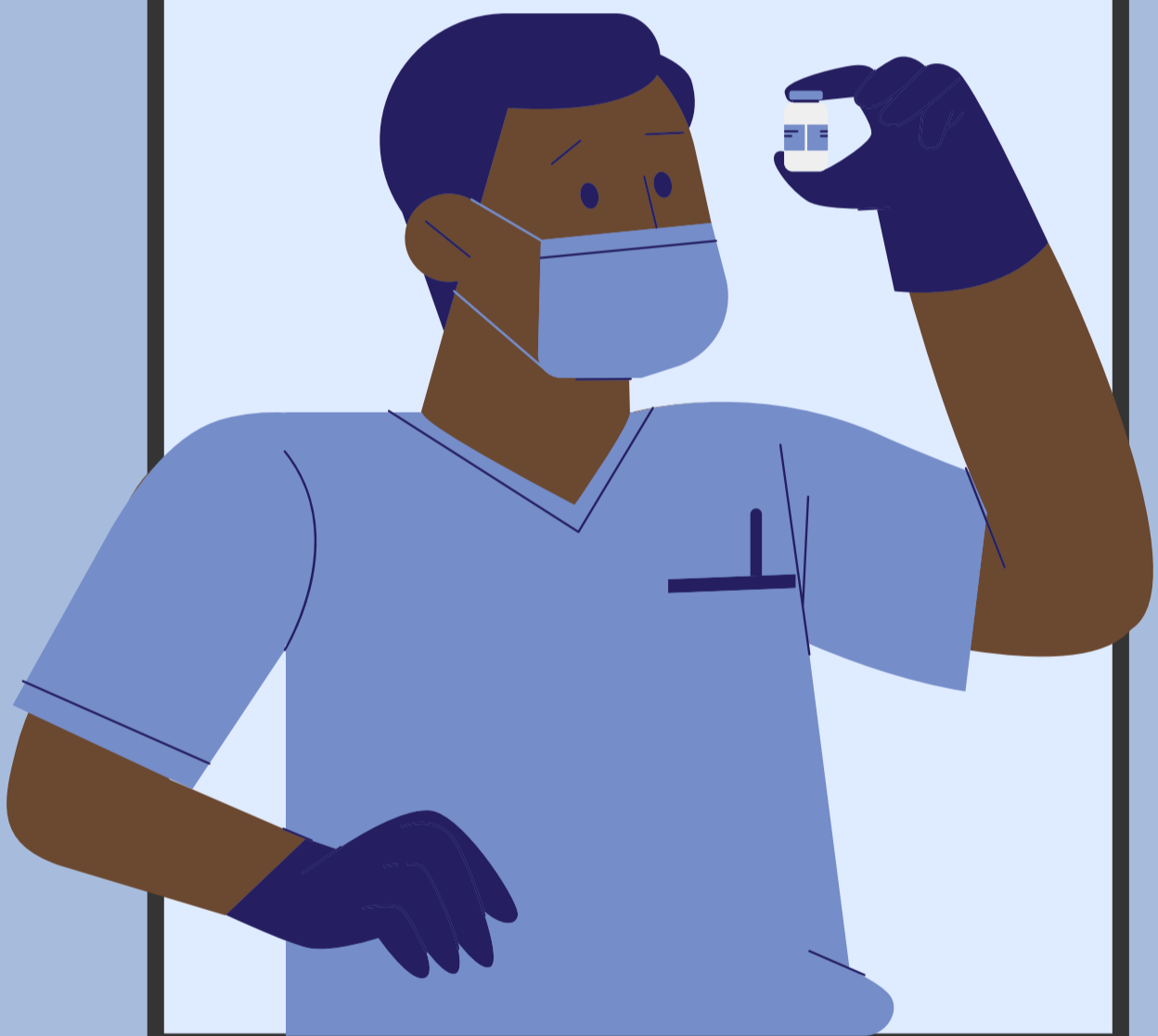
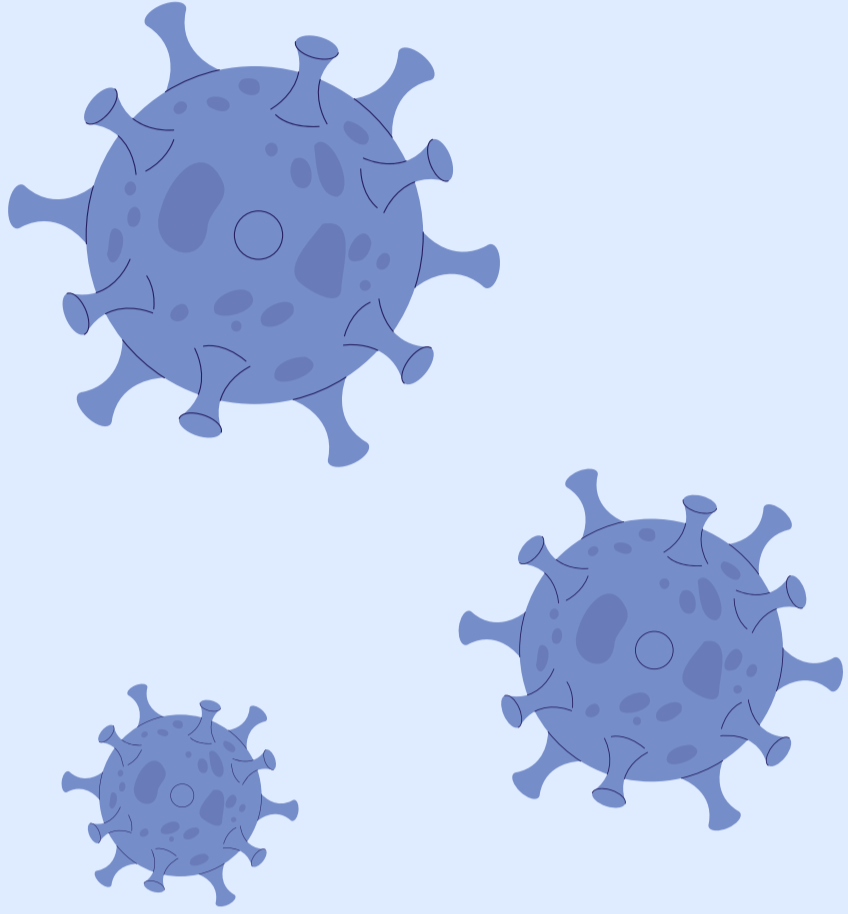




**BREATHE
CENTER**

BRIDGING RESEARCH, LUNG HEALTH & THE ENVIRONMENT

This message was developed by the Johns Hopkins BREATHE Center. A digital copy is available at breathecenter.org



ASTHMA AND FLU: GETTING VACCINATED



People with asthma are at higher risk for complications if they become ill with the flu, like...

- Pneumonia
- Asthma Exacerbations
- Bronchitis

Getting vaccinated against the seasonal flu is recommended annually.

- This is especially important for those diagnosed with asthma.
- Yearly vaccination against the flu is recommended for everyone 6 months of age and older.
- For more information, we encourage you to speak with your physician.

