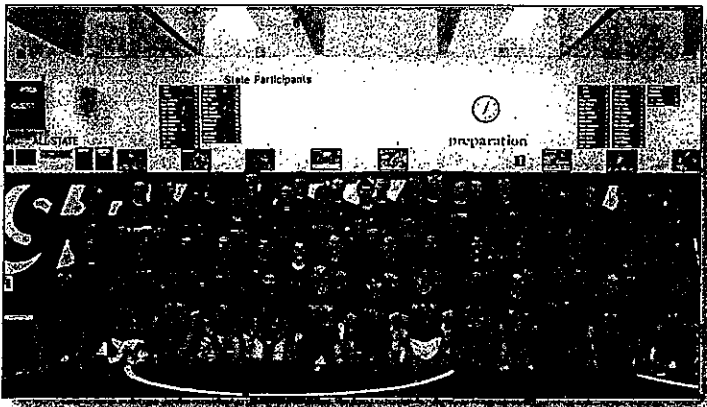
COMMITMENT NIGHT: NOVEMBER 14th. This is a night for you to pledge your commitment to excellence in the Eastview Wrestling program. This night will involve activities that encourage you to reflect on your goals and to discuss what it will take to reach those goals. Also, this night will emphasize each wrestler's commitment to the whole team. We depend upon each wrestler to succeed. Your complete commitment is crucial to the success of the team. You deserve to give yourself the best opportunity to succeed. **BE THE BEST YOU CAN BE!**

The great coach Vince Lombardi had this to say about making the commitment to excellence:

“For the winner there is 100 percent elation, 100 percent laughter, 100 percent fun and for the loser the only thing left is a 100 percent resolution and 100 percent determination. The game, I think, is a great deal like life. Every man makes his own personal commitment toward excellence and toward victory. Although you know ultimate victory can never be completely won, it must be pursued with all of one's might and each week there is a new encounter, each year a new challenge.

“I'd like to say that the quality of any man's life is a full measure of that man's personal commitment to excellence and to victory, regardless of what field he may be in.”

MAKE A COMMITMENT TO EXCELLENCE!



Commitment Night 2008

Eastview wrestlers win Burnsville Invitational

by Andy Rogers
THISWEEK NEWSPAPERS

The Eastview Lightning hit a high point in their season Jan. 10 after winning the Burnsville Invitational individual tournament ahead of six other teams.

The tournament wasn't full of pushovers.

The Lightning finished 3.5 points higher than Hastings, which is ranked No. 2 in the state in Class AAA.

All 14 Lightning wrestlers placed and 11 finished third or better.

No one could beat Scott Hogan at 135 pounds or Mitch Rechtzigel at 125 as both were tournament champions.

It was Hogan's fourth time as a champion at the Burnsville Invitational.

He improved his season record to 23-1, including a 5-0 run last week. He defeated Isaiah Erickson from Cumberland, Wis., in the finals, 10-8.

Rechtzigel improved to 21-4 and defeated Hieu Kovar from Champlin Park, 3-2, in the finals.

BJ Groskreutz (103 pounds), Brad Hogan (145), Cody Groskreutz (140) and Dijon Sanders (heavyweight) all placed second.

Billy Kor (130), Ty Groskreutz (145), Nels Pederson (152), Josh Weinberg (160) and Joey Scott (189) placed third.

Eastview was coming off two wins at a triangular against Lakeville South and Park of Cottage Grove on Jan. 9.

Eastview beat South, 48-24, propelled by pins from Hogan, Cody Groskreutz, Tyler Groskreutz, Weinberg and Matt Franson.

Against Park, Eastview won 41-18 with three pins, two major decisions and five decisions.



Photo by Jason Ols

Eastview's Dijon Sanders wrestles Hastings' P.J. Mike in the Burnsville Invitational on Jan. 10. He lost 4-1 putting him at second place in the heavyweight division.

APPLE VALLEY

Eastview is at Wayzata for a triangular Jan. 16. Senior night is scheduled for Jan. 23 against Eagan.



