


# *Living In Peace*



At times life can become hectic and people can become confused, angry and even desperate. As students, especially during this time of uncertainty we can have a lot of questions concerning exams, upcoming semesters and even the future. However, despite the crazy circumstances we might be going through it is important to remember that God is always there to offer us peace.

## **Philippians 4: 6-7**

This scripture always serves as a reminder to not get caught up in our current situations. Often times we get so caught up in a situation that we forget to stop and remember who is in control. Nothing is above God, as a matter of fact he knew you'd probably be having those feelings about your situation. He knew you'd be going through your current situation even before it started but how great is it that despite it all we can still pray to him and know that he is listening.

## **John 16:33**

Another battle people face when going through difficult times is that they question why God has allowed them to go through such circumstances. Questions such as; Why is God doing this to me? Or Does God not realize how hard this is? Can be some of many that can cross our minds. But if we read this scripture we are told that following God will bring challenges, we are not promised a perfect, happy life. The only thing it does promise is peace as long as we trust God. It says there that he has overcome this world and therefore we should learn how to trust him, knowing that every circumstance will eventually have a good outcome.

## **Ephesians 6: 14-15**

How can we achieve such peace you may ask?

Armor yourself with the word of God. Do not let Satan get to you with the lies he may put in your mind. Do not let him disturb your peace. You are bigger and stronger than your situation.

- What are some things in life now that disturb your peace?
- In what ways do you feel like you could armor yourself better to eventually achieve peace?

## **1 Peter 5: 7**

“Cast all your anxiety on him because he cares for you.”

**Challenge:** Pray to God about all the things that are currently causing you to stray away from peace. Ask him for whatever it is that you need and trust that he will provide.

Ps. I know it's basically crunch time for most of us. Do your best in your classes and give yourself some grace. We are all trying our best and that's all that matters.