
**EASTVIEW WRESTLING
SEASON REVIEW
2012-2013**



**RESPECT ALL
FEAR NONE**

RESPECT ALL, FEAR NONE!



EASTVIEW WRESTLING

TEAM 2013: RESPECT ALL, FEAR NONE!

Congratulations to each of the wrestlers for successfully completing the season. The motto is something we hang our hat on and use to teach life lessons along with lessons about wrestling. Eastview Wrestling's 2012-2013 season motto is: "**Respect All, Fear None**". The senior class of 2013 was determined to achieve high standards set by previous teams. Team 2013 committed to several off-season training programs including attending freestyle practices, participating in wrestling summer training sessions, and traveling to the University of Michigan for team camp. All of the accomplishments this year were directly related to the leadership provided by the seniors and their "**Respect All, Fear None**" mentality.

Reflecting on this past season brings back many **positive memories**. Commitment Night led by the captains and seniors allowed each wrestler to come together, build relationships, set goals, and begin making a commitment to the upcoming season. The seniors did a great job leading by example, promoting a solid work ethic, and encouraging each wrestler to "Cowboy Up". In the end we are able to hang our hat up and say "Great Job"! Below is a recap of the 2013 season.

The Freshman Team...

- ◆ Had 15 freshman and 10 middle school wrestlers learn the sport and complete the season.
- ◆ Earned 11 dual meet victories including a 2nd place finish at the Eastview Tournament.
- ◆ Earned 2 State Team victories and had three 9th grade State Individual Qualifiers.
- ◆ 9th Grade State Qualifiers... Matt Schumann, Daniel Arehart, & Dane Mcdevitt.
- ◆ Earned 176 match wins, 928 team points, 102 falls, and 224 takedowns.

The Junior Varsity Team...

- ◆ Earned 15 wins and placed 2nd in the South Suburban Conference.
- ◆ Placed 1st at the Eastview and Northfield Duals, and 4th at the JV Conference Tournament.
- ◆ Participated in varsity tournaments at East Ridge & Mound-Westonka.
- ◆ Earned 341 match wins, 1651 team points, 189 falls, and 463 takedowns.
- ◆ Had 10+ wrestlers provide the depth needed to fulfill the varsity team's needs.

The Varsity Team...

- ◆ Earned its 5th Academic State Championship with a team GPA of 3.74.
- ◆ Earned 16 hard fought victories placing 1st at the Eastview Duals and the Burnsville Invitational.
- ◆ Had 4 wrestlers earn All Conference Honorable Mention and 3 earn All-Conference Honors.
- ◆ Placed 13 wrestlers at Individual Sectionals with 4 wrestlers placing in the top three.
- ◆ 2X State Qualifier Jacob Rukavina earned his 100th win during the season.
- ◆ Had 33 wrestlers get an opportunity to wrestle on varsity with 11 wrestlers earn at least 15 wins.
- ◆ Earned 332 match wins, 1589 team points, 145 falls, and 568 takedowns.

The **Class of 2013** includes 8 highly dedicated wrestlers who lead the team with a single minded focus it takes to be successful in wrestling. The senior class will leave having earned 168 wins, 87 falls, and 876 team points. To each of the seniors, we thank you for your hard work, commitment, and your ability to achieve things nobody would have believed. We wish you the best of luck in your future endeavors and we hope that the Lightning Pride you developed over the past 4 years stays with you forever.

Some final thoughts on the future of Eastview Wrestling. The returning wrestlers must ask themselves – **How good do I want to be?** If your answer is, "good enough to get by", then a commitment to excellence is not necessary, but if your completely honest answer is, "the best", you must make a **Total Commitment to Excellence!** Section 3AAA is a very tough section with all (9) teams having the potential to be improved next season. In order for Eastview to raise the bar and achieve more, each of us must commit to make the changes necessary. The **Coaching Staff** must provide leadership and inspire those involved to make the improvements needed to the overall program. **Wrestlers** need to challenge themselves even more than those before them, motivate teammates to work harder, make greater sacrifices, and do all the little things needed to become a champion. **Parents** must continue their commitment and work with the wrestlers and coaching staff to raise expectations. The future success of Eastview's wrestling program is dependent on everyone accepting their role. As we work together, I truly believe Eastview Wrestling can become a program that can call themselves **CHAMPIONS!**

Coach Habeck



Eastview Wrestling

Captains: Jonathan Lenz, Anthony Munos, Jacob Rukavina

2012-2013 Season

7th – 8th GRADE

WATTS, TONY
SCHMIDT, ERIC
WELBORN, JAYDEN
LINDSTROM, ALEX
DELICH, MIKE
KUEFLER, TJ
GUTIERREZ, KNOWLEDGE
FORMANECK, BRENDAN
MCDEVITT, DANE
EPPERSON, CARTER
LUCIANO, NATE
LARSON, ADAM

FRESHMAN

ADAMS, NICK
AREHART, DANIEL
DOLEJS, COLLIN
DUFFY, TIM
FORMAN, AUSTIN
GREENLEE, GAVIN
KAMANO, SEAN
MACHACEK, ZACH
MACKES, KIERAN
MASON, DAVID
ODELL, JEFFERSON
SCHOLLER, ZACH
SCHUMANN, MATTHEW
YORK, ALEX
YUSOF, HANSA

JUNIORS

ADOLPHSEN, CARTER
BALLINGER, ISAIAH
BUCK, JACK
BURGESS, THOMAS
CARLSON, GAVIN
CORDOVA, BRANDON
DELGADO, EDDIE
KIRKMAN, KENNY
KRISHER, ANDREW
LESCH, PETER
LINDGREN, TYLER
MARKS, BILLY
MARTINEZ-SAAVEDRA, RICKY
PEGELOW, NICK
RUKAVINA, JACOB
SWANSON, JORDAN

SOPHOMORES

ALBA, GAGE
DELICH, TOM
DODD, LUKE
DRAVIS, CASEY
FARMAH, GEORGE
GAUBERT, ANDRE
GIBSON, BEN
GILES, ANTWOINE
HABECK, ZACH
HESTNESS, BRETT
MORGENSTERN, ANDREW
PFEIFER, RYAN
PRAUS, ZACH
SCHLIESMAN, JACK
STUMPF, ERIC
TALLAPAKA, SHIVANG

SENIORS

GIBSON, WILL
HARRIS, BLAKE
LENZ, JONATHAN
MAKO, PATRICK
METZ, VINCE
MUNOS, ANTHONY
PHOMPHACKDY, DAVID
WATSON, JON



PRINCIPAL

Dr. Randall Peterson

Athletic Director

Matt Percival

Coaches

Kurt Habeck
Nick Fornicoia
Todd Frost
Travis Lee
Greg Dravis
Chad Eul
Jarred Mccarthy
Josh Nelson
Dean Stockwell
Chad Wentzel

Nickname

Lightning

School Colors

Black, Blue, Silver, White

Managers

Katie Grutza
Hannah Habeck
Courtney Hopps
Brooke Micholic
Malissa Montognese
Grace Hagestad
Rayanne Hedges
Jazmine Okongo-Gwoke
Rachel Munos
Racael Schmidt
Briana Peterman
Emily O'Shea
Makayla Montognese

Videographers

Devony Carlson

Photographer

Derek Dravis

Conference

South Suburban

Section

3AAA

WELCOME TO EASTVIEW WRESTLING 2012-2013



Respect All, Fear None

2012-2013 Eastview Wrestling

RESPECT ALL
FEAR NONE

Each season the captains, upperclassmen, and coaches pick a motto to represent the year. The motto is something we hang our hat on and use to teach life lessons and lessons about wrestling. Eastview Wrestling's 2012-2013 season motto is: "Respect All, Fear None."

On the other hand, the program motto: "Commitment to Excellence" is always on the coaches minds and instilled in the wrestlers from day one. Eastview Wrestling is committed to *Excellence* in: School, Family, Community, and Athletics.

At our annual Captain's Commitment Night, the captains asked the wrestlers to tell us what "Commitment To Excellence" means to them. Here are some of their responses to what "Commitment to Excellence" means:

- Strive for excellence (*Alex Lindstrom, Tony Watts*)
- Give 100% of your effort 100% of the time (*Will Gibson*)
- Holding yourself to a high standard (*Luke Dodd*)
- Being a class act wherever you are (*David Phomphachdy*)
- Work as a team, not as an individual (*Andrew Morgenstern*)
- Doing what will make you better (*Nick Pegelow*)
- Work hard (*Jon Watson*)
- No compromises (*Jono Lenz*)
- To have confidence in yourself and achieve good things (*Kieran Mackes*)
- What you put into wrestling is what you get out (*Anthony Munos*)
- Committing oneself to sports, academics, and the Eastview community (*Billy Marks*)
- All in (*Blake Harris*)
- Perfect practice makes perfect (*Jack Penders*)
- Do everything to the best of your ability (*Jacob Rukavina*)

The team also had an opportunity to give us their views about "Respect All, Fear None." These views vary from the literal to the not so obvious meanings:

- Wrestle like it is your last match (*Blake Harris*)
- Go into every match knowing you can win (*Jacob Rukavina*)
- Don't underestimate your opponent (*Jack Penders*)
- Fear none = gain confidence in yourself (*Zack Machacek*)
- Believe that you are the best (*Julius Henry*)
- Prepare yourself so fear is irrelevant (*Billy Marks*)
- Respect your opponents, but show no fear (*Jack Buch*)
- Never look past an opponent (*Anthony Munos*)
- Work hard, so you don't fear any wrestler (*Jack Schliesman*)
- Don't underestimate your opponent, but go in believing you can win (*Jono Lenz*)
- Believe in yourself in the most critical time (*Davis Phomphachdy*)

As the season progresses, the motto will take shape and all will take an ownership in "Respect All, Fear None" and believe in our goals.

The coaches believe the motto "Respect All, Fear None" represents life lessons. Every team practices, lifts, runs, and works on wrestling technique. There is nothing unique about that. We need to respect the fact that every team is working to get better. We can make ourselves unique by working even harder. Through our hard work we will have *no fear* of any opponent. In fact, our hard work and tenacity should instill *fear* in our opponents. We need to make them fear us in the end.

COWBOY UP!

We are not cowboys, but we love the cowboy way. Cowboys work hard and there are hard lessons in the life of a cowboy and that is like wrestling. We have work to do this year and there will be hard lessons along the way, but that is what cowboys do. In the end we are going to be able to hang our cowboy hat up and say "Great job!"

We look forward to the wrestlers and fans creating the meaning for our motto throughout the year. "Respect All, Fear None" will continue to evolve, but make no mistake about it, we *all* will create our own meanings and goals for this year. Good luck to the Lightning in 2013!

MN ACADEMIC STATE

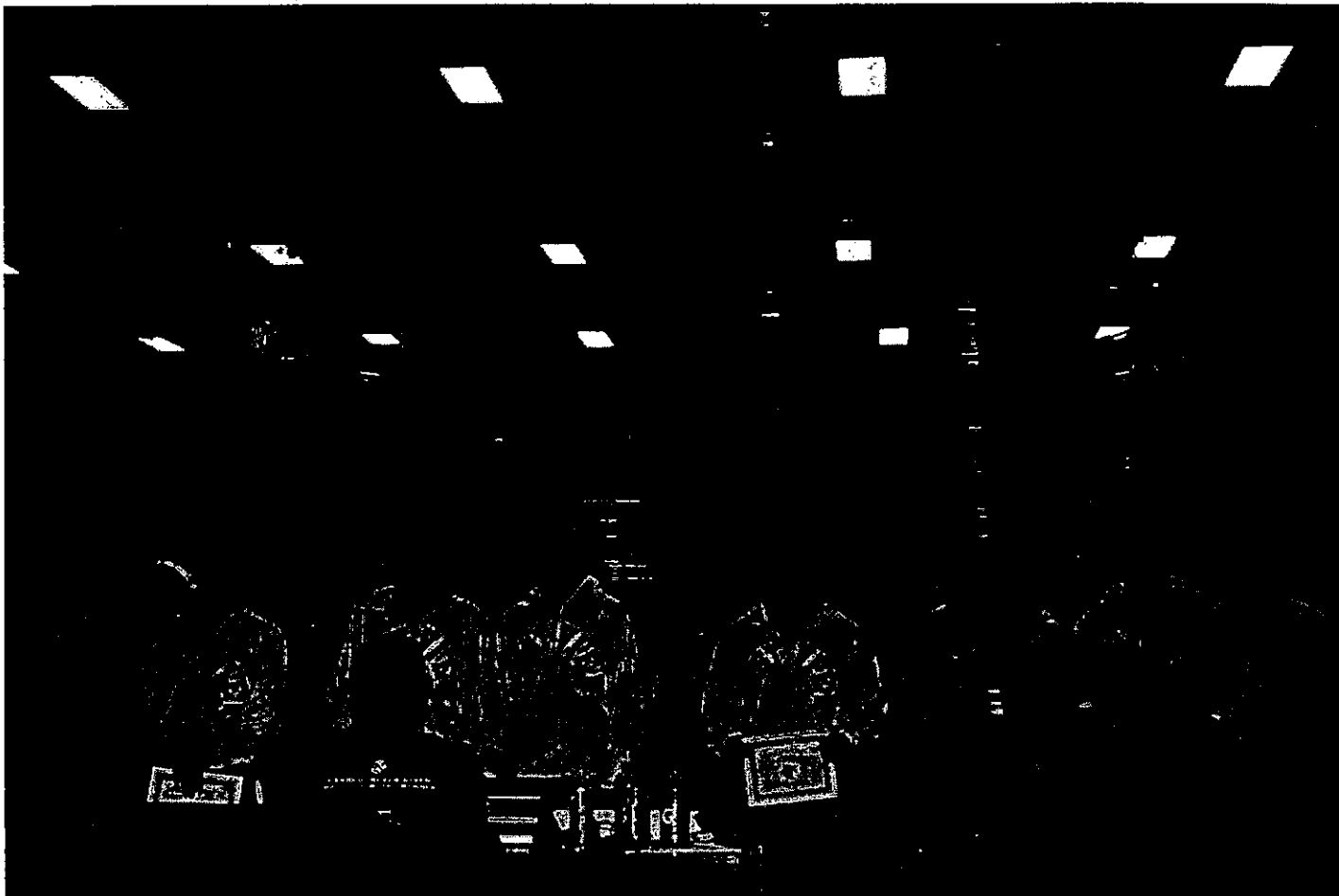
CHAMPIONS 2013

EASTVIEW WRESTLING
3.74 TEAM GPA



SECTION 3AAA ACADEMIC TEAM

- 113 Zach Habeck**
- 120 Alex Lindstrom**
- 138 Casey Dravis**
- 160 Jacob Rukavina**
- 170 Jonathan Lenz**
- 220 Nick Pegelow**



MWCA Scholarship Recipients 2013

High School News
Feb 26 2013

The Minnesota Wrestling Coaches Association awarded five \$1,500 scholarships this season. Any senior who has wrestled in high school in Minnesota and is college-bound was eligible to apply.

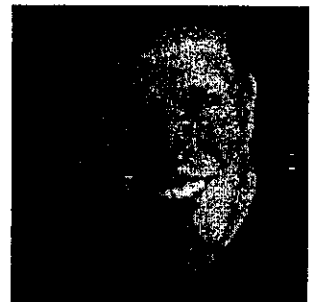
Here are this season's MWCA scholarship recipients.



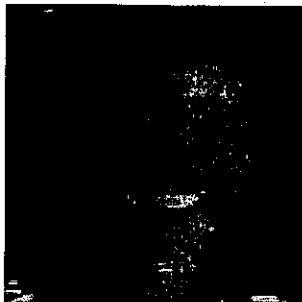
Jonathan Lenz



Adam Cooling



Lance Briard



Eric Madson



Drey Loge

Jonathan Lenz is the son of David and Cynthia Lenz. He wrestled for coach Kurt Habeck and Eastview High School. Jonathon is narrowing his choice of colleges from St. Olaf, Macalester, St. John's, Amherst or Yale.

Lance Briard wrestled for Todd Bertram at Springfield High School. His parents are Jeff and Maren Briard. He is planning on attending Augustana College in Sioux Falls, SD.

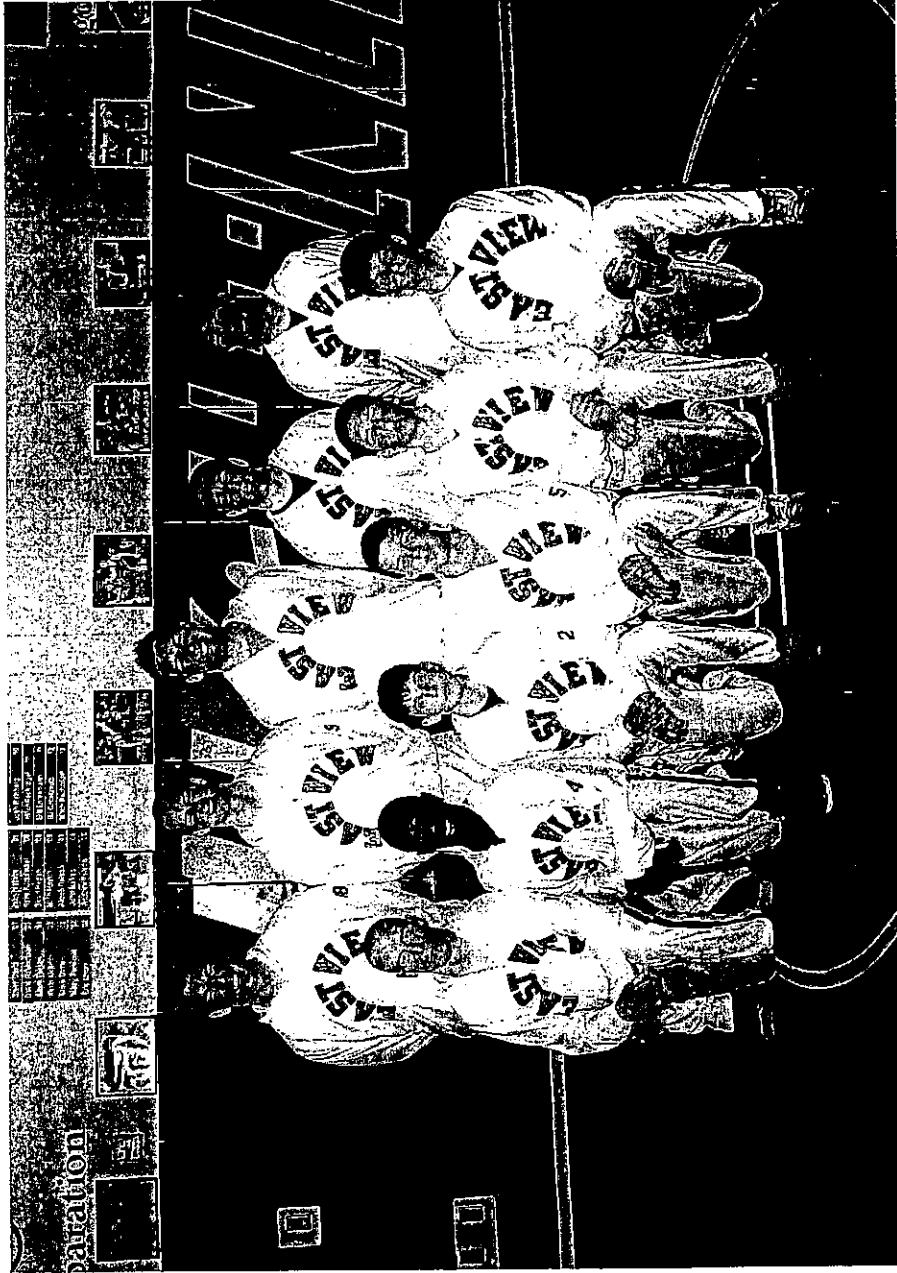
Adam Cooling attends Madelia High School. His head Wrestling Coach is Darren Gifferson. His parents are Mark and Kimberly Cooling. Adam plans on attending Minnesota State University Mankato next year.

