



February 12, 2022

Dear Donor:

The Guyana Metropolitan Relief Organization (GuyMetro) was established in 1989 with the goal of raising funds to address social, medical, financial, and spiritual needs in Guyana and the U. S. metropolitan areas. GuyMetro has 501c3 nonprofit status and is positioned to accept charitable donations and grants to fund its projects. The organization is led by an executive committee that meets on a regular basis to plan its activities. In addition to its executive committee, GuyMetro has a membership of over 200 people.

Over the years of its existence, GuyMetro has contributed over half a million dollars to help educate and fight against diabetes and dental issues in Guyana. I am extremely proud of the work this organization has done and is continuing to do. GuyMetro prides itself in the contributions it has made during its past two mission trips to combat diabetes and provide dental hygiene for Guyanese children and adults. Additionally, GuyMetro has funded the water filtration and respiratory machinery and purchased beds for Davis Memorial Hospital. At the local levels, GuyMetro has engaged its members in family retreats that focus on rejuvenation, financial, family, and educational programs. The organization holds an annual spiritual meeting of the general body in September and engages members in regular fund-raising activities such as the Mashramani Brunch, sip and paint, tea parties, and concerts.

One of our most anticipated projects is to establish a diabetes clinic this summer. The clinic will be located at Davis Memorial Hospital and is expected to be opened July 31, 2022. As you would expect, this project requires a significant amount of cash, and we are soliciting our family, friends, and acquaintances to partner with us in bringing the venture to fruition. The timeline below outlines the details, budget, and implementation plan. I appeal to your generous spirit to partner with us in establishing the clinic and help individuals affected by diabetes reverse the symptoms, prevent its onset, or/and manage the disease.

Donation Options and Awards for Your Gifts

\$100 – honorary mention during clinic opening

\$200 – \$500 - tile with your name on it displayed in the clinic (upper level)

\$600 - \$1000 – tile with your name on displayed it in the clinic (lower level)

Above \$1000 – tile with your name on it displayed in the clinic (middle/eye level)

\$10,000 and Above – plaque with your name on it displayed in the clinic

Write your check to Guyana Metropolitan Relief Organization and mail to 11515 Old Lottsford

Road, Bowie, Maryland, 20721 or Zelle your contribution to treasurer@GuyMetro.org.

With heartfelt thanks & personal commitment,

Yonnette Semple-Dormer

Dr. Yonnette Semple-Dormer, President

Guyana Metropolitan Relief Organization

Guyana Metropolitan Relief Organization

TIMELINE FOR ESTABLISHING THE DIABETES CLINIC – DAVIS MEMORIAL HOSPITAL, Guyana

MAIN OBJECTIVES OF THE CLINIC

- To provide optimum care for individuals with diabetes
- To provide education and training to reverse the signs of diabetes
- To provide education to prevent the onset of diabetes

January 30 - Establish a committee to develop the program

Committee Member: Yonnette Semple-Dormer, OTR/L, EdD Terence Monkou, RN, Mark Levy, MA, Principal, Stacey Stanley, RN, Nancy Massay, RN

February 1 – 1st Committee Meeting – Established (tentative)

Diabetes Team for the Clinic – Doctor/Podiatrist, RN, Dietitian, OT/PT, Pharmacist, Healthcare Technician

- Clinic Hours – 9:00 – 12:00 and or 1:00 – 5:00, Days 2 or 3 days a week
- Doctor visits the clinic once/twice a month
- What would the clinic days look like – patient visits, testing, treatment, education & training
- The nurse will be hired at an hourly position
- Other staff members will be provided from a telehealth perspective
- TBD: Research on salaries; what supplies would be needed (diabetes, cooking, exercising, workbooks, etc.); would DMH support part of the project or GuyMetro will be 100% responsible

February 8 – 2nd Committee Meeting – Established a Budget for Supplies

10 Blood Glucose Monitor Kit	\$36.99.....	\$369.90
2 Blood Pressure Monitor	29.99.....	40.00

2 EverOne Premium Cardiology Stethoscope	44.00.....	88.00
1 Detecto, Solo Digital Clinical Scale	358.13.....	358.13
1 Eye Chart	8.99.....	8.99
1 Zyrev ZetaLife Combo Otoscope Set	49.99	49.99
5 Ocusoft Retaine MGD Ophthalmic Emulsion	17.95	100.00
1 Zyrev ZetaLife Ear Nose Throat Diagnostic Kit	58.99.....	58.99
2 CY Swivels Rolling stools	65.95	140.00
Monofilament Diabetes	<u>\$ 9.99</u>	9.99
2 One tub of 100 x Home Protein Urine Test Strips	9.99	20.00
4 AimStrip 52255 Microalbumin 2-1 Combo Strips	42.95	172.00
1 Nutrition Education Store BMI Poster	15.95	15.95
1 Siglent SDS1104X-E 100Mhz digital oscilloscope	495.99	495.99
1 Fujifilm Instax Mini 11 Camera with Fujifilm Instant Mini Film	125.95	125.95
2 Dell OptiPlex Desktop	165.00.....	165.00
100 Patient Workbooks.....	5.00	<u>500.00</u>
TOTAL.....		<u>\$3,000.00</u>

February 8 – 2nd Committee Meeting – Established a Budget for Salaries

Physician/Podiatrist (24 visits/year).....	\$1,000.00
RN/CAN (48 visits/year).....	1,000.00
Office Manager/Technician.....	400.00
Dietitian (12 visits/consultations/year).....	400.00
Ophthalmologist (12 visits/year)	600.00
Training Cost for 4 OT/PT Technician	<u>6,400.00</u>
TOTAL.....	<u>\$9,800.00</u>

February 8 – 2nd Committee Meeting – Established a Budget for travel

2 Roundtrip Airline Tickets	\$1,600.00
Room & Board During Trip	100.00
Transportation	75.00

Meals..... 75.00
TOTAL..... \$1,850.00

February 8 – 2nd Committee Meeting – Established a Budget for clinic sign/name

Sign – Yvonne Bobb-Semple Diabetes Clinic..... \$100.00

February 8 – 2nd Committee Meeting – Established a TOTAL Budget FOR THE CLINIC:

\$21,000 US Dollars

February 8 – 2nd Committee Meeting – Established projected revenues from clinic

50 Patient Cost/Visit..... \$ 20.00..... \$100.00
 Food Purchases – Fresh Fruits/Unprocessed Foods..... 20.00 100.00
 TOTAL..... \$200.00

February 15 – 3rd Meeting – Discuss salaries for Guyanese-based team – waiting on response from the DMH

February 22 – 4th Meeting – Determine the Date, Events, and Media of the Opening of the Clinic

- Clinic Opening Date – July 31, 2022
- Events – Registration, blood pressure/sugar, educational workshops, food prep
- Guyana Media
- Food & Take Away Clinical Bags

March 1 – 5th Meeting – Meeting with the Administrator and team at DMH

March 6 – 6th Meeting – Refine plans and Identify Leaders of each aspect of the implementation of the Clinic

- Registration – Terence
- Media – Yonnette
- Food Prep – Rhonda/Grace
- Blood Pressure/Sugar – Nancy, Stacy, Terence, James

- Medical Education – Terence/Yonnette/Stacy
- Set-up/Clean-up – DMH Staff

July 22 – August 5 – Mission Trip to Guyana