

Great News for Arthritis Sufferers

Painkillers are often a costly necessity for the overwhelming number of people affected by arthritis today. Along with other symptoms, joint pain is the most menacing side effect of rheumatoid arthritis.

Taking medicine to combat the pain is an effective, and for some people essential, way to treat the symptoms of arthritis. By treating the symptoms, however, there are often additional side effects.

Let it Heal, a chain of natural health clinics, offers a cutting-edge detoxification treatment called IonSpa, which triggers the body's detoxification mechanisms through simple osmosis.

"After only two ionspa treatments," one client reports, "the arthritic pain in my knees was much less. I was immediately able to be active again, and by my fourth footbath I was able to go up and down stairs pain-free!"

The footbath works on simple scientific principles. While clients enjoy a relaxing footbath, a gentle electrical current enters the body through the skin on the feet, creating a magnetic charge that stimulates the body's own clean-up regime.

Using only regular tap water and a small amount of sea salt, free radicals inside the body are neutralized, increasing alkalinity. As the cellular exchange takes place, the clear water will gradually change colour, giving clients a solid visual representation of their results. The resulting colour



change is dependent on the type and amount of toxins in the body, as well as the mineral content of the saltwater footbath.

Since rheumatoid arthritis is an autoimmune disorder, the benefits to immune system deal with root of the problem, as well as the symptoms. The treatment is safe for children as well as elderly clients, cancer patients and those recovering from surgery. Treatments are only \$39.

More information is available at www.letitheal.com. Let it Heal is located at St. Paul St. W. and Pelham Rd., St. Catharines; 905-688-4325.