Drey Loge wrestled at Pine River-Backus High School. His parents are Eric and Kathy Loge. Drey's Head Coach is Travis Hoffarth. Drey will attend University of Minnesota – Duluth next year.

Eric Madson is from Hutchinson High School where he wrestled for Coach Todd Card. His parents are Randy and Linda Madson. Eric is planning on attending the Georgia Institute of Technology.

Off-Season Training Club 2012

Members made commitments to... Thunderbolts, Augsburg Practices, Freestyle Tournaments, State & National Tournaments, Summer Strength Training, Wrestling Training Sessions, and Wrestling Camps.



Off-Season Training Club Members 2012	
Gold	Jacob Rukavina
Gold	Luke Dodd
Gold	Nick Pegelow
Silver	Anthony Munos
Bronze	Jack Buck
Bronze	Jonathan Lenz
Bronze	Billy Marks
Bronze	George Farmah
Bronze	Zach Habeck
Bronze	Tyler Lindgren
Bronze	Zach Praus

Who will be in 2013?

TEAM 2013 RECOGNITION

LETTER WINNERS

Tony Watts	EV			
Alex Lindstrom	EV	EV		
Tim Duffy	EV			
Gavin Greenlee	EV			
Gage Alba	EV			
Tom Delich	EV	EV		
Luke Dodd	EV	EV		
Casey Dravis	EV	EV		
George Farmah	EV	EV		
Zach Habeck	EV	EV		
Brett Hestness	EV	EV		
Andrew Morgenstern	EV			
Zach Praus	EV	EV		
Jack Schliesman	EV	EV		
Eric Stumpf	EV	EV		
Isaiah Ballinger	EV			
Jack Buck	EV	EV		
Thomas Burgess	EV	EV		
Gavin Carlson	EV	EV		
Brandon Cordova	EV	EV		
Eddie Delgado	EV			
Kenny Kirkman	EV	EV		
Andrew Krisher	EV	EV		
Peter Lesch	EV	EV	EV	
Tyler Lindgren	EV	EV	EV	
Billy Marks	EV	EV		
Nick Pegelow	EV	EV		
Jacob Rukavina	EV	EV	EV	EV
Jordan Swanson	EV	EV		
Will Gibson	EV	EV		
Blake Harris	EV	EV		
Jonathan Lenz	EV	EV	EV	
Patrick Mako	EV	EV	EV	
Vince Metz	EV	EV	EV	
Anthony Munos	EV	EV	EV	EV
David Phomphackdy	EV	EV	EV	
Jon Watson	EV	EV	EV	

MANAGERS

Rayanne Hedges	EV			
Devony Carlson	EV			
Katie Grutza	EV			
Derek Dravis	EV	EV	EV	
Hannah Habeck	EV	EV		
Courtney Hopps	EV	EV		
Brooke Micholic	EV	EV		
Malissa Montognese	EV			

ALL CONFERENCE

George Farmah
Anthony Munos
Jacob Rukaviona

ALL CONFERENCE

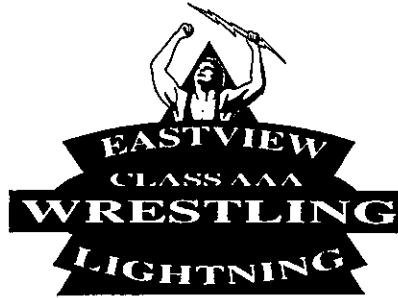
HONORABLE MENTION

Casey Dravis
Luke Dodd
Jonathan Lenz
Nick Pegelow

SOUTH SUBURBAN

CONFERENCE RECORDS

Apple Valley	8-0
Prior Lake	7-1
Lakeville North	6-2
Rosemount	5-3
Eastview	4-4
Bloomington	3-5
Eagan	2-6
Lakeville South	1-7
Burnsville	0-8



Wrestling Manager Hall of Fame

Each wrestling manager inductee has successfully graduated from Eastview High School and demonstrated a tremendous commitment and work ethic to the sport and to the Eastview Wrestling program.

Erinn Roos
Class of 2000

Sara Olson
Class of 2010

Rachel Davis
Class of 2001

Who will be next?

Kari Okonek
Class of 2003

Ashley Langlais
Class of 2006

Libby Carroll
Class of 2009

Brooke Larson
Class of 2010

Eastview Wrestling Season Awards – 2013

3-D Club Membership

Luke Dodd	Casey Dravis
Andre Gaubert	Nick Pegelow
George Farmah	Anthony Munos
David Phomphackdy	Eric Stumpf

Academic Club – Gold (3.6-4.0)

Eric Schmidt	Jayden Welborn
Carter Epperson	Adam Larson
Tony Watts	Nick Adams
Terry Johnson	Sean Kamano
Zach Machacek	Matt Schumann
Casey Dravis	Andre Gaubert
Zach Habeck	Andrew Morgenstern
Zach Praus	Eric Stumpf
Isaiah Ballinger	Billy Marks
Nick Pegelow	Jacob Rukavina
Jordan Swanson	Jonathan Lenz
Emily O'Shea	Briana Peterman
Rachel Schmidt	Rayanne Hedges
Derek Dravis	Katie Grutza
Hannah Habeck	Courtney Hopps
Malissa Montagnese	

Freshman 3-D Club Membership

Nick Adams	Zach Machacek
Zach Scholler	

Academic Club – Silver (3.0-3.59)

Mike Delich	Brendan Formanek
Dane Mcdevitt	Collin Dolejs
Alex Lindstrom	David Mason
Kieran Mackes	Alex York
Jefferson Odell	Luke Dodd
Tom Delich	Ryan Pfeifer
Brett Hestness	Thomas Burgess
Jack Schliesman	Kenny Kirkman
Gavin Carlson	Patrick Mako
Peter Lesch	Vince Metz
Makayla Montagnese	Rachel Munos
Jazmine Okongo-Gwoke	Devony Carlson
Grace Hagestad	
Brooke Micholic	

Most Falls

V – George Farmah – 19
 JV – Eric Stumpf – 15
 9th – Matt Schumann – 18

Most Takedowns

V – Jacob Rukavina – 75
 JV – Eric Stumpf – 40
 9th – Nick Adams – 24

Most Team Points

V – Jacob Rukavina – 170
 JV – Jordan Swanson – 118
 9th – Matt Schumann – 117

John Rodin Service Award

Most Valuable Varsity Wrestler of the Year _____

Most Valuable Junior Varsity Wrestler of the Year _____

Most Valuable Freshman Wrestler of the Year _____

Freshman Team Most Valuable Wrestler _____

Most Improved Wrestler of the Year _____

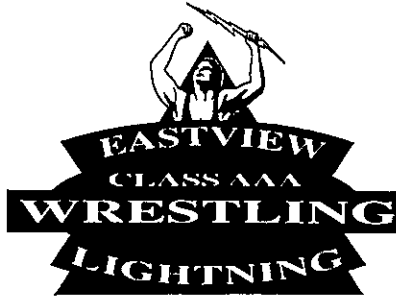
Most Improved Freshman Wrestler of the Year _____

Scholar Athlete Award _____

Lightning Award _____

Junior Varsity – Varsity Drill Partner Award _____

John Rodin Service Award



*In memory of John Rodin
and his life long commitment
to the sport of wrestling.*

This award winner is a person who has shown great commitment to the Eastview Wrestling program as well as to the youth programs in the Eastview Community.

Brad Okonek
1998

Ben Foertsch
2004

Jacob Rukavina
2010

Brad Okonek
1999

Dante Hendricks
2005

Levi Groskreutz
2011

Andrew Lenertz
2000

Pat Cox
2006

Billy Marks
2012

John Getzke
2001

Joey Scott
2007

2013

Cory Wagner
2002

Nick Dodd
2008

Cory Wagner
2003

Peter Nguyen
2009

2012 – 2013 STATISTIC LEADERS

	VARSITY		JUNIOR VARSITY		FRESHMAN	
WINS	Jacob Rukavina	36	Jordan Swason	24	Matt Schumann	19
	Anthony Munos	33	Eric Stumpf	20	Tim Duffy	18
	George Farmah	33	Andrew Krisher	18	Gavin Greenlee	17
FALLS	George Farmah	19	Eric Stumpf	15	Matt Schumann	18
	Anthony Munos	18	Jordan Swanson	13	Gavin Greenlee	11
	Jacob Rukavina	16	Billy Marks	12	Tim Duffy	11
			Andrew Morgenstern	12	Mike Delich	9
			Jon Watson	12		
TEAM POINTS	Jacob Rukavina	170	Jordan Swanson	118	Matt Schumann	111
	Anthony Munos	160	Eric Stumpf	106	Tim Duffy	101
	George Farmah	158	Andrew Krisher	91	Gavin Greenlee	88
TAKEDOWNS	Jacob Rukavina	75	Eric Stumpf	40	Nick Adams	24
	Anthony Munos	71	Billy Marks	30	Kieran Mackes	22
	George Farmah	67	Jordan Swanson	29	Colin Dolejs	20
NEAR FALLS	Anthony Munos	46	Eric Stumpf	19	Colin Dolejs	14
	Jacob Rukavina	37	Billy Marks	19	Nick Adams	13
	Will Gibson	26	Gage Alba	18	Matt Schumann	11
REVERSALS	Anthony Munos	29	David Phomphackdy	28	Colin Dolejs	13
	Will Gibson	19	Jordan Swanson	23	Brandan Formanek	11
	Casey Dravis	18	Tyler Lindgren	15	Nick Adams	8
				Gavin Greenlee	8	

Great Job





Eastview Varsity Meet Results

Overall Record: 16 Wins 8 Losses

Conference Record: 4 Wins 4 Losses

Eastview	41	Lakeville South	27	Win
	63	St. Paul Central	10	Win
	43	Woodbury	42	Win
	45	Burnsville	28	Win
	31	Bloomington	27	Win
	42	Northfield	36	Win
	51	Henry Sibley	21	Loss
	37	Monticello	29	Win
	42	Farmington	31	Win
	73	Brooklyn Center	3	Win
	27	Glencoe Silver Lake	50	Loss
	54	Minnetonka	17	Win
	29	Rosemount	37	Loss
	29	Eden Prairie	33	Loss
	46	Lakeville North	22	Loss
	9	Apple Valley	57	Loss
	33	Eagan	19	Win
	17	Prior Lake	58	Loss
	80	Minneapolis Southwest	0	Win
	45	White Bear Lake	25	Win
	62	Mahtomedi	12	Win
	36	New Prague	31	Win
	40	Eagan	20	Win
	0	Apple Valley	77	Loss

Team Tournaments

Eastview Duals	1 st Place
Northfield Duals	2 nd Place
Richfield Duals	3 rd Place
Armstrong Duals	Undefeated Team

Individual Tournaments

Bi-State Classic	6 th Place
Burnsville Invitational	1 st Place
Eastview Invitational	3 rd Place
Mound Westonka Invite	4 th Place

Varsity Tournament Results

Team Tournaments

Eastview Duals – 1st Place

1 st	Eastview	3 rd	Lakeville South
2 nd	Woodbury	4 th	St. Paul Central

Northfield Duals – 2nd Place

1 st	Henry Sibley	3 rd	Bloomington
2 nd	Eastview	4 th	Northfield

Richfield Tournament – 3rd Place

1 st	Lakeville North	4 th	Minnetonka	7 th	Brooklyn Center
2 nd	Glenco-Silver Lake	5 th	Richfield / Edina	8 th	Cretin-Durham Hall
3 rd	Eastview	6 th	Roseville		

Armstrong Tournament – 3 Wins / 0 Loss

Mpls Southwest	Win	80-0
White Bear Lake	Win	45-25
Mahtomedi	Win	62-12

Individual Tournaments

Bi-State Classic

11th out of 53 teams

106	Tony Watts (1-2)	DNP	138	Casey Dravis (4-2)	DNP	182	Will Gibson (2-2)	DNP
113	Zach Habeck (0-2)	DNP	145	Luke Dodd (2-2)	DNP	195	Tom Delich (2-2)	DNP
120	Alex Lindstrom (2-2)	DNP	152	Anthony Munos (5-2)	5 th	220	Nick Pegelow (3-2)	DNP
126	George Farmah (6-2)	5 th	160	Jacob Rukavina (5-1)	3 rd	285	Jon Watson (0-2)	DNP
132	Peter Lesch (0-2)	DNP	170	Jonathan Lenz (2-2)	DNP			

Division 1			Division 2			Division 3		
1.	Wausau West	321.5	1.	Luxemburg-Casco	290.5	1.	Lancaster	246.5
2.	Holmen	237.0	2.	Ellsworth	207.0	2.	Stratford	144.0
3.	Hudson	226.5	3.	Mauston	199.0	3.	Weston/Ithaca	134.5
4.	Mt Horeb/Barneveld	208.0	4.	South Saint Paul	176.0	4.	Riverdale	127.0
5.	Lakeville South	190.0	5.	Nekoosa/Port Edwards	157.0	5.	Cashton	114.0
6.	Eastview	160.5	6.	River Valley	146.5	6.	Royall	112.5
7.	New Richmond	137.0	7.	Monroe	143.0	7.	Arcadia	106.0
8.	Bloomington Kennedy	132.0	8.	Caledonia/Houston/Spring Grove	136.5	8.	DeSoto	105.0
9.	Middleton	126.0	9.	Prairie Du Chien	130.0	9.	New Lisbon	87.0
10.	Tomah	124.0	10.	West Salem/Bangor	129.0	10.	Westby	76.0
11.	Baraboo	101.0	11.	Adams Friendship	103.0	11.	Athens	71.5
12.	DC Everest	99.5	12.	Dodgeville	89.5	12.	Aquinas	69.0
13.	Muskego	98.0	13.	Cuba City/Southwestern	89.0	13.	Auburndale	60.0
14.	Marshfield	85.0	14.	Richland Center	80.5	14.	Boscobel	54.5
15.	Verona	83.0	15.	Viroqua	74.0	15.	North Crawford/Seneca	48.0
16.	La Crosse Central	80.0	16.	Belmont/Platteville	60.0	16.	Hillsboro	36.0
17.	La Crosse Logan	60.0				17.	Independence/Gilmanton	22.0
18.	Portage	54.				18.	Kickapoo/LaFarge	17.0
						19.	Shell Lake	0.0

Burnsville Invitational 1st Place

1 st	124	Eastview	6 th	113	Mounds View	11 th	37 Highland Park
2 nd	163	Amery	7 th	102	Irondale	12 th	27 Wash. Tech.
3 rd	143.5	Burnsville	8 th	86	Prescott	13 th	12 Mpls SW
4 th	135	Forest Lake	9 th	74	Richfield/Edina		
5 th	120.5	Champlin Park	10 th	42	Waseca		

106	Tony Watts (2-2)	4 th	138	Casey Dravis (3-1)	2 nd	182	Will Gibson (3-1)	3 rd
113			145	Luke Dodd (3-1)	2 nd	195	Tom Delich (2-2)	4 th
120	Alex Lindstrom (2-2)	4 th	152	Anthony Munos (3-0)	1 st	220	Nick Pegelow (2-1)	2 nd
126	George Farmah (3-1)	3 rd	160	Jacob Rukavina (3-0)	1 st	285	Jack Schliesman (0-3)	6 th
132	Peter Lesch (2-2)	6 th	170	Jonathan Lenz (3-2)	4 th			

Eastview Invitational 3rd Place

1 st	189	Shakopee	5 th	143.5	Coon Rapids	9 th	75	Wayzata
2 nd	168	Faribault	6 th	123	Scott West	10 th	58	Mpls South
3 rd	147	Eastview	7 th	99	Stillwater	11 th	42	Farmington
4 th	144.5	Rosemount	8 th	86	Chisago Lakes	12 th	5	Winona

106	Tony Watts (1-2)	DNP	138	Casey Dravis (3-2)	5 th	182	Will Gibson (2-2)	5 th
113	Zach Habeck (1-3)	6 th	145	Luke Dodd (2-3) Billy Marks (1-2)	6 th DNP	195	Tom Delich (1-2)	4 th
120	Alex Lindstrom (3-2)	5 th	152	A. Munos (3-1) A.Morgenstern (0-2)	3 rd DNP	220	Nick Pegelow (3-1)	3 rd
126	George Farmah (2-2)	4 th	160	Jacob Rukavina (3-0)	1 st	285	Jack Schliesman (1-2)	5 th
132	Brett Hestness (0-2)	DNP	170	Jonathan Lenz (2-2)	5 th			

Mound Westonka Invite 4th Place

1 st	192	Monticello	4 th	142.5	Eastview	7 th	93	Buffalo
2 nd	160.5	South St. Paul	5 th	120	Mound Westonka	8 th	86.5	WET/JPW
3 rd	144.5	Glenco	6 th	106	Waconia	9 th	48	St. Paul Como Park

106			138	Peter Lesch	4 th	182	Will Gibson (2-1)	3 rd
113			145	Luke Dodd (2-3)	2 nd	195	Jack Buck (3-0) Jack Schliesman 0-2	2 nd 8 th
120	Eric Stump (2-1)	5 th	152	A. Munos (2-1) A.Morgenstern (1-2)	3 rd 7 th	220	Nick Pegelow (2-1)	3 rd
126			160	Jacob Rukavina (2-0)	1 st	285	Tim Duffy (2-1)	5 th
132	Brett Hestness (1-2)	4 th	170	Jonathan Lenz (1-2)	4 th			

