

Mask Safety

To Put on a Mask:

1. Try to put on a mask with clean hands. If you can't clean your hands, be careful not to touch the inside of the mask that touches your face.
2. Hold mask against your face with pleats pointing down, and hook loops around ears, or tie top ties around head over ears, and bottom ties around neck.

To Take Off a Mask:

1. Try to have clean hands when removing the mask. If you can't clean your hands, try to only touch the loops/ties and not the material on either side.
2. If possible, clean your hands after removing the mask, so you don't transfer the germs from the mask onto other items.
3. Store the mask in a paper (not plastic) bag or hang it somewhere where it will not come in contact with anyone or anything else.



DON'T: Wear the mask below your nose.



DON'T: Leave your chin exposed.



DON'T: Wear your mask loosely with gaps on the sides.



DON'T: Wear your mask so it covers just the tip of your nose.



DON'T: Push your mask under your chin to rest on your neck.



DO: Wear your mask so it comes all the way up, close to the bridge of your nose, and all the way down under your chin. Do your best to tighten the loops or ties so it's snug around your face, without gaps.