Photo by Rick Orndorf

Eastview's Joey Scott wrestles at 189 pounds at a home individual invitational Jan. 24.

Lightning wrestlers win home tourney for first time

by Andy Rogers
THISWEEK NEWSPAPERS

No one was better than the Eastview wrestling team at its home invitational Jan. 24.

The Lightning won the individual tournament for the first time ever with a score of 160. Spring Lake Park/St. Anthony finished second and Eastview's neighbors and Lake Conference rivals Rosemount came in third.

Brad and Scott Hogan both won individual titles.

Brad defeated Cody Cary from Farmington 9-0 in the 112-pound finals. He gave up just two points during the tournament.

Scott got the best of Kyle Anderson from Coon Rapids

in the 135 finals by a score of 10-5.

The weekend's matches improved Scott's season record to 28-1 and Brad's to 25-6.

But the Hogans didn't win the invitational all by themselves.

Nels Pederson placed second at 152 pounds. Dijon Sanders finished third at 285.

Mitch Rechtzigel (119), Nick Dodd (140), Rob Wietcha (171) and Bobby Ladd (215) all took fourth.

Eastview will get a closer look at the Irish when they meet for a dual Jan. 30 at Rosemount.

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ATHLETE OF THE WEEK


INVER GROVE

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Scott Hogan
Eastview High School - Wrestling

The Eastview Senior won the 135-pound weight class at the Burnsville Jaycees Invitational. He is ranked fifth in Class 3A at that weight.



• The wrestling team won the Eastview Invitational Saturday in a close, four-way battle. Three teams - Spring Lake Park/St. Anthony, Rosemount and Scott West - finished within 10 points of the Lightning.

Brad Hogan (112 pounds), Scott Hogan (135) won their weight classes, while Nels Pederson (152) was a runner-up.

Wrestling

Eastview wrestling finished ninth out of 55 teams and sixth in Division 1 at the Bi-State Classic from Dec. 28-29.

It was the highest the team has ever finished in three years of attendance at the tournament. Eastview had seven place winners and 13-of-14 wrestlers won

at least one match.

Scott Hogan was the star of the tournament for Eastview, coming in third at 135 pounds.

Brad Hogan gave the fans something to cheer about. He defeated one of the top-ranked wrestlers in the state to finish fifth at 112.

Nels Pederson took fifth at 152, Ty Groskreutz seventh at 145, Mitch Rehtzigel ninth at 119, Joey Scott 11th at 189 and Cody Groskreutz 13th at 140.

The tournament featured mostly teams from Wisconsin. Eastview finished ahead of Minnesota teams including Lakeville, South and South St. Paul.

Eastview wrestling

As 2008 comes to a close, the Eastview wrestling team has improved its record to 9-4 after wins at a Minnetonka quadrangular and a home triangular.

During that stretch, Scott Hogan remained undefeated at 135 pounds and increased his win total to 13 already this season.

At the quadrangular, Eastview defeated Minnetonka 41-26 and Shakopee 40-33 on Dec. 19 but lost to Buffalo 37-24.

During the quadrangular, there were a few close matches that came down to the final period, falling in the favor of Eastview.

Against Minnetonka, Matt Galloway earned three points in the third to win 7-6, and against Buffalo Mitch Rehtzigel won 5-3 in overtime to Zach Smith.

Joey Scott came from behind in the third period against Shakopee with five-straight points to win 8-7.

Eastview won big and lost big at its home triangular on Dec. 18.

Against Chaska, Eastview won 62-9, but Apple Valley got the best of them winning 56-11.

Against Apple Valley, Hogan, Nels Pederson and Josh Weinberg earned the wins.

Eastview is scheduled to attend the Dec. 29-30 Bi-State Classic in LaCrosse, Wis.

SCOTT HOGAN Eastview, wrestling



The Lightning won the championship of the Burnsville Invitational, with Hogan leading the way. The senior 135-pounder won his weight class and finished the week undefeated.