3AAA Individual Sections

106	Tony Watts (1-2)	DNP	138	Casey Dravis (2-2)	4 th	182	Tom Delich (1-2)	5 th
113	Zach Habeck (1-3)	6 th	145	Luke Dodd (2-2)	5 th	195	Jack Buck (2-2)	3 rd
120	Alex Lindstrom (2-2)	4 th	152	A. Munos (3-1)	3 rd	220	Nick Pegelow (2-2)	4 th
126	George Farmah (3-1)	3 rd	160	Jacob Rukavina (2-1)	2 nd	285	Tim Duffy (1-2)	5 th
132	Brett Hestness (1-3)	6 th	170	Jonathan Lenz (1-3)	6 th			

VARSIY STATISTICS

Wrestler	Win	Loss	T2	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Gage Alba	1	2	2	0	1	1	0	0	0	1	6
Jack Buck	10	5	21	8	4	4	2	2	0	5	50
Thomas Burgess	0	1	0	4	0	0	0	0	0	0	0
Brandon Cordova	0	3	0	0	0	0	0	0	0	0	0
Tom Delich	16	17	16	28	5	2	1	0	0	6	81
Luke Dodd	<u>20</u>	19	36	22	9	7	8	4	0	5	82
Casey Dravis	<u>25</u>	17	15	24	18	10	15	3	2	12	130
Tim Duffy	4	7	16	8	0	1	3	0	0	1	18
George Farmah	<u>33</u>	9	67	23	8	7	13	4	2	17	158
Will Gibson	18	17	34	19	19	17	9	3	0	8	87
Gavin Greenlee	5	10	10	5	4	0	5	1	0	3	18
Zach Habeck	10	16	19	19	5	3	1	0	0	4	54
Blake Harris	1	3	0	2	0	0	0	0	0	0	6
Brett Hestness	4	14	13	13	1	3	2	0	0	2	18
Andrew Krisher	0	2	0	2	0	0	0	0	0	0	0
Johnathan Lenz	20	17	34	41	4	3	6	1	0	11	94
Peter Lesch	4	14	5	6	3	4	4	2	0	1	17
Tyler Lindgren	1	4	0	4	0	0	0	0	0	0	6
Alex Lindstrom	23	16	34	17	11	7	18	3	1	13	116
Patrick Mako	2	1	2	2	1	0	1	0	0	2	12
Billy Marks	2	2	2	0	1	1	0	0	0	0	12
Ricky Martinez	1	0	0	0	0	0	0	0	0	0	6
Andrew Morgenstern	1	6	8	5	7	0	3	1	0	0	4
Anthony Munos	33	8	71	12	29	21	25	8	3	15	160
Nick Pegelow	28	13	46	24	10	3	4	2	0	10	122
Daviv Phomphackdy	0	1	0	9	0	0	0	0	0	0	0
Zack Praus	1	3	1	3	2	0	2	0	0	1	6
Jacob Rukavina	36	7	75	28	15	10	27	5	3	13	170
Jack Schliesman	6	13	6	19	0	0	4	0	0	4	36
Eric Stumpf	5	11	14	13	3	5	1	0	1	3	26
Jordan Swanson	3	2	4	4	0	0	1	0	0	0	12
Jon Watson	3	6	5	7	2	0	1	0	0	1	12
Tony Watts	16	21	12	20	9	7	6	1	0	7	76

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Team Points
Eastview Team Totals	332	287	568	391	171	116	162	40	12	145	1589

EASTVIEW WRESTLING 2012-2013

RESPECT ALL, FEAR NONE!

TEAM	GOAL	35 Team Points	4 Falls	8 Wins	1 st Points Scored Total	19 Take-Downs	10 Near-Falls	Won 75% 3 rd Periods	1 or Less Pins	1 or Less Major/TF	Total Goals	Dual Win
LAKEVILLE SOUTH		41	4	10	15/12	16/20	18/10	5/2	4	0	6	Win 41-27
ST. PAUL CENTRAL		63	4	11	14/6	11/5	11/3	4/1	6	1	7	Win 63-10
WOODBURY		42	5	7	13/12	7/19	12/10	2/3	1	0	5	Win 43-42
BURNSVILLE		45	7	8	14/12	10/13	10/6	2/2	3	1	6	Win 45-28
BLOOMINGTON		31	2	7	14/14	16/17	13/10	7/5	2	0	3	Win 31-27
NORTHFIELD		42	6	8	16/12	13/11	7/9	2/1	6	0	5	Win 42-36
HENRY SIBLEY		21	3	4	12/16	6/22	5/15	2/6	6	1	1	Loss 21-51
MONTICELLO		37	2	9	13/18	15/9	5/9	5/7	3	1	3	Win 37-29
FARMINGTON		42	5	8	12/12	5/7	12/12	2/5	4	1	5	Win 42-31
BROOKLYN CENTER		73	9	13	17/6	16/2	17/1	5/0	0	0	9	Win 73-3
GLENCOE SILVER LAKE		25	3	5	8/12	7/12	6/15	1/2	7	2	0	Loss 27-15
MINNETONKA		54	4	10	12/9	9/6	6/7	2/3	1	2	5	Win 54-17
ROSEMOUNT		29	1	7	12/20	9/16	5/18	5/2	4	1	1	Loss 29-37
EDEN PRAIRIE		29	3	6	9/15	10/13	10/11	5/4	3	0	5	Loss 29-33
LAKEVILLE NORTH		22	1	5					6	1		Loss 22-46
APPLE VALLEY		9	1	2					5	3		Loss 9-57
EAGAN		33	1	9					1	1		Win 33-19
PRIOR LAKE		17	1	4					9	1		Loss 17-58
MPLS SOUTHWEST		80	8	14					0	0		Win 80-0
WHITE BEAR LAKE		45	1	8					2	1		Win 45-25
MAHTOMEDI		62	5	11					1	1		Win 62-12
NEW PRAGUE		36	3	9					4	1		Win 36-31
EAGAN		40	4	9					1	0		Win 40-20
APPLE VALLEY		0	0	0					9	2		Loss 77-0

VARSDITY SEASON RECORDS

FALLS

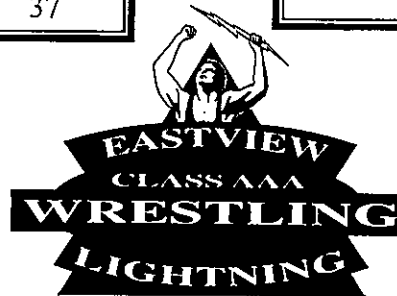
Adam Fokken	'01	28
Nate Kocer	'03	28
Erik Ehresmann	'11	26

WINS

Mitch Rechtzigel	'12	39
Adam Fokken	'01	38
Scott Hogan	'09	37
Ryan Langlais	'04	37
John Makabe	'06	37

TEAM POINTS

Adam Fokken	'01	200
Nate Kocer	'03	199
John Makabe	'06	190



TAKEDOWNS

Mitch Rechtzigel	'12	221
Ryan Langlais	'04	134
Adam Fokken	'01	119

NEAR FALLS

Mikey Fornicoia	'02	79
Josh Weinberg	'10	73
Minh Huynh	'05	56

REVERSALS

Josh Weinberg	'10	41
Kevin McBride	'02	38
Anthony Munos	'13	29

VARSDITY CAREER RECORDS

FALLS

Adam Fokken	'01	83
Scott Hogan	'09	66
Ryan Langlais	'04	55

WINS

Mitch Rechtzigel	'12	158
Adam Fokken	'01	147
Ryan Langlais	'04	139

TEAM POINTS

Adam Fokken	'01	727
Mitch Rechtzigel	'12	674
Ryan Langlais	'04	621



TAKEDOWNS

Mitch Rechtzigel	'12	499
Ryan Langlais	'04	449
Adam Fokken	'01	349

NEAR FALLS

Mikey Fornicoia	'02	166
Minh Huynh	'06	148
Scott Hogan	'09	145

REVERSALS

Anthony Munos	'13	92
Adam Fokken	'01	92
Josh Weinberg	'10	87



**EASTVIEW WRESTLING
JV TEAM RESULTS
2012-2013**

Overall Record: 15 Wins 2 Losses
Conference Record: 7 Wins 1 Loss
2nd Place South Suburban Conference

Dual Meets

Eastview	42	Lakeville South	3	Win
	31	St. Paul Central	18	Win
	63	Woodbury	12	Win
	36	Ellsworth	28	Win
	40	Burnsville	27	Win
	62	Northfield	10	Win
	72	Henry Sibley	6	Win
	44	Bloomington	20	Win
	45	Farmington	21	Win
	36	Monticello	15	Win
	27	Rosemount	38	Loss
	31	Eden Prairie	37	Loss
	45	Lakeville North	24	Win
	33	Apple Valley	17	Win
	37	Eagan	24	Win
	33	Prior Lake	21	Win
	35	New Prague	30	Win

Individual Tournaments

East Ridge Ruckus

3rd Place - 11 Teams
1 bracket per weight class

113	Ryan Pfeifer - 4 th
126	Kieran Mackes - 4 th
138	Shivang Tallapaka - 6 th
145	Eddie Delgado - 2 nd
145	Ben Gibson - 6 th
152	Collin Dolejs - 3 rd
160	Zack Machacek - 3 rd
182	David Phomphackdy - Champ
195	Tyler Micholic - Champ
195	Ricky Martinez - 2 nd
285	Carter Adolphson - 3 rd

Team Scores

1 st	Eagan	175.5
2 nd	East Ridge	175
3 rd	Eastview	170
4 th	Rochester Century	169
5 th	Zimmerman	102

Burnsville Invitational

No Team Score kept
1 bracket per weight class

113	Ryan Pfeifer - 5 th
120	Eric Stumpf - Champ
120	Tyler Lindgren - 2 nd
132	Brett Hestness - 3 rd
138	Andrew Krisher - 2 nd
145	Kenny Kirkman - Champ
145	Zach Praus - 2 nd
145	Eddie Delgado - 3 rd
145	Antoine Giles - 5 th
152	Billy Marks - Champ
152	Andrew Morgenstern - 3 rd
152	Andre Gaubert - 5 th
160	Jordan Swanson - Champ
160	Thomas Burgess - 4 th
182	David Phomphackdy - 6 th
220	Blake Harris - Champ
285	Jon Watson - 2 nd
285	Carter Adolphson - 4 th

Lightning Invitational**No Team Score Kept****4-man round robin format**

138 Andrew Krisher – Champ
 160 Jordan Swanson – Champ
 285 Jon Watson – Champ
 113 Ryan Pfeifer – 2nd
 120 Eric Stumpf – 2nd
 126 Tyler Lindgren – 2nd
 138 Eddie Delgado – 2nd
 145 Zach Praus – 2nd
 145 Kenny Kirkman – 3rd
 152 Andre Gaubert – 3rd
 182 David Phomphackdy – 3rd
 285 Carter Adolphson – 3rd

Armstrong Tourney**No Team Score Kept****4-man round robin format**

120 Eric Stumpf – Champ
 120 Tyler Lindgren – Champ
 132 Peter Lesch – Champ
 138 Andrew Krisher – Champ
 138 Zach Scholler – Champ
 138 Shivang Tallapaka – Champ
 145 Zach Praus – Champ
 145 Gage Alba – 2nd
 145 Billy Marks – 2nd
 145 Antoine Giles – 2nd
 145 Ben Gibson – 3rd
 152 Andrew Morgenstern – Champ
 152 Andre Gaubert – Champ
 152 Patrick Mako – 2nd
 160 Jordan Swanson – Champ
 170 Thomas Burgess – 2nd
 182 David Phomphackdy – 2nd
 195 Ricky Martinez – 3rd
 220 Jack Schliesman – 2nd
 285 Tim Duffy – Champ
 285 Carter Adolphson – 2nd
 285 Jon Watson – 3rd

Cougar JV Invitational - Gold**4th Place – 12 Teams****1 bracket per weight class**

113 Ryan Pfeifer – 6th
 120 Eric Stumpf – 6th
 126 Matt Schumann – Did Not Place
 132 Brett Hestness – 6th
 138 Andrew Krisher – 4th
 145 Zach Praus – Did Not Place
 152 Billy Marks – 4th
 160 Jordan Swanson – Champion
 171 David Phomphackdy – 5th
 195 Jack Schliesman – 3rd
 285 Tim Duffy – Runner Up

Team Scores

1 st	Apple Valley	234.5
2 nd	Shakopee	144
3 rd	Prior Lake	138
4 th	Eastview	107
5 th	Lakeville South	104

Cougar JV Invitational - Silver**No Team Score Kept****1 bracket per weight class**

113 Isaiah Ballinger – 4th
 120 Kieran Mackes – 5th
 138 Zach Scholler – 3rd
 145 Gage Alba – 5th
 145 Eddie Delgado – 6th
 145 Kenny Kirkman – Did Not Place
 145 Collin Dolejs – Did Not Place
 152 Andrew Morgenstern – 3rd
 152 Gavin Carlson – 5th
 152 Andre Gaubert – Did Not Place
 152 Nick Adams – Did Not Place
 160 Patrick Mako – Runner Up
 160 Zach Machacek – 6th
 182 David Mason – 5th
 285 Jon Watson – Champion
 285 Carter Adolphson – 3rd

JUNIOR VARSITY STATISTICS

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Carter Adolphsen	0	11	3	8	5	0	5	0	0	5	45
Gage Alba	12	4	17	6	9	7	11	0	2	7	52
Antonio Arellano	3	5	7	7	3	0	0	0	0	1	18
Isaiah Ballinger	6	12	13	13	3	1	0	0	0	1	36
Thomas Burgess	14	7	12	3	11	2	6	2	1	7	69
Gavin Carlson	11	8	21	3	4	2	9	2	1	6	40
Brandon Cordova	1	1	2	2	1	0	0	0	0	0	3
Eddie Delgado	12	6	25	14	5	8	5	0	0	8	60
Tom Delich	1	0	1	0	0	0	0	0	0	1	6
Luke Dodd	2	1	3	2	1	1	0	0	0	1	9
Tim Duffy	4	2	6	6	5	0	1	0	0	4	24
Andre Gaubert	4	7	8	13	6	2	2	1	0	2	19
Ben Gibson	3	10	7	0	1	1	3	0	0	3	12
Will Gibson	2	1	4	3	2	2	0	0	0	2	12
Antwoine Giles	12	6	14	9	7	3	7	1	0	7	30
Gavin Greenlee	4	0	3	0	0	0	1	0	0	3	6
Zach Habeck	0	1	1	0	0	0	0	0	0	0	0
Blake Harris	3	1	3	1	2	1	1	0	0	2	18
Brett Hestness	12	4	20	4	3	2	1	1	0	8	64
Kenny Kirkmen	11	6	11	5	5	5	1	0	0	4	48
Andrew Krisher	18	7	16	18	14	3	12	1	0	11	91
Peter Lesch	6	4	11	3	6	2	7	0	1	3	29
Tyler Lindgren	16	7	22	10	15	3	5	1	0	6	76
Kieran Mackes	6	2	8	5	2	1	2	0	0	1	24
Patrick Mako	4	2	6	1	2	1	2	1	0	2	22
Billy Marks	17	3	30	4	8	9	10	2	0	12	72
Ricky Martinez	5	17	8	5	0	0	0	0	0	3	30
Tyler Micholic	4	0	1	1	0	0	0	0	0	1	24
Andrew Morgenstern	17	5	21	11	7	4	2	1	0	12	88
Ryan Pfeifer	17	11	28	16	6	8	4	0	0	6	84
Daviv Phomphackdy	15	16	3	19	28	6	3	0	0	6	72
Zach Praus	13	5	15	11	13	7	5	1	0	6	58
Jack Schliesman	11	3	17	8	3	2	0	1	0	7	58
Zach Scholler	3	0	6	1	1	1	1	0	0	2	15
Matt Schumann	3	1	3	1	0	3	4	0	1	1	14
Eric Stumpf	20	4	40	9	3	11	8	0	3	12	106
Jordan Swanson	24	4	29	18	23	10	5	1	0	13	118
Shivang Tallapaka	2	11	6	4	0	0	1	0	0	1	9
Jon Watson	15	5	12	3	6	4	1	0	0	12	90

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Team Points
Eastview Team Totals	341	200	463	247	210	112	125	16	9	189	1651

JUNIOR VARSITY SEASON RECORDS

FALLS

James Pudwill	'06	28
Justin Armstrong	'06	27
Scott Kenning	'06	25

WINS

Andrew Lenertz	'02	31
Tom Chies	'03	30
Fred Hwang	'03	30

TEAM POINTS

Andrew Lenertz	'02	175
James Pudwill	'06	171
Justin Armstrong	'06	165



TAKEDOWNS

Matt Ladd	'12	87
Mike Redig	'06	65
Nathaniel Carroll	'05	50

NEAR FALLS

Josh Weinberg	'08	46
Kyle Fokken	'02	39
Bryan Okonek	'06	35

REVERSALS

David Phomphackdy	'13	28
Mike Redig	'06	26
Josh Weinberg	'08	22

FRESHMAN RESULTS 2012-2013

Overall Record: 11 Wins 6 Losses
Section Record: 6 Wins 2 Losses

	Eastview	vs		
Section Duals	33	Farmington	51	Loss
	54	Richfield/Edina	33	Win
	55	Park	27	Win
	78	East Ridge	15	Win
	77	Cretin Durham Hall	18	Win
	39	South St. Paul	36	Win
	25	Rosemount	35	Loss
	18	Hastings	61	Loss
	51	Eagan	27	Win
	Eastview Team Tournament <i>(2nd Place)</i>	41	Forest Lake	33
42		Eden Prairie	39	Win
45		Coon Rapids	29	Win
18		Anoka	63	Loss
Team State Tournament <i>(2-2)</i>	48	Farmington	33	Win
	34	New Prague	41	Loss
	46	Mounds View	31	Win
	18	Hastings	60	Loss

INDIVIDUAL TOURNAMENTS

	EV Invite	Region 2	State
ADAMS, NICK	2 nd	3 rd	
AREHART, DANIEL	2 nd	1 st	Participant
DOLEJS, COLLIN	1 st	---	
DUFFY, TIM	1 st	3 rd	
FORMAN, AUSTIN	3 rd	---	
FORMANECK, BRANDEN	2 nd	---	
GREENLEE, GAVIN	---	5 th	
KAMANO, SEAN	4 th	---	
MACHACEK, ZACH	4 th	---	
MACKES, KIERAN	4 th	---	
MASON, DAVID	4 th	6 th	
ODELL, JEFFERSON	4 th		
SCHOLLER, ZACH	2 nd	5 th	
SCHUMANN, MATT	1 st	2 nd	Participant
YORK, ALEX	3 rd	---	
YUSOF, HANSA	3 rd	---	
MCDEVITT, DANE	---	2 nd	Participant
FORMANECK, BRENDAN	---	6 th	
WELBORN, JAYDEN	---	5 th	

