



Newsletter

Learning Ladders Reminders!!! (PLEASE READ)

- **Tuition Payments:** Parents if you choose to pay tuition using a **Credit Card** a **3% processing fee** will be charged on your next invoice.
- **Happy Easter!!! - Sunday, April 1st...**
- **Parents Night Out** - We are planning our first "Parents Night Out" for Saturday, April 27, 2018, 1:00 p.m. - 10:30 p.m., if interested, please see staff for more information.
- **Summer Escapades (Camp) 18 JUN - 31 AUG** - Now enrolling for the Summer Camp, ages 4 - 12 years, \$250 Activity Fee (due by May 1st), \$130/week (includes snack & lunch), \$5/hour daily for each additional hour for before & after camp hours, which are 7:30 a.m. - 4:30 p.m. Mon - Fri. Spread the word...

Daily Schedule:

6:00-8:30 Drop-off/Breakfast/free play
8:45-9:00 Cleanup time
9:00-10:15 Baby Nap (Infants), Circle Time and Games (Toddlers) Outdoor Play (Weather Permitting)
10:15-10:45 Toileting/Cleanup/Handwashing/Morning Snack
10:45-11:30 Activity Areas/Outdoor play/Arts and Crafts
11:30-11:45 Toileting/Cleanup/Handwashing/Prep for Lunch
11:45-12:30 Lunch
12:30-12:45 Toileting/Cleanup/Handwashing/Prep for Nap or Quiet Time
12:45-2:45 Naptime/Quiet time
2:45-3:30 Toileting/Handwashing Afternoon Snack
3:30-6:00 Center Exploration/Outdoor Play or Vigorous Indoor Play/Free choice activity/Prep for Departure
 * Schedule is subject to change based on activities or children's moods
 ** After Care ends at 6:00 p.m.

APRIL 2018

Happy Birthday

7th - Ms. Hollie
 13th - Ms. Berkina
 19th - Vincent Moore "1st"
 21st - Ms. Katie

Please Welcome to LLCDC!

Lillian Turner - 4/2/18
 Oaklee Adkins - 4/9/18



Making Fruits or Desserts Even More Healthy

Sunrise Parfaits



Ingredients: 1 cup fat-free milk, Pinch of salt, 1/2 cup dry whole-wheat couscous, 1 package (12 ounces) frozen mixed berries, 2 containers (6 ounces) vanilla yogurt
 1/2 cup low-fat granola

Make It: 1. In a small saucepan, bring milk and salt just to boiling. Stir in couscous. Remove from heat and let stand, covered, for 5 minutes; 2. Divide couscous among six 8-ounce plastic cups (or to-go containers with lids). Top each with frozen berries and yogurt. Cover and chill overnight. Top with granola before serving.

Nutrition Facts

Servings Per Recipe: 6; Amount Per Serving: cal. (kcal): 199, Fat, total (g): 2, carb. (g): 40, fiber (g): 5, pro. (g): 8, calcium (mg): 169, Percent Daily Values are based on a 2,000 calorie diet.