Not to be overlooked

Eastview's wrestling program appears to be on the rise.

The Lightning won the Burnsville Jaycees Invitational with 218 points, 3.5 points more than runner-up Hastings. Eastview crowned two individual champions in Mitch Rehtzigel (125) and Scott Hogan (135).

Hastings is ranked No. 2 in the state in Class 3A. The Raiders, who also participated in The Clash, are ranked No. 19 in the nation.

Lightning wins title

Brad Hogan of Eastview forces Hastings' Jeff Engstrom to the mat during a 119-pound match at the Burnsville Jaycees Invitational wrestling tournament Saturday, Jan. 10. Hogan was runner-up in his weight class and Eastview won the team championship. (For more photos, visit MN.Sun.com.)



SCOTT THEISEN • SUN NEWSPAPERS

Pederson wrestles at state meet



Photo by Rick Orndorf

Eastview's Nels Pederson wrestles at the Class AAA state tournament held March 5-7. He went 1-2 at state and was the first section champ from Eastview in five years. His teammate Dijon Sanders lost to the eventual runner-up in the first round.

Everyone has had THAT neighbor. The type of neighbor that always has the new motorcycle, the new boat or big screen television. Everyone has the type of neighbor that everyone else in the neighborhood secretly envies. Try as you might, you can't keep up with them, but you keep trying knowing that one day you will be the one who the neighbors are chasing. Welcome to the world of the Eastview Lightning wrestling program. Over the past ten years, Eastview has built itself into one of the more consistent programs in the metro area. The only problem is that pesky neighbor who always overshadows anything the Lightning does. Who is that neighbor? Whose high school is in the same town as Eastview's and only about a mile away? The answer: Apple Valley.

Eastview high school was formed in 1997 because of rising enrollment in Eagan, Rosemount and Apple Valley. After the zoning laws were drawn, the kids who joined the brand new school came mostly from Eagan and Rosemount, with a handful from Apple Valley.

For the program's first coach, the administration didn't have to look far. They hired Kurt Habeck, a young teacher and assistant coach at near by Eagan. Habeck had just completed his sixth year as an assistant at Eagan and was ready for his first head coaching job.

As might have been expected, the first couple of years were a struggle for the upstart program. They won a total of three dual meets the first year.

"Dual meets went pretty quickly that first year," said Habeck. "We were back home pretty early."

What made the future look even more daunting were Eastview's numbers. They had thirty kids 9-12 in the wrestling room. Without a wrestling tradition (or of any sport for that matter) of any kind, Habeck had to coach a number of high school age kids who had little or no wrestling background. Even with Apple Valley just a warm up run away, none of its wrestlers came to Eastview from Apple Valley.

To move the program forward and bring success to the mat at Eastview, Habeck has done two things very well. First, he has put together a staff, which for the most part have been together from the start, of coaches from elite programs. Second, Habeck and his staff have worked hard to build a feeder and off-season program that lay the foundation for Eastview's wrestling future and has begun to form a bit of a wrestling culture in the Eastview school system.

Habeck wrestled in college for Augsburg and was not only two

time conference champ and an All-American his senior year, he was also a captain on the 1991 National Championship team. Looking down the list of assistants on his staff now, the Augsburg influence is easy to see. Nick Fornicoia won an individual state championship at Richfield. Then he went on to college and was a member of Augsburg's early national championship teams as well as becoming a multiple All-American and National Champion as an individual. Assistant coach Travis Lee was also an Augsburg wrestler and a four time state entrant from Kensington Minnesota.

After the staff was put together, Habeck and his assistants, who also include Todd Frost from New York Mills via Moorhead State,

Of the thirty or so ninth graders Habeck gets in the room each year, more than half have never wrestled at the high school level. In order to increase the level of experience of the incoming high school wrestlers, the coaches have re-emphasized youth and off-season wrestling programs.