FRESHMAN STATISTICS

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Nick Adams	14	10	24	15	8	4	9	1	0	6	67
Daniel Arehart	10	11	14	4	5	3	2	0	0	7	36
Mike Delich	9	2	8	2	2	3	2	0	0	9	54
Collin Dolejs	14	7	20	12	13	7	7	3	0	7	51
Tim Duffy	18	1	18	3	6	4	2	2	0	11	101
Carter Epperson	4	8	3	3	1	0	1	0	0	3	24
Austin Forman	2	8	3	0	0	0	0	0	0	2	12
Brendan Formanek	10	12	15	9	11	4	2	1	0	4	52
Gavin Greenlee	17	4	18	3	8	5	4	1	0	11	88
Knowledge Gutierrez	6	2	7	3	2	3	2	0	0	5	36
Terry Johnson	2	4	2	3	0	0	0	0	0	1	12
Sean Kamano	1	6	4	1	1	1	0	0	0	0	6
Alex Lindstrom	1	0	3	0	0	2	1	0	0	1	6
Zach Machacek	5	9	2	1	1	1	0	0	0	1	30
Kieran Mackes	8	16	22	19	7	7	3	1	0	3	40
David Mason	3	13	1	0	0	0	0	0	0	0	18
Dane McDevitt	4	4	6	0	2	0	2	0	0	4	24
Jefferson Odell	0	5	0	1	0	0	0	0	0	0	0
Eric Schmidt	2	6	0	2	1	1	1	0	0	0	12
Zach Scholler	12	11	12	6	7	1	6	0	1	5	62
Matt Schumann	19	8	18	3	5	1	10	0	0	18	117
Daniel Steiner	2	5	3	5	0	0	1	0	0	0	6
Tony Watts	0	1	0	0	0	0	0	0	0	0	0
Jayden Welborn	1	6	9	0	3	0	2	1	0	0	4
Alex York	3	4	8	0	0	0	0	1	0	1	16
Hamsa Yusof	4	2	0	0	0	0	0	0	0	1	24

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Team Points
Eastview Team Totals	176	170	224	95	85	47	57	11	1	102	928

FRESHMAN SEASON RECORDS

FALLS

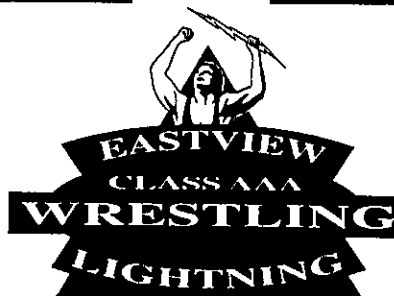
Matt Schumann	'13	18
Casey Dravis	'12	16
Ty Groskreutz	'06	15
Joey Scott	'07	15

WINS

Tom Delich	'12	28
Casey Dravis	'12	25
Bryan Okonek	'05	25

TEAM POINTS

Tom Delich	'12	143
Casey Dravis	'12	139
Joey Scott	'07	128



TAKEDOWNS

Bryan Lewis	'00	80
Trever Sutherland	'05	68
Bona Ku	'01	61

NEAR FALLS

Nathaniel Carroll	'03	26
Minh Huynh	'03	23
Kyle Fokken	'01	22

REVERSALS

Kyle Fokken	'01	17
Andrew Nelson	'03	15
Nathaniel Carroll	'03	15
Nick Mako	'06	15

Eastview Wrestling

*Now is the time, we are here!
We've earned respect, we have no fear!*

*Cowboy Up, that's what we'll do!
Our commitment to excellence will see us through!*

*We look good, we feel good too!
It's time to show what we can do!!*

Wrestling for the Lightning at:

- | | |
|--|---|
| 106: Wrasslin' Watts | 152: Mighty Munos
Menacin' Morgenstern |
| 113: Hungry Hábeck | 160: Remarkable Rukavina |
| 120: Lofty Lindstrom
Soarin' Stumpf | 170: Jubilant Jono |
| 126: Ferocious Farmah | 182: Wallopin' Will |
| 132: Brawlin' Brett
Lethal Lesch | 195: Beastly Buck
Tenacious Tom |
| 138: Cagey Casey | 220: Powerful Pegelow
Scorin' Schliesman |
| 145: Determined Dodd | HWT: Dominatin' Duffy |

*Believe in your training, Believe in your technique
Believe in your teammates, Believe in yourself!
It's time for Lightning to Strike!*

2013 Class AAA Section 3 Team Tournament

#1 Apple Valley	2/15/13 - 4:00 pm at Henry Sibley HS	Apple Valley 76-3
#9 Minneapolis Southwest	2/14/13 - 7:00 pm at East Ridge HS	East Ridge 54-12
#8 East Ridge		2/15/13 at Henry Sibley HS
		Apple Valley 77-0
#5 Eagan	2/15/13 - 4:00 pm at Henry Sibley HS	Eastview 40-20
#4 Eastview		
		Apple Valley 65-9
#3 Henry Sibley	2/15/13 - 4:00 pm at Henry Sibley HS	Henry Sibley 47-23
#6 Park		2/15/13 at Henry Sibley HS
		Henry Sibley 29-28
#7 Burnsville	2/15/13 - 4:00 pm at Henry Sibley HS	Rosemount 51-18
#2 Rosemount		

Section 3AAA Ind Championships
2-22/23
106

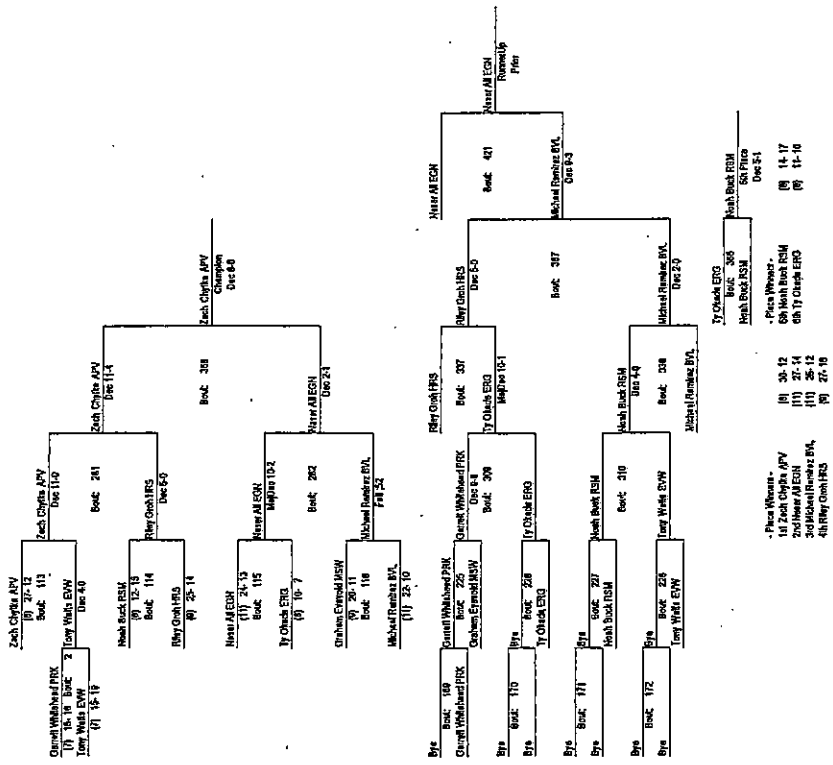


Photo Winners:
1st Zach Chops APV (1) 21-12
2nd Wash Back RSM (1) 18-18
3rd Wash Back RSM (1) 15-19
4th Wash Back RSM (1) 15-19

Section 3AAA Ind Championships
2-22/23
113

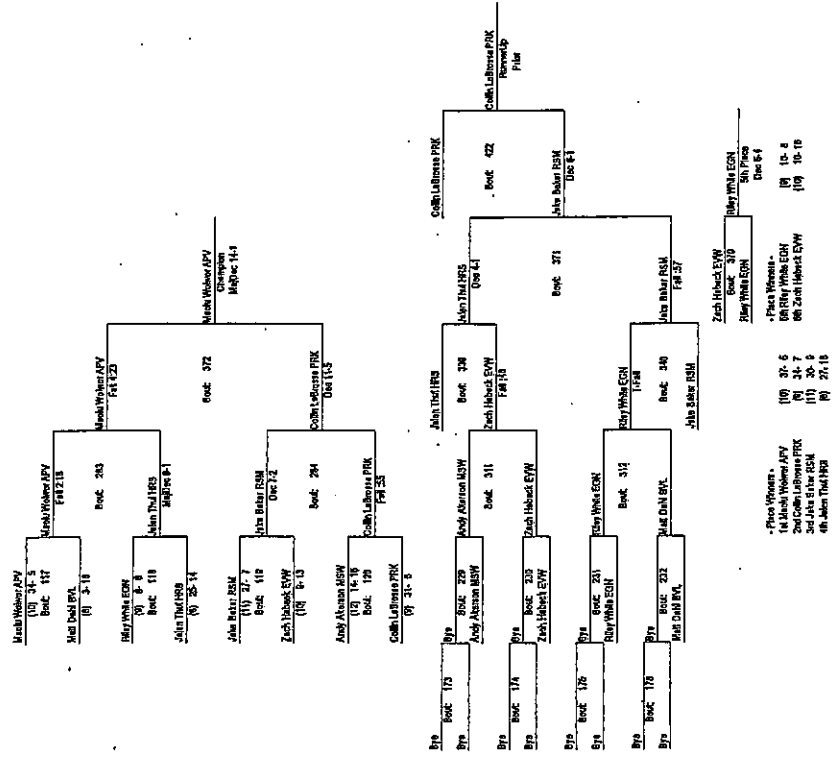
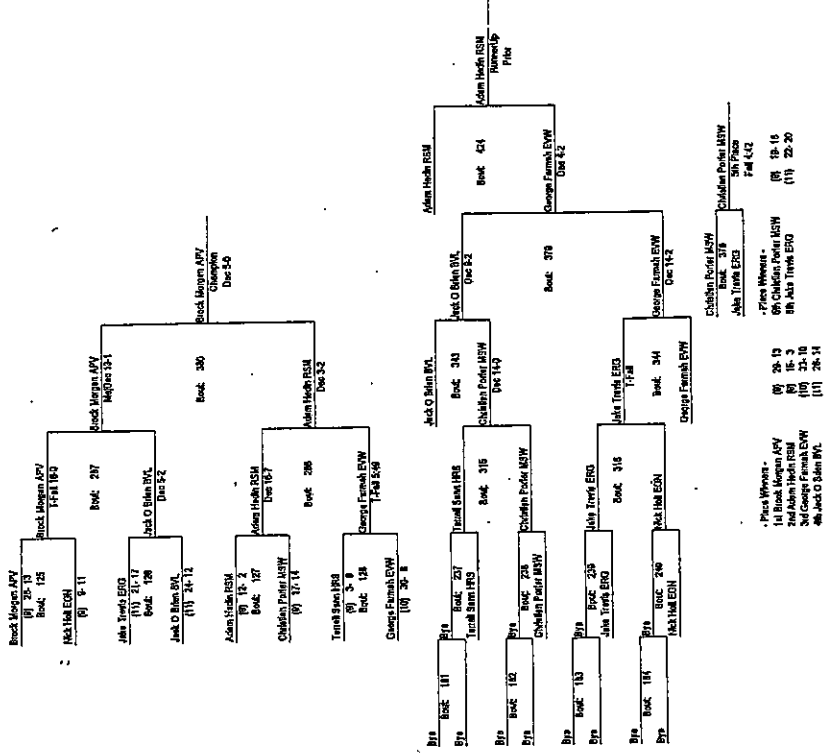
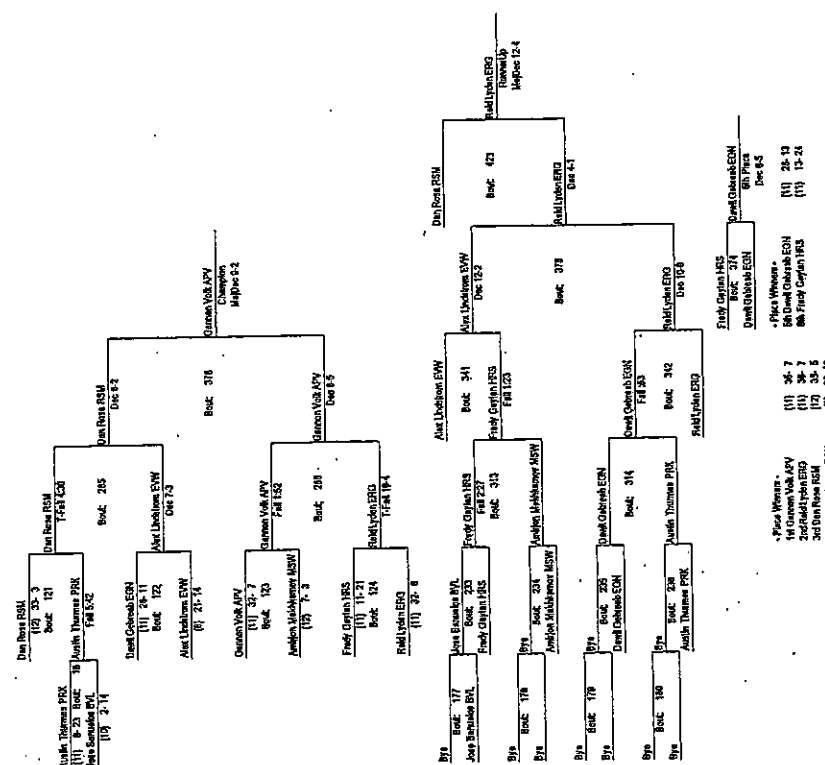


Photo Winners:
1st Wash Washers APV (1) 21-12
2nd Wash Washers APV (1) 18-18
3rd Wash Washers APV (1) 15-19
4th Wash Washers APV (1) 15-19

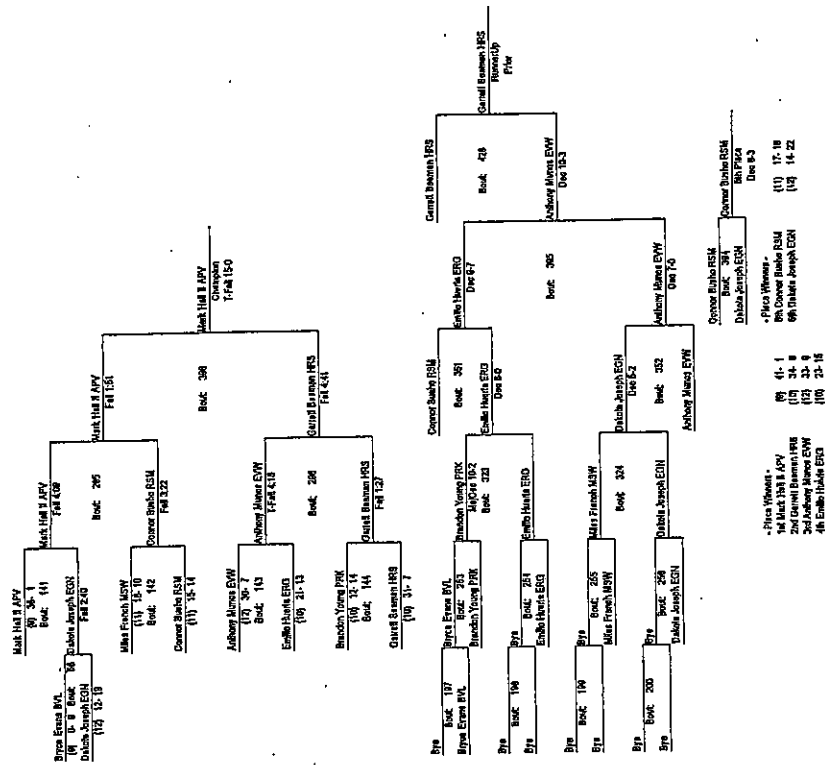
Section 3AAA Ind Championships
2-22/23
126



Section 3AAA Ind Championships
2-22/23
120

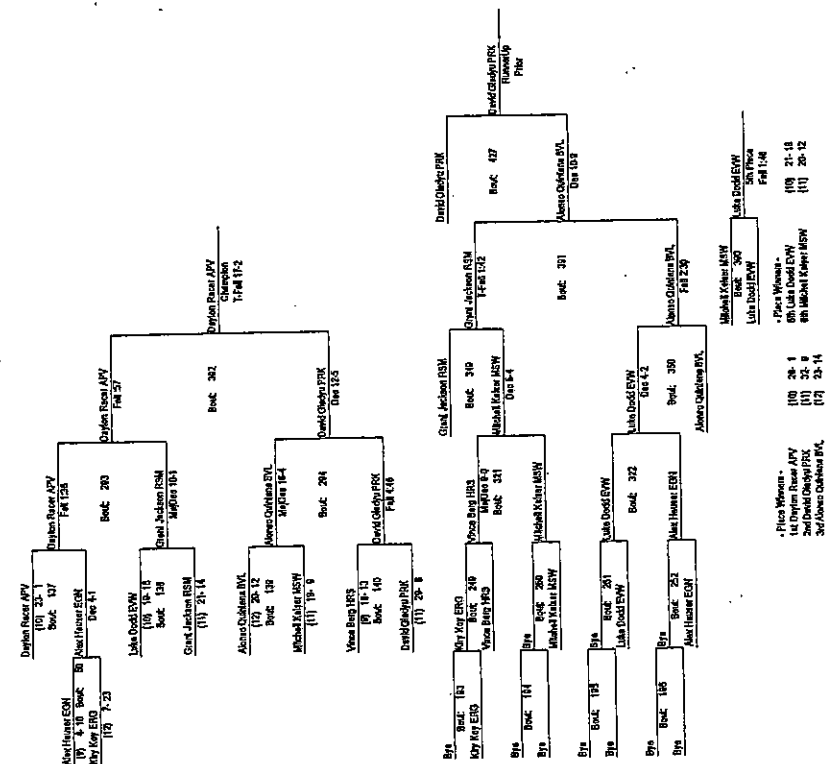


Section 3AAA Ind Championships
2-22/23
152



(c) 2011 - Preferred Educational Software - (818) 859-2018

Section 3AAA Ind Championships
2-22/23
145



(c) 2011 - Preferred Educational Software - (818) 859-2018

Team Results Class A

Pierz _____ 12 | Frazee _____ 40
 Frazee _____ 47 | Frazee _____ 22
 Sibley East _____ 30 | Sibley East _____ 16 | CHAMPION
 Atwater-Cosmos-Grove City _____ 24 | Jackson County Central _____
 Barnesville _____ 19 | Jackson County Central _____ 39
 Jackson County Central _____ 43 | Jackson County Central _____ 38
 Chatfield _____ 38 | Chatfield _____ 25
 Kerkhoven-Murdock-Sunburg _____ 24

