



The Parent Connection

March 2018



Parent Working Group

We have a couple of exciting announcements to make!

We are very proud to announce that we are now an auxiliary group under the Phoenix Children's Hospital Foundation! The IBD Parent Working Group will now have access to support from the Foundation which includes our very own website! Through this website you can now join our group, donate to our GI Department, help fund-raise as well as keep up-to-date on activities and events.

The GI Dept. is also excited to announce the addition of Ginger Carlson, PhD, ABPP, Director GI Psychology Service to their IBD Clinic. If you would like more information or to set up a visit please call: 602-933-0940.

Would you like to be a part of advocating for your children both locally and nationally? Would you like to help with educational or family support programs? Are you good at fundraising to help build resources and programs in GI? We would love to have you on our team! Please visit our website for more information on how you can help!

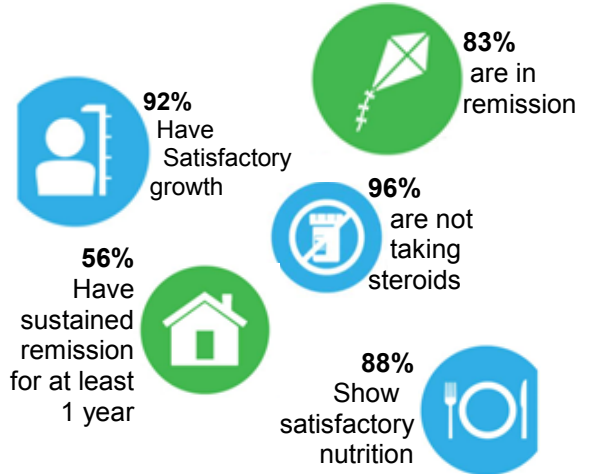
<https://phoenixchildrensfoundation.org/giving-groups/find/inflammatory-bowel-disease-ibd-parent-working-group/>



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Improve Care Now (ICN)



As a member of the Improve Care Now Network, Phoenix Children's Hospital is improving the outcomes for kids with IBD. Above are some measures of care we track for our patients with IBD.

To learn more, and ensure your child is participating in Improve Care Now, we invite you to ask a member of your care team today.

Did you know...

Skin disorders are the second most common complication that occur outside of the intestines in those with Crohn's disease or ulcerative colitis. You should wear sunscreen daily and apply often if you are going to be outdoors. Cover up when possible and seek shade when possible. Talk to your doctor about photosensitivity. Photosensitivity is the inflammation of the skin induced by the combination of sunlight and certain medications. It is important to ask your doctor whether or not any of the medications your child is on to treat their IBD could cause photosensitivity. Schedule an annual skin check with your dermatologist once a year for a professional skin exam.

CCF Take Steps Walk

Join us on April 14, 2018 at 8:00am Tempe Town Lake for this year's Take Steps Walk sponsored by the Crohn's & Colitis Foundation. When you fundraise through Take Steps, you directly impact vital treatment, research, and life-giving patient programs for 1.6 million Americans who suffer from Crohn's disease and ulcerative colitis.

When you make a donation to CCF through Take Steps you are also supporting hundreds of children who battle these chronic diseases.

This year's Take Steps honored hero from Phoenix Children's Hospital is Kalie Marshall. Kalie was diagnosed at age 11 with ulcerative colitis and now has Crohn's disease. Kalie is one of hundreds of children currently being treated at PCH.

Your donations to Take Steps also goes towards helping many children with IBD attend an annual camp in Colorado where they are able to enjoy being children and form lifelong friendships. The Crohn's & Colitis Foundation also sponsors a monthly support group meeting currently being held at PCH.

You can be assured that your donations are being used for the benefit of adults and children who suffer from these diseases.

For more information on how you can donate, join a team or start your own team please reach out to Christie Davis at:

cdavis@crohnscolitisfoundation.org

602-734-1392

CCF Camp Oasis

Camp Oasis is held in Colorado and is open to any child with medically stable Crohn's disease and ulcerative colitis. Campers entering grades 2-10 in fall of 2018 and LIT's entering grades 11-12 in fall of 2018. Camp dates will be June 17th thru June 22nd.

Camp Oasis applications are available on line at:

<http://www.crohnscolitisfoundation.org/get-involved/camp-oasis/find-a-camp/>

Physician Corner

Dr. Lisa McMahon is a Pediatric Surgeon at Phoenix Children's Hospital with a focus on IBD and Pectus. Dr. McMahon finished her training in Pediatric Surgery in 2008. It was during her third year rotations at PCH that she realized she had to be a pediatric surgeon. "I love working with children and their families, and I enjoy that the scope of practice in pediatric surgery is very broad."



Dr. McMahon is married with two boys ages 11 and 8. They keep her very busy with club soccer and fly fishing. Her family also has two dogs, Lily and Ruby who are both rescues and Ruby came to them with only three legs! As much as her boys wish Ruby and Lily would fetch, both dogs refuse but they do enjoy hiking with the family when they all get the chance. Dr. McMahon enjoys tennis, jogging, knitting and reading in her spare time.

Dr. McMahon has been a participant in the Improve Care Now (ICN) network when she realized that after a patient had surgery they were considered "cured" and fell off the registry. Along with two other pediatric surgeons from other hospitals, they were able to include surgical procedures to the registry. They also created a surgical session at the ICN conference where they presented surgical cases and gave their perspectives as a panel. This group has grown to 5 pediatric surgeons with an interest in IBD and have formed a consortium for multi-institutional research.

"Participating in the ICN with PCH has improved the quality of the IBD program at PCH by making sure they match up to or exceed achievable goals for patients. Knowing that PCH exceeds the standards is a source of pride for everyone involved in the program."

We agree with you Dr. McMahon and we are so grateful to have you on the IBD Team!