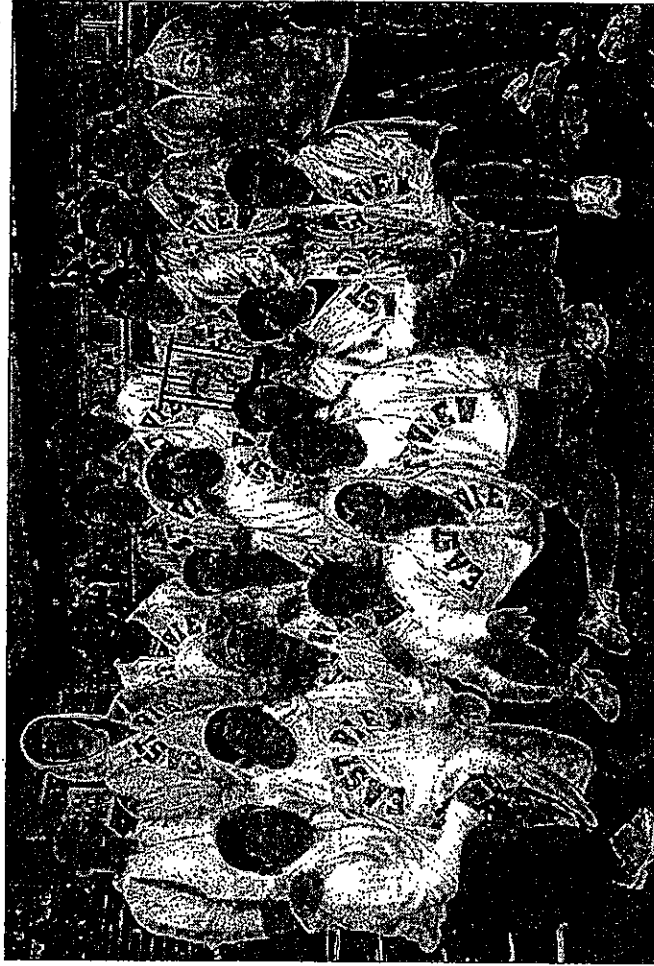
Eastview's wrestling program wants its athletes to be involved in multiple sports, but at the same time they are trying to get kids wrestling in the off-season. They have had kids involved in freestyle and Greco programs since day one, but Habeck says Eastview is "raising the expectations" of the traveling program to keep the advanced kids challenged.

The youth program has recently been given an overhaul. Habeck and his staff are getting more and more people involved in the feeder program. They run a three-day youth clinic to help get the young kids in the school district interested in the sport. All of this is not only attempting to improve the number and skill level of the kids in the wrestling room, but also to create a culture of wrestling in the school system.

Continuing success is also critical to creating a culture of wrestling in any school and the Eastview Lightning have done a good job of that. After those first few years of struggling as a team, the Lightning has become a consistent winner in the Lake Conference. To continue on the upward trend of the last few years, the program will be counting on senior captain Scott Hogan, who should break the 100 win barrier early during his senior season. Ty Groskreutz who has two years of varsity experience and a 4.0 grade point average, along with heavyweight Dejon Sanders, who last year had twenty-seven wins in the 215 pound weight class, will provide experience to this junior heavy team. The future looks bright for the Lightning as well. They have two freshman, Brad Hogan (Scott's brother) and Mitch Rehtzigel, coming off of a twenty wins season last year.

Eastview, the 2001 and 2007 Academic state champions in wrestling, are doing their best to carve out an identity in the south metro. Despite the pesky neighbor on the other side of Cedar Avenue, Habeck has turned what could be a detriment to the program into a positive.

"We want to be competitive. (Apple Valley) is going to make our team more competitive. We are not going to complain about it. It is what it is."



The Eastview Lightning after winning their own twelve-team individual tournament on January 24th.

have worked hard to get youth and off-season wrestling programs up and running.

"We get a lot out, but we don't have mat rats," said Habeck. "Most of our kids don't have more than a year or two of experience when they get to 9th grade."