Sibley East _____ 33 | THIRD
 Chatfield _____ 35 | Chatfield _____
 Pierz _____ 25 | Atwater-Cosmos-Grove City _____ 28
 Atwater-Cosmos-Grove City _____ 41 | Consolation
 Barnesville _____ 27 | Atwater-Cosmos-Grove City _____
 Kerkhoven-Murdock-Sunburg _____ 28 | Kerkhoven-Murdock-Sunburg _____ 21

Team Results Class AA

Chisago Lakes Area _____ 23 | Simley _____ 42
 Simley _____ 45 | Simley _____ 27
 Totino Grace _____ 23 | Foley _____ 23 | CHAMPION
 Foley _____ 35 | Kasson-Mantorville _____
 Perham _____ 15 | Kasson-Mantorville _____ 37
 Kasson-Mantorville _____ 56 | Kasson-Mantorville _____
 Adrian Area _____ 19 | New Prague _____ 18
 New Prague _____ 32

Foley _____ 33 | THIRD
 New Prague _____ 24 | Foley _____
 Chisago Lakes Area _____ 41 | Chisago Lakes Area _____ 33
 Totino Grace _____ 19 | Consolation
 Perham _____ 33 | Chisago Lakes Area _____
 Adrian Area _____ 25 | Perham _____ 30

Team Results Class AAA

Moorhead _____ 9 | Apple Valley _____ 36
 Apple Valley _____ 55 | Apple Valley _____ 28
 Woodbury _____ 15 | Prior Lake _____ 19 | CHAMPION
 Prior Lake _____ 49 | CO-CHAMPS
 Willmar _____ 9 | Saint Michael-Albertville _____ 40
 Saint Michael-Albertville _____ 53 | Saint Michael-Albertville _____ 28
 Centennial _____ 21 | Owatonna _____ 21
 Owatonna _____ 43

Prior Lake _____ 34 | THIRD
 Owatonna _____ 21 | Prior Lake _____
 Moorhead _____ 51 | Moorhead _____ 36
 Woodbury _____ 21 | Consolation
 Willmar _____ 32 | Moorhead _____
 Centennial _____ 31 | Willmar _____ 22

2013 SECTION 3AAA STATE PLACE WINNERS

113	Maolu Woiwor	1 st	Apple Valley
120	Gannon Volk	2 nd	Apple Valley
120	Reid Lyden	4 th	East Ridge
132	Seth Gross	1 st	Apple Valley
132	Alberto Ramirez	6 th	Henry Sibley
138	Jose Rodriguez	5 th	Henry Sibley
145	Dayton Racer	1 st	Apple Valley
152	Mark Hall	1 st	Apple Valley
160	Daniel Woiwor	1 st	Apple Valley
182	David Johnson	1 st	Apple Valley
182	Sam Moeller	3 rd	Rosemount
220	Paul Cheney	1 st	Apple Valley
285	Colin Fisher	1 st	Eagan

2013 SOUTH SUBURBAN CONFERENCE STATE PLACE WINNERS

113	Maolu Woiwor	1 st	Apple Valley
120	Gannon Volk	2 nd	Apple Valley
120	Tanner Johnshoy	3 rd	Prior Lake
132	Seth Gross	1 st	Apple Valley
138	Blake Carlisle	3 rd	Prior Lake
145	Dayton Racer	1 st	Apple Valley
152	Mark Hall	1 st	Apple Valley
160	Daniel Woiwor	1 st	Apple Valley
160	Lucas Westrich	4 th	Lakeville North
182	David Johnson	1 st	Apple Valley
182	Sam Moeller	3 rd	Rosemount
182	Tristyn Hanson	5 th	Lakeville North
195	Tommy Peterson	1 st	Lakeville South
195	Alex Hart	3 rd	Prior Lake
220	Paul Cheney	1 st	Apple Valley
285	Colin Fisher	1 st	Eagan

CLASS 3A

132 Consolation... 133 Consolation... 134 Consolation... 135 Consolation... 136 Consolation... 137 Consolation... 138 Consolation... 139 Consolation... 140 Consolation... 141 Consolation... 142 Consolation... 143 Consolation... 144 Consolation... 145 Consolation... 146 Consolation... 147 Consolation... 148 Consolation... 149 Consolation... 150 Consolation... 151 Consolation... 152 Consolation... 153 Consolation... 154 Consolation... 155 Consolation... 156 Consolation... 157 Consolation... 158 Consolation... 159 Consolation... 160 Consolation...

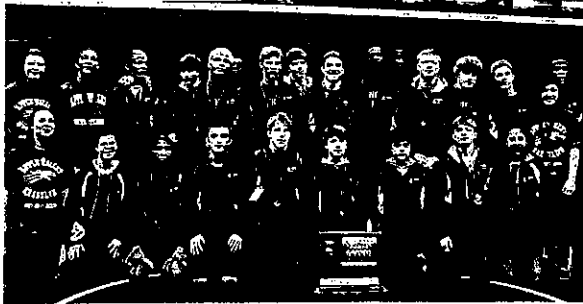
CLASS A

160 Consolation... 161 Consolation... 162 Consolation... 163 Consolation... 164 Consolation... 165 Consolation... 166 Consolation... 167 Consolation... 168 Consolation... 169 Consolation... 170 Consolation... 171 Consolation... 172 Consolation... 173 Consolation... 174 Consolation... 175 Consolation... 176 Consolation... 177 Consolation... 178 Consolation... 179 Consolation... 180 Consolation... 181 Consolation... 182 Consolation... 183 Consolation... 184 Consolation... 185 Consolation... 186 Consolation... 187 Consolation... 188 Consolation... 189 Consolation... 190 Consolation... 191 Consolation... 192 Consolation... 193 Consolation... 194 Consolation... 195 Consolation... 196 Consolation... 197 Consolation... 198 Consolation... 199 Consolation... 200 Consolation...

CLASS B

200 Consolation... 201 Consolation... 202 Consolation... 203 Consolation... 204 Consolation... 205 Consolation... 206 Consolation... 207 Consolation... 208 Consolation... 209 Consolation... 210 Consolation... 211 Consolation... 212 Consolation... 213 Consolation... 214 Consolation... 215 Consolation... 216 Consolation... 217 Consolation... 218 Consolation... 219 Consolation... 220 Consolation... 221 Consolation... 222 Consolation... 223 Consolation... 224 Consolation... 225 Consolation... 226 Consolation... 227 Consolation... 228 Consolation... 229 Consolation... 230 Consolation... 231 Consolation... 232 Consolation... 233 Consolation... 234 Consolation... 235 Consolation... 236 Consolation... 237 Consolation... 238 Consolation... 239 Consolation... 240 Consolation... 241 Consolation... 242 Consolation... 243 Consolation... 244 Consolation... 245 Consolation... 246 Consolation... 247 Consolation... 248 Consolation... 249 Consolation... 250 Consolation...

2013 Minnesota State Championships



Class AAA Co-Champion - Apple Valley



Class AAA Co-Champion - Saint Michael-Albertville



Class AAA 3rd Place - Prior Lake



Class AAA Consolation Champion - Moorhead



Class AAA 4th Place - Owatonna



Class AAA All-Tournament Team

Mitchell McKee, St. Michael-Albertville - 106; Maolu Wolvor, Apple Valley - 113; Tommy Thom, St. Michael-Albertville - 120; Tyler Hanson, Prior Lake - 126; Mark Voss, St. Michael-Albertville - 132; Cole Sladek, St. Michael-Albertville - 138; Dayton Racer, Apple Valley - 145; Mark Hall, Apple Valley - 152; Daniel Wolvor, Apple Valley - 160; Joe Carpenter, Moorhead - 170; AJ Wheeler, Moorhead - 182; Chase Morlock, Moorhead - 185; Alex Hart, Prior Lake - 220; Spencer Sorenson, Owatonna - 285.

Class AAA Championship
 Saint Michael-Albertville 28, Apple Valley 28
 106 Mitchell McKee (S) Fall 1:23 over Zach Chytko (AV)
 113 Maolu Wolvor (AV) 13-2 over Aaron Dick (S)
 120 Tommy Thom (S) 13-2 over Gannon Volk (AV)
 126 Brock Morgan (AV) 5-1 over Tanner Mills (S)
 132 Mark Voss (S) 5-3 over Seth Gross (AV)
 138 Cole Sladek (S) 1H, Default over Dustin Bethke (AV)
 145 Dayton Racer (AV) TF 16-1 over Lincoln Mulberry (S)
 152 Daniel Wolvor (AV) 11-2 over Michael Herlan (S)
 160 Mark Hall (AV) Fall 3:00 over Thor Holstad (S)
 170 Daniel Wolvor (AV) 3-0 over Jordan Joseph (S)
 182 Ricky Briggs (S) 7-5 over Tom Paterson (AV)
 185 David Johnson (AV) 6-5 over Jake Briggs (S)
 220 Mitchell Eull (S) 5-4 over Paul Cheney (AV)
 285 Michael Kessler (S) 2-0 over Lord Joshua Hysanng (AV)

Consolation Semifinals
 Moorhead 51, Woodbury 21
 106 Grant Brendemuhl (M) Fall 3:57 over Young Yang (W)
 113 Austin Braun (W) Fall 6:11 over Ethan Tolleson (M)
 120 Ty Johnson (W) Fall 2:26 over Matthew Bolck (M)
 126 Jacob Rostals (M) 9-8 over David Beserman (W)
 132 Kenny Marks (M) 8-8 over Mathew Delaney (W)
 138 Ben Damaly (W) Fall 1:56 over Wyatt Hanson (M)
 145 Joseph Stone (W) 11-6 over John Bussan (M)
 152 Ben Huston (M) Fall 2:18 over Chason Hayslett (W)
 160 Justin Harold-Platou (W) 7-1 over Sarraul Grove (M)
 170 Joseph Carpenter (M) Fall 1:24 over Howard Jones (M)
 182 AJ Wheeler (M) Fall 2:40 over John Nichif (W)
 195 Chase Morlock (M) Fall 1:45 over Pavel Swensson (W)
 220 Tom Wycher (M) Fall 1:54 over Anthony Doroa (W)
 285 Brody Jerome (M) Fall 3:48 over Joshua McCain (W)

Willmar 32, Centennial 31
 106 Jack Bergeland (C) Fall 3:45 over Jacob Bolig (W)
 113 Michael Nischke (C) 3-2 over Juan Resendez (W)
 120 Zach Loudera (W) 10-6 over Mathew Mulberry (C)
 126 Nate Mirag (W) Fall 1:42 over Mike Matheson (C)
 132 Austin Miley (W) Fall 6:22 over Austin Miller (C)
 138 Estaban Navarro (W) 5-1 over Annalee Tiesker (C)
 145 Travis Deegan (W) 11-3 over Tanner Mazzano (C)
 152 Cohan Carlson (W) Fall 1:09 over Adam Long (C)
 160 Will Nol (C) 12-2 over Logan Wagon (W)
 170 Tom Hindley (C) OT 9-6 over Vaughn Johnson (W)
 182 Augustine Hahn (W) 9-6 over Marshall Johnson (C)
 195 Justin Davis (C) Fall 1:47 over Jalen Cabera (W)
 220 Joe Nelson (C) Fall 2:29 over Matt Hennes (W)
 285 Andrew Gustafson (C) 3-2 over Case Herzog (W)

Third Place
 Prior Lake 34, Owatonna 21
 106 Tanner Cole (O) 7-2 over Kenny O'Neil (PL)
 113 Brandon Moon (O) 7-6 over Dylan Soggie (PL)
 120 Tanner Johnshoy (PL) Fall 1:45 over Alex Green (O)
 126 Tyler Hanson (PL) 3-1 over Chandler Bauer (O)
 132 Ben Rock (PL) 9-8 over Jake Woodfin (O)
 138 Blake Carlisle (PL) 8-3 over Bowen Schultz (O)
 145 Ryan Norton (PL) 14-7 over Tyler Vogt (O)
 152 Cade Gulmard (O) 11-8 over James Pham (PL)
 160 Tyler Sorenson (O) 7-3 over Sean O'Neil (PL)
 170 Robby Schultz (PL) 11-3 over Kaden Cloud (O)
 182 Rylee Stuefel (PL) Fall 4:48 over Ian Dunn (O)
 195 Alex Hart (PL) Fall 3:06 over Jonath Jalek (O)
 220 Justin Flores (O) 4-2 over Drew Quinn (PL)
 285 Spencer Sorenson (O) Fall 1:15 over Gerard Chambers (PL)

Consolation Championship
 Moorhead 36, Willmar 22
 106 Grant Brendemuhl (M) 5-1 over Jacob Bolig (W)
 113 Juan Resendez (W) 4-2 over Ethan Tolleson (M)
 120 Zach Loudera (M) 9-2 over Landon Dickhaus (M)
 126 Jacob Rostals (M) 19-7 over Nate Mirag (W)
 132 Austin Miley (W) 11-3 over Wyatt Hanson (M)
 138 Kenny Marks (M) 6-4 over Estaban Navarro (W)
 145 Travis Deegan (M) 7-5 over Joseph Grove (M)
 152 Cohan Carlson (M) 10-6 over Ben Herbst (W)
 160 Joseph Carpenter (M) Fall 2:20 over Logan Wagon (W)
 170 Sarraul Grove (M) Fall 3:15 over Vaughn Johnson (W)
 182 AJ Wheeler (M) 4-2 over Augustine Hahn (W)
 185 Chase Morlock (M) Fall 2:55 over Jalen Cabera (W)
 220 Tom Wycher (M) Fall 1:44 over Matt Hennes (W)
 285 Cass Herzog (M) Fall 1:34 over Brody Jerome (W)

Championship Quarterfinals
 Apple Valley 55, Moorhead 9
 106 Zach Chytko (AV) 7-3 over Grant Brendemuhl (M)
 113 Maolu Wolvor (AV) TF 17-0 over Ethan Tolleson (M)
 120 Gannon Volk (AV) TF 16-0 over Landon Dickhaus (M)
 126 Brock Morgan (AV) 12-1 over Jacob Rostals (M)
 132 Seth Gross (AV) TF 1:54 over Wyatt Hanson (M)
 138 Kenny Marks (M) 8-2 over Dustin Bethke (AV)
 145 Daytome Young (M) TF OT over David Beserman (AV)
 152 Mark Hall (AV) Fall 1:23 over Ben Lian (M)
 160 Daniel Wolvor (AV) 11-2 over Sarraul Grove (M)
 170 Joseph Carpenter (M) 3-2 over Jackson Graham (AV)
 182 David Johnson (AV) Fall 2:51 over Kyle Beny (M)
 185 Tom Wycher (M) 10-3 over Zach Robole (AV)
 220 Paul Cheney (AV) Fall 3:53 over Justin Jerome (M)
 285 Lord Joshua Hysanng (AV) Fall 3:40 over Brandon Edner (M)

Prior Lake 49, Woodbury 15
 106 Kenny O'Neil (PL) TF 17-0 over Young Yang (W)
 113 Dylan Soggie (PL) 9-2 over Austin Braun (W)
 120 Tanner Johnshoy (PL) TF 21-6 over Ty Johnson (W)
 126 Tyler Hanson (PL) 11-2 over David Beserman (W)
 132 Ben Damaly (W) 2-1 over Ben Rock (PL)
 138 Blake Carlisle (PL) TF 17-2 over Colin Reed (W)
 145 Ryan Norton (PL) Fall 1:40 over Kevin Beserman (W)
 152 Chason Hayslett (M) 6-4 over Danny Musker (PL)
 160 Justin Harold-Platou (W) OT 3-2 over Sean O'Neil (PL)
 170 Ricky Schultz (PL) 4-2 over Howard Jones (W)
 182 Rylee Stuefel (PL) Fall 1:43 over John Nichif (W)
 195 Alex Hart (PL) Fall 5:57 over Pavel Swensson (W)
 220 Anthony Doroa (M) Fall 5:58 over Drew Quinn (PL)
 285 Luis Priole (PL) Fall 3:39 over Joshua McCain (W)

Championship Semifinals
 Apple Valley 36, Prior Lake 19
 106 Zach Chytko (AV) 5-2 over Kenny O'Neil (PL)
 113 Maolu Wolvor (AV) Fall 5:18 over Dylan Soggie (PL)
 120 Tanner Johnshoy (PL) 9-8 over Gannon Volk (AV)
 126 Tyler Hanson (PL) 5-1 over Brock Morgan (AV)
 132 Seth Gross (AV) 12-4 over Ben Rock (PL)
 138 Blake Carlisle (PL) 11-3 over Dustin Bethke (AV)
 145 Dayton Racer (AV) Fall 1:36 over Ryan Norton (PL)
 152 Mark Hall (AV) Fall 3:44 over James Pham (PL)
 160 Daniel Wolvor (AV) TF 2:50 over Danny Musker (PL)
 170 Sean O'Neil (PL) 4-3 over Rylee Beny (AV)
 182 David Johnson (AV) 3-1 over Robby Schultz (PL)
 185 Tom Paterson (AV) 2-1 over Rylee Stuefel (PL)
 220 Alex Hart (PL) OT 4-2 over Paul Cheney (AV)
 285 Luis Priole (PL) OT 9-6 over Lord Joshua Hysanng (AV)

Saint Michael-Albertville 40, Owatonna 21
 106 Mitchell McKee (S) 10-4 over Tanner Cole (O)
 113 Brandon Moon (O) 17-5 over Aaron Dick (S)
 120 Tommy Thom (S) TF 16-1 over Brandon Buryka (O)
 126 Tanner Mills (S) 5-0 over Chandler Bauer (O)
 132 Mark Voss (S) 15-5 over Jake Woodfin (O)
 138 Bowen Schultz (O) 11-3 over Derrick Lester (S)
 145 Lincoln Mulberry (S) 7-3 over Tyler Vogt (O)
 152 Cade Gulmard (O) 5-1 over Takan Jussala (S)
 160 Tyler Sorenson (O) 17-4 over Thor Holstad (S)
 170 Jordan Joseph (S) Fall 5:28 over Kaden Cloud (O)
 182 Ricky Briggs (S) Fall 2:43 over Ian Dunn (O)
 195 Jake Briggs (S) 11-0 over Kyle Kath (O)
 220 Mitchell Eull (S) Fall 2:50 over Jonath Noelner (O)
 285 Spencer Sorenson (O) Fall 1:17 over Randy Anderson (S)

Owatonna 43, Centennial 21
 106 Jack Bergeland (C) 3:07 6-5 over Tanner Cole (O)
 113 Brandon Moon (O) Fall 2:24 over Michael Nischke (C)
 120 Mathew Mulberry (C) Fall 3:23 over Brandon Buryka (O)
 126 Chandler Bauer (O) 6-1 over Mike Matheson (C)
 132 Jake Woodfin (O) 7-3 over Annalee Tiesker (C)
 138 Bowen Schultz (O) Fall 5:51 over Justin Jerome (C)
 145 Tyler Vogt (O) 19-2 over Tanner Mazzano (C)
 152 Will Nol (C) 3-4 over over Adam Long (C)
 160 Tyler Sorenson (O) Fall 3:53 over Adam Long (C)
 170 Kaden Cloud (C) 5-4 over Tom Hindley (O)
 182 Ian Dunn (O) Fall 3:11 over Andrew Falstead (C)
 185 Justin Davis (C) 8-2 over Justin Jones (O)
 220 Andrew Gustafson (C) Fall 1:50 over Hunter Jalek (O)
 285 Spencer Sorenson (O) Fall 1:32 over Joe Nelson (C)



