S A P P H I R E

AFTERCARE FOR HIFU ULTHERAPY

FACE LIFT

Follow The Aftercare Instructions For Optimum Result

- It is normal for the area treated to feel warm, swollen and tender after the treatment
- The treated area may feel flushed, red and tingly, this is normal
- Do not wax the treated area for 3-5 days
- Do not laser the treated area for 2 weeks
- Do not exfoliate the skin for 2-3 days
- Avoid skincare containing the following ingredients for 3-5 days (Vitamin A, Vitamin C, AHAs and BHAs)
- Do not have hot baths, hot showers, steam rooms or saunas for 24 hours
- No facial massages for 24 hours after the treatment, but it is ok to have a facial massage before the treatment is carried out
- Avoid sun exposure for 2 weeks this includes sunbeds
- If the skin feels hot and sensitive, apply Aloe Vera gel or a cold compress to the area.
- Apply SPF 30-50 daily
- Drink Plenty of water

<u>TERMS AND CONDITIONS HIFU</u> <u>ULTHERAPY FACE LIFT</u>

Failing to follow the aftercare may have an effect on the desired outcome of your treatments to which Sapphire Skin Ltd will not be held liable for.

You can have a HIFU once a year and top ups can be carried out 6 months after first treatment, top up treatments come at a discounted price, this price is only available to those that have had the HIFU at Sapphire before.

Any quotations given expire after 14 days.

If you cancel your treatment(s) less than 24 hours before your appointment is to start, there will be a cancellation fee of $\pounds 10$ or 50% off the booking amount, to which ever is more, this will automatically be charged to your card held on your account, this also includes cancelation of an area booked as a package deal.

Please do not bring children or animals to your treatments, you will be asked to reschedule and charged a cancelation fee.

Please contact the Spa during its opening hours to amend, book or cancel any bookings

Telephone :- 01772 632688

Email :- contact@sapphiresculpting.co.uk

Sunday – **Closed** Monday – **Closed** Tuesday – 9am-6pm Wednesday – 9am – 6pm Thursday – 9am-6pm Friday – 9am – 8pm Saturday – 9am – 8pm

Alternatively, you can amend any bookings on your online account.