FREUND'S FARM & LAURELBROOK FARM NEWSLETTER



Cricket & Jenn Jacquier, Brian Allyn, Theresa & Rachel Freund serve mac n' cheese to Canaan Fire Co.

OUR

farm families THANK YOU!

We are grateful to our community.

Thank you to our local volunteers. We were pleased to donate \$2,500 to the Canaan Fire Company this year.

Thank you to our neighbors for sharing the road with our farm equipment.

Thank you to the local businesses; from plumbing to electrical to auto parts and lumber, we are very fortunate to have so many robust businesses in town that support our farm operations.



Have you tried our cracker cuts?

As farmer owners of the Cabot Creamery Cooperative, we are excited about the newest addition to our award winning cheddars!

Six cheddar styles are now available as cracker cuts; pre-sliced and re-sealable packages with a new label. It just got easier to enjoy our favorite cheese!

Hi Neighbors!



We spent the past year acclimating to our new barns. They are designed to make our cows more comfortable with waterbeds, state of the art fans, LED lights, and rotating brushes. The barns at Laurelbrook and Freunds' are free stall barns, allowing the cows to lay in their beds, socialize and hang out at the water tub whenever they want.

In addition to providing the daily care that our cows need, we are busy with fieldwork. We have been fertilizing fields, planting corn and harvesting the first cutting of grass. Although it means long hours in the tractor, there is always anticipation and excitement that goes into each new crop. Some of the fields we are cultivating have been in our families for over 4 generations, growing the crops to feed the cows since the 1940s!

We are committed to the success of our farm businesses as well as the cooperatives we belong too. Both families are represented in leadership roles off the farm; Rachel is a voting delegate with Genex (breeding services), Cricket serves as Treasurer for Agri-Mark (dairy marketing), Amanda is Secretary of the Agri-Mark Young Cooperators and Benjamin is on the Board of Directors of Co-Bank, a national lending cooperative.

We have some exciting family news too! At Laurelbrook; Bailey and Morgan are graduating from HVRHS and Austin and Dalton have received stock in the farm, now sharing in the ownership of the family business. At Freund's Farm; Sarah and Andy are expecting twins this summer, Isaac completed his 4th year serving as mentor to the HVRHS First Robotics Team and Rachel now has 2 bee colonies, busy servicing our tomatoes!

Sincerely,

The farming families from Freund's Farm and Laurelbrook Farm

Special Tribute to the Carlson Family



Carlson family; Doug & Cris Carlson, Sheri, Rene, Ricky and Sandy Boardman

We have a thriving agricultural community in Canaan with strong farm families. We are thinking of our neighbors and extended dairy family, Doug and Cris Carlson and Sandy Boardman, wishing you a full recovery.

As always, we invite you to contact us with questions or comments.

Contact the Jacquier family: laurelbrookfarm@sbcglobal.net

Contact the Freund family: amanda@cowpots.com



Did you know?

Milk has 9 essential nutrients.

Calcium, Potassium, Phosphorus, Protein, Vitamin A, Vitamin D, Vitamin B12, Riboflavin, and Niacin.

www.dairygood.org

The Freund & Jacquier Families

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Sustainability; what it means to farmers

Renewable Energy: Freunds installed solar panels in 2014 and 2016 and are generating enough electricity to power their barns and CowPots factory. Laurelbrook is installing a solar project which will generate 40% of the electricity they use.

Energy Efficiency: Both farms have installed LED lighting in the barns and use variable speed motors to reduce overall energy consumption.

Recycling: From using separated solids for bedding and compost to recycling water and repurposing barrels and tires.

Soil health: Soil samples are taken to measure nutrients and cover crops are planted annually to improve soil health.

#farmgreen: Cabot farmers share their sustainable farming practices on social media using #farmgreen. Follow us!

Laurelbrook Farm

New Technology—While planting corn, Austin Jacquier monitors 4 different computer screens that provide GPS tracking, seed population density, variable rate fertilizer application and more. This level of precision allows us to reduce inputs and more effectively manage each individual field. This technology allows us to keep comprehensive records on every crop field.



Thanks for 20 years Eric Whiting!



This year marks 20 years since Eric Whiting began working with us. He is our shop manager; his tasks range from fixing equipment to overseeing the manure system. He manages field preparation for planting season and works hard to ensure quality compost for our landscape customers.

Thanks to Eric for his years of dedication to our farm.

Freund's Farm







Robotic milker, feed pushing robot, new barn at Freund's Farm

In the Barn—We celebrated 1 year since starting up our milking robots. The cows and farmers have learned a lot. We are able to monitor each cow individually based on her activity levels and chewing habits. The only trouble maker is the feed pushing robot, Juno, who has a tendency to get lost and occasionally venture outside the barn.

Freund's Farm Market & Bakery

Local honey to tomato plants Potting soil to soaps

Open: Mon-Sat 9-6pm, Sun 9-5pm

Catering menu: freundsfarmmarket.com

CowPots

Stop by the market for veggies and herbs growing in CowPots. Using our cows' composted manure, we make 12 sizes right here on our farm.



Sizes, Videos and Reviews: cowpots.com