2013 MSHSL State Team Tournament
 February 28 • Xcel Energy Center, St. Paul

**WRESTLERS
OF THE
WEEK**

<u>Varsity</u>	<u>Junior Varsity</u>	<u>Freshman</u>
Tony Watts	Brett Hestness	Collin Dolejs
Casey Dravis	Billy Marks	Nick Adams
George Farmah	Patrick Mako	Zachary Machacek
Nick Pegelow	Gabe Alba	Kieran Mackes
Jacob Rukavina	Andrew Morgenstern	Daniel Arehart
Will Gibson	Eric Stumpf	Tim Duffy
Zach Habeck	Jordan Swanson	Matt Schumann
Jonathan Lenz	Andrew Krisher	Mike Delich
Alex Lindstrom	Carter Adolphsen	Knowledge Guitierrez
Anthony Munos	Tyler Lindgren	Dane McDevitt
Luke Dodd	Jordan Swanson	Zach Scholler
Jack Buck		Tim Duffy
TEAM 2013		

**RESPECT ALL
FEAR NONE**

**EASTVIEW WRESTLER ALUMNI
VARSITY CAREER STATISTICS**

<u>NAME</u>	<u>YEAR</u>	<u>WINS</u>	<u>LOSSES</u>	<u>TD</u>	<u>NF</u>	<u>R</u>	<u>FALLS</u>	<u>TEAM PTS</u>
Tony Rodin	1999	77	23	151	83	36	31	361
Brandon Jones	1999	13	20	31	18	7	5	56
Joe Theisen	1999	5	27	11	7	7	1	22
Brad Okonek	2000	49	50	84	71	24	33	255
Matt Davis	2000	44	61	76	66	25	23	204
Nate Ernst	2000	44	24	94	25	15	19	203
Adam Miller	2000	28	34	64	15	13	14	135
Nick Thompson	2000	27	21	41	23	39	13	126
Chris Verhaeghe	2000	2	3	3	2	1	1	9
Adam Fokken	2001	147	36	349	121	92	83	727
David Rasmussen	2001	66	49	154	60	43	23	298
Brian Putnam	2001	19	21	13	11	7	10	91
Adam Johnson	2001	13	45	39	16	15	7	65
Eric Budd	2001	0	1	0	0	0	0	0
Jon Hanson	2001	0	5	1	0	1	0	0
Kris Carson	2002	0	0	0	0	0	0	0
Mikey Fornicola	2002	107	31	231	166	84	44	491
Mic Hale	2002	0	1	0	0	0	0	0
Wade Halvorsen	2002	1	0	1	0	1	1	6
Eric Lemm	2002	38	37	53	26	24	16	173
David Pudwill	2002	11	12	10	1	0	4	51
John Getzke	2003	78	46	138	79	50	40	368
Nate Kocer	2003	55	25	71	31	55	45	310
Andrew Lenertz	2003	5	5	12	4	5	2	24
Kevin McBride	2003	110	84	111	89	65	39	307
Chris Shuck	2003	64	59	194	35	17	16	252
Jud Turk	2003	53	57	110	63	26	16	223
James Voyles	2003	50	28	107	12	11	15	213
Jason Berve	2004	0	1	0	0	0	0	0
Pat Dea	2004	79	57	151	123	69	42	322
Kevin Eich	2004	71	61	167	47	26	18	290
Jeremiah Foertsch	2004	48	57	97	50	50	26	228
David Grogg	2004	7	16	14	4	4	3	30
Fred Hwang	2004	12	23	15	9	7	11	74
Ryan Langlais	2004	139	54	449	112	50	55	621
Andy Tighe	2004	2	0	0	0	0	0	12
Cory Wagner	2004	13	12	15	9	7	11	74
Brain Wallenta	2004	4	3	3	3	1	2	24
Tom Chies	2005	12	27	19	9	21	2	48
Steve McMoore	2005	6	8	15	7	9	2	25
Ryan Ruckdashel	2005	54	29	76	30	10	36	292
Sam Voyles	2005	15	12	33	14	8	7	74
Kyle Wilson	2005	19	45	44	8	22	9	97
Justin Armstrong	2006	7	5	4	3	4	5	42
Chris Becker	2006	4	10	3	4	2	1	18
Chad Eul	2006	31	23	40	24	18	17	160
Chris Griegg	2006	20	41	27	15	15	8	98
Minh Huynh	2006	100	32	160	148	53	42	458
John Makabe	2006	90	33	190	60	45	47	442
Andrew Nelson	2006	49	44	54	48	46	23	216
Josh Nelson	2006	60	52	156	68	25	20	254
Dillon Powell	2006	32	19	85	21	13	16	149
Abebe Dessalegn	2007	36	24	89	35	13	21	178
Dan Getzke	2007	70	35	142	101	36	39	326
Jacob Nelson	2007	65	25	103	75	35	23	304
Jeff Hanson	2007	1	2	3	0	1	0	3
Andrew Pudwill	2007	12	21	18	3	5	7	61
Alex Bakardjiev	2008	1	7	0	0	2	1	6
Dino Blundetto	2008	18	37	36	11	4	14	105
Scott Kenning	2008	20	30	31	13	11	13	104

NAME	YEAR	WINS	LOSSES	TD	NF	R	FALLS	TEAM PTS
Tony Nguyen	2008	7	8	10	2	1	2	39
Brian Okonek	2008	55	51	91	37	35	27	261
James Pudwill	2008	37	40	54	24	16	26	189
Pat Cox	2009	0	6	1	0	3	0	0
Matt Franson	2009	11	12	15	6	4	7	59
Ty Groskreutz	2009	65	43	92	59	22	41	323
Scott Hogan	2009	129	25	252	145	75	66	606
Billy Kor	2009	15	24	32	2	8	2	61
Bobby Ladd	2009	21	23	24	11	22	11	100
Dijon Sanders	2009	58	44	74	21	39	17	240
Carl Brown	2010	0	2	0	0	0	0	0
Nick Dodd	2010	37	42	49	28	35	19	170
Cody Groskreutz	2010	82	48	180	58	46	26	341
Alec Johnson	2010	22	25	25	24	26	14	118
Peter Nguyen	2010	48	35	67	50	27	29	249
Neils Pederson	2010	86	35	200	50	50	28	373
Steven Phomphackdy	2010	21	18	29	16	15	6	83
DJ Schliesman	2010	16	30	19	6	11	8	78
Joey Scott	2010	44	46	56	26	17	16	192
Alec Teagarden	2010	8	12	17	5	8	4	56
Josh Weinberg	2010	64	29	74	126	87	27	298
Rob Wietecha	2010	14	23	30	3	7	5	57
Derek Becker	2011	13	18	27	8	8	5	58
Josh Blake	2011	29	18	33	40	31	17	147
Erik Ehresmann	2011	53	31	79	31	10	35	269
Jack Lesch	2011	0	2	2	0	0	0	0
Alex Mitchell	2011	0	0	0	0	0	0	0
Mike Schliesman	2011	0	1	0	0	0	0	0
Ben Schmitz	2011	21	21	33	24	14	5	84
Marcus Shaw	2011	0	0	0	0	0	0	0
Chris Bechly	2012	38	50	71	13	30	13	170
Brendan Cole	2012	13	23	28	10	9	9	73
Adam Foreman	2012	11	18	6	2	7	10	63
Edgar Garcia	2012	35	43	34	10	16	19	189
BJ Groskreutz	2012	85	78	144	70	63	35	389
Zac Groskreutz	2012	7	16	18	28	6	3	38
Matt Henning	2012	26	27	50	39	19	17	137
Greg Howard	2012	25	28	44	12	13	12	122
Matt Ladd	2012	8	5	16	11	3	4	44
Joe Martens	2012	0	2	2	0	1	0	0
Mitch Rechtzigel	2012	158	50	499	98	54	54	674
Nick Zelenak	2012	2	2	1	1	3	1	12
Will Gibson	2013	20	18	36	32	20	9	99
Blake Harris	2013	1	3	0	0	0	0	6
Jonathan Lenz	2013	35	35	60	13	11	21	169
Patrick Mako	2013	3	1	2	1	1	2	18
Vince Metz	2013	11	14	13	3	5	7	64
Anthony Munos	2013	94	62	187	124	92	40	438
David Phomphackdy	2013	0	1	0	0	0	0	0
Jon Watson	2013	4	9	6	1	3	8	82



EASTVIEW WRESTLING RECOGNITIONS

ALL CONFERENCE

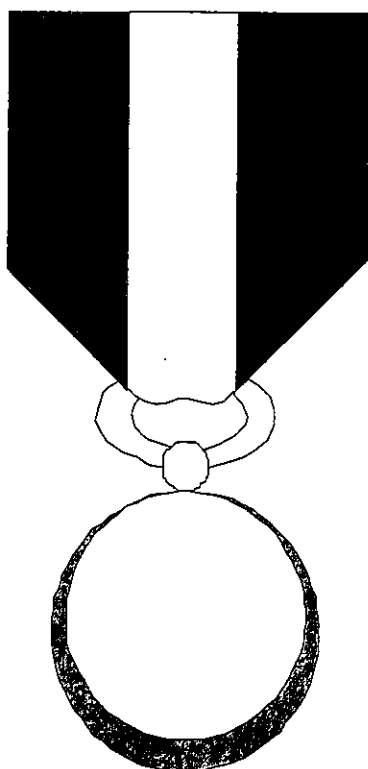
Tony Rodin (2x)
 Brad Okonek
 Nate Ernst
 Adam Fokken (4x)
 David Rasmussen
 Mikey Fornicoia
 Eric Lemm
 James Voyles
 John Getzke
 Nate Kocer
 Kevin McBride
 Ryan Langlais (2x)
 Minh Huynh (2x)
 John Makabe(2x)
 Ryan Ruckdashel
 Scott Hogan (3x)
 Jacob Nelson
 Andrew Nelson
 Dan Getzke (2x)
 Chad Eul
 Bryan Okonek
 Mitch Rechtzigel (3x)
 Nels Pederson
 Josh Weinberg
 Erik Ehresmann
 BJ Groskreutz
 George Farmah
 Anthony Munos
 Jacob Rukavina

SECTIONS CHAMPIONS

Tony Rodin
 Adam Fokken
 David Rasmussen
 Mikey Fornicoia
 James Voyles
 Nate Kocer
 Ryan Langlais
 Nels Pederson

STATE QUALIFIERS

Tony Rodin (2x)	4 th Place
Brad Okonek	
Adam Fokken (3x)	4 th Place
	1 st Place
David Rasmussen	
Mikey Fornicoia (2x)	6 th Place
James Voyles	
Jud Turk	
Nate Kocer	6 th Place
John Getzke	5 th Place
Ryan Langlais (3x)	
Pat Dea	
Steve Davis (2x)	4 th Place
Minh Huynh (3x)	4 th Place
John Makabe	
Ryan Ruckdashel	
Dan Getzke	
Chad Eul	
Jacob Nelson	
Will Jackson	4 th Place
Nels Pederson	
Dijon Sanders	
Mitch Rechtzigel	2 nd Place
BJ Groskreutz	
Jacob Rukavina (2x)	



Season Captains & Team Motto

Year	Captains	Motto
1998	Matt McDonald, Joe Theisen	<i>Lightning Strikes</i>
1999	Tony Rodin, Joe Theisen	<i>Attitude and Effort</i>
2000	Nate Ernst, Brad Okonek, Adam Fokken	<i>Team 2000: Paving the Way</i>
2001	Adam Fokken, Mikey Fornicoia	<i>Courage to Succeed</i>
2002	Mikey Fornicoia, John Getzke, Eric Lemm	<i>Mission Possible: 2002</i>
2003	John Getzke, Kevin McBride, Jud Turk, James Voyles	<i>Fight! Inch ... By ... Inch</i>
2004	Kevin Eich, Jeremiah Foertsch, Ryan Langlais, Tyler Cookas	<i>The Long March</i>
2005	Ryan Ruckdashel, Sam Voyles, Kyle Wilson	<i>No Guts, No Glory</i>
2006	Chad Eul, Minh Huynh, Josh Nelson	<i>Our Vision, Our Mission</i>
2007	Dan Getzke, Jake Nelson	<i>Storm The Matt</i>
2008	Bryan Okonek	<i>Prepare for Battle</i>
2009	Scott Hogan, Ty Groskretz,	<i>Something More</i>
2010	Cody Groskreutz, Nels Pederson	<i>Eye of the Storm</i>
2011	Mitch Rehtzigel, Josh Blake, Ben Schmitz	<i>Trained Tough</i>
2012	Mitch Rehtzigel, BJ Groskreutz, Chris Bechly	<i>Aim Towards the Enemy</i>
2013	Jonathan Lenz, Anthony Munos, Jacob Rukavina	<i>Respect All, Fear None</i>

Season Statistics

	Wins	Losses	Ties	Conf. Wins	Conf. Place	State Qualifi
1998	3	19	1	1	9 th	1
1999	6	14	1	2	7 th	2
2000	18	4	0	7	2 nd	3
2001	14	8	0	5	5 th	4
2002	16	9	0	6	4 th	3
2003	21	5	1	7	2 nd	4
2004	13	15	0	4	5 th	3
2005	12	14	0	3	7 th	3
2006	24	7	0	8	2 nd	3
2007	13	7	0	5	4 th	3
2008	14	10	0	5	4 th	0
2009	18	9	0	7	2 nd	2
2010	21	6	0	8	2 nd	0
2011	14	13	0	4	4 th	0
2012	12	15	0	2	7 th	3
2013	16	8	0	4	4 th	1
235 wins 163 losses			.590 winning percentage			

Season Awards

Most Valuable Varsity Wrestler of the Year

1998	Tony Rodin
1999	Adam Fokken
2000	Adam Fokken
2001	Adam Fokken
2002	Mikey Fornicoia
2003	Nate Kocer
2004	Ryan Langlais
2005	Minh Huynh
2006	Minh Huynh & John Makabe
2007	Jacob Nelson & Dan Getzke
2008	Scott Hogan
2009	Scott Hogan
2010	Nels Pederson
2011	Mitch Rehtzigel
2012	Mitch Rehtzigel

Most Valuable Junior Varsity Wrestler of the Year

1998	Jim Maloney
1999	Tyrel Narva
2000	Chris Verhaeghe
2001	David Pudwill
2002	Andrew Lenertz
2003	Andrew Lenertz
2004	Brian Wallenta
2005	Chad Eul
2006	Mike Redig
2007	Jeff Hanson
2008	Josh Weiberg
2009	Nick Dodd
2010	Alec Teagarden
2011	Matt Henning
2012	Matt Ladd

Most Valuable Freshman Wrestler of the Year

1998	Adam Fokken
1999	Mikey Fornicoia
2000	Bryan Lewis
2001	Steve Davis
2002	Tyler Cookas
2003	Troy Fokken
2004	Ryan Stepan
2005	Trever Sutherland
2006	Scott Hogan
2007	Cody Groskreutz
2008	Matt Galloway

2009	Brad Hogan
2010	Anthony Munos
2011	Jacob Rukavina
2012	George Faramah

Most Improved Wrestler of the Year

1998	Nate Ernst
1999	Nick Thompson
2000	Brad Okonek
2001	David Rasmussen
2002	Eric Lemm
2003	Jud Turk
2004	Minh Huynh
2005	Josh Nelson
2006	Chad Eul
2007	Dijon Sanders
2008	Nels Pederson
2009	Nels Pederson & Josh Weinberg
2010	Eric Ehresmann
2011	Anthony Munos & Josh Blake
2012	BJ Groskreutz

Lightning Award

1998	Chris Verhaeghe
1999	Chris Verhaeghe
2000	Brian Putnam
2001	Brian Putnam & Eric Budd
2002	David Pudwill
2003	Jud Turk & John Getzke
2004	Jeremiah Foertsch
2005	Sam Voyles
2006	Chris Griep & Dillon Powell
2008	Bryan Okonek & David Ly
2007	Abebe Dessalegn & Andrew Pudwell
2009	Bobby Ladd & Matt Franson
2010	Nick Dodd & Cody Groskreutz
2011	Erik Ehresmann
2012	Chris Bechly

John Rodin Service Award

1998	Brad Okonek
1999	Brad Okonek
2000	Andrew Lenertz
2001	John Getzke
2002	Cory Wagner
2003	Cory Wagner
2004	Ben Foertsch
2005	Dante Hendricks
2006	Pat Cox

2007	Joey Scott
2008	Nick Dodd
2010	Jacob Rukavina
2011	Levi Groskreutz
2012	Billy Marks

Wrestling Manager Hall of Fame

2000	Erinn Roos
2001	Rachel Davis
2003	Kari Okonek
2006	Ashley Langlais
2009	Libby Carroll
2010	Brooke Larson & Sara Olson

Wrestling Scholarship Recipients

2005	Kyle Wilson
2006	John Makabe
2007	Jacob Nelson
2008	David Ly
2009	Robert Ladd
2010	Nick Dodd
2011	Ben Schmitz
2012	Chris Bechly

School Song

*Go Eastview Lightning
Victory is our game.
Blaze a trail of glory
Marching on to fame.*

*Feel the mighty thunder,
Flash that fills the sky.
Blue, black and white won't
Give up the fight,*

*We're the lightning from
Eastview High.*

*Eastview Lightning
Fight, fight, fight.*

Go, fight, win tonight!

CLASS 2A
106

Consolation
Paul Filterer, Cannon Falls
dec. Anthony Phillips, Pequot
Lakes/Pine River, 7-2; Jake
Allar, Benilde-St. Margarets
pinned Cortez Arredondo, Sim-
ley, 2-08.
Consolation semifinals
Filterer dec. Gabe Shea, Kas-
son-Mantorville, 2-1; Allar dec.
Jacob Jewett, Glencoe-Lester
Prairie, 12-9.
Championship semifinals
Trevor Schultz, Fairmont/Mar-
in County West met. dec. Jav-
ah, 11-3; Tucker Stomeling,
Piano dec. Shea, 2-0.

Fifth place
Shea dec. Jewett, 8-1
Third place
Filterer dec. Allar, 4-2.
Championship
Stomeling dec. Schultz, 5-2
113
Consolation
Jakob Stageberg, New Lon-
don-Spicer maj. dec. Kyle Nor-
dstrom, Simley, 10-2; Stephen
Holecek, Thief River Falls/
Goodridge dec. Kyle Schoe-
necker, Chicago Lakes, 5-0.
Consolation semifinals
Styler Pety, WEMANWP dec.
Stageberg, OT 4-2; David
Flynn, Scott West dec. Holecek,
5-1.

