2023 Wildwood

A women-focused conference for all 12-step programs

October 13th - 15th, 2023
South Shore Lake Bastrop Park, Bastrop, TX

2023 Conference Theme

"You were there when I needed you. You stood above all of the others with your strength and you guided me. To each of you I offer my being, my love and all that I am."

- Deidra Sarault

Each of us is guided while we act as guides to one another, throughout the day, throughout our lives. We are interdependent. Everywhere we look, someone is learning from us and we from her. We often know not what we give, when we give it. And we seldom realize the value of what we're receiving at the time we accept it. Resistance to what another person is offering us may be our natural response. But the passage of time highlights the value of the experience. We can look for the comforters in our lives. They are there offering us strength and hope enough to see us through any difficulty.

We need both the rough times and the soft shoulders of a friend. They contribute equally to the designs our lives are weaving. The rough times press us to pray, to reach out to others for solace. And our pain gives others the chance to heal our wounds. We are all healers offering strength. And we all need healing.

One of the greatest gifts of my recovery is giving and receiving strength.





4:00 PM --- Check in and registration

6:00 PM --- Dinner (provided)

7:30 PM --- Conference opening

8:00 PM --- Speaker: Amy A. (Alanon)

9:30 PM --- Closing

10:00 PM --- Guided meditation

Saturday

7:00 AM --- Gentle movement / Sound bath

8:00 AM --- Breakfast on your own

9:30 AM --- Gather/ Workshop intros

10:30 AM --- AM Workshops begin

12:00 PM --- Lunch on your own

1:30 PM --- Gather/Workshop intros

2:00 PM --- Circle of Stones ceremony

3:00 PM --- PM Workshops begin

4:30 PM --- Drum circle/Free time

6:00 PM --- Dinner (provided)

7:30 PM --- Wildwood history

8:00 PM --- Speaker: Terri L. (AA)

9:30 PM --- Burning Bowl ceremony

Sunday

7:00 AM --- Meditation

8:00 AM --- Breakfast/Pack up cabins

9:00 AM --- Sharing under the trees

10:45 AM --- Closing circle

11:00 AM --- Depart

Workshop Topics

10:30AM - 12:00 PM

• Steps 1-3 - Tricia N.

• Steps 4-7 - Annie S.

• Steps 8-9 - Evelyn P. & Dawn

• Steps 10-12 - Britney S.

3:00 PM - 4:30 PM

• Steps 1-3 - Kathleen S.

• Steps 4-7 - Sarah Marie C.

• Steps 8-9 - Lauren G. & Shelby O.

• Steps 10-12 - Keagan P.

