

S A P P H I R E

Skin . Body . Sculpting

AFTERCARE FOR BODY SCULPTING AND FAT REDUCTION / BBL

Follow The Aftercare Instructions For Optimum Result

- It is normal for the area treated to feel warm, swollen and tender after the treatment
- It is normal to bruise after treatment
- Avoid excess scrubbing and applying pressure to the area for 4-5days
- The treated area may feel flushed, red and tingly, this is normal
- Do not wax the treated area for 3-5 days
- Do not laser the treated area for 2 weeks
- Do not exfoliate the skin for 2-3 days
- Avoid heat treatments such as spas, saunas and steam rooms for 7 days
- Avoid exercising for 48 hours
- Avoid hot baths and hot showers for 24 hours
- Avoid sun exposure for 2 weeks this includes sunbeds
- If the skin feels hot and sensitive, apply Aloe Vera gel or a cold compress to the area.
- Apply SPF 30-50 daily
- Drink Plenty of water
- Wear loose clothes to your treatments
- Avoid drinking alcohol and caffeine 24 hours before and after treatment

TERMS AND CONDITIONS FOR

BODY SCULPTING AND FAT

REDUCTION/ BBL

Failing to follow the aftercare may have an effect on the desired outcome of your treatments to which Sapphire Skin Ltd will not be held liable for.

We offer courses of 6 treatments, these are carried out once per week for 6 weeks, failing to attend your appointment within the time period given may have an effect on your results.

There is no limit on how many treatments you can have, however it is up to Sapphire Skin and the Therapist carrying out the treatments to authorise the continuation of treatments, we may reject the of treatments if we feel it is detrimental to your health or you may have unrealistic expectations. Our patient's health is our main priority.

Discounted pricing is offered to those that have completed a course of 6 at Sapphire Skin.

Any quotations given expire after 14 days.

If you cancel your treatment(s) less than 24 hours before your appointment is to start, there will be a cancellation fee of £10 or 50% off the booking amount, to which ever is more, this will automatically be charged to your card held on your account, this also includes cancelation of an area booked as a package deal.

If you have been offered a package deal and you decide to cancel one or more areas within your offer then your price will change and you will be placed onto single treatment pricing.

Please do not bring children or animals to your treatments, you will be asked to reschedule and charged a cancelation fee.

Please contact the Spa during its opening hours to amend, book or cancel any bookings
Telephone :- 01772 632688

Email :- contact@sapphiresculpting.co.uk

Sunday – **Closed**

Monday – **Closed**

Tuesday – 9am-6pm

Wednesday – 9am – 6pm

Thursday – 9am-6pm

Friday – 9am – 8pm

Saturday – 9am – 8pm