Championship semifinals
Abbot Aho, Fergus Falls dec.
Flynn, OT 6-4; Jarred Offerdahl,
Benilde-St. Margarets' dec.
Pety, 1-0.
Fifth place
Stageberg tech. fall Holecek,
5-41 19-1
Third place
Pety dec. Flynn, 11-2
Championship
Offerdahl dec. Aho, 8-5
120
Consolation
Griffin Parrill, New Prague
dec. Forrest Zach Spychalla,
Simley; Logan Siller, Mani-
cello dec. Dylan Wolff, WEM/
JWP, 4-3
Consolation semifinals
Parrill dec. Tyler Giza, Fergus
Falls, 5-1; Siller dec.
Dylan, 5-1.
Championship
Giza maj. dec. Jake Weleke,
3OT 2-1.

Championship semifinals
Tyler Funk, Foley dec. Connel,
3-1; Anthony Luft, Worthington/
Round Lake pinned Giza,
5:10.
Fifth place
Giza pinned Connel, 2:51
Third place
Parrill dec. Siller, 13-5
Championship
Luft dec. Funk, 3OT 7-5
126
Consolation
Tristan Manderfeld, Foley dec.
James Berg, New Prague, 5-0;
Zach Slegle, Scott West dec.
Tony Lynn, Adrian, 7-0.
Consolation semifinals
Manderfeld dec. Ty Griffin,
Rockford, 5-4; Slegle dec.
Blake Miller, Staples-Molley,
7-0.
Championship semifinals
Nate Thomas, Kasson-Mantor-
ville maj. dec. Miller, 11-3;
Juan Torres, Simley pinned
Griffin, 1:35.
Fifth place
Griffin dec. Miller, 3-1
Third place
Slegle dec. Manderfeld, 2-0
Championship
Thomas dec. Torres, 3-2
132
Consolation
Logan Kass, Benilde-St. Mar-
garets dec. Kyle Opsahl, Phi-
city/Hickory-Fingerson, OT
6-4; Brady Berger, Kasson-Man-
torville maj. dec. Joey Curtis,
Micae/Fall Christian, 23-9.
Consolation semifinals
Kass maj. dec. Jake Weleke,
Scott West, 6-1; Berger maj.

dec. Keith Thiel, Foley, 17-6.
Championship semifinals
Scottie Bonds, Humboldt dec.
Keith Thiel, 2-1; Kyle Gilva,
Simley maj. dec. Weleke,
14-5.
Fifth place
Thiel dec. Weleke, 8-3
Third place
Berger tech. fall Kass, 23-8
Championship
Gilva maj. dec. Bonds, 10-1
138
Consolation
Zach Beaumaster, Monticello
dec. Luke Sailer, Perham, 1-0;
Zach Baker, Detroit Lakes
pinned Andy Jackson, South
St. Paul, 3-41.
Consolation semifinals
Mason Brownlee, Tri City/
Cleveland dec. Beaumaster,
5-3; Luke Ziverberg, Scott
West maj. dec. Baker, 15-6.
Championship semifinals
Cotton, Lagrange, Kasson-
Mantorville dec. Ziverberg,
1-0; Brett Slobazky, Stewart-
ville dec. Brownlee, 4OT 6-5.
Fifth place
Beaumaster dec. Baker, 6-5
Third place
Ziverberg dec. Brownlee, 5-0
Championship
Lagrange dec. Slobazky, 3-2
145
Consolation
Jordan Pisan, Ammandaler/
Maple Lake dec. default Breit-
Bradford, Byron; Parker Jack-
son, Detroit Lakes dec. Keith
Abramson, Dawson-Boyd-Lac
Cul Paris, 6-4.
Consolation semifinals

Hanan dec. Zack Zimmer,
Becker, 4-0; Dre Loge, Pequot
Lakes/Pine River-Backjys dec.
Jackson, 4-2.
Championship semifinals
Mack Short, Simley dec. Loge,
5-3; Mitchell Hartwig, Glencoe-
Lester, Prairie dec. Zimmer,
10-3.
Fifth place
Zimmer dec. Jackson, 13-8
Third place
Hanan dec. Loge, OT 7-2
Championship
Hartwig dec. Short, 4OT 3-2
152
Consolation
Walker Thiele, Tolino-Grace
dec. Morgan Parrill, New
Prague, 3-0; Lucas Roe, Grand
Fairmont/Martin County West,
2-14.
Consolation semifinals
Thiele dec. Carter Holthaus,
Albany, 10-3; Nathanael
Holecek, Thief River Falls/
Goodridge dec. Roe, OT 2-1.
Championship semifinals
Jack Short, Simley dec.
Holecek, 2-0; Josh Selly, Tri
City/Cleveland dec. Holthaus,
3-3.
Fifth place
Holthaus dec. Roe, 6-4
Third place
Holecek dec. Thiele, 8-5
Championship
Short pinned Selly, 1:09
160
Consolation
Hulden Nelson, Thief River
Falls/Goodridge maj. dec.
Carter Focht, Mahomed, 8-0;

Andrew Fogarty, Scott West
dec. Ben Lonsbrook, Fulda/
Murray County Central, 4-0.
Consolation semifinals
Nelson dec. Wayne Voss, Sim-
ley, OT 3-1; Fogarty maj. dec.
Cotton Vekved, Backer, 9-0.
Championship semifinals
Brady Ayers, WEMANWP dec.
Vekved, 3-2; Jordan Theede,
Lewiston-Altrua/Rustford/Pret-
son dec. Voss, OT 3-1.
Fifth place
Voss dec. Vekved, 3OT 6-5
Third place
Fogarty pinned Nelson, 2-45
Championship
Ayers dec. Theede, 8-3
170
Consolation
Isaac Forell, Tolino-Grace
pinned Jesse Slater, Adrian,
4-00.
MAVACA dec. Miles Hammer-
lund, Delano, 12-11.
Consolation semifinals
Forell pinned Bobby Lee,
Becker, 2-46; Corben Hansen,
Kasson-Mantorville dec.
Mezger, 5-0.
Championship semifinals
Nick Wanzek, Simley pinned
Lee, 5:24; Code LaFromboise,
Mora dec. Hansen, 8-6.
Fifth place
Mezger pinned Lee, 3:09
Third place
Hansen dec. Forell, OT 3-1
Championship
Wanzek dec. LaFromboise,
10-4
182
Consolation
Brian Bertram, Byron dec. Max

Bullock, Waconia, 3-0; Greg
Johnson, Lewiston-Altrua/
Rushford-Petersen dec. Lor-
dan Dobert, Brooklyn Center/
Concordia Academy, 8-5.
Consolation semifinals
Bertram dec. Mitch Robinson,
Zimmerman, 5-2; Tyler Midas,
Foley maj. dec. Johnson, 8-1.
Championship semifinals
Jamison Evans, Grand Rapids
maj. dec. Midas, 9-1; Christian
Dudaney, Benilde-St. Marg-
arets dec. Robinson, 9-4.
Fifth place
Robinson dec. Johnson, 8-5
Third place
Bertram pinned Midas, 5:06
Championship
Evans dec. Dulaney, 3-0
185
Consolation
Mitch Strufler, Foley dec. Kory
Brown, Fairmont/Martin County
West, 5-3; Chandler Arredon-
do, Richfield dec. Paxton Jor-
dani, Hutchinson, 2-0.
Consolation semifinals
Carson Hagen, Worthington/
Round Lake dec. Strufler, OT
3-2; Tyler Jakes, Mankato
West dec. Arredondo, 9-4.
Championship semifinals
Lance Benick, Tolino-Grace
tech. fall Jakes, 21-5; Broc
Berge, Kasson-Mantorville
pinned Hagen, 1:56.
Fifth place
Arredondo dec. Strufler, 9-0
Third place
Jakes dec. Hagen, 2-1
Championship
Benick dec. Berge, 3OT 2-1
220

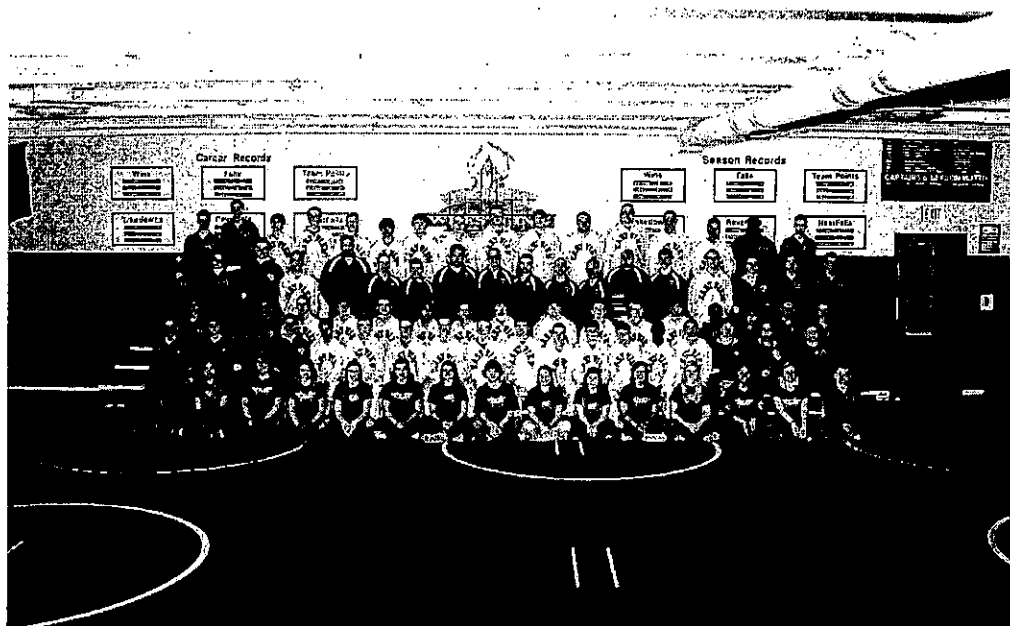
Consolation
Jake Filk, Hutchinson dec.
Cody Nylander, Perham, OT
5-3; Nathan Preston, New
Prague maj. dec. Max Kaping,
Litchfield, 12-2.
Consolation semifinals
Jacob Claybaugh, Wascea
dec. Filk, 8-4; Preston maj.
dec. Joe Schiller, Tollo-
no-Grace, 11-2.
Championship semifinals
Clay Broza, Cannon Falls dec.
Schiller, 6-5; JD Struwness,
Dawson-Boyd-Lac Cul Paris
pinned Claybaugh, 1:19.
Fifth place
Schiller dec. Filk, 8-4
Third place
Claybaugh pinned Preston,
1-42
Championship
Broza dec. Struwness, 11-10
Heavyweight
Consolation

Davon Franklin, Waterown-
Meyer/Mayer Lutheran pinned
Brandon Meron, Micae/Palish
Christian, 1:33; Callon Pollock,
Big Lake pinned Kevin Kneisl,
Delano, 1:9.
Consolation semifinals
Franklin pinned Evan Bain,
Lewiston-Altrua/Rustford-
Petersen, 1:29; Brandon
Pelerson, Dawson-Boyd-Lac
Cul Paris pinned Pollock, 4:7.
Championship semifinals
Sam Stoll, Kasson-Mantorville
pinned Schmitt, 3:20; Preston
Woods, South St. Paul dec.
Bain, 4OT 3-2.
Fifth place
Pollock pinned Bain, 2:50
Third place
Franklin pinned Schmitt, 3-45
Championship
Stoll pinned Woods, 1:09

**Returning Letter Winners
2012-2013 Varsity Career Statistics**

WRESTLER	GRADE	WINS	LOSS	TD	NF	R	FALLS	TM PTS
Jack Buck	11	31	18	54	21	11	14	151
Thomas Burgess	11	0	1	0	0	0	0	0
Brandon Cordova	11	1	5	1	0	0	0	6
Andrew Krisher	11	0	4	0	0	0	0	0
Peter Lesch	11	22	46	26	13	11	9	125
Tyler Lindgren	11	20	56	22	13	20	10	105
Billy Marks	11	2	2	2	1	1	0	12
Ricky Martinez	11	1	0	0	0	0	0	6
Nick Pegelow	11	35	24	52	11	10	15	161
Jacob Rukavina	11	105	62	217	37	55	54	505
Jordan Swanson	11	3	2	4	1	0	0	12
Gage Alba	10	1	2	2	1	1	1	6
Tom Delich	10	16	17	16	3	5	6	81
Luke Dodd	10	25	37	46	23	13	9	109
Casey Dravis	10	27	18	18	28	22	15	140
George Farmah	10	41	14	81	25	15	23	199
Zach Habeck	10	11	19	20	4	5	4	57
Brett Hestness	10	5	16	15	6	2	3	24
Andrew Morgenstern	10	1	6	8	3	7	0	4
Zach Praus	10	1	3	1	2	2	1	6
Jack Schliesman	10	7	14	8	4	0	5	42
Eric Stumpf	10	11	30	24	9	3	5	54
Tim Duffy	9	4	7	16	4	0	1	18
Gavin Greenlee	9	5	10	10	5	4	3	18
Alex Lindstrom	8	42	35	66	42	31	23	207
Tony Watts	7	16	21	12	13	9	7	76

Other Letter Winners... Isaiah Ballinger, Gavin Carlson, Eddie Delgado



DISTINGUISHED ATHLETES

Eastview Distinguished Athletes



Adam Fokken
Football, Wrestling & Track
2001 Athlete of the Year
2001 Scholar Athlete
2000 4th Place State - 189 lbs.
2001 State Champion - 189 lbs.



Ryan Langlais
Football, Wrestling & Baseball
2004 Athlete of the Year
3X State Qualifier
2004 Section Champion - 160 lbs.



Ryan Ruckdashel
Football, Wrestling & Track
Distinguished Athlete & Scholar
2004 MSHSL ExCEL Winner
2005 State Qualifier & Team Captain



Scott Hogan
Soccer & Wrestling
Distinguished Athlete
129 Career Wins
Team Captain



Ty Groskreutz
Football, Wrestling & Baseball
2001 Scholar Athlete
3 Sport Letter Winner
Team Captain



Cody Groskreutz
Wrestling & Baseball
Athlete of the Year
82 Career Wins
Team Captain 2010



Ben Schmitz
Wrestling & Soccer
Distinguished Scholar Athlete
Section Place Winner
Team Captain 2011

2012 Alumni



Wall of Excellence

Criteria: State Place Winner, finish the program in good standing, and graduate from Eastview High School.



Tony Rodin
1998 - 4th Place
125 lbs.



Adam Fokken
2000 - 4th Place 189 lbs.
2001 - State Champ
189 lbs.



Mikey Fornicoia
2002 - 6th Place
130 lbs.



John Getzke
2003 - 5th Place
152 lbs.



Nate Kocer
2003 - 6th Place
189 lbs.



Minh Huynh
2005 - 4th Place
103 lbs.



Mitch Rechtzigel
2012 - 2nd Place
160 lbs.

Section Champions

Mikey Fornicoia, Tony Rodin, Adam Fokken, David Rasmussen,
James Voyles, Nate Kocer, Ryan Langlais, Nels Pederson

Commitment To Excellence

How good do you want to be? If your answer is, "good enough to get by," than a commitment to excellence is not necessary, but if your completely honest answer is, "the best," you must make a total commitment to excellence.

Wrestlers are born with varying degrees of natural ability. Sacrifice and a commitment to excellence are required to develop that ability. Time, hard work, continuous practice and repetition all go into the making of a good athlete.

To be a winner you must be willing to make sacrifices. This means maintaining good training habits, getting the proper amount of rest, and eating a balanced diet.

You can be as great as you want to be. If you believe in yourself and have the courage, determination, dedication, competitive drive, and if you are willing to give up the little things in life to accomplish an ultimate goal down the road, you will succeed!

In our years of involvement in athletics, we have seen athletes make a sincere commitment to excellence. They had a burning desire to be not just good, but great. They craved coaching. They wanted to learn a new wrestling move every day. They worked harder than the other wrestlers during the season and they never stopped working in the offseason. They went out of their way to look for tougher competition. Finally, they were stubborn - they refused to settle for anything less than the best.

As a result, each was a big winner. There was no luck or chance involved; these wrestlers worked hard so they would always have an edge when they went into their matches. They knew they would win...and they did.

A commitment to excellence means you must be willing to work hard, to push yourself physically until it hurts. We believe that any wrestler who walks off the mat after a full match and not physically spent has not worked to his physical potential.

If you have a true commitment to excellence you will give up anything that does not help you become better as an athlete or a person. Don't be content with mediocrity- strive to live up to the greatness within you.

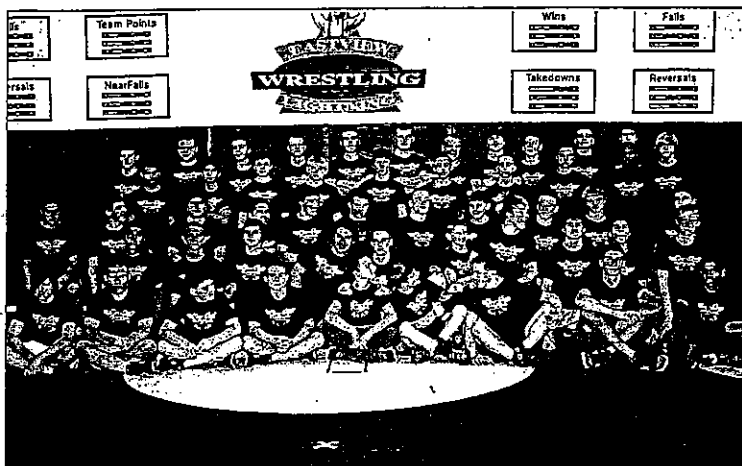
COMMITMENT NIGHT: This is a night for you to pledge your commitment to excellence in the Eastview Wrestling program. This night will involve activities that encourage you to reflect on your goals and to discuss what it will take to reach those goals. Also, this night will emphasize each wrestler's commitment to the whole team. We depend upon each wrestler to succeed. Your complete commitment is crucial to the success of the team. You deserve to give yourself the best opportunity to succeed. **BE THE BEST YOU CAN BE!**

The great coach Vince Lombardi had this to say about making the commitment to excellence:

"For the winner there is 100 percent elation, 100 percent laughter, 100 percent fun and for the loser the only thing left is a 100 percent resolution and 100 percent determination. The game, I think, is a great deal like life. Every man makes his own personal commitment toward excellence and toward victory. Although you know ultimate victory can never be completely won, it must be pursued with all of one's might and each week there is a new encounter, each year a new challenge.

"I'd like to say that the quality of any man's life is a full measure that man's personal commitment to excellence and to victory, regardless of what field he may be in."

MAKE A COMMITMENT TO EXCELLENCE!



Commitment Night 2012

south metro
ATHLETES
of the week

Numbers tell the story for Eastview wrestlers

Participation is up, so is optimism

by **Mike Shaughnessy**
SUN THISWEEK

It's not easy building a wrestling program in the shadow of the sport's behemoth, but Eastview coach Kurt Habeck said he believes his team is making strides.

Seven-time defending state champion Apple Valley is just a couple of miles away. Eastview is still looking for its first state title. A positive sign for the Lightning is the interest students have shown in the sport.

Eastview has 65 students out for wrestling, 20 of which are ninth-graders or younger. About one-third of them are in their first year of competition. With the postseason not beginning until February, what better time to give them a taste of what high school wrestling is like?

"The lineup in February will be a different story, but for now those kids are go-

ing to get a chance," Habeck said of his younger wrestlers.

Eastview opened its season by winning three matches at home on Nov. 30. The closest match was a one-point victory over Woodbury.

"I thought the kids did a great job all night, and we got a lot of kids involved in matches," Habeck said.

Last week, Eastview defeated Burnsville 45-28 in a South Suburban Conference match, then won two of three matches at the Northfield Duals on Dec. 7.

At Northfield, Eastview defeated Bloomington Kennedy 31-27 and Northfield 42-36 and lost to Henry Sibley 51-31.

The Lightning has one wrestler ranked in the top 10 at his weight by the Guillotine, a statewide online wrestling publication. Junior Jacob Rukavina is seventh at 145 pounds, al-

though he has competed at 160 and 170 so far this season. He was a state qualifier in 2012.

"He trained a lot in the offseason and he's one of 20 kids we took to the University of Michigan for a team camp," Habeck said.

One of the Lightning's younger wrestlers, seventh-grader Tony Watts, won his first three matches at 106 pounds. Against Burnsville, Gavin Greenlee (113), George Farmah (126), Alex Lindstrom (132), Casey Dravis (145), Luke Dodd (152), Anthony Munos (160) and Tom Delich (195) won by fall.

Eastview wrestled a non-conference match at Farmington on Thursday and will go to a tournament at East Ridge High School in Woodbury on Saturday.

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JACOB RUKAVINA WRESTLING



JUNIOR/160LBS./CAPTAIN
EASTVIEW
HIGH SCHOOL

Jacob has been wrestling varsity since 8th grade. He is a returning state qualifier. He is one of 3 captains on the team. His current record is 4-1. He earned wins this last week earning an 8-4 decision over Lucas Grosseohme helping his team defeat Burnsville 45-28. He earned 2 pins at the Northfield Dual. He pinned Braylen Rumler to help his team defeat Bloomington 32-27 and pinned Carlos Mena of Henry Sibley.

AWARDS & ACCOMPLISHMENTS:
4 year Varsity Starter, State Qualifier, A Conference Honorable Mention, Section 3AAA Academic Team

Notebook: Eastview's Rukavina has big week

Duel between top-ranked
wrestlers thwarted

by Mike Shaughnessy
SUN THISWEEK

Last weekend was a big one for Eastview junior Jacob Rukavina, who won his weight class at the Burnsville Invite wrestling tournament and helped the Lightning take the team championship.

Rukavina defeated Cory Berry of Champlin Park 6-2 in the 160-pound championship match at Saturday's tournament in Burnsville and won all four of his matches last week. He's 19-2 this season and is ranked eighth in Class 3A at 152 by the Guillotine, a statewide online wrestling publication.

The previous week, Rukavina finished third of 50 wrestlers at 160 pounds at the Bi-State Classic in La Crosse, Wis. He defeated two Wisconsin wrestlers ranked in the top five in their weight classes. His only loss at the tournament was 3-2 against a defending Wisconsin state champion.

A junior captain and varsity wrestler since eighth grade, Rukavina has an 88-57 career record. That means he has a good chance of reaching 100 victories this season.

The Lightning's Anthony Munos was first at 152 at the Burnsville tournament. Casey Dravis (138), Luke Dodd (145) and Nick Pegelow (220) were runners-up.

Eastview scored 214 points at the tournament. Amery, Wis., was second with 163 and Burnsville took third with 143.5.

Notebook: Eastview pins down academic title

by Mike Shaughnessy
SUN THISWEEK

The state high school wrestling tournament isn't until next week, but several champions already have been identified.

Eastview won the Class AAA academic title for the second consecutive year and the third time in the last four years. The Lightning had a 3.74 team grade-point average.

Blue Earth (Class A) and New London-Spicer (Class AA) also won state academic titles. Both are repeat champions as well.

The Minnesota Wrestling Coaches Association awards academic team championships. Teams take the top 10 GPAs from their 19-wrestler section rosters in applying for the award.

Eagan, Lakeville North and Rosemount earned

gold plaques for team GPAs of 3.50 or higher. Apple Valley and Farmington received silver plaques for team GPAs of 3.0 to 3.49.

According to the coaches association, 21 of the 24 teams that qualified for the state tournament earned a gold or silver plaque for academic performance.

Eastview

The Lightning had several wrestlers with a chance to make it to state, but only Jacob Rukavina advanced. Rukavina, who placed second at 160, is a two-time state qualifier.

A key match for Rukavina at the section tournament was his 3-2 victory over Burnsville's Lucas Grosseohme in the semifinals. Although Rukavina lost to Apple Valley's Danny Woiwor in the final, he did not have to wrestle for true second because Grosseohme, a wrestler he already defeated, took the third-place match.

Thirteen Eastview wrestlers placed in the section tournament. Third-place finishers were George Farmiah (126), Anthony Munos (152) and Jack Buck (195).

Notebook: Eastview, AV wrestling teams start quickly

by Mike Shaughnessy
SUN THISWEEK

Eastview's and Apple Valley's wrestling teams opened their seasons last weekend and looked impressive.

Eastview was host of the four-team Eastview Duals on Friday and defeated Lakeville South 41-27, St. Paul Central 63-10 and Woodbury 43-42.

The Lightning used 23 wrestlers Friday, and not many were asked to compete in three matches. Seventh-grader Tony Watts did wrestle three times and won all of his matches at 106 pounds.

"We haven't seen (Watts) a whole lot, but we liked what we saw in practice and we liked what we saw Friday night," Eastview coach Kurt Habeck said.

George Farmah (126), Alex Lindstrom (132), Jonathan Lenz (170) and Jack Buck (220) all were 2-0 on Friday.

Eastview won 10 matches against a Lakeville South team that included defending Class AAA 195-pound champion Tommy Petersen. Against Woodbury, the Lightning won seven matches, including five by fall and one by forfeit.



Photo by Mike Shaughnessy

Eastview's Jacob Rukavina has control of his 160-pound match at the Eastview Duals wrestling meet Friday night.

ranked first at 152 pounds by InterMat, a national online wrestling publication.

Also taking first for the Eagles were Ganon Volk (113), Maolu Woiwor (126), Daniel Woiwor (170), Jackson Graham (182) and Paul Cheney (220).

The wrestling team was sixth in its division and 11th overall of 53 teams at the Bi-State Invitational in La Crosse, Wis. Three Lightning wrestlers were place-winners and seven made it to the second-day of the tournament, meaning they were among the top 16 in their weight classes.

Jacob Rukavina (152), George Farmah (173) and Anthony Munos (163) have the team's best individual records. Nick Pegelow and Casey Dravis also have more than 10 victories each.



JACOB RUKAVINA
Eastview • wrestling
In the past two weeks, the junior has compiled a 9-1 record. He was 4-0 last week, wrestling a weight higher than

usual at 160 pounds yet still winning his weight class at the Burnsville Invitational. He is ranked No. 8 in Class 3A at 152 pounds.

Pioneer Press high school athletes of the week

Pioneer Press

Posted: 01/07/2013 12:01:00 AM CST

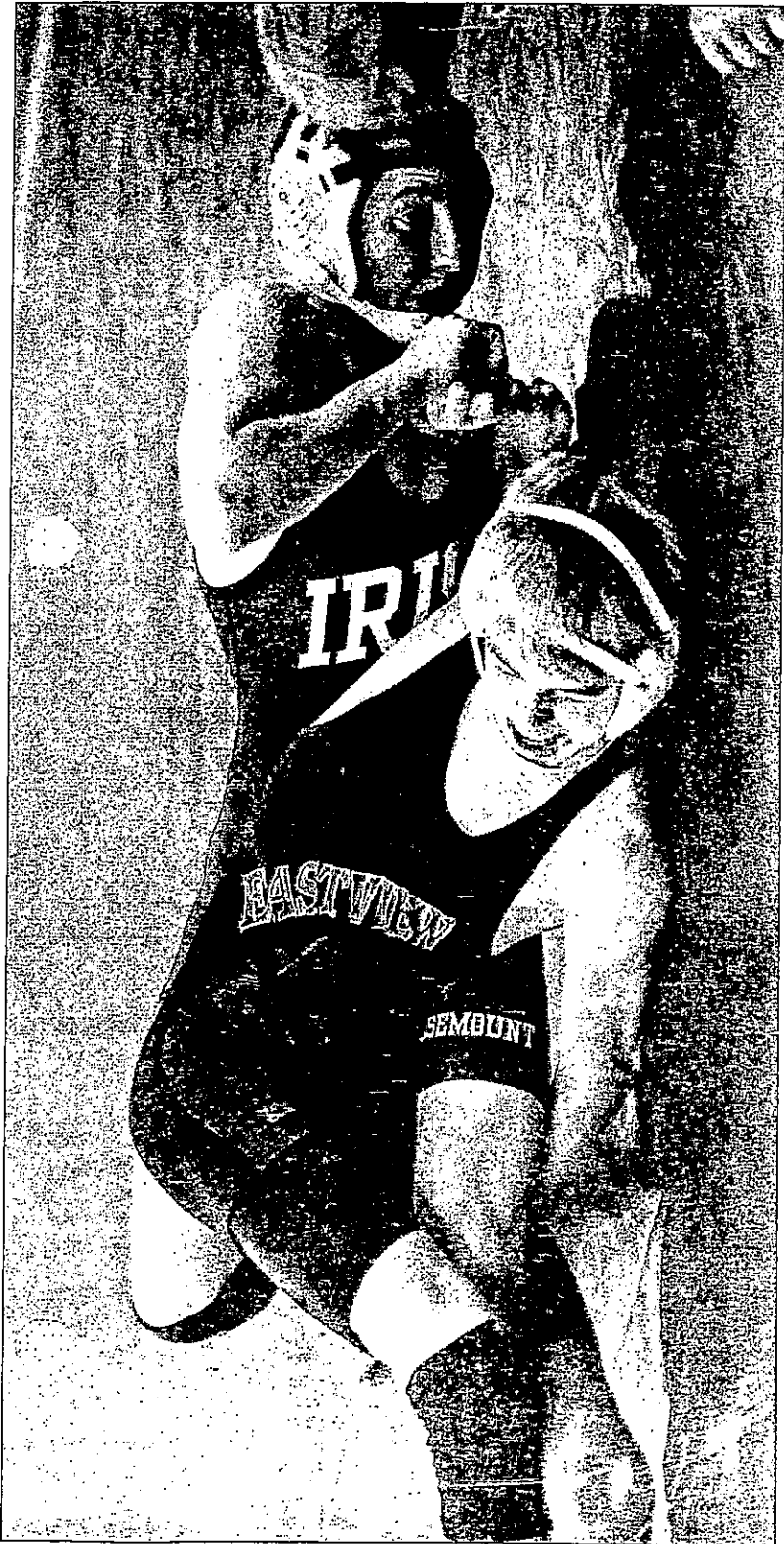
Updated: 01/07/2013 08:40:15 PM CST

JACOB RUKAVINA

School: Eastview

Sport: Wrestling **Year:** Junior

The 152-pounder was 4-0 last week, winning the Burnsville Invitational with a 6-2 victory over Champlin Park's Cory Berry in the championship match. His victory helped the Lightning win the team title. Amery (Wis.) was runner-up. A varsity starter since eighth grade, he is 19-2 this season and 88-57 in his career.

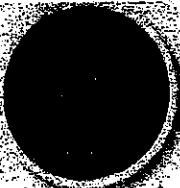


Neighbors collide

Dan Rosa of Rosemount battles Alex Lindstrom of Eastview in a 120-pound match at the Eastview Lightning Invite wrestling tournament on Saturday. Rosa won the match and went on to take first in the weight class. Sam Moeller (170) and Payton Otterdahl (220) also won their weight classes for the Irish. Eastview was third and Rosemount fourth in the team competition, which Shakopee won.

Photo by Rick Omdorf





Q&A

ANTHONY MUNOS
EASTVIEW

Many sports, many state tournaments

Senior Anthony Munos is one of Eastview's winningest wrestlers on this year's squad. Munos accumulated an overall record of 29-7 at 152 pounds during the regular season.

In the fall he played cornerback on the Lightning football team that reached the quarterfinals of the Class 6A state tournament. He also will play on the ultimate Frisbee team in the spring.

Here is a closer look at Munos in advance of this weekend's sectional tournament.

The best movie I've seen in the last year? "The Dark Knight Rises."

Three songs I never skip on my iPod are ... "Money Trees" by Kendrick Lamar; "Gold on the Ceiling" by The Black Keys; "Ambition" by Wale.

What are your three favorite apps? Pandora, Twitter and YouTube.

Who do you like to follow the most on Twitter, and why? It has to be @SportsCenter because they give me all the updates that are going on in the world of sports.

Three words or phrases my friends or teammates might use to describe me? Clever, humorous, brave.

At my first varsity practice, I felt ... very overwhelmed, but up for the challenge. I was 13 and felt a lot smaller than everyone else, but by the end of the practice I felt like I was a part of a second family.

To get focused for a match, I ... normally just put my headphones on and listen to music.

I know I have an edge on an opponent when ... they start getting frustrated and start to lose their head. When this happens my opponents normally start to make mistakes, which I try to capitalize on. This usually will cause them to get more frustrated and make more mistakes.

What did you work on most in the offseason? I went to wrestling camps over the summer to help with the upcoming season, and lifted weights.

What were your goals for 2012-13? To go to state with every team I am apart of and also to be successful in the tournament.

What is your most memorable moment as a high school athlete? Playing in the state high school football tournament in 2012 at the Metrodome.

If you could change one thing about high school sports, what would it be? Instead of having so many different classes, reduce it to only a few, which will make the road to a state champion even harder but more prestigious.

How do you balance school and sports during the year? When I am in season, my first priority is school. So when I get home from practice, I sit down and get my homework done. Then I am free to do whatever I want.

Who is your favorite college or pro sports team and why? I would say the Vikings because they are Minnesota's professional football team.

In 10 years, I hope I'm ... out of college with a family and a great job.

What is the best sports advice you ever received? "If nothing changes, nothing changes."

—RON HAGGSTROM

Rukavina (37-7) opened with a 12-0 victory over Howard Jones of Woodbury. In the quarterfinals, Austin Boniface of Forest Lake pinned Rukavina with six seconds remaining in the third period.

Rukavina defeated Jeff Flickinger of Brainerd/Pillager 7-1 in the wrestlebacks before losing 7-5 to Lucas Westrich of Lakeville North.

Eastview

Eastview senior Jacob Rukavina qualified for the state Class AAA tournament at 160 and won two of his four matches.

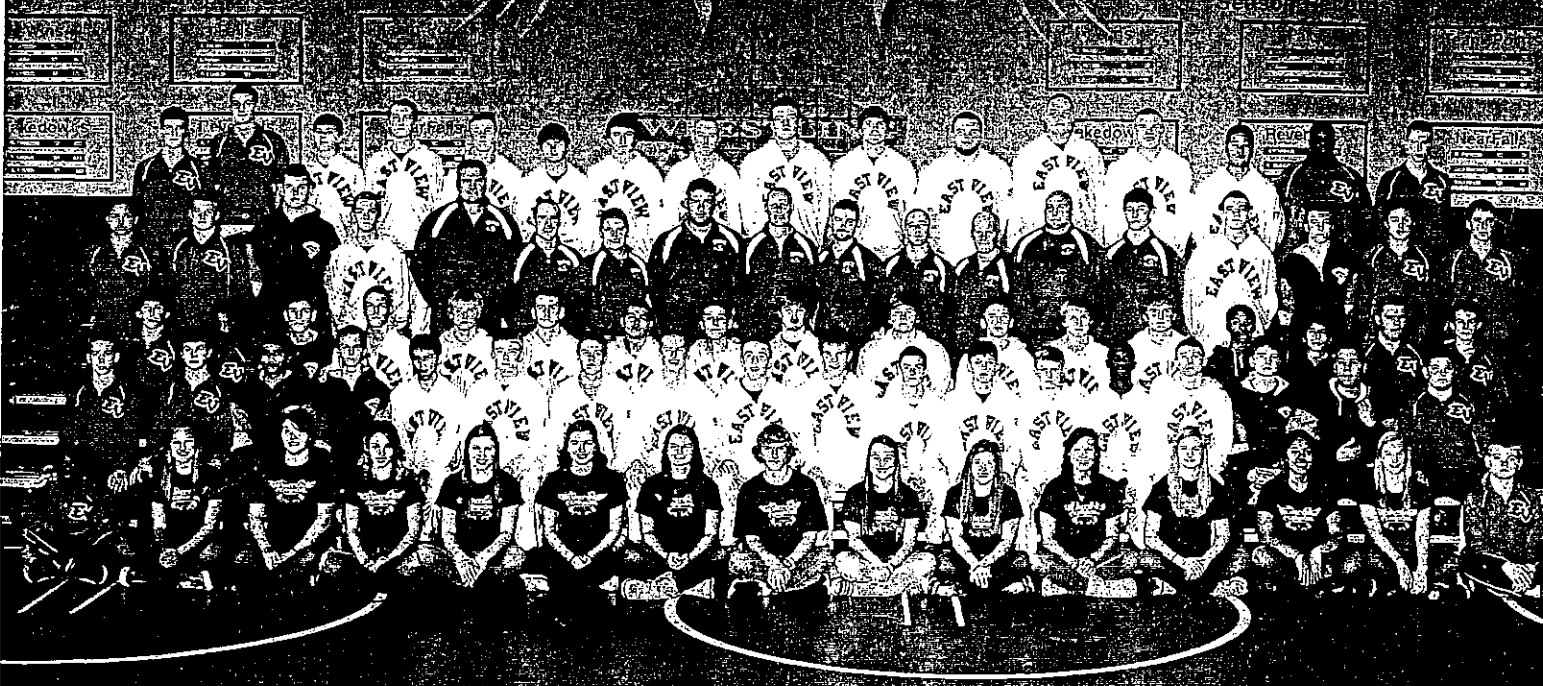
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EASTVIEW
LIGHTNING

2012-2013

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FEAR NONE

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