



INSTRUCTION

MANUAL

DEEMS Company LLC

Medical Disclaimer

DO NOT USE if you have any mechanical/medical implants such as an ICD, (Implantable cardio converter device), Pacemaker, or any heart conditions that electromagnetic energy waves can worsen.

DO NOT USE if you have a pain pump.

DO NOT USE if you're pregnant, (there have been not been any studies to show how these strong magnetic energy waves affect a developing fetus.)

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If you have any concerns about using the DEEMS, please consult your healthcare provider before placing an order.

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Introduction

Welcome to the DEEMS family! We're so grateful that you've chosen to add the DEEMS Device to your journey.

No matter where you're at on your exploration, the DEEMS is a wonderful tool to have on hand for your mental, physical, and spiritual needs.

While magnetic therapy has been around for many years, there is truly nothing like the DEEMS Device. The unique design of the DEEMS Device is used to relieve pain, aid in healing, and balance the emotional and physical well-being of the human body.

What Is The DEEMS Device?

The DEEMS Device is a noninvasive magnetic therapy device. It is carefully handmade with only the highest quality and purest materials. The device contains 14 powerful, rare earth magnets. These neodymium magnets create a flow of electromagnetic energies by pulling in and focusing the constant energy around us.

The unique design of the DEEMS Device pulls in this ambient energy and transmits it out through a powerful vortex. This vortex of energy is focused at the northern pole of the ring magnet and through the optional, interchangeable pyramidal crystals.

How The DEEMS Device Works

Using the DEEMS Device is a gentle, passive therapy; nothing is being forced. The DEEMS brings rejuvenating, healing energy to your body for it to use as it was originally designed.

The powerful vortex that the DEEMS Device creates, works with our body's naturally occurring energy; similar to acupuncture and acupressure, adjusting the flow of energy throughout our bodies.

The targeted (northern pole) of the device interacts with the energy points and meridians throughout our bodies. It encourages stagnant energy to move by pushing pure divine energy into the area that's being stimulated. Your body can then take this pure love energy and use it where needed.

The other side of the vortex has a powerful pull. This strong energetic pull can pull stagnant energy out of problem areas, allowing the energy to flow more freely and brighter.

Another significant way the DEEMS Device works is by stimulating our nerves. Our nervous system flows through our entire body, interweaving through our organs and tissues like an electrical map, sending electrical pulses with messages. Since the DEEMS Device creates an electromagnetic vortex, this is highly beneficial in stimulating the nerves to activate. The body works optimally when there is clear efficient communication.

Who May Benefit From The DEEMS Device

We are energy beings. We are surrounded by many different types of energetic laws of physics. This human body comes with many intricate pieces and working parts. Since energy is the base of who we are, as complex as the human body is, the root issue of our discomforts can be brought back to energy.

We have a powerful energy field around us and countless meridians (energy pathways) flowing through our body, sending signals and messages. It looks much like a map with many different "roads." When there is inconsistent energy in an area, it can hinder proper communication in the body.

Balancing this flow of energy is life-changing for many. Even though the device is highly powerful, it is simple and easy for anyone to use. If you have an open mind and heart the possibilities are endless.

Common Uses

Common uses for the DEEMS magnet therapy device may include:

- Increase the flow of energy throughout the body
- Bring balance to the body, mind & spirit
- Encourage the natural release of toxins & excess fluids
- Promote cellular regeneration
- Stimulate nerve growth & health
- Physically release stress & tension
- Encourage the natural rejuvenation process
- It may combat discomforts & Inflammation
- Emotional well-being
- Comfort
- Relaxation
- Peaceful rest throughout the night

And much, much more...

Using The DEEMS

For safety reasons, remove your jewelry.

Make sure you DO NOT have ANY electronic devices near the DEEMS Device, or on your person. Set them to the side for the moment.

Disclaimer Powerful magnets can destroy electronics if they get too close.

Before you begin, test each side of the vortex to see which side, to begin with. Do this by holding each side of the vortex over your heart area, or root chakra. Whichever side feels more peaceful, is the side to begin with. If you're still unsure, you can begin however you choose. Once your body and spirit are more in tune with the DEEMS Device, knowing which side will be second nature.

NOTE: If you don't feel anything right away, don't worry. This is normal for many people. The DEEMS is still working even when we don't feel it as strongly from time to time. Remember, it's using our own energy field.

Using The DEEMS On A Localized Area

If you're using the DEEMS on a specific area, it's typical, to begin with, the vortex side up. This encourages stagnant energy and toxins to be pulled out of the area of concern.

You may simply hover over the area, lay it directly on the body, or even swirl it around. Whatever feels right to you. Once you feel like you're ready to move on, turn the DEEMS over and aim the vortex towards the area of concern.

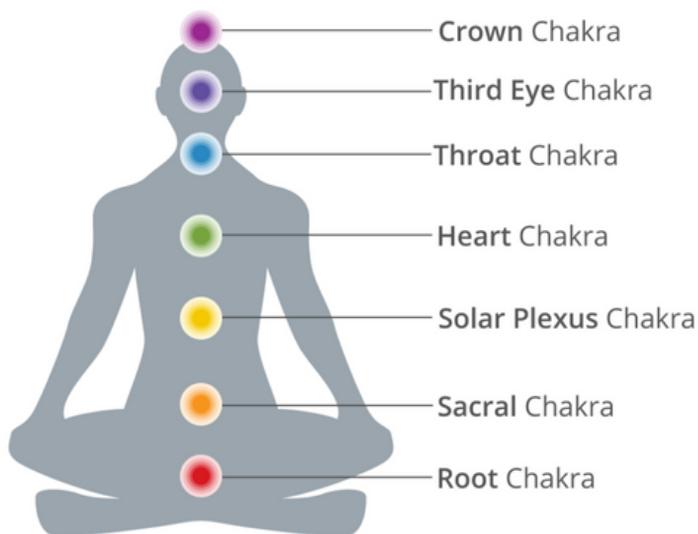
This will push electromagnetic energy into the area for your body to use in rejuvenation, repair, stimulation, and much more.

DEEMS Whole Body Session

Using the DEEMS Device for specific areas of concern is helpful, but to reap the full benefits from your DEEMS device, whole-body sessions are life-changing.

This brings balance to all the chakras and energy systems, encouraging balance and harmony throughout the mind, body, and spirit.

1. Sit or lay in a comfortable position and begin at your feet, or over your root chakra. You want to start at the base of the body and work your way up. This is important and ensures you're equally stimulating chakra centers while bringing grounding energy to the body for your session. This makes for a more balanced overall experience.



- 2.** Take however long you feel guided over each chakra center. Five minutes over each chakra is ideal. If you have time to continue longer, that's great! In some areas, you will feel guided to hover over longer than others. You may also feel like switching vortex sides throughout your session. Allow your body to speak to you. The device is there to help you do what you need at that moment.
- 3.** Once you've worked your way up your body to your head, take some big deep breaths and fill up your abdomen and exhale all that your body is ready to release and let go.
- 4.** When you feel the session is over, take the DEEMS with the vortex side pointing upward and sweep it over your head and body to pull the energetic debris out of your energy field. This aids our physical body in releasing energy, memories, emotions, etc., which can linger in our energy field. Ending a session with this simple movement makes the process smoother and more beneficial.

Using The DEEMS Crystals (optional)

These pure pyramid-shaped crystals amplify the electromagnetic power the DEEMS emits. Each color transmits a different frequency. The colors coincide with each chakra center.

It can be beneficial to use each colored crystal in different locations over the body, however, it is recommended to use the corresponding color with each chakra while your body adjusts to the DEEMS sessions. Once you begin to find your balance your intuition with the DEEMS will grow while you are learning to listen to your body.

Note: The DEEMS Device crystals are purchased separately

Tips

Intentional Breathing

Putting intention behind your breath is a very powerful tool during your DEEMS session. Begin by noticing how your body feels. Where you see or feel tension and discomfort, send your breath to that area by inhaling deeply and focusing on that location. This brings it love and encourages movement. Then exhale with as much force and the intention that you choose to let go at that moment. Repeat as many times as feels right to you.

Moving Stored Emotions

Emotions are energy-in-motion. They are part of the blueprint to which your body holds onto a memory or event. This energy can be trapped, stored, and hidden in areas in your body by your subconscious mind to protect you. However, holding onto old emotions can greatly hinder your mind, body, and spirit connections.

The DEEMS Device is the perfect tool to move this emotion out of your body, which can happen without you being aware. Or you can do this intentionally. If you find yourself feeling emotional or thinking about a past event, this is normal. You can use the intention breathing technique mentioned above to help this process as well.

Detoxing

We are surrounded by many types of toxins. Our body can hang onto toxins from our environment, foods we eat, and even toxins that were transferred to us in the womb. The strong magnetic force from the DEEMS Device encourages fluids and toxins to move and leave the body.

It is normal for some to experience very mild detox symptoms. If you find yourself with allergy-type symptoms such as a runny nose, feeling tired, sneezing, etc., here are some things to aid the natural detoxification process:

- Activated Charcoal (avoid taking if you have a liver condition or slow bile production)
- Bentonite Clay
- Food Grade Diatomaceous Earth
- Zeolite
- Liposomal Vitamin C, or Ascorbic Acid
- Eating plenty of greens
- Drinking distilled water

And of course, using the DEEMS Device on any area needing extra love!

Yoga & Stretching With The DEEMS Device

If you'd like to kick your DEEMS sessions up a notch, try incorporating it with simple stretching, or yin yoga. Using the DEEMS to stimulate deep into your muscles and tissues is extremely beneficial.

Prayer & Meditation

Sitting with the DEEMS Device while you're in prayer or meditation can add a level of peace, protection, and more spiritual clarity to your quiet moment. When doing this you can imagine the DEEMS Device putting out white loving energy around you. You can also use the DEEMS Device to sweep your energy field when things like emotions and old memories arise during meditation.

Reviews

#1

The perfect healing companion! I have been using the DEEMS device for a few months, and few days after using it i could already feel my back inflammations soothing faster. I love using it for meditations on my chakras as well. It's magnetic power and energy is really potent. I am so glad such an amazing healing technology has been made available to us, it is really empowering when it comes to improving our health and wellbeing. - Elodie

#2

I had a small lump appear in front of my ear. It was a hard solid lump, about pea-sized and it was painful to touch. I had no idea what it was. The DEEMS device was held near my ear, first drawing out negative energy and then sending positive energy into the area for about 20 minutes total. I could feel the pain subsiding, the lump getting smaller and the bump evening out. After the DEEMS session, it continues to get smaller and disappeared completely after a couple of days. - Perala/Finland

#3

Game Changer. I've only had the DEEMS device for 2 weeks and already experienced massive pain relief and an overall sense of well being. I've found that sleeping with it under my pillow is a tremendous way to allow healing while I sleep. I see myself in the future talking about how everything changed for me once I got this device! Headaches, stiffness in should[er], stomach upset, emotional upset - all alleviated with this wonderful tool! - Craig W.

#4

*I have had chronic back pain for over 45 years of my 67 years. I watched on YouTube Chris O'Connor being interviewed by Elena Danaan regarding his DEEMS Device the summer of 2022. I immediately ordered one and have been delighted to be able to live a mostly pain free life again!
Carolyn K*

For more information about the DEEMS Device, please visit our website at: deemscompany.com, or contact support at DEEMSDevice@gmail.com