

## 8 CHAKRAS + STONE PROPERTIES















Muladhara ROOT CHAKRA

Svadhishthana Sacral Chakra

Manipura

SOLAR PLEXUS CHAKRA HEAR

Anahata HEART CHAKRA

Vishuddha Throat Chakra

Ajna Third eye Chakra

Sahasrara Crown Chakra

Our driving force. Keeps us grounded and connected to earth's energy while we accomplish life tasks.

Houses creativity, sexual energy, and enjoyment of life.

Our self-esteem center and the place we make conscious choices.

Physical and spiritual body axis. Ability to give and receive love.

Communication.
Expression. Speaking inner truth. Connection to spiritual/psychic abilities.

Your universal connection to your higher self/God. Imagination. Intuition.

Perception.

Totality of all chakras. Entry point for human life force. Wisdom and awakening.



BLACK OBSIDIAN

Powerful protection.

Grounding. Confidence.

Courage.



RED JASPER
Cleansing. Strength.
Restoration. Passion.
Rejuvenation. Libido.
Manifestation.



ROSE QUARTZ
Self-love. Emotional balances. Joy.
Nurturing vibration.
Confidence.



**TIGER EYE** 

Breakthrough. Transformation. Courage. Self-confidence. Wealth.



Emotional well-being. Balance. Spiritual growth. Brings opportunity.

**GREEN AVENTURINE** 



Release throat irritations. Activating. Energizing. Encourages creativity and expression.



AMETHYST

Calming. Awareness.
Relaxing. Connection.
Peace.



CLEAR QUARTZ
Divine protection.
Clear stagnant
energy. Attract
positivity. Clear
the mind.