Norwich Road Runners
Safeguarding and Welfare Policy Statement

This statement is part of the NRR Safeguarding and Welfare Policy which is available for all to read on the club website norwichroadrunners.co.uk and all members are required to read the full document carefully. In order to provide key information, this statement provides practical advice, guidance and contact numbers for club personnel. All coaches/leaders/volunteers will be given this document annually, or when they receive a coaching qualification, asked to sign the declaration that they have read it and agreed to abide by it.

Norwich Road Runners acknowledges the duty of care to safeguard and promote the welfare of children and is committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with best practice and UKA requirements. A child is someone who is under the age of 18.

The welfare and interests of children are paramount in all circumstances. All children, regardless of age, gender, religion or beliefs, ethnicity, disability, sexual orientation or socio-economic background, should have a positive and enjoyable experience of sport at Norwich Road Runners in a safe and child-centred environment and are protected from abuse whilst participating in athletics and sport activities.

All coaches, club members, visitors, volunteers and parents have a responsibility to safeguard children from harm and abuse and to ensure that activities take place in an environment where children feel secure and are safe.

Club Welfare Officer Beryl Knowles 07445 277684
beryl.knowles@norwichroadrunners.com
Deputy Club Welfare Officer Chris Amos 07788 840654
 chris.amos@norwichroadrunners.com
Children's Advice and Duty Service (CADS) on 0344 800 8021.

All reasonable steps are taken to ensure that information, guidance and training is available to those who coach within the club. All coaches/leaders hold an up to date DBS and if they have not already done so, will complete an online Child Protection Course in accordance with UKA regulations. All volunteers with juniors will be required to undertake a DBS check.

To provide everybody with the best possible experience and opportunities in athletics, it is important that everyone operates within an accepted ethical framework and demonstrates exemplary behaviour and best practice.

Best practice means
- Avoiding situations where you are alone with one child
- Avoiding unnecessary physical contact.
- Being friendly and open and ensuring that relationships are appropriate for someone in a position of power and trust
- Never ignoring bullying by parents, coaches or other children
- Challenging bullying, harassment, foul or provocative language, or controlling behaviour that could upset individuals or reduce them to tears.
- Maintaining an appropriate relationship with children: this means treating people fairly, with respect, and avoiding favouritism

There is no training or coaching of juniors outside the club. Any coach that does this will be immediately excluded.
Adopting best practice not only ensures the individual's welfare, it also protects you from possible wrongful accusations.

Disclosures and concerns
If a child or young person entrusts you with personal information or you have a concern about a child's physical, sexual or emotional well being, it is your responsibility to report your concerns to the Club Welfare Officer immediately.
If a child makes a disclosure to you
- Listen carefully and trust what is being said is correct.
- React calmly and try not to show shock or anxiety.
- Do not promise to keep the conversation a secret. Explain that in order to help, you will have to involve other people and that you will need to write things down.
- Do not probe for any more information than is offered. Keep any questions to a minimum – do not speculate or make assumptions
- Report the conversation to the Club Welfare Officer, Beryl Knowles

Declaration

I agree to abide by the Norwich Road Runners Safeguarding and Welfare Policy

Signed